
Didactic Program in Dietetics
California State University, Sacramento

Department of Family and Consumer Sciences
College of Social Sciences & Interdisciplinary Studies

Student Handbook
2020 - 2021



Didactic Program in Dietetics Director
Urvashi Mulasi, PhD, RDN
Email: mulasi@csus.edu

Department of Family and Consumer Sciences
Email: facs@csus.edu

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Welcome and Contact Information

Welcome! We are pleased to offer you information about our the Dietetics Concentration under the Nutrition and Food Major in the department of Family and Consumer Sciences (FACS) at California State University, Sacramento (Sacramento State). This handbook is designed to assist you in planning your coursework and answer some questions you may have about the educational path to becoming a Registered Dietitian Nutritionist (RDN) or Nutrition and Dietetics Technician, Registered (NDTR). It contains general information about our program such as our Mission Statement and Goals, our accreditation status, how to apply to the Dietetics Concentration, what courses are required for the major, and information about the department and advising. There is also information about our university's policies and procedures that provide guidance in your academic career at Sacramento State.

This handbook is not intended to replace regular appointments with your academic advisor. Rather, it is meant to be a source of information for your use.

Didactic Program in Dietetics Director Contact Information:

Urvashi Mulasi, PhD, RDN

Email: mulasi@csus.edu

Office Location: 3035 Mariposa Hall

Office Phone: (916) 278-4287

Program Website: [Sacramento State DPD Program](#)

<https://www.csus.edu/college/social-sciences-interdisciplinary-studies/family-consumer-sciences/didactic-program-dietetics.html>

FACS Department Office Hours and Location:

Office Hours:

MONDAY - FRIDAY

9:00am - noon

1:00pm - 4:00pm

For Fall 2020, although our office is closed for in-person interaction, the department is available to assist with your academic needs via email at facs@csus.edu. For queries specific to the DPD Program, please email the DPD Director at mulasi@csus.edu

Location:

California State University Sacramento

Mariposa Hall - Room 3000

6000 J Street

Sacramento, CA 95819-6053

Phone: (916) 278-6393

Program Information

The Family and Consumer Sciences Department at Sacramento State University offers a Bachelor of Science degree in Nutrition and Food with a Concentration in Dietetics. The Dietetics Concentration fulfills the academic requirements for eligibility to apply for qualifying experiences required to become a Registered Dietitian Nutritionist (RDN) or to become a Nutrition & Dietetics Technician Registered (NDTR), as well as to prepare students for a variety of careers in the field of food and nutrition.

Our Dietetics Concentration is a Didactic Program in Dietetics (DPD) and is currently accredited¹ by the **Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics (the Academy).**

Contact information for the Academy of Nutrition and Dietetics:

Academy of Nutrition and Dietetics
120 South Riverside Plaza, Suite 2190
Chicago, Illinois 60606-6995
Phone: 800/877-1600
Phone: 312/899-0040120
Fax: 312/899-4817
Academy website: <http://www.eatright.org>

ACEND® can be contacted by:

Email: ACEND@eatright.org
Phone: 800/877-1600, ext. 5400
Mail: 120 South Riverside Plaza
Suite 2190, Chicago, IL 60606-6995
Webpage at <https://www.eatrightpro.org/acend>

If you have complaints related to the DPD program that cannot be resolved by University procedures or the DPD director please contact ACEND directly using the information here.

<https://www.eatrightpro.org/acend/public-notices-and-announcements/filing-a-complaint-with-acend>

About ACEND-Accredited Programs:

The Accreditation Council for Education in Nutrition and Dietetics (ACEND®) is the Academy of Nutrition and Dietetics' accrediting agency for education programs preparing students for careers as registered dietitian nutritionists or nutrition and dietetic technicians, registered.

A DPD program provides the required dietetics coursework leading to a bachelor's or graduate degree. Graduates of ACEND-accredited programs who are verified by the program director may apply for Dietetic Internships to establish eligibility to write the Commission on Dietetic Registration (CDR) registration examination for dietitians. A link for the search engine designed to locate accredited DPD programs by state and options available can be accessed [here](#)

¹ Program that has had at least one site visit and is in compliance with the Accreditation Standards.

To become an RDN, you must first successfully complete the degree, followed by an accredited supervised practice program, and then pass the examination for RDNs.

Use these graphics of routes to RDN Registration Eligibility provided by the Academy to determine which program type is right for you:

[Routes to Meeting Eligibility Requirements for the Registration Exam for Dietitians \(Prior to Jan 1, 2024\)](#)

[Routes to Meeting Eligibility Requirements for the Registration Exam for Dietitians \(After Jan 1, 2024\)](#)

Other information about ACEND-accredited programs can be accessed [here](#).

Master's Degree Requirement Effective January 1, 2024

Effective January 1, 2024, the Commission on Dietetic Registration (CDR) will require a minimum of a master's degree to be eligible to take the credentialing exam to become a registered dietitian nutritionist (RDN). In order to be approved for registration examination eligibility with a bachelor's degree, an individual must meet all eligibility requirements and be submitted into CDR's Registration Eligibility Processing System (REPS) before **12:00 midnight Central Time, December 31, 2023**. For more information about this requirement visit CDR's website: <https://www.cdrnet.org/graduatedegree>. In addition, CDR requires that individuals complete coursework and supervised practice in program(s) accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND). Graduates who successfully complete the ACEND-accredited DPD program at California State University, Sacramento are eligible to apply to an ACEND-accredited supervised practice program.



Students in "Community Nutrition" (NUFD 117) course showcasing their field placement experience in the poster session.

Dietetics Coursework and Verification Statement

The majority of required courses for the Dietetics program are offered through our department (Appendix). Additional courses are required in Biology, Chemistry, Mathematics & Statistics, and Psychology. Students who intend to earn a BS with a Concentration in Dietetics declare the Nutrition and Food Major. Students must complete all-university graduation requirements, including general education and specific dietetics course requirements, as described in the major requirements and in the university course catalog.

Declaring Dietetics Concentration:

After taking NUFD 9, 10, 11 and 113, Chem 1A and 1B, BIO 10, and Stat 1 and obtaining a 2.75 GPA or higher students complete the 'Declaring Dietetics Concentration' form (Appendix) along with a 'Declaration/Change of Major' form (Appendix), and submit a copy of unofficial transcripts from all colleges and universities to either Dr. Mulasi (mulasi@csus.edu) or Dr. Wendy Buchan (wbuchan@csus.edu) for approval. See the Declaring Dietetics Concentration form for specific instructions.

Verification of Completion of the Didactic Program in Dietetics

Verification Statements are issued when the student has completed DPD requirements and the registrar has cleared the student for graduation. This form is completed, signed and supplied by the program director on record with ACEND[®] when the form is signed.

Verification Statement is required before beginning a supervised practice program, to establish eligibility to write the registration examination for dietitian nutritionists and nutrition and dietetic technician, and when applying for Active membership in The Academy.

The DPD Director's signature on this form verifies that the individual has successfully completed the program requirements. Once the student's degree is posted, the director will issue a Verification Statement and a minimum of six copies will be mailed directly to the student. Alternatively, the student will be emailed Verification Statement signed with the DPD Director's digital signature that can be authenticated.



Treats prepared by “Food Production and Sustainability” (NUFD 110) students for “Bites on the Bridge” event.

Post-baccalaureate Students Seeing a DPD Verification Statement (Non-degree seeking)

You may find it helpful to review our flowchart and advising sheet (Appendix) to familiarize yourself with our program requirements.

Following are the minimum requirements in order to obtain a DPD Verification Statement from California State University, Sacramento:

- Bachelor's degree from a regionally accredited university or college within the US (or foreign degree equivalent).
- At least **four** courses must be completed at Sacramento State. Usually, these include NUFD 116, 117, 118A, 118B, 121, and 199D. Other coursework will be evaluated for grades and recency. Most dietetic internship programs have a course grade and/or recency requirement, especially for the Medical Nutrition Therapy classes.
- **GPA and grading requirements:**
 - Overall GPA must be ≥ 2.75
 - It is recommended that you complete the equivalent for **Chem 1A, 1B; Bio 10, 39; Psyc 2; Stat 1; NUFD 9, 10, and 11** at a Community or Junior college if not completed previously, before beginning courses at Sac State. If you haven't taken these courses, see a full list of courses articulated with other institutions at www.assist.org
 - A grade of **at least C** is required in the following (or equivalent) courses: Bio 10; Chem 1A, 1B; NUFD 9, 10, 11, 113; Stat 1
 - A grade of **at least C-** is required in the remaining DPD courses.

Enrolling for classes:

Enrollment in the required courses for the DPD Verification is not guaranteed; degree-seeking students are given priority. Students are enrolled based on seat availability and instructor permission. One might have to wait until the first week of the semester for registration.

We do not offer a second bachelor's degree. If you choose to complete the DPD courses only to earn a Verification Statement, you will enroll through our College of Continuing Education (CCE) as an open-university student. Enrollment information can be located in [CCE website](#).

While lower division DPD courses can be transferred from another college/institution, all upper-division courses must be taken through Open University Program. Open University Program allows you to take classes on a space-available basis without being formally admitted to Sacramento State University.

Fees:

The Open University fee for Fall 2020 is \$253 per unit. Financial aid is not available. Waivers are not accepted. A \$25 late fee is applied to registrations submitted after the deadline.

Steps to complete/review before contacting the DPD Director for transcript evaluation:

1. Fill the [DPD Enrollment Form](#). This form has instructions on filling the dietetics advising sheet and attaching a copy of your unofficial transcripts and recent resume with any relevant work experience.
2. The expected timeline for transcript review is **2 – 3 weeks**. Transcripts will be evaluated on a first-come, first-serve basis. Transcripts will not be evaluated four weeks prior to the beginning of the semester. If you have an international degree, you are required to have your coursework evaluated by a foreign degree evaluating agency first.

International degree holders seeking a DPD Verification Statement

If you have an international degree, you are required to have your coursework evaluated by a foreign degree evaluating agency first. A list of foreign degree evaluating agencies can be found [here](#). Once the foreign degree evaluation is completed, complete DPD Enrollment Form with required documents.

The Academy has provided [resources and information](#) for international students you might find helpful in order to become an RD and pursue a career in dietetics, including answers to frequently asked questions.



Students in “Community Nutrition” (NUFD 107) course showcasing their field placement experience in the poster session.

Becoming A Registered Dietitian/Nutritionist

Registered Dietitians/Nutritionists (RDs/RDNs) are considered food and nutrition experts. They have met the following criteria to earn the RD/RDN credential:

- ❖ **Completed a minimum of a bachelor's degree** at a US regionally accredited university or college and course work accredited or approved by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics.
- ❖ **Completed an ACEND-accredited supervised practice program** (Dietetic Internship) at a health-care facility, community agency, or a foodservice corporation or combined with undergraduate or graduate studies. Typically, a practice program will run six to 12 months in length.
- ❖ **Passed a national examination** administered by the Commission on Dietetic Registration (CDR). For more information regarding the examination, refer to CDR's website at www.cdrnet.org.
- ❖ **Completed continuing professional educational requirements** to maintain registration.

Some RDNs hold additional certifications in their specialized areas of practice. The Commission on Dietetic Registration offers Board Certification as a Specialist in Pediatric, Renal, Gerontological, Pediatric Critical Care, and Oncology Nutrition, as well as Sports Dietetics and Obesity and Weight Management.

In addition to RDN credentialing, many states have regulatory laws for dietitians and nutrition practitioners. Frequently these [state requirements](#) are met through the same education and training required to become an RDN.

Careers in Dietetics:

Dietetics is the science and art of applying the principles of food and nutrition to health. It is a vital, growing profession with many career possibilities. Whichever option you choose, you will share your knowledge of food and nutrition to help people make healthful food choices.

Registered dietitian nutritionists work in a wide variety of employment settings, including health care, business and industry, community/public health, education, research, government agencies and private practice.

Many work environments, particularly those in medical and health-care settings, require that an individual be credentialed as an RDN. RDNs work in:

- **Hospitals, HMO's or other health-care facilities**, educating patients about nutrition and administering medical nutrition therapy as part of the health-care team. They may also manage the foodservice operations in these settings, as well as in schools, day-care centers and correctional facilities, over-seeing everything from food purchasing and preparation to managing staff.
- **Sports nutrition and corporate wellness programs**, educating clients about the connection between food, fitness and health.
- **Food and nutrition-related business and industries**, working in communications, consumer affairs, public relations, marketing, product development or consulting with chefs in restaurants and culinary schools.

- **Private practice**, working under contract with health-care or food companies, or in their own business. RDNs may provide services to foodservice or restaurant managers, food vendors and distributors or athletes, nursing home residents or company employees.
- **Community and public health settings**, teaching, monitoring and advising the public and helping improve their quality of life through healthy eating habits.
- **Universities and medical centers**, teaching physician’s assistants, nurses, dietetics students, dentists and others the sophisticated science of foods and nutrition.
- **Research areas** in food and pharmaceutical companies, universities and hospitals directing or conducting experiments to answer critical nutrition questions and find alternative foods or nutrition recommendations for the public.

You might also find the Academy’s [RDN Fact Sheet](#) helpful.

Job Compensation and Outlook:

According to the Academy's 2018 [Dietetics Compensation and Benefits survey](#), among all RDNs in all positions, the median hourly wage as of April 1, 2017, was \$30.45. If annualized, this equates to a full-time salary of \$63,340 per year. As would be expected, years of nutrition/ dietetics experience (or years within the same position) is strongly associated with an increase in compensation. As with any profession, salaries and fees vary by region of the country, employment settings, scope of responsibility and supply of RDNs. Salaries [increase](#) with years of experience and RDNs, in management and business, earn incomes of \$85,000 to \$88,000.

Specific [work settings](#) for which median hourly wages are highest include pharmaceutical or nutrition products manufacturer, distributor, or retailer (\$43.27); contract food management company (\$36.35); college, university, or teaching-hospital faculty (\$35.76); informatics (\$34.13).

According to the Bureau of Labor Statistics, employment of dietitians and nutritionists is projected to grow [11% from 2018 to 2028](#), much faster than the average for all occupations. In recent years, interest in the role of food and nutrition in promoting health and wellness has increased, particularly as a part of preventative healthcare in medical settings.



Treats prepared by “*Food Production and Sustainability*” (NUFD 110) students for “Bites on the Bridge” event.

Suggestions to Improve Chances at Securing a Dietetic Internship

Dietetic internships are competitive and it is important to understand which experiences might be helpful for one to secure a desired spot. Here is list of qualifications provided by the Academy that will make one's application stand out from others:

- ❖ **GPA:** Make sure that your GPA is above the minimum required by the internship, the higher the better. Although GPA is not the only factor considered, it is one of the most highly weighted. A GPA of 3.0 is often listed as the minimum considered by most DI programs. If your GPA is not competitive (i.e., low or close to the minimum required), consider retaking courses to bring it up to the highest possible level.

- ❖ **Recommendation letters:** Letters of recommendation and references should be from individuals who can truly attest to the quality of your work and your character, and are willing to put positive recommendations in writing. Ask for letters of recommendation from people who know that you do high-quality work, have a strong study and work ethic, and behave in a professional and ethical manner. Always cultivate good relationships with your advisors, teachers, and employers.

- ❖ **Communication:** Pay attention to how you communicate, whether verbally or written, because this conveys much about your sense of organization and attention to detail. Communicate thoughtfully, honestly and politely, whether in writing or verbally. Always keep your writing professional, cordial, and factual.

- ❖ **Experience:** Gain relevant experience in the field of nutrition. This can be paid, unpaid, or volunteer work. If possible, seek experience at a facility that serves as a practice site for an internship program, so that preceptors and the program director can become familiar with your abilities. Keep a documented record of hours spent in volunteering, jobs, etc. for your dietetic internship application.
 - Volunteer and provide community service, especially in areas related to health and nutrition.
 - Get practical, paid work experiences, especially in areas related to your desired area(s) of practice.
 - Become involved in professional organizations, such as college dietetics clubs; district-, state- and national-dietetics associations; especially at the leadership level.
 - Publish and present any relevant research, projects or work that you have done in journals and at conferences or in poster sessions.

Becoming an Nutrition & Dietetics Technician, Registered (NDTR)

Nutrition and Dietetics technician, registered (NDTRs) are educated and trained at the technical level of nutrition and dietetics practice for the delivery of safe, culturally competent, quality food and nutrition services. NDTRs are an integral part of healthcare and food service management teams.

NDTRs work under the supervision of a registered dietitian nutritionist (RDN) when in direct patient/client nutrition care in practice areas as:

- Hospitals, clinics, nursing homes, retirement centers, hospices, home health-care programs and research facilities conducting patient/client screens, gathering data and performing assigned tasks to assist RDNs in providing medical nutrition therapy.

NDTRs may work independently in providing general nutrition education to healthy populations in a variety of settings as:

- Schools, day-care centers, correctional facilities, restaurants, health-care facilities, corporations and hospitals, managing employees, purchasing and food preparation and maintaining budgets within foodservice operations.
- Women, Infants, Children (WIC) programs, public health agencies, Meals on Wheels and community health programs, assisting registered dietitians with the implementation of programs and presentation of classes for the public.
- Health clubs, weight management clinics and community wellness centers, helping to educate clients about the connection between food, fitness and health.
- Food companies, contract food management companies or food vending and distributing operations developing menus, conducting nutrient analysis and data collection, and overseeing foodservice sanitation and food safety.

Educational and Professional Requirements for NDTR

A nutrition and dietetics technician, registered (NDTRs), is trained in food and nutrition and is an integral part of the health-care and foodservice management teams. NDTRs have met the following criteria to earn the NDTR credential:

1. Completed a dietetic technician program by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics, that includes 450 hours of supervised practice experience in various community programs, health-care and foodservice facilities and has completed at least a two year associate's degree at a U.S. regionally accredited college or university.

OR

- Completed coursework in an ACEND-accredited didactic program or coordinated program in dietetics and has completed at least a bachelor's degree at a U.S. regionally accredited college or university.
- After completing the degree and dietetics coursework, pass a national examination administered by the Commission on Dietetic Registration (CDR). For more information regarding the examination, refer to the [CDR website](#).

- Completed continuing professional educational requirements to maintain registration.

You might find the [Academy's Fact Sheet on becoming a NDTR](#) helpful

NDTR Credentialing

After completing the degree and dietetics coursework, successful completion of the Registration Examination for Dietetic Technician, a national credentialing examination, administered by the Commission on Dietetic Registration (CDR) is required. CDR's NDTR certification program is fully accredited by the National Commission for Certifying Agencies (NCCA), the accrediting arm of the Institute for Credentialing Excellence (ICE). Accreditation by the ICE reflects achievement of the highest standards of professional credentialing. For more information regarding NDTR credentialing, refer to CDR's website at www.cdrnet.org.

Compliance with the CDR Professional Development Portfolio (PDP): Requirements to maintain NDTR registration include 50 hours of continuing education every five years.



Volunteers demonstrating cooking lessons at the university's Cardiovascular Wellness Program

Professional Memberships and Student Clubs

If you are thinking about a career in dietetics, joining the [Academy of Nutrition and Dietetics](#) is recommended. The Academy is the world's largest organization of food and nutrition professionals, representing more than 100,000 credentialed practitioners — registered dietitian nutritionists, dietetic technicians, registered, and other dietetics and nutrition professionals holding undergraduate and advanced degrees in nutrition and dietetics, and students.

With the **Academy membership** (\$58/year for student members), you will gain full access to Academy's online database of internships and job postings. Members will find scholarships and educational stipends for individuals pursuing undergraduate and advanced degrees in dietetics. Other resources include dietetic internship matching information, mentoring or career guidance, and volunteering opportunities.

You may also consider joining the [California Academy of Nutrition and Dietetics, Northern Area District](#) (NAD). California Academy of Nutrition and Dietetics is a not-for-profit membership association of approximately 6,500 registered dietitian nutritionists (RDNs), nutrition dietetic technicians registered (NDTRs), and students committed to improving California's health and advancing the profession of dietetics through research, education and advocacy. Membership is \$15/yr

Within the university, our department's [Food and Nutrition \(FAN\) Club](#) helps students get involved in and off campus in nutrition-related events and activities.



Food and Nutrition (FAN) Club at Sacramento State



Professionalism and Student Conduct

The DPD program at California State University abides by the [university policy](#) on academic misconduct. The university policy establishes rules and responsibilities concerning academic dishonesty. The following is an excerpt taken from the policy manual:

CHEATING

At Sacramento State, cheating is the act of obtaining or attempting to obtain credit for academic work through the use of any dishonest, deceptive, or fraudulent means. Cheating at Sacramento State includes, but is not limited to:

- a. Copying, in part or in whole, from another's test or other evaluation instrument.
- b. Using crib notes, "cheat sheets," or any other device, including electronic devices not permitted by the instructor as an aid in writing an examination.
- c. Submitting work previously graded in another course unless doing so has been approved by the course instructor or by department policy.
- d. Submitting work simultaneously presented in more than one course, unless doing so has been approved by the respective course instructors or by the department policies of the respective departments.
- e. Altering or interfering with grading or grading instructions.
- f. Sitting for an examination by a surrogate, or as a surrogate.
- g. Any act that interferes with a fair grading environment. Examples include talking, texting, or communicating during an exam; working past allotted time; helping another student to cheat; sharing or showing coursework to other students before submission; and stealing or interfering with other students' work.
- h. Any form of dishonesty for academic advantage. Examples include false excuses for missed deadlines; falsified data or results; re-submitting an altered exam for a re-grade; submitting false information in a grade appeal; or forging a signature in an academic document.
- i. Aiding or abetting in any of the actions described above.

PLAGIARISM

Plagiarism, as a form of cheating, is the use of distinctive ideas or works belonging to another person without providing adequate acknowledgement of that person's contribution. Regardless of the means of appropriation, incorporation of another's work into one's own requires adequate identification and acknowledgement. Plagiarism is doubly unethical because it deprives the author of rightful credit and gives credit to someone who has not earned it. Acknowledgement is not necessary when the material used is common knowledge. Plagiarism at Sacramento State includes but is not limited to:

1. The act of incorporating into one's own work the ideas, words, sentences, paragraphs, or parts thereof, or the specific substance of another's work without giving appropriate credit thereby representing the product as entirely one's own. Examples include not only word-for-word copying, but also the "mosaic" (i.e., interspersing a few of one's own words while, in essence, copying another's work), the paraphrase (i.e., rewriting another's work while still using the other's fundamental idea or theory); fabrication (i.e.,

inventing or counterfeiting sources), ghost-writing (i.e., submitting another's work as one's own) and failure to include quotation marks on material that is otherwise acknowledged; and

2. Representing as one's own another's artistic or scholarly works such as musical compositions, computer programs, photographs, paintings, drawing, sculptures, or similar works.

STUDENT RESPONSIBILITIES

1. Knowing what constitutes academic dishonesty and taking steps to avoid it, including:
 - a. Understanding what constitutes cheating and plagiarism and seeking clarification when they are uncertain;
 - b. Taking responsibility for making sure academic work complies with Sacramento State's academic honesty standards whether working individually or as part of a group.
2. Not taking credit for academic work that is not their own.
3. Not knowingly encouraging or making possible cheating by others.
4. Knowing the policies and procedures regarding academic honesty as specified in the [university policy document](#).
5. Exercising their option, if so inclined, to inform the instructor or the Student Conduct Officer of alleged cheating.
6. Knowing and following the rules instituted to preserve academic honesty. This includes learning and following the particular rules and expectations for specific classes, exams, and course assignments. Ignorance of these rules is not a defense to academic dishonesty.



“Food Production and Sustainability” (NUFD 110) students assisting with “Bites on the Bridge” food preparation

Code of Ethics For The Nutrition and Dietetics Profession

Code of Ethics provides guidance to nutrition and dietetics practitioners in their professional practice and conduct. Nutrition and dietetics practitioners have voluntarily adopted the Code of Ethics to reflect the **values and ethical principles** guiding the profession and to set forth commitments and obligations of the nutrition and dietetics practitioner to the public, clients, the profession, colleagues, and all others to which they provide service.

As a dietetics student, you are expected to understand and follow the Code of Ethics. You may find the Academy's [Code of Ethics handout](#) helpful to review. The Code consists of 4 principles and 32 standards. The four principles are as follows:

1. Competence and professional development in practice (**Non-Maleficence**, i.e., intent to not inflict harm)
2. Integrity in personal and organizational behaviors and practices (**Autonomy**; ensures a patient, client, or professional has the capacity and self-determination to engage in individual decision-making specific to personal health or practice)
3. Professionalism (**Beneficence**; encompasses taking positive steps to benefit others, which includes balancing benefit and risk)
4. Social responsibility for local, regional, national, global nutrition and well-being (**Justice**; supports fair, equitable, and appropriate treatment for individuals¹ and fair allocation of resources)



Nutrition and Food students demonstrating cooking lessons at the university's Cardiovascular Wellness Program

Mission, Goals, and Objectives

Program Mission

The mission of the Didactic Program in Dietetics at Sacramento State University is to prepare a diverse population of students to become competent, productive, culturally sensitive, committed, and ethical members of the professions of dietetics, nutrition, and food. The program is dedicated to the delivery of a high-quality curriculum and experiential activities in accordance with the Accreditation Council for Education in Nutrition and Dietetics and prepare students for supervised practice leading to eligibility for the Commission on Dietetic Registration credentialing exam to become entry-level registered dietitian nutritionists or nutrition and dietetics technicians, registered.

Goal 1: The program will prepare graduates for supervised practice, graduate school, or employment in nutrition and dietetics or related fields.

Objective Measures:

- 1.1 At least 80% of DPD program students will complete the degree and program requirements within six years (150% of the program length).
- 1.2 At least 50% of DPD graduates will apply for admission to a supervised practice program prior to or within 12 months of graduation.
- 1.3 At least 50% of DPD graduates are admitted into a supervised practice program within 12 months of graduation.
- 1.4 60% of program graduates take the CDR credentialing exam for dietitian nutritionists/dietetics technicians, registered within 12 months of program completion.
- 1.5 The program's one-year pass rate (graduates who pass the registration exam within one year of first attempt) on the CDR credentialing exam for dietitian nutritionists is at least 80% or the CDR credentialing exam for nutrition and dietetics technicians, registered is at least 70%.
- 1.6 At least 75% of supervised practice directors responding to a survey will rate program graduate's preparation for supervised practice as "adequate" (above average) or better.
- 1.7 Of graduates who seek employment, $\geq 80\%$ are employed in nutrition and dietetics or related fields within 12 months of graduation.
- 1.8 At least 80% of the graduates who respond to the survey will rate the DPD program as being "adequate" or higher in preparing them for supervised practice, graduate school, or employment.

Goal 2: The program will graduate diverse practitioners who work effectively with diverse populations in dietetics or related fields.

Objective Measures:

- 2.1 The DPD program will include representation of at least three ethnic/racial groups and 5% male students.

2.2 At least 80% of DPD graduates will indicate that the program prepared them for an understanding of cultural differences, diversity, and inclusion.

Goal 3: The program will graduate practitioners with a commitment to continuing education and service to the profession.

Objective Measures:

- 3.1 At least 75% of DPD graduates responding to the one-year post-graduation survey will indicate membership in a professional organization.
- 3.2 At least 50% of graduates responding to the one-year post-graduation survey will indicate having participated in one or more professional activities, including but not limited to continuing education events, workshops, seminars, meetings, professional updates.

*Program outcome data is available upon request



Students practicing taking anthropometric measurements in the “*Nutrition Assessment*” (NUFD 121) course

University-Related Costs, Academic Calendar, and Degree Requirements

Costs

A description of current tuition and fees charged by Sacramento State can be found [here](#).

Living expense estimates can be found [here](#).

For off-campus housing, the typical market cost of a one bedroom apartment in the Sacramento area is \$1300/month. Actual costs of room and board will vary. Many students living off-campus have roommates, which decreases housing costs.

Cost for books and supplies vary depending on whether books are purchased new or used. Cost for all new books for a semester may be approximately \$200-830. Additional charges may be apply on a class-by-class basis for items as laboratory fees (\$10 or more), purchase of a laboratory coat (\$35 or more).

Academic Calendar can be accessed [here](#)

Baccalaureate degree requirements, including General Education requirements; major/minor requirements; and other Graduation requirements are available [here](#)

Transfer Credit process for baccalaureate level courses can be found [here](#)

For colleges within California we use [ASSIST](#) to determine course equivalency. For colleges or Universities not listed in ASSIST you will be asked to provide the transcript, course description and syllabus of the course for further evaluation.



Nutrition and Food students volunteering at Associated Students, Inc. Food Pantry

Policies regarding Service Learning or Field Placements

The policies in place for classroom service learning or field placement include:

Prevention of interns to replace employees. It is the policy of the California State University Sacramento Didactic Program in Dietetics to conduct the program in compliance with the minimum wage ruling. The US Department of Labor publication entitled EMPLOYMENT RELATIONSHIP UNDER THE FAIR LABOR STANDARDS ACT, dated February 1973, states the following under the heading "Trainees": The Supreme Court has held that the words to "suffer or permit to work," as used in the Act to define "employ," do not make all persons employees who, without any express or implied compensation agreement, may work for their own advantage on the premises of another. Whether trainees or students are employees of an employer under the Act will depend upon all of the circumstances surrounding their activities on the premises of the employer. If all of the following criteria apply, the trainees or students are not employees within the meaning of the Act:

1. The training, even though it includes actual operation of the facilities of the employer, is similar to that which would be given in a vocational school.
2. The training is for the benefit of the trainees or students.
3. The trainees or students do not displace regular employees, but work under their close observation. The employer that provides the training derives no immediate advantage from the activities of the trainees or students, and on occasion his operations may actually be impeded.
4. The trainees or students are not necessarily entitled to a job at the conclusion of the training period.
5. The employer and the trainees or students understand that the trainees or students are not entitled to wages for the time spent training.

Liability: Each field placement has a signed agreement with CSUS, which ensures that liability insurance is provided either through Student Professional Liability Insurance Program (SPLIP) or Student Academic Field Experience for Credit Liability Insurance Program (SAFECLIP). A copy of each is kept and managed by CEC and the instructor of any course using service learning/ field placement.

Each student enrolled a service learning/ field placement course completes a Release of Liability, Waiver and Right to Sue, Assumption of Risk and Agreement to Pay Claims form. Therefore no other liability insurance will be required for the student to purchase unless desired by the student.

Each student enrolled in a service learning/ field placement course completes a Student Emergency Contact and Information Form. A copy is made and kept in the FACS department office and one copy is

given to the field placement program to keep on file in case of a student illness or injury. No additional liability insurance will be required.

Illness/Injury at a Rotation Site and/or in travel to or from assigned site: The Facility shall, on any day when a student is receiving training at its facilities, provide necessary emergency health care or first aid for accidents occurring at its facilities. Except as provided in this paragraph, Facility shall have no obligation to furnish medical or surgical care to any student. Neither the University nor the Learning Site assumes any financial responsibility in the event an intern becomes ill or injured as a result of his/her participation in a learning activity at the Rotation Site. In the event that an intern is injured or becomes ill while at Learning Site, the Learning Site and/or Intern will contact the Instructor in charge of the service learning as soon as possible. Each Learning Site has the Instructor's e-mail and phone number. If necessary, Intern's emergency contact will be contacted by the rotation site, instructor or department as necessary. This contact information is provided to the field placement program and a copy housed in the FACS Department Main office. The Intern will make his/her own arrangements for medical attention as needed.

Drug Testing and criminal background checks or any other medical tests or procedures, if required by the facility a student may be placed for field placement or service learning can be conducted at CSUS (Health Center and Police Department) or is provided through the field placement program. Students have to pay for the testing.



Academy of Nutrition and Dietetics Stock Photo Library

Frequently Asked Questions

When are the new requirements for a Master's degree expected? Do we need a degree in Nutrition?

Effective January 1, 2024, the Commission on Dietetic Registration (CDR) will require a minimum of a master's degree to be eligible to take the credentialing exam to become a registered dietitian nutritionist (RDN). There is no requirement that the degree must be in Nutrition. Furthermore, the graduate degree may be an MS, MA, MBA, MPH, MCN, or any other graduate degree program

What is a Dietetic Internship?

The Dietetic Internship (DI) is a postbaccalaureate program that provides only the required competencies (supervised practice) and admits students who have already completed an ACEND-accredited DPD and at least a baccalaureate degree. A Dietetic Internship provides a minimum of 1200 hours of supervised learning experiences primarily in hospitals and other care facilities. Length of the program, date the program begins, tuition or fees charged, stipends, graduate credits, housing, and availability of financial aid vary among programs and may be important determinants in the selection of programs.

Most programs require a 10 - 12 month time span to complete, others integrate coursework leading to a Master's degree into the experience. Some programs are part-time with the supervised component at a minimum of 20 hours per week, and may be completed over a two-year period. While all programs provide training in core areas of dietetics (clinical, foodservice management and administration, community, elective), programs may have an area of focus, example the DI program at Sac State has a focus on disease prevention, health promotion, advocacy and public policy.

What are distance programs for dietetic internships?

Most DI programs are on-site, some are distance programs. In a distance program, you are responsible for setting up your supervised practice experiences, so applicants must be self-disciplined, motivated, and comfortable with online education. Furthermore, having professional writing skills is important as you will be communicating with your preceptors and program faculty online.

How important are grades/GPA in this curriculum, particularly with respect to being accepted into a Dietetic Internship?

A GPA of 3.0 is often listed as the minimum considered by most DI programs. Make sure that your GPA is above the minimum required by the internship, the higher the better. Although GPA is not the only factor considered, it is one of the most highly weighted. If your GPA is not competitive (i.e., low or close to the minimum required), consider retaking courses to bring it up to the highest possible level.

DI programs might have a minimum grade requirement for nutrition courses, including a minimum grade of C in all nutrition classes or a grade of at least B in Medical Nutrition Therapy classes.

How can I get assistance with the Dietetic Internship application process?

Senior dietetics students are enrolled in the “*Dietetics Pathway*” (NUFD 199D) course (1 unit) during the fall semester. This course discusses dietetics career pathways, DI application process, and internship, job, or graduate school readiness. Additional assistance is provided by the DPD Director during office hours or by appointment.

How do I increase my chance of being selected in the desired program?

A few tips have been provided in this handbook to improve your chances in securing a DI.

Is there financial aid for dietetic internships?

Most DI programs do not offer financial aid. You are recommended to search the Academy’s website for potential scholarships; having a student membership gives you access to various scholarships within the [Academy](#), including the [local dietetic associations](#). A few DI programs have a stipend built into them and might also offer housing options. Information about financial aid and costs is usually available on the DI program’s website.

DPD graduates might opt to take a year off to save funds for the internship. Some interns have lived with family or worked on weekends during their internship.

I already hold a bachelor’s degree in another field (or an advanced degree in nutrition or a different area). How do I complete the DPD coursework?

Information about the post-baccalaureate applicants can be found in this handbook. Read the instructions for DPD Enrollment Form and supporting documents required for coursework evaluation.

What is the Computer Matching Process?

The Academy contracts with a company called D&D Digital to operate the DI Match and help applicants obtain an Internship (<http://www.dnndigital.com/>). Briefly, the process of matching involves the following components:

- ✓ Applicants submit rank order lists of internships (through DICAS), applicants can “reorder” DI rankings only during a specified time period following the registration deadline.
- ✓ Each DI program screens their own applications and submits rank order lists of applicants to D&D Digital.
- ✓ Internship prepares its highest ranked applicants, equal in number to their class size. Internships are removed from applicant lists if the internship did not rank the applicant.
- ✓ Applicants are provided one match. Match happens when an applicant’s highest ranked internship = Internship’s highest ranked list of applicants.
- ✓ Participants should only rank internships they are willing to accept as interns.
- ✓ All information submitted to D&D Digital is kept confidential.

B.S. Nutrition and Food Concentration in Dietetics Program Planning Sheet

Advisors:	
DPD Director :Urvashi Mulasi: mulasi@csus.edu	Mical Shilts: shiltsm@csus.edu
DI Director: Nadine Braunstein braunstein@csus.edu	Kelly Thompson: kelly.thompson@csus.edu
Lynn Hanna: lhanna@csus.edu	Seunghee Wie: wie@csus.edu
Wendy Buchan: wbuchan@csus.edu	

Check the department website at www.csus.edu/facs for office hours and group advising sessions.

Last name	First name	Sac State Student ID number
Address		Sac Link User Name
Cell phone		Catalog Year
E-mail		

To declare the Dietetics Emphasis, freshman or transfer students admitted as Nutrition and Food Concentration are required to complete the following grade and core courses requirements (28 units: Section A) and submit a Major Change form to the Family and Consumer Sciences Department Office along with transcript copies.

- 1) An overall GPA of 2.75
- 2) Completion of the required core courses (28 units) with a “C” or better. Only first or second attempts will be considered.

Information sessions on Nutrition and Food/Dietetics are scheduled on a monthly basis during the fall and spring semesters. For more information and a schedule of sessions refer to the website www.csus.edu/facs or contact the FACS Office at (916) 278-6393, Mariposa Hall 3000.

A. Required Core Courses (28 Units)	Prerequisites	CSUS	Transfer	Units	Grade	Equivalent/Substitute Courses (number, title, units)
BIO 10 Basic Biological Concepts (3) (area B2)						
CHEM 1A General Chemistry I (5) (area B1 + area B3)	Pass the Chemistry Diagnostic Exam, and an ALEKS score of ≥ 61 is required before registering or CHEM 4 w/ a minimum grade “C”					
CHEM 1B General Chemistry II (5) (area B5)	CHEM 1A					
NUFD 9 Food Safety and Sanitation (3)	NUFD Major					
NUFD 10 Nutrition & Wellness (3) Area E						
NUFD 11 Principles of Food Preparation (3)	NUFD Major					
NUFD 113 Nutrition and Metabolism (3) (area B5)	NUFD 10; BIO 10 and CHEM 1A					
STAT 1 Intro to Statistics (3)* Area B4	ALEKS PPL score > 51 , or MATH 10					
Upon completion of the above courses with a C or better and an overall GPA of ≥ 2.75, complete the “Declaring Dietetics Emphasis Form,” as well as the change of major to the B.S. Dietetics Emphasis, which is to be signed by the faculty advisor and taken to the FACS office.						

*STAT 10A & STAT 10B will be accepted as equivalent to STAT 1

B. Required Lower Division Courses (10 units)	Prerequisites	CSUS	Transfer	Units	Grade	Equivalent/Substitute Courses (number, title, units)
BIO 39 Microbiology for Allied Health Students (4)	BIO 10, and CHEM 1A					
CHEM 20 Organic Chemistry Lecture--Brief Course (3)	CHEM 1B					
PSYC 2 Introductory Psychology Area D						
C. Required Upper Division Courses (43 units)						
BIO 131 Systemic Physiology (4)	CHEM 1B or CHEM 6B and BIO 1 or BIO 2 or BIO 10 or BIO 22.					
CHEM 161 General Biochemistry (3)	CHEM 20 or CHEM 124; one year of biological science is recommended.					
FACS 100 Research: Methods and Application in Family and Consumer Sciences (3)	6 FACS/NUFD units completed.					
NUFD 107 Nutrition Education, Communication and Counseling (3)	NUFD 10 and 3 NUFD units					
NUFD 110 Food Production and Sustainability (4)	NUFD 9, NUFD 10 and NUFD 11					
NUFD 114 Cultural and Social Aspects of Food (3)	NUFD 10					
NUFD 115 Nutrition: Pre-conception Through Childhood (3)	NUFD 113					
NUFD 116 Foodservice Mgmt. (3)	NUFD 110					
NUFD 117 Community Nutrition (3)	NUFD 107; and either NUFD 115 or NUFD 119					
NUFD 118A Med. Nutrition Therapy I (3) Fall only	NUFD 113, NUFD 121, and BIO 131					
NUFD 118B Medical Nutrition Therapy II (3) Spring only	NUFD 118A, and CHEM 161					
NUFD 119 Nutrition: Adolescence Through Older Adulthood (3)	NUFD 113					
NUFD 121 Nutrition Assessment, Methods and Support (3)	NUFD 113					
NUFD 199D Dietetic Pathway (1) Fall Only	Senior Standing as Dietetic emphasis					

Students are required to see a GE adviser for GE requirements. All students should meet with their faculty advisor at least once per academic year.

Advisor's Signature

Date

The Didactic Program is granted accreditation by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics 120 South Riverside Plaza, Suite 2000, Chicago, Illinois, 60606-6995, (312)-899-0400 ext. 5400. ACEND is recognized by the United States Department of Education and Council for Higher Education. This affirms that ACEND meets national standards and is a reliable authority on the quality of nutrition and dietetics education programs. The DPD qualifies students for a dietetic internship or professional practice program (AP4) and eligibility for the registration examination for dietitians, which is administered by the Academy of Nutrition and Dietetics. Completion of the curriculum above as well as the dietetic internship or AP4 program and the national registration examination is required to become a registered dietitian (RD). *Chem 1A & 1B will be accepted through instructor's permission.

Family and Consumer Sciences – Nutrition and Food Program
Declaring Dietetics Concentration Form

Requirements for the Dietetics Emphasis include completion of 28 core units (see B.S. Dietetics Concentration Program Planning Sheet for prerequisite courses) with a grade of at least C in each course, and an overall GPA \geq 2.75.

Name: _____ Student ID: _____

Phone Number: _____ Email Address: _____

Semester and Year started at CSU, Sacramento: _____ Overall GPA (from your transcript): _____

List the following courses, or if not taken at California State University, Sacramento, list equivalent course taken along with institution completed and the grade received (at least a "C" grade or better).

Course	Equivalent Course Taken (if not at Sac State)*	Institution Where Completed (if not at Sac State)*	Semester Taken	Grade
BIO 10				
CHEM 1A				
CHEM 1B				
NUFD 9				
NUFD 10				
NUFD 11				
NUFD 113				
STAT 1				

***Example:**

BIO 10	BIOL 400	Sac City College	Fall 2018	A
CHEM 1A			Spring 2019	B

Checklist: Please email the following documents to either Dr. Mulasi (mulasi@csus.edu) or Dr. Buchan (wbuchan@csus.edu):

- Completed "Declaring Dietetics Concentration Form" (this form)
- Completed "Change of Major Form"
- Unofficial copies of your transcripts from all the institutions with the prerequisite courses. Highlight all prerequisite courses in the transcript.

Student Signature: _____

Date: _____

DPD Director's Signature: _____

Date: _____



Declaration/Change of Major

IMPORTANT:

- If you are declaring more than one major you will need to submit a separate form for each request.
- Pre-majors in the following programs must contact the department to change from Pre-major to Major status: Biological Science, Criminal Justice, Graphic Design, Health Science, Nursing, Photography, Psychology, any major in the College of Engineering and Computer Science, or any concentration in the College of Business.
- If you are declaring a Special Major please go to Academic Affairs, Sacramento Hall Room 234.
- Submit completed major declaration form to the Student Services Counter, Lassen Hall Lobby.

PLEASE PRINT IN BLUE OR BLACK INK

Student ID#: _____

Name: _____
Last
First
MI

Day Phone: _____ Email: _____

Have you applied for Graduation? Yes No

Have you ever been academically disqualified from the major that you are now declaring? Yes No

I am an undergraduate student and my immediate degree objective is BFA BM BA BS

I am a post-baccalaureate student and my immediate objective is 2nd Bachelors

PLEASE INDICATE APPROPRIATE CHANGES:

Change Major to: _____ (by checking this box, your current major or pre-major will be deleted)

OR

Add Major: _____ (please add this newly declared major as an additional major)

Concentration _____ *or* Emphasis _____
(if applicable indicate concentration or emphasis)

ADVISOR'S NAME (PLEASE PRINT)

ADVISOR'S SIGNATURE (REQUIRED)

DATE

DEPARTMENT CHAIR'S NAME (PLEASE PRINT)

DEPARTMENT CHAIR'S SIGNATURE (REQUIRED)

DATE

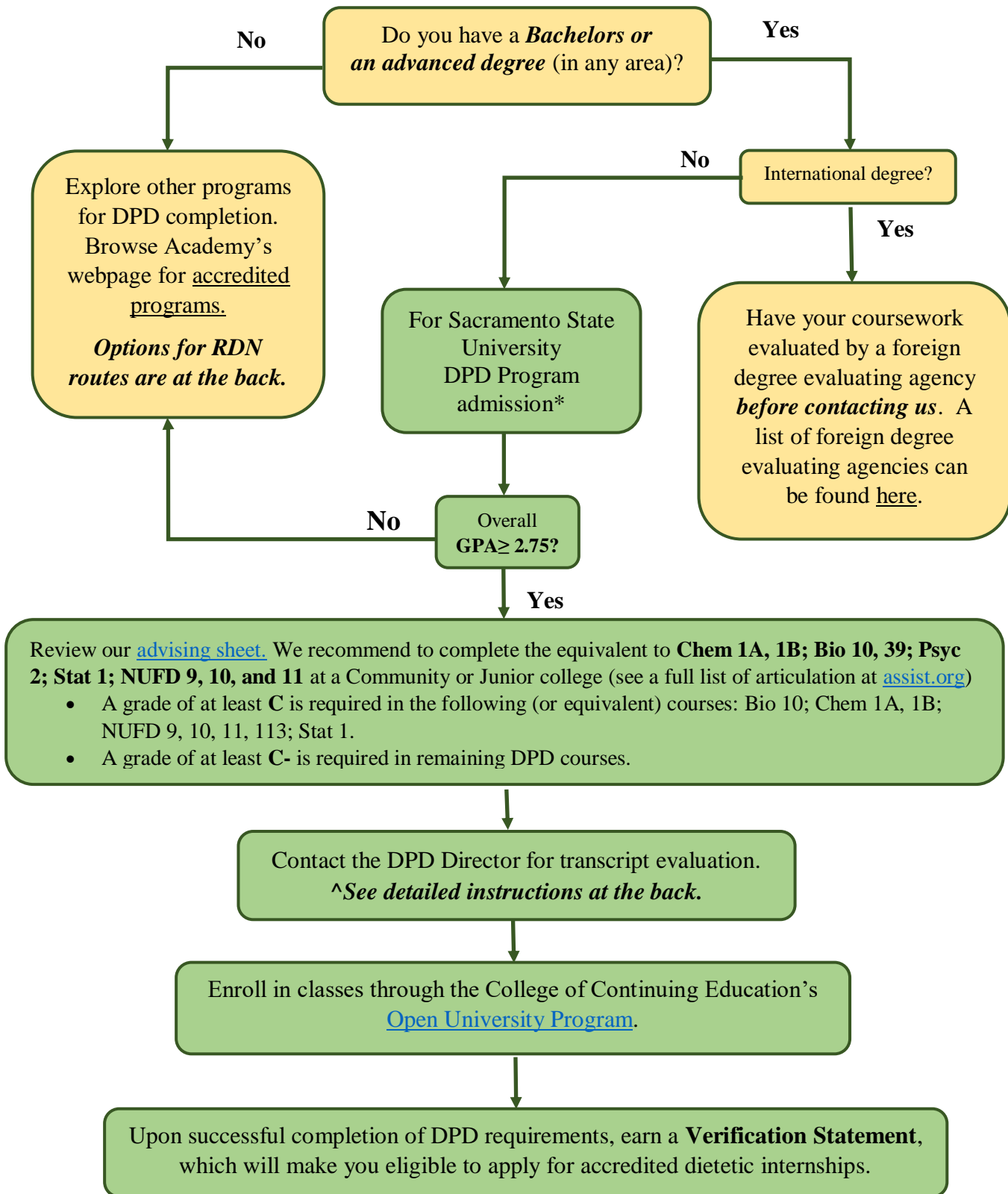
STUDENT'S SIGNATURE (REQUIRED)

DATE

For Office Use Only		
REV 03/2020	Initials: _____	Date Posted: _____



Post-baccalaureate or Advanced degree students seeking a DPD Verification (Non-degree seeking)



*For programs offering a second BS in Nutrition or related area, or graduate education, including programs with graduate school and dietetic internship combined, browse accredited programs here.

California State University, Sacramento, Didactic Program in Dietetics (DPD)

Use these graphics of routes to RDN Registration Eligibility provided by the Academy to determine which program type is right for you:

[Routes to Meeting Eligibility Requirements for the Registration Exam for Dietitians \(Prior to Jan 1, 2024\)](#)

[Routes to Meeting Eligibility Requirements for the Registration Exam for Dietitians \(After Jan 1, 2024\)](#)

^Steps to complete/review before contacting the DPD Director for transcript evaluation:

1. Fill the DPD Enrollment Form. This form has instructions on filling the dietetics advising sheet and attaching a copy of your unofficial transcripts and recent resume with any relevant work experience.
2. The expected timeline for transcript review is **2 – 3 weeks**. Transcripts will be evaluated on a first-come, first-serve basis. Transcripts will not be evaluated four weeks prior to the beginning of the semester. If you have an international degree, you are required to have your coursework evaluated by a foreign degree evaluating agency first.

**Didactic Program in Dietetics Verification
Advising Worksheet (Non-degree seeking only)**

Advisors:DPD Director: Urvashi Mulasi, PhD, RDN (mulasi@csus.edu)Wendy Buchan, PhD, RDN (wbuchan@csus.edu)

Visit our Didactic Program in Dietetics (DPD) [website](#) in the Department of Family and Consumer Sciences (FACS) for additional information, office hours, and group advising sessions. Information [sessions on Nutrition](#) and Food Program (Dietetics Concentration) are scheduled during the fall and spring semesters and summer. For more information and a schedule of sessions, refer to the program [website](#) or contact the FACS Office via email at facs@csus.edu

Following are the minimum requirements in order to obtain a DPD Verification Statement from California State University, Sacramento:

- Bachelor's degree from a regionally accredited university or college within the US (or foreign degree equivalent).
- At least **four** courses must be completed at Sacramento State. Usually, these include NUFD 116, 117, 118A, 118B, 121, and 199D. Other coursework will be evaluated for grades and recency. Most dietetic internship programs have a course grade and/or recency requirement, especially for the Medical Nutrition Therapy classes.
- **GPA and grading requirements:**
 - Overall GPA must be ≥ 2.75
 - It is recommended that you complete the equivalent for **Chem 1A, 1B; Bio 10, 39; Psyc 2; Stat 1; NUFD 9, 10, and 11** at a Community or Junior college if not completed previously, before beginning courses at Sac State. If you haven't taken these courses, see a full list of courses articulated with other institutions at www.assist.org
 - A grade of at least **C** is required in the following (or equivalent) courses: **Bio 10; Chem 1A, 1B; NUFD 9, 10, 11, 113; Stat 1**
 - A grade of at least **C-** is required in the remaining DPD courses.

Enrolling for classes:

Enrollment in the required courses for the DPD Verification is not guaranteed; degree-seeking students are given priority. Students are enrolled based on seat availability and instructor permission. One might have to wait until the first week of the semester for registration.

We do not offer a second bachelor's degree. If you choose to complete the DPD courses only to earn a Verification Statement, you will enroll through our College of Continuing Education (CCE) as an open-university student. Enrollment information can be located in [CCE website](#).

While lower division DPD courses can be transferred from another college/institution, all upper-division courses must be taken through Open University Program. Open University Program allows you to take classes on a space-available basis without being formally admitted to Sacramento State University.

Fees:

The Open University fee for Fall 2020 is \$253 per unit. Financial aid is not available. Waivers are not accepted. A \$25 late fee is applied to registrations submitted after the deadline.

A. Required Core Courses (28 Units)	Prerequisites	CSUS	Transfer	Units	Grade	Equivalent/Substitute Courses (number, title, units)
BIO 10 Basic Biological Concepts (3) (area B2)						
CHEM 1A General Chemistry I (5) (area B1 + area B3)	Pass the Chemistry Diagnostic Exam, and an ALEKS score of ≥ 61 is required before registering or CHEM 4 w/ a minimum grade "C"					
CHEM 1B General Chemistry II (5) (area B5)	CHEM 1A					
NUFD 9 Food Safety and Sanitation (3)	NUFD Major					
NUFD 10 Nutrition & Wellness (3) Area E						
NUFD 11 Principles of Food Preparation (3)	NUFD Major					
NUFD 113 Nutrition and Metabolism (3) (area B5)	NUFD 10; BIO 10 and CHEM 1A					
STAT 1 Intro to Statistics (3)* Area B4	ALEKS PPL score > 51, or MATH 10					

B. Required Lower Division Courses (10 units)						
BIO 39 Microbiology for Allied Health Students (4)	BIO 10, and CHEM 1A					
CHEM 20 Organic Chemistry Lecture--Brief Course (3)	CHEM 1B					
PSYC 2 Introductory Psychology Area D						
C. Required Upper Division Courses (43 units)						
BIO 131 Systemic Physiology (4)	CHEM 1B or CHEM 6B and BIO 1 or BIO 2 or BIO 10 or BIO 22.					
CHEM 161 General Biochemistry (3)	CHEM 20 or CHEM 124; one year of biological science is recommended.					
FACS 100 Research: Methods and Application in Family and Consumer Sciences (3)	6 FACS/NUFD units completed.					
NUFD 107 Nutrition Education, Communication and Counseling (3)	NUFD 10 and 3 NUFN units					
NUFD 110 Food Production and Sustainability (4)	NUFD 9, NUFN 10 and NUFN 11					

C. Required Upper Division Courses (Cont...)	Prerequisites	CSUS	Transfer	Units	Grade	Equivalent/Substitute Courses (number, title, units)
NUFD 114 Cultural and Social Aspects of Food (3)	NUFD 10					
NUFD 115 Nutrition: Pre-conception Through Childhood (3)	NUFD 113					
NUFD 116 Foodservice Mgmt. (3)	NUFD 110					
NUFD 117 Community Nutrition (3)	NUFD 107; and either NUFD 115 or NUFD 119					
NUFD 118A Med. Nutrition Therapy I (3) Fall only	NUFD 113, NUFD 121, and BIO 131					
NUFD 118B Medical Nutrition Therapy II (3) Spring only	NUFD 118A, and CHEM 161					
NUFD 119 Nutrition: Adolescence Through Older Adulthood (3)	NUFD 113					
NUFD 121 Nutrition Assessment, Methods and Support (3)	NUFD 113					
NUFD 199D Dietetic Pathway (1) Fall Only	Senior Standing as Dietetic emphasis					

Advisor's Signature

Date

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