

# B.S. FAMILY AND CONSUMER SCIENCES PRE-CREDENTIAL SINGLE SUBJECT

**Catalog 2025-2026**

Advisor: Dr. Lynn Hanna

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Please use this advising sheet in conjunction with professional advising. Advisors can help identify your correct catalog rights and courses that complete multiple requirements (overlap) & provide requirement updates

First Name:		Last Name:			
Sac State ID:		Sac State Email:			
A. Required Core Courses (22 units)	Prerequisites	CSUS term	Transfer term	Grade	Equivalent/Substitution Course (Institution, course code & #)
NUFD 10 Nutrition and Wellness (3) (GE 5B)					
FASH 30 Fashion and Human Environment (3) (GE 4A)					
FSHD 50 The Family and Social Issues (3) (GE 4A +)					
FACS 100 Research Methods and Application in FACS (3)	6 units in FACS, FSHD, and/or FASH				
FACS 140 Family Resource Management (3)					
FACS 168 Senior Seminar (3)	Graduating Senior with 21 units in FACS				
SOC 8 Sense and Nonsense in Social Research (3) (GE 1C)					
or Stat 1 Introduction to Statistics (3) (GE 2A)*	ALEKS PPL score > 51 or MATH 10				
FACS 195A Field Study: Selected areas in FACS (1)	Instructor Permission > 2.5 GPA				
B. Required Lower Division Courses (15 units)	Prerequisites	CSUS term	Transfer term	Grade	Equivalent/Substitution Course (Institution, course code, & #)
NUFD 9 Food Safety and Sanitation					
NUFD 11 Principles of Food Preparation (3)	FACS/NUFD Major				
INTD 15 Introduction to Interior Design (3) (GE 3A)					
FASH 32 Fundamentals of Apparel Production (3)	FACS/FASH Major				
FSHD 52 The Child and the Family (3)					
OR CHAD 30 Human Development (3)					
OR CHAD 35 Child and Adolescent Development (3)					

+ Race and Ethnicity

\*STAT 10B can be substituted for STAT 1



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<https://www.csus.edu/college/social-sciences-interdisciplinary-studies/family-consumer-sciences/single-subject/>

All students should meet with their faculty advisor at least once per academic year.

C. Required Upper Division Courses (13 units)	Prerequisites	CSUS term	Transfer term	Grade	Equivalent/Substitution Course (Institution, course code, & #)
<u>NUFD 110</u> Food Production and Sustainability (4)	NUFD 9, NUFD 10, <u>and</u> NUFD 11				
<u>FASH 130</u> History of Fashion (3) (GE 3A) <u>OR</u> <u>FASH 137</u> Clothing Society and Culture (3) (GE 4A)					
<u>FACS 141</u> Family Finance (3)					
<u>FSHD 154</u> Issues in Parenting (3) (Fall only) <u>OR</u> <u>FSHD 155</u> Family Life Education (3) (Fall only)	FSHD 52 <u>or</u> CHAD 30 <u>or</u> CHAD 35  FSHD 50 <u>and</u> FACS 100 <u>or</u> CHAD 133 <u>and</u> Senior Standing				

Students seeking a teaching credential at Sacramento State should review the following as early as the junior year:

- College of Education: [Student Success Center](#)
- [Pathways to Teaching Credentials](#)
- Use this link for complete details about meeting prerequisites for Sacramento State's teaching credential programs. <https://www.csus.edu/college/education/teaching-credentials/apply.html>

Additional courses required by the CSUS Credential Program**:		
Course	CSUS term	Grade
<u>PUBH 136</u> School Health Education (2)		
<u>EDUC 100 A</u> Educating Students with Disabilities in Inclusive Settings (2) Corequisite: EDU 100 B		
<u>EDUC 100 B</u> Educating Students with Disabilities in Inclusive Settings Lab (1) Corequisite: EDU 100 A		
<u>EDUC 170</u> Bilingual Education Introduction to Educating English Learners (3)		
<u>Total Units: 8</u>		

\*\*There are options for taking these at community colleges and other online offerings in summers. However, EDUC 170 is generally not offered in summer at locations other than CSUS.

FACS Education majors must have a **minimum grade of C-** in all prerequisites **AND** required courses to earn the degree and qualify for the subject matter competency.

Advisor name:	Date:
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Additional advising for General Education and Graduation Requirements may be received at the [SSIS Student Success Center](#)



General Education requirements cover a breadth of areas spanning 1. English Communication, 2. Mathematical Concepts & Quantitative Reasoning, 3. Arts & Humanities, 4. Social & Behavioral Sciences, 5. Physical & Biological Sciences, and 6. Ethnic Studies. For a list of courses that satisfy each Area and Requirement, please see the <a href="#">University Catalog</a> .	
General Education Requirements:	Courses
Lower Division: A total of 34 units of General Education Courses must be taken at the lower-division level (courses numbered 1-99) covering Areas 1, 2, 3, 4, 5, and 6.	
Upper Division: A total of 9 units of General Education Courses must be taken at the upper-division level (courses numbered 100-199) from Areas 3, 4, and 5 or 2. Upper Division GE courses must be taken within the CSU.	
<b>GE Area 1. English Communication: 9 Lower Division Units (Area A)</b>	
1A. English Composition (C- or better required)	
1B. Critical Thinking (C- or better required)	Option SOC 8 or FASH 33
1C. Oral Communication (C- or better required)	
<b>GE Area 2. Mathematical Concepts &amp; Quantitative Reasoning: 3 Lower Division Units and up to 3 Upper Division Units (Area B4)</b>	
2A. Mathematics/Quantitative Reasoning (C- or better required)	Option STAT 1 or 10B
<b>GE Area 3. Arts &amp; Humanities: 6 Lower Division Units and 3 Upper Division Units (Area C)</b>	
3A. Arts	INTD 15
3B. Humanities (3B courses may also satisfy the Foreign Language Graduation Requirement)	
<b>GE Area 4. Social &amp; Behavioral Sciences: 6 Lower Division Units and 3 Upper Division Units. (Area D)</b>	
<ul style="list-style-type: none"> <li>Area 4 courses must be taken in 2 separate disciplines (e.g. FASH, FSHD, HIST, POLS, etc.)</li> <li>Up to 3 units of Area 4 courses may also satisfy CSU American Institutions Graduation Requirements in US History, the US Constitution and California Government.</li> </ul>	
4. Any Area 4 Course	FASH 30
4. Any Area 4 Course	FSHD 50
<b>GE Area 5. Physical &amp; Biological Sciences: 7 Lower Division Units and up to 3 Upper Division Units (Area B1-3)</b>	
5A. Physical Science	Option FASH 31
5B. Biological Science	NUFD 10
5C. Laboratory (NOTE: May be embedded in 5A or 5B course, as long as 7 units met for lower division Subject Area 5.)	
<b>GE Area 6. Ethnic Studies: 3 Lower Division Units</b>	
6. Any Area 6 Course	
<b>Upper Division GE</b>	
Area 3. Any Upper Division Area 3 course (Area C)	Option FASH 130
Area 4. Any Upper Division Area 4 course (Area D)	Option FASH 137
Area 2 or 5. Any Upper Division Area 2 or 5 course (Area B5)	
<b>Graduation Requirements:</b>	
<b>Minimum 2.0 GPA required for GE</b>	
<b>Graduation Requirements (required by CSU)</b>	
American Institutions: U.S. History. The following Area 4 courses also satisfy the U.S History Graduation Requirement: HIST 17A, 17B, 18B, 151B, 159, 161, 162, 167, 177; ANTH 101, WGS 110.*	
American Institutions: U.S Constitution & California Government. The following Area 4 courses also satisfy the U.S Constitution & CA Government graduation requirement: POLS 1, 113, 150.*	
Writing Intensive (WI) WI courses may also satisfy an Upper Division GE or Major Requirement (C- or better required).	
<b>Graduation Requirements (required by California State University, Sacramento)</b>	
Second Semester Composition (ENGL 20, ENGL 20M or an approved equivalent) must be completed with a C- or better.	
Race & Ethnicity in American Society (R&E). R&E courses may also satisfy a GE Area 3, 4, or 6 Requirement	FSHD 50
Foreign Language Graduation Requirement (FLGR). If not satisfied before entering CSUS, 4-5 units towards the FLGR may also satisfy a GE Area 3B Requirement. (C- or better required). The Foreign Language Graduation Requirement is described here: <a href="https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html">https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html</a> .	

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**Chart your 2 or 4-year plan below:**

[HTTPS://WWW.CSUS.EDU/COLLEGE/SOCIAL-SCIENCES-INTERDISCIPLINARY-STUDIES/FAMILY-CONSUMER-SCIENCES/SINGLE-SUBJECT/](https://www.csus.edu/college/social-sciences-interdisciplinary-studies/family-consumer-sciences/single-subject/)

Advisor name:	Date:
Student name:	ID:

FALL:	UNITS	SPRING:	UNITS	SUMMER:	UNITS
1		1		1	
2		2		2	
3		3		3	
4		4		4	
5		5			
6		6			
Total		Total		Total	
FALL:	UNITS	SPRING:	UNITS	SUMMER:	UNITS
1		1		1	
2		2		2	
3		3		3	
4		4		4	
5		5			
6		6			
Total		Total		Total	
FALL:	UNITS	SPRING:	UNITS	SUMMER:	UNITS
1		1		1	
2		2		2	
3		3		3	
4		4		4	
5		5			
6		6			
Total		Total		Total	
FALL:	UNITS	SPRING:	UNITS	SUMMER:	UNITS
1		1		1	
2		2		2	
3		3		3	
4		4		4	
5		5			
6		6			
Total		Total		Total	
FALL:	UNITS	SPRING:	UNITS	SUMMER:	UNITS
1		1		1	
2		2		2	
3		3		3	
4		4		4	
5		5		5	
6		6		6	
Total		Total		Total	