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| **Week** | **Date** | **Topic** | **Reading/Video/Podcast & Article Assignments** | **Written Assignments Due** |
| **1** | 1/25 | Course Introduction |  |  |
| **2** | 2/1 | 1. Lecture - Dying in America: historical and current examination of death in America  2. Lecture – Loss and Grief: an overview | 1. Living Well, Dying Well (LWDW): Intro & Ch. 1  2. Being Mortal (BM): Introduction & Ch. 1 | Discuss, Write & Share (DWS) #1:  Submit reading, lecture and discussion impressions |
| **3** | 2/8 | 1. PBS Documentary: Passing On  2. TBD | LWDW: Ch. 2 & 3  BM: Ch. 2 | DWS #2 |
| **4** | 2/15 | 1.Guest Speaker - Liz Romero, Yolo Cares: Hospice 101 & 5 Wishes  2. TBD | LWDW: Ch. 4  BM: Ch. 3 | DWS #3 |
| **5** | 2/22 | 1.Lecture – Grief of Older Adults  2. Lecture – Grief of Parents & Grief of Children and Youth pt.1 | LWDW: Ch. 5 & Ch. 10  BM: Ch. 4 | DWS #4 |
| **6** | 3/1 | 1.Guest Speaker TBD  2. Grief of Children/Youth pt 2. | LWDW: Ch 11  NCTSN materials (in Canvas) | DWS #5  Five Wishes |
| **7** | 3/8 | 1.Socio-cultural influences on death and dying  2.Discussion – Rituals: what are they and why do we need them?  3.Dharma Box discussion | LWDW: Ch. 12  BM: Ch. 5 | DWS #6 |
| **8** | 3/15 | 1.Guest Speaker: Yolo Cares staff will provide instructions for online Hospice Training | LWDW: Ch.13  BM: Ch. 6 | Don’t miss this class! |
| **9** | 3/22 | No Class: Spring Recess |  |  |
| **10** | 3/29 | 1.Lecture – Medical Aid in Dying (MAID)  2. Documentary: Alternate Endings | LWDW: Ch. 7  Being Mortal Ch. 7 | DWS # 7  Dharma Box |
| **11** | 4/5 | 1. Lecture – The Practical Stuff: What am I supposed to do after someone dies?  2. Discussion – What am I supposed to say? How can I help? | LWDW: 9 | DWS #8 |
| **12** | 4/12 | Traumatic Death - lecture and discussion | BM: Ch.8 & Epilogue  LWDW: 6 | DWS #9 |
| **13** | 4/19 | 1.Lecture – Caring for the Caregiver  2.Discussion: Self Care and Lifestyle Balance Inventory (in Canvas) | LWDW: Ch. 8 | DWS #10  Cultural Practices |
| **14** | 4/26 | 1.Lecture: The Big Picture – Exquisite Witness  2. Google Talks: Atul Gawande | LWDW: 14 | DWS #11 |
| **15** | 5/3 | 1.Lecture - Looking at what may work  Guest Speaker: Heidi Boucher, At Home Funerals | LWDW: Ch. 15 & 16 | DWS #12 |
| **16** | 5/10 | Study Period for Final Assignment |  |  |
| **17** | TBD | Final Assignment Due |  | Proof of completion:  1.Review Sheet  2.Certificate |