



welcome

Fall **2022**

We will begin at 9:00



Welcome!



Deborah Seiler President







President's Welcome and Overview
Greetings from Sacramento State
Learn, Connect, Share
Q & A

On Zoom Have a question?

- ➤ Open Q&A
- > Type your question
- > Click Send

Questions will be answered at the end of the presentation.

Chat is disabled.

For those in attendance in the Ballroom, please do not use your mobile devises or laptops to view the presentation on Zoom. It will cause audio feedback in the system.

Thank you!



poll

Are you a Renaissance member?





- Search for "renaissance csus"
- Or use tinyurl.com/rensociety
- Bookmark it
- Copy the link and share

put family/friends on the map



help the journey continue. . .

Who are we?



Origin 1986 – Four seminars and one Forum



1987 Gerontology volunteers



1993 Scholarship fund



2015 Online enrollment and registration



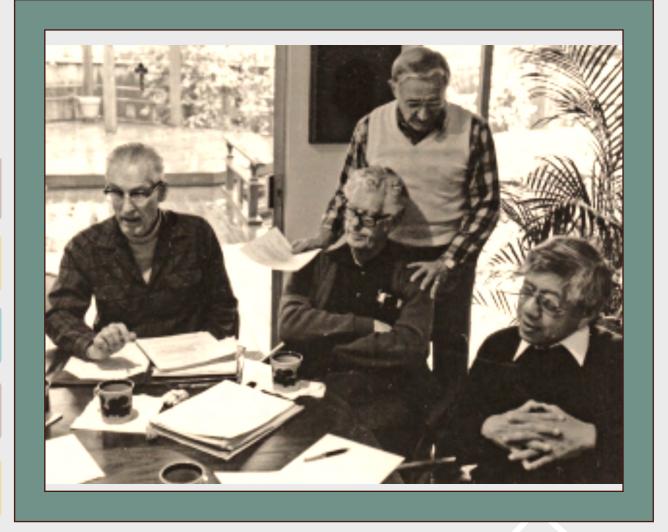
2017 ASI Food Pantry donations



2020 Scholarship fund passes \$200,000



2020 Virtual programs



Sac State faculty push for a lifelong learning community for Greater Sacramento area



What do we



Social Functions

Single Presentations

Seminars

Shared Interest Groups

Forums

Philanthropy

Mentoring

ways to connect

Reaching out to Renaissance Members



How do we keep informed?

weekly update emails

class invitations

class reminders

Constant
Contact
special
email blasts

Facebook

Private page

(Facebook.com/groups/ renaissancesocietysacramento)

Only members can see who's in the group and what they post

 Public page (Facebook.com/ rensocietysac)



Twitter

Follow the Renaissance Twitter feed to see up-todate posts

monthly Recorder newsletter

Read online

Download

Print

Read past editions



announcements • accomplishments • pictures • short stories poems • upcoming events • informational articles • member profiles • and more . . .



Sac State greetings

Dr. Dianne Hyson Dean

College of Social Sciences & Interdisciplinary Studies

Sac State Renaissance Liaison



- learn
- connect
- share



Pam O'Brien



Sarah Ryan-Roberts



Debbie Martinez





Pam O'Brien

Co-Chair Program Committee

learn.connect.share let us CELEBRATE!!!



The page numbers are live links. If you click on them, you will be directed to the first page of the applicable section in the catalog. —

contents

learn	
Our Learning Programs	6
At-A-Glance Program Schedule	7
Seminars	16
Shared Interest Groups [SIGS]	32
One-Time Presentations	42
Forums	54
Diversity, Inclusion, and Social Justice	59
connect	
Who We Are	60
How to Join if you are not a Member	61
Orientation and Rendezvous	61
Library Card Information	62
Parking Registration	62
Online Learning Options	64
Enrolling in Programs	65
Ways to Connect	65
Board Members, Committee Chairs, Sac State Liaison, Office Staff	66
share	
Annual Report	68
Renaissance Society Values	68
Join Our Team of Leaders, Facilitators, and Presenters	69
Make a Difference by Giving	70
Be a Zoom Tech Host Volunteer	72

Volunteer to Work with Sac State Students and our Community......73

Volunteer for a Committee	75
Membership Map	75
Leader and Facilitator Directory	
Index by Topic	
Acknowledgments	83

calendar of events

AUGUST 1

Fall 2022 Catalog posted to RS website

AUGUST 8

Program enrollment starts

AUGUST 12

Orientation and Rendezvous

AUGUST 19

Seminar Leaders Workshop

SEPTEMBER 6

Fall Programs begin

SEPTEMBER 21

Constant Contact invitation to potential leaders requesting Spring 2023 Program Application Forms (PAF)

SEPTEMBER 23

Invitation to all members to submit photos for Spring 2023

OCTOBER 12

Deadline for PAF submissions

OCTOBER 19

Deadline for photo submissions

NOVEMBER 11

Veterans Day/Campus Closed

NOVEMBER 24-25

Thanksgiving/Campus Closed

DECEMBER 9-16

Renaissance Society semester ends

DECEMBER 25 TO JANUARY 1

Holiday Season/Campus Closed



Special thanks for our two featured cover photographs:

Front cover photo provided by David J. Grenier. Back cover photo provided by Michael Pidd

learn.connect.share.

our various learning programs

We are lucky to be living in a technology-friendly era and will continue to use these tools at our fingertips to deliver the majority of our programs, either in hybrid mode on campus or by Zoom in the safety and comfort of our own homes. Zoom is not difficult to use, and you'll discover new avenues of connecting with classmates through discussion groups, breakout rooms, and other interactive tools. You will get directions from your program leaders, facilitators, or tech hosts, or in the user-friendly materials developed by our Tech Committee. As a note, many of our programs will also be recorded and available for viewing later on our member website. We offer four types of programs—Seminars, Shared Interest Groups (SIGs), One-time Presentations, and Forums.

	SEMINARS	SIGs (Shared Interest Groups)	ONE TIME PRESENTATIONS	FORUMS
	Series of classes initiated and led by fellow RS Members Wide-ranging subject areas: arts,	Groups initiated and facilitated by fellow RS Members sharing common interests and ideas	Single, one-time presentations given by RS Members or community-at -large speakers	Highly acclaimed speakers, community leaders, and recognized topic experts
	entertainment, literature, history, social justice, science, technology, contemporary	Activities typically include writing, art, literature, games, foreign language, food, health and	Wide-ranging, varied topics Typically, last 1 – 1.5 hours	Addressing diverse issues of critical concern and intense interest
	thought, etc. Weekly courses meet for 3 to 12 weeks/semester, Monday–Friday	Meeting times and frequency set by the SIG facilitator and group	Partnering with local groups such as Sac. Historical Society, local libraries, Senior Living Facilities	Fridays – 3-4 pm Sep 9 – Dec 9 (no schedule conflicts with any other programs) Presentations with
	most begin at 10 am, noon, or 2 pm	Usually meet off campus, in a variety	Currently meeting via Zoom (M, Tu) and on	interactive Q & A • Currently meeting via
•	Currently meeting via Zoom (M–Th) and on Campus (F)	of settings (now regulated by Covid guidelines)	campus (F)	Zoom or in-person/ Zoom hybrid (Hyflex)

at-a-glance program schedule



What follows is the at-a-glance schedule that sets forth all our Fall 2022 programs by day of the week, time of day, and format. Use it to manage your schedule. This array of incredible educational opportunities allows you to take as many programs as you want-as long as they don't have a day and time conflict. This fall only our interests, curiosity, and level of energy, not physical space, date, or time will limit us. How marvelous!

Most Friday Programs are in-person only, on-campus, unless indicated differently. Hybrid programs will be offered in-person/on-campus and via Zoom.

Use the Table No. to find a program at Rendezvous Link to a Page No. for the course description

T#	Time	Title	Leader Name	Dates	Pg#
		Seminars			
1	9–11 am	Conversations Around Race	Stacie Walton, Gretchen Jung	Sep 12-Nov 28	20
2	10-Noon	Invisible Threads and Hidden Walls of Time	Gus Koehler	Oct 3-Nov 7	30
3	Noon-1 pm	How to Invest in this Market and Economy	Sanjay Varshney	Sep 12-Oct 17	24
4	Noon-1 pm	Toastmasters Speechcraft	Lance McMahan	Sep 12-Oct 31	19
5	Noon-3 pm	The Great Directors. Part One: The Films of Steven Spielberg.	Gerald Camp, Frederick Chapman	Sep 12-Nov 28	17
		Shared Interest Gro	ups		
6	10:30–12:30 pm	Friends of The New Yorker magazine	Ronald Meyer, Judy Day	Sep 12-Dec 12	37
7	1–2 pm	The 'My Story' Project	Craig McCulloch, Allan Keown	Sep 12-Dec 12	38
8	3-4 pm	Qi Gong (Year-round dates and times vary)	Diana Loo	Sep 12-Dec 2	38

presentations

seminars

shared interest groups



T#	Time	Title	Leader Name	Dates	Pg#
		One-Time Presentations—Monday B	ig History Series	5	
9	10-11:30 am	Paradigm Shifts, Global Expansion	Ranny Eckstrom	Sep 12	44
9	10-11:30 am	The History of Pandemics: A Paradigm Shift	Guenter Risse, Bonnita Wirth	Sep 19	44
9	10–11:30 am	The Effect of Communication Technology on Culture: The Beginnings	Phil Lane	Sep 27	44
9	10–11:30 am	Emergence of Modern Western Thought During the Enlightenment	Ed Sherman	Oct 3	44
9	10-11:30 am	Evolution of Evolution: History of the Concept of Organic Evolution	Paul Davis	Oct 10	45
9	10-11:30 am	Doggerland: What Happened There? Where Did it Go?	Lynette Blumhardt	Oct 17	45
9	10–11:30 am	The Effect of Communication Technology on Culture: The Great Electronic Paradigm Shift	Phil Lane	Oct 24	45
9	10–11:30 am	How Rapid Environmental Changes Affected Human History in the Ancient Middle World	David Lewis, Marty Keale	Oct 31	45
9	10-11:30 am	Genghis Khan and the Asian Continent	Karun Yee	Nov 7	45
9	10-11:30 am	Textiles	Kathryn Tobias	Nov 14	45
9	10-11:30 am	The History of Cannibal Pedophiles	Martha Lewis	Nov 21	46
9	10–11:30 am	A Look at a Book: The WEIRDest People in the World: How the West Became Psychologically Peculiar and Particularly Prosperous	Jerry Steinman	Nov 28	46
9	10-11:30 am	Alexander the Great	David Lewis	Dec 5	46
9	10-11:30 am	Chinese in Yosemite History	Karun Yee	Dec 12	46



Use the Table No. to find a program at Rendezvous

Link to a Page No. for the course description .

T#	Time	Title	Leader Name	Dates	Pg#		
		Seminars					
10	10–11 am	Dance Documentaries—Short Films	Chip Zempel	Sep 6-Nov 29	16		
11	10–11:30 am	Alexander the Great and How He Changed the Cultures of Eurasia	David Lewis	Sep 6-Sep 20	25		
12	10–11:30 am	Grading America: What Would the Founders Think?	Ron Tochterman, Michael Hersher	Sep 6-Nov 8	21		
13	10–11:30 am	Let's Write Some Songs	Al Zagofsky	Sep 6-Dec 6	17		
14	10-Noon	As Long as Space/Time Endures: A Buddhist Practice Journey	Gus Koehler	Sep 6-Sep 27	29		
		Shared Interest Group	ps				
15	9:30-11 am	Book Group—Third Tuesday Book club	Marian Kile	Sep 20-Dec 20	36		
16	10–11:30 am	Book Group—First Tuesday Book Club	Gwen Bedient	Sep 6-Nov 1	35		
17	10 -Noon	Digital Photography	Jane Steele, Colleen Wong	Sep 6-Nov 15	32		
18	Noon-2 pm	Writer's Workshop II (P)	Anita Adams, Lani Hahn	Sep 6-Nov 29	36		
19	2-4 pm	Book Group—Great Books Discussion Group	Steven Debry	Sep 6-Nov 29	35		
	One-Time Presentations—Tuesday Speakers Series						
20	2-3:30 pm	Ukraine and Its Sacramento Connection	Vlad Skots	Sep 6	46		
20	2-3:30 pm	Nuclear Power—The New Green Deal	Jerry Glasser	Sep 13	47		
20	2-3:30 pm	Climate Change Impacts on the California Coast and Ocean: How can we solve this crisis?	Tom Suchanek	Sep 20	47		
20	2-3:30 pm	Street Art	Ann Rewell	Sep 27	47		
20	2-3:30 pm	A Year in the Life of a Vietnam Grunt	Dan Callnon	Oct 4	48		
20	2-3:30 pm	The Future of Sustainable Food	Jim Porterfield	Oct 11	48		
20	2-3:30 pm	John Wesley Powell: Grand Canyon Explorer	David Abelson	Oct 18	48		
20	2-3:30 pm	Foods That Fight Diabetes	Linda Middlesworth	Oct 25	48		
20	2-3:30 pm	The Auburn Ravine Salmon Revival	Jim Haufler	Nov 1	49		
20	2-3:30 pm	American Apocalypse I	Harry Cohen	Nov 8	49		
20	2-3:30 pm	Could the USA Lose Its Shine?	Sanjay Varshney	Nov 15	49		
20	2-3:30 pm	American Apocalypse II	Harry Cohen	Nov 29	49		
		One-Time Presentations—Communi	ty Presentations				
21	6:30-8:30 pm	A Cook's Tour of Sacramento Neighborhoods and Beyond (See catalog for detailed	Maryellen Burns and Dan Cross	Days, dates, and times vary	43		

index

by topic/issue area

Art, Entertainment, Food, and Travel

Bits and Pieces:

Beginner-Friendly Watercolor Fall Floral Doodles (Kathy Hart) 42

Beginner-Friendly Watercolor Pumpkin Doodles (Kathy Hart) 42

Beginner-Friendly Watercolor Holiday Doodles (Kathy Hart) 42

Celebrating the Great Pop and Vocal Jazz Albums (Mike Agron) 16

A Cook's Tour of Sacramento Neighborhoods and Beyond (Maryellen Burns, Dan Cross) 43

Dance Documentaries: Feature Films (Chip Zempel) 16

Dance Documentaries: Short Films (Chip Zempel) 16

Digital Photography (Jane Steele, Colleen Wong) 32

Dining Together (2nd Wed or 3rd Thurs) (Cheryl Nelson) 32

For the Love of Classical Music (Cynthia Hearden) 17

From the Vault: Stories Celebrating 100 years of 20th Century Fox (Mike Troyan) 52

Great Directors: Part One: The Films of Steven Spielberg (Gerald Camp) 17

Games for Entertainment (Roberta Frieze, Judy Keaton) 32

Knitting with Friends (Barbara Kletzman, Kristen Strand) 34

Let's Write Some Songs (Al Zagofsky) 17

The Life and Art of John James Audubon (Theodore Goodwin) 52

The Music of Your Life (Loretta Burdeaux) 33

Photography as Art (closed) (Roger Klemm, Mary Elliott Klemm) 41

Real Rock 'n' Roll (Bob Lang) 18

Sketching in Nature (Alice Stamm) 33

Social Dancing (Richard Kowaleski) 34

Street Art (Ann Rewell) 47

Travel and Adventure (Terry Moss, Jennifer Kerr) 18

Books, Language, and Literature

Book Group: First Tuesday Book Club (Gwen Bedient) 35

Friends of The New Yorker magazine (Ronald Meyer, Judy Day) 37

Fun with Jane: Sense and Sensibility on Page and Screen (Deirdre Downes) 35

Book Group: Great Books Discussion Group (Steven DeBry) 35

Book Group: Great Books Shared Interest Group (closed) (Jean Cawood, Dan Rooney) 39

Book Group: Partners in Crime (closed) (Lynda Cassady, Pat Stokes) 40

Book Group: Third Tuesday Book Club (Marian Kile) 36

Haiku Poetry in Japan and America (Theodore Goodwin) 19

High Intermediate Spanish (closed) (Melody Flores) 40

Le Cercle Français (Conversational French) (Gerard Lagomarsino, Debra Da Costa) 36

Read Charles Dickens' A Tale of Two Cities—the book you loved to hate—and be surprised! (Louise DiMattio) 19

The 'My Story' Project (Craig McCulloch, Allan Keown) 38

Spanish Conversation, Advanced (Prerequisite required) (Beatrice Hildebrand, Susan Dlugach) 34

The Economist (Wayne Luney) 37

Toastmasters Speechcraft (Lance McMahan) 19

Walkabouts (Lance Muller) 39

Writers Group 1 (closed) (Curtis Nelson, Marian Kile) 41

Writer's Workshop II (P) (Anita Adams, Lani Hahn) 36

Contemporary Thought: Local and Global Perspectives

American Apocalypse 1 (Harry Cohen) 49

American Apocalypse 2 (Harry Cohen) 48

Are "Black Indians" Real Native Americans?—Historical and Contemporary Perspectives (Darryl Omar Freeman) 53

The Assault on Our Democracy-What Is to Be Done? (Duane Campbell, Carl Pinkston) 20

As Long as Space/Time Endures, A Buddhist Practice Journey (Gus Koehler) 29

Ballot Measures in the Nov 2022 Election (Steven Maviglio, Rob Stutzman) 54

Conversations on Race (Gretchen Jung, Stacie Walton) 20

Cracker Barrel (Anita Fante, Per Ostlund) 20

Critical Thinking (Richard Kowaleski) 21

Could the USA Lose Its Shine? (Sanjay Varshney) 49

The Evolution of Policing and Public Safety in a Time of Social Unrest (Daniel Hahn) 55

Friends of The New Yorker magazine (Ronald Meyer, Judy Day) 37

Future Mobility Commercialization Collaborative (Arlen Orchard) 55

Grading America: What Would the Founders Think? (Ron Tochterman, Michael Hersher) 21

The Homeless Crisis in California (Sherman Haggerty) 21

How the Decline of Local News Threatens Democracy (Michael Hendrix) 55

Invisible Threads and Hidden Walls of Time (Gus Koehler) 30

Looking at the World with New Eyes: A Systems Perspective (Susan Osborn) 22

Moving the Needle on Antiracism and Inclusion (Dr. Mia Settles-Tidwell) 56

Mystery Guest Speaker (To Be Announced) 58

Nuclear Power-"The New Green Deal" (Jerry Glasser) 47

Racism, Prejudice, and Fascism (Greg Beale) 22

The Economist (Wayne Luney) 37

"Top 10" U.S. Domestic Issues & Potential Solutions (Ken Cross) 23

The Ukranian/Russian War: First-Hand Insights (Ruslan Gurzhiy, Marta Dyczok, Ksenia Kirillova) 54

The 2022 US Supreme Court at Work (Wolfgang Hoppe) 23

Water in California: Its History, Challenges, Conflicts, and Solutions (David Abelson) 23

What's Happening in California's Environmental Legislation? (Senator Ben Allen) 58

Economics

Active Retirement Investing (Bill Bailey, Marsha Holland) 24

The Economist (Wayne Luney) 37

How to Invest in This Market (Sanjay Varshney) 25

Health and Well-Being

The Aging Eye and Blindness (Dr. Ala Moshiri, Regina Brink) 56

As Long as Space/Time Endures, A Buddhist Practice Journey (Gus Koehler) 29

Qi Gong (Diana Loo) 38

Conversations on Race (Gretchen Jung, Stacie Watson) 20

Foods that Fight Diabetes (Linda Middlesworth) 48

Introduction to Walking Meditation Using a Labyrinth (Christie Braziel) 37

The Latest Updates in Treatments for Alzheimer's (Claire Day) 57

The 'My Story' Project (Craig McCulloch, Allan Keown) 38

Preparing for Life's Last Chapter: Options for Care (Dolores Eitel) 50

Preparing for Life's Last Chapter: Medical Aid in Dying (50)

Relationships: How to Build Strong, Healthy, Loving Relationships (Nanci Kuzins, Anamaria Pasquiers) 25

Stoic Insights: Ancient Wisdom for Resilience, Calmness, and Strength (Ivy Hendy) 25

Support and Services for Sacramento Seniors (Kathy Hart, Danny Lee) 42

Walkabouts (Lance Muller) 39

History

Alexander the Great and How He Changed the Cultures of Eurasia (David Lewis) 25

Are "Black Indians" Real Native Americans?—Historical and Contemporary Perspectives (Darryl Omar Freeman) 53

The California Trail-A Personal and Historic Journey (William Sullivan) 26

The Dynamic, Dramatic, Sometimes Dirty Dozen of Early California (Richard Fuller) 26

From the Vault: Stories Celebrating 100 years of 20th Century Fox (Mike Troyan) 52

Grading America: What Would the Founders Think? (Ron Tochterman, Michael Hersher) 21

The Great Hunger and Irish Immigration to the United States (Catherine Minicucci) 26

The Greco-Roman Tradition within Western Civilization (Ed Sherman) 27

Herb Caen (Maryellen Burns) 50

The History and Anthropology of the Sacramento Valley from California Indians through the Gold Rush (~1825-1865) (Stephen Beck) 27

shared interest groups (SIGs)

Art, Entertainment, Food, and Travel

Digital Photography

Jane Steele Co-leader: Colleen Wong Tuesdays, Sep 6 to Nov 15 (11 weeks) 10 to 12 noon Arden-Diminck Library

We are geared toward photographers who are interested in exploring the various modes and settings of their cameras. This year we will explore various techniques in photography. The class alternates between class sessions and field trips, to provide an opportunity to practice what is learned in class. Note: (1) We will meet at the Arden-Dimick Library, 891 Arden Way, Sacramento, CA 95864 and (2) As we get closer to the Fall session, we will provide a list of topics for class.

This Shared Interest Group is run by a dedicated group of volunteers. Jane Steele plans and administers the program. Colleen Wong facilitates the classes. Jay McKeeman and Scott Schaffner plan and host the field trips.





Dining Together

Cheryl Nelson Wednesdays, Sep 7 to Nov 30 (Year-round monthly) 5:30 to 7:30 pm

Registered members can dine with other registered members each month at a selected restaurant. Unless COVID restrictions are dropped, members read the Recorder and RSVP for either a 2nd Wednesday or 3rd Thursday dinner. If there are no COVID restrictions, we may change to just once a month.

Cheryl Nelson led Dining Together for 5 years pre-COVID and a modified version for the last 2 years.

Games for Entertainment

Roberta Frieze

Co-leader: Judy Keaton

Thursdays, Sep 6 to Dec 2 (Year-round weekly)

Card games, word games, dominoes, and other team games are played. We are open to learning new games. A basic knowledge of cards and trump is helpful. We spend a few minutes socializing at each meeting before



game play starts. Enjoy the opportunity to learn and socialize with people who have similar interests. Our members host and provide refreshments on a rotating basis depending on their own calendars. You may use the leader's home if your space does not allow.

Roberta Frieze has been a member of the Renaissance Society for more than 10 years. She maintains a list of changing meeting locations in members' homes and contacts for the group. Bobby previously worked in the dental profession and is widowed with 2 children and 3 grandchildren. She is an active gardener, reader and investor.

Judy Keaton is a longtime member of the Renaissance Society and is well-experienced in the topic being presented.

The Music of Your Life

Loretta Burdeaux Thursdays, Sep 8 to Dec 1 (12 weeks) 3:30 to 5 pm

Have fun with music and each other as we explore different types of music. Share a favorite song or something brand new-you choose and tell us why. Share your song with an audio recording, a video clip, or perform it live if you dare! Past topics included The Beatles, Show Tunes, Folk Music, Motown, and Classic Rock (all chosen by participants). These and more in store for the upcoming semester. We'll show you how to easily find music with free online resources and how to share it on Zoom. Help is always available if you need tech assistance.

Loretta Burdeaux is a retired educator who enjoys water aerobics, Tai Chi, playing the ukulele, singing with Threshold Choir, and taking Renaissance classes.

Sketching in Nature

Alice Stamm Fridays, Sep 9 to Oct 14 (6 weeks) 1 to 3:30 pm Academic Info Resource Center (ARC) 1011

We will meet outside where we can enjoy the college campus and sketch the trees! We will begin to "see" forms and shapes and patterns anew and, if time, sketch people as well. When one travels, sketching and making time to do so, opens up the world around one in ways differently from taking a photo. Materials needed: your own sketch pad of paper and two #8 or #9 pencils (soft lead).

Alice Stamm is a retired eurythmy (beautiful art of movement) teacher but still teaches kindergarten children. She enjoys drawing and sketching nature and people, especially while



32

33







The page numbers are live links. If you click on them, you will be directed to the first page of the applicable section in the catalog. —

contents

learn	
Our Learning Programs	
At-A-Glance Program Schedule	
Seminars	10
Shared Interest Groups [SIGS]	3
One-Time Presentations	4
Forums	54
Diversity, Inclusion, and Social Justice	<u>5</u> 9
connect	
Who We Are	61
How to Join if you are not a Member	<u>6</u>
Orientation and Rendezvous	
Library Card Information	6
Parking Registration	6
Online Learning Options	64
Enrolling in Programs	6
Ways to Connect	6
Board Members, Committee Chairs, Sac State Liaison, Office	Staff6
share	

Volunteer to Work with Sac State Students and our Community......73

Volunteer for a Committee	75
Membership Map	75
Leader and Facilitator Directory	
Index by Topic	
Acknowledgments	0.0

calendar of events

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ways to connect

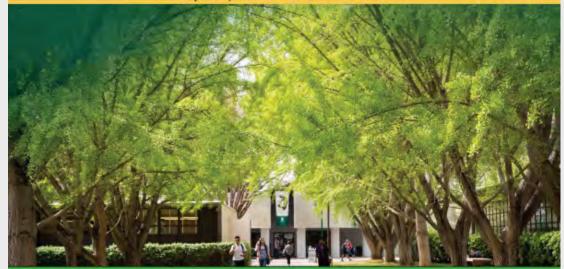
Reaching out to Renaissance Members



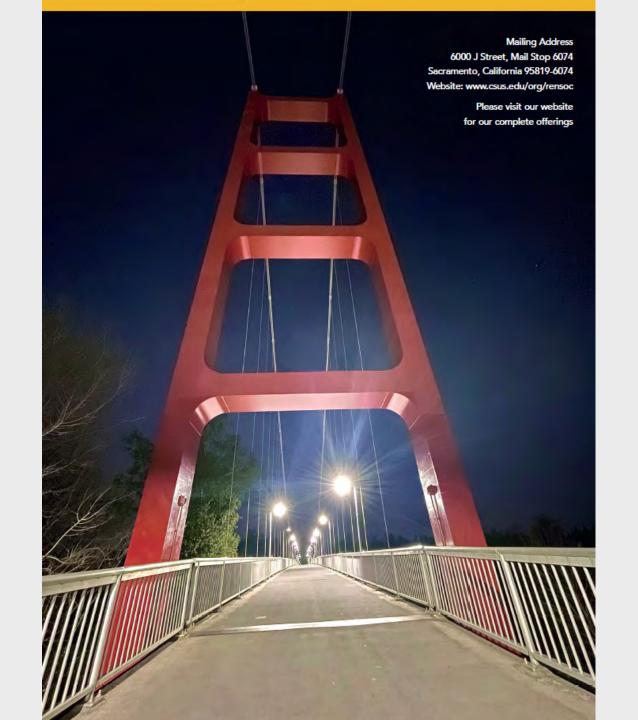


Renaissance Society Annual Report 2020-2021

Prepared By: Deborah Seiler and Amber Korb



Learn. Connect Share





Sarah Ryan-Roberts Co-Chair Technology Committee

earn.connect.share.

CELEBRATE many ways to connect!!

home base





Membership

How to Join Renaissance Join Online Apply On Paper **Special Conditions** Sac State and Renaissance Society COVID Safety Plan Protocols Renaissance Society Member Scholarship Program A Membership Gift

Interested? Get Info Here!

The Fab Fall 2022 Catalog

Memberships for 2022-202 Now Open!

Virtual Parking Permits

Seminar Basics and Rend

FAQs & History

Our Board & Governance

Need help? rensocit@gmail.com

explore • plan

Read Online in Flipbook

Download as PDF

Online Registration Site



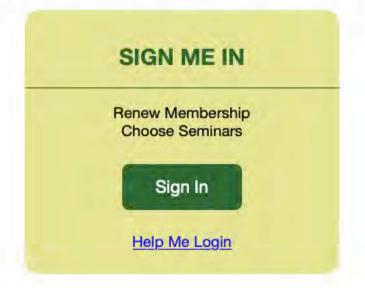
You have **two options** for signing up:

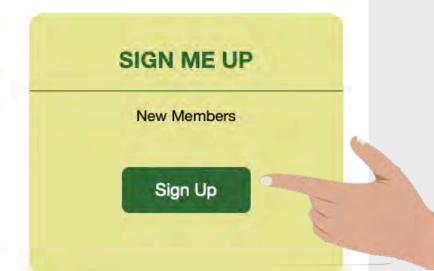
- Online with a credit card Quickest!
- Paper with checkmail or give to RS
 Office staff here at Rendezvous- Slowest!

as a new member



The Renaissance Society - Member Home







Once you have a member ID (also known as an RS number), you can **Choose Seminars**

as a returning member



The Renaissance Society - Member Home



Forgot member ID?

Click Help Me Login

Member ID Look	cup
 First Name 	
• Last Name	
• Zip Code	

enrolling tips

"How Do I" Guide

Enroll in Programs and Find the Zoom Link

Download from Online Learning
Resources

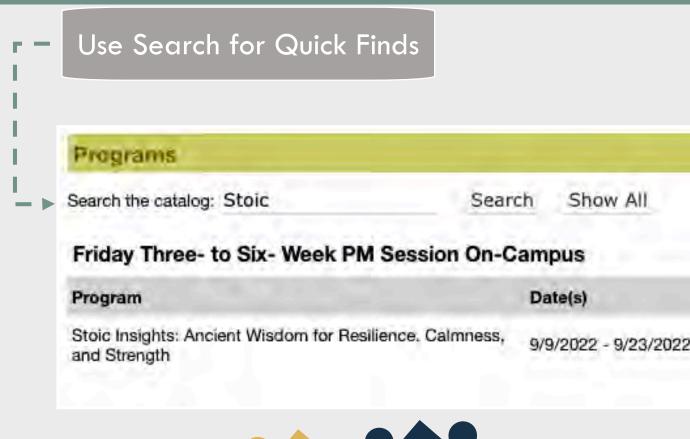
Learn. Connect. Share.

Summer, Forum and Other Recordings

Online Learning Resources

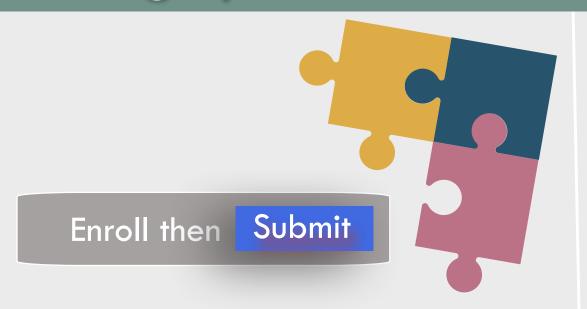
Get Involved: Donate. Volunteer.

Cool Campus Tree Map PDF





enrolling tips



You are not registered until you click the blue Submit button at the bottom of the page. You may need to scroll to see it.

SAVE your email

Below is a list of your current and upcoming seminars. Please save

- Dance Documentaries Feature Films
 09/09/2022 12/02/2022 (Friday), 12:00 PM 2:30 PM
 Zoom only (Meeting Link: https://csus.zoom.us/j/81621497452

 Seminar Lead(s): Chip Zempel (RSFilmFan@zempel.com)
 Your Status: Enrolled
- Stoic Insights: Ancient Wisdom for Resilience, Calmness, 09/09/2022 - 09/23/2022 (Friday), 1:00 PM - 2:30 PM Alpine Hall (ALP) 236

If you lose it, return to Member Sign In and select

Email My Program List

resources

- Using Zoom to Participate in Programs
- Basic Training and Guides
- Features Training and Guides
- Best Zoom Online Practices Videos
- How Do I ... ?
- Knowledge Base
- Contact us: rensocit@gmail.com

Getting Connected









printable guides





First Step (one time only):

Download the App from the Apple Store. Search for "ZOOM Cloud Meetings"

Join a Meeting from an email

Most of the time, tapping on the **Join Zoom Meeting** link in an email invitation or text message invite, will connect you to your meeting. The link is convenient because both the meeting ID and encrypted password are in it. The Meeting ID is at least 10 digits. Some meetings will require you to enter a password for added security.

getting connected

While on campus, connect your devices to our official wireless network, eduroam.



Eduroam

Connect to eduroam while on campus from an Android, Chromebook, iOS, MacOS, or Windows!

Device-Specific Connection Instructions

More information on the Renaissance home page under **FAQ**







Wireless Network

Let's get connected! Our official wireless network is <u>eduroam</u> (<u>edu</u>cation <u>roaming</u>), a secure, world-wide roaming access service for academia. Once you're in the eduroam Wi-Fi network, you're instantly connected on campus, and at any participating eduroam <u>hotspot</u> – without data or roaming charges.

Connect to eduroam

earn more about wireless

staying connected

Мар

APP available free from

Commute

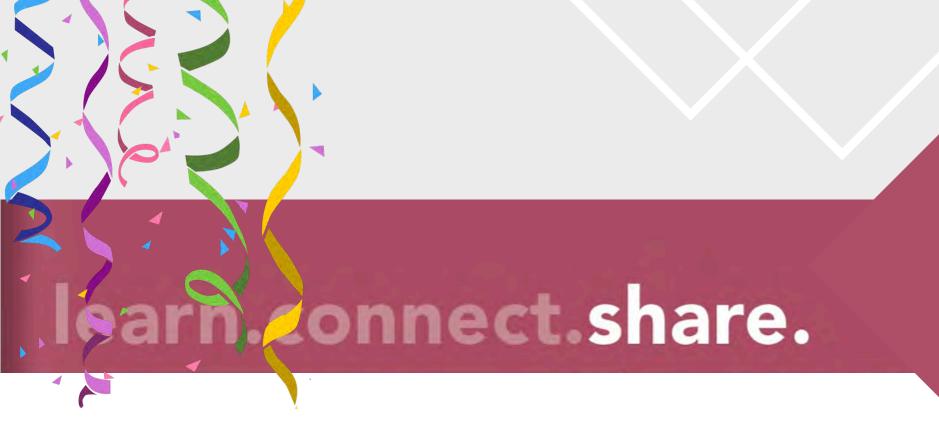
Available on the App Store

COVID-19 Updates

Emergency Info









Debbie Martinez MDCE Chair

JOY IS: community engagement!!!

Diversity, Equity & Inclusion

"The Renaissance Society, a member of the Sacramento State campus, embraces diversity, equity, and inclusion in all facets: ethnicity, gender, and political persuasion.

We do this as we learn, connect, and share with each other and our community.

We are committed to eradicating the disease of racism and bias in our community, and we will promote the kindness and compassion necessary to build inclusiveness and trust in our community."







volunteer

- Ambassadors
- Committees
- Usher/Mentor

donations

- ASI Food pantry
- Scholarships
- Student Emergency Fund
- Renaissance + Sac State
 Special Program Fund



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ASI Food Pantry* (Payable to: ASI Food Pa	antry)			
Renaissance Society Op	The state of the s	at Involved	: Donate. Vo	linteer
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y ways to give

- Online: live links provided by choosing Get Involved: Donate, Volunteer
- By mail: Print gift form in flipbook (page 71)

Badges?

Members

Use current badge

New Members Since Covid

Badges ready at the RS Table in Foyer

New Members Today

Badges made at the RS Table in Foyer

After Today

9/9, 9:30am to 10:30am, Student Union

9/16, 9:30am to 10:30am, Serna Center Plaza

Lost Badges



Renaissance Society COVID Safety Plan Protocols

To participate this Fall 2022 semester in RS programs on the Sac State campus requires:

- 1. **Be fully vaccinated** RS members are required to be fully vaccinated to participate in RS indoor programs on the Sac State campus. On Dec. 22, 2021, the CSU Chancellor's office announced that it requires faculty, staff and students to receive booster shots to be fully immunized against COVID-19 and comply with the CSU Vaccination Policy. As a third-party event, RS program participation allows no medical or religious exemptions. Virtual participation is still an option for distance learning.
- 2. **Vaccination self-attestation** Members will read, complete and sign a vaccination self-attestation sheet when entering their RS program classrooms for each session. Attestation will include showing your COVID-19 Vaccination Record Card.
- 3. **Face masks** The wearing of face masks is optional when attending programs on the Sac State campus. Members are expected to bring their own face masks. Everyone should feel free to wear face coverings, and no one should be shamed for wearing them.
- 4. **Social distance** Everyone is encouraged to social distance to whatever extent possible within the classrooms. This is not required by the current university policies but is desired to honor RS members' safety wishes expressed in RS surveying. A minimum distance of three feet and a preferred distance of six feet is the RS social distancing standard.



Accessibility • Partnerships



- Purchase online from UTAPS
 (University Transportation & Parking Service)
- \$40 annual permit (good through 6/30/23)
- Enroll up to two vehicles per permit (one vehicle at a time allowed)
- Instructions on Renaissance web site
- Fridays and Saturdays only
- Good for student AND faculty/staff parking areas

Help? 916-278-7275 parking@csus.edu





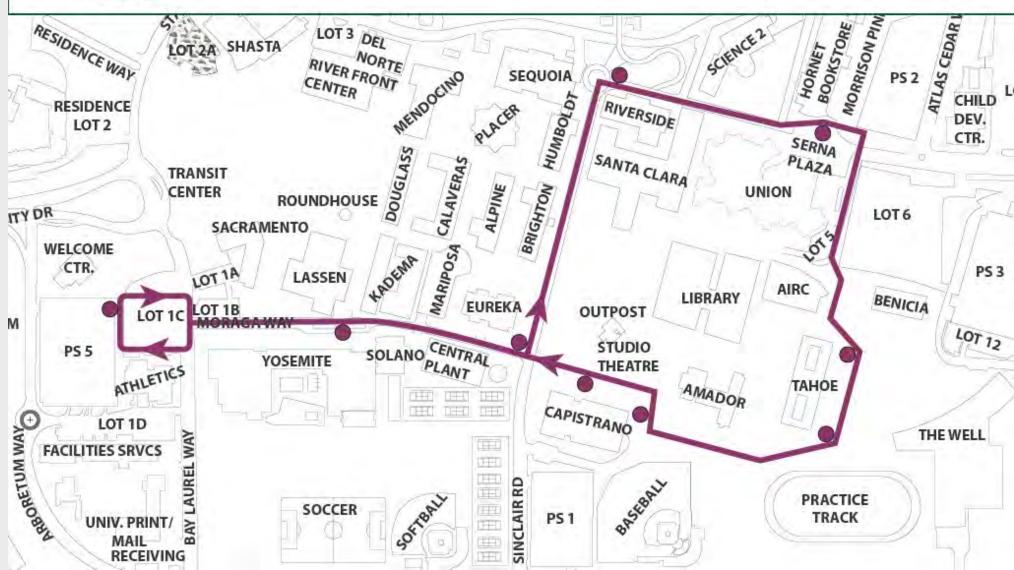
The Herky Streetcar



HERKY STREETCAR

Monday-Friday, 7:15am - 5:30pm



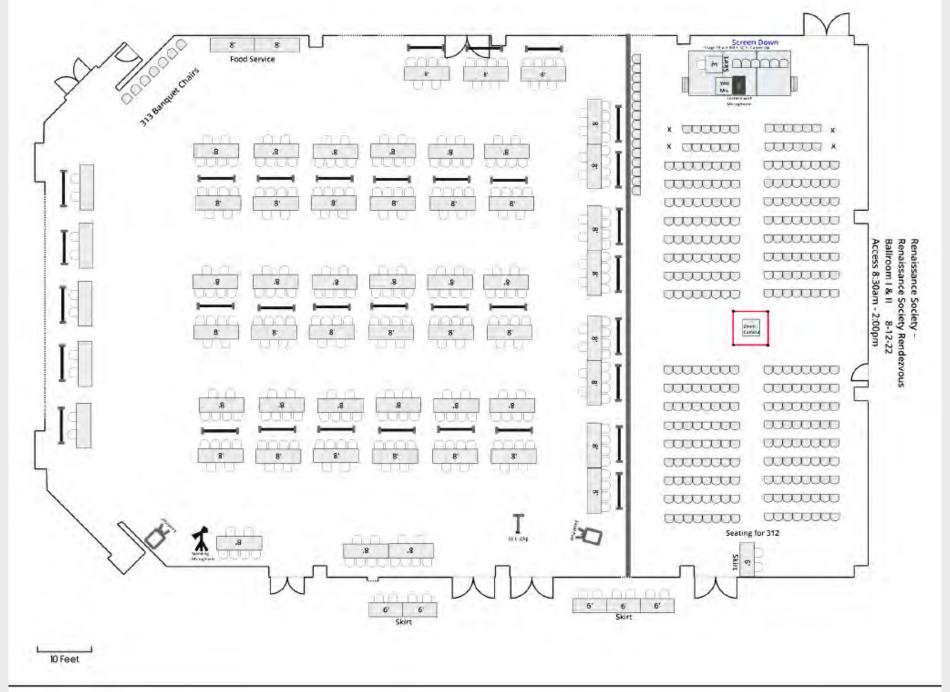




Renaissance Society Accessibility Guidelines



- Speak slowly and clearly, with face and mouth visible to all seminar participants whenever speaking.
- Use the classroom sound system lavalier or handled microphone.
- Use portable microphones for comments or questions by seminar participants.
- Always repeat or summarize what is asked or said by each seminar participant.
- **Never engage in a discussion** with participants in the front rows that is not repeated or summarized for all participants to understand.
- When possible, activate the subtitles or closed captioning of any video that is shown during a seminar.
- Use Zoom closed-captioning subtitles and transcription features.
- Leave front seats vacant for those with hearing/understanding, vision, and mobility limitations.
- Remember the Herky Streetcar is available for RS members with mobility issues.











Sacramento State Partner tables

- 1. Maryjane Rees Language, Speech & Hearing Center Audiology Clinic
- 2. Cardiovascular Wellness Program
- 3. Friends of the CSUS Library
- 4. Physical Therapy Department Community Clinics
- 5. Precision Medicine, UC Davis



Center for Precision Medicine and Data Sciences

Cardiovascular Wellness Program



FRIENDS OF THE SACRAMENTO PUBLIC LIBRARY



friendship force



Community Partner Tables

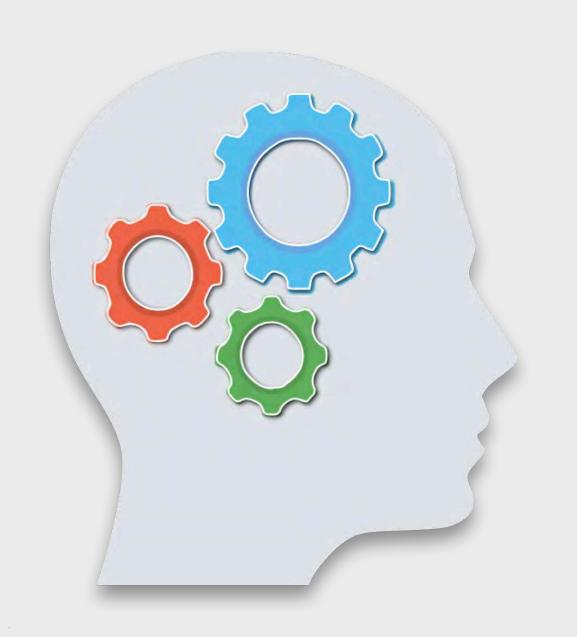
- 1. Friends of the Sacramento Public Library
- 2. Friendship Force Sacramento
- 3. HICAP (Health Insurance Counseling & Advocacy Program)
- 4. Rebuilding Together Sacramento
- 5. StopFalls Sacramento







time for questions



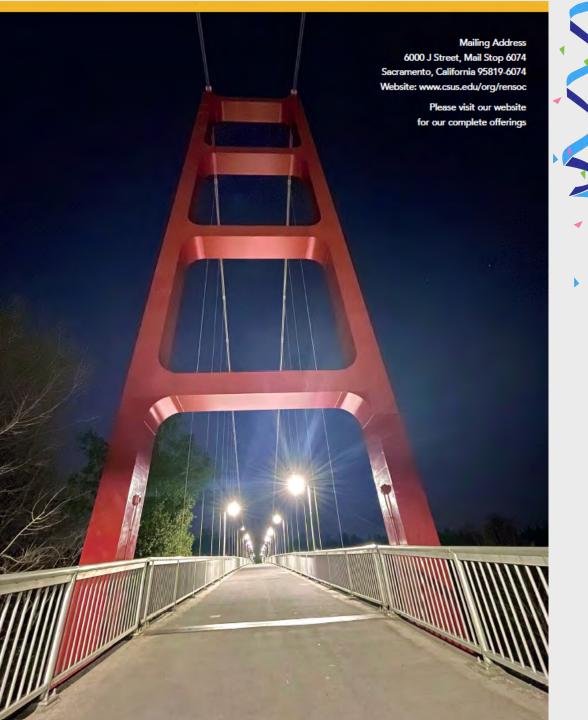
think of something later?

Evie Boggs evieboggs@comcast.net (916) 955-1593

Tech Team rensocit@gmail.com

Debra da Costa renaissa@csus.edu (916) 758-5133

Debbie Martinez debralyn78@pacbell.net (916) 802-6530



Thank you Schedule

9:00-10:30: Orientation (Ballroom III)

10:30-1:30: Membership Registration (Lobby Suite-

off the foyer)

10:30-1:30: Membership Services (University Union foyer)

• Questions

Nametags

10:45-11:15: Campus Tour (Meet in the Foyer)

11:15-12:00: "No host" lunch (Sac State Campus Eateries)

https://www.dining.csus.edu/campus-eateries-2/

12:00-1:30: **Rendezvous** (Ballrooms I & II)

- Speak with program leaders
- Register for Fall programs
- Sign-up to volunteer

learn · connect · share