

KINESIOLOGY (ATHLETIC ADMINISTRATION)

FOUR YEAR PLAN

Minimum Total Units required for B.S. Degree: 120 (60 units required from major)

This form is to be used in partnership with your advisor - Grade of C or better required in all courses applied to major

YEAR 1

SEMESTER 1		SEMESTER 2	
AREA 1C: ORAL COMMUNICATION	3 UNITS	BIO 25 Human Anatomy & Physiology I [^]	4 UNITS
AREA 1A: WRITTEN COMMUNICATION	3 UNITS	AREA 1B: CRITICAL THINKING	3 UNITS
AREA 5B: BIOLOGICAL SCIENCE	3 UNITS	AREA 2: MATH CON. & QUANT REASON.	3 UNITS
AREA 4: SOCIAL & BEHAV. SCIENCE (LD) ^{^^}	3 UNITS	AREA 4: SOCIAL & BEHAV. SCIENCE (LD) ^{^^}	3 UNITS
ELECTIVE [◇]	3 UNITS	AREA 6: ETHNIC STUDIES	3 UNITS
15 UNITS		16 UNITS	

YEAR 2

SEMESTER 1		SEMESTER 2	
BIO 26 Human Anatomy & Physiology II [^]	4 UNITS	KINS 138 Sport Pedagogy [^]	3 UNITS
KINS 101 Research & Practice [^]	2 UNITS	ATHLETIC ADM. ELECTIVE OPTION [^]	3 UNITS
ENGL 20 SECOND SEMESTER COMP.	3 UNITS	AREA 5A: PHYSICAL SCIENCE	3 UNITS
AREA 3A: ARTS	3 UNITS	ELECTIVE [◇] /FL SEM 1	4 UNITS
U.S. CONSTITUTION/ CA GOVT	3 UNITS	ELECTIVE [◇]	3 UNITS
15 UNITS		16 UNITS	

REGISTER IN UPPER DIVISION MAJOR REQUIREMENTS



YEAR 3

SEMESTER 1		SEMESTER 2	
KINS 134 Hist & Phil of PE & Sport [^]	3 UNITS	AREA 5B/C: KINS 150 Exer&Sport Physio [^]	3 UNITS
KINS 137 Sociology of Sport [^]	3 UNITS	KINS 165 Theory of Coaching [^]	3 UNITS
KINS 151D Applied KINS & Bio [^]	3 UNITS	KINS 160 Sport and Exercise Psys [^]	3 UNITS
KINS 161 Theory of Sport & Fit Mgmt [^]	3 UNITS	AREA 4: SOCIAL & BEHAVIORAL SCI(UD)*	3 UNITS
AREA 3B: HUMANITIES/FL SEM 2	4 UNITS	ELECTIVE [◇]	1 UNITS
16 UNITS		13 UNITS	

YEAR 4

SEMESTER 1		SEMESTER 2	
KINS 139 Leadership & Communication [^]	3 UNITS	KINS 194A Assigned Field Exp in KINS [^]	2 UNITS
KINS 158 Motor Learning & Control [^]	3 UNITS	ATHLETIC ADM. ELECTIVE OPTION [^]	3 UNITS
ATHLETIC ADM. ELECTIVE OPTION [^]	3 UNITS	ATHLETIC ADM. ELECTIVE OPTION [^]	3 UNITS
ATHLETIC ADM. ELECTIVE OPTION [^]	3 UNITS	ATHLETIC ADM. ELECTIVE OPTION [^]	3 UNITS
AREA 3A/3B: ARTS/HUMANITIES (UD)*	3 UNITS	ELECTIVE [◇]	3 UNITS
15 UNITS		14 UNITS	

TOTAL = 120

	Lower Division major requirements		Electives to meet 120 unit minimum
LD Lower Division		UD Upper Division	

NOTES:

[^] All courses applied to the major must be completed with a minimum "C" grade.

^{^^} **Race and Ethnicity** may overlap with the US History requirement

* **Writing Intensive** (MUST Complete WPJ or substitute ENGL 109W/M for elective before enrolling)

FL Foreign Language Requirement

° Students are encouraged to consider summer and winter intersession coursework to reduce semester workload.

◇ Please consult with **Advisor** regarding options to fulfill ELECTIVE units.