

NADINE BRAUNSTEIN, PHD, RD, FAND

*Director
she/her*



Nadine Braunstein, PhD, RD, FAND has been the Dietetic Internship (DI) Director and faculty member at Sacramento State since August 2017 and served as the DI Director at UMass Amherst from 2005-2009. She earned her PhD from Boston University School of Medicine, Master's degree from the MGH Institute of Health Professions (MA) and Bachelor's degree from Drexel University (PA). Braunstein was a 2013-14 Robert Wood Johnson Foundation Health Policy Fellow where she served in the office of a US Senator and supported the 2015 US Dietary Guidelines Advisory Committee. She received the 2020 Outstanding Dietetic Educator of the Year Award from the Western region NDEP group of the Academy of Nutrition and Dietetics. Nadine serves on the policy panel for the California Academy of Nutrition and Dietetics (CAND) and as Policy Chair for the CAND Northern Area District.

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RYANN MILLER, MS, RD
Coordinator
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I have been a Registered Dietitian for 25 years, beginning my academic journey with a BS from UC Davis and later earning a Master of Advanced Studies in Maternal and Child Nutrition, also from UC Davis. I completed my dietetic internship at Keene State University in New Hampshire, with a focus on wellness.

I previously worked on campus at UC Davis Student Health and Counseling Services as the clinical and sports dietitian. During that time, I helped launch the teaching kitchen and developed programs focused on food insecurity (FVUp!) and chronic disease management. One of my favorite roles was supervising student interns as they prepared to apply for dietetic internships.

Most recently, I served as the dietitian for the Eating Disorder Intensive Outpatient Program at Kaiser Permanente. I am currently working in outpatient clinics for UC Davis Health. I have also been on campus at Sacramento State for the past three years, teaching Sports Nutrition, Introduction to Nutrition, and Nutrition & Metabolism. I'm always eager to continue learning and exploring new areas within our field.

Fun fact: I used to swim and coach synchronized swimming! Outside of work, I enjoy mountain biking, swimming, and birding with my family—we love traveling together to spot new species.

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