**T H E R E S L. A B A H**

Gerontology Department, College of Social Sciences & Interdisciplinary Studies,

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**EDUCATION**

**University of North Texas, College of Health and Public Service**

**Ph. D**. Health Services Research, with concentration in Gerontology August 2020

**Benue State University, Makurdi, College of Social Sciences**

**MS** in Health Management September 2015

**University of Agriculture Makurdi**, **College of Engineering**

**BS** in Agricultural Engineering March 1997

**AREAS OF INTERESTS**

**RESEARCH INTERESTS**

* Aging Policy and Development: Community Empowerment & Access to Health Care
* Older Adults Rights: Health Systems Reform & Shaping Public Debate on Aging
* Global Aging Environment: Disease Prevention, Health Promotion & Education

**TEACHING INTERESTS**

* Sociology of Aging, Minority Aging, Social Policy & Aging
* Health Care Delivery Systems: Applied Care Management, Elder Care Continuum, Services & Strategies
* Community Development: Models of Successful Aging, Gerontology Practicum

**PUBLICATIONS//BOOKS**

* Irany, F. A., Akwafuo, S. E., **Abah, T**., & Mikler, A. R. (2020). Estimating the Transmission Risk of COVID-19 in Nigeria: A Mathematical Modelling Approach. *Journal of Health Care and Research*, *1*(3), 135.
* Akwafuo, S. E., **Abah, T**., & Oppong, J. R. (2020). Evaluation of the Burden and Intervention Strat-effigies of TB-HIV Co-Infection in West Africa. *J Infect Dis Epidemiol*, *6*, 143.
* From Silos to Systems: Assessing the Conditions for Successful Integration of Faith-based Health Service Organizations

Editor: Stan Ilo

This study examines the possibility of strengthening the operational efficiency and capacity of 4 faith-based health care organizations, by adopting a complex adaptive system framework that would reliably deliver on the promise of improved access to care for individual patients and specific populations in Nigeria. *Pan African Catholic Theological and Pastoral Network* (In print)

* Sustainable Community Health: Systems and Practices in Diverse Settings

Editor: Mpofu, Elias

Chapter: Community Oriented Health Care Policies

The chapter examines the sustainable community health approaches to addressing health disparities, inequity and social justice across populations and settings.

*SPi Global and Publishing* (In print)

* Sustainable Community Health: Systems and Practices in Diverse Settings;

Editor: Mpofu, Elias

Chapter: Obesity and metabolic conditions

The chapter explores approaches to reducing the risk of metabolic conditions that increase the rate of chronic diseases to improve population health. Including the identification of effective intervention programs targeted at the community levels.

*SPi Global and Publishing* (In print)

**PAPERS IN PROGRESS**

* **Abah, T.,** Prybutok, Gayle.Understanding Older Adults Motivation for Engaging in a Community-based Fitness Program: Implications for Policy. Submitted to - *Activities, Adaptation & Aging* Journal. Submission ID: 200423400
* Participation in cancer clinical trials: Socioeconomic and Demographic Factors: A Review of Literature;

The literature suggests that adequate representation by gender, ethnicity and SES in enrolling patients whose age are within the age group to benefit from clinical trial drugs, at the sites where these trials are located, play significant roles in determining the participation of underrepresented population groups.

Submitted to: *Cancer Journal.* Manuscript number: CNCR-20-2806

* A Systematic Literature Review of Geriatric Care Integration in Primary Health Care Settings;

This study examines evidence-based primary care reform models & approaches that align with maintaining seniors’ functional ability, through a systematic review of literature. Targeted Journal: *International Journal of Integrated Care.*

* Assessing Nigeria Health Policy on Governance and Organization of Primary Care for Geriatric Health Service Integration;

This study evaluates the performance of 12 Nigerian primary care delivery organizations, to identify the attributes of service delivery that successfully or unsuccessfully integrate geriatric care into the country’s health care reform with the aim of optimizing older people’s health experience. Targeted journal: *Health Policy and Planning.*

* Gerogological Impact, Structure and Engagement Outcome Study on UNT OLLI Membership;

This study examines the structure, design, and the important learning experiences of older adults attending the OSHER Life Long Learning Institute (OLLI) at the University of North Texas. The study focuses on evaluating the organization of the OLLI course modules, the venues of the program, the pedagogical format of course delivery and its impact on the health and wellbeing of the members with a view of enhancing their learning experience. Targeted journal: *Journal of Applied Gerontology*

**CONFERENCE PRESENTATIONS**

**Abah**, Theresa. “Health Policy Reforms in Community and Primary Care Settings: A Systematic Review of Interventions on Integrated Care for Older Adults”, Proceedings Abstract & Presentation at the Decision Sciences Institute Southwest Region 51st Annual Conference, New Orleans, Nov 21 - 23, 2020.

**Abah**, Theresa. “Health Policy Reforms Implementation in Primary Health Care: A Systematic Review of Older Adult Care Integration”, Proceedings Abstract & Presentation at the Southern Gerontological Society 41st Annual Conference, Norfolk, Virginia, April 14 - 18, 2020.

**Abah, Theresa, Prybutok, G. “Healthy** Aging in U.S. Long-Term Care Institutions: Physical Activity Program Evaluation”, Proceedings Abstract & Presentation at the Decision Sciences Institute Southwest Region 49th Annual Conference, Houston, Mar. 13 – 16, 2019.

**Abah**, Theresa, Prybutok, G, Sen, W. “Health Policy Reforms Implementation in Primary Health Care: A Systematic Review of Older Adult Care Integration”, Proceedings Abstract & Presentation at the Decision Sciences Institute Southwest Region 50th Annual Conference, New Orleans, Nov 23 - 25, 2019.

**Abah**, Theresa, Prybutok, G. “Appraising Motivation and Health Benefits of an Innovative Physical Activity Program for Older Adults: A Case Study at the Seniors in Motion Fitness Center in Denton, Texas”, Proceedings Abstract & Presentation at the Decision Sciences Institute Southwest Region 45th Annual Conference, Albuquerque, Mar. 7-10, 2018.

**Abah**, Theresa, Oppong, J. “Spatial Pattern of Tuberculosis in Nigeria: A Review of Access to Service”, Proceedings Abstract & Presentation at the American Association of Geographers Annual Meeting, New Orleans, USA, April 10-14, 2018.

**Abah**, Theresa. “Health Disparity among Minority Groups: The Case of Gene Mutation from Environmental Media”, Proceedings Abstract & Presentation at the Race, Ethnicity, and Place 9th Conference, Austin, Texas, October 23-25, 2018.

Moore, A, **Abah, T.** “Participation in Cancer Clinical Trials: Socio-economic and Demographic Factors”, Proceedings Abstract & Presentation at the American Public Health Association, San-Diego, Nov. 10-14, 2018

**RELEVANT WORK EXPERIENCE**

# Aug 2020 Assistant Professor Gerontology, Department of Gerontology

# Present California State University, Sacramento, USA

#  Duties: Serve as Instructor of Record for GERO 101- Elder Care Continuum, Strategies & Services and GERO 103 – Applied Care Management in Gerontological Practices and GERO 130 – Academic Internship; These undergraduate courses are offered in face-to-face, online and hybrid formats. Class capacity is between 35 – 45 students

# Jan 2017 Teaching Fellow, Rehabilitation and Health Services Department

# May 2020 University of North Texas, Denton, USA.

#  Duties: Served as Instructor of Record for, AGER 4750 - Sexuality and Aging and AGER 4550 – Sociology of Aging; both are online courses in the Applied Gerontology concentration, with about 35 undergraduate students in each class. Developed weekly course materials, grading, attending meetings, exams and other administrative duties assigned to me. Applied my experience in course design, to co-design a graduate course in Health Delivery Systems

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# Mar 2013 - Assistant Chief Community Health Officer, Advocacy and

# Nov 2016 Communications Department

#  National Primary health Care Development Agency, Nigeria

# . Duties: Participated in the development of departmental work-plan and the implementation of health programs, such as childhood immunizations, maternal health care and community health care intervention programs. Participated in grant proposal writing to support Yellow Fever and Meningitis immunization procurement of $101,321,236 supported by Global Alliance for Vaccines and Immunization (GAVI), targeting approximately 82 million people aged 1 – 29 years in 25 high risk states. The grant was approved June, 2014.

**Jul 2007 – Principal Health Promotion Officer**

**Mar 2013** National Primary Health Care Development Agency, Nigeria

.Duties: Participated in grant proposal writing to support Measles immunization procurement of $60, 598,840 supported by Global Alliance for Vaccines and Immunization (GAVI) targeting approximately 55 million children 9 – 59 months nationwide. Participated in work plan development, monitoring of supplemental & routine immunization campaign exercise. Also served as the desk officer, Water, Sanitation and Hygiene project, liaising between government and donor agencies to plan for nationwide baseline survey, including the assessment of facilities without public convenience across the six geographic regions.

**Oct 2006 – Scientific Officer, Advocacy and Social Mobilization**

**Mar 2003** National Primary Health Care Development Agency, Nigeria

.Duties: Participated in daily operations of the National Social Mobilization and Advocacy working group to provide quick response to disease outbreaks, production of advocacy and information, education and communication (IEC) materials to primary health care facilities nationwide.

**Dec 2000 – Vaccine Security and Logistics Officer**

**Mar 2003** National Primary Health Care Development Agency, Nigeria

 Duties: Forecasting of national vaccine need, distribution, logistics management and training of cold chain officers at the subnational level. I also participated in cold chain (vaccine management) assessments quarterly. Supervised state cold chain officers in the vaccine distribution. Participated in applying for grant to conduct Baseline assessment of primary care facilities nationwide, infrastructure development, capacity building, data harmonization and management of health commodities for $44,703,365, supported by GAVI.

**July 1998 –** **Private Tutor**

**Nov 2000** Bonlink Sciences, Abuja Nigeria

 Duties: Provided private Physics and Mathematics lessons to clients of Bonlink Sciences distributors of science laboratory equipment to schools in 3 geographic regions. Prepared lesson notes, assessment and prepping for external examinations to university.

**May 1997 –** **Teaching Assistant, National Youth Service Corp Program,**

**June 1998** St. Timothy College, Lagos Nigeria

 Duties: Prepared lesson notes, assessment and taught High school students two courses; Physics and Mathematics, and served as one of the Science Teacher Mentors throughout my 1-year national service assignment.

**TEACHING ASSIGNMENT**//**2020/2021 ACADEMIC YEAR**

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| California State University, Sacramento |
| Semester | Course | # of students | Description | Location |
| 2021 Spring | GERO 101 | 35 | Elder Care Continuum, Strategies and Services | Sacramento Main Campus |
| 2021 Spring | GERO 103 | 35 | Applied Care Management in Gerontological Practice | Sacramento Main Campus |
| 2021 Spring | GERO 130 | 12 | Academic Internship | Sacramento Main Campus |
| 2020 Fall | GERO 101 | 24 | Elder Care Continuum, Strategies and Services | Sacramento Main Campus |
| 2020 Fall | GERO 103 | 18 | Applied Care Management in Gerontological Practice | Sacramento Main Campus |
| 2020 Fall | GERO 130 | 8 | Academic Internship | Sacramento Main Campus |

**PROFESSIONAL AFFILIATIONS/AWARDS**

* Member, Gerontological Society of America (GSA): 2020
* Member, Justice in Aging - 2020
* Member, Alpha Chi National Scientific Honor Society, 2018Member, American Public Health Association (APHA): 2017-Present
* Member, Nigerian Chartered Institute of Purchasing and Supply Management (NCIPSM): 2016 – Present
* Member, Nigerian Council of Registered Engineers (COREN): 2014 – Present
* University of North Texas, GREAT (Graduate Research Experiences Abroad Travel) Grant - $4,000 – 2019
* International PEO Peace Scholarship for women with outstanding academic performance $10,000 – 2019
* International PEO Peace Scholarship for women with outstanding academic performance $7,000 -2018
* Texas Public Education Grant (TPEG) International; $3,900 – 2018
* University of North Texas Travel Award, for conference presentations, $2,500 - 2018
* Outstanding Ph.D. student, Department of Rehabilitation and Health Services, University of North Texas - 2018
* The University of North Texas prestigious Golden Eagle Award for outstanding student leader - 2018

**PROFESSIONAL / VOLUNTEER SERVICES**

* Member,Trauma -Informed Wellness Program for African American / Black Community in Sacramento County, a grant of $250,000
* Board member, Future Without Poverty – A non-profit organization, USA: January 2020 to present
* Resource person, Gerontology / Geriatric Education: Dave Omokaro Foundation Nigeria, 2020
* Support Member, Impact Tribal Consortium Learning Community - A Grant of $200, 000 to provide rural tribal members in Texas and elsewhere, access to general information on Opioid Use Disorder prevention and treatment opportunities, including online training of tribal health personnel – 2019 to present
* Regional Coordinator, Future Without Poverty, Nigeria – 2019 to present
* Reviewer, International Journal of Health Care Quality Assurance – 2019 to present
* Reviewer, Aletheia- Alpha Chi’s Journal of Undergraduate Scholarship – 2018 to present