Nutrition and Food / Dietetics (NUFD)

Wendy Buchan, Ph.D., Professor

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Office/Hours: MRP 3027 T: 10:20-12:20pm; TH: 10:30-11:30am
Phone: 916-278-6732

Ph.D., Nutrition, UC Davis
B.S., Dietetics and Exercise Physiology, UC Davis
Other: Registered Dietitian, 1992
Areas of specialty: Effects of dietary carbohydrate on weight regulation, leptin secretion, lipoprotein levels, energy expenditures, and disease risk factors

Nadine Braunstein, Ph.D., RD, LDN, CDE
Assistant Professor, DI Director

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Office/Hours: MRP 3013 T: 12-1pm, 4:30-5pm; TH: 11:30-1pm
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B.S., Drexel University (Clinical Dietetics) 1979, M.S., MGH Institute of Health Professions (Clinical Dietetics-Ambulatory Care) 1984 Ph.D., Boston University School of Medicine 2008
Other: Registered Dietitian 1979, Certified Diabetes Educator 1998, Certified Lactation Counselor 1999
Areas of specialty: Diet, food security and dental caries prevalence and severity in children ages 2-11.
Lynn Hanna, Ph.D., Associate Professor
Department Chair

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Office/Hours: MRP 3000 (By appointment only, please call 916-278-6393)
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Ph.D., Developmental Nutrition UC Davis 1999
B.S., Nutrition Science UC Davis 1994
Areas of specialty: Maternal nutrition in embryo development, fetal growth, and lactation. I am interested in the role of nutrition in the promotion and prevention of birth defects and the role of breastfeeding and infant feeding on the development of obesity.

Urvashi Mulasi, Ph.D., Assistant Professor
DPD Director

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Office/Hours: T 1-3pm; W 2:15-2:45pm, 3:55-4:20pm
Telephone: 916-278-4287

B.S., Nutrition (Nutrition and Dietetics Emphasis); M.S., Nutrition (Community Nutrition focus); Ph.D., Nutrition (Clinical Nutrition focus); Psychology Minor, University Minnesota, Twin Cities, MN
Other: Registered Dietitian Nutritionist, 2011
Areas of specialty: My research interests are nutrition assessment involving dietary intake methodology, and anthropometry, and functional status evaluation; clinical implications of malnutrition and malnutrition assessment using the nutrition-focused physical examination. I am also interested in qualitative studies involving focus group methodology and research investigating the impact of acculturation on dietary behaviors and health attitudes.
Mical Shilts, Ph.D., Professor
Program Director

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Website: https://www.csus.edu/faculty/s/shiltsm/
Office/Hours: MRP 3033 T 1-3 p.m.; W 2:15-2:45 p.m., 3:55-4:20 p.m.
Telephone: 916-278-4288

Ph.D. Nutrition with an emphasis in Education, University of California, Davis. M.S. Nutrition, University of California, Davis. B.S. Dietetics & minor in Dance, Sacramento State. Areas of specialty: Development and quantitative and qualitative research of interventions using theories and models of behavior change to positively influence dietary and physical activity attitudes, intentions and behaviors of various target audiences. Research interests concentrate on the development and evaluation of obesity prevention interventions applying “guided” goal setting targeting low-income, ethnically-diverse audiences. Additionally, I collaborate on the design and validation of dietary assessment tools for low-literate audiences.

Kelly R. Thompson, Ph.D.
Assistant Professor

Email: Kelly.thompson@csus.edu
Office/Hours: MRP 3029 T 1-2 p.m., W 12-2 p.m.
Telephone: 916-278-5724

B.A. Family and Consumer Sciences, Nutrition and Food, California State University, Sacramento M.S. Food/Sensory Science, Kansas State University, Manhattan, KS Ph.D. Hospitality Administration, Kansas State University, Manhattan, KS
Areas of specialty: Food Service Management, Beverage Management and Food Sensory Science. I have conducted sensory research in Florence Italy as well as participating in cultural study tours in Thailand and Korea.
Seunghee Wie, Ph.D., Professor

Email: wie@csus.edu
Office/Hours: MRP 3037 W/TH 12-1 p.m.
Telephone: 916-278-7108

Ph.D., Hospitality and Food Service Management, Kansas State University, Manhattan, KS., M.S., Hotel, Restaurant, and Institution Management, Iowa State University, Ames, IA., B.S., Food Science and Human Nutrition, Ewha Womans University, Seoul, Korea.

Areas of Specialty: Food safety and sanitation, environmental issues in foodservice operations (specializing in solid waste management), food recovery, cost control, and financial management in different sectors of foodservice operations and foodservice marketing.