

Curriculum Vita

NAME: Cheryl Osborne

ACADEMIC RANK: Professor

CALIFORNIA DATE OF
R.N. LICENSE: RN244938

APPOINTMENT: August 1984

EXPIRATION DATE: 1/31/14

DATE OF APPOINTMENT TO
PRESENT STATUS: August 1996

TENURE: August 1992

POSITIONS: Professor of Nursing & Gerontology & Director of Gerontology

MAJOR TEACHING AREAS: Gerontology; Educational Strategies; Leadership/Management; Issues & Ethics; Caregiving; Active Aging

Educational Preparation:

- Winter 2006-11 (annual) UCLA Geriatric Leadership and Management Training Course
- Fall 2008 UCLA: 31st Annual Intensive Course in Geriatric Medicine
- Winter 2003 UCLA: 26th Annual Intensive Course in Geriatric Medicine
- Spring 2002 Certified Instructor for R.E.A.L. Fitness.
- Summer 2000 UCLA fellowship: Health Care Profession Education for Managed Care
- Summer 1998 UCLA fellowship: Cultural Diversity and Aging
- Summer 1995 West Coast Center for Palliative Care Education, UCDMC Hospice. Didactic and clinical practice in palliative care.
- Fall 1990 University of San Francisco: Doctor of Education, Curriculum & Instruction. Course work toward a Minor in Organizational Leadership was also completed. GPA 3.8.
Dissertation: "Educational Conflict Situations, Locus of Control and Expressed Anger Manifestations in the Returning RN BSN Completion Student."
- Fall 1983 California State University, Chico: Masters of Science Nursing. Graduated first in class with GPA of 3.9 CSUC theoretical and clinical courses focused on adult health and chronic illness along the wellness-illness continuum. Gerontological concepts were emphasized. Functional emphasis focused on the education and management of the older adult client and the health professional. Clinical practicum experience included: 1.) assisting in the pre-implementation phase of a hospital based hospice program, 2.) clinical supervision of second semester medical-surgical nursing students from CSUC in an acute care hospital, along with lectures on grieving and loss and 3.) expansion of skills in a Staff Development administrative role with a focus on program planning, implementation and evaluation. **Thesis:** "Nurse's Use of Deliberate Touch as a Therapeutic Modality of Nursing Care."
- 2/85 - 3/85 National University, Sacramento, California: graduate course: Organizational Behavior.

Spring 1982 Holy Names College, Oakland, California. B.S.N. granted.
 Fall 1971 -
 Spring 1974 Samuel Merritt Hospital School of Nursing, Oakland, California. R.N. diploma granted.

Professional Experience:

11/09 Gerontology & Geriatric Consultant for Touro University
 9/05 – 08 Instructor in OSHER Adult Education Program through CCE.
 4/05 - 07 Adjunct Professor, Phoenix University. Dissertation Committee member.
 5/02 - 06 Adjunct Professor, Samuel Merritt/Saint Mary's College. Teach Gerontology/Geriatrics in Entry Level MS Program.
 8/00 – 08 Program Coordinator and Professor, CCE/CSUS Post Baccalaureate (Graduate) Certificate Program in Gerontology.
 10/99 – 10/03 Adjunct Professor & Dissertation Committee Member, Union Institute.
 96-present Program developer, coordinator, and presenter for Community Care Licensing (CCL) 40 hour RCFE Elder Training Program for the State of California.
 9/96 - present Director, CSUS Gerontology Program & Longevity Center. Administrator of undergraduate programs (major & minor), advising of all Gerontology students, field supervision (grad & undergrad), program and course curriculum development, Thesis & Project supervision of special Masters in Gerontology students, and development and implementation of Post Baccalaureate (Graduate) Certificate Program in collaboration with Regional Continuing Education. Project Director for Gerontology Center grants and projects.
 9/96 - present Professor, California State University Sacramento: Nursing and Gerontology. Same responsibilities as in Associate Professor position with the addition of 1.) Thesis Chair responsibilities, 2.) additional course development, coordination and teaching, 3.) additional department, school and university committee responsibilities, 4.) continued involvement in clinical supervision of both nursing and gerontology students & 5.) RTP responsibilities.
 1/95 - 6/95 Acting Director, CSUS Gerontology Program & Center.
 8/91 - 8/96 Associate Professor, California State University Sacramento.
 1990 - 1996 Manager, R.N. Review for Nurses - 4 day review sessions for Board preparation.
 8/88 - 8/91 Assistant Professor, California State University Sacramento. Same responsibilities as in Lecturer position plus second reader Thesis supervision, guest lecturer in MSN courses and University business courses and instructor/course coordinator in University advanced study gerontology course.
 7/88 - 10/90 Medical Surveyor, State Department of Corporations. Conducted on-site visits of Health Maintenance Organizations' health service plans.
 8/84 - 8/88 Lecturer and clinical supervisor, California State University, Sacramento: Leadership and Management course for fourth semester students; Coordinator/Instructor, Transitional Concepts in Professional Nursing for returning R. N. B.S.N. students; Coordinator/Instructor, Senior Forum and Senior Practicum courses for fifth semester students; RN Advisor/Coordinator (Spring 1986 - present), Instructor in Foundations of Nursing course (Fall 1986).
 8/84 - 2000 Nurse Educator Consultant: Staff Development: Auburn Faith Hospital, Barton Memorial Hospital, Hemet Hospital, Lodi Memorial Hospital, Roseville Hospital, State of California, Residential Care Licensing Department, Superior California Area Health Education Center, Sutter Coast Hospital.
 2/84 - 6/89 Substitute Instructor, Samuel Merritt Hospital College (medical-surgical & management).
 2/85 - 10/85 Consultant to Roseville Hemodialysis Center for revision of policies and procedures.
 10/79 - 8/84 Nurse Educator, Staff Development Department, Roseville Community Hospital. Areas of Responsibility: 1.) Development, coordination, facilitation and presentation of inservice educational programs for an average of 190 nurses and other allied department personnel, on varying topics of adult & elder adult health and illness. 2.) Development, implementation, coordination and facilitation of clinics orientation program for new

orientees and their preceptors to CCU, TDU, pediatrics, medical and oncology nursing units. 3.) Coordination, facilitation and presentation of a variety of continuing education programs for nurses and other health care providers. 4.) Consultation for nursing administration and allied departments in relation to the areas of leadership, proposal composition, employee concerns, evaluation, quality assurance, career and educational opportunities.

- 6/81 Instructor, University of California, Davis. Continuing Education program - "Nurse Manager in the Organization," a course in the Nursing Administration Certificate Program.
- 9/7 - 6/78 Clinical Teaching Assistant, Samuel Merritt Hospital School of Nursing, Oakland, California. Clinically supervised senior level nursing students during management and physical assessment courses. Participated in theory component of both courses while completing a practicum through the Holy Names College B.S.N program. Areas of teaching focus included biopsychosocial cultural spiritual assessment, change strategies, decision-making, conflict resolution, nursing process, interviewing skills, teaching learning, quality assurance.
- 6/74 - 9/76 Staff Nurse, Team Leader and Relief Charge Nurse on a 33 - bed acute respiratory care unit.

Professional Organizations and Activities:

Memberships:

- Sigma Phi Omega, Gerontology Honor Society (2000 – present)
 President (2000-present)
- Association of Gerontology in Higher Education (AGHE) (1999-present)
- American Society on Aging (ASA) (1998-present)
- National Gerontological Nursing Association (NGNA) (1998 - present))
- Phi Kappa Phi, Interdisciplinary Honor Society (1997 - present)
 Past President (2003-2004)
 President (2002-2003)
 President – Elect (2001-2002)
- Phi Delta Kappa, International Educational Fraternity (1990 - present)
 Elected to California Council of Gerontology & Geriatrics (CSU/UC/CC) (1996-2007)
 Board of Directors (1994 – present)
 Member at large (1986-2004)
 CSU Institutional Representative (2005-present)
 Education Committee (1996-present)
 Conference Committee (2002, 05, 06, 07-09)
- California Geriatric Education Commission Advisory Committee - UCLA/UCD (1994 - 2010)
- Sigma Theta Tau, Zeta Eta Chapter (1985 - present)
 Vice President (1990-1992; 1992-1994; 1994-1996)
 Finance Committee (1986)
 Selection Committee (1986 & 1988)
 Sigma Theta Tau, Kappa Omicron Chapter (1987-1992)
- USF Alumni Association (1990-present)
- CSUC Alumni Association (1983 - present)
- Holy Names Alumni Association (1982 - present)
- Samuel Merritt Hospital/College Alumni Association (1974 - present)

Meetings Attended:

- 2012 Compass II Grantees Conference
- 2011 UCLA/SCAN 9th Geriatric Medicine Leadership Training Program
- 2011 B3 Un-Conference: Breaking the Silos, Bridging the Gap, Building the Future
- 2010 UCLA/SCAN 8th Geriatric Medicine Leadership Training Program
- 2010 AGHE 36th Annual Meeting and Educational Leadership Conference (Presenter & participant)

- 2009 Evidence-Based Health Promotion for Older Adults: Competencies, Content & Curricula
- 2009 Epigenetics: It is not all in Your Genes
- 2009 UCLA/SCAN 6th Geriatric Medicine Leadership Training Program
- 2008 25th Annual UCLA Intensive Course in Geriatric Medicine & Board Review
- 2008 Understanding Memory Loss: You Can Do It!
- 2008 UCLA/SCAN 5th Geriatric Medicine Leadership Training Program
- 2008 6th Annual Hawaii International Conference on Education
- 2007 Presenter: Busting Myths and Transforming the Second Half of Life". (*AAUW Women's Conference*)
- 2007 Presenter: "Elders in Training: Rethinking Beliefs About Your Second Half of Life" (*Sacramento Community System of Protection for Seniors and Dependent Adults/Department of Health and Human Services*).
- 2007 AACN/GNEC Niche Project Nursing Faculty Curriculum Development Institute
- 2007 UCLA 4th Geriatric Medicine Leadership Training
- 2006 CSU Impact Statewide Meeting – Gerontology Representative
- 2006 UCLA 3rd Geriatric Medicine Leadership Training
- 2006 ASA/NCOA International Annual Conference
- 2005 Sexual Harassment Prevention for Supervisors
- 2005 California Geriatric Education Center (CGEC) 2nd Leadership Academy Key Stakeholder's Meeting
- 2005 Aging Body/Aging Body
- 2005 Chocolate: Food, Drug or Preventative Medicine
- 2005 Rethinking Curriculum (Nursing)
- 2005 Understanding Memory Loss: Current Perspectives (Alzheimer's Association)
- 2005 AGHE 31st Annual Meeting and Educational Leadership Conference.
- 2004 Senate Subcommittee on Aging and Long Term Care Hearing: Developing a Diverse Labor Force to Care for Older Californians: Challenges and Opportunities
- 2004 California Geriatric Education Center (CGEC) Leadership Academy Key Stakeholder's Meeting
- 2004 Weaving Together our Freshman Experiences: A Sharing of Best Practices
- 2004 Women's Health Initiative Conference.
- 2004 ASA/NCOA International Annual Conference.
- 2004 Understanding Memory Loss: Strategies for Success (Alzheimer's Association).
- 2003 Teaching Using Technology Summer Institute
- 2003 California State University Gerontology Summit II
- 2003 Women's Health Initiative Conference.
- 2003 How to Relieve the "Taxation" of Caregiving
- 2003 Regional Meeting for California Council on Gerontology and Geriatrics – Leadership Academy.
- 2003 Alzheimer's Association Educational Conference.
- 2003 AGHE Means Business: Educational Opportunities and the World of Work.
- 2003 AGHE 29th Annual Meeting and Educational Leadership Conference.
- 2003 Education for Professions in Aging: issues and recommendations. Hearing before the California State Legislature; Senate Subcommittee on Aging and LTC.
- 2002 Women's Health Initiative Conference.
- 2002 ASA/NCOA International Annual Conference.
- 2002 California State University Gerontology Summit
- 2002 Teaching and Learning about Aging through Interdisciplinary, Intergenerational, and International Programs. AGHE 2002 Annual Meeting.
- 2002 Annual Meeting for California Council on Gerontology and Geriatrics.
- 2001 Pain (Context)
- 2001 Actions for Active Learning: Redesigning Health Professional Education for a Managed Care Environment (UCD)
- 2001 Lessons Learned Working with Public Radio (Sound Partners Conference)
- 2001 ASA/NCOA International Annual Conference

- 2001 Capitalizing on Professional and Cultural Diversity to Benefit Older Adults: AGHE 2001 Annual Conference & Meeting
- 2000 Redesigning Managed Care for a Health Care Environment
- 2000 Aging, Education, and Legislation in California
- 2000 American Society on Aging 46th Annual Conference
- 2000 Sound Partners for Community Health National Grantee Conference
- 2000 Crisis in the Making: Nursing Gerontological Education, Joint Hearing with the Senate Aging and Long Term Care & Senate Education Committee
- 1998 - present Regional Meeting for California Council on Gerontology and Geriatrics.
- 1998 – 2010 Annual Meeting for California Geriatric Education Center (UCLA).

Professional (Invited) Presentations:

- 2010 & 11 Guest speaker in CSUS Design course: *Considering Older Adult Needs in Design*.
- 2010 AGHE 36th Annual Meeting and Educational Leadership Pre Conference Institute Invited Presenter: *Learning Goes Both Ways: Creating Intergenerational Experiences that Connect, Explore & Amplify Life Span Understanding*.
- 2009 & 10 Facilitator: Evidenced-Based Health Promotion for Older Adults: Competencies, Content & Curricula
- 2008-present Presenter: *UCLA/SCAN Geriatric Medicine Leadership Training Program* (peer-reviewed). Includes mentorship of three of the fellows in the program.
- 2008 Presenter: A Journey in Growing Up and Older: Strategies for Engaging Freshman Students in Learning about University Life and Longevity and
Presenter: Making the Most of Internships and Service Learning Courses – Intentional Mentoring. (6th Annual Hawaii International Conference on Education; peer-reviewed)
- 2007 Presenter: Busting Myths and Transforming the Second Half of Life". (*AAUW Women's Conference*)
- 2007 Presenter: "Elders in Training: Rethinking Beliefs About Your Second Half of Life" (*Sacramento Community System of Protection for Seniors and Dependent Adults/Department of Health and Human Services*).
- 2007 Presenter: *UCLA/SCAN 4th Geriatric Medicine Leadership Training Program* (peer-reviewed). Includes mentorship of one of the fellows in the program.
- 2007 Presenter: Making the Most of Internships: Intentional Mentoring (*AGHE 33rd Annual Meeting and Educational Leadership Conference*; peer reviewed)
- 2007 Presenter: Transformative Experiences in Gerontology Effective Community Service-Learning Strategies (*AGHE 33rd Annual Meeting and Educational Leadership Conference*; peer reviewed)
- 2007 Presenter: Sacramento Centenarian Project: Student and Elders Connect & Invest in Each Other (*5th Annual Hawaii International Conference on Education*; peer-reviewed)
- 2006 Presenter: Aging, Memory Loss & Dementia (*California Association of Public Authority*)
- 2006 Presenter: Blueprint for a Transformative & Creative Second Half of Life (*Eskaton*)
- 2006 Presenter: *UCLA/SCAN 3rd Geriatric Medicine Leadership Training Program*. Includes mentorship of one of the fellows in the program.
- 2006 Presenter: Sacramento Centenarian Project: Student and Elders Connect & Invest in Each Other (*ASA Annual Meeting and Educational Leadership Conference*; peer reviewed)
- 2005-08 Guest Speaker across campus: psychology graduate class; N111A; N111B; N143
- 2005 Presenter: California Geriatric Education Centers' Leadership Academy Faculty Development Model (at Careers in Aging – *AGHE 31st Annual Meeting and Educational Leadership Conference*) (peer-reviewed)
- 2005 Presenter: Sacramento Centenarian Project: Student and Elders Connect (at Careers in Aging – *AGHE 31st Annual Meeting and Educational Leadership Conference* (peer-reviewed)
- 2005 Moderator: Alzheimer's Association Annual Educational Conference
- 2004 Presenter: Leadership Academy: Focus on Pharmacy (CGEC)
- 2004 Presenter: Teaching Using Technology Showcase

- 2004 Presenter: Understanding Memory Loss: Strategies for Success (Alzheimer's Association).
- 2004 Presenter: Pre Nursing Symposium at ARC: Professional Musings about Nursing
- 2004 Presenter: Resiliency & Successful Aging (UCD Mini Medical School Series)
- 2004 Presenter: Preparing Compassionate Caregivers: Community Dwelling Elder Project (Messiah College)
- 2004 Presenter: Community Dwelling Elder Partnerships: Connect Real Life and Theory for Students (ASA)
- 2003 Presenter: Life Changes and Caregiving (Alzheimer's Association).
- 2003 Presenter: From Black & White to Color: Emerging from a Cocoon and Understanding the Process and Feelings of Grieving (WHI)
- 2003 Presenter: Legislative Mandates: Implementation Strategies for Empowering Gerontology Programs. (Cal State University Summit)
- 2003 Presenter: Life Changes and Caregiving: Tapping into Your Resiliency.
- 2003 Presenter: Community Dwelling Elder Partnerships. AGHE 29th Annual Meeting and Educational Leadership Conference.
- 2002 Presenter: Caregiving: The Sacramento Experience/PBS Professional Panel
- 2002 Presenter: Life Changes and Aging (WHI)
- 2002 Presenter: Using Internships as Academic Learning Events (CCGG – CSU Gerontology Summit).
- 2002 Presenter: Exploring and Teaching About Aging Experiences Using Experiential Strategies (ASA/NCOA Annual Conference)
- 2002 Presenter: Community Service Learning Partnerships Connect Theory and Practice (AGHE) Annual Conference.
- 2001 Presenter: Grab Their Attention! - Actions for Active Learning: Redesigning Health Professional Education for a Managed Care Environment (UCD)
- 2001 Presenter: Embracing Your Own Longevity Through Experiential Circumstances (ASA/NCOA Annual Conference)
- 2001 Presenter: ASA/NCOA International Annual Conference: How Can I Get their Attention? Working with Public Radio.
- 2000 Presenter: Insights into Caregiving (UCD, Women's Health Conference & Wellness Fair)
- 2000 Presenter: Successful Aging (California Retired Teachers Association)
- 2000 Presenter: American Society on Aging 46th Annual Conference: Facing Change & Finding Meaning - Using Experiential Learning Strategies in Exploring Aging Caregiving
- 2000 Presenter: A Time to De-Stress (UCD, Coming of Age Lecture Series)
- 2000 Presenter: Crisis in the Making: Nursing Gerontological Education, Joint Hearing with the Senate Aging and Long Term Care & Senate Education Committees.

Research and Writings:

- 2011 Osborne, C. (2011). Book Review published in *Activities, Adaptation, and Aging*, 35(3).
- 2011 Osborne, C. (2011). Book Review: Elder Crimes, Elder Justice review for Jones & Bartlett.
- 2010 Osborne, C. (2011). Book Review published in *Activities, Adaptation, and Aging*, 34(4).
- 2009 Osborne, C. (2009). Book Review published in *Activities, Adaptation & Aging* 33(4),
- 2009 Contributor: *The dual challenge: Preserving services for the oldest old today; planning for the elderly baby boomers of tomorrow.* (2009). Area 4 Agency on Aging, Contributor to final publication of this 7- County Report.
- 2008 Osborne, C. (2008). Book Review published in *Activities, Adaptation & Aging* 31(2), 2008.
- 2007 - 10 National Advisory Board Member & contributor to US Department of Education FIPSIE Grant with UCLA (A Systems Response to Improving Education on Aging in California SAGE).
- 2007 Osborne, C. (2006). Book Review published in *Activities, Adaptation & Aging* 31(2), 2006.
- 2006 Contributor to: Lagerquist, S.L. (2006). NCLEX-RN success. Philadelphia: F.A. Davis Co.

- 2005 Osborne, C. (2005). *Sacramento Centenarian Project: Student and Elders Connect*. Published in (peer-reviewed) AGHE 31st Annual Conference proceedings.
- 2005 Research Collaborator with other faculty on *The Freshman experience: The first three weeks*
- 2004 Osborne, C., Xakallis, G. & Rickner, S. (2004). Learning about Falls through Web-based Learning (Nursing students and UCD Medical students) Submitted for publication.
- 2004 Osborne, C (2004). *Community Dwelling Elder Partnerships: Connect Real Life and Theory for Students*. Published in (peer-reviewed) ASA/NCOA 50th Annual Proceedings.
- 2003 Osborne, C (2003). *Community Dwelling Elder Partnerships*. Published in (peer-reviewed) AGHE 29th Annual Meeting and Educational Leadership Conference Proceedings.
- 2002 Osborne, C (2002). *Guidebook for developing an effective internship program*. CCGG & CSU Chancellor's Office.
- 2002 Osborne, C. (2002). *Exploring and Teaching About the Aging Experience Using Experiential Strategies*. Published in (peer-reviewed) ASA/NCOA 48th Annual Conference proceedings.
- 2002 Osborne, C. (2002). *Community Service Learning Partnerships Connect Theory and Practice*. Published in (peer-reviewed) AGHE 28th Annual Conference proceedings
- 2002 *How Can I Get their Attention? Working with Public Radio*. Published in 48th ASA/NCOA Annual Conference proceedings...
- 2001 Osborne, C. (2001). *Embracing Your Own Longevity Through Experiential Circumstances*. Published in 47th (peer-reviewed) ASA/NCOA Annual Conference proceedings.
- 2001 Osborne, C. & Peifer, S. (2001). Survey of California State University Gerontology Program Offerings. Published in hearing proceedings for Senate Subcommittee on Aging and Long term Care.
- 1999-2000 Osborne, C. (2000). Program and Course development (4 courses) for graduate Certificate in Gerontology.

Honors and Recognition

- 2011 Faculty Mentor for UCSF graduate student.
- 2010 Appointed to the Executive Task Force of the Sacramento County Senior and Dependent Adult System of Protection
- 2010 Appointed judge for California Assisted Living Association (CALA) *Gems of Wisdom Poetry Contest*.
- 2007 - present AACN/GNEC Coordinator for CSUS Gerontology Nursing Curriculum Development
- 2005 - present Elected to California Gerontology and Geriatrics(CCGG) (State) Board – CSU Institutional Representative – quarterly meetings.
- 2005 – present Appointed to the Geriatric Medicine Leadership Training (GMLT) Faculty member and Planning committee
- 2005 - 07 Appointed to the HHS Peer Mentor Program, mentoring two new faculty members.
- 2004 - present Assigned/completed tasks with multiple mentees in the Statewide Faculty (Gerontology) Leadership Academy Fellow Program
- 2003 Chosen to participate in CSUS teaching Using Technology Summer Institute
- 2003 Judge for Sacramento Capitol Chapter, Older Women's League's Wonderful Older Woman's Award.
- 2002 Recognized as expert on Caregiving and featured as a panelist for PBS special focus groups in Sacramento
- 2002 Recognized for leadership role in Phi Kappa Phi
- 2001 - present Faculty Leadership Academy Fellow (CGEC - UCLA)
- 2001 Community Service Award from Eskaton Corporation
- 2000 Service Learning Grant for Gero 195A/B Course.
- 2000 - 2001 Grant co-recipient with Capital Public Radio for Aging and Chronic Health Care (from Sound Partners in Community Health - RWJ/Benton Foundation funding).
- 2000 1999-2000 Faculty Merit Award, CSUS

- 2000 - present Appointed to California Department of Health Services Steering Committee for Best Practices Program Awards (annual state awards reviewer).
- 1999 - present AGRP Review Panel – Yearly Review Team Facilitator for UC Davis review
- 1999 1998-1998 Faculty Merit Award, CSUS
- 1999 1997-1998 Faculty Merit Award, CSUS
- 1996 – 2004 Elected to California Gerontology and Geriatrics (State) Board – member at large – quarterly meetings.

Community Activities:

- 2012 Appointed to Proposal Advisory Team for CDSS/IHSS grant.
- 2010 (Invited to) serve as an Executive Task Force member of the Sacramento County Senior and Dependent Adult System of Protection.
- 2010 Judge for the CALA/AgeSong Senior Communities/Barnes & Noble *Gems of Wisdom Poetry Contest*.
- 2010 Presenter: Thriving in the Second Half of Life (Renaissance Society).
- 2009 Facilitator/presenter: Addressing Caregiving Issues for the Women’s Ministry (St. Mary’s, Sacramento)
- 2008 Presenter: Addressing Transitions in the Second Half of Life” (Society for the Blind)
- 2008 Major contributor/quoted in “Talking About My Generation: Baby Boomers Defined,” *Sacramento Magazine*, March 2008, 142-149.
- 2007 Quoted in story on “Proof You’re Never too Old to Volunteer”, *Sacramento Bee*, November 13, 2007.
- 2007 Quoted in story on “Seniors Spar with Lively Discussions”, *Sacramento Bee*, April 15, 2007.
- 2006 Quoted in *Sacramento Magazine* story on “Retirement”.
- 2005 Facilitator/Moderator of 3rd CSUS Gerontology Program Longevity Faire
- 2005-present University of California Davis Center for Aging Community Advisory Board Member (new board)
- 2004 Quoted in *Sacramento Magazine* story on the “The Longevity Revolution”.
- 2003 Interviewed and Quoted in “Getting Wiser about Getting Older”, *Sacramento Bee*, Sept 28, 2003
- 2003 Coordinator/Moderator of 2nd CSUS Gerontology Program Longevity Faire
- 2003 Judge for Sacramento’s Wonderful Older Woman Award: Older Woman’s League
- 2002 Presenter: Tips for Healthy Aging (Hewlett Packard)
- 2002 Assessing Elders - Workshop for Elders in Training (Fremont Presbyterian Church).
- 2001 Primary quoted source in “New Look of Retirement” *Sacramento Magazine & Forever Active Supplement*. August 2001.
- 2001 Acknowledged for research, interviewed and quoted in “Help for Caregivers”. Capital University Journal. Spring 2001.
- 2001 Presenter: Growing Older and Enjoying Life More – The Positive Aspects of Gerontology (Renaissance Society).
- 2000 - 2006 California Department of Health Services Steering Committee member for Best Practices Program Awards.
- 2000 - 2005 Oversight Committee member for planning and implementation of Healthy Aging. Meets monthly to coordinate implementation of event for region - 2000 people attend.
- 2000 Interviewed and quoted in “New Gerontology Program Looks Beyond Rest Homes”. Sacramento Business Journal, November 17, 2000.
- 2000 Interviewed and quoted in “Study of Aging Brings Older Students Back to Class”. *State Hornet*, October 13, 2000.
- 2000 Reviewer for the Innovative Pilot Project Grant (UCDMC). Was second reader on two (nursing) proposals, reviewed and ranked two others plus attended meeting.
- 2000 Participated at the California State Fair (Gero/CSUS educational booth).
- 2000 Interviewed and quoted in “ CSUS Starting Gerontology Certificate Program”, *Sacramento Bee*, August, 2000.
- 2000 Interviewed and quoted in “ CSUS Offers Gerontology Program”, *Sacramento Bee*, August, 2000.

- 2000 Interviewed and quoted in "CSUS Combats Myths with Expanded Gerontology Program", *Spectrum*, August, 2000.
- 1999 Interviewed and quoted in *Sacramento Bee*, "Study of Aging Brings Older Students Back to Class." October 1999.
- 1999 - present Academic Geriatric Resource Center (AGRC) Annual Statewide UC External Peer Review Panel Coordinator and Member; AGRP is "parent" organization.
- 1999 Expert Testimony on SB 335 - California's Safe Drivers' Bill
- 1998 – present Eskaton Board of Director's member
- 1997 - present Advisory Board Member for Eskaton Carmichael Adult Day Health Center.
Chair, 2001-2005
Vice Chair, 1998-1999
Secretary, 1999-2000
Vice Chair, 2000-2001
- 1996 - 2005 University of California Davis Center for Aging Community Advisory Board Member
- 1995 - present American River College Gerontology Advisory Board Member
- 1995 – present Career/education speaker, each semester, American River College

Division, School and University Committees:

Division of Nursing:

- 2009 PPI Committee member
- 99 - 10 Graduate Committee
- 94 - 10 Ad Hoc: Student Research Committee
- 95 - 10 Chair
- 92 - 10 Faculty Affairs
- 08 Chair
- 07 Ad Hoc: New Faculty Orientation Committee
- 06 - 10 RTP Primary Committee
- 00 – 06, 08-10 RTP, Temporary Faculty Evaluation Committee.
- 99 - 10 RTP, Post Tenure Review Committee
- 90 - 03 Challenge-Articulation Committee.
- 89 - present Nursing Division Assembly.
- 05-06 Department Chair Hiring Committee
- 04 – 05 Leadership Hiring Committee
- 01 - 02 Leadership Hiring Committee
- 00 - 01 Leadership Hiring Committee
- 99 - 00 Med/Surg/Gero Hiring Committee
- 85 - 99 Advisor for returning RN nursing students.

Gerontology Program

- 02 - present Chair, Gero Program Review
- 96 - present Chair, Hiring Committee
- 96 - present Chair, Part time Evaluation Committee
- 87 - present Chair, Curriculum Committee
- 96 - present Chair, Faculty Council
- 03 – 08 Member OSHER Advisory Council
- 01, 03, 05 Gerontology/Longevity Center Longevity Faire
- 00 - 05 Advising Center's Welcome Week Advising Sessions

College of Health and Human Services:

- 05-06 Secondary RTP for HHS
- 04-07 Primary RTP for Physical Therapy Program
- 2000 Academic Council
- 96 - present Morgan House/LIFE Center Advisory Committee
- 96 - present Physical Therapy Curriculum Committee

89 - 98, 00 Academic Council.

College of Social Science and Interdisciplinary Studies

2011-14 Elected to Secondary Committee C
 2010 - present Faculty and Staff Committee
 2010 Staff Hiring Committee
 2009 PPI Committee member for Environmental Studies
 06 – 09 Secondary (2 committees) for SSIS
 03 - 05 Primary RTP for Women's Studies
 96 - present SSIS Department Chair Council

University Service:

2011 Speaker at Renaissance Society Forum
 2010 Speaker at Renaissance Society Forum
 2010-2011 Faculty Mentor in Campus Dorms
 2005 - 07 Member of the Reentry Scholarship Committee
 01, 05 Pedagogy Enhancement Grant Subcommittee
 2004 – 06 Speaker for Phoenix Club
 03-04 Reentry Scholarship Committee
 03 – present Career Center Internship Advisory Board member
 97 – present EOP Major Fair participant
 2001 - 02 Program Review Team - Environmental Studies
 2001 Participant/representative in Charles Reed's campus visit
 2000 Program Review Team - Women's Studies
 2000 – present Gero Internship Coordinator Resource for Career Center
 97 - 99; 00-02 University Honorary Doctorate Selection Committee
 96 - present Gerontology advising during University advising days and department orientations.
 96 - present Northern California Center for Inter-institutional Collaboration
 96 - present Institute for Community Collaborative Studies
 86 - present University Gerontology Committee.
 87 - present Chair, Gerontology Curriculum Committee.
 86 - present Scholarly/Creative Grant Committee Proposal Reviewer.

University Student Activities:

97 - present Advisor, Gerontology Alumni Association
 96 - present Advisor, Gerontology Student Association
 89 - present Participant, Sacramento City College Career Day; UCDCM Career Day, Solano College Career Day; Napa Valley College Career Day; Yuba College and SCC Nursing RN Recruitment Speaker (twice/year)