

FACS 195C and FSHD 195F

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AGENDA

Introductions

**Why complete
an academic
internship or
practicum?**

**FACS 195C
and FSHD
195F**

Hours Required

**Getting
Started: Three
Steps**

Q & A

Introductions

1. Your name
2. Your major
3. Your expected graduation date
4. An area of interest related to Family Studies and Human Development

Why complete an Academic Internship or Practicum?

You will ...

- ... gain experience in your field.
- ... make connections with others in the field.
- ... practice applying the knowledge and skills you have acquired.
- ... expand your skills and knowledge beyond the classroom.
- ... learn more about your strengths, affinities, and areas for growth.
- ... demonstrate your readiness for work in this field.



FACS 195C, Internship

Prerequisite(s): Upper division status; instructor permission obtained in the preceding semester; 2.5 GPA or above.

Directed observation and supervised work experience in an approved business, government, or service agency. Internships are offered for the purpose of increasing student understanding of the nature and scope of agency operations and giving students orientation in occupational specialties.

Supervision is provided by authorized persons in the cooperating agencies and collaborative supervision is provided by the Family and Consumer Sciences faculty. Each student is required to maintain a record of activities and assignments and to prepare periodic reports.

FSHD 195F, Practicum in Family Life Education

Prerequisite(s): senior status; GPA of 2.75 or above; instructor permission obtained in the preceding semester; a course in Human. Sexuality (NURS 160, PSYC 134 or HLSC 134); and FSHD 155.

•**Corequisite(s):** If not taken as a prerequisite, FSHD 155 may be taken concurrently *with instructor's approval*.

Directed observation and supervised work experience in an approved educational setting, service agency, business or government agency that provides family life education.

FSHD 195F

Practicum in Family Life Education

Students will move from

- ▶ observing and assisting to lessons and programs in family life education to
- ▶ developing, delivering and assessing lessons and programs in family life education.

Students will gain experience in

- ▶ applying educational and developmental theories, curriculum development, and teaching methods to
- ▶ delivering evidence-based and culturally sensitive lessons in the content areas of family life education: parent education, strengthening relationships, and/or sexuality education.

Hours Required

The total credit for an internship or practicum experience can vary from 1 unit to 3 units. Every 1 unit of credit requires 45 hours of time spent with the organization.

- ▶ A 1-unit course requires **45** contact hours. (3-4 hours a week)
- ▶ A 2-unit course requires **90** contact hours. (6-7 hours a week)
- ▶ A 3-unit course requires **135** contact hours. (9-10 hours a week)

STEP ONE

Contact Professor Henry Gonzalez, Alyssa Maples or Ann Moylan to see if they are able and willing to supervise your internship or practicum. *Not every professor can supervise internships every semester.*

Getting the internship or practicum set up must be done during the semester PRIOR to the internship or practicum. Allow approximately 6-8 weeks to get the internship set up.

You are strongly encouraged to consult with your supervising faculty member regarding placement ideas before contacting any agencies.

STEP TWO

The site you wish to work with must have an existing contract with the university.

You can find a list of approved partners on the **Community Engagement Center** webpage.

Here is the link --

[https://www.csus.edu/cec/community partner list.html](https://www.csus.edu/cec/community_partner_list.html)

Review the list of approved placement sites.

Your supervising professor may have created a “short list” of agencies. Ask them if that is the case.

STEP THREE

Working with your Professor, contact one or more agencies. Some agencies may require an application, others may require an interview.

Once you have an agency that has agreed to the internship or practicum, and you have reviewed with them the academic requirements and learning objectives, you will submit a petition for FACS 195C or FSHD 195F to your supervising professor.

We must have a signed agreement from an agency in order to move forward and timing is very important.

Questions?

Are internships offered in the summer session?

YES! Depending on faculty availability.

Will these slides be posted?

YES! Look for them on the FSHD webpage.

How much lead time do we need to plan this?

8 weeks before the end of the semester prior

Does FACS 195C or FSHD 195F allow for the most options?

FACS 195C is more flexible than FSHD 195F

Can a student complete more than one internship?

YES!