

KINESIOLOGY (PHYSICAL EDUCATION TEACHER EDUCATION)

FOUR YEAR PLAN

Minimum Total Units required for B.S. Degree: 120 (60 units required from major)

This form is to be used in partnership with your advisor - Grade of C or better required in all courses applied to major

YEAR 1			
SEMESTER 1		SEMESTER 2	
AREA 1C: ORAL COMMUNICATION	3 UNITS	BIO 25 Human Anatomy & Physiology I [^]	4 UNITS
AREA 1A: WRITTEN COMMUNICATION	3 UNITS	AREA 1B: CRITICAL THINKING	3 UNITS
AREA 5B: BIOLOGICAL SCIENCE	3 UNITS	AREA 2: MATH CON. & QUANT REASON.	3 UNITS
AREA 6: ETHNIC STUDIES	3 UNITS	AREA 4: SOCIAL & BEHAV. SCIENCE (LD) ^{^^}	3 UNITS
U.S. CONSTITUTION/CA GOVT	3 UNITS	ELECTIVE◇	2 UNITS
15 UNITS		15 UNITS	
YEAR 2			
SEMESTER 1		SEMESTER 2	
BIO 26 Human Anatomy & Physiology II [^]	4 UNITS	KINS 138 Sport Pedagogy [^]	3 UNITS
KINS 101 Research & Practice [^]	2 UNITS	AREA 4: SOCIAL & BEHAV. SCIENCE (LD) ^{^^}	3 UNITS
ENGL 20 SECOND SEMESTER COMP.	3 UNITS	AREA 5A: PHYSICAL SCIENCE	3 UNITS
AREA 3A: ARTS	3 UNITS	ELECTIVE/FL SEM 1◇	4 UNITS
ELECTIVE◇	3 UNITS	ELECTIVE ◇	3 UNITS
15 UNITS		16 UNITS	
REGISTER IN UPPER DIVISION MAJOR REQUIREMENTS			
YEAR 3			
SEMESTER 1		SEMESTER 2	
KINS 134 Hist & Phil of PE & Sport [^]	3 UNITS	KINS 137 Sociology of Sport [^]	3 UNITS
KINS 148 PRO ACT V - Nontrad. Games [^]	3 UNITS	KINS 146 PRO ACT IV - Individual Sports [^]	3 UNITS
AREA 5B/C: KINS 150 Exer&Sport Physio [^]	3 UNITS	KINS 151D Applied KINS & Bio [^]	3 UNITS
AREA 3B: HUMANITIES/FL SEM 2	4 UNITS	KINS 177 Intro to Adapted PE [^]	3 UNITS
AREA 4: SOCIAL & BEHAVIORAL SCI(UD)*	3 UNITS	AREA 3A/3B: ARTS/HUMANITIES (UD)	3 UNITS
16 UNITS		15 UNITS	
YEAR 4			
SEMESTER 1		SEMESTER 2	
KINS 131 Secondary PE Curriculum [^]	2 UNITS	KINS 130 Elem PE Curriculum & Content [^]	3 UNITS
KINS 135 Secondary PE Curriculum [^]	3 UNITS	KINS 142 PRO ACT II - Creat. Mov. & Dan [^]	3 UNITS
KINS 141 Pro ACT I - Dual Sports [^]	3 UNITS	KINS 149 PRO ACT - Health Related Fit. [^]	3 UNITS
KINS 145 PRO ACT III - Team Sports [^]	3 UNITS	KINS 160 Sport and Exercise Psys [^]	3 UNITS
KINS 158 Motor Learning & Control [^]	3 UNITS	ELECTIVE◇	2 UNITS
14 UNITS		14 UNITS	
TOTAL = 120			
<div style="display: inline-block; width: 20px; height: 10px; background-color: #cccccc; border: 1px solid black;"></div> Lower Division major requirements		<div style="display: inline-block; width: 20px; height: 10px; background-color: #fff2cc; border: 1px solid black;"></div> Electives to meet 120 unit minimum	
LD Lower Division		UD Upper Division	

NOTES:

[^] All courses applied to the major must be completed with a minimum "C" grade.

^{^^} **Race and Ethnicity** may overlap with the US History requirement

* **Writing Intensive** (MUST Complete WPJ or substitute ENGL 109W/M for elective before enrolling)

FL Foreign Language Requirement

° Students are encouraged to consider summer and winter intersession coursework to reduce semester workload.

◇ Please consult with **Advisor** regarding options to fulfill ELECTIVE units.