**Recreation Therapy - Sample Internship Goals and Objectives**

When writing your goals and objectives for the recreation therapy internship, please refer to the 2014 NCTRC Job Task Analysis at www.nctrc.org. The goals and objectives for your internship should reflect these tasks. The following are examples constructed from the 2014 NCTRC Job Task Analysis. You must have specific goals/objectives in all areas. These should be modified to reflect the nature of your internship experience.

**1. Professional Roles and Responsibilities**

Goal: Intern will gain knowledge of current RT trends, techniques, methods, and issues.

1.1 Intern will be able to independently explain the code of ethics of one professional organization by the second week of their internship.

1.2 Intern will be able to independently articulate three benefits of ATRA membership, by the mid-term.

1.3 Intern will review ATRA standards of practice and vocalize the importance of three standards to the supervisor by the mid-term.

1.4 Intern will visit two different agencies that provide RT services by the mid-term.

1.5 Intern will independently select three articles from the Therapeutic Recreation Journal related to their population to read by the mid-term.

1.6 Intern will identify and present to their supervisor three current trends in evidence-based practice by the mid-term.

**2. Assessment**

Goal: Intern gain experience with site-specific assessment procedures.

2.1 Intern will read and recite agency assessment procedures by week three of internship with minimum supervisor support.

2.2 Intern will independently locate two evidence-based assessments appropriate for internship site and population by week four of internship.

2.3 Intern will observe internship supervisor conduct two assessments by week four of internship.

2.4 Intern will independently complete three assessments by end of internship.

**3. Planning Interventions and/or Programs**

Goal: Intern will gain experience in the planning of interventions appropriate for internship setting and population.

3.1 Intern will independently evaluate assessment findings and recommend three treatment options for participant by end of internship.

3.2 Intern will identify three pieces of adaptive equipment/assistive technology/adaptations appropriate for participant by midterm of internship.

3.3 Intern will complete two task analyses by end of internship with minimum supervisor support.

3.4 Intern will complete two activity analyses by end of internship with minimum supervisor support.

**4. Implementing Interventions and/or programs**

Goal: Intern will gain experience in implementation and facilitation of appropriate programs/interventions.

4.1 Intern will attend safety training from the facility by the end of week one of internship.

4.2 Intern will identify three different evidence-based facilitation techniques appropriate for internship setting and population by the midterm.

4.3 Intern will observe five intervention groups led by CTRS by the midterm.

4.4 Intern will co-lead five intervention groups by midterm of internship.

4.5 Intern will independently lead five groups by the end of the internship.

4.6 Intern will utilize at least three different evidence-based facilitation techniques by the end of the internship.

**5. Evaluate Outcomes of the Interventions and/or Programs**

Goal: Intern will evaluate changes in functioning of the population served.

5.1 Intern will observe participant(s) during three recreational therapy sessions by the end of week three of the internship.

5.2 Intern will review progress notes of recreational therapist by week three of internship.

5.3 With moderate assistance, intern will co-write progress notes on three participants with recreational therapist by midterm.

5.4 Intern will independently write progress notes on three participants by end of internship.

Goal: Intern will evaluate need for additional services upon discharge.

5.2.1 Intern will identify three appropriate services or resources for population upon discharge, by the midterm.

5.2.2 Intern will independently complete two discharge plans by end of internship.

**6. Documenting Intervention Services**

Goal: Intern will gain experience documenting behavioral observations, progress, functioning, and intervention outcomes of the person served.

6.1 Intern will document changes observed in two participants during program, by the mid-term.

6.2 Intern will independently complete documentation for a group intervention led by the intern, by the end of the internship.

6.3 Intern will independently complete documentation for a 1:1 participant intervention led by the intern, by end of the internship.

6.4 Intern will explain use of department risk management forms and procedures by the end of the internship.

**7. Working with treatment team and/or service team’**

Goal: Intern will present a verbal summary of current program or participant progress at treatment team meetings.

7.1 Intern will independently review job descriptions of each treatment team member by week six of internship.

7.2 Intern will attend three treatment team meetings by week six of internship.

7.3 Intern will independently present at treatment team meeting by the end of internship.

7.4 Intern will shadow two allied healthcare professionals by end of internship.

**8. Develop and Maintain Programs**

Goal: Intern will gain understanding of organizational structure and operations.

8.1 Intern will review inventory list and management of program equipment and supplies by the midterm.

8.2 Intern will interview staff members from at least three program support services at the facility (transportation, housekeeping, dietary, etc.) by the midterm.

8.3 Intern will create sample weekly program schedule for the facility by the end of the internship.

8.4 With moderate assistance, intern will complete a budget for one special event/program by end of internship.

8.5 With supervision, intern will review departmental budgetary practices within the facility.

**9. Managing TR/RT Services**

Goal: Intern will understand the management of RT services.

9.1 Intern will state and explain the agency’s mission by week three of the internship.

9.2 Intern will identify one future source of funding appropriate for setting by the end of the internship.

9.3 Intern will identify the regulations guiding the delivery of service at the internship site by the third week of the internship.

**10. Awareness and Advocacy**

Goal: Intern will research professional organizations that provide advocacy for people with disabilities.

10.1 Intern will explain three benefits of joining a professional organization by the midterm.

10.2 Intern will identify three community agencies that advocate for the rights of the participants served by the organization by the end of the internship.

Goal: Intern will understand the role of advocacy for the rights of individuals with disabilities.

10.2.1 Intern will identify two current legislative issues that directly impact the delivery of services for the population served by the end of internship.

10.2.2 Intern will provide education to the public through completing one community presentation by the end of the internship.