California State University, Sacramento Dietetic Internship Faculty 2023-2024



NADINE BRAUNSTEIN, PHD, RD, FAND Director she/her



Nadine Braunstein, PhD, RD, FAND has been the Dietetic Internship (DI) Director and faculty member at Sacramento State since August 2017, and served as the DI Director at UMass Amherst from 2005-2009. She earned her PhD from Boston University School of Medicine, Master's degree from the MGH Institute of Health Professions (MA) and Bachelor's degree from Drexel University (PA). Braunstein was a 2013-14 Robert Wood Johnson Foundation Health Policy Fellow where she served in the office of a US Senator and supported the 2015 US Dietary Guidelines Advisory Committee. She received the 2020 Outstanding Dietetic Educator of the Year Award from the Western region NDEP group of the Academy of Nutrition and Dietetics. Nadine serves on the policy panel for the California Academy of Nutrition and Dietetics (CAND), as Policy Co-Chair for the CAND Northern Area District and on the board of Slow Food Sacramento.

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