

# Cal State Apply Directions

## **Master of Science in Nutrition and Food**

Application due Feb. 1

<https://www.calstate.edu/apply/graduate>

# Welcome to The California State University

Thank you for your interest in The California State University. You can apply for the 2023-2024 cycle here, including Fall 2023, Winter 2024, Spring 2024, and Summer 2024. [Click here to apply to the 2022-2023 cycle.](#)

To determine the exact deadline for your desired program, visit the [Application Dates & Deadlines](#) page.

Refer to the [Applicant Help Center](#) for additional information, including [browser requirements](#).

Sign in with your username and password below. First time here? Select Create an Account to get started.



shiltsm



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**Sign In**

**Create an Account**

— CAL STATE —

**APPLY**



Mical Shilts ▾  
CAS ID: 5520805644

Sign Out

My Application

Add Program



Submit Application

Check Status

# Graduate

The California State University offers hundreds of graduate programs, as well as some doctoral programs. Explore the possibilities for your degree — then get started on your application.

Select a Term to Apply For  

	Nutrition and Food	Sacramento State	MS	Fall	2023	Main Campus	02/01/2023
	Nutrition and Food with Dietetic Internship	Sacramento State	MS	Fall	2023	Main Campus	02/15/2023

— CAL STATE —

**APPLY**



Mical Shilts ▾

CAS ID: 5520805644

Sign Out

My Application

Add Program

Submit Application

Check Status

## Personal Information



0/7

Sections Completed

## Academic History



0/3

Sections Completed

## Supporting Information



0/1

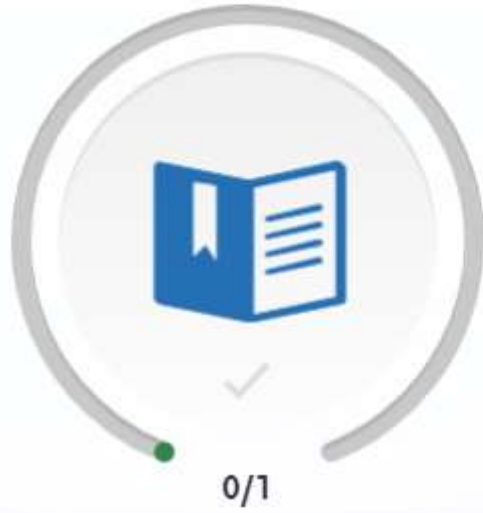
Sections Completed

## Program Materials



0/1

Sections Completed



# Program Materials

*0/1 Sections Completed*

**Nutrition and Food**

Sacramento Graduate





8/1  
Sections Completed

Nutrition and Food

Sacramento Graduate



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Deadline: 02/01/2023

If you would like to combine the MS in Nutrition and Food with the Dietetic Internship, visit this application and select the MS in Nutrition and Food with Dietetic Internship and visit [www.csus.edu/faca/dietetic-internship](http://www.csus.edu/faca/dietetic-internship)

#### Program Description:

The Sacramento State Master of Nutrition and Food program prepares students for leadership and advocacy in nutrition programs and policy. Students apply nutrition and food research to improve individual and community health by developing strategies to promote food access, health equity and dietary change.

The 30-unit program includes specialized coursework in nutrition science, advanced community nutrition, behavioral nutrition, and food and nutrition policy plus a wide array of interdisciplinary electives to be tailored to interests and career goals.

The Master of Nutrition and Food program is designed to:

- Provide career advancement opportunities in federal, state and local food access and nutrition education agencies
- Complement the Sacramento State's Dietetic Internship for those on the path to become Registered Dietitian Nutritionists

#### Minimum Admission Requirements

To be considered for admission to the Master of Science in Nutrition and Food, applicants must:

- Possess a bachelor's degree from a regionally-accredited institution. If the degree was obtained outside of the United States, the degree conferring institution must be recognized by the home country's ministry of education\*\*
- Complete prerequisite courses or their equivalent including Nutrition and Metabolism (NUFD 113), Nutrition: Preconception Through Childhood (NUFD 115) or Nutrition: Adolescence Through Older Adulthood (NUFD 119), Community Nutrition (NUFD 117) or Nutrition Education, Communication, and Counseling (NUFD 107), Food Service Management (NUFD 116) or Food Production and Sustainability (NUFD 110), and Introduction to Statistics (STAT 1) or Research: Methods and Application in Nutrition and Food (NUFD 100). Course descriptions can be found [here](#).
- Have a GPA of 3.0 in the last 60 semester units

\*\*Note: Information for international students can be found at <https://www.csus.edu/international-programs-global-engagement/application-admissions-process/graduate.html>

#### Admission Procedures

Prospective applicants must submit the following materials with their Cal State Apply application:

- Updated resume
- Professional statement including interest in the program, relevant experience, and research interests (500-750 words max)
- One set of unofficial transcripts from all college and universities attended including all community colleges
- Two Letters of Recommendation from academic and/or professional references
- One set of official transcripts from all colleges and universities attended, other than Sacramento State; official electronic transcripts sent directly from colleges/universities to [gradtranscripts@csus.edu](mailto:gradtranscripts@csus.edu) or sealed official hard copy transcripts sent to:

Office of Graduate Studies  
California State University, Sacramento  
Riverfront Center, Room 215, NS 6112  
5000 J Street  
Sacramento, CA 95819



Nutrition and Food  
Sacramento Graduate



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Office of Graduate Studies  
California State University, Sacramento  
Riverfront Center, Room 215, MS 6112  
5000 J Street  
Sacramento, CA 95819

Be sure to  
send in  
your  
official  
transcripts

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## MS in Nutrition and Food

\* Are you interested applying for the CSUS Dietetic Internship combined with this Master's program (MS/DI)?

- Yes; exit this application and select Nutrition and Food with Dietetic Internship
- No, I will continue with this Master's only application

# Documents

The following documents are required to be uploaded below:

- Updated resume
- Professional Statement including interest in the program, relevant experience, and research interests (500-750 words max)
- Unofficial transcripts for all college level coursework including all community college

## UPLOAD TIPS



### Review Uploaded Documents

The uploading process may have altered your formatting. Please review before submitting.



### Accepted File Types

.doc, .docx, .pdf, .rtf, .txt, .jpg, .jpeg, .png. The size limit for each file upload is 15MB.



### Do Not Password Protect Your Documents

Protected documents will not be sent with your application.



### Conceal Your Social Security Number (SSN)

Only use correction fluid or a redacting marker to conceal your SSN before uploading.

\* Indicates required field

## Required Documents

### \* CV/Resume

Updated resume.

Progress bar with a checkmark icon on the right side.

+ Add Document

### \* Statement of Purpose

Professional statement including interest in the program, relevant experience, and research interests (500-750 words max)

Progress bar with a checkmark icon on the right side.

+ Add Document

### \* Unofficial Transcript

Unofficial transcripts from all college and universities attended including all community colleges

Progress bar with a checkmark icon on the right side.

+ Add Document

## Optional Documents

### Additional Unofficial Transcript

This space is for additional unofficial transcripts if needed.

Progress bar with a checkmark icon on the right side.

+ Add Document

# Recommendations

**Directions:** Two Graduate Program recommendation forms are required from academic and/or professional references.

Once you have saved an electronic recommendation, an email request will automatically be sent to the recommender on your behalf. Please advise your recommender to look for this email in their inbox, as well as their spam or junk-mail folder, as emails do occasionally get filtered out.

## Graduate Program

**2 required** - 2 total allowed

Recommendations 1

Select Recommendations



Recommendations 2

Select Recommendations



My Application

Add Program

Submit Application

Check Status

## Submit Application

Review your program selections here, check on status of individual program tasks, and pay for your program selections.

**Once your application is submitted, no changes or refunds can be made.**

APPLICATIONS  
READY FOR  
SUBMISSION

0

TOTAL FEE(S)

**\$70.00**

Submit All

Sort By

Deadline



[My Application](#)

[Add Program](#)

[Submit Application](#)

[Check Status](#)

## My Programs

	Application Status	Download Application (PDF)
Nutrition and Food Sacramento Graduate	In Progress	



# Thank you

[csus.edu/nufd](https://csus.edu/nufd)