|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Week** | **Date** | **Topic** | **Reading/Video/Podcast & Article Assignments** | **Written Assignments Due** |
| **ALL CLASSES IN PERSON ON CAMPUS** |  | **Be sure to do the reading assignments before class - you will need them for in class discussion and DWS** |  |  |
| **1** | 1/24 | Course Introduction |  |  |
| **2** | 1/31 | 1. Lecture - Dying in America: historical and current examination of death in America2. Lecture – Loss and Grief: an overview | 1. Living Well, Dying Well (LWDW): Intro & Ch. 1 | **DWS 1** |
| **3** | 2/7 | 1. PBS Documentary: Passing On2. Introduction to Five Wishes & Normalizing the Conversation Video | LWDW: Ch. 4 | **DWS 2** |
| **4** | 2/14 | 1. Planning for Death- Help for you and your loved ones- 5 Wishes | LWDW: Ch. 2 & 3 | **DWS 3** |
| **5** | 2/21 | 1. Guest Speaker TBDLecture – Grief of Parents & Grief of Children and Youth  | NCTSN materials (in Canvas) | **Five Wishes** **DWS 4** |
| **6** | 2/28 | 1.Death, dying and grief from a young adult perspective -Sharing Suleika Jaouad’s Journey | *Reading and discussion will be done in class* | **DWS 5** |
| **7** | 3/7 | 1. Lecture – Grief of Older Adults | LWDW: Ch. 5 & Ch. 10 | **Research Material** **DWS 6** |
| **8** | 3/14 | 1.Socio-cultural influences on death and dying2.Discussion – Rituals: what are they and why do we need them? 3.Dharma Box discussion | LWDW: Ch. 11 & 12 | **DWS 7** |
| **9** | **BREAK** | Have a Blast! |  |  |
| **10** | 3/28 | 1.Guest Speaker: Yolo Cares staff will provide instructions for online Hospice Training2. Dharma Box Presentations | LWDW: 9 | **Dharma Box Assignment** **DWS 8** |
| **11** | 4/4 | 1. Lecture – The Practical Stuff: What am I supposed to do after someone dies?2. Dharma Box Presentations |  | **DWS 9** |
| **12** | 4/11 | 1. Traumatic Death - lecture and discussion2. Dharma Box Presentations | LWDW: 6 | **DWS 10** |
| **13** | 4/18 | 1.Lecture – Caring for the Caregiver2.Discussion: Self Care and Lifestyle Balance Inventory (in Canvas)3. Dharma Box Presentations | LWDW: Ch. 16  | **Cultural Practices in Death, Dying, Grief & Loss Paper** **DWS 11** |
| **14** | 4/25 | 1.Lecture – Medical Aid in Dying (MAID)2. Documentary: Alternate Endings | LWDW: Ch. 7 | **DWS 12** |
| **15** | 5/2 | 1. Google Talks: Atul Gawande2. Transforming Grief: Discussion – What am I supposed to say? How can I help? | LWDW: Ch. 13 & 14 | **DWS 13** |
| **16**  | 5/9 | Final Project Assignment Due |  | **Upload Proof of Completion=****Certificate** |
| **17** | **FINAL TBD** |  |  |  |

Weekly planner subject to change without notice; however, overall point total will not vary due to any changes.