

**PAL Worksheet**  
**Week 10 Problem Set 1**

**HORMONAL REGULATION OF BLOOD VOLUME AND OSMOLALITY**

1) Name 2 ways by which JG cells can be stimulated to release renin:

- 1)
- 2)

2) On your white board, write out the steps involved in the production of angiotensin II starting with renin:

3) What is the ultimate goal of Angiotensin II?

- List several functions of angiotensin II:

4) Name one hormone that opposes the actions of angiotensin II:

- What is the ultimate goal of this hormone?

5) While on a backpacking trip, Jane consumed some unfiltered lake water, only to wake up the next day with a severe case of diarrhea. As a result of the diarrhea, she was losing water and Na<sup>+</sup> through her digestive tract.

- Indicate whether the following components (a) increase, (b) decrease, or (c) remain the same, AS A CONSEQUENCE of the diarrhea:

- \_\_\_\_\_ Blood volume
- \_\_\_\_\_ arterial blood pressure
- \_\_\_\_\_ activity of renal sympathetic nerves
- \_\_\_\_\_ kidney excretion of Na<sup>+</sup> and water

- Using the following code, indicate what changes need to take place in Jane's body, in order to restore her blood volume back to normal: (a) increase, (b) decrease, or (c) no change

- \_\_\_\_\_ renin secretion
- \_\_\_\_\_ plasma angiotensin II levels
- \_\_\_\_\_ aldosterone secretion
- \_\_\_\_\_ plasma ANP levels
- \_\_\_\_\_ ADH release
- \_\_\_\_\_ Na<sup>+</sup> reabsorption
- \_\_\_\_\_ collecting duct permeability to water
- \_\_\_\_\_ water excretion
- \_\_\_\_\_ Na<sup>+</sup> excretion
- \_\_\_\_\_ thirst

- Which of the above changes is the only one that can fix Jane's problem?

6) On a trip to the Grand Canyon with his friends, Dan got separated and lost for about a week (he was eventually found and is OK). During the week alone, he ran out of water after 2 days.

- How would Dan's blood osmolarity compare to normal?

- What was his blood ADH levels by the end of the week? Please explain:

- Clearly draw and describe the changes in Dan's urine profile (concentrated/ dilute) and volume (high/low) as the days of the week lost in the desert progressed: