

# DIETETICS ADVISING SHEET

## (NUTRITION AND FOOD PROGRAM)

Catalog 2022-2023

Date:

Student:

Advisor:

Please use this advising sheet in conjunction with professional advising. Advisors can help identify your correct catalog rights, courses that complete multiple requirements (overlap) & provide requirement updates.

To declare the Dietetics Concentration, first year or transfer students admitted as Nutrition and Food Majors are required to complete the following core course requirements (28 units: Section A) with a grade of at least C in each course, and an overall GPA > 2.75. Only first and second attempts will be considered. The Didactic Program of Dietetics is granted accreditation by the Accreditation Council for Education in Nutrition and Dietetics of the Academy of Nutrition and Dietetics.

Advising sessions on Nutrition and Food/Dietetics are scheduled on a monthly basis during the fall and spring semesters. Please visit the [FACS Department website](#) and the [Didactic Program Dietetics \(DPD\) website](#) for more information.

### DIETETICS CONCENTRATION Requirements

A. Required Core courses (28 units)	Pre requisite <sup>†</sup>	NOTE
BIO 10 (GE B2)		
CHEM 1A (GE B1+B3)	Pass the diagnostic exam AND ALEKS score ≥ 61 or CHEM 4 with a minimum grade "C"	
CHEM 1B (GE B1+B3)	CHEM 1A	
NUFD 9		
NUFD 10 (GE E)		
NUFD 11	NUFD Majors and Minors	
NUFD 113 (GE B5)	NUFD 10; BIO 10; CHEM 1A or CHEM 6A *	
STAT 1**(GE B4)	ALEKS PPL Score ≥51 or Math 10	
<b>The Dietetics Concentration in Nutrition and Food may be declared when the above courses are completed with a "C" or better and overall GPA is ≥ 2.75.</b>		
B. Required lower division (10 units)		
BIO 39	BIO 10; CHEM 1A	
CHEM 20	CHEM 1B	
PSYC 2 (GE D)		
C. Required upper division (43 units)		
BIO131	CHEM 1B; BIO 2 or BIO 10	
CHEM 161	CHEM 20 or CHEM 124; one year of Biological Science is recommended.	
NUFD 100	6 NUFD units	
NUFD 107	NUFD 10 and 3 NUFD units	
NUFD 110	NUFD 9; NUFD 10; NUFD 11	
NUFD 114 (GE C2)	NUFD 10	
NUFD 115	NUFD 113	
NUFD 116	NUFD 110	
NUFD 117	NUFD 107; and either NUFD 115 or NUFD 119	
NUFD 118A	NUFD 113, NUFD 121 and BIO 131	
NUFD 118B	NUFD 118A and CHEM 161	
NUFD 119	NUFD 113	
NUFD 121	NUFD 113	
NUFD 199D	Senior Standing as Dietetic Concentration	

**Note:** † Dietetics core courses must be a grade of at least C. Other prerequisite courses must have a minimum grade of C-

\*Students wishing to declare dietetics must choose CHEM 1A. CHEM 6A will not meet the dietetics requirements for chemistry.

\*\* STAT 10A or STAT 10B may be substituted for STAT 1

Applied for Graduation	Sac State GPA
Overall GPA	GE GPA
GPA for Major	GPA for UD Major
Graduation Requirements:	
<b>*Items numbered 1-4 should be taken in sequence.</b>	
Minimum 120 units to graduate	
39 units of upper division (courses 100-199)	
American Institutions: # U.S. History	
# U.S. Constitution	
# CA State & Local Government	
1. Written Communication (GE A2) (ENGL 5 or 11) "C- or better required"	
2. Second Semester Composition (ENGL 20) "C- or better required"	
Foreign Language (FL) "C- or better required"	
Race & Ethnicity in American Society (RE)	
3. Writing Placement for Juniors (WPJ) Portfolio	
4. Writing Intensive (WI) "C- or better required"	

General Education Requirements	Course	
A. Basic Subjects (9 units)		
A1. Oral Communication "C- or better required"		
A2. Written Communication "C- or better required"		
A3. Critical Thinking "C- or better required"		
B. Physical Universe & Its Life Forms (12 units) (minimum 3 units upper division)		
B1. Physical Science	CHEM 1A OR 6A	
B2. Life Forms	BIO 10	
B3. Lab	CHEM 1A OR 6A	
B4. Math Concept "C- or better required"	STAT 1 OR 10A/B	
B5. Any Area B Course (Upper-division, 100-199)	NUFD 113	
C. Arts & Humanities (12 units) (minimum 3 units upper division)		
C1. Arts		
C2. Humanities		
Any Area C Course		
Any Area C Course (Upper-division, 100-199)	NUFD 114	
D. The Individual & Society (9 units) (minimum 3 units upper division) (minimum of two disciplines must be represented in Area D)		
U.S. History or US Constitution/CA Govt.		
Any Area D Course	PSYC 2	
Any Area D Course (Upper-division, 100-199)		
E. Understanding Personal Development (3 units)		
KINS 99 may be taken CONCURRENTLY with any 1 unit KINS course for a total of 3 units.	NUFD 10	
F. Ethnic Studies (3 units)		
ETHN 11, ETHN 14, ETHN 30, ETHN 53 or ETHN 70		

**Note:** For more information, please visit the [General Education page](#) and the Academic Requirement Page in the Student Center.



# DIETETICS ACADEMIC PLAN

Chart your 2 or 4 year plan below:

FALL:	UNITS	SPRING:	UNITS	SUMMER:	UNITS
1		1		1	
2		2		2	
3		3		3	
4		4		4	
5		5			
6		6			
Total		Total		Total	

FALL:	UNITS	SPRING:	UNITS	SUMMER:	UNITS
1		1		1	
2		2		2	
3		3		3	
4		4		4	
5		5			
6		6			
Total		Total		Total	

FALL:	UNITS	SPRING:	UNITS	SUMMER:	UNITS
1		1		1	
2		2		2	
3		3		3	
4		4		4	
5		5			
6		6			
Total		Total		Total	

FALL:	UNITS	SPRING:	UNITS	SUMMER:	UNITS
1		1		1	
2		2		2	
3		3		3	
4		4		4	
5		5			
6		6			
Total		Total		Total	

Notes: