

PAL Problem Set 19 for Phys 5A  
(Springs)

Always explain your answers and show your work.

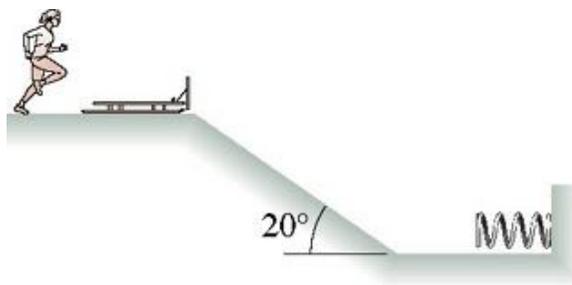
**Problem 1** - A mass ( $m = 10 \text{ kg}$ ) rests on an initially frictionless table and is accelerated by a spring with spring constant  $k = 4,100 \text{ N/m}$ , reaching a speed of



$3.7 \text{ m/s}$  when it leaves the spring. The floor is frictionless except for a rough patch. This rough patch has a coefficient of kinetic friction of  $\mu_k = 0.45$ .

- How far was the spring initially compressed?
- The mass is measured to leave the rough spot with a final speed  $v_f = 2 \text{ m/s}$ . How much energy did the mass lose to friction as it traveled across the rough patch?
- Where did the “lost” energy go?
- How long was the rough patch?

**Problem 2** - A new event has been proposed for the Winter Olympics. An athlete will sprint  $d$  meters, starting from rest, then leap onto a bobsled of mass  $m_s$ . The person and bobsled will then slide down a ice-covered ramp of length  $l$ , sloped at  $\theta$  degrees, and into a spring with a carefully calibrated spring constant  $k$ . The athlete who compresses the spring the farthest wins the gold medal. Lisa, whose mass is  $m_L$ , has been training for this event. She can reach a maximum speed of  $v_{max}$  in the sprint.



- Find an expression for the speed of the sled right after Lisa jumps on it (let's call it  $v_1$ ).
- Find an expression for the spring compression ( $\Delta x$ ) as a function of the information given. [Hint: Your expression should contain contain  $v_1$ ]