

## ON-CAMPUS SPEAKERS SERIES, FRIDAY MORNING (Formerly Mini-Seminars)

**DROP-IN, NO REGISTRATION REQUIRED**

All programs are 10 a.m. to 11:30 a.m., Mendocino 4004

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### **February 7 Philip Lane Communication Technology and Cultural Change**

From the origination of written language to the computer and the smartphone, humans have searched for new and better ways of communicating with one another as individuals and in groups, societies and nations. Much of this has involved technical innovation in the development of communication processes and devices that have had profound effects on cultures and societies, and on how we as individuals conduct our lives. Beginning with written language, we will examine some of the most important developments in communication technology that have made changes in our culture and led us to the digital age of the 21st century.

### **February 14 Elly Thomas The Airman and The Headhunters**

Sacramento native Dan Illerich was 19 years old when he joined the Army Air Force as a radioman in Nov of 1944. His plane was shot down over Borneo while doing a bombing run over a Japanese convoy. This is the story of how Dan and his crew members survived with the help of the headhunters and the Aussies who rescued them. At 95, Dan is now the last survivor of this incredible tale. His niece Gail will be joining us to make this colorful and interesting narrative come to life.

### **February 21 Carolyn Martin California Women – Part II**

Profiles of extraordinary California women - artists, park founders, inventors, a wild pilot, reformers including suffragists, philanthropists with a purpose, and politicians plus a couple of surprising challengers to the socially acceptable ideal of "nice" women."



### **February 28 Richard Lui Finding your creative calling at any age**

All of us are called to uncover our gifts and passions and follow them at any age. In fact, as we age, new gifts emerge and we are inwardly nudged to reinvent our lives for our own happiness and maybe to assist the well-being of others. Most of us have been taught to limit, suppress, or not trust our innate guiding creative wisdom. We are told that we are too old, or not good enough even from an early age. No matter our age we can rediscover our passions and unleash new talents and gifts in midlife and beyond for more balance, contentment and joy. This safe supportive class will show you simple practical proven steps using evidence-based mindfulness tools for more aliveness and clarity in your retirement, or with new hobbies or a part time or encore career.

### **March 6 Karen Martin Container Gardening**

Let a UCCE Sacramento Master Gardener share with you the creative possibilities of gardening in containers—from edible fruits and vegetables to herbs to ornamental plants and grasses. We will cover how to choose the best containers and plants, plus the unique cultural needs of container gardens, like soil mixes, watering, and fertilizing. Resources will be shared and there will be time for questions.

### **March 13 Dean Mayer Climate Crisis**

A communications professional and former journalist, Dean will present the latest on the climate crisis and actions we can take to maintain a habitable planet, especially for our children and grandchildren. Last August, Mr. Mayer was selected to join Al Gore at a Climate Reality Leadership Training Program. Mr. Mayer has worked for 20 years at Clif Bar, a leading organic food maker in Berkeley, CA, focusing on sustainability, the environment, and reducing climate impact. Come learn the personal and political aspects of the climate emergency we face, and how you can be a positive force for change.

### **March 20 Ed Sherman Figurative Art of Ancient Greece**

Sculpture and painting from the Archaic and Classical eras of Greece illustrating the Greek "Cult of the Body".

**March 27                  Anne Rewell                  The History of Tea**

Tea is the most consumed beverage in the world, after water. From its beginnings in China, we will discover how tea spread worldwide and how it is prepared from England to Turkey and places in between.

**April 3                  Spring Break**

**April 10                  Doris Keller                  Sisters-In-Law, Ruth Ginsberg and Sandra O’Conner**

Doris will tell us about “Sisters in Law” — Sandra Day O’Connor, first woman on the US Supreme Court, appointed by President Reagan, who served from 1981 to 2006, and who was known for her meticulously researched opinions. Her “sister” is Ruth Bader Ginsburg, the second woman appointed to the Supreme Court, often focuses on gender equality. She was appointed in 1993 by President Clinton, and is still serving at age 86.



**April 17                  Garey Young                  Private Prisons and ALEC**

Garey is a retired probation officer. He will discuss private prisons and ALEC - the American Legislative Exchange Council, a conservative organization that writes and distributes legislation to states.

**April 24                  SMUD: A leader in creative energy solutions!**

This presentation will be split between Gabriel Leggett, a SMUD Senior Engineer in the Research and Development Department, and Director Gregg Fishman. Join SMUD board member Greg Fishman and Senior Engineer Gabriel Leggett as they present SMUD’s programs that are underway to meet a target goal of 60 percent renewable energy by 2030.

**May 1                  Beth Mann                  Lake Tahoe: Jewel of the Sierra**

Lake Tahoe means many things to many people. Come learn about the colorful people who passed through or settled in the Tahoe Basin - the Washoe, trappers, gold and silver seekers, fancy dudes and their belles, those seeking a quieter way of life, and of course, those with their get-rich schemes just looking for sucker.