



SACRAMENTO  
STATE

Welcome to our  
Fall 2023 Orientation  
The program begins at 10 am



RENAISSANCE  
SOCIETY  
SACRAMENTO STATE

LEARN • CONNECT • SHARE





## Renaissance Society Fall Social

When: Sunday, Sept 17, from 12:30 – 4:30 (setup help welcome 11:30-12:30)

Where: Arden Park at 1000 La Sierra Blvd

Why: To celebrate our return to lifelong learning and pay honor to Hispanic-Latinx Heritage Month: eat, drink, chat, listen to music, and clean up.

RS provides entrees, desserts, and ice. Please bring your own drinks, lawn chair if preferred, and an appetizer, side, or salad to share. (Remember that the park strictly forbids GLASS!!) Remember to wear your badge!





SACRAMENTO  
STATE



RENAISSANCE  
SOCIETY  
SACRAMENTO STATE

# Welcome from the President



Deborah  
Seiler

LEARN • CONNECT • SHARE



- Audience members, please turn off your mobile devices or laptops to help us avoid audio feedback in the system. Thank you!
- Please hold your questions until the end of the presentation.



## Our History

- 1986 The Renaissance Society is founded at Sac State
- 1987 Mentoring Gerontology students
- 1993 Scholarship program begins
- 2017 ASI Food Pantry donations begin
- 2020 Programming goes all-virtual
- 2022 Programming is virtual Monday – Thursday; Friday programs are in person



## What we Offer:

### Programs (Learn)

- Seminars
- Single presentations
- Forums with prominent outside speakers
- Shared Interest Groups (SIGs) meet on and off campus
- Summer Program



## What we Offer:

### Volunteer Opportunities (Connect)

- Gerontology
- Physical Therapy
- Psychology
- U Mentor
- Ushering
- Audiology
- Help Food Pantry staff pack Thanksgiving Baskets

LEARN • CONNECT • SHARE



## What we Offer:

### Social Opportunities

- Picnics
- First Friday Pizza
- Holiday Dinner
- Brown Bag Lunches
- New Member Functions
- Sports and Theater Outings





## What we Offer:

### Philanthropic Opportunities (Share)

- Scholarships
- ASI Food Pantry
- Emergency CARES
- “Give Something Extra”



## We keep you informed!

- Website [csus.edu/rensoc](http://csus.edu/rensoc)
- Monthly Recorder
- Weekly Update
- Social Media: Group FB, Public FB, Twitter “posts”
- Standalone messages for special events via CC
- Annual Report
- Catalog





SACRAMENTO  
STATE



RENAISSANCE  
SOCIETY  
SACRAMENTO STATE

**Dr. Dianne Hyson**  
**Dean, College of Social Sciences and**  
**Interdisciplinary Studies**



Dr. Diane  
Hyson

LEARN • CONNECT • SHARE





# Program Committee Chair

LEARN • CONNECT • SHARE



Kathryn  
Tobias





The Renaissance  
Society of Sacramento  
**[fall.catalog.2023](#)**

LEARN • CONNECT • SHARE



# Features of the Catalog

## Abbreviation Key

### ABBREVIATION KEY

|           |   |
|-----------|---|
| <b>D</b>  | Diversity program   |
| <b>FS</b> | Program fully subscribed  |
| <b>H</b>  | Hybrid (IP + Z) program;  |
| <b>NR</b> | Program not recorded  |
| <b>OE</b> | Overlapping enrollment  |
| <b>R</b>  | Program recorded;   |
| <b>WI</b> | Walk-in program — use online system to enroll or check with leader; |
| <b>Z</b>  | Zoom-only   |
| <b>IP</b> | In-person only  |



# Features of the Catalog

Alphabetical Listings  
for Seminars and SIGs

LEARN • CONNECT • SHARE

seminars

## seminars

### MONDAY TO THURSDAY SEMINARS

#### Understanding How to Invest in This Market (Z/R/OE)

Sanjay Varshney  
Mondays, Sep 11 to Oct 16 (6 weeks)  
12 to 1 pm

The Fed has raised rates numerous times to combat inflation. But the downside has been a major slowdown in the economy and markets selling off steeply in 2022. Is a recession imminent? Can 2023 close on a positive note for investors? If you are retired or close to retirement, how do you navigate these treacherous markets? What should you know about trends in the stock and bond markets that can help you better prepare for downturns? Are you ready to invest wisely and avoid pitfalls and mistakes?

**Sanjay Varshney**, Founder and Principal of Goldenstone Wealth Management, is a Professor of Finance at Sac State. He earned an undergraduate degree from Bombay University, a master's degree in economics from the University of Cincinnati, and a PhD in finance from Louisiana State University. In addition, he holds the Chartered Financial Analyst designation. Dr. Varshney also serves as the Chief Economist for the *Sacramento Business Review* and is widely quoted in the media.

CLICK HERE TO ENROLL  
IN ANY PROGRAM  
Starting on August 14th

14

## programs



#### American Criminal Justice (D/Z/NR/OE)

Ron Tochtermann  
Melissa McElheney  
Albert Locher  
Tuesdays, Sep 5 to Dec 5 (10 weeks)  
9:45 to 11:30 am

**American Criminal Justice:** How and for whom the system works and does not work, and how to fix it. Read and discuss *Just Mercy: A Story of Justice and Redemption*, in which Bryan Stevenson describes his career defending disadvantaged clients. If you have the time and the energy, consider reading *The New Jim Crow: Mass Incarceration in the Time of Colorblindness* by Michelle Alexander.

**Ron Tochtermann** served as a judge of the Superior Court in Sacramento County for 32 years. Before that, he worked as a Deputy District Attorney and Assistant Chief Deputy Attorney in Sacramento County. For 20 of those years, he taught law school courses (Constitutional Law, Evidence, and Criminal Procedure at McGeorge, Lincoln, and UC Davis law schools.

**Melissa McElheney** served as a Deputy Public Defender in Sacramento County for 35 years, and in 2023 was named Outstanding Public Defender. Melissa, a superb actor, is fearless and charismatic.

**Albert Locher** served as a Deputy District Attorney in Sacramento for 37 years, becoming an Assistant Chief Deputy, and then the Assistant District Attorney. In 2013, he received the John J. Meehan Career Achievement Award from the California District Attorneys Association.

#### Gardening with California Natives (Z/R/OE)

Bonnie Gault-Blue  
Tuesdays, Sep 5 to Sep 19 (3 weeks)  
10 am to 12 pm

California native plants are drought tolerant and well adapted to our environment. They also play an important role in maintaining the life cycle of many native insects that are in danger of dying out. Finding plants that work well in our yards makes the transition to Native gardens much easier. In the first session, we will learn about mostly local California native plants that can be adapted to a yard. In the second session, we will discuss planting and care for California natives.

As an avid lover of nature, **Bonnie Gault-Blue** has been greatly concerned about the great die-off of plants and wildlife. Over the last 15 years, she has been replacing her front yard plants that originated from Europe or the eastern United States with California natives. She has taught classes on gardening at the Renaissance Society for the last few years and also published her memoir of the 5 years she spent at the Findhorn Community in Scotland in the 1980's.



#### Movies That Scared Us as Kids (Z/R/OE)

Chip Zempel  
Tuesdays, Sep 5 to Dec 5 (13 weeks)  
1 to 3:30 pm

When your Mom told you not to watch a movie because it would give you bad dreams, did you watch it anyway? This semester we will examine classic horror and sci-fi films from the 30s to the 60s and ask why they scared us then and are they still scary now. Did you know?... *The Mummy* came out amid rumors of Curse of the Pharaohs after the opening of King Tut's tomb. *Forbidden Plane* is a loose adaptation of Shakespeare's *The Tempest*. The director of *Invasion of the Body Snatchers* called the film's references to McCarthyism and totalitarianism "inescapable." Censors demanded changes to *The Day the Earth Stood Still* due to allusions comparing the alien to Jesus Christ. And Maria Ouspenskaya never recited the "wolfbane" poem!

**Chip Zempel** is in his eighth year leading film seminars for Renaissance Society. He seeks out unusual "genre busters" that don't fit standard categories, and his seminars have covered a broad range of themes, everything from samurai films and westerns, to romantic comedies, coming-of-age stories, animation, time travel, as well as magic, myths, and fairy tales.

#### ABBREVIATION KEY

- D** Diversity program
- FS** Program fully subscribed
- H** Hybrid (IP + Z) program;
- NR** Program not recorded
- OE** Overlapping enrollment
- R** Program recorded;
- WI** Walk-in program — use online system to enroll or check with leader;
- Z** Zoom-only
- IP** In-person only

15



## Ways to Plan



- At a Glance
- List of Programs by Topic/Issue
- Directory of Leaders
- Diversity, Inclusion and Social Justice



## Seminars

- Movies
- Book Clubs
- Music
- History, Economics,  
and more!



LEARN • CONNECT • SHARE



## Shared Interest Groups [SIGs]

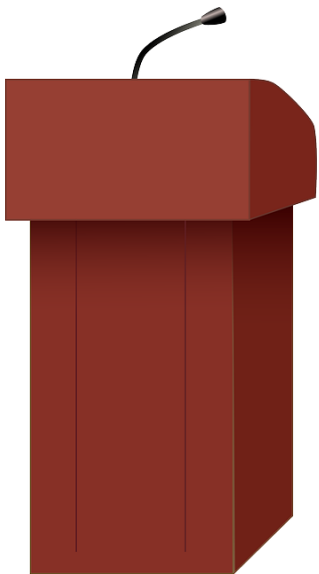


- French and Spanish Conversation groups
- Games
- Walking
- Social Dancing
- Watercolor

LEARN • CONNECT • SHARE



## Forums



- Fridays 3 - 4 pm in Mendocino Hall 1005 and on Zoom
- Featuring: Attorney General Rob Bonta, Mayor Darrell Steinberg and ten other illustrious speakers.
- Check them out in the catalog and sign up for each of them!





- 

LEARN • CONNECT • SHARE



## Live Theater

- Alter Egos Readers Theater
- Fall Dance Concert- Sept 7-10
- “Stupid F\*\*\*ing Bird” by Aaron Posner  
- Oct 26-29 & Nov 1-5
- University Dance Company- Nov 16-19
- Reader’s Theater- Dec 6-9







Mailing Address  
6000 J Street, Mail Stop 6074  
Sacramento, California 95819-6074  
Website: [www.csus.edu/org/rensoc](http://www.csus.edu/org/rensoc)  
  
Please visit our website  
for our complete offerings

LEARN • CONNECT • SHARE



# Technology Committee Chair

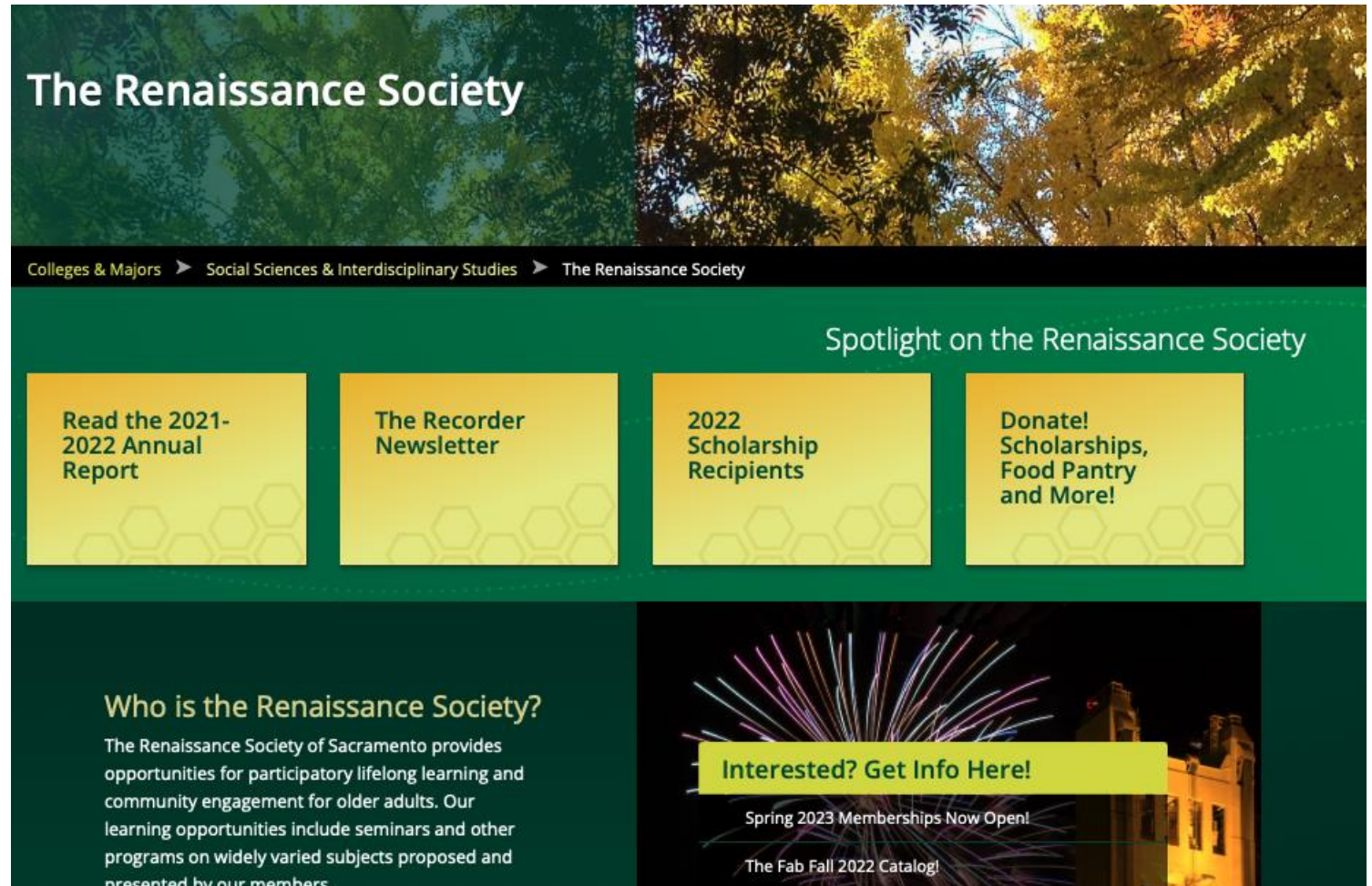


Sarah  
Ryan-Roberts



RS Website is  
your home base

[csus.edu/rensoc](https://csus.edu/rensoc)



LEARN • CONNECT • SHARE



# Become a member

## Who is the Renaissance Society?

The Renaissance Society of Sacramento provides opportunities for participatory lifelong learning and community engagement for older adults. Our learning opportunities include seminars and other programs on widely varied subjects proposed and presented by our members.

We also are involved with Sac State in many helping ways to provide more learning opportunities, such as providing scholarships or volunteering for many Sac State departments.

We have a wide variety of programs, five days a week. For the Spring 2023 semester, programs on Zoom will be offered Mondays through Thursdays. Other programs will be on the Sac State campus on Fridays; some will be in-person only, while others will be a combination of in-person and Zoom.

Online Registration

## Interested? Get Info Here!

Free Summer Seminars and More!

Fall 2023-Spring 2024 Memberships Now Open!

Virtual Parking Permits

Program Basics and Tips

FAQs & History

Our Board & Governance

Read the Annual Report! PDF

## Learn. Connect. Share.

Forum, Summer and Other Recordings

Online Learning Resources

Get Involved: Volunteer.

# LEARN • CONNECT • SHARE



Here's where  
you sign UP



**The Renaissance Society - Member Home**

**SIGN ME IN**

Renew Membership  
Choose Seminars

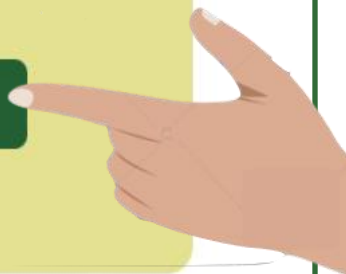
**Sign In**

[Help Me Login](#)

**SIGN ME UP**

New Members

**Sign Up**



LEARN • CONNECT • SHARE



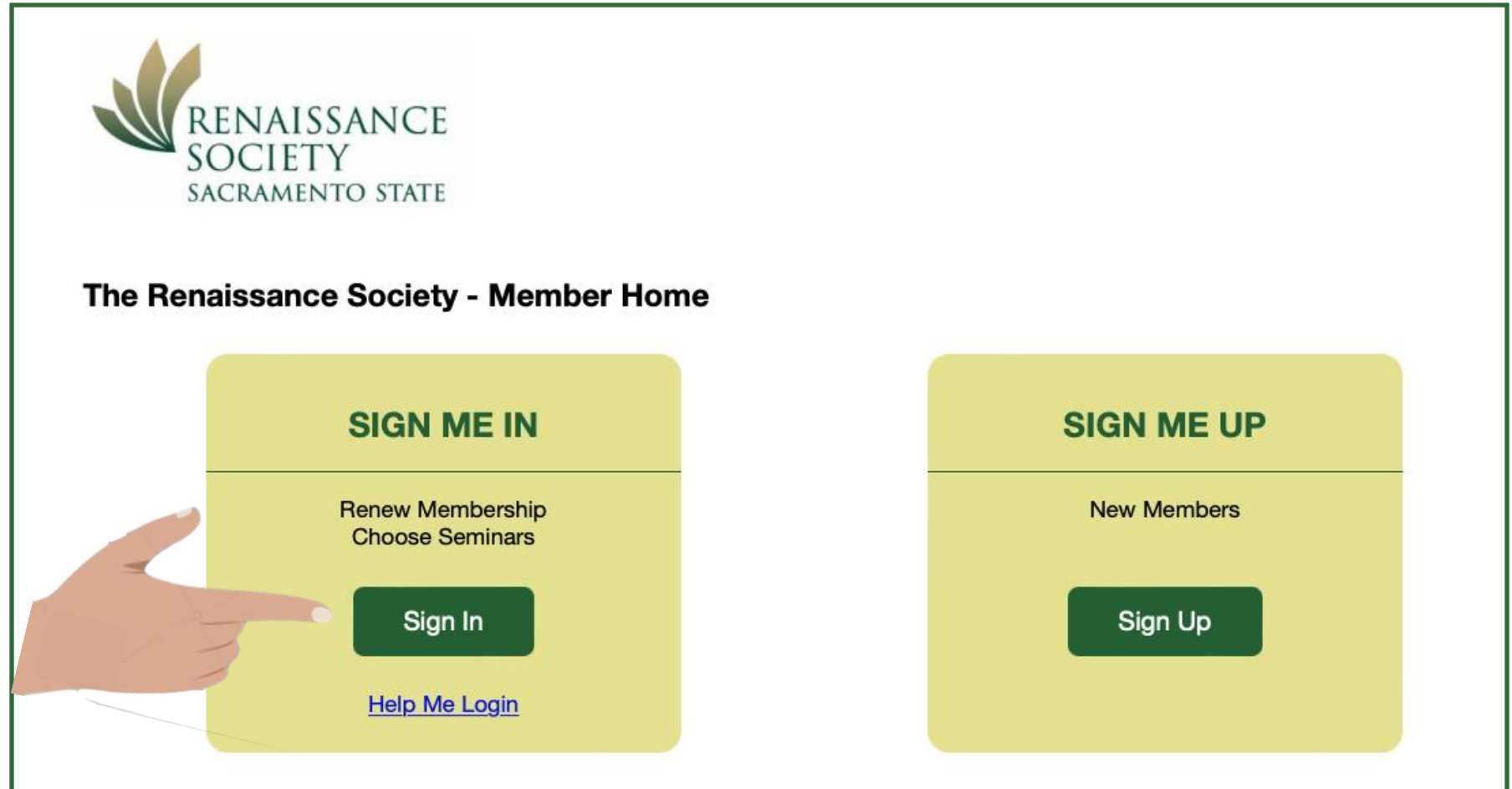
When you become a member, you are issued an RS number & badge if needed



LEARN • CONNECT • SHARE



Then you can  
sign IN to  
choose your  
programs



LEARN • CONNECT • SHARE



Locate the program you want, click > Enroll then Submit

| Programs   |           |                                   |                          |                     |          | <a href="#">Return to Member Home</a> |
|--|-----------|-----------------------------------|--------------------------|---------------------|----------|---------------------------------------|
| Search the catalog: <input type="text"/> <span>Search</span> <span>Show All</span> |           |                                   |                          |                     |          |                                       |
| Monday - Thursday Seminars - Zoom Only   |           |                                   |                          |                     |          |                                       |
| Status   | Delivery  | Program                           | Date(s)                  | Times               | Location | Lead(s)                               |
| <a href="#">Enroll</a>   | Z/R/OE    | Movies That Scared Us as Kids     | Sep 5 - Dec 5 (Tuesday)  | 1:00 PM - 3:30 PM   | Zoom     | <a href="#">Chip Zempel</a>           |
| <a href="#">Enroll</a>   | D/Z/NR/OE | American Criminal Justice         | Sep 5 - Dec 5 (Tuesday)  | 9:45 AM - 11:30 AM  | Zoom     | <a href="#">Ron Tochterman</a>        |
| <a href="#">Enroll</a>   | Z/R/OE    | Gardening with California Natives | Sep 5 - Sep 19 (Tuesday) | 10:00 AM - 12:00 PM | Zoom     | <a href="#">Bonnie Gault-Blue</a>     |



# You'll receive an email confirmation

## The Renaissance Society of CSUS - Membership Application (2022-23): Seminar Selections for Jeff Hendy

Below is a list of your current and upcoming seminars. Please save this email for future reference.

- **Digital Photography Class**  
02/07/2023 - 05/09/2023 (Tuesday), 10:00 AM - 11:30 AM  
  
Seminar Lead(s): [Jay McKeeman \(jbmck@comcast.net\)](mailto:jbmck@comcast.net)  
Your Status: **Enrolled**
- **England, from the Fall of Rome to the Norman Conquest - the Birth of the Anglo-Saxons**  
02/10/2023 - 05/12/2023 (Friday), 10:00 AM - 11:30 AM  
Alpine Hall (ALP) 235  
Seminar Lead(s): [Jeff Hendy \(edhjeff@gmail.com\)](mailto:edhjeff@gmail.com)  
Your Status: **Enrolled**
- **How Britain Lost America**  
02/28/2023 (Tuesday), 2:00 PM - 3:30 PM  
(Meeting Link: <https://csus.zoom.us/j/85071192509?pwd=Nm93WkZVYVJ3ajVma2NpV2EzclpNdz09>)  
Seminar Lead(s): Cathy Minicucci  
Your Status: **Enrolled**

If you lose it, return to  
Member Sign In and select

Email My Program List

LEARN • CONNECT • SHARE

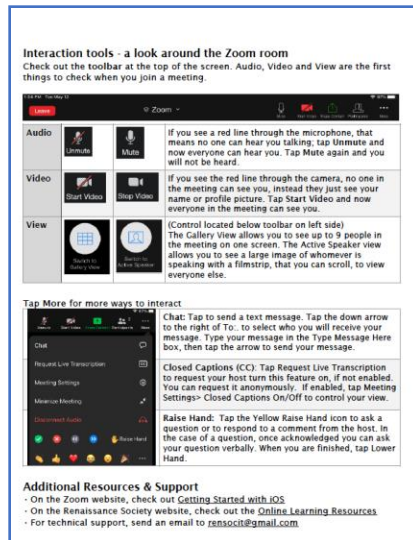


# Getting Started



Video Tutorials

## How Do I...?



PDF Guides

Learn. Connect. Share.

Forum, Summer and Other Recordings

Online Learning Resources

Get Involved: Volunteer.

Cool Campus Tree Map PDF


# LEARN • CONNECT • SHARE




# On campus free wifi



Available on **SacLink** with a guest log in for 4 hours at a time

 SACRAMENTO STATE

SacLink

---

Wireless Network

Let's get connected! Our official wireless network is [eduroam](#) ([education](#) [roaming](#)), a secure, world-wide roaming access service for academia. Once you're in the eduroam Wi-Fi network, you're instantly connected on campus, and at any participating eduroam [hotspot](#) – without data or roaming charges.

Connect to eduroam

[Learn more about wireless](#)

---

[➤ Unable to connect to eduroam?](#)

▼ [Sac State Guest Login](#)

Email Address:

Log In

\*You will be required to re-authenticate after each four hour block of usage.

---

Need help? Contact [IRT Service Desk](#) at 916.278.7337 or [servicedesk@csus.edu](mailto:servicedesk@csus.edu).



APP available free from



## Sac State Mobile

Tap into what's new!



Plus **Safety**  
Information



LEARN • CONNECT • SHARE



# See you at the Tech tables in Open House

Become a Member

**SIGN ME UP**

New Members

Sign Up

Sign up for Programs

**SIGN ME IN**

Renew Membership  
Choose Seminars

Sign In

[Help Me Login](#)

Learn about Volunteering



Need technical help? Send an email to [rensocit@csus.edu](mailto:rensocit@csus.edu)

LEARN • CONNECT • SHARE





# **Membership, Diversity & Community Engagement (MDCE) Chair**



**Debbie  
Martinez**

**LEARN • CONNECT • SHARE**



# Why Renaissance?



LEARN • CONNECT • SHARE



# Celebrating Diversity



***“The Renaissance Society,  
a member of the Sacramento  
State campus, embraces  
diversity, equity, and inclusion  
in all facets: ethnicity, gender,  
and political persuasion”***



LEARN • CONNECT • SHARE



# Share Your Talent by Volunteering



- Ambassadors
- Ushering
- Renaissance Committees
- Mentoring

LEARN • CONNECT • SHARE





# Giving is Sharing

- Scholarships
- Food Pantry
- Student Emergency Fund
- Give Something Extra

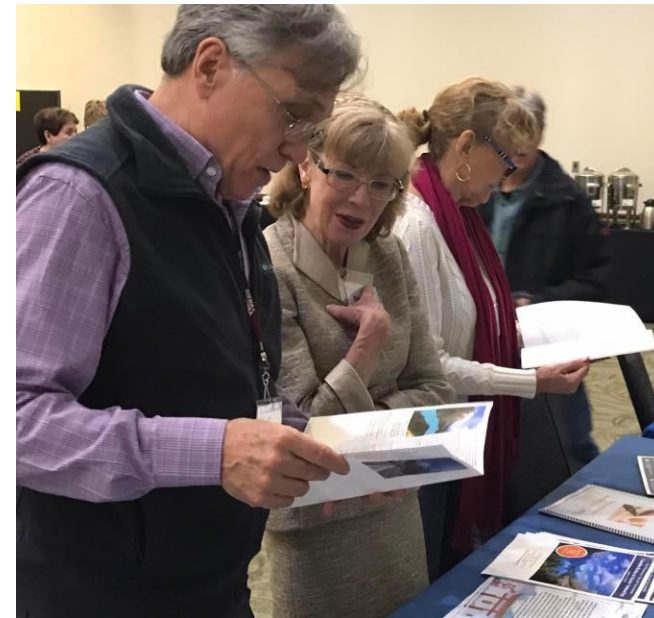
The 2023 Scholarship Recipients

LEARN • CONNECT • SHARE



# Renaissance Committee Tables

- Membership, Diversity & Community Engagement
- Communication and Marketing
- Resource Development
- Forums
- Program
- Technology
- Volunteer Services



LEARN • CONNECT • SHARE



# Community Partner Tables



acc SENIOR SERVICES



FRIENDS OF THE  
SACRAMENTO  
PUBLIC LIBRARY



friendship force  
SACRAMENTO



CULTURPHORIUM



Rebuilding  
Together®

Sacramento

LEARN • CONNECT • SHARE



# Sacramento State Partner Tables



Cardiovascular Wellness Program

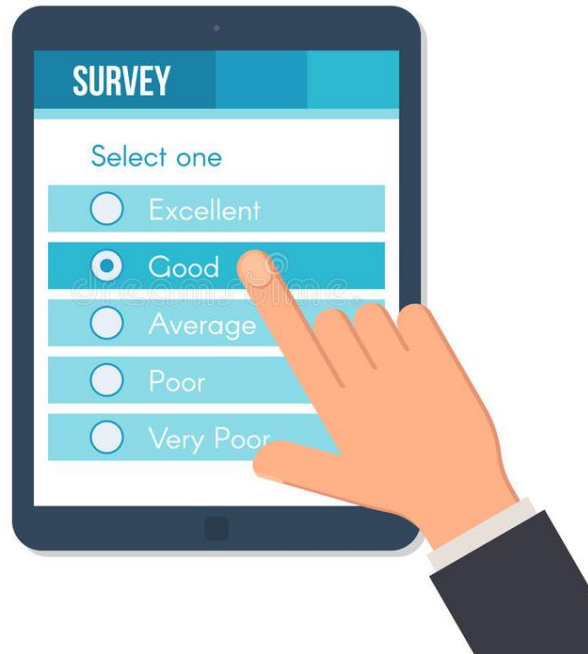


**WOMEN'S RESOURCE CENTER  
AT SACRAMENTO STATE**

LEARN • CONNECT • SHARE



## Take our Survey



- Monday, August 21
- Check Your Email
- Click on the Survey
- We Want to Hear from You!

LEARN • CONNECT • SHARE





**Come Join Us!**



LEARN • CONNECT • SHARE



Open House 11:00am - 12:30pm

Tours 11am - Meet in Lobby

Badges

Registration

Enrollment

Tabling

Refreshments/Socializing

LEARN • CONNECT • SHARE