

## Previous Renaissance Seminars (2010-2020)

### Spring 2020: Friday On-Campus

CRACKER BARREL, Richard Sickert, Per Ostlund  
FOLK DANCE FOR SENIORS, Barbara Bevan  
GREAT BOOKS DISCUSSION GROUP, Pam Flohr  
A GUIDED TOUR OF THE UNIVERSITY ARBORETUM, Michael Baad  
iPHONE AND iPAD BASICS, Carol Dabrowiak, Melissa Green  
Ken BURNS' COUNTRY MUSIC, Jack Jennings, Allan Keown  
KNITTING AND NEEDLECRAFT GROUP, Coby Bonner, Barbara Kletzman  
MANKIND'S GREATEST ENGINEERING ACHIEVEMENTS, Richard Dabrowiak  
ON-CAMPUS SPEAKERS SERIES (FORMERLY MINI-SEMINARS), Ed Speegle  
OPTIMAL HEARING, WELLNESS, AND BALANCE, Laura Gaeta, PhD, Julia Ahlquist Tanner, AuD  
RACISM AND PREJUDICE, Greg Beale  
THE ROBERTS COURT, Ron Tochterman, Rosemary Kelley  
SEMINAR LEADERSHIP TRAINING, Marian Kile  
SPANISH, INTERMEDIATE, Melody Flores  
TRAVEL AND ADVENTURE--MORNING HAS BROKEN, Richard Fuller, Terry Moss, Tom Dole  
ANDROID BASICS, Carol Limbaga, Victoria Star  
GENTLE YOGA, Terri Gray  
SOCIAL DANCING, Richard Kowaleski  
ACTIVE RETIREMENT INVESTING, Bill Bailey, Marsha Holland  
BEGINNING MAGIC, Harry Mossman, Greg Herrera  
CALIFORNIA'S PAST THROUGH FICTION, Debbie Russell  
CELEBRATING PERFECT VOCAL HARMONY GROUPS, Mike Agron  
CLASSICAL MUSIC, Bob Seyfried  
DELVING INTO DEMENTIA: THE SCIENCE, THE CARING, THE HOPE, Mynga Futrell, Deb King  
DEMOCRACY AMERICAN STYLE, Robert Benedetti, Ronald Limbaugh  
THE ECONOMIST, Wayne Luney  
ENLIGHTENED AGING, Rebecca Graulich, Renee Balcom  
GETTING IT ON PAPER: WRITING PERSONAL HISTORY, Patrick Crowley  
GREAT ACTORS, LITTLE-KNOWN PERFORMANCES, Chip Zempel  
GREAT AMERICAN TRIALS, Joel Primes, William Vizzard  
GREAT DECISIONS IN AMERICAN FOREIGN POLICY, David Peters, Ana Facio  
INDIA: SO MUCH TO SEE AND SAY, Richard Fuller  
MENU FOR THE FUTURE, Nancy Kniskern  
THE MODERN MIDDLE EAST: EMPIRE AND NATIONALISM, Norv Wellsfry  
NATIVE PEOPLES OF NORTH AMERICA, Jon Courtway  
POLITICAL ECONOMY FOR THE 99 PERCENT IN TRUMPLAND--AND THE  
RESISTANCE, Duane Campbell, Carl Pinkston  
REAL ROCK 'N' ROLL, Bob Lang  
RELATIONSHIPS: HOW TO BUILD STRONG, HEALTHY, LOVING RELATIONSHIPS, Nanci Kuzins  
SHAKESPEARE UNCOVERED, PART 2, Gerry Camp  
SONGS OF HOPE AND FREEDOM, Michael Hersher  
SPANISH FOR INTERMEDIATE BEGINNERS, Donna Eash, Susan Titus, Paulette Johnson  
TRANSITIONS: WHAT WILL I DO WITH THE REST OF MY LIFE? Ken Cross  
THE UNITED STATES CIVIL WAR--STILL COMPLEX, STILL FASCINATING, Doug Bonetti

WATERCOLOR PAINTING STUDIO TIME, Colleen Wong

**Spring 2020: Half Semester**

DELAYING DEATH AND AVOIDING DISABILITY, Don Forrester, M.D., Allan Keown  
FEMINIST VOICES IN FRENCH LITERATURE, Annik Gunter  
GARDENING IN SACRAMENTO, Bonnie Gault-Blue  
HETERODOX ECONOMICS: MODERN MONEY THEORY, Mark Dempsey  
HISTORY AND PRACTICE OF SONGWRITING, Al Zagofsky  
RACIAL HEALING CIRCLE: CONVERSATIONS ON RACE, Stacie Walton, Gretchen Jung  
SUMER-AKKAD AS BASIS OF NEAR EASTERN CIVILIZATION, Henry Chambers  
WATERFRONT PROPERTY: ANCIENT HUMAN DEVELOPMENT, Marty Keale, Lynette Blumhardt, Ruth McElhinney  
CORPORATE ACCOUNTABILITY: RESTORING THE BALANCE, James McRitchie  
CREATIVE PARIS IN 1890: EIFFEL, DEBUSSY, VAN GOGH, Theo Goodwin  
DARING WOMEN WAR CORRESPONDENTS, Jennifer Kerr  
THE INFLUENCE OF COMMUNICATION MEDIA ON CULTURE, Phil Lane  
SCIENCE: CRISPR--THIS NEW WORLD OF GENETIC EDITING, Steven Oesterreicher  
THE SUFFRAGENTS: MEN ALLIED WITH THE SUFFRAGISTS, Allan Keown, Maryellen Burns, Larry Fox  
A WOMAN'S FILM FESTIVAL, Jennifer Cummings  
WU JETIAN, THE ONE AND ONLY EMPRESS IN CHINA, Chris Budwine

**Spring 2020: Saturday On-Campus**

ANCIENT EGYPT: ITS HISTORY AND ARCHEOLOGY, David Warren  
MEDITATION PRACTICE, Gail Reed  
INVISIBLE THREADS AND HIDDEN WALLS OF TIME, Gus Koehler, Pin Li, Terry Rhoades  
STORYTELLING, THE ART, Mary McGrath, Joyce Ormond  
HOW TO LOOK BEYOND EVERYDAY SYMBOLS TO FIND PERSONAL MYTHOLOGICAL ROOTS, Gus Koehler, Pin Li, Terry Rhoades  
MODS AND ROCKERS, Mike Harkins

**Spring 2020: Off-Campus Seminars**

BOOK GROUP--MONDAY, Carol Hayes, Ann Blazina  
BOOK GROUP--TUESDAY, Marian Kile  
BOOK GROUP--WEDNESDAY, FANTASY/SCIENCE FICTION, Gayle Greene, Doug Griebner  
BOOK GROUP--THURSDAY, PARTNERS IN CRIME, Lynda Cassady, Pat Stokes  
PARTY BRIDGE: LAND PARK/GREENHAVEN/POCKET AREA, Phyllis Mills  
LE CERCLE FRANÇAIS (CONVERSATIONAL FRENCH), Rosalind Becker  
CONVERSATION CAFÉ AT CASA GARDEN, Maryellen Burns  
THE COOK'S TOUR LEAVES SACRAMENTO, Dan Cross, Maryellen Burns  
DIGITAL PHOTOGRAPHY GROUP, Jane Steele, Colleen Wong  
DINING TOGETHER, Cheryl Nelson  
FRIENDS OF THE NEW YORKER MAGAZINE, Ron Meyer  
GAMES FOR ENTERTAINMENT, Roberta (Bobby) Frieze, Judy Keaton  
GAMES FOR FUN, Dottie Higbee, Judy Lewis  
GENEALOGY, Marian Kile, Cheryl Nelson, Karen Roseland  
iPHONE PHOTOGRAPHY STUDIO, Melissa Green  
MAH JONGG, Carol Camponovo  
MEMOIRS, Fran Clarke, Marilea Wolf  
PHOTOGRAPHY AS ART, Roger Klemm, Mary Elliott-Klemm

PLANT-BASED LIVING AND BEYOND, Twyla Teitzel  
SINGING FOR FUN, Maryann Frantz, Jeanne Machado-Derdowski  
SPANISH CONVERSATION, ADVANCED, JoAnn Peter  
TRAVEL THROUGH FOOD, Sandra Winter, Aida Orozco  
WALKABOUTS, Donna Eash, Lance Muller, Mary Runyan  
WRITERS' GROUP I, Dan Keller, Marian Kile  
WRITERS' WORKSHOP II, Anita Adams, Lani Hah  
SPEAKERS SERIES AT THREE RESIDENTIAL COMMUNITIES, Ed Sherman  
SPEAKERS SERIES AT THREE LIBRARIES (DAYTIME), Maryellen Burns  
SPEAKERS SERIES AT THREE LIBRARIES (EVENING), Maryellen Burns  
STATE LIBRARY AND COURTS TOUR, Rebecca Kuzins  
WALKING MEDITATION ON A LABYRINTH I, INTRODUCTION, Christie Braziel

### **Fall 2019: Friday On-Campus**

Cracker Barrel, Richard Sickert, Per Ostlund  
Criminal Investigation: An Introduction, William Vizzard  
Documentaries, Allan Keown, Mary Hyland  
Folk Dance For Seniors, Barbara Bevan  
Great Books Discussion Group, Pam Flohr  
A Guided Tour of the University Arboretum, Michael Baad, PhD.  
Journeys to Healthy Weight Loss, Mimi Dixon  
Knitting And Needlecraft Group, Coby Bonner, Barbara Kletzman  
On-Campus Speaker Series (formerly Mini-Seminars), Ed Speegle  
Presenters' Clinic, Marian Kile  
Racism and Prejudice in the Americas, Greg Beale  
Roosevelt's Judges, Ron Tochterman, Rosemary Kelley  
Travel And Adventure: Morning Has Broken, Richard Fuller, Terry Moss, Tom Dole  
Android Basics, Carol Limbaga, Victoria Star  
Gentle Yoga, Terri Gray  
Magician's Circle, Harry Mossman, Greg Herrera  
Making the Most of your iPhone, Muffy Francke  
Social Dancing, Richard Kowaleski  
Active Retirement Investing, Bill Bailey, Marsha Holland  
Amazing Women, Marian Kile  
Birding in North America, Mary Anne Kirchner, Deborah King  
A Celebration of the Great American Songbook and Beyond! Mike Agron  
Critical Thinking, Richard Kowaleski  
Documentary Films: Outsiders, Odd Occurrences and Strange Folk, Chip Zempel  
The Economist, Wayne Luney  
Fundamental Documents of American Democracy, Dave Anthony, David Feldstein  
Great American Trials, Joel Primes  
The Historical Jesus: What Can We Know? Jon Courtway  
Mathematics, Philosophy and The Real World, Larry Whitlock  
Meso-America: DNA, History, Geography and Cultures, Richard Fuller  
Music: For the Love of Classical Music, Cynthia Hearden  
One Strange Rock Science Series, Stephen Oesterreicher  
Paving the Way: Women's Struggle for Political Equality In California, Kathleen Beasley  
Relationships: How To Build Strong, Healthy, Loving Relationships, Nanci Kuzins  
Shakespeare Uncovered, Part I, Gerry Camp  
Spanish Intermediate: Speaking And Reading, Melody Flores  
Top 10 U.S. Domestic Issues and Potential Solutions, Ken Cross  
Transportation and American Government, Art Bauer

Triple Threat Rock, Bob Lang  
Writing Personal History, Patrick Crowley

### **Fall 2019: Half-Semester Seminars**

Art History: Beginning of Art to the 17th Century, Ivy Hendy, Diane Chase  
The Elder Brain, Doris Keller, Joe Grant  
Heterodox Economics (Modern Money Theory), Mark Dempsey  
The Judean World Of Jesus, David McGuire, Jonathan Brosin  
Lake Tahoe, History, Beth Mann  
Optimal Hearing, Wellness and Balance, Laura Gaeta, PhD, Julia Ahlquist Tanner, AuD  
Sketching People and Animals, Alice Stamm  
Storytelling, The Art, Mary McGrath, Joyce Ormond  
Vincent Van Gogh, Gustave Eiffel and Claude Debussy, Theo Goodwin  
Babylonia, Seminal Foundation of the Near East, Henry Chambers, PhD  
Enlightened Aging, Rebecca Graulich, Renee Balcom  
Ethics for This New Millennium, Sandi Dolbee  
From the Invention of Writing to the Smartphone, Phil Lane  
Irish Literature: Fiction, Drama and Poetry, Mike Storey  
Meeting Each Other Through Sharing Life Stories, Karen Gierlach  
Scientific Secrets for a Powerful Memory, Joe Grant, Doris Keller  
Turning Points in American History, Catherine Minicucci  
Writers Workshop in Fiction, Mark Heckey

### **Fall 2019: On-Campus Saturday Seminars**

The Celtic World Plus, Richard Conrad, Joe Grant  
Man's Greatest Engineering Achievements, Richard Dabrowiak  
Meditation Practice, Gail Reed  
Singers and Swingers, Mike Harkins

### **Fall 2019: Off-Campus Seminars**

ARDEN-DIMICK LIBRARY MINI-SEMINARS, Carolyn Martin, Jane Steele  
BOOK GROUP – MONDAY, Carol Hayes, Ann Blazina  
BOOK GROUP – TUESDAY, Marian Kile  
BOOK GROUP – WEDNESDAY, FANTASY/SCIENCE FICTION, Gayle Greene, Doug Griebner  
BOOK GROUP – THURSDAY, PARTNERS IN CRIME, Lynda Cassady, Pat Stokes  
PARTY BRIDGE: LAND PARK/GREENHAVEN/POCKET AREA, Phyllis Mills, Pam Lynch  
CARMICHAEL LIBRARY MINI-SEMINARS, Allan Keown  
LE CERCLE FRANÇAIS (CONVERSATIONAL FRENCH), Rosalind Becker  
EL CÍRCULO ESPAÑOL (CONVERSATIONAL SPANISH), JoAnn Peter  
COLONIAL HEIGHTS LIBRARY MINI-SEMINARS, Maryellen Burns  
A COOK'S TOUR OF SACRAMENTO, Dan Cross, Maryellen Burns  
DIGITAL PHOTOGRAPHY GROUP, Jane Steele, Colleen Wong  
DINING TOGETHER, Cheryl Nelson  
FRANKLIN LIBRARY MINI-SEMINARS, Ginger Mack  
FRIENDS OF THE NEW YORKER MAGAZINE, Ron Meyer, Harriette Work  
GAMES FOR ENTERTAINMENT, Roberta (Bobby) Frieze, Judy Keaton  
GAMES FOR FUN, Dottie Higbee, Judy Lewis, Anne Rhodes  
GENEALOGY, Karen Roseland, Marian Kile, Cheryl Nelson  
GREAT BOOKS AT HART, Karen Roseland  
iPHONE PHOTOGRAPHY STUDIO, Melissa Green

MAHJONGG, Carol Camponovo  
MEMOIRS, Fran Clarke, Karen Anderson  
PHOTOGRAPHY AS ART, Roger Klemm, Mary Elliott-Klemm  
SINGING FOR FUN, Janice Chung, Muffy Francke  
SYMPOSIA, 18 ONE-DAY SYMPOSIA, Ed Sherman, Sandra Peck  
TRAVEL THROUGH FOOD, Sandra Winter, Aida Orozco  
WALKABOUTS, Donna Eash, Lance Muller, Mary Runyan  
WALKING MEDITATION ON A LABYRINTH, INTRODUCTION, Christie Braziel  
WRITERS' GROUP I, Dan Keller, Marian Kile  
WRITERS' WORKSHOP II, Anita Adams, Lani Hahn

### **Spring 2019: Friday On-Campus**

AMERICAN LEADERSHIP: THEN, NOW AND TOMORROW, Harry Cohen  
BLUE ZONES (DAN BUETTNER'S): LIVING LONGER, BETTER, Allan Keown  
CRACKER BARREL, Richard Sickert, Per Ostlund  
FOLK DANCE FOR SENIORS, Vick Vickland  
GREAT BOOKS DISCUSSION GROUP, John Quattrin, Pam Flohr  
KNITTING AND NEEDLECRAFT GROUP, Coby Bonner, Barbara Kletzman  
MANKIND'S GREATEST ENGINEERING ACHIEVEMENTS, Richard Dabrowiak  
MEDITATION PRACTICE, Gail Reed  
MINI SEMINARS, Bonnie Penix  
THE NATIVE AMERICAN EXPERIENCE, Greg Beale  
SHAKESPEARE PERFORMED, Gerry Camp  
SPANISH, INTERMEDIATE – SPEAKING AND READING, Melody Flores  
TRAVEL AND ADVENTURE – MORNING HAS BROKEN, Richard Fuller, Terry Moss, Tom Dole  
ANDROID BASICS, Carol Limbaga, Victoria Star  
ANDROID INTERMEDIATE SMARTPHONE, Craig McCulloch  
GENTLE YOGA, Terri Gray  
MAKING THE MOST OF YOUR iPHONE, Muffy Francke  
SEMINAR LEADERSHIP TRAINING, Marian Kile  
SOCIAL DANCING, Richard Kowaleski  
Active Retirement Investing, Bill Bailey, Marsha Holland  
All About Scotland, Richard Conrad, Doris Keller  
Alzheimers: A Caregiver's Journey of Discovery, Bill Benison, Leon Bolds-King  
The Beatles Jukebox, John Caselli  
Bonsai: Introduction for Beginners, Clarence Smith, Deborah Ballanti  
The Celtic World, Joe Grant, Doris Keller  
Community: The Concept of Belonging, Debbie Russell  
Compassionate Communication, Nanci Kuzins  
Death, Dying and Afterlife: World Culture Lessons, Jon Courtway  
Delving Into Dementia, Mynga Futrell, Deborah King  
Democracy American Style, Robert Benedetti, Ronald Limbaugh  
Dostoevsky's The Brothers Karamazov, Part 2, Gerry Camp  
Early Human Development, Migrations and Languages, Marty Keale, Lynette Blumhardt  
Economics for the 99 Percent In Trumpland--And Resistance, Duane Campbell  
The Etruscans, Paul and Vima Micheli, John Ulmer  
Fascism and Religious Hubris, Dick Pitcher  
Fundamental Documents of American Democracy, Dave Anthony, David Feldstein  
Great American Trials, Joel Primes, William Vizzard  
Great Decisions: Vital Foreign Policy Issues, David Peters, Ana Facio  
Happiness And Your Brain, Jo Ann Yee  
Judaism And Christianity: The Early Years, David McGuire

The Magic of The Findhorn Community, Bonnie Gault-Blue  
Magic Tricks for Nimble Minds and Fingers, Harry Mossman, Gregory Herrera  
Mao and Beyond: China 1949-2019, Bruce Moon  
Memories and Memoir: Writing Personal Histories, Kimberly Edwards  
The Middle East: The Impact of Religion and Empire, Norv Wellsfry  
Movie-Making I: Foolproof Tools for Newbies, Muffy Francke  
Movie-Making II: Going Beyond with iMovie Magic Muffy Francke  
Movies: Animation for Grown-Ups, Chip Zempel  
Music: Classical Music During The Romantic Period and More, Robert Seyfried  
Optimum Hearing and Optimal Living, Laura Gaeta, PhD, Julia Ahlquist Tanner, AuD  
The Pacific War--Again, Geoffrey Burroughs  
Painted By A Woman, Beverly Gabriele, Christine Palmer, Joyce Mundel  
"Real" Rock 'N' Roll, Bob Lang  
Shareholder Advocacy: How To Refocus Corporations, Jim McRitchie  
Sketching In Nature and with People, Alice Stamm  
Spanish For Intermediate Beginners, Susan Titus, Donna Eash  
Storytelling, The Art, Mary McGrath, Joyce Ormond  
This Is Sinatra! Celebrating The Artistry of The Man and His Music, Michael Agron  
Travel and Adventure, Part Deux: Afternoon Delight, Richard Fuller  
The United States Civil War, Douglas Bonetti  
Watercolor Painting, Steve Wittmann, Colleen Wong  
Watercolor Painting Studio Time, Steve Wittmann, Colleen Wong  
The Western Tradition, Kurt Findeisen, Nancy Findeisen, Diane Chase, John Meininger  
Writing Personal History, Patrick Crowley

### **Spring 2019: Saturday On-Campus**

Kaleidoscope of American Culture, David Warren  
Transitions: What Will I Do with the Rest of My Life? Ken Cross  
Invisible Threads and Hidden Walls of Time, Gus Koehler  
Mike's Musical Mystery Tour, Mike Harkins

### **Fall 2018: Friday On-Campus**

American Leadership and Politics, Harry Cohen  
Cracker Barrel, Richard Sickert, Susanne Coleman, Per Ostlund  
Documentaries, Allan Keown, Mary Hyland  
Folk Dance for Seniors, Vick Vickland  
Great Books Discussion Group, John Quattrin, Pam Flohr  
Intermediate Spanish: Speaking and Reading, Melody Flores  
iPhone Topics (6 Weeks), Tim Holt, Jeff Hendy  
iPhone Basic Photography (6 Weeks), Barbara Beddow, Colleen Wong  
Journalism 101, Al Zagofsky  
Knitting and Needlecraft Group, Coby Bonner, Barbara Kletzman  
Meditation Practice, Gail Reed  
Mini-Seminars, Ed Speegle  
The Native American Experience, Greg Beale  
Outsmart Your Brain 2.0, A Follow Up To OSYB 1.0, Joe Grant, Doris Keller  
Risks to Healthy Longevity: How to Avoid Them, Irving Hellman  
Travel and Adventure, Richard Fuller, Terry Moss, Tom Dole  
Writer's Workshop in Creative Non-Fiction, Mark Heckey  
Android Basics, Carol Limbaga, Victoria Star  
Android Smartphone Intermediate Seminar, Craig McCulloch

Making the Most of Your iPhone, Muffy Francke  
Social Dancing, Richard Kowaleski  
America Growing Up, Dick Pitcher, Keith Dilday  
Big History, Ranny Eckstrom, John McCorkell  
Celebrating Perfect Vocal Harmony Groups, Mike Agron  
The Celtic World, Richard Conrad, Doris Keller  
China Questions, Bruce Moon  
Classic Jazz, Swing, Bebop and Cool, Bob Lang  
Compassionate Communication, Nanci Kuzins  
Critical Thinking, Richard Kowaleski  
Culture and the Mass Media, Phil Lane  
Death, Dying, and Afterlife: World Culture Lessons, Jon Courtway  
Dostoevsky's The Brothers Karamazov, Gerry Camp  
Future Visions: Science Fiction Films as Prophecy, Fred Best  
Game Changers: 12 Elections that Transformed California, Kathleen Beasley  
Genealogy 101, Teven Laxer, Marian Kile  
Great American Trials, Joel Primes  
The Great Depression and its Effects: the 1930s, Ed Speegle  
Ireland: History, Politics and Culture, Michael Storey  
The Koreas, Vick Vickland  
Magic Tricks for Nimble Minds and Fingers, Harry Mossman, Gregory Herrera  
Memories and Memoir: Writing Personal Histories, Kimberly Edwards  
Movies: Magic, Myths, and Fairy Tales, Chip Zemple  
Music: For the Love of Classical Music, Cynthia Harden  
Plant-Based Lifestyle, Twyla Teitzel  
Political Economy in Trumpland and the Resistance, Duane Campbell, Carl Pinkston  
Retirement Asset Investing, Marsha Holland  
Rock and Pop Music 1964-69 (Brits, Soulsters, Folkies and Cali), Graham Edmondson  
Shakespeare: More Shakespeare Plays, Tom Slakey, Dave Anthony  
Songs of Work and Protest, Mike Hersher  
TED Talks, Barbara Kletzman, Ann Arneill  
Top 10 U.S. Domestic Issues and Potential Solutions, Ken Cross, Walter Wilson  
Watercolor Painting, Steve Wittmann, Colleen Wong  
The Western Film: Conventions of the Genre, Rita Rippetoe  
The Western Tradition: Middle Ages Through the Enlightenment, Kurt Findeisen, Nancy Findeisen  
Women: In-Famous, Un-Famous and Famous, Richard Fuller

### **Fall 2018: On-Campus Short Seminars**

Heterodox Economics: Modern Money Theory (3 Meetings), Mark Dempsey  
Journeys to Healthy Weight Loss (6 Meetings), Mimi Dixon  
Meeting Each Other Through Sharing Life Stories (6 Meetings), Karen Gierlach, Betty Staley  
Gun Control in the U.S. (4 Meetings), William Vizzard  
Optimum Hearing, Wellness, and Balance (4 Meetings), Campus Hearing Center  
Sketching in Nature and With Each Other (6 Meetings), Alice Stamm  
World War I and the Rise of Nazi Germany (4 Meetings), John W. Connor  
Fall 2018: Saturday On-Campus

Climate Change: Science, Impacts, Politics, Solutions, Tom Suchanek, Dana Nuccitelli  
Rhythm and Blues Chart-Toppers (1942-1963), Mike Harkins

### **Fall 2018: Off-Campus**

Arden-Dimick Library Mini-Seminars, Carolyn Martin, Jane Steele  
Book Group – Monday, Carol Hayes, Ann Blazina  
Book Group – Tuesday, Marian Kile, Suzanne Armer  
Book Group – Wednesday, Fantasy/Science Fiction, Gayle Greene  
Book Group – Thursday, Partners in Crime, Lynda Cassady, Pat Stokes  
Party Bridge: Land Park/Greenhaven/Pocket Area, Phyllis Mills, Ellen Nathan  
Le Cercle Français (Conversational French), Rosalind Becker  
El Circulo Español (Conversational Spanish), JoAnn Peter  
A Cook's Tour of Sacramento, Dan Cross, Maryellen Burns  
Creating a Healthy Kitchen, Anne Evans  
Digital Photography Group, Jane Steele, Colleen Wong  
Dining Together, Cheryl Nelson  
Franklin Library Mini-Seminars, Ginger Mack, Jeff Rubin  
Friends of the New Yorker Magazine, Ron Meyer, Harriette Work  
Games for Entertainment, Roberta (Bobby) Frieze, Judy Keaton  
Games for Fun, Dottie Higbee, Judy Lewis  
Genealogy, Karen Roseland, Marian Kile, Cheryl Nelson  
Great Books at Hart, Karen Roseland  
iPhone Photography Studio, Melissa Green  
Mah Jongg, Carol Camponovo  
Memoirs, Fran Clark, Karen Anderson  
Photography as Art, Roger Klemm, Mary Elliott-Klemm  
Singing for Fun, Janice Chung, Hilary Burwell  
Symposia, 18 One-Day Symposia, Ed Sherman  
Travel Through Food, Sandra Winter, Aida Orozco  
Walkabouts, Donna Eash, Lance Muller  
Walking Meditation on a Labyrinth I and II (One Meeting Each), Christie Braziel  
Writers' Group, Dan Keller, Marian Kile  
Writers' Workshop, Roy Bishop, Lani Hahn

### **Spring 2018: Friday On-Campus**

American Leadership, Harry Cohen  
Cracker Barrel, Richard Sickert, Susanne Coleman, Per Ostlund  
Documentaries, George and Claire Roper  
Easy Magic Tricks for Grandparents, Harry Mossman, Gregory Herrera  
Great Books Discussion Group, John Quattrin, Pam Flohr  
Are Humans Causing Global Warming? A Contrarian's View, James Parker  
Intermediate Spanish: Speaking and Reading, Melody Flores  
iPhone Basics (6 Weeks), Jeff Hendy, Tom Holt  
iPad Basics (6 Weeks,) Carol Dabrowiak, Melissa Green  
Ken Burns' The Vietnam War, Allan Keown  
Knitting and Crochet Group, Coby Bonner, Barbara Kletzman  
Mankind's Greatest Engineering Achievements, Richard Dabrowiak  
Meditation Practice, Gail Reed  
Mini-Seminars, Beth Mann, Ed Speegle  
Outsmart Your Brain 2.0, Joe Grant, Doris Keller  
Seminar Leader Training, Marian Kile, Kathleen Beasley  
This is Sinatra! The Artistry of an American Idol, Mike Agron  
Transitions: What Will I Do with the Rest of My Life? Ken Cross  
Travel and Adventure, Richard Peter, Terry Moss  
Android Basics, Carol Limbaga, Victoria Star

Android Smartphone Intermediate Seminar, Craig McCulloch  
Ballroom Dancing, Richard Kowaleski  
Gentle Yoga, Terri Gray  
American Impressionism: 1890-1920, Debbie Russell, Kathy Olson  
Astronomy and the Night Sky, Introduction, Jack Russell  
The Beatles Jukebox, John Caselli  
The Black Death, Jon Courtway  
Communities of the Sacramento-San Joaquin Delta, Bob Benedetti  
Compassionate Communication, Nanci Kuzins  
Culture, Pop Culture, and the Media, Phil Lane  
Economics for the 99 Percent in Trumpland, Duane Campbell  
Empire of Liberty: A History of the Early Republic, Richard Pitcher, Keith Dilday  
Great American Trials, Joel Primes  
Great Classical Composers Through the Ages, Robert Seyfried  
Great Decisions in American Foreign Policy, David Peters, Nell Farr  
Haiku: Reading and Writing This Wonderful Japanese Poetry in English, Theo Goodwin  
Human Migrations and Language Diversity, Marty Keale, P.J. Garrido  
Korea, Excluding the War, Vick Vickland  
Memories and Memoir: Writing Personal Histories, Kimberly Edwards  
More Shakespeare, Next Julius Caesar, I, II, III, Tom Slakey, Gerry Camp  
One Hundred More Days of the Trump Presidency; Where Are We Going, Jack Jennings  
Plant-Based Lifestyle, Twyla Teitzel  
Republican China, 1911-1949, Qing to Mao, Bruce Moon  
The Silk Road: Merchants, Monks, Warriors, Thieves, Beth Mann, Nancy Kniskern  
Songs of Work and Protest, Mike Hersher  
South Africa and East Caribbean: History, Culture and Fun, Richard Fuller  
Spanish for Continuing Beginners, Susan Titus, Donna Eash  
Spies Through History, Bert MacBride Garey Young  
The Sumerian Legacy, Paul Micheli, John Ullmer  
Time Travel Movies: The Do-Over, Chip Zempel  
The United States Civil War, Douglas Bonetti  
Watercolor Painting, Doyle Crawford, Ken Kinyon  
The Western Tradition: Early History to Middle Ages, Kurt and Nancy Findeisen, Diane Chase  
World War II: The Pacific War Revisited, Geoff Burroughs  
Writing Personal History, Donn and Sue Miller

### **Spring 2018: Saturday On-Campus**

Florence, Italy and the Rise of the Renaissance, David Warren  
Couples Social Dance Workshop, Vick Vickland  
Folk Dance for Seniors, Vick Vickland  
Revolutions in the 20th Century, Edwin Sanborn  
America's Hit Parade: 1890-Present, Mike Harkins

### **Spring 2018: Off-Campus**

Book Group, Monday, Carol Hayes, Ann Blazina  
Book Group, Tuesday, Marian Kile, Suzanne Armer  
Book Group, Wednesday, Fantasy/Science Fiction, Gayle Greene  
Book Group, Thursday, Partners in Crime, Lynda Cassady, Pat Stokes  
Party Bridge: Land Park/Greenhaven/Pocket Area, Phyllis Mills, Ellen Nathan  
Le Cercle Français (Conversational French), Rosalind Becker  
El Circulo Español (Conversational Spanish), JoAnn Peter

La Conversation en Français, Intermediate Level, Irene Sadler  
A Cook's Tour of Sacramento, Maryellen Burns-Dabaghian, Lawrence Fox  
Creating a Healthy Kitchen, Anne Evans  
Digital Photography Group, Jane Steele  
Dining Together, Cheryl Nelson, Karen Nemetz  
Franklin Library Mini-Seminars, Ginger Mack, Jeff Rubin  
Friends of the New Yorker Magazine, Ron Meyer, Harriette Work  
Games for Entertainment, Roberta (Bobby) Frieze, Judy Keaton  
Games for Fun, Dottie Higbee, Judy Lewis  
Genealogy, Karen Roseland, Marian Kile, Cheryl Nelson  
Great Books at Hart, Karen Roseland  
iPhone Photography Studio, Melissa Green  
Mah Jongg, Carol Camponovo  
Memoirs, Fran Clarke, Carole Gruber  
Photography as Art, Roger Klemm, Mary Elliott-Klemm  
Singing for Fun, Vick Vickland, Sara Zeigler  
Travel Through Food, Sandra Winter  
Walkabouts, Donna Eash, Lance Muller  
Walking Meditation on a Labyrinth I and II, Introduction (One Day Each), Christie Braziel  
Writers' Group I, Dan Keller, Marian Kile  
Writers' Workshop, Roy Bishop, Lani Hahn  
Eighteen One-Day Symposia, Ed Sherman

### **Fall 2017: Friday On-Campus**

American Leadership, Harry Cohen  
Bend, Breathe and Balance, Bobby Gladstein  
The Bible: Making of the Book, From Galilee to Gutenberg, Richard Fuller  
Cracker Barrel, Richard Sickert, Susanne Coleman, Per Ostlund  
Dancing for Dummies, Vick Vickland  
Documentaries, Allan Keown, Wade Brynelson  
Easy Magic Tricks for Grandparents, Harry Mossman, Gregory Herrera  
Great Books Discussion Group, John Quattrin, Pam Flohr  
Intermediate Spanish: Speaking and Reading, Melody Flores  
Knitting and Crochet Group, Coby Bonner, Barbara Kletzman  
Learning to Meditate Using the Buddha's Map, Doug Kraft, Elizabeth McLaughlin  
Meditation Practice, Gail Reed  
Mini-Seminars, Beth Mann, Ed Speegle  
New Perspectives in Public Policy and Economics, Mark Dempsey  
Outsmart Yourself, Joe Grant, Doris Keller  
Top 10 U.S. Domestic Issues and Potential Solutions, Ken Cross  
Travel and Adventure, Richard Peter, Terry Moss  
Android Basics, Carol Limbaga, Victoria Star  
Ballroom and Line Dancing, Richard Kowaleski  
Gentle Yoga, Terri Gray  
Active Retirement Investing, Marsha Holland  
Archaeology 2.0: All New Stuff, No Repeats, Richard Fuller  
The Black Death, Jon Courtway  
Bob Dylan: The Man, The Music, The Masks and The Myths, David Abelson  
Compassionate Communication, Nanci Kuzins  
Critical Thinking, Richard Kowaleski  
Economics for the 99 percent in Trumpland, Duane Campbell, Carl Pinkston  
Feminism: Its History, Alice Stamm

Geography, Wayne Luney  
Indie Writers and Publishers Roundtable, Maryellen Burns  
Ireland: History, Politics and Culture, Michael Storey  
The Korean War and Where We Are Now, Jack Jennings  
Memories and Memoir: Writing Personal Histories, Kimberly Edwards  
More Great American Trials, Joel Primes  
Ordinary China: Extraordinary Challenges, Bruce Moon  
Plant-Based Lifestyle, Twyla Teitzel  
Poetry: Learning to Understand and Appreciate Poems, Chuck Scarcliff  
Rock and Soul Music 1970 to 74: REBS, Rastas, Troubs and Glam, Graham Edmondson  
Shakespeare's Plays, Tom Slakey, Gerry Camp  
Story Workshop, Al Zagofsky  
TED Talks, Barbara Kletzman, Ann Arneill  
Time Travel: It Ain't What It Used To Be, Chip Zempel  
The U.S. Constitution; Can It Still Govern Us? Eric McElwain  
U.S. History, 1919-1929: Boom to Bust, The Birth of Modern America, Ed Speegle  
Watercolor Painting, Doyle Crawford  
Writing Personal History, Donn and Sue Miller

### **Fall 2017: Saturday On-Campus**

Folk Dance for Seniors, Vick Vickland  
Western Revolutions 1500-1905, Ed Sanborn  
Talking to the Other Side: Ways to Listen and Speak (One time only), Robert Garmston  
America's Musical Origins, Mike Harkins

### **Fall 2017: Off-Campus**

Book Group, Monday, Carol Hayes, Ann Blazina  
Book Group, Tuesday, Marian Kile, Suzanne Armer  
Book Group, Wednesday, Fantasy/Science Fiction, Gayle Greene  
Book Group, Thursday, Partners in Crime, Lynda Cassady, Pat Stokes  
Party Bridge: Land Park/Greenhaven/Pocket Area, Phyllis Mills, Ellen Nathan  
Le Cercle Français (Conversational French), Rosalind Becker  
El Circulo Español (Conversational Spanish), JoAnn Peter  
La Conversation En Français, Intermediate Level, Irene Sadler  
A Cook's Tour of Sacramento, Maryellen Burns-Dabaghian, Beth Mann  
Digital Photography Group, Jane Steele  
Dining Together, Cheryl Nelson, Karen Nemetz  
Friends of the New Yorker Magazine, Ron Meyer, Harriette Work  
Games for Entertainment, Roberta (Bobby) Frieze, Judy Keaton  
Games for Fun, Dottie Higbee, Judy Lewis  
Genealogy, Karen Roseland, Marian Kile, Cheryl Nelson  
Great Books at Hart, Brigid O'Malley, Karen Roseland  
iPhone Photography Studio (six hands-on sessions), Melissa Green, Joan Greenfield  
Mah Jongg, Carol Camponovo  
Memoirs, Fran Clarke  
Photography as Art, Roger Klemm, Mary Elliott-Klemm  
Singing for Fun, Vick Vickland, Sara Zeigler  
Travel Through Food, Sandra Winter  
Walkabouts, Donna Eash, Lance Muller  
Walking Meditation on a Labyrinth, Introduction (two sessions), Christie Braziel  
Writers' Group I, Dan Keller, Marian Kile

Writers' Workshop II, Roy Bishop, Lani Hahn  
Fifteen One-Day Symposia, Ed Sherman

### **Spring 2017: Friday On-Campus**

American Leadership, Harry Cohen  
Bend, Breathe and Balance, Bobby Gladstein  
Cracker Barrel, Susanne Coleman/Per Ostlund  
Documentaries, George Roper/Claire Roper  
Easy Magic Tricks for Grandparents, Harry Mossman  
Great Books Discussion Group, John Quattrin/Pam Flohr  
Holistic Method of Weight Loss in Three Sessions, Mimi Dixon  
Intermediate Spanish Conversation, Clara Chapala  
iPhone Basics, Jennifer Kerr  
iPad Basics, Carol Dabrowiak  
Knitting and Crochet Group, Coby Bonner/Barbara Kletzman  
Learning to Meditate Using the Buddha's Map, Doug Kraft/Elizabeth McLaughlin  
Man's Greatest Engineering Achievements, Richard Dabrowiak  
Meditation, Gail Reed  
Mini-Seminars, Beth Mann/Ed Speegle  
Movement Awareness Workshop, Al Zagofsky  
Shakespeare on Film, Gerry Camp  
Transitions: What Will I Do With the Rest of My Life?, Ken Cross  
The Trump Presidency: The First 100 Days, Jack Jennings/Walter Wilson  
Travel and Adventure, Richard Peter/Tom Dole/Terry Moss/Linda Alameda  
Android Basics, Carol Limbaga/Victoria Star  
Android Test Kitchen (aka Intermediate), Craig McCulloch/Bruce Moon  
Ballroom and Line Dancing, Richard Kowaleski  
Gentle Yoga, Terri Gray  
iPad and iPhone Topics, Jennifer Kerr  
Active Retirement Investing, Marsha Holland  
Alles Deutsche—Everything German, Ann Blazina  
Archaeology Ancient and Modern—Can You Dig It? Richard Fuller  
Basic Spanish Conversation, Kathy Olson  
The Beatles Jukebox: Music that Influenced the Fab Four, John Caselli/Lynda Cassady  
Big History 2: From Civilization's Start to Today and Into the Future, Ranny Eckstrom/John McCorkell/Jack Russell  
Bonsai: The Art of Miniature Trees, Clarence Smith  
Compassionate Communication, Nanci Kuzins  
Cross-Cultural Film: Cowboys and Samurais, Chip Zempel  
Cultural Statements in Film and Documentaries IV, Birte Hartley/Steve Hartley  
DNAology, Jonathan Brosin  
Economics for the 99 Percent, Carl Pinkston  
Game Changers: 12 Elections That Transformed California, Kathleen Beasley  
Great Decisions—Vital Issues in American Foreign Policy, David Peters/Nell Farr  
Hard-Boiled Detection in Films, Rita Rippetoe  
How Hitler Could Have Won World War II Redux, Doug Griebner  
Intermediate Spanish—Speaking and Reading, Melody Flores  
Ken Burns' Filmography: Part IV of an Ongoing 9-Part, Allan Keown  
Major Classical Music Figures of the Late 19th and Early 20th Centuries, Bob Seyfried/Sue Schneckloth/Professor Leo Eylar  
Medical Rights and Medical Wrongs, Howard Slyter/Kathy Glasmire  
Memories and Memoir: Writing Personal Histories, Kimberly Edwards

The New Testament, Tom Slakey  
The Other Side of History Continued, Doris Keller/Sandy Lockwood  
The People's Republic of China's First 60 Years, 1949-2009, Bruce Moon  
Real Rock 'n' Roll, Bob Lang  
Spanish for Beginners, Susan Titus/Donna Eash  
The Story of Writing, Peggy Fish/Marty Keale  
Sumer, the First Civilization—Lost Story of the Rise of Man, Paul Micheli  
United States Civil War, Douglas Bonetti  
The War in Europe or Deutschland Uber Alles, Geoffrey Burroughs  
Watercolor Painting, Doyle Crawford  
The Western Tradition, Part II, The Reformation to the Tech Revolution, Kurt Findeisen/Nancy Findeisen  
Women Behind the Scenes: Heroines You've Known or Wish to Know, Peggy Krong  
The World's Greatest Churches, John Courtway  
Writing Personal History, Donn Miller/ Sue Miller

### **Spring 2017: Saturday On-Campus**

Ancient Rome, David Warren  
China! The Han Story (206 BCE to 220 CE), Chris Budwine  
Dancing for Dummies, Vick Vickland  
Grammy Hall of Fame Music, Mike Harkins

### **Spring 2017: Off-Campus**

Book Group—Monday, Carol Hayes/Ann Blazina  
Book Group—Tuesday, Marian Kile/Suzanne Armer  
Book Group—Wednesday, Fantasy/Science Fiction, Gayle Greene  
Book Group—Thursday, Partners in Crime, Pat Stokes/Lynda Cassady  
Duplicate Bridge, Robert Houghton  
Party Bridge—Land Park/Greenhaven/Pocket Area, Phyllis Mills/Ellen Nathan  
Dining Together, Cheryl Nelson/Karen Nemetz  
El Circulo Español (Conversational Spanish), JoAnn Peter  
Le Cercle Français (Conversational French), Rosalind Beck  
La Conversation en Français, Niveau Intermediate, Irene Sadler  
Friends of The New Yorker Magazine, Ron Meyer/Hariette Work  
Games for Entertainment, Roberta (Bobby) Frieze/Judy Keaton  
Games for Fun, Dottie Higbee  
Genealogy, Karen Roseland/Marian Kile/Cheryl Nelson  
Great Books at Hart, Brigid O'Malley/Karen Roseland  
iPhone Photography Studio, Melissa Green/Joan Greenfield  
Mah Jongg, Carol Camponovo  
Memoirs, Fran Clarke  
Photography as Art, Roger Klemm/Mary Elliott-Klemm  
Photography: Digital Camera Group, Jeff Hendy/Mary Henwood  
Singing for Fun, Jean Dean/Sara Zeigler  
Travel Through Food, Marsha Littrell/Sandra Winter  
Walkabouts, Mary Runyan/Donna Eash/Lance Muller  
Writers' Group I, Dan Keller/Marian Kile  
Writers' Workshop II, Roy Bishop/Lani Hahn  
Fifteen One-Day Symposia, Ed Sherman  
Twelve Asian Community Center (ACC) Seminars, Allan Keown

## Fall 2016: Friday On-Campus

American Leadership, Harry Cohen  
Associates Program: Training for Seminar Leaders, Doris Keller/Marian Kile/Marty Keale  
Bend, Breathe and Balance, Bobby Gladstein  
Cracker Barrel, Susanne Coleman/Per Ostlund  
Documentaries, Allan Keown/Wade Brynelson/Mary Hyland  
Easy Magic Tricks for Grandparents, Harry Mossman  
Economics for the 99 percent, A Sequel, Mark Dempsey  
A Fan's Guide to Watching Basketball, David McGuire  
Great Books Discussion Group, John Quattrin/Pam Flohr  
A Holistic Approach to Weight Loss in Three Sessions (Body, Mind-Emotions, Spirit), Mimi Dixon  
An Introduction to Spanish, Robert J. Parker/Clara Chapala  
Knitting and Crochet Group, Coby Bonner/Doris Keller  
Learning to Meditate Using the Buddha's Map, Doug Kraft  
Meditation, Gail Reed  
Mini-Seminars, Beth Mann/Ed Speegle  
Naturism/Nudism, E.C. "Vick" Vickland/Susan Conforti  
Sports Betting, Morton Saltzman  
Top 10 U.S. Domestic Issues and Potential Solutions, Ken Cross/Walter Wilson  
Travel and Adventure, Richard Peter/Tom Dole/Terry Moss/Linda Alameda  
Android Basics, Carol Limbaga  
Android Test Kitchen (AKA Intermediate Android Smartphone and Tablet Drop-In Seminar),  
Craig McCulloch/Bruce Moon  
Ballroom and Line Dancing, Richard Kowaleski  
Gentle Yoga, Terri Gray  
Active Retirement Investing, Marsha Holland  
American Presidential Elections, H. James Harper  
Big History: Setting the Stage for Civilization, Ranny Eckstrom/John McCorkell/Jack Russell  
Bob Dylan: The Man, The Music, The Masks and The Myths, David Abelson  
California's Past Through Fiction, Debbie Russell  
China, The Dragon that is Shaking the World, Nancy Samuelson/Thomas Swift/Bruce Moon  
Compassionate Communication, Nancy Kuzins  
Critical Thinking, Richard Kowaleski  
Delta Narratives: The History and Culture of the Sacramento-San Joaquin Delta, Robert Benedetti  
Economics for the 99 percent: the Political Economy in an Election Season, Duane Campbell/  
Carl Pinkston  
Election of 2016: Values in Conflict, Richard Pitcher  
From Sutter's Fort to Farm-to-Fork, a Fresh Look at Sacramento's Unique Culinary Heritage,  
Maryellen Burns  
Happiness and Your Brain, Jo Ann Yee  
Intermediate Spanish, Speaking & Reading, Melody Flores  
Ireland: History, Politics and Culture, Michael Storey/Anna Storey  
Joy of Science, Ed Sherman  
Memories and Memoir: Writing Personal Histories, Kimberly A. Edwards  
More Great American Trials, Joel S. Primes  
Movement Awareness Workshop, Al Zagofsky  
Native America: Good, Bad, and Indigenous, 1513-1890, Richard Fuller  
The Norton Anthology of Poetry, Tom Slakey  
The Other Europe, Leland H. "Lee" Ruth/Milo Turaylich/Ed Sherman  
The Other Side of History, Doris Keller/Sandy Lockwood

Political Philosophy, An Introduction, Ed Speegle  
Rock & Soul Music, 1970-74: Rebs, Rastas, Troubs & Glam, Graham Edmondson  
Shakespeare on Stage, Gerry Camp/Jennie Scott  
The Story of the English Language, Marty Keale  
Sumer, The First Civilization: Lost Story of the Rise of Man, Paul Micheli  
The Vikings, Elaine Duxbury/Steve Harley  
Watercolor Painting, Doyle Crawford  
The Western Tradition, Part 1, The Ancient World through the Renaissance, Kurt and Nancy  
Findeisen/Diane Chase/John Meininger  
Writing Personal Histories, Teresa Yates  
Writing Personal History, Patrick Crowley

### **Fall 2016: Saturday On-Campus**

The Enlightenment, 1640-1815, Ed Sanborn  
Rhythm and Blues Chart-Toppers (1942-1963), Mike Harkins

### **Fall 2016: Off-Campus**

Book Group-Monday, Carol Hayes  
Book Group-Tuesday, Marian Kile/Suzanne Armer  
Wednesday Fantasy/Science Fiction Book Group, Gayle Green  
Party Bridge: Land Park/Greenhaven/Pocket Area, Phyllis Mills/Ellen Nathan  
Le Cercle Français (Conversational French), Helen Hanna  
El Circulo Español (Conversational Spanish), JoAnn Peter  
La Conversation En Français, Niveau Intermediate, Irene Sadler  
Dining Together, Noel Hinde/Frances Stroud  
Duplicate Bridge, Robert Houghton  
Friends of the New Yorker Magazine, Ron Meyer/Harriette Work  
Games for Entertainment, Roberta (Bobby) Frieze/Judy Keaton  
Games for Fun, DeAnga Hills  
Genealogy, Karen Roseland/Marian Kile/Cheryl Nelson  
Great Books at Hart, Brigid O'Malley/Karen Roseland  
History Media Club, John McCorkell  
Mah Jongg, Carol Camponovo  
Memoirs, Fran Clarke  
Partners in Crime Book Club, Pat Stokes/Lynda Cassady  
Photography as Art, Roger Klemm/Mary Elliott-Klemm  
Photography: Digital Camera Group, Jeff Hendy/Mary Henwood  
Singing for Fun, Vick Vickland/Sara Zeigler/Jean Dean  
Travel Through Food, Marsha Littrell/Sandra Winter  
Walkabouts, Marilyn Jack/Donna Eash/Lance Muller  
Writers' Group I, Dan Keller/Marian Kile  
Writers' Workshop II, Roy Bishop/Lani Hahn  
U.S. Presidents Discussion Group, Doris Keller  
Fifteen One-Day Symposia, Roy Bishop  
Nine Off-Campus Asian Community Center Seminars, Allan Keown

### **Spring 2016: Friday On-Campus**

Bend, Breathe and Balance, Bobby Gladstein  
Cracker Barrel, Susanne Coleman  
Dealing with Anger: A Healthy Approach, Renee Zito

Documentaries, George and Claire Roper  
Easy Magic Tricks for Grandparents, Harry Mossman  
Great Books Discussion Group, John Quattrin/Pam Flohr  
Great Decisions, Maynard Nelson/Harry Cohen  
An Introduction to Spanish, Robert J. Parker/Clara Chapala  
iPad Basics (partial semester), Carol Dabrowiak  
iPhone Basics (partial semester), Jennifer Kerr  
Ken Burns Filmography, Part III, Alan Keown/Joyce Mundel  
Knitting and Crochet Group, Coby Bonner/Doris Keller/Barbara Kletzman  
Learning to Meditate Using the Buddha's Map, Doug Kraft  
Man's Greatest Engineering Achievements, Richard Dabrowiak  
Medical Rights and Medical Wrongs, Howard Slyter/Kathy Glasmire  
Meditation Practice, Gail Reed  
Mini-Seminars, Joy Skalbeck/Jeanne Campanelli  
Movement Awareness Workshop, Al Zagofsky  
Terrific Travel Tips, Judy Zimmerman  
Travel and Adventure, Richard Peter/Tom Dole/Terry Moss/Linda Alameda  
Android Basics, Carol Limbaga/Jane Williams  
Android-Intermediate Smartphone Drop-In Seminar, Craig McCulloch/Bruce Moon  
Apple Users Keynote Workshop, Judy Zimmerman  
Ballroom and Line Dancing, Richard Kowaleski  
Gentle Yoga, Terri Gray  
PC Clinic, Marian Kile  
Active Retirement Investing, Bill Bailey/Marsha Holland  
American Leadership, Harry Cohen  
Art Movies and Documentaries, Steve Harley/Birte Harley  
Beethoven and the Age of Enlightenment, Bob Seyfried/Professor Leo Eylar  
Bonsai: The Art of Miniature Trees, Clarence Smith  
The Cathedral, Jon Courtway  
China! The Qin and Terra Cotta Warriors, Chris Budwine  
Economics for the 99 Percent, Carl Pinkston  
Romance? Comedy? (Films), Chip Zempel  
Great Decisions: Vital Issues in American Foreign Policy, David Peters/Steve Orkand  
Great Explorers of History: Some You Know, Some You Don't, Richard Fuller  
Happiness and Your Brain, Jo Ann Yee  
Innovations in Architecture, Peter Kosar  
Intermediate Spanish: Reading and Speaking, Melody Flores  
Iran, E.C. "Vick" Vickland  
The Mediterranean Sea: Early Trade Routes and Cultures, Beth Mann/Joan Vondracek  
Memories and Memoir: Writing Personal Histories, Kimberly A. Edwards  
More Great American Trials, Joel S. Primes  
Naval and Military Movies, John Ling  
Real Rock 'n' Roll, Bob Lang  
The Rise of Germ Theory, David McGuire/Jon Brosin  
The Stories of John Cheever, Ron Tochtermann/Rosemary Kelley  
Touring Northern California, Ken Mack  
United States Civil War, Douglas Bonetti  
Virgil's Aeneid, Tom Slakey  
Watercolor Painting. Doyle Crawford  
World War II: The Pacific War, Geoffrey Burroughs  
Writing Personal History: World War II, Patrick Crowley  
Writing Personal Histories, Frederick Chapman

### **Spring 2016: Saturday On-Campus**

Ancient Greece: Maker of our Modern World, David Warren  
America's Hit Parade (1890-Present), Mike Harkins

### **Spring 2016: Off-Campus**

Antiques: Looking through Vintage Treasures, Shirley Hines  
Big History Media Club, John McCorkell  
Book Group: Monday, Carol Hayes/Ann Blazina  
Book Group: Tuesday, Marian Kile/Suzanne Armer  
Bridge: Land Park/Greenhaven/Pocket Area, Phyllis Mills/Ellen Nathan  
Le Cercle Francais (Conversational French), Helen Hanna  
El Circulo Espanol (Conversational Spanish), JoAnn Peter  
La Conversation en Francais, Niveau Intermediate, Irene Sadler  
Creative Writing, Judy Broussard/Pat Teeters  
Dining Together, Noel Hinde/Frances Stroud  
Diversity: Sacramento and Beyond, Part II, Warren Bonta/Ron Lopez  
Duplicate Bridge, Robert Houghton  
Friends of the New Yorker Magazine, Ron Meyer/Harriette Work  
Games for Entertainment, Roberta (Bobby) Frieze/Judy Keaton  
Games for Fun, DeAnga Hills/Jackie Irene  
Genealogy, Elaine Duxbury/Marian Kile/Cheryl Nelson/Karen Roseland  
Great Books at Hart, Bridgit O'Malley/Karen Roseland  
Mah Jongg, Carol Camponovo  
Memoirs, Alice Ainsworth  
Partners in Crime Book Club, Marian Lininger  
Photography as Art, Roger Klemm/Mary Elliott-Klemm/Sherry Rhodes  
Photography: Digital Camera Group, Jeff Hendy/Mary Henwood  
Singing for Fun, Vick Vickland/Sara Zeigler/Jean Dean  
Travel Through Food I, Dick Tarble/Cheryl Nelson  
Travel Through Food II, Sandra Winter/Marsha Littrell  
Walkabouts, Norma Markley/Chris Dreier/Tilly Fairman  
Writers' Group I, Peggy Marsh/Dan Keller  
Writers' Workshop II, Roy Bishop/Lani Hahn  
Fifteen One-Day Symposia, Ed Sherman  
Thirteen Thursdays at Asian Community Center, Allan Keown

### **Fall 2015: Friday On-Campus**

American Supremacy, Harry Cohen  
Associates Program: Training for Seminar Leaders, Ivy Hendy/Doris Keller/Ed Sherman  
Bend, Breathe and Balance, Bobby Gladstein  
Cracker Barrel, Susanne Coleman/Ed Sanborn  
Dealing with Anger: A Healthy Approach, Renee Zito  
Documentaries, Allan Keown/Wade Brynelson  
Easy Magic Tricks for Grandparents, Harry Mossman  
Great Books Discussion Group, John Quattrin/Pam Flohr  
iPhone Basics (6 Weeks), Jennifer Kerr (and team)  
iPad Basics (6 Weeks), Carol Dabrowiak/Alex Ives  
Knitting and Crochet Group, Coby Bonner/Doris Keller  
Learning to Meditate Using the Buddha's Map, Doug Kraft  
Man's Greatest Engineering Achievements, Richard Dabrowiak

Meditation, Gail Reed  
Mini-Seminars, Joy Skalbeck/Jeanne Campanelli  
Travel and Adventure, Richard Peter/Tom Dole/Terry Moss  
Android Basics, Carol Limbaga/Jane Williams  
Android Intermediate Phone/Tablet, Craig McCulloch/Bruce Moon  
Ballroom and Line Dancing, Richard Kowaleski  
iPad and iPhone Topics, Mary Euretig/Jennifer Kerr/Karen Martin  
Active Retirement Investing, Marsha Holland  
All Things French, Part Deux, Patty Wood/Irene Sadler  
Beginning-Intermediate Spanish: Reading and Speaking, Melody Flores  
The Bill of Rights, Eric McElwain  
Brit, Soulsters, Folkies & Cali (Pop Music 1964-69), Graham Edmondson  
The Cathedral, Jon Courtway  
The California Gold Rush, Nancy Samuelson/Albert Wolfgang  
Classical Music Seminar, Music Through the Ages 1600-1926, Bob Seyfried  
Critical Thinking, Richard Kowaleski  
Decisive Decades: The United States 1890-1920, Ed Speegle/Al Wickers  
Economics for the 99%. Why Did Wall Street Recover and Main Street Remain Troubled?  
Duane Campbell  
Exploring our Differences, Richard Pitcher/Keith Dilday  
Great American Trials, Joel Primes  
Homer: The Iliad and the Odyssey, Tom Slakey  
Iran, E.C. "Vick" Vickland  
Memories and Memoir: Writing Personal Histories, Kimberly A. Edwards  
The Northern Renaissance, Ed Sanborn  
Reading Like A Writer III, Ron Tochterman/Rosemary Kelley  
The Story of Human Language, Marty Keale  
The Turbulent 60s: War and Peace and Everything In-Between, Joyce Mundel/Doris Janes  
Vintage British Movies, John Ling  
Volcanoes I Have Known—Personally! Richard Fuller  
Watercolor Painting, Doyle Crawford  
Water in California, David Abelson  
The Western Tradition, Part 2, The Reformation to Modern Times, Kurt Findeisen/Nancy Findeisen  
Wild Women of the West, Peggy Krong/David Lockwood  
Writing Personal Histories, Frederick Chapman  
Writing Personal Histories, Section 2, Patrick Crowley

### **Fall 2015: Saturday On-Campus**

Memorable Moments in History, Doris Keller  
America's Musical Origins, Mike Harkins

### **Fall 2015: Off-Campus**

15 One-Day Seminars, Ed Sherman  
Big History Media Club, Ranny Eckstron/John McCorkell  
Book Group, Monday, Carol Hayes/Dottie Higbee  
Book Group, Tuesday, Marian Kile/Suzanne Armer  
Books: Great Books at Hart, Brigid O'Malley/Karen Roseland/Charlotte Donovan/Juanita Montoya  
Partners in Crime Book Club, Marian Lininger  
Duplicate Bridge, Robert Houghton

Bridge, Land Park/Greenhaven/Pocket Area, Phyllis Mills/Ellen Nathan  
Camping and More, Susan Rubinstein/John Szabo  
Creative Writers, Judy Broussard/Pat Teeters  
El Circulo Español (Conversational Spanish), JoAnn Peter, Virginia Sturdevant  
Le Cercle Français (Conversational French), Helen Hanna  
Dining Together, Noel Hinde/Frances Stroud  
Diversity: Sacramento and Beyond, Warren Bonta/Pat Hunt/Allan Keown/Ron Lopez  
Friends of the New Yorker Magazine, Ron Meyer/Harriette Work  
Games for Entertainment (Game Group 2), Roberta Frieze/Judy Keaton  
Games for Fun, DeAnga Hills/Yolanda Moore/Jackie Irene  
Genealogy, Judy Broussard/Judy Hollis/Cheryl Nelson/Karen Roseland  
Mah Jongg, Carol Camponovo  
Memoirs, Alice Ainsworth  
Photography As Art, Roger Klemm/Mary Elliott-Klemm/Sherry Rhodes  
Photography: Digital Camera Group, Jeff Hendy/Mary Henwood  
A Photography Exhibit Project, Tom Monahan  
Singing for Fun, Vick Vickland/Sara Zeigler/Jean Dean  
Travel Through Food I, Cheryl Nelson/Dick Tarble  
Travel Through Food II, Sandra Winter/Marsha Littrell  
Walkabouts, Norma Markley/Chris Dreier/Tilly Fairman  
Writers' Circle, Norma Streeter/Mjzza Eaton  
Writers' Group I, Peggy Marsh/Dan Keller  
Writers' Workshop II, Roy Bishop/Lani Hahn

### **Spring 2015: Friday On-Campus**

Arts and Crafts, Petey Connolly  
Great Books Discussion Group, Jean Cawood/John Quattrin  
Great Decisions, Maynard Nelson/John Jervis  
Introduction to Spanish, Part II, Robert J. Parker/Clara Chapala  
iPad Basics (6 weeks), Carol Dabrowiak/Alex Ives  
iPhone Basics (6 weeks), Stan Todd/Karen Roseland/Fred Johansen  
iPhone/iPad iLab (6 weeks), Alex Ives/Pat Crippen  
Navigating Life in this Multicultural Society, Darryl Omar Freeman  
1215: The Year of the Magna Carta, Dave Lockwood  
Alles Deutsche – All Things German, Ann Blazina/Marty Keale/Carolyn Smith  
All Things Jewish, Florence Young/Ed Sherman/Muzza Eaton  
Aristotle's Ethics (Also Called the Nicomachean Ethics), Tom Slakey  
Beginning Intermediate Spanish: Reading and Speaking, Melody Flores  
Big History Overview, Ranny Eckstrom/Allan Keown/Judy Maben/John McCorkell/Carla Young  
Bonsai, Clarence Smith  
British Movie Collection, John C. Ling  
The Civil War. Doug Bonetti  
Classic Jazz, Swing & Bebop, Bob Lang  
Comedies Redux, Jon Courtway  
The Court System with Emphasis on US Constitution and Amendments, Joel Primes  
Creating a Healthy Kitchen, Anne Evans  
Cultural Statements in Film and Documentaries III, Birte Harley/Steve Harley  
Dealing with Anger: A Healthy Approach, Renee Zito  
Ethics and Everyday Life, Ivy Hendy/Eric McElwain  
Exploring and Experiencing Architecture, Dan Keller  
From Judaism to Christianity—The Evolution, Jonathan Brosin/David McGuire  
Great Decisions, David Peters/Nell Farr

History of China: From Shang to Mao, Ed Sanborn  
The Injustice System, Ron Tochterman  
Introduction to Astronomy and the Night Sky, Jack Russell  
The Japanese People via Documentary Films, Tom Swift/Barbara Bevan  
Major Issues Facing America. Henry M. Cohen  
"Make Your Own Seminar" Seminar, Richard Fuller  
Man's Greatest Engineering Achievements, Richard Dabrowiak  
TED Talks, Barbara Kletzman/Michele Stern  
Watercolor Painting, Doyle Crawford  
Water in California: "Out Here Whiskey's for Drinkin' and Water's for Fightin'  
Over," David Abelson/Bob Taylor  
Wealth Strategies, Bill Bailey/Marsha Holland  
The Western Tradition, Part I (The Ancient World through the French Revolution), Kurt  
Findeisen/Nancy Findeisen  
Writing Personal Histories I, Fred Chapman  
Writing Personal Histories II, Patrick Crowley

### **Spring 2015: Saturday On-Campus**

Ancient Egypt, Its History and Archeology, David Warren  
America's Hit Parade (1890-2015), Mike Harkins

### **Spring 2015: Off-Campus**

American Mah Jongg, Diane Rich/Carol Rogala  
Mah Jongg, Carol Camponovo/Diana Polner  
Monday Book Group, Carol Hayes/Dottie Higbee  
Tuesday Book Group, Marian Kile/Suzanne Armer  
Great Books at Hart, Brigid O'Malley/Charlotte Donovan/Karen Roseland  
Partners in Crime Book Club, Marian Lininger/Carla Hoffman  
Duplicate Bridge, Robert Houghton/Barbara Kletzman  
Bridge-Land Park/Greenhaven/Pocket Area, Phyllis Mills/Ellen Nathan  
Camping and More, Susan Rubinstein/John Szabo  
Le Cercle Français I (Conversational French), Helen Hanna  
Le Cercle Français II (Conversational French), Irene Sadler  
El Circulo Español (Conversational Spanish), JoAnn Peter/Robert Parker  
Creative Writers Anonymous, Judy Broussard/Pat Teeters  
Dining Together, Noel Hinde/Frances Stroud  
Friends of the New Yorker Magazine, Ron Meyer/Ann Heatlie  
Games for Entertainment, Roberta Frieze/Judy Keaton  
Games for Fun, De Anga Hills/Yolanda Moore/Jackie Irene  
Innovative CoHousing for the 50+ Generation, Anne Geraghty/Fran Spitale  
Memoirs, Alice Ainsworth  
Photography as Art, Mary Elliott-Klemm/Roger Klemm  
Photography: Digital Camera Group, Jeff Hendy/Mary Henwood/Laurene Fitzpatrick  
A Photography Exhibit Project, Tom Monahan  
Singing for Fun, Vick Vickland/Sara Zeigler/Jean Dean  
Travel Through Food I, Cheryl Nelson/Carla Hoffman/Barbara Lininger/Marian Lininger/Dick  
Tarble  
Travel Through Food II, Diane Roach  
Walkabouts, Norma Markley/Chris Dreier/Tilly Fairman  
Writers' Circle, Norma Streeter/Muzza Eaton  
Writers' Group I, Peggy Marsh/Ariel Amlin

Writers' Workshop II, Roy Bishop/Lani Hahn

### **Fall 2014**

Arts and Crafts Group, Linda Gonot/Laraine Silberstein/Petey Connolly/Cherie O'Boyle  
Introduction to Spanish, Robert J. Parker/Clara Chapala/Celia Perez-McCauley  
Great Books Discussion Group, Jean Cawood/John Quattrin  
Learning to Meditate Using the Buddha Map, Doug Kraft  
Aging Well: Managing Your Own Health, Dolores Eitel/Marty Keale  
American Popular Music, Mike Harkins  
Beginning Intermediate Spanish, Carol Purin  
Being Happy, Om Bindra  
British World War II Movies, John C. Ling  
Brits, Soulsters, Folkies and Cali (Popular Music 1964-69), Graham Edmondson  
Changes Impacting America's Future at Home and in the World, Harry M. Cohen  
Classical Music, Bob Seyfried/Tom Holt  
Climate Change: A Problem? Tom Swift  
Cosmos: A Space/Time Odyssey (Neil deGrasse Tyson), Allan Keown/Joyce Mundel/Gwen Stephens  
Could Hitler Have Won World War II? Doug Griebner  
The Court System, Joel Primes  
Critical Thinking, Richard Kowaleski  
Cuba, Garey Young/Dennis Kohlmann  
End This Recession Now! Duane Campbell  
Ethics and Everyday Life, Ivy Hendy  
Film Comedy, Jon Courtway/Chip Zempel/Richard Peter/ Rose Mary Neves/Andrea Fiske  
Flora and Fauna in California, Richard Fuller  
The Great Plains, Doris A. Keller/Sandy Lockwood  
Healthy Anger—Or Healthy Approach to Dealing with Anger, Renee Zito  
Libertarian Political Thought, Kurt Findeisen/Wayne Luney  
Making Healthy Food Choices, Susan Sundell/Jo Ann Peter  
The Middle Ages, Ed Sanborn  
The Mighty Mississippi, Joan Meagher  
Reading Like a Writer, Ron Tochtermann/Rosemary Kelley  
TED Talks: Ideas Worth Spreading, George and Claire Roper  
Watercolor Painting, Doyle Crawford  
Wealth Strategies, Hunter Wm. (Bill) Bailey  
Women's Contributions to the Visual Arts: 1400 to the Present, Beth Mann/Birte and Steve Harley  
Writing Personal Histories, Fred Chapman

### **Spring 2014**

Art/Entertainment  
American Popular Music (By Decade), Mike Harkins  
Films of Alfred Hitchcock, Jon Courtway  
Real Rock 'n' Roll, Bob Lang  
The World of Choral Music, Len Miller  
Watercolor Painting, Barbara Peck  
The Bible in Art (Saturday seminar), David Warren  
Craft/Hobbies/Social  
Gardening, A to Z, Karen Martin/Shelly Berlant  
Bonsai, Clarence Smith

## Culture/Societies

Tutte le Cose Italiane (All Things Italian), Marty Keale

Ethical Reasoning, Eric McElwain

Migration Linguistics, Paul Micheli/Lloyd Money

TED Talks: Ideas Worth Spreading, Barbara Kletzman/Michele Stern

## Economics/Government

Amendments of the U.S. Constitution, Bob Tyler/Joel Primes/Florence Young

Great Decisions, David Peters/Nell Farr

## History

Noteworthy Villains in History, or Were They? David McGuire/Nancy Samuelson

Religion and Society from the Civil War to the 2012 Election, Dick Pitcher

Sacramento Valley – From 20 Million B.C. Until Now! Richard Fuller

Social and Economic Reform in 19th Century Great Britain, Wayne Luney

20th Century Revolutions, Ed Sanborn

20th Century War Films and Their Relationship to Culture, John Ling

## Literature/Drama/Languages

Greek Plays of Aeschylus, Sophocles, Euripides, Tom Slakey

The Plays of Edward Albee, Ron Tocherman

## Personal Development/Sports

Aging Well, Marilyn Jack/Jan Polin

Dealing with Anger – A Healthy Approach, Renee Zito

Learn to Tell Stories, Marian Kile/Vicki Crescitelli

Qigong, Joyce Rietz

Writing Personal Histories, Tom Carroll/Fred Chapman

## Science

Enduring Issues in Psychology, Che O'Boyle

## Fall 2013

### Art/Entertainment

American Popular Music - By Genre, Mike Harkins

Classical Music, Bob Seyfried/Tom Holt

French and American Impressionism, Debbie Russell/Sherry Rhodes

Real Rock 'n' Roll, Bob Lang

Watercolor Painting, Barbara Peck/Ken Kinyon

### Culture/Societies

All Things French, Patty Wood/Irene Sadler

Ethical Reasoning: Justice, Judy Zimmerman/Ken Mack

Great World Canals: for Shipping, Defense, Tourism, Richard Fuller

Ruins and Romance: Monuments and Memories, Ed Sherman

TED (Technology, Entertainment, Design) Talks, George and Claire Roper

### Economics/Government

The Economic Crisis, Austerity, and its Alternatives, Duane Campbell

The Constitution of the United States for Non-Lawyers, Eric McElwain/David Abelson

### History

The Federalist/Anti-Federalist Debates, Ed Speegle/Al Wickers

Korea, from Ancient Times to the Chaos of Today, Garey Young/Bert MacBride

Religion and Society from the Colonies to the Civil War, Dick Pitcher

The Silk Road: Merchants, Monks, Warriors and Thieves, Beth Mann/Doris Keller

Historical Revision-Democracy and the Truth, J.L. Tobey

Revolution to Revolution, the Long 19th Century, Ed Sanborn/Joyce Mundel

### Literature/Drama/Languages

Learn Spanish, Kathie Micalief

Chaucer's World, Dave Lockwood/Angie Caston  
Brush Up Your Shakespeare, Chuck Scarcliff  
Migration Linguistics, Paul Micheli/Lloyd Money  
Personal Development/Sports  
Critical Thinking, Richard Kowaleski  
Writing Personal Histories, Tom Carroll/Fred Chapman  
Science/Philosophy  
The Old Testament, Tom Slakey  
An Introduction to Astronomy and the Night Sky, Jack Russell  
History of Medicine and Development of Medical Technologies, Phyllis Mills/Jonathan Brosin

### **Spring 2013**

Art/Entertainment

American Popular Music - By Decade, Mike Harkins  
Beautiful Singing in Opera and Art Song, Ken Carter/Len Miller  
Experiencing Architecture, Dan Keller/Larry Emery  
Real Rock 'n' Roll, Bob Lang  
Some of the Best Films You Have Never Seen, Jon Courtway  
Watercolor Painting, Barbara Peck/Ken Kinyon  
Culture/Societies  
Cultural Statements in Film and Documentaries II, Birte Harley/Steve Harley  
South America - What North Americans Don't Know, Allen Jamieson/Kathleen Olson  
Scandinavian History and Culture, Elaine Bjorgan Duxbury/Mary Euretig/Joan Meagher/Lynn Poole  
The TED Talks: Ideas Worth Spreading, Allan Keown/Gwen Stephens/Virginia Sturdevant  
Economics/Government  
Great Decisions, David Peters/Nell Farr  
Healthcare in California: What Makes It Tick, Marty Keale/Tom Swift  
History  
California and the Civil War, Nancy Samuelson/Gloria Luney/Charles Donaldson  
Canada and its Relationship with the United States, Wayne Luney  
Combatants and Courtesans: Women in History, Ed Sherman/Jeanette Hanna  
The Enlightenment, Ed Sanborn/Joyce Mundel  
Greek Mythology in Art, Literature and Music, David Warren  
Literature/Drama/Languages  
Beginning Spanish, Kathie Micallef  
Reading Like a Writer, Ron Tochtermann  
Personal Development/Sports  
Creating a Healthy Kitchen, Anne Evans  
Self-Publishing Our Memoirs, Biography or Other Personal Book, Marian Kile  
Writing Personal Histories, Tom Carroll  
Science/Philosophy  
Jesus and Christian Origins, J.L. Tobey  
Religion and Society in Tension, Dick Pitcher  
The Search for Spirituality, Jan Polin/Marilyn Reynolds  
Technology  
Blogging for Fun and Advocacy, Duane Campbell

### **Fall 2012**

American Popular Music – By Genre, Mike Harkins  
2012: Armed for Peace, Randy Wichert/Fran Styron

Beginning Spanish, Kathie Micallef  
Classical Music Through the Ages, Robert Seyfried/Noelle Anderson/Len Miller  
Cohousing Study Seminar, Anne Geraghty/Gloria Reynolds/Ardie Andrews  
Composers of the Great American Songbook and Their Songs, Don Taranto/Pat Ryan  
Critical Thinking, Richard Kowaleski  
Film Noir and Cult Films, Jon Courtway  
Geography, Wayne Luney  
History of Science Fiction in Film, David Lockwood/Douglas Griebner  
Inventing a Nation, 1773 to 1793, Ed Speegle/David McGuire  
Japanese Feature Films Portraying Early and Feudal Japan, Tom Swift/Harriette Work  
Jesus and Christian Origins, J.L. Tobey  
Justice: Doing the Right Thing, Chuck Scarcliff  
The Maya: Ancient Civilization, Resilient Survivors, Beth Mann/Nancy Westerberg  
Plato, The Republic, Tom Slakey  
The Plays of Arthur Miller, Ron Tochterman  
The President's Crossroads, Herb Cohen  
The Renaissance Beyond Florence, Kathy Beasley/Ed Sanborn/Marty Keale  
Underground Wonders – More than Tunnels and Caves, Doris Keller/Carolyn Mack  
Understanding Plate Tectonics and Traveling to Amazing Places on our Shaky Earth, Richard Rypinski/Richard Fuller  
Visionaries and Villains: Famous and Infamous Men and Women in History, Ed Sherman/Dottie Higbee  
Watercolor Painting, Barbara Peck/Ken Kinyon  
Working Class Literature, Cathy Hackett  
World War II, Garey Young/Al Wolfgang  
Writing Personal Histories, Tom Carroll/Fred Chapman/Gail Hulse

### **Spring 2012**

American Popular Music - By Decade, Mike Harkins  
America's Gilded Age (1880 thru 1910), Allen Jamieson/Wayne Luney  
California: 1820 - 1869, Richard Fuller  
California's Social Protest History in the Parks, Claire LeDonne  
Challenges to American Power, Herb Cohen  
Creating a Healthy Kitchen, Ken and Anne Evans  
Dante's Divine Comedy, Tom Slakey  
Don Quixote, Jim Gallant/Jean Cawood  
Great Decisions 2012, David Peters/Nell Farr  
Greek Mythology in Art, Literature and Music, David Warren  
How to use PowerPoint 2010, Marian Kile  
Intriguing People, Organizations, etc., Steve and Birte Harley  
Introductory Spanish, Carol Purin  
Inventing a Nation 1774 - 1789, Ed Speegle/Beth Mann  
Islam History and Geopolitics, Bob Taylor/Brady Torres  
Japanese Feature Film, Thomas Swift/Doris Keller/Al Gallardo  
More Great Stories - More Great Literature, Chuck Scarcliff  
Navigating the Night Sky, Jack Russell  
See the USA from its Waterways, Judy Zimmerman/Ken Mack  
The National Film Registry and Film Noir, Jon Courtway  
Using the Future to Understand Our Times, David Lockwood  
The Short Stories of Raymond Carver, Ron Tochterman/John Bowman  
The Supreme Court, the Constitution, John Andrew/Bob Schmidt  
The Vikings, Elaine Bjorgan Duxbury

Watercolor Painting, Barbara Peck/Ken Kinyon  
Writing Personal Histories, Anne Conway/Allen Strong

### **Fall 2011**

A Brief History of the Crime Novel, Bill Mahan  
Assassinations from Julius Caesar to JFK, Miyo Turaylich/Pat Ryan  
American Popular Music - By Genre, Mike Harkins  
Beethoven and Friends, Bob Seyfried/Len Miller  
Contemporary American Art and Artists, Fran Styron/Carolyn Mack  
Critical Thinking, Richard Kowaleski  
Depressions and Recessions, Wayne Luney/Garey Young  
Don Quixote, Jim Gallant/Jean Cawood  
Great Stories - Great Literature, Chuck Scarcliff  
Humans Living and Traveling in Space, Joy Skalbeck/Doris Keller  
Japanese Americans - Their Story, Mas Hatano/Tom Swift  
John Henry Newman Sermons, Tom Slakey  
Lies and Statistics, Ken Moody  
Menu for the Future, Susan Sundell/JoAnn Peter/Anne Evans  
Money and the Power Elite, Larry Whitlock  
Museums of the World, Betty Anderson/Barbara Kletzman  
San Francisco Noir, Jon Courtway  
Stay Healthy with Complementary Medicine, Jan Polin/Tom Murphey  
The 12th - 14th Centuries: A Turbulent Time, Ed Sanborn/Kathy Beasley  
The Amazing Brain, Paul Micheli  
The Plays of Tennessee Williams, Ron Tochterman  
The Vikings, Elaine Bjorgan Duxbury  
Watercolor Painting, Tim Weishahn/Barbara Peck  
Women Who Have Made a Difference, Claire and George Roper  
Writing Personal Histories, Anne Conway/Allen Strong/Claire Smurr

### **Spring 2011**

A History of Human Migration, Paul Micheli/Lloyd Money/Muzza Eaton  
American Popular Music - Part 2, Mike Harkins  
Bonsai: The Art of Miniature Trees, Clarence Smith/Walt Brainerd  
Cultural Statements in Film & Documentaries, Birte and Steve Harley  
Film Noir, Jon Courtway  
Florence, Italy, Renaissance Period, David Warren  
Great Decisions & U.S. Foreign Policy 2011, Doug Fulton  
Hawaii: More than "Aloha", Sue Erlich/Betty Christoff  
"The Inheritance: The World Obama Confronts..", Herb Cohen  
Menu for the Future, Susan Sundell/JoAnn Peter  
Modern Japan from Perry to Present, Tom Swift  
9/11 Re-Examined, Larry Starn  
Peoples of North America, Doris Keller/Coby Bonner  
Poetry: An Introduction, Debbie Russell  
Reconstruction - America's Ugly Scar, Nancy Samuelson/Dennis Kohlmann  
Songs of Protest and Social Justice, Dick Tarble  
Trojan Wars, Bunny Bonewitz/Ed Speegle  
Watercolor Painting, Ken Kinyon/Barbara Peck  
World War II, Bert McBride/Bob Dinsfriend  
Writing Personal Histories, Anne Conway/Allen Strong/Claire Smurr

Writing Your Retirement, Barbara O'Donnell

### **Fall 2010**

A History of Human Migration, Paul Micheli/Lloyd Money/Muzza Eaton  
A History of the Mystery Novel, Bill Mahan  
Critical Thinking, Richard Kowaleski  
Down River, Claire and Marge LeDonne  
Facing Challenges in Contemporary Africa, Betty Anderson/Mary Schrock  
Famous American Reformers/Muckrakers, Bob Taylor/Joy Skalbeck  
Femmes Fatales of Film Noir, Jon Courtway  
Following the Mid-Term Congressional Elections, Al Keown/Dick Tarble  
Great Trials in History, Mike Sands  
Militarism and Permanent War, Nell Farr/Brigitte Jaensch  
Modern Japan (And Its Films), Tom Swift/Bruce Joplin  
Music - American Popular Music, Mike Harkins  
Music - Blues/Rock, Ele Meux/Jim Winter  
Music - Greatest Classical Works, Bob Seyfried/Len Miller  
Science and Society, Ranny Eckstrom/Hank Kocol/Lois Wren/Pam Tureen  
Shakespeare's Great Speeches and More, Charles Scarcliff  
The Art and Craft of Writing a Novel or Memoir, Cleo Kocol/Norma Streeter/Jean Clark  
The Impact of Geography, Wayne Luney/David Goldstein  
The Internet - A Genie or Pandora's, Box George Roper/Ken Moody  
Watercolor Painting, Ken Kinyon/Barbara Peck  
Writing Personal Histories, Allen Strong/Anne Conway/Claire Smurr

### **Spring 2010**

Art and Craft of Writing a Novel or Memoir, Cleo Kocol/Jean Clark  
Assassinations from Julius Caesar to JFK, Milo Turaylich/Bob Dinsfriend  
Between Two Wars - War of 1812 & Civil War, John Walker/Allen Jamieson  
Bonsai - The Art of Miniature Trees, Clarence Smith/Walt Brainerd  
Complementary and Integrative Medicine, Jan Polin/Om Bindra  
Constitutional Conventions, John Andrew/Bob Schmidt  
Ethics and Business and Public Policy, Bob Dinsmore/Brian Kidney  
Experiencing Architecture, Tom Dole/Stanley Mofjeld  
Famous Bridges of the World, Birte Harley/Dee Brown  
Fascinating Lives That Made A Difference, Linda Schoenhoff/Pam Tureen  
Florence Italy, The Renaissance Period, David Warren  
Food and Health - You Are What You Eat, Norm Eade, Eleanor Thomas  
Great Decisions & U.S. Foreign Policy 2010, Doug Fulton  
Great Westerns Part II, Jon Courtway  
Humor Never Killed Anyone, Doug Barr/Dottie Higbee  
National Health Care Reform, David Humphers/Thomas Swift  
Native Peoples of North America, Doris Keller/Bob Taylor  
Nobel Prize Winners, Steve Harley  
Pop-Pourri (Music), Mike Harkins  
20th Century Music You Can Listen To, Len Miller  
Science and Society, Ranny Eckstrom/Hank Kocol  
Vietnam, A War That Defies Description, Al Wolfgang/Nancy Samuelson  
Watercolor Painting, Ken Kinyon/Catherine McCormick  
Writing Personal Histories I, Jan Schroeder/Allen Strong  
Writing Personal Histories II, Dan Keller

