

## Curriculum Vitae

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### Related Teaching Experience:

#### **California State University, Sacramento (2023-present) Lecturer**

Teaching 11 units for the Gerontology Department at CSUS (one 3 unit course in optimal aging, co-teaching 2 units in Interprofessional approaches to healthcare in older adults, teaching 6 units (2 sections) in research in aging. Also, teaching 3 units in adulthood and aging for the Family and Consumer Science Department. I have created lectures with power points, case studies, Panopto recordings, created assignments within Canvas. Currently, working on courses with the Faculty Learning Center.

#### **Dr. Brian Hull DDS INC (2014-current) Course Development**

Health Insurance Portability and Accountability Act (HIPAA) teacher. Using videos and visual aid pamphlets yearly HIPAA updates are discussed. HIPAA updates involve course information and gathering through research and state law guidelines. Staff involvement is required, and group discussions are encouraged.

#### **Arizona State University (2019-2021) Course(s) & Curriculum Development \*\*\*\*AS A STUDENT ONLY\*\*\*\*\***

Developed curriculum for coursework by creating power points to teach other students on psychological disorders, therapy interventions, research analysis with data collections and psychological prevention strategies (required as a student.)

#### **California State University Sacramento (2017-2018) Senior Practicum Experiences (two semesters)**

Student intern for Dr. Cheryl Osborne former chair of gerontology. During student rotation 110 hours were spent working with students on multiple levels including essay feedback, co teaching power point lectures on chronic illness and older adults relating to memory disorders, co-supervised assessment fairs and older adults with students, and student mentoring and advice. This internship also included event coordinating, gerontology career fair involvement, web site updating, re-organizing gerontology community resource lists, spread sheet creations, email communications, and attending campus meetings. In addition to assisting Dr. Osborne, I voluntarily assisted another professor in a care management course. Those duties included paper feedback for students and attendance of the course for student help.

#### **California State University Sacramento (2018) Required graduation project**

Constructed a dental video project explaining dental needs for older adults. This video was presented as part of the curriculum for a course called managing disorders in elders (Gerontology 122). The video used evidence-based health research, hands on clinical care and was originally collaborated. Student evaluations of the video were given, where positive feedback was attained.

Students enjoyed the video, learned from the video and were interactive during the live question and answer session during class. Dental project abstract available upon request.

**California State University Sacramento (2018) *Course Project***

Special project research course (Gerontology 199) on how students learn and effective educational strategies for all learners. This course was selected by applicant per graduation requirements. The final project discussed how student learners can start out in education as a novice but can become an expert. A chart was used to show examples of learning levels and concluding thoughts tied learning sets together. This project pertained to the adult learner.

**California State University Sacramento (2017-2018) *Department Ambassador Program***

Gerontology Ambassador leader for student peer counseling and campus resource connections. Put together regular meetings with role duties for student members, created campus flyers for activities, sent emails to students raising awareness of new policies and campus news, and gave paper feedback (tutoring with students). Attended campus career fairs, college day and other campus activities.

**Divine Savoir Catholic Church (2010-2011) Volunteer**

Faith Formation teacher for 7-12 graders. Sessions taught weekly for 2 hours. Curriculum planning included instruction through textbook activities where students worked in groups, lecture with class discussions, and pamphlets gathered for further educational reinforcement. Course design was originally collaborated with a co-teacher.

**Educational Preparation:**

**University of the Pacific (2024-Current)**

**Doctorate in Health Sciences Candidate (2023)**

Working on the educational track with an emphasis in research of older of older adults and gerontology students. Leadership skills developing.

**Arizona State University (2019-2021)**

**Master of Science in Forensic Psychology (2021) 3.94 GPA**

Constructed research analysis papers including analyzing statistics in data, evidence-based psychological procedures, and future research Interventions. Created a local resource guide for displaced adults. Evaluated legal systems for victim and suspect rights. Studied mental diseases and preventative treatment measures for patients. Courses included quantitative statistics, psychopathology, research methods and design, criminology, choice and decision making, mindfulness and psychology capstone graduation project dissecting research studies.

**California State University Sacramento (2015-2018)**

**Bachelor of Science in Gerontology (2019) 4.0 GPA**

Created a dental project video and power point to present to the university and leave to the Gerontology Department for future student academia. Courses covered aging in

America, chronic disease in older adults, holistic medical care, psychological treatments for mental illness and older adults, ethnic studies, research and evidence-based theories and practice, health promotion studies, volunteering at local senior centers, internship with department chair including special studies of Gerontology Program resources, peer mentoring, group presentations, aging policies and end-of-life therapies including hospice care. The Gerontology Program included a one-year internship, community volunteering service hours in the field of aging, and a graduation project practicum.

**American River College (2014)**

American Sign Language taken

**Sacramento City College (1998-2000) President's Honor Roll**

**Associate Degree in Science for Dental Hygiene** awarded along with an **Associate of Art Degree**

Training included administering local anesthetic, nitrous oxide, patient treatment planning, scaling and root planing, taking x-rays, human vitals and reviewing patient medical histories. Courses taken consisted of head and neck anatomy, pharmacology, histology, morphology, patient nutrition and education, infection control, and periodontal therapy including soft tissue curettage. Community dental services were required to give children and the homeless populations dental services and resources. Rotations at the Urban Indian Health Clinic and C. Street Dental clinic were required throughout the dental hygiene program including service providing for the on campus dental program.

**University of Nevada Las Vegas (1998)**

Pre-nursing student-upper division general education courses taken

**American River College (1994-1996)**

General education plus pre-dental hygiene/pre-nursing prerequisites taken including one year of chemistry, biology, English, human anatomy and physiology. One semester in nutrition, psychology, women's studies, computer information science, and group speech.

**El Camino Fundamental High School (1991-1994)**

General studies taken

High School Diploma awarded 1994. Honor student all four years.

**Professional Experience:**

**California State University Sacramento, (CSUS), CA (2023-current)**

Lecturer for the Department of Gerontology and Family and Consumer Science Department

Duties: Co-teaching Gerontology 122 (Interprofessional Approaches in Healthcare for Older Adults). Sole professor for Gerontology 121(Optimal Aging), FSHD 159 (Aging in Adulthood), Gerontology 123 (Research in Aging Through the Life Course-sections 1 and 2). Created Power Point Lectures, essay grading, discussion board grading, student/older adult mentorship program

management, student guidance, and online instructions including zoom. I completed a development course for an asynchronous summer course for the Gerontology Program through the Continuing Education Department for Teaching and Learning at CSUS (Gero 121-summer session), which I taught in the Summer 2023. Canvas course design including creating syllabi, course goals and objectives, course mapping, course content, module/assignment listing uploads and grading rubrics.

**Dr. D. Brian Hull D.D.S. Inc. Sacramento, CA (2004-current)**

Registered Dental Hygienist

Duties: HIPAA supervisor. Render patient services such as dental cleanings, patient education on nutrition, dental procedures, and dental wellness. Certified to administer digital x-rays, local anesthesia, intraoral dental pictures for patient education and I-tero scanning for sleep appliances and orthodontics. Cross trained for front office procedures such as patient referral services, billing, scheduling appointments, and Dentrix dental software.

**Dr. Eric Wong D.D.S Sacramento, CA (2000-2004)**

Registered Dental Hygienist

Duties: Lead Registered Dental Hygienist responsible for other dental hygienists work ethics, patient care and management, dental x-rays, patient scheduling and patient dental education.

**Dr. Ronald Larsen D.D.S. Sacramento, CA (2000-2002)**

Registered Dental Assistant and Registered Dental Hygienist

Duties: Rendered patient treatment services including dental cleanings, patient education and digital x-rays. Assisted the dentist as well.

**Sacramento City College Dental Hygiene Program student office assistant 1999-2000**

Duties: Scheduled patient appointments, instructed prospective students on the process for applying to the dental hygiene program, filing, and organizing patient records.

**Dr. Richard Ellis D.D.S. Carmichael, CA (1994-1996)**

Registered Dental Assistant

Duties: Responsible for ordering, sterilization, managing back-office staff and assisting the dentist.

**Memberships:**

Sigma Phi Omega 2018-2019

California Dental Hygienist Association 2000-2006

**Scholarships & Grants:**

Awarded grant to create a fully asynchronous summer course for Interprofessional Approaches to Healthcare in Older Adult (2023)

Mental Health and Aging Conference Scholarship and student speaker (2017)

California Dental Hygienist Association-student scholarship to attend conference as a student representative from Sacramento City College (1999)

### **Projects:**

Serving Smiles to Older Adults-dental video tutorial (2019)

### **Honors and Recognition:**

- Master of Forensic Psychology 3.97 GPA Arizona State University (2021)
- Bachelor of Science in Gerontology 4.0 GPA Summa Cum Laude from California State University Sacramento (2019)
- Invited and joined the Sigma Phi Omega Honor Society (2018-2019)
- Served as a student representative introducing gerontology to prospective college applicants during college day at California State University Sacramento (2017, 2018)
- Attended and spoke at the California Council on Gerontology and Geriatrics through a paid scholarship (2016)
- Dental Laser presenter for the dental hygiene department at Sacramento City College 2000 table clinics
- Chosen by dental hygiene instructors to show junior dental hygiene students how to properly disinfect a dental operatory at Sacramento City College (2000)
- Passed California State Boards for dental hygiene practice (2000)
- President's Honor Roll Sacramento City College (1998-2000)
- Elected dental hygiene class treasurer (1998-2000)
- Passed California State Boards for dental assisting practice (1996)

### **Certifications:**

- Registered and licensed dental hygienist, soft tissue curettage, nitrous oxide and local anesthetic (License #19053) 2000
- Registered and licensed dental assistant 1996 (License #48142)
- CPR certified for the healthcare provider since 1995

### **Volunteer Experience and Community Involvement:**

- Friends of Unwanted Rabbits Folsom, CA.  
Animal foster (2022)
- Chateau Retirement Community Sacramento, CA.  
20 hours of visitation at care facility observing older adult activities and employee interactions with residents (2015)
- Eskaton Village Retirement Community, Carmichael, CA. (2015) 20 hours visiting residents in the memory care unit.

- Blanket, newspaper and old sheet collection for animal maintenance at Sacramento Society for the Prevention of Cruelty to Animals (SSPCA) Sacramento, CA (2014-2015)
- Arcade Fundamental Middle School Site Council Leader (2011-2012)

*\*\*\*References, sample projects, and coursework projects with grading rubrics are available.*

Revised 1/2024