

# FAMILY AND CONSUMER SCIENCES MINOR



## Catalog 2025-2026

Advisor: Dr. Lynn Hanna  
Email: lhanna@csus.edu

Please use this advising sheet in conjunction with professional advising. Advisors can help identify your correct catalog rights and courses that complete multiple requirements (overlap) & provide requirement updates

Courses chosen for the minor may not overlap with a major

First Name:		Last Name:			
Sac State ID:		Sac State Email:			
A. Select one of the following (3 units):	Prerequisites	CSUS term	Transfer term	Grade	Equivalent/Substitution Course (Institution, course code & #)
FASH 30 Fashion and Human Environment (GE 4A)					
FSHD 50 The Family and Social Issues (GE 4A, RE)					
NUFD 10 Nutrition and Wellness (GE 5B)					
B. Lower Division Electives: Choose 3 (9 units)	Prerequisites	CSUS term	Transfer term	Grade	Equivalent/Substitution Course (Institution, course code, & #)
NUFD 9 Food Safety and Sanitation					
NUFD 11 Principles of Food Preparation	NUFD & FACS majors use OnBase add form				
INTD 15 Introduction to Interior Design (GE 3A)					
FASH 32 Fundamentals of Apparel Production	Major or minor in FACS				
FSHD 52 The Child and the Family <b>OR</b> CHAD 30 Human Development <b>OR</b> CHAD 35 Child and Adolescent Development					

Courses chosen for the minor may not overlap with a major

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All students should meet with their faculty advisor at least once per academic year.

C. Upper Division Electives: Choose a minimum of 12 units	Prerequisites	CSUS term	Transfer term	Grade	Equivalent/Substitution Course (Institution, course code, & #)
<u>FACS 140</u> Family Resource Management					
<u>FACS 195A</u> Field Study: Selected Areas in Family and Consumer Sciences					
<u>FASH 130</u> History of Western Fashion (GE 3A)					
<u>FASH 137</u> Clothing, Society, and Culture (GE 4A)					
<u>NUFD 110</u> Food Production and Sustainability	NUFD 9, NUFD 10, and NUFD 11				
<u>NUFD 112</u> Current Topics in Nutritional Sciences (GE 5B, WI)	WPJ Score ( <a href="#">GWAR</a> )				
<u>NUFD 114</u> Cultural and Social Aspects of Food (GE 3B, RE)	NUFD 10				
<u>FSHD 154</u> Issues in Parenting (Fall only)	FSHD 52 <u>or</u> CHAD 30 <u>or</u> CHAD 35				
<u>OR</u> <u>FSHD 155</u> Family Life Education (Fall only)	FSHD 50; minimum of 9 upper division with C- or higher from FACS, FASH, and/or FSHD courses; and senior standing				

+Writing Intensive [GWAR](#)

- Information about the Sacramento State teaching credential programs:
  - College of Education: [Student Success Center](#)
  - [Pathways to Teaching Credentials](#)
  - Sacramento State's teaching credential program [prerequisites](#)
- FACS teaching credential requires passing the California Subject Examinations for Teachers ([CSET](#)) for Home Economics

Additional courses required by the CSUS Credential Program\*\*\*:

Course	CSUS term	Grade
<u>PUBH 136</u> School Health Education (2)		
<u>EDUC 100 A</u> Educating Students with Disabilities in Inclusive Settings (2) Corequisite: <u>EDU 100 B</u>		
<u>EDUC 100 B</u> Educating Students with Disabilities in Inclusive Settings Lab (1) Corequisite: <u>EDU 100 A</u>		
<u>EDUC 170</u> Bilingual Education Introduction to Educating English Learners (3)		
<u>Total Units: 8</u>		

\*\*\*There are options for taking these at community colleges and other online offerings in summers. However, EDUC 170 is generally not offered in summer at locations other than CSUS.

Advisor name:	Date:
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SACRAMENTO  
STATE

## Academic Plan

Advisor name:

Date:

Student name:

ID:

FALL:	UNITS	SPRING:	UNITS	SUMMER:	UNITS
1		1		1	
2		2		2	
3		3		3	
4		4		4	
5		5			
6		6			
Total		Total		Total	

FALL:	UNITS	SPRING:	UNITS	SUMMER:	UNITS
1		1		1	
2		2		2	
3		3		3	
4		4		4	
5		5			
6		6			
Total		Total		Total	

FALL:	UNITS	SPRING:	UNITS	SUMMER:	UNITS
1		1		1	
2		2		2	
3		3		3	
4		4		4	
5		5			
6		6			
Total		Total		Total	

FALL:	UNITS	SPRING:	UNITS	SUMMER:	UNITS
1		1		1	
2		2		2	
3		3		3	
4		4		4	
5		5		5	
6		6		6	
Total		Total		Total	