

Nutrition and Food Concentration in Dietetics
Program Planning Sheet
Advisors:

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Information on Nutrition and Food/Dietetics are scheduled on a monthly basis during the fall and spring semesters. Please visit the [FACS Department website](#) and the [Didactic Program Dietetics \(DPD\) website](#) for more information.

To declare the Dietetics Concentration, first year or transfer students admitted as Nutrition and Food Majors are required to complete the following core course requirements (28 units: Section A) with a grade of at least C in each course, and an overall GPA ≥ 2.75 . *Only first and second attempts will be considered.*

First Name:	Sac State Student ID:
Last Name:	Sac State Email:

A. Required Core Courses (28 Units)	Prerequisites	CSUS term	Transfer term	Grade	Equivalent/Substitute Course (Institution, course code & #)
<u>BIO 10</u> Basic Biological Concepts (3) (GE B2)					
<u>CHEM 1A</u> General Chemistry I (5) (GE B1 + B3)	Pass the Chemistry Diagnostic Exam, and an ALEKS score of ≥ 61 is required before registering or CHEM 4 w/ a minimum grade "C"				
<u>CHEM 1B</u> General Chemistry II (5) (GE B5)	CHEM 1A				
<u>NUFD 9</u> Food Safety and Sanitation (3)					
<u>NUFD 10</u> Nutrition and Wellness (3) (GE E)					
<u>NUFD 11</u> Principles of Food Preparation (3)	NUFD Major				
<u>NUFD 113</u> Nutrition and Metabolism (3) (GE B5)	NUFD 10; BIO 10 and CHEM 1A				
<u>STAT I</u> Into to Statistics (3) (GE B4)	ALEKS PPL Score > 51 or MATH 10				

The Dietetics Concentration in Nutrition and Food may be declared when the above courses are completed with a "C" or better and overall GPA is ≥ 2.75 .

B. Required Lower Division Courses (10 Units)	Prerequisites	CSUS term	Transfer term	Grade	Equivalent/Substitute Course (Institution, course code & #)
<u>BIO 39</u> Microbiology for Allied Health Students (4)	BIO 10, and CHEM 1A				
<u>CHEM 20</u> Organic Chemistry Lecture - Brief Course (3)	CHEM 1B				
<u>PSYC 2</u> Introductory Psychology (3) (GE D)					
C. Required Upper Division Courses (43 Units)	Prerequisites	CSUS term	Transfer term	Grade	Equivalent/Substitute Course (Institution, course code & #)
<u>BIO 131</u> Systemic Physiology (4)	CHEM 1B and BIO 2 or BIO 10				
<u>CHEM 161</u> General Biochemistry (3)	CHEM 20 or CHEM 124; one year of Biological Science is recommended.				
<u>NUFD 100</u> Research: Methods and Application in Family and Consumer Sciences (3)	6 NUFD units				
<u>NUFD 107</u> Nutrition Education Communication and Counseling (3)	NUFD 10 and 3 NUFD units				
<u>NUFD 110</u> Food Production and Sustainability (4)	NUFD 9, NUFD 10 and NUFD 11				
<u>NUFD 114</u> Cultural and Social Aspects of Food (3)	NUFD 10				
<u>NUFD 115</u> Nutrition: Pre-conception through Childhood (3)	NUFD 113				
<u>NUFD 116</u> Foodservice Mgmt. (3)	NUFD 110				
<u>NUFD 117</u> Community Nutrition (3)	NUFD 107; and either NUFD 115 or NUFD 119				
<u>NUFD 118A</u> Medical Nutrition Therapy II (3) Fall only	NUFD 113, NUFD 121 and BIO 131				

C. Required Upper Division Courses (43 Units) cont'd	Prerequisites	CSUS term	Transfer term	Grade	Equivalent/Substitute Course (Institution, course code & #)
NUFD 118B Medical Nutrition Therapy II (3) Spring only	NUFD 118A and CHEM 161				
NUFD 119 Nutrition: Adolescence through Older Adulthood (3)	NUFD 113				
NUFD 121 Nutrition Assessment, Methods, and Support (3)	NUFD 113				
NUFD 199D Dietetic Pathway (1) Fall only	Senior Standing as Dietetic Concentration				

***STAT 10B may be substituted for STAT 1**

Students are required to see a GE Advisor for GE requirements. All students should meet with their faculty advisor at least once per academic year.

To declare the Dietetic Concentration in Nutrition and Food a letter grade of "C" or better are required in all Core Courses and with an overall GPA of 2.75 or greater

Advisors Signature:	Date:
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The Didactic Program is granted accreditation by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics 120 South Riverside Plaza, Suite 2000, Chicago, Illinois, 60606-6995, (312)-899-0400 ext. 5400. ACEND is recognized by the United States Department of Education and Council for Higher Education. This affirms that ACEND meets national standards and is a reliable authority on the quality of nutrition and dietetics education programs. The DPD qualifies students for a dietetic internship or professional practice program (AP4) and eligibility for the registration examination for dietitians, which is administered by the Academy of Nutrition and Dietetics. Completion of the curriculum above as well as the dietetic internship or AP4 program and the national registration examination is required to become a registered dietitian (RD). *Chem 1A & 1B will be accepted through instructor's permission.