|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **WEEK** | **Date** | **Topic** | **Reading/Video Assignments** | **Written Assignments Due** |
| **1** | 08/31 | Course Introduction |  |  |
| **2** | 09/07 | 1. Lecture - Dying in America: historical and current examination of death in America2. Lecture - Loss and Grief: an overview | Living Well, Dying Well: Ch 1 & 2Being Mortal: Introduction & CH 1 | **Discuss, Write & Share (DWS) #1** |
| **3** | 09/14 | 1. PBS documentary: Passing On2. TBD | Living Well, Dying Well: Ch 3 & 4Being Mortal: Ch 2 | **Discuss, Write & Share (DWS) #2** |
| **4** | 09/21 | 1. Guest Speaker, Liz Romero, Yolo Hospice: Hospice 101 & Five Wishes2. TBD | Living Well, Dying Well: Ch 5 Being Mortal: Ch 3 | **Discuss, Write & Share (DWS) #3** |
| **5** | 09/28 | 1. a. Lecture – Grief of Older Adults b. Interview: Joan Didion2. Lecture - Grief of Parents & Grief of Children/Youth - pt 1 | Living Well, Dying Well: Ch 6 Being Mortal Ch 4 | **Discuss, Write & Share (DWS) #4** |
| **6** | 10/05 | 1. Guest speaker Liz Romero, Yolo Hospice: Five Wishes Follow-Up2. Grief of Children – pt 2 | Living Well, Dying Well: Ch 12 | **Discuss, Write & Share (DWS) #5** |
| **7** | 10/12 | 1. Socio-cultural influences on death and dying practices - lecture, podcast, & class discussion: <https://www.thisamericanlife.org/585/in-defense-of-ignorance/act-one-6>2. Dharma Box Discussion | Living Well, Dying Well: Ch 11Being Mortal: Ch 5  |  **Five Wishes**  |
| **8** | 10/19 | 1. Lecture: Traumatic Death2. TBD | Living Well, Dying Well: Ch 6 | **Discuss, Write & Share (DWS) #6** |
| **9** | 10/26 | 1. Lecture - Medical Aid in Dying (MAID)2. Discussion: Alternate Endings documentary<https://www.youtube.com/watch?v=kE5IcakgXlY> | Living Well, Dying Well: Ch 7 & Ch 10Being Mortal: Ch 7 | **Discuss, Write & Share (DWS) #7** |
| **10** | 11/02 | 1. Lecture - The practical stuff: What am I supposed to do after someone dies?2. Lecture - The practical stuff: What do I say? How can I Help? | Living Well, Dying Well: Ch 9  | **Dharma Box****Discuss, Write & Share (DWS) #8** |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  **11** | 11/09 | 1.Guest Speaker: Yolo Hospice staff will provide instructions for online Hospice Training2. Google Talks: Atul Gawande | Living Well, Dying Well: CH 13Being Mortal: Ch 8 & Epilogue | **Discuss, Write & Share (DWS) # 9** |
| **12** | 11/16 | 1. Lecture - Caring for the caregiver2. Discussion: Healthy Living Self Care and Lifestyle Balance Inventory | Living Well, Dying Well: Ch 8 Healthy Living and Lifestyle Inventory | **Discuss, Write & Share (DWS) #10** |
| **13** | 11/23 | 1.Lecture: Exquisite Witness2. TBD | Living Well, Dying Well: Ch 14  | **Cultural Practices****Discuss, Write & Share (DWS) #11** |
| **14** | 11/30 | Guest speaker: Heidi BoucherAt Home Funerals | Living Well, Dying Well: Ch 15 & 16  | **Discuss, Write & Share (DWS) #12** |
| **15** | 12/07 | Hospice Training |  |  |
| **16** | 12/14 | Hospice Training |  |  |
| 17 | 12/21 | FINALS WEEK |  | **Proof of Hospice Training:****1.Review Sheet****2.Certificates** |
|  |  | Weekly schedule subject to change without notice |  |  |