

Fall 2023

At-a-Glance Program Schedule

Learn. Connect. Share.



Stairs: Pajaro Dunes, CA – Bob Boyer

How to Contact Us

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Renaissance Society Website: **www.csus.edu/rensoc**

Reflections and Visions, Mirrors and Crystal Balls



Hold up a mirror on our 2022-23 academic year and celebrate! Over 1700 members, nearly 300 programs, two of our seven scholarships now fully endowed, a second Golden Plate Award from the ASI Food Pantry, another year of successful partnerships with the Gerontology and Physical Therapy departments, and a revived partnership with the Psychology Department. Members more than doubled our donation goal for our scholarship donations during the spring Give Sac State Day fundraiser. Our social events gained renewed vigor and enriched the lives of our members.

What glorious accomplishments and a fine legacy.

Our summer program celebrated the diversity of the community to which we belong. Our speakers were from the Native American, African American, Hispanic, Latinx, Asian, and LGBTQ communities. Our Juneteenth presentation was featured on Capitol Public Radio and a local television station. We had tours of the CA Indian Museum, the Planetarium, campus art murals, affinity centers, and greenhouses. We even had a tour of the CA State Archives. Our stunning grand finale was an invitation to a Gospel Choir and gospel music at the St. Andrews AME church where we bonded with the congregation and performers over a catered lunch.

Whether you are a prospective, new, or long-standing member, I invite you to reflect on and rejoice over 37 years of learning, connecting, and sharing!

Reflecting in those mirrors gives us a glimpse into a new crystal ball. Let's look at the future of our organization. Yes, we can build our membership back to pre-COVID levels. Yes, we can reach out to the many diverse communities in the Sacramento and surrounding areas to draw them in. Yes, we can endow more scholarships. And yes, we can be a catalyst for more community engagement.

I invite you to look into our crystal ball in this Fall Catalog. Join the momentum, help further our goals, and contribute your ideas and efforts.

Si, se puede!



Board President

At-a-Glance Program Schedule

This At-a-Glance organizes programs by day of week, time of day, and type of program. Use the Abbreviation Key below to identify each program's delivery format and recording status.

Abbreviation Key

D = Diversity program; FS = Program fully subscribed; H = Hybrid (IP + Z) program;
NR = Program not recorded; OE = Overlapping enrollment; R = Program recorded;
WI = Walk-in program – use online system to enroll or check with leader;
Z = Zoom-only; IP=In-person only

Important Note: On-Campus Room Assignments were not available at the time of printing

Seminars – led by one or more members, range from 3-12 weeks, and focus on one subject.

Shared Interest Groups (SIGs) – facilitated by members, offer activities centered on what people enjoy doing together. These groups usually meet off campus or on Zoom.

One-Time Presentations –feature a variety of speakers by member and guest presenters.

Community Presentations and *Monday Big History Series* enrollments are open to non-members.

Tuesday Speaker Series, *Wednesday Science Series*, and *Friday On-Campus Speakers* require membership.

Forums – Friday's premier speaker program held at 3 pm and features prominent community leaders who address newsworthy issues.

Program Identifiers and Delivery Formats

Overlapping Enrollment (OE) allows members to enroll in Monday – Thursday, Zoom-only programs, even if the programs overlap in time.

Fully Subscribed programs (FS), are currently full and are listed for informational purposes only. If you have questions, contact the program leaders directly.

Walk-in programs (WI) do not require, but may offer, enrollment.

Do You Need a Paper Schedule? Pick Up One (or More) in the Office

Use this document to look for programs and then find in-depth program descriptions and leader bios in the catalog on our website. Take one or more to share with your friends. Both the flipbook and the PDF Catalog versions allow you to print any page.

Parking on Campus – Now Virtual!

Sac State no longer issues parking stickers. To find information about the new License Plate Recognition system type www.csus.edu/rensoc into your browser to access the Renaissance Society Home Page and click *Virtual Parking Permits*.

FALL 2023 AT-A-GLANCE PROGRAM SCHEDULE

See Abbreviation Key for Delivery Formats.

Page No. refers to the program description in the online catalog.

DELIVERY FORMATS	MONDAY PROGRAMS AT A GLANCE				PAGE No.
	Time	Program Title	Leader Name	Dates	
	Seminars [Allan Keown]				
Z/R/OE	12–1pm	Understanding How to Invest in This Market	Sanjay Varshney	Sep 11–Oct 16	14
Shared Interest Groups [Dan Rooney]					
Z/NR/OE	9:30–11:30am	Kindle Unlimited Book Club (Year-round monthly)	Marian Kile	Sep 18–Dec 18	32
D/IP/NR	10am–12pm	Native American Study and Activities	Allan Keown	Sep 11–Dec 11	33
IP/NR	10:30am-12:30pm	Friends of <i>The New Yorker</i> Magazine (Year-round weekly)	Judy Day David Bowles	Sep 11–Dec 4	32
One-Time Presentations - Community Presentations [Kathy Hart]					
IP/NR	11am–12pm	Everyday Gourds Become Incredible Artwork	Kathy Hart Carol Des Voigne Mary Hufft	Nov 6	44
One-Time Presentations - Monday Big History Series [Ranny Eckstrom/David Lewis]					
This Fall, the focus is on people in groups: Cities – from ancient Uruk to New York – How and where they emerged, cultural aspects, and why they did or didn't thrive. Each session is a separate program. By enrolling in the series, every week you will receive a description of the upcoming Monday's program and you can choose to attend or not each week without a separate enrollment. All sessions will be recorded.					
Z/R/OE	10–11:30 am	Monday Big History Series – Cities	Ranny Eckstrom David Lewis	Sep 11–Dec 4	44



Architecture – Karen Hollan

DELIVERY FORMATS	TUESDAY PROGRAMS AT A GLANCE				PAGE NO.
	Time	Program Title	Leader Name	Dates	
	Seminars [Allan Keown]				
D/Z/NR/OE	9:45–11:30am	American Criminal Justice	Ron Tochterman Melissa McElheney Albert Locher	Sep 5–Dec 5	14
D/Z/R/OE	11am–1pm	Threads and Walls of Space-Time	Gus Koehler	Sep 5–Oct 10	16
Z/R/OE	1–3:30pm	Movies That Scared Us as Kids	Chip Zempel	Sep 5–Dec 5	15
Shared Interest Groups [Dan Rooney]					
Z/NR/OE	9:30–11:30am	Third Tuesday Book Club (Year-round monthly)	Marian Kile	Sep 19–Dec 19	34
IP/WI/NR	10–11:30am	Digital Photography	Jay McKeeman	Sep 12–Nov 28	33
Z/NR/OE	10–11:30am	First Tuesday Book Club (Year-round monthly)	Gwen Bedient	Sep 5–Dec 5	33
IP/NR	12–2pm	Writers Workshop II (Year-round weekly)	Anita Adams Lani Hahn	Sep 5–Dec 5	34
One-Time Presentations - Tuesday Speaker Series [Jack Jennings/Cathy Adams Minicucci/Jennifer Kerr]					
We have a great lineup of 12 speakers for the Fall on our usual variety of subjects, ranging from the right-wing assault on higher education in Florida, an analysis of our current economy and its expectations, and reviews of exciting <i>New York Times</i> Best Sellers. The full list will be available for signup in the Renaissance Society Online Program Registration System in August. All sessions will be recorded. No presentation Thanksgiving Week.					
Z/R/OE	2–3:30pm	Tuesday Speakers Series	Jack Jennings Cathy Adams Minicucci Jennifer Kerr	Sep 5–Dec 5	45

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DELIVERY FORMATS	WEDNESDAY PROGRAMS AT A GLANCE				PAGE NO.
	Time	Program Title	Leader Name	Dates	
	Seminars [Allan Keown]				
Z/NR/OE	10am–12pm	Great Expectations: The Book and the Movie	Louise DiMattio Gerry Camp	Sep 13–Nov 15	17
Z/NR/OE	10:30–11:30am	Mastering Your iPhone	Tom Holt	Nov 1–Dec 6	18
Z/R/OE	12–1:30pm	History of the Ancient World's Religions	Ed Sherman	Oct 18–Nov 29	18
Shared Interest Groups [Dan Rooney]					
IP/NR	9:25am–12:30pm	Walkabouts (Year-round weekly)	Lance Muller	Sep 6–Nov 29	36
IP/NR	10am–12pm	Intro to Walking Meditation Using a Labyrinth	Christie Braziel	Sep 13	35
IP/NR	10am–12pm	Le Cercle Français (Conversational French)	Debra da Costa Tiffany Urness Ana Facio	Sep 6–Dec 6	35
IP/NR	5:30–7:30pm	Dining Together (Year-round monthly Second Wednesdays)	Cheryl Nelson	Sep 13–Dec 6	35
One-Time Presentations - Community Presentations [Maryellen Burns/Kathy Hart]					
H/R/OE	10–11:30 am	Morning Coffee (Year-round monthly)	Maryellen Burns	Sep 6–Dec 6	42
IP/R/OE	6–8 pm	Alter Egos (Year-round days, dates, times vary)	Maryellen Burns Christie Braziel	Sep 13–Dec 6	42
Z/R/OE	11am–12pm	Six Pillars of Brain Health	Kathy Hart Kris Ritualo	Sep 20	43
Z/R/OE	11am–12pm	Beginner-Friendly Watercolor Tutorial	Kathy Hart	Oct 11	43
One-Time Presentations - Wednesday Science Series [David Lewis]					
This fall the <i>Wednesday Science Series</i> ’ focus will be the human immune system: Exploring the many levels of protection including the skin, circulatory system, lymphatic system, and the microbiome. In addition, the format for the <i>Wednesday Science Series</i> has changed. Instead of signing up for 12 separate presentations, you may now sign up for the <i>Wednesday Science Series</i> and then pick which session(s) you would like to attend. The topic for the next session will be sent at least a week or more in advance. All sessions will be recorded.					
Z/R/OE	2–3:30 pm	Wednesday Science Series – The Human Immune System	David Lewis	Sep 6–Dec 6	46



DELIVERY FORMATS	THURSDAY PROGRAMS AT A GLANCE				PAGE NO.
	Time	Program Title	Leader Name	Dates	
	Seminars [Allan Keown]				
D/Z/NR/OE	10–11:30am	Recognizing and Reducing Implicit Bias	Stacie Walton	Sep 7–Dec 7	19
D/Z/R/OE	10–11:30am	Voting in America: History and Current Debates	Robert Benedetti Deborah Seiler	Sep 7–Dec 7	20
D/Z/NR/OE	10am–12pm	The Authoritarian Challenge to Our Democracy: More	Duane Campbell Carl Pinkston	Sep 7–Dec 7	19
Z/NR/OE	10am–12pm	World of Engineering	Richard Dabrowiak	Sep 7–Dec 7	21
Z/NR/OE	1–3pm	Relationships – Build Strong, Healthy, and Loving Ones	Nanci Kuzins Anamaria Pasquiers	Sep 7–Dec 7	20
Shared Interest Groups [Dan Rooney]					
IP/NR	10am–12pm	Advanced Spanish Conversation	Beatrice Hildebrand Susan Dlugach	Sep 7–Dec 7	36
IP/NR	10am–12pm	Intro to Walking Meditation Using a Labyrinth	Christie Braziel	Sep 21	37
IP/NR	1–3pm	Games for Entertainment	Roberta Frieze Judy Keaton	Sep 7–Dec 7	37
IP/WI/NR	1:30–2:30pm	Partners in Crime (Monthly)	Lynda Cassady Pat Stokes	Sep 28–Nov 16	38
Z/NR/OE	3:30–5pm	The Music of <i>Your</i> Life	Loretta Burdeaux Lester Bennett	Sep 7–Dec 7	38
Z/NR/OE	7–8:30pm	The Economist (Year-round weekly)	Wayne Luney	Sep 7–Dec 7	36
One-Time Presentations - Community Presentations [Maryellen Burns/Kathy Hart]					
H/NR/OE	6–8 pm	A Cook’s Tour of Sacramento and Beyond (Year-round days, dates, times vary)	Maryellen Burns Dan Cross Marge Tarbell	Sep 14–Dec 7	43

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DELIVERY FORMATS	FRIDAY PROGRAMS AT A GLANCE				PAGE NO.
	Time	Program Title	Leader Name	Dates	
	Seminars [Allan Keown]				
IP/WI/NR	9:30–11am	California Emigrant Trail and California Passes	William Sullivan	Sep 8–Dec 8	23
IP/WI/NR	10–10:45am	Android Basics	Carol Limbaga	Sep 8–Dec 8	22
H/WI/NR	10–11:30am	History of US Firearms Policy	William Vizzard	Sep 8–Sep 22	26
IP/WI/NR	10–11:30am	Substance Abuse: From Despair to Hope	Jon Parro	Sep 29–Nov 3	30
IP/WI/NR	10–11:30am	Travel and Adventure	Fred Chapman Chris Smith	Sep 8–Dec 8	31
H/R	10–11:45am	The Magic of the Brill Building Era – The Sound of Rock and Pop in the 50s and 60s	Michael Agron	Sep 8–Oct 13	27
IP/WI/NR	10–11:45am	Great American Trials and Constitutional Law	Joel Primes	Sep 8–Dec 8	25
IP/WI/NR	10–11:45am	Irish Literature: Classic and Contemporary	Michael Storey	Sep 8–Dec 8	26
IP/WI/NR	10–11:45am	Medical Rights and Medical Wrongs	Howard Slyter	Sep 8–Dec 8	28
IP/WI/NR	10–11:45am	The Wild World of Pablo Picasso	Theo Goodwin Anne Rewell	Sep 8–Sep 22	31
IP/WI/NR	10am–12pm	Even More Fun with Jane: <i>Emma</i> on Page and Screen	PJ Jones Gretchen Jung	Sep 8–Oct 13	25
IP/WI/NR	11am–12:30pm	Cracker Barrel	Christine Lewis Per Ostlund	Sep 8–Dec 8	24
IP/WI/NR	12–1:30pm	History of Fashion: Dress and Discontent	Taylor Anderson	Sep 15–Sep 29	26
H/WI/R	12–2:30pm	Life's Purpose: Finding Joy and Happiness in the Next Chapter of Life!	Ken Cross	Oct 20–Dec 8	27
IP/WI/NR	12–2:45pm	More Cinematic Classics: Themes and Variations	Alan Miller	Sep 8–Dec 8	28
IP/NR	12:30–2:45pm	Classical Music	Robert Seyfried Marjorie Wade Leo Eylar	Sep 8–Dec 8	23
H/R	1–2:30pm	The Beatles: As You've Never Heard Them Before	David Abelson	Sep 8–Dec 8	22
IP/WI/NR	1–2:30 pm	Creating Flash Fiction	Susan Osborn	Sep 8–Oct 13	24
IP/NR	1–2:30pm	Medieval England: Normans to the Tudor Conquest	Jeff Hendy	Sep 8–Dec 8	28
H/WI/R	1–2:30pm	The Second American Revolution: 1781 to 1790	Cathy Adams Minicucci	Oct 13–Oct 27	30

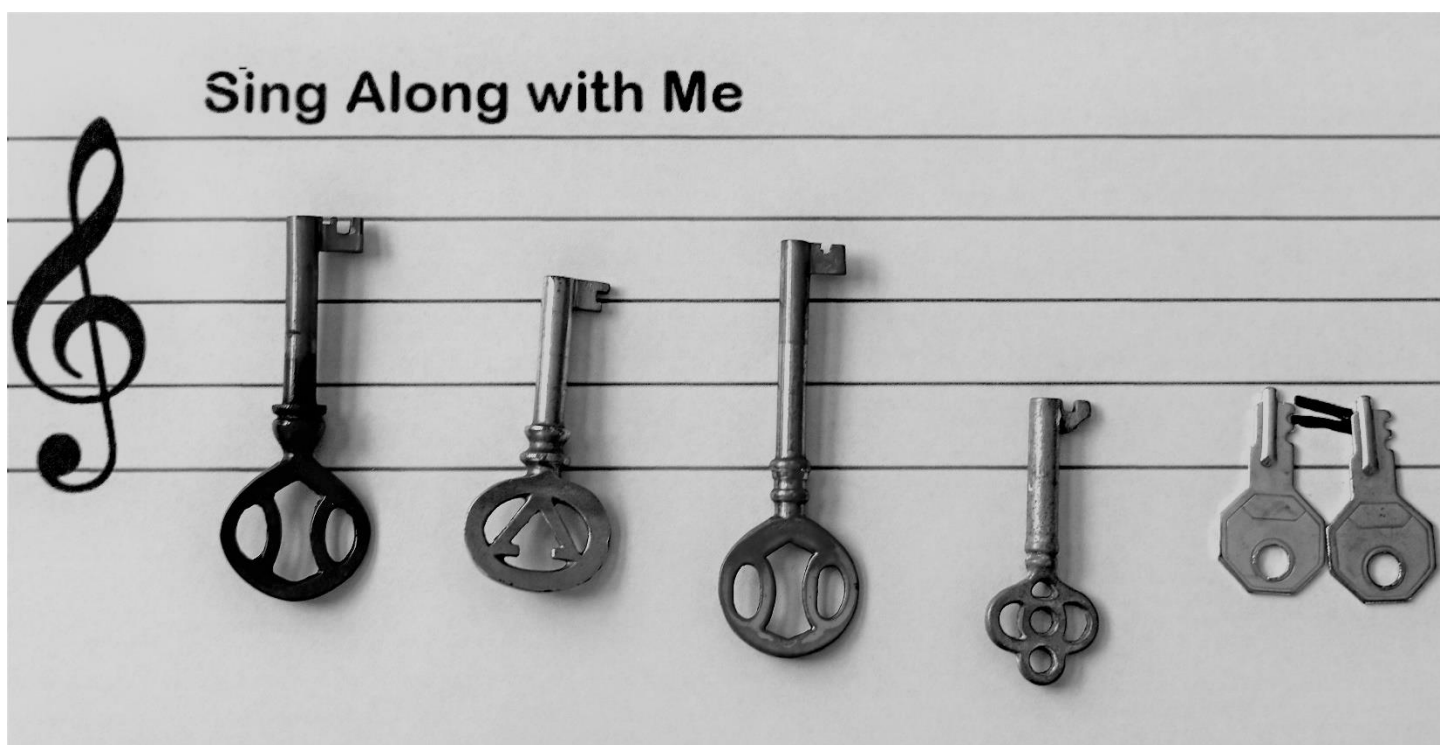
DELIVERY FORMATS	FRIDAY PROGRAMS AT A GLANCE				PAGE NO.
	Time	Program Title	Leader Name	Dates	
	Seminars (contd.) [Allan Keown]				
IP/WI/NR	1–2:45pm	Active Retirement Investing	Bill Bailey Nash Bailey	Sep 8–Dec 8	21
D/H/WI/R	1–2:45pm	America's History of Protest: A Singalong	Michael Hersher	Sep 8–Oct 13	22
IP/NR	1–2:45pm	Critical Thinking	Richard Kowaleski	Sep 8–Dec 8	25
D/H/WI/R	1–2:45pm	1970s Economists Broke Capitalism: Can We Save It?	Dale Good	Sep 15–Oct 20	29
IP/WI/R	1–2:45pm	Real Rock, Part 3 - More Classic Rock	Bob Lang	Sep 8–Dec 8	29
Shared Interest Groups [Dan Rooney]					
IP/NR	9:30–11:30am	Knitting with Friends	Barbara Kletzman Jeanie Wilcox	Sep 8–Dec 8	39
IP/WI/NR	10–11:30am	Technology Workshop (Every Other Friday)	Ashu Singla John Pierron	Sep 8–Dec 8	39
IP/WI/NR	11–11:45am	English Country Dances (Non-progressive)	Ruth Scodel	Sep 8–Sep 29	38
IP/NR	12–12:45pm	Social Dancing	Richard Kowaleski	Sep 8–Dec 8	39
IP/WI/NR	12–2:45pm	Watercolor Studio Lab	Colleen Wong Steve Wittmann	Sep 8–Dec 8	40
One-Time Presentations - Friday On-Campus Speakers Series [Dale Good/Greg Beale/Alan Miller]					
IP/NR	10–11:30 am	So, You Want to Redo the Landscape in Your Yard?	Mary Jane Sutliff	Sep 8	46
IP/NR	10–11:30 am	American Melodrama: Trump, the Media, and the Court	Alan Miller	Sep 15	47
IP/NR	10–11:30 am	How to Prevent and Reverse Diabetes	Linda Middlesworth	Sep 22	47
IP/NR	10–11:30 am	The Life and Paintings of John James Audubon	Theo Goodwin	Sep 29	47
IP/NR	10–11:30 am	Mineral Concentration at Laboratory Scale	Robert Boyer	Oct 6	48
D/IP/NR	10–11:30 am	Preserving the Legacy of Gold Mountain	Phil Sexton	Oct 13	48
IP/NR	10–11:30 am	Navigating Conflict and Difficult Conversations	Donna Montgomery	Oct 20	48

DELIVERY FORMATS	FRIDAY PROGRAMS AT A GLANCE				PAGE No.
	Time	Program Title	Leader Name	Dates	
	One-Time Presentations - Friday On-Campus Speakers Series (Contd.)				
IP/NR	10– 11:30 am	The History of Ukraine: Caught in the Middle	Helena Kanderka	Oct 27	49
IP/NR	10– 11:30 am	Fish of California's Sacramento-San Joaquin Delta	Alice Low	Nov 3	49
D/IP/NR	10– 11:30 am	Killers of the Flower Moon – The Osage Murders Story	Greg Beale	Nov 17	49
D/IP/NR	10– 11:30 am	Street Art	Anne Rewell	Dec 1	50
D/IP/NR	10– 11:30 am	Hidden Defects in FBI and State Public Safety Records that Weaken Gun Safety	Dale Good	Dec 8	50
FORUMS [Michele Finerty]					
D/H/R	3–4pm	California’s Chief Law Officer Addresses Our Most Significant Legal Challenges	AG Rob Bonta	Sep 8	51
D/H/R	3–4pm	What’s Up in Sacramento?	Mayor Darrell Steinberg	Sep 15	51
H/R	3–4pm	The First Proof That a Fusion Energy Source Is Possible: Creating a Star on Earth	Tammy Ma	Sep 22	52
D/H/R	3–4pm	Behind the Scenes of <i>The Lake at the Bottom of the World</i>	Kathryn Kasic	Sep 29	52
H/R	3–4pm	The Virus Chasers: Confronting Emerging Infectious Disease in the Face of Accelerating Global Change	Christine Kreuder Johnson	Oct 6	52
D/H/R	3–4pm	The End of Lake Tahoe as We Know It	Geoffrey Schladow	Oct 13	53
D/H/R	3–4pm	Human Trafficking: The Sacramento Connection	Nilda Valmores	Oct 20	53
D/H/R	3–4pm	Perfect Spy – The Arc of Pham Xuan An’s Life from War to Peace	Larry Berman	Oct 27	53
D/H/R	3–4pm	Stacking Hearts: Redemption Coffee’s Mission Behind Bars and Beyond the Gates	Jaime Mason	Nov 3	53
D/H/R	3–4pm	Supporting Struggling Readers Through Volunteer Service	Ryan Mallory	Nov 17	54
H/R	3–4pm	Celebrating Warner Brothers 100 th Anniversary	Michael Troyan	Dec 1	54
H/R	3–4pm	Renaissance Society End of Semester Meeting	Deborah Seiler	Dec 8	54

See Abbreviation Key for Delivery Formats.

Page No. refers to the program description in the online catalog.

DELIVERY FORMATS	FULLY SUBSCRIBED PROGRAMS AT A GLANCE				PAGE NO.
	Time	Program Title	Leader Name	Dates	
Fully subscribed programs are affiliated with the Renaissance Society and require Renaissance Society membership. However, they are not currently available for enrollment and are listed separately here for informational purposes only. A Wait List might be available to accommodate new participants if a vacancy should occur. If you have questions about these programs, please contact the respective Leader.					
FS/Z/NR	9:30–11:30am	Writer's Group I	Curtis Nelson Marian Kile	Sep 7–Dec 7	41
FS/H/R	10am–12:30pm	Photography as Art	Roger Klemm	Aug 30–Nov 15	41
FS/H/NR	10am–12pm	iPhone Studio Multimedia Collective	Melissa Green	Sep 7–Oct 12	41
FS/D/Z/NR	2–4pm	Great Books	Jean Cawood Dan Rooney	Sep 7–Dec 7	40
FS/H/NR	10–11:45am	High Intermediate Spanish	Melody Flores	Sep 8–Dec 8	41



Roberta Gleeson - Musical Keys

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