

## Previous Renaissance Programs (2010-2024)

### ABBREVIATION KEY

<b>D</b>	Diversity program
<b>Z</b>	Zoom-only
<b>IP</b>	In-person only
<b>H</b>	Hybrid (IP + Z) program
<b>IP-R</b>	In-person (live) and recorded
<b>NR</b>	Program not recorded
<b>OE</b>	Overlapping enrollment
<b>R</b>	Program recorded
<b>WI</b>	Walk-in program—use online system to enroll or check with leader
<b>FS</b>	Program fully subscribed.

### Spring 2024: Seminars

#### MONDAY TO THURSDAY SEMINARS

A Matter of Balance (Z/NR/OE), Brittany Lathrop Janet Johnson-Yosgott  
 Gender Identity, Sexuality, and the Human Condition (D/Z/R/OE), Dolores Eitel  
 Shakespeare's Hamlet: A Viewer's Guide (Z/NR/OE), Gerald Camp  
 Understanding How to Invest in This Market (Z/R/OE), Sanjay Varshney  
 Answering Wisdom Questions (Z/NR/OE), Mimi Dixon CANCELLED  
 Film Festival Favorites (Z/R/OE), Chip Zempel  
 My Father's Story—WWII American POW in Germany (Z/R/OE), Michele Rickey-Pidd  
 The Supreme Court's Right Turn (D/Z/R/OE), Ron Tochterman Michael Hersher  
 Unsung Brilliant Women (D/Z/NR/OE), Gopal Kapur  
 Delaying Death and Avoiding Disability (Z/R/OE), Don Forrester MD  
 Heterodox Economics (Z/R/OE), Mark Dempsey  
 The Virginians: Washington, Jefferson, and Madison (Z/R/OE), Cathy Adams Minicucci  
 Are You Eating Right? Let's Find Out (Z/NR/OE), Gopal Kapur  
 The Authoritarian Challenge to Our Democracy (D/Z/NR/OE), Duane Campbell Carl Pinkston  
 Delving into Dementia: The Science / The Caring / The Hope (Z/NR/OE), Mynga Futrell  
 Hearing Health: Individual and Community (Z/R/OE), Anne Geraghty  
 Let's Have Fun on Our e-Bikes and Save the Planet (H/R/OE), Anne Geraghty  
 Relationships: Build Strong, Healthy, Loving Ones (Z/NR/OE), Nanci Kuzins Anamaria Pasquiers  
 World of Engineering (Z/NR/OE), Richard Dabrowiak CANCELLED

#### FRIDAY SEMINARS

Active Retirement Investing (IP/WI/R), Bill Bailey Nash Bailey  
 All That Jazz—Classic to Cool (D/IP-R/WI), Bob Lang  
 American Protest Music: A Singalong (D/IP/WI/NR), Michael Hersher  
 And Again, Fun With Jane (IP/WI/NR), PJ Jones Gretchen Jung  
 Android Basics (IP/WI/NR), Carol Limbaga  
 The Beatles: Like You've Never Heard Them Before (IP/WI/NR), David Abelson  
 Classical Music (IP/NR), Robert Seyfried Marjorie Wade Leo Eylar  
 Cracker Barrel (IP/WI/NR), Christine Lewis and Per Ostlund  
 Critical Thinking (IP/NR), Richard Kowaleski  
 Even More Cinematic Classics: Themes and Variation (D/IP/WI/NR), Alan Miller  
 Exploring Motown's Enduring Legacy: Music, Culture, and History (D/H/WI/R), Michael Agron

Growing Up in the 40s, 50s, 60s (D/IP/WI/NR), Beth Mann and Virginia Sturdevant  
Mind-Body Skills for Health Improvement (IP/NR), Jon Siiteri  
The Three T's: Truth, Trust, and Technology (H/WI/R), Dale Good  
TransForMission: A Path to Purpose (IP/WI/NR), Donna Apidone  
Transitions: What Will I Do with the Rest of My Life? (H/R), Ken Cross  
Travel and Adventure (IP/WI/NR), Fred Chapman

## **Spring 2024: Shared Interest Groups**

### *MONDAY TO THURSDAY SIGS*

Friends of the New Yorker Magazine (IP/NR) Judy Day David Bowles  
Kindle Unlimited Book Club (Z/NR/OE) Marian Kile  
Native American History and Culture, Part II (D/IP/NR) Allan Keown CANCELLED  
Qi Gong (D/Z/R/OE) David Mitchell Marilyn Bradford  
Digital Photography (IP/WI/NR) Jay McKeeman  
Third Tuesday Book Club (Z/NR/OE) Marian Kile  
Dining Together (D/IP/NR) Cheryl Nelson  
Le Circle Français (IP/NR) Ruth Scodel Ana Facio  
Walkabouts (IP/NR) Lance Muller Barbara Walthers  
Why Is This Book Banned? (D/Z/NR/OE) Louise DiMattio  
iPhone Photography Studio (Z/NR/OE) Melissa Green  
The Music of Your Life (Z/NR/OE) Loretta Burdeaux and Lester Bennett  
Partners in Crime (IP/NR) Lynda Cassady and Pat Stokes  
Promises and Threats of Artificial Intelligence (AI) (Z/NR/OE) Melissa Green  
The Economist (Z/NR/OE) Wayne Luney

### *FRIDAY SIGS*

English Country Dance (IP/WI/NR) Ruth Scodel  
Knitting With Friends (IP/WI/NR) Barbara Kletzman and Jeanie Wilcox  
Social Dancing (IP/WI/NR) Richard Kowaleski  
Technology Workshop and Troubleshooting (IP/WI/NR) Ashu Singla  
Watercolor Studio Lab (IP/NR) Colleen Wong

### *FULLY SUBSCRIBED PROGRAMS*

Advanced Spanish Conversation (FS/IP/NR) Beatrice Hildebrand Susan Dlugach  
First Tuesday Book Club (FS/Z/NR) Gwen Bedient  
Games for Entertainment (FS/IP/NR) Roberta Frieze Judy Keaton  
Great Books Shared Interest Group (FS/Z/NR) Jean Cawood Dan Rooney  
High Intermediate Spanish (FS/H/NR) Melody Flores  
Photography As Art (FS/H/R) Roger Klemm

### *One Time Community Presentations*

Fantastical History of the Swastika (D/Z/NR/OE) Maryellen Burns and Gopal Kapur  
Alice B. Toklas—Before and After Gertrude Stein (D/Z/R/OE) Maryellen Burns  
The History of Disability Rights in the US (D/Z/NR/OE) Maryellen Burns Patricia Chadwick  
Alter Egos (H/R/OE) Maryellen Burns Christie Brazie  
A Cook's Tour of Sacramento (H/NR/OE) Maryellen Burns and Marge Tarbell and Dan Cross

Morning Coffee (H/R/OE) Maryellen Burns and Marge Tarbell and Kimberley Graham

*Monday Big History Series*

Cities II (Z/R/OE) Ranny Eckstrom and David Lewis

*Tuesday Speaker Series*

The Women Behind the Man—Picasso (D/Z/R/OE) Anne M Rewell  
The Disrupters' Editorial Cartooning in Sacramento (D/Z/R/OE) Maryellen Burns  
Institutional Racism's Impact on Black Students (D/Z/R/OE) Darryl White Sr  
An Illustrated History of Motorcycling, 1900-1970 (Z/R/OE) David Stuart  
How to Reverse Diabetes by Eating a Plant Diet : Part 2 (Z/R/OE) Linda Middlesworth  
The Race to Food Production Sustainability (Z/R/OE) Jim Porterfield CANCELLED  
Preparing for Life's Last Chapter: Medical Aid in Dying (Z/R/OE) Dolores Eitel  
Climate Chaos and the Individual (D/Z/R/OE) Don Forrester MD  
My Journey with Mexican and Latin American Music (D/Z/R/OE) Peter Baird  
Movement Building and the BLM (D/Z/R/OE) Carl Pinkston  
James Madison: His Role in Founding Our Country (Z/R/OE) Catherine Minicucci  
Credit—Good Stuff Everyone Should Know (Z/R/OE) Stuart Rodriguez

*Wednesday Science Series*

Climate Change—From Snowball Earth to a Big Rock (Z/R/OE) David Lewis  
Cosmology—The Big Bang to a Sky With No Stars (Z/R/OE) David Lewis

*Friday On-Campus Speakers Series*

Introduction to Mind-Body Skills for Health Improvement (IP/WI/NR/OE) Jon Siiteri  
Australian Convicts—The Journey of the 1st Convict (IP/WI/NR/OE) Anne Rewell  
HomeShare American River (D/IP/NR) Justin Ellerby  
Sacramento: Center of Japanese American History—Part 1 (D/IP/WI/NR/OE) Priscilla Ouchida  
Intro to Water Rights and Why You Should Care (D/IP/WI/NR/OE) Gerald Johns  
Women in World War II (D/IP/WI/NR/OE) Carolyn Martin  
Sacramento: Center of Japanese American History—Part 2 (D/IP/WI/NR/OE) Priscilla Ouchida  
An Illustrated History of Motorcycling, 1900-1970 (IP/WI/NR/OE) David Stuart  
Preparing To Invest (IP/WI/NR/OE) David Bach  
Who Were The Vikings? (D/IP/WI/NR/OE) Milo Turaylich  
Sacramento: Center of Japanese American History—Part 3 (D/IP/WI/NR/OE) Priscilla Ouchida  
It's All About Geology and the USGS (IP/WI/NR/OE) Robert Boyer  
Financial Statement Analysis and Stock Valuation (IP/WI/NR/OE) David Bach CANCELLED

**Spring 2024: Forums**

AMY KAUTZMAN, Dean and Director, Sac State University Library: Today's Academic Library:  
Balancing a Storied Past with the Exciting Future  
BILL GEORGE, Author of Victory in the Pool, about the swimmers from Arden Hills and their  
coach, Sherm Chavoor  
AARON TANG: How Overconfidence is Destroying the Supreme Court and How We Can Fix it  
DR. JOHN GRAY: Psychedelics in Medicine: Past, Present, and Future  
KENN ALTINE: Honoring our Commitment to Domesticated Animals  
Arthur Angel Luna: Entrepreneur of Luna's Café & Juice Bar, 1983–August 2023  
Randall Hagar: Mental Health Care in California, the Long Road to Reform

Michael Sanford: The Future of Public Media in the Digital Age  
Sacramento County District Attorney Thien Ho  
Greg Jung “History Has Repeated itself”: History of Anti-Asian Hate in Sacramento  
Jason Jacobs, Executive Director of the Sacramento Zoo: Creating the Next Great Zoo  
Professor Scott Stephens: Forest Fires in California’s New Climate Reality  
Deborah Seiler—Renaissance Society President: Renaissance Society Annual Meeting

## **Spring 2023: Seminars**

### *MONDAY TO THURSDAY SEMINARS*

Acoustic Activism: Expanding Hearing Accessibility in Public Spaces, [Z/R/OE] Anne Geraghty  
The Authoritarian Challenge to Our Democracy: What is to be done? [Z/R/OE] Duane Campbell  
Civil Rights in America [Z/R/OE] Ron Tochtermann Michael Hersher  
Cracker Barrel [Z/NR/OE] Anita Fante  
Dance Movies—Dramas, Comedies, Romances and more! [Z/R/OE] Chip Zempel  
The Dark Ages [Z/R/OE] Ed Sherman  
Dust Off that Manuscript(s) and Get Your Book Ready to Publish! [Z/R/OE] Norman Plotkin  
Evolution of “World” Trade [Z/R/OE] Marty Keale  
Gender Identity, Sexuality, and the Human Condition [Z/R/OE] Dolores Eitel  
The Great Directors, Part Two: The Films of Alfred Hitchcock [Z/NR/OE] Gerry Camp Fred Chapman  
The Great Hunger and Irish Immigration to the United States [Z/R/OE] Catherine Minicucci  
Heterodox Economics (Modern Money Theory) [Z/R/OE] Mark Dempsey  
Homer’s Iliad [Z/NR/OE] Ruth Scodel  
Honest and Authentic Conversations around Racism and White Supremacy [Z/NR/OE] Gretchen Jung  
Master Mind, Master Life—Meditation Introduction for Gentle Mastery [Z/R/OE] Norman Plotkin  
Relationships: How to Build Strong, Healthy, Loving Relationships [Z/NR/OE] Nanci Kuzins Anamaria Pasquiers  
Vegetable Gardening in Sacramento [Z/R/OE] Bonnie Gault-Blue  
The Wisdom Questions [Z/NR/OE] Mimi Dixon  
World of Engineering [Z/NR/OE] Richard Dabrowiak

### *FRIDAY SEMINARS— ON-CAMPUS*

Active Retirement Investing [IP/NR] Bill Bailey Marsha Holland  
Android Basics [IP/WI/NR] Carol Limbaga  
The Best of Mike Agron’s Celebrating Music & Entertainment Seminars [H/R] Michael Agron  
Cinematic Classics: Themes and Variations [IP/NR] Alan Miller  
Classical Music [IP/NR] Robert Seyfried Leo Eylar  
Cracker Barrel [IP/WI/NR] Anita Fante Per Ostlund  
Critical Thinking [IP/NR] Richard Kowaleski  
Delaying Death and Avoiding Disability [IP/NR] Donald Forrester MD  
Delving into Dementia: The science, the caring, the hope [IP/NR] Mynga Futrell  
Did it Really Happen? Can it happen Again? America’s Civil War Revisited [IP/NR] Douglas Bonetti  
England, from the Fall of Rome to the Norman Conquest—the Birth of the Anglo-Saxons [IP/NR] Jeff Hendy  
English Country Dance [IP/NR] Ruth Scodel  
Great American Trials and Constitutional Law [IP/NR] Joel Primes William Vizzard  
The History of Eastern Europe: Why you don’t know much about it and why it is important today [IP/NR] Helena Kanderka  
Mastering the Spanish Subjunctive through Spanish and Latin American Poetry [IP/NR] (Prerequisite required) Sandra Carter

More Fun with Jane: Persuasion on Page and Screen [IP/NR] PJ Jones Gretchen Jung  
The Native American Experience: From Wonder and Welcome to Genocide [H/R] Greg Beale  
Real Rock, Part 2 '60s & '70s [IP/R] Bob Lang  
Transitions: What will I do with the rest of my life? [H/R] Ken Cross  
Travel and Adventure [IP/NR] Terry Moss Richard Fuller  
Adventure Trekking with Richard Fuller [IP/NR] Richard Fuller  
Water In California—Part II: Current Challenges and Options For The Future [H/R] David Abelson

### **Spring 2023: Shared Interest Groups**

Cercle Français (Conversational French) [IP/NR] Gerald (Jerry) Lagomarsino Co-leader: Debra da Costa  
Dark Tales by Shirley Jackson [Z/NR/OE] Louise DiMattio  
Digital Photography Class [IP/NR] Jay McKeeman  
First Tuesday Book Club [Z/NR/OE] Gwen Bedient  
Friends of the New Yorker Magazine [IP/NR] Ronald Meyer Co-leader: Judy Day  
Games for Entertainment [IP/NR] Roberta Frieze Co-leader Judy Keaton  
Great Books Discussion Group [Z/NR/OE] Steven DeBry  
A Guided Tour of the University Arboretum Sessions 1 to 3 [IP/NR] Donna Eash Co-leader: Michael Baad  
Interrupting Racism and Promoting Social Justice through Conversation, Friendship, and Activities [IP/NR] Allen Keown Co-leader: Pat Paul  
Knitting with Friends [IP/NR] Barbara Kletzman Co-leader: Kristen Strand  
The Music of Your Life [Z/NR/OE] Beth TenPas Co-leader Lester Bennett  
Qi Gong-Zoom [Z/R/OE] Diana Loo  
Qi Gong [IP/NR] Diana Loo  
Sing a-long/Jam [IP/NR] Al Zagofsky  
Social Dancing [IP/NR] Richard Kowaleski  
Spanish Conversation, Advanced (Prerequisite required) [IP/NR] Beatrice Hildebrand Co-leader: Susan Dlugach  
The Economist [Z/NR/OE] Wayne Luney  
Third Tuesday Book Club [Z/NR/OE] Marian Kile  
Walkabouts [IP/NR] Lance Muller Co-leader: Brady Torres  
Writers Workshop II [IP/NR] Anita Adams Co-leader: Lani Hahn

### **Spring 2023: SPONSORED PROGRAMS**

Great Books Shared Interest Group [Z/SP/NR] Jean Cawood Co-leader: Dan Rooney  
iPhone Studio Multimedia Collective [Z/SP/NR] Melissa Green  
Partners in Crime [IP/SP/NR] Lynda Cassady Co-leader: Pat Stokes  
Photography As Art [Z/SP/NR] Roger Klemm Mary Elliott-Klemm  
Writer's Group I [Z/SP/NR] Curtis Nelson Co-leader: Marian Kile

### **Spring 2023: One Time Community Presentations**

Say "NO" to Phone Scams [Z/R/OE] Danny Lee  
Preparing for Life's Last Chapter: Options for Care [Z/R/OE] Dolores Eitel  
Preparing for Life's Last Chapter: Medical Aid in Dying [Z/R/OE] Dolores Eitel  
Watercolor Tutorial: Easy Spring Floral [Z/R/OE] Kathy Hart  
Watercolor Tutorial: Easy Bamboo and Birch Trees [Z/R/OE] Kathy Hart  
Alter Egos Reader's Theater [H/R/OE] Maryellen Burns, Christie Braziel  
A Cook's Tour of Sacramento and Beyond [IP/NR] Maryellen Burns and Marge Tarbell  
Morning Coffee [H/R/OE] Kelsey Maher, Maryellen Burns, Kathy Hart  
Addicted: Sacramento's Coffee Scene [H/R/OE]  
Eat. Drink. Be Literary [H/R/OE] Jennifer Basye Sander  
We Are Where We Eat [H/R/OE]

## **Spring 2023: Monday Big History Series**

Big History from the Big Bang to the Anthropocene Epoch [Z/R/OE] Dave Lewis  
CE 1215: A Year of Big Changes [Z/R/OE] Ruth McElhinney  
Southern African Civilizations [Z/R/OE] Paul K Davis  
Mississippian: A thriving civilization in North America during the Middle Age [Z/R/OE] Jan Johansen  
Language Change: Progress or Decay? [Z/R/OE] Doug Brown  
Genghis Khan and the Asian Continent [Z/R/OE] Karun Yee  
Indigenous Peoples: Olmec, Mayan, Aztecs [Z/R/OE] Marggi Holtze  
Book Reviews [Z/R/OE] Ranny Eckstrom, Jerry Steinman, Ruth McElhinney, Rick Hetke, Martha Lewis  
History and DNA [Z/R/OE] Dave Lewis  
Improbable Humans? [Z/R/OE] Ranny Eckstrom, Ruth McElhinney, Paul Davis, Jan Johansen, Jerry Steinman  
White Sands—Tracking the First Americans [Z/R/OE] Vance Holliday  
Central Asia [Z/R/OE] Ranny Eckstrom, Martha Lewis, Ruth McElhinney, Jerry Steinman, Marty Keale, Rick Hetke. Karun Yee  
The History of Food [Z/R/OE] Jerry Steinman  
Elemental History [Z/R/OE] Paul K. Davis

## **Spring 2023: Tuesday Speaker Series**

Cuba Today [Z/R/OE] Paul Bardwil  
The Secrets of Financial Success [Z/R/OE] Dr Sanjay Varshney  
The Women of Iran [Z/R/OE] Dr Sahar Razavi  
How Britain Lost America [Z/R/OE] Cathy Minicucci  
The Four Pillars of Health [Z/R/OE] Linda Paumer, Debbie Lucas  
The 1893 Chicago World's Fair [Z/R/OE] Carol Dabrowiak  
The Pritzker Prize, the Buildings, and the Winners [Z/R/OE] Anne Rewell  
How Food Helps Us Prevent and Survive Cancer [Z/R/OE] Linda Middlesworth  
The History of Human Rights [Z/R/OE] Corrine Venema-Tucker  
China, Russia, Iran, North Korea—Update [Z/R/OE] Jerry Glasser  
What is Cryptocurrency? [Z/R/OE] Dr Sanjay Varshney  
Marijuana Today [Z/R/OE] Jack Jennings

## **Spring 2023: Wednesday Science Series (New Series)**

Wednesday Science Series Kickoff Meeting [Z/R/OE] David Lewis  
The Science and Prevention of Chronic Conditions [Z/R/OE] Don Forrester MD  
Climate Science and the Individual [Z/R/OE] Don Forrester MD  
A Small Dose of Toxicology [Z/R/OE] Mari Golub  
How the Invention of Carbon-14 Dating Transformed Archeology from an Art to a Science [Z/R/OE] Martha Lewis  
Cosmic origins of Earth's Chemical Elements [Z/R/OE] Paul Davis  
How about Phages: Predators You Should Meet [Z/R/OE] Jerry Steinman  
ns presentations How about Phages: Predators You Should Meet [Z/R/OE] Jerry Steinman  
Wednesday, Mar 22 2 to 3:30 pm Phages are the most numerous organisms on earth. They are killers of bacteria. They are the most successful predators on the planet and are one of our best hopes for combatting increasingly common antibiotic resistant bacteria "... many of the major breakthroughs in biology of the past century resulted from the study of the phage." If you have heard of phages, you probably know very little about them. I will attempt to remedy that. Currently retired, Jerry Steinman resides in Sun City Lincoln Hills with his wife. He is an active presenter and steering committee member of the Big History Club. In addition, he is President of the Writer's Club, and is active in other local clubs. DNA Series Part 1— History, Crops to CRISPR

[Z/R/OE] David Lewis  
DNA Series Part 2— How it Works in Your Body [Z/R/OE] David Lewis  
DNA Series part 3— Epigenetics (RNA World) [Z/R/OE] David Lewis  
DNA Series Part 4 Microbiome-Gut to Brain [Z/R/OE] David Lewis  
A Science Mystery Guest Speaker [Z/R/OE] A Mystery Presenter

### **Spring 2023: Friday On-campus Speakers Series**

Beautiful Parks + Women Founders [IP/WI/NR] Carolyn Martin  
Media Meltdown: The Ominous Decline of Print Journalism [IP/WI/NR] Alan Miller  
Hidden History: Women in Sacramento's Food Story [IP/WI/NR] Maryellen Burns  
Take Your Garden into the Future [IP/WI/NR] Mary Jane Sutliff  
The Supremacy Clause: Trial of Abraham: Live Theater [IP/WI/NR] Ron Tochterman  
A St. Patrick's Day Reading [IP/WI/NR] Mike Storey  
Preparing to Invest [IP/WI/NR] David Bach  
Edible Architecture: Food on the Road in 20th-Century America [IP/WI/NR] Maryellen Burns  
The Origin and Development of Cancer/ Interdiction of Metastases [IP/WI/NR] Ijaz Jamall  
Corporate Financial Analysis and Stock Valuation [IP/WI/NR] David Bach  
The Evolution of the American Flag [IP/WI/NR] Milo Turaylich  
"No." is a Complete Sentence: Live Theater [IP/WI/NR] Malina Walker

### **Spring 2023: Forums**

Because Our Fathers Lied— A Conversation [H/R] Craig McNamara, n Larry Berman  
Nature's Value and the Future of California's Working Landscapes [H/R] Professor Lynn Huntsinger  
Priorities for California Water: Thriving with Less [H/R] Dr. Jeffrey Mount  
The Future of the Supreme Court [H/R] Aaron Tang  
Solving the Sacramento Homeless Crisis [H/R] Amani Sawires-Rapaski  
The Business Climate in California Following the November 8, 2022 Election [H/R] Rob Lapsley  
Wine Quality and Climate Change [H/R] Dr. Andrew Waterhouse  
Reparations [H/R] Dr. Shirley Weber  
Protect Yourself from Fraud [H/R] Fernando Ponce  
The Healing Journey of Restorative Justice [H/R] Gunner Johnson, Christian Branscombe  
Capital Hooverilles: Sacramento's Depression Era Communities [H/R] James Scott  
Renaissance Society Annual Meeting [H/R] Deborah Seiler

### **Fall 2023: Seminars**

#### *MONDAY TO THURSDAY SEMINARS*

Understanding How to Invest in This Market (Z/R/OE) Sanjay Varshney  
American Criminal Justice (D/Z/NR/OE) Ron Tochterman Melissa McElheney Albert Locher  
Gardening with California Natives (Z/R/OE) Bonnie Gault-Blue  
Movies That Scared Us as Kids (Z/R/OE) Chip Zempel  
Threads and Walls of Space-Time (D/Z/R/OE) Gus Koehler CANCELLED  
Great Expectations: The Book and the Movie (Z/NR/OE) Louise DiMattio Gerry Camp  
History of the Ancient World's Religions (Z/R/OE) Ed Sherman  
Mastering Your iPhone (Z/NR/OE) Tom Holt  
The Authoritarian Challenge to Our Democracy: More (D/Z/NR/OE) Duane Campbell Carl Pinkston  
Recognizing and Reducing Implicit Bias (D/Z/NR/OE) Stacie Walton  
Relationships — Build Strong, Healthy, and Loving Ones (Z/NR/OE) Nanci Kuzins Anamaria Pasquiers  
Voting in America: History and Current Debates (D/Z/R/OE) Robert Benedetti Deborah Seiler  
World of Engineering (Z/NR/OE) Richard Dabrowiak

## FRIDAY SEMINARS

Active Retirement Investing (IP/WI/NR) Bill Bailey Nash Bailey  
America's History of Protest: A Singalong (D/H/WI/R) Michael Hersher  
Android Basics (IP/WI/NR) Carol Limbaga  
The Beatles: As You've Never Heard Them Before (H/R) David Abelson  
California Emigrant Trail and California Passes (IP/WI/NR) William Sullivan  
Classical Music (IP/NR) Robert Seyfried, Marjorie Wade, Leo Eylar  
Classical Music (IP/NR) Robert Seyfried, Marjorie Wade, Leo Eylar  
Creating Flash Fiction (IP/WI/NR) Susan Osborn  
Critical Thinking (IP/NR) Richard Kowaleski  
Even More Fun with Jane: Emma on Page and Screen (IP/WI/NR) PJ Jones Gretchen Jung  
Great American Trials and Constitutional Law (IP/WI/NR) Joel Primes  
History of Fashion: Dress and Discontent (IP/WI/NR) Taylor Anderson  
History of US Firearms Policy (H/WI/NR) William Vizzard  
Irish Literature: Classic and Contemporary (IP/WI/NR) Michael Storey  
Life's Purpose: Finding Joy and Happiness in the Next Chapter of Life! (H/WI/R) Ken Cross  
The Magic of the Brill Building Era — The Sound of Rock and Pop in the 50s and 60s (H/R) Michael Agron  
Medical Rights and Medical Wrongs (IP/WI/NR) Howard Slyter  
Medieval England: Normans to the Tudor Conquest (IP/NR) Jeff Hendy  
More Cinematic Classics: Themes and Variations (IP/WI/NR) Alan Miller  
1970s Economists Broke Capitalism: Can We Save It? (D/H/WI/R) Dale Good  
Real Rock, Part 3 - More Classic Rock (IP/WI/R) Bob Lang  
The Second American Revolution: 1781 to 1790 (H/WI/R) Cathy Adams Minicucci  
Substance Abuse: From Despair to Hope (IP/WI/NR) Jon Parro  
Travel and Adventure (IP/WI/NR) Fred Chapman Chris Smith  
The Wild World of Pablo Picasso Theo Goodwin Anne Rewell

## Fall 2023: Shared Interest Groups

### MONDAY to THURSDAY

Friends of the New Yorker Magazine (IP/NR) Judy Day David Bowles  
Kindle Unlimited Book Club (Z/NR/OE) Marian Kile  
Native American Study and Activities (D/IP/NR) Allan Keown  
Qi Gong — Zoom (Z/NR/OE) David Mitchell Marilyn Bradford  
Digital Photography (IP/WI/NR) Jay McKeeman  
First Tuesday Book Club (Z/NR/O) Gwen Bedient  
Third Tuesday of the Month Book Club (Z/NR/OE) Marian Kile  
Writers Workshop II (IP/NR) Anita Adams Lani Hahn  
Dining Together (IP/NR) Cheryl Nelson  
Intro to Walking Meditation Using a Labyrinth (IP/NR) Christie Braziel  
Le Cercle Français (Conversational French) (IP/NR) Debra da Costa Tiffany Urness Ana Facio  
Walkabouts (IP/NR) Lance Muller  
Advanced Spanish Conversation (IP/NR) Beatrice Hildebrand Susan Dlugach  
The Economist (Z/NR/OE) Wayne Luney  
Games for Entertainment (IP/NR) Roberta Frieze Judy Keaton  
Intro to Walking Meditation Using a Labyrinth (IP/NR) Christie Braziel  
The Music of Your Life (Z/NR/OE) Loretta Burdeaux Lester Bennett  
Partners in Crime (IP/WI/NR) Lynda Cassady Pat Stokes

### FRIDAY SHARED INTEREST GROUPS (SIGs)

English Country Dances (Non-progressive) (IP/WI/NR) Ruth Scodel



Knitting With Friends (IP/NR) Barbara Kletzman Jeanie Wilcox  
Social Dancing (IP/NR) Richard Kowaleski  
Technology Workshop (IP/WI/NR) Ashu Singla John Pierron  
Watercolor Studio Lab (D/IP/WI/NR) Steve Wittmann Colleen Wong

### *FULLY SUBSCRIBED PROGRAMS*

Great Books (FS/D/Z/NR) Jean Cawood Dan Rooney  
High Intermediate Spanish (FS/H/NR) Melody Flores  
iPhone Studio Multimedia Collective (FS/H/NR) Melissa Green  
Photography as Art (FS/H/R) Roger Klemm  
Writer's Group I (FS/Z/NR) Curtis Nelson Marian Kile

### **Fall 2023: One Time Community Presentations**

Morning Coffee (H/R/OE) Maryellen Burns  
Alter Egos IP/R/OE Maryellen Burns, Christie Braziel  
A Cook's Tour of Sacramento and Beyond H/NR/OE Maryellen Burns, Dan Cross, Marge Tarbell  
Six Pillars of Brain Health (Z/R/OE) Kathy Hart, Kris Ritualo  
Beginner-Friendly Watercolor Tutorial Z/R/OE Kathy Hart  
Everyday Gourds Become Incredible Artwork (IP/NR) Kathy Hart, Carol Des Voigne, Mary Hufft

### **Fall 2023: Monday Big History Series**

Big History — Cities (Z/R/OE) Ranny Eckstrom David Lewis

### **Fall 2023: Tuesday Speaker Series**

The Florida Governor and Higher Education: The New College Story, Bob Benedetti  
The Lum Family Saga, Kim Luke Lum  
The Revolutionary — Sam Adams, Cathy Minicucci  
We Can Do This: Sacramento Political Women and the Community They Shaped, Christine Hunter  
Our Sacramento Grand Jury, Norv Wellsfry  
Media Meltdown, Alan Miller  
Everything is an Opportunity - Finding gifts in life's challenges, Gae Ruddell  
What to Expect from Our Economy — Up, Down, What? Andres Villegas  
Using the Wellness Plans of Culture to Heal, Melinda Washington  
El Nino/La Nina, How It Impacts Weather in California, Darien Davis  
Only in Hollywood - How The Godfather Saved Paramount Pictures, Jack Jennings  
The Code Breaker: Gene Editing and The Human Race, Jennifer Kerr

### **Fall 2023: Wednesday Science Series**

Wednesday Science Series — The Human Immune System (Z/R/OE) David Lewis

### **Fall 2023: Friday On-campus Speakers Series**

So, You Want to Redo the Landscape in Your Yard? (IP/NR) Mary Jane Sutliff  
American Melodrama: Trump, the Media, and the Court (IP/NR) Alan Miller  
How to Prevent and Reverse Diabetes, PCRM (IP/NR) Linda Middlesworth  
The Life and Paintings of John James Audubon (IP/NR) Theo Goodwin  
Mineral Concentration at Laboratory Scale (IP/NR) Robert Boyer  
Preserving the Legacy of Gold Mountain (D/IP/NR) Phil Sexton

Navigating Conflict and Difficult Conversations (IP/NR) Donna Montgomery  
The History of Ukraine: Caught in the Middle (IP/NR) Helena Kanderka  
Fish of California's Sacramento-San Joaquin Delta (IP/NR) Alice Low  
Killers of the Flower Moon — The Osage Murders Story (D/IP/NR) Greg Beale  
Street Art (D/IP/NR) Anne Rewell  
Hidden Defects in FBI and State Public Safety Records that Weaken Gun Safety (D/IP/NR) Dale Good

### **Fall 2023: Forums**

Attorney General Rob Bonta: California's Chief Law Officer Addresses Our Most Significant Legal Challenges, Rob Bonta  
Sacramento Mayor Darrell Steinberg: What's Up in Sacramento? Mayor Steinberg  
Tammy Ma: The First Proof That a Fusion Energy Source Is Possible: Creating a Star on Earth  
Kathryn Kasic: Behind the Scenes of The Lake at the Bottom of the World Dr. Kasic  
Christine Kreuder Johnson: The Virus Chasers: Confronting Emerging Infectious Disease in the Face of Accelerating Global Change Dr. Johnson  
Geoffrey Schladow: The End of Lake Tahoe as We Know It  
Nilda Valmores: Human Trafficking: the Sacramento Connection  
Larry Berman: Perfect Spy — The Arc of Pham Xuan An's Life from War to Peace  
Jaime Mason: Stacking Hearts: Redemption Coffee's Mission Behind Bars and Beyond the Gates  
Ryan Mallory: Supporting Struggling Readers Through Volunteer Service  
Deborah Seiler: Renaissance Society End of Semester Meeting

### **Spring 2022: Seminars**

*Art, Entertainment, Food, and Travel*

Adventure and Travel/ Travel and Adventure, Terry Moss Co-leader: Jennifer Kerr  
American Chattel Slavery and Its Aftermath—Part II, Allan Keown  
Celebrating the Great Jazz and Pop Vocal Albums, Mike Agron  
Classical Music Robert Seyfried Co-leader: Leo Eylar  
Coming-of-Age Movies Chip Zempel  
Confronting Modern Art, Ed Sherman  
How to Compose a New Life Story Susan Osborn CANCELLED  
Identity and Diversity in Contemporary Art, Beverly Gabriele

*Contemporary Thought: Local and Global Perspectives*

The Assault on Our Democracy: What Is to be Undone? Duane Campbell Co-leader: Carl Pinkston  
The Banality of Evil: Racism, Prejudice, and Fascism: The Original Sins, Greg Beale  
Cracker Barrel, Anita Fante Per Ostlund  
Critical Thinking, Richard Kowaleski  
Great American Trials and Constitutional Law, Joel Primes  
Race Conversations, Stacie L. Walton Co-leader: Gretchen Jung  
Recognizing and Reducing Implicit Bias: A Daily Practice, Stacie L. Walton  
Water in California: The Policies, the Politics, the Problems, and the Solutions, David Abelson  
What the Constitution Means to Her, Ron Tochtermann Co-leaders: Steve Felderstein, Rosemary Kelley

*Economics*

Active Retirement Investing: Session 1, Bill Bailey Co-leader: Marsha Holland  
Active Retirement Investing: Session 2, Bill Bailey Co-leader: Marsha Holland  
Heterodox Economics: Modern Money Theory, Mark Dempsey  
How to Invest in This Market and Economy? Sanjay Varshney

### *Health and Well-Being*

Delaying Death and Avoiding Disability, Donald Forrester  
Relationships: How to Build Strong, Healthy, Loving Relationships, Nanci Kuzins Co-leader:  
Anamaria Pasquiers  
Transitions: What will I do with the rest of my life? Ken Cross  
The Wait Class (About Weight), Mimi Dixon  
The Wisdom Questions, Mimi Dixon

### *History*

American Revolution: How America Went From 13 Colonies to Independence, Catherine  
Minicucci  
Ancient Egypt— From Pre-History to 30 CE, David Lewis  
The Dynamic, Dramatic, Sometimes Dirty Dozen of Early California, Richard Fuller CANCELLED  
Profiles in American Leadership, Catherine Minicucci  
The United States Civil War— The War Without End, Doug Bonetti

### *Nature, Science, and Technology*

Android Basics, Carol Limbaga Co-leader: Victoria Star  
As Long as Space/Time Endures— A Buddhist Practice Journey, Gus Koehler  
Delving into Dementia: The Science, the Caring, the Hope, Mynga Futrell  
Hearing and Listening, Laura Gaeta Co-leader: Kirsten McWilliams  
Introduction to iPhone Photography, Melissa Green  
iPhone Photography Experimental Studio (Prerequisite required), Melissa Green  
World of Engineering, Richard Dabrowiak

## **Spring 2022: Shared Interest Groups**

Art of the Portrait—Session 1, Julia Stagg  
Art of the Portrait—Session 2, Julia Stagg  
Book Group: Great Books Discussion Group, Steven DeBry  
Book Group: Tuesday Book Club, Marian Kile  
Digital Photography, Colleen Wong Co-leader: Jane Steel  
Dining Together, Cheryl Nelson  
Games for Entertainment, Roberta Frieze  
A Guided Tour of the Sacramento State University Arboretum—Sessions 1 to 6, Donna Eash Co-  
facilitator: Michael Baad  
Le Cercle Français (Conversational French), Debra da Costa  
The Music of Your Life, Loretta Burdeaux  
Book Group: Partners in Crime, Lynda Cassady Co-facilitator: Pat Stokes  
Qi Gong, Diana Loo  
Social Dancing, Richard Kowaleski  
Spanish Conversation, Advanced (Prerequisite required), JoAnn Peter Co-facilitator: Beatrice

Hildebrand  
The Economist, Wayne Luney  
Walkabouts Lance Muller  
Writer's Workshop II (P), Anita Adams Co-facilitator: Lani Hahn

*CLOSED TO NEW PARTICIPANTS THIS SEMESTER*

Advanced Intermediate Spanish, Melody Flores  
Book Group: Great Books Shared Interest Group, Jean Cawood Co-facilitator: Dan Rooney  
Photography as Art, Roger Klemm Co-leader: Mary Elliott-Klemm  
Writers Group #1, Curtis Nelson Co-facilitator: Marian Kile

*One Time Community Presentations*

A Cook's Tour Comes Home, Dan Cross Co-leader: Maryellen Burns  
Bits and Pieces—Watercolor Painting, Kathy Hart  
Friendship Force Embraces Diversity, Kathy Hart

*Monday Big History Series*

Sessions 1 to 12, Ranny Eckstrom Co-leader: David Lewis

*Tuesday Speaker Series*

Evolution of the Second Amendment— The Right to Keep and Bear Arms, Florence Young and Eric McElwain  
Preparing to Invest, David Bach  
China Flexes their Power, Jerry Glasser  
Storytelling through Song, Michael Hersher  
Washington Commons Cohousing: Lessons in Creating Community, Anne Geraghty  
The Leviathans of Lake Tahoe: The Biggest Fish Tale You've Probably Never Heard! David Abelson  
Joseph Campbell's Heroic Journey, Gorgiana Alonzo  
Part 1: Are You Ready? Healthy Living— Planning Your End of Life Journey, Dolores Eitel  
Cuba Today, Professor Jorge Santana, Paul Bardwil  
Part 2: Preparing for Life's Last Chapter: Medical Aid in Dying, Dolores Eitel  
America's Founding Drug Dealers, Cullen Wilder  
Kris Kristofferson—Songwriter and Renaissance Man, Jack Jennings

**Spring 2022: Forums**

Young Darwin and the Sea: The Making of an Evolutionist, Dr. Rick Grosberg  
Role and Importance of Football/Athletics in College Life at CSUS, Dr. Robert Nelsen  
Landmark Battles for Fair Housing 1948-1968, Chris Lango  
The Brave and Magnificent Women Behind the Men of Sacramento's Early Motorcycle Craze, Kimberly Reed Edwards  
Redistricting 2020, Stan Forbes  
The Real John Sutter and His World 1834-1846, Steve Beck  
La Gente: Struggles for Empowerment and Community Self-Determination in Sacramento, Assistant Professor Lorena Márquez  
Exonerating the Wrongfully Convicted, Jamie Lau  
Determining Senior-Living and Home Care Options, Cassie Sakahara and Lynn Humphries  
Drought, Delta, and Groundwater Depletion: Making Sense of California Water, David Sandino  
MYSTERY FORUM SPEAKER

The New UC Davis Tschannen Eye Institute: 2022, Dr. Mark Mannis

## **Fall 2022: Seminars**

### *Art, Entertainment, Food, and Travel*

Celebrating the Great Pop And Vocal Jazz Albums—Part II, Michael Agron  
Dance Documentaries—Feature Films, Chip Zempel  
Dance Documentaries—Short Films, Chip Zempel  
For the Love of Classical Music, Cynthia Hearden  
The Great Directors. Part One: The Films of Steven Spielberg, Gerald (Gerry) Camp Co-leader:  
Frederick Chapman  
Let's Write Some Songs, Al Zagofsky  
Real Rock 'n' Roll, Bob Lang  
Travel and Adventure, Terry Moss Co-leader: Jennifer Kerr

### *Books, Language, and Literature*

Haiku Poetry in Japan and America, Theodore (Theo) Goodwin  
Read Charles Dickens' A Tale of Two Cities—the book you loved to hate— and be surprised!  
Louise DiMattio  
Toastmasters Speechcraft, Lance McMahan

### *Contemporary Thought: Local and Global Perspectives*

The Assault on Our Democracy—What Is To Be Done? Duane Campbell Co-leader: Carl  
Pinkston  
Conversations Around Race, Gretchen Jung Co-leader: Stacie Walton  
Cracker Barrel Anita Fante Co-leader: Per Ostlund  
Critical Thinking ,Richard Kowaleski  
Grading America: What Would the Founders Think? Ron Tochterman Co-leader: Michael Hersher  
The Homeless Crisis in California, Sherman Haggerty  
Looking at the World with New Eyes: A Systems Perspective, Susan Osborn  
Racism, Prejudice, and Fascism, Greg Beale  
“Top 10” U.S. Domestic Issues and Potential Solutions, Ken Cross  
The 2022 US Supreme Court at Work, Wolfgang Hoppe  
Water in California: Its History, Challenges, Conflicts, and Solutions, David Abelson

### *Economics*

Active Retirement Investing, Bill Bailey Co-leader: Marsha Holland  
How to Invest in This Market, Sanjay Varshney

### *Health and Well-Being*

Relationships: How to Build Strong, Healthy, Loving Relationships, Nanci Kuzins Co-leader:  
Anamaria Pasquiers  
Stoic Insights: Ancient Wisdom for Resilience, Calmness, and Strength, Ivy Hendy

### *History*

Alexander the Great and How He Changed the Cultures of Eurasia, David Lewis  
The California Trail—A Personal and Historic Journey, William Sullivan  
The Dynamic, Dramatic, Sometimes Dirty Dozen of Early California, Richard Fuller

The Great Hunger and Irish Immigration to the United States, Catherine Minicucci  
The Greco-Roman Tradition within Western Civilization, Ed Sherman  
The History and Anthropology of the Sacramento Valley from California Indians through the Gold Rush (~1825–1865), Stephen Beck  
Imagining the Sacramento-San Joaquin River Delta: Voices Across Centuries, Robert Benedetti  
Ireland: History, Politics, and Culture, Michael Storey  
Public Lands and the American Dream ,Arthur Bauer  
A Visit to Ancient Egypt, David Warren

### *Nature, Science, and Technology*

Android Basics ,Carol Limbaga Co-leader: Victoria Star  
As Long as Space/Time Endures: A Buddhist Practice Journey, Gus Koehler  
Climate Chaos and the Individual, Don Forrester  
Invisible Threads and Hidden Walls of Time, Gus Koehler  
iPad Basics, Carol Dabrowiak Co-leader: Melissa Green  
What's So Great About the Great Lakes? Beth Mann Co-leader: Maryellen Burns  
World of Engineering, Richard Dabrowiak

### **Fall 2022: Shared Interest Groups**

#### *Art, Entertainment, Food, and Travel*

Digital Photography, Jane Steele Co-leader: Colleen Wong  
Dining Together, Cheryl Nelson  
Games for Entertainment, Roberta Frieze Co-leader: Judy Keaton  
The Music of Your Life, Loretta Burdeaux  
Sketching in Nature, Alice Stamm  
Knitting with Friends, Barbara Kletzman Co-leader: Kristen Strand  
Social Dancing, Richard Kowaleski

#### *Books, Language, and Literature*

Spanish Conversation, Advanced (Prerequisite required), Béatrice Hildebrand Co-leader: Susan Dlugach  
Book Group—First Tuesday Book Club, Gwen Bedient  
Fun with Jane: Sense and Sensibility on Page and Screen, Deirdre Downes  
Book Group—Great Books Discussion Group, Steven DeBry  
Le Cercle Francais (Conversational French), Gerard (Jerry) Lagomarsino Co-leader: Debra da Costa  
Book Group—Third Tuesday Book Club, Marian Kile

#### *Contemporary Thought: Local and Global Perspectives*

The Economist, Wayne Luney  
Friends of The New Yorker Magazine, Ronald Meyer Co-leader: Judy Day

#### *Health and Well-Being*

Introduction to Walking Meditation Using a Labyrinth, Christie Braziel  
The 'My Story' Project, Craig McCulloch Co-leader: Allan Keown  
Qi Gong, Diana Loo

### *Nature, Science, and Technolog*

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A Guided Tour of the Sacramento State University Arboretum—Sessions 1 to 8, Donna Eash Co-leader: Michael Baad  
Walkabouts, Lance Muller Co-leader: Brady Torres

### *CLOSED TO NEW PARTICIPANTS*

Book Group—Great Books Shared Interest Group, Jean Cawood Co-leader: Dan Rooney  
Book Group—Partners in Crime, Lynda Cassady Co-leader: Pat Stokes  
High Intermediate Spanish, Melody Flores  
iPhone Photographic Studio, Melissa Green  
Photography as Art, Roger Klemm Co-leader: Mary Elliott-Klemm  
Writer's Group I Curtis Nelson Co-leader: Marian Kile

### **Fall 2022: One Time Community Presentations**

Support and Services for Sacramento Seniors, Kathy Hart Presenter: Danny Lee  
Bits and Pieces: Beginner-Friendly Watercolor Fall Floral Doodles, Kathy Hart  
Bits and Pieces: Beginner-Friendly Watercolor Pumpkin Doodles, Kathy Hart  
Bits and Pieces: Beginner-Friendly Watercolor Holiday Doodles, Kathy Hart  
A Cook's Tour of Sacramento Neighborhoods and Beyond, Maryellen Burns and Dan Cross

### **Fall 2022: Monday Big History Series**

Paradigm Shifts, Global Expansion, Ranny Eckstrom  
The History of Pandemics: A Paradigm Shift, Guenter Risse and Bonnita Wirth  
The Effect of Communication Technology on Culture: The Beginnings, Phil Lane  
Emergence of Modern Western Thought During the Enlightenment, Ed Sherman  
Evolution of Evolution: History of the Concept of Organic Evolution, Paul K. Davis  
Doggerland: What Happened There? Where Did It Go? Lynette Blumhardt  
The Effect of Communication Technology on Culture: The Great Electronic Paradigm Shift, Phil Lane  
How Rapid Environmental Changes Affected Human History in the Ancient Middle World, David Lewis and Marty Keale  
Genghis Khan and the Asian Continent, Karun Yee  
Textiles, Kathryn Tobias  
The History of Cannibal Pedophiles, Martha Lewis

A Look at a Book: The WEIRDest People in the World: How the West Became Psychologically Peculiar and Particularly Prosperous, Jerome Steinman  
Alexander the Great, Dave Lewis  
Chinese in Yosemite, Karun Yee

### **Fall 2022: Tuesday Speaker Series**

Ukraine and Its Sacramento Connection, Vlad Skots  
Nuclear Power—"The New Green Deal" Jerry Glasser  
Climate Change Impacts on the California Coast and Ocean: How Can We Solve This Crisis?  
Tom Suchanek  
Street Art, Anne Rewell  
A Year in the Life of a Vietnam Grunt, Dan Callnon  
The Future of Sustainable Food, Jim Porterfield  
John Wesley Powell: Grand Canyon Explorer, David Abelson  
Foods That Fight Diabetes, Linda Middlesworth  
The Auburn Ravine Salmon Revival, Jim Haufler  
American Apocalypse, Harry Cohen

Could the USA Lose Its Shine? Sanjay Varshney  
American Apocalypse II, Harry Cohen

### **Fall 2022: Friday On-campus Speakers Series**

Herb Caen, Maryellen Burns  
Eastern Europe, Helena Kanderka  
When Are We Dead? Howard Slyter  
Informed Consent, Howard Slyter  
Take Your Garden into the Future, Mary Jane Sutliff  
The Incarceration of Japanese Americans in WWII: a Personal Perspective, Brian Sakai  
The Leviathans of Lake Tahoe: The Biggest Fish Tale You've Probably Never Heard! David Abelson  
From the Vault: Stories Celebrating 100 years of 20th Century Fox, Mike Troyan  
The Life and Art of John James Audubon, Theodore Goodwin  
Are "Black Indians" Real Native Americans?—Historical and Contemporary Perspectives, Darryl Omar Freeman  
Jekyll Island: The Millionaire's Club, Beth Mann

### **Fall 2022: Saturday Trip**

See the Sundial Bridge, Cynthia Hearden

### **Fall 2022: Forums**

The Ukrainian/Russian War: First-Hand Insights, Ruslan Gurzhiy, Marta Dyczok, Ksenia Kirillova  
Ballot Measures in the Nov 2022 Election, Steven Maviglio, Rob Stutzman  
A Future Mobility Commercialization Collaborative, Arlen Orchard  
The Evolution of Policing and Public Safety in a Time of Social Unrest, Daniel Hahn  
How the Decline of Local News Threatens Democracy, Michael Hendrix  
An Introduction to California History: From Indians, to Sutter, to Gold, and Agriculture (Part 2: 1846-1865), Steve Beck  
Moving the Needle on Antiracism & Inclusion, Dr. Mia Settles-Tidwell  
The Aging Eye and Blindness, Dr. Ala Moshiri, Regina Brink  
The SMUD Museum of Science and Curiosity, Michele Wong  
The Latest Updates In Treatments for Alzheimer's, Claire Day  
Space Debris: It's Just Floating Space Junk, So Why Do We Care? Dr. John L. Crassidis  
Senator Ben Allen: What's Happening in California's Environmental Legislation? Senator Ben Allen  
Mystery Guest Speaker

### **Spring 2021: Seminars**

*Art, Entertainment, Food, and Travel*

Celebrating Late Night Talk Shows— The Early Years, Mike Agron  
History and Practice of Songwriting, Al Zagofsky  
Romantic? Comedies? Again? Chip Zempel  
Romantic? Comedies? Again? Discussion Group, Chip Zempel  
Self-Portraiture, Julia Stagg  
Roger Ebert's Great Movies, Gerry Camp



### *Books, Language and Literature*

James Joyce's Ulysses, Dan Rooney  
Popular Culture and Narrative Media Genres, Philip Lane  
Reading Poetry, Michael Storey  
*Contemporary Thought: Local and Global Perspectives*  
American Diversity: Exploring Our Racial/ Ethnic Mosaic, Darryl Omar Freeman  
Climate Chaos, Don Forrester  
Cracker Barrel, Anita Fante  
Great American Trials and Constitutional Law, Joel Primes  
Making the Court Supreme, Ronald Tochtermann  
Middle East 2: Empire and Nationalism, Norv Wellsfry  
The Native American Experience: Racism, Prejudice and Culture, Greg Beale  
Policing in the United States, William Vizzard  
Racial Healing: Conversations on Race, Stacie Walton and Gretchen Jung  
Reassessing American Leadership, Harry Cohen  
Slavery: America's Original Sin and its Continuing Aftermath, Allan Keown  
Transitions: What Will I Do with the Rest of my Life? Ken Cross

### *Economics*

Active Retirement Investing-Two Sessions, Bill Bailey and Marsha Holland  
Corporate Accountability: Restoring the Balance, Jim McRitchie  
Heterodox Economics: Modern Money Theory, Mark Dempsey  
The Pandemic and the Economy, Duane Campbell  
The Economist ,Wayne Luney  
What's Behind the U.S. Economy and Markets, Sanjay Varshney  
*Health and Well-Being*  
Delaying Death and Avoiding Disability, Don Forrester  
Delving into Dementia: Science, Caring and Hope, Mynga Futrell  
Enlightened Aging Academy, Renee Balcom  
Happy Losers Seminar and Discussion for Emotional Overeaters, Mimi Dixon  
How to Build Strong, Healthy, Loving Relationships, Anamaria Pasquiers and Nanci Kuzins  
Learning and Listening, Laura Gaeta  
Wisdom Questions, Mimi Dixon

### *History*

American Leadership from 1620 to 1965, Catherine Minicucci  
Big History Iron Age: Who Are We? Where Did We Come From? Where Might We Be Going?  
Ranny Eckstrom  
Donner Pass: Who Came, What They Did, Where They Went, and What They Left ,William  
Sullivan  
Gift of Klio: A Study of History, Ed Sherman  
Rebellion: The American Civil War, Doug Bonett  
*Nature, Science, and Technology*  
Advanced iPhone Photography Experimental Studio, Melissa Green  
Android Basics, Carol Limbaga  
Invisible Threads and Hidden Walls of Time, Gus Koehler  
iPhone Basics for iOS14, Tom Holt  
iPad Basics ,Carol Dabrowiak  
Mankind's Greatest Engineering Achievements, Richard Dabrowiak  
Vegetable Gardening in Sacramento, Bonnie Gault-Blue

## **Spring 2021: Shared Interest Groups**

Advanced Spanish Conversation, JoAnn Peter  
Alter Egos—Renaissance Society Actors and Storytellers, Maryellen Burns, Christie Braziel and others  
Art on the Spot, Joy Gee  
Bits and Pieces ,Kathy Hart and Maryellen Burns  
Book Group Discovering Your Neighbors Through the Written Word: Diversity Uncovered, Roberta Gleeson  
A Cook's Tour of Sacramento Continues to Meander, Dan Cross and Maryellen Burns  
Digital Photography, Colleen Wong  
Inspired by Nature—Creating Nature Journals to Capture Sense of Place, Janice Kelley  
Plant-Based Living, Twyla Teitzel  
Tuesday Book Club, Marian Kile  
Virtual Yoga, Twyla Teitzel  
Walkabouts, Lance Muller  
Writers' Workshop II (max 10; current waiting list), Anita Adams  
Games for Entertainment ,Roberta Frieze  
High Intermediate Spanish, Melody Flores  
Monday Book Group, Carol Hayes  
Photography as Art, Roger Klemm  
Writers Group 1, Dan Keller

## **Spring 2021: Presentations**

### *Art, Entertainment, Food, and Travel*

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Ancient Origins of the Mediterranean Diet, Ed Sherman  
Back of the White House, Kimberley Graham and Maryellen Burns  
The Culinary Misadventures of Eleanor Roosevelt, Maryellen Burns  
Dining on the Rails, Marilyn Sommerdorf  
Dunbar Beck: Renaissance Master of Poverty Ridge, Bruce Marwick  
Edible Art in the 20th Century, Carolyn Tillie  
Food as an Art Form, Carolyn Tillie  
The Food of Jazz, Maryellen Burns  
Food in Space in Fiction and Reality, Richard Foss  
Food on the Page—Cookbooks, Menus, and American Culture, Maryellen Burns  
Food on the Westward Trail, Richard Foss  
How Prohibition Changed America, Richard Foss  
Local Farmers Markets, Joany Titherington and Maryellen Burns  
Oysters—The World's Oldest Superfood, Carolyn Tillie  
Sacramento—City of Immigrants, Maryellen Burns  
Sargent Johnson: Sculpting Beauty on The West Coast during The Harlem Renaissance, Bruce Marwick

### *Books, Language, and Literature*

The Bakersfield Boys Club, Anne Da Vigo  
The Elizabethan Mind, Richard Foss  
Printing in the Renaissance, Lawrence Fox and Maryellen Burns  
Renaissance Society Authors, Poets, and Writers Panel Ivy Hendy, Angela James, Judy Maben, Elizabeth Nelson  
Rupert Murdoch, the Early Years, Anne Rewell  
Under the Covers—Sacramento's Historic Bookstores, Scott Burns  
*Health and Well-Being*

Age-related hearing loss and hearing technology, Laura Gaeta, PhD, and Julia Ahlquist Tanner, AuD

### *History*

Australian Convicts, Anne Rewell

Everything 1950s ,Anne Rewell

The Golden Spike—Roseville and Transcontinental Railroad, Christina Richter

A New Archeological Find in China, Chris Budwine

The Place Called Junction—Early Roseville History, Christina Richter

Rosa Sonneschein – The American Jewess, Maryellen Burns

The Veil of The Great Storm King—Story of the Donner Party, Christina Richter

When Luxury Floated Through the Skies, Richard Foss

### **Spring 2021: Speaker Series**

The Fall of the Roman Empire | Ed Sherman

Commercial Aviation—The Future | Jerry Glasser

Reparation | Anne Rewell

Indus Valley Civilization | Ruth McElhinney

History, Culture, and Conflict in the Sacramento/San Joaquin Delta | David Abelso

Women in Sports | Carolyn Martin

After the Inauguration: Washington 2021 | Bob Benedetti

The Mound Builder Culture of North America | Lynette Blumhardt

The Middle East and the 2020 Election— Now What? | Norv Wellsfry

Are You Ready? Healthy Living: Planning Your End of Life Journey | Dolores Eitel

Women in the Civil War | Doug Bonetti

Asian Steppe to Europe with the Indo Europeans | Marty Keale

The World Health Organization, WHO— What It Is and What They Do, an Inside Look | Jack Jennings

### **Spring 2021: Forums**

MAELEY TOM | Break Through Glass Ceilings In The California State Legislature!

DR. JUAN CARLOS RUIZ GUAJARDO | Mexican Culture In The Context Of The Complex USA-Mexico Relationship

DETECTIVE MATTHEW DEAUX | What You Need To Know About Computer Crimes and Elder Fraud

COMMANDER TOM JONES | Space: The Last Frontier (We May Need It!)

JUDGE BRIAN VAN CAMP | Confronting and Controlling Pandemics and Insurrections— Continuing Civil Rights Issues in the 2020's

DIRECTOR BUCK BUSFIELD | Theatre: Here Today, Gone Tomorrow? The State of Live Theater in the COVID Era and Beyond

DEANNE BRINING | Domestic Sex-Trafficking of Minors

FAYE WILSON KENNEDY | Understanding the “Unhoused” in Sacramento and California

JULIE STEINBERG, JODY NELSEN, MARKOS KOUNALAKIS • BETH RUYAK | A Tale of Three Spouses: Partners In Leadership

HEATHER FARGO | Accepting and Adapting to Your Disabilities

ADAM STEINHAUER | Taking the Pulse of Sacramento's Business Scene in the Era of COVID

LESLIE JACOBS | Hot Topics at the High Court

HEATHER YOUNG & TOM NESBITT | Healthy Aging in a Digital World

### **Fall 2021: Seminars**

*Art, Entertainment, Food, and Travel*

All That Jazz—Classic to Cool, Bob Lang  
Bob Dylan: The Man; the Music; the Masks; and the Myths, David Abelson  
A Celebration of the Composers and Singers of The Great American Songbook 2.0! Michael Agron  
Let's Write Some Songs: History and Practice of Songwriting, Al Zagofsky  
Planning a Personal Holiday through France, in 2022, Annik Gunter  
Roger Ebert's Great Movies: The Ones That Got Away? Gerry Camp  
Sweet, Sweet Science Fiction: Feature Films, Chip Zempel  
*Books, Language, and Literature*  
James Joyce's Ulysses, Daniel Rooney and Co-leader: Jean Cawood

### *Contemporary Thought: Local and Global Perspectives*

The Banality of Evil: Racism, Prejudice, and Fascism: the Original Sins ,Greg Beale  
Biracial/Multicultural Identity in America, Darryl Omar Freeman  
Cracker Barrel, Anita Fante  
Great American Trials and Constitutional Law ,Joel Primes  
Racial Healing Circle: Conversations on Race, Stacie Walton and Co-leader: Gretchen Jung  
Reforming American National Government ,Robert Benedetti  
"Top 10" U.S. Domestic Issues & Potential Solutions, Ken Cross  
Transportation and American Government in the 20th and 21st Centuries, Arthur Bauer  
What the Constitution Means to Them, Ron Tochtermann and Co-leader: Steve Felderstein

### *Economics*

Active Retirement Investing—Session 1 Bill Bailey and Co-leader: Marsha Holland  
Active Retirement Investing: Session 2 Bill Bailey and Co-Leader: Marsha Holland  
Popular Economics for the Common Good ,Duane Campbell  
The Economist, Wayne Luney  
What is Behind the US markets and Economy? Sanjay Varshney

### *Health and Well-Being*

Creating Connections through Sharing Life Stories, Karen Gierlach  
Happy Losers Club for Emotional Overeaters, Mimi Dixon  
Learning and Listening, Laura Gaeta  
Relationships: How to Build Strong, Healthy, Loving Relationships ,Nanci Kuzins and Co-leader:  
Anamaria Pasquiers  
Wisdom Questions, Mimi Dixon

### *History*

The American Revolution: From Colony to Independent Nation, Cathy Minicucci  
Ancient Egypt—3100 BCE to 30 CE ,David Lewis  
Big History—Continuing the Story of Us and the Universe We Live In, Ranny Eckstrom  
Cities of the Ancient World, Marty Keale  
The Origins of the Judeo-Christian Tradition, Ed Sherman

### *Nature, Science, and Technology*

Android Basics, Carol Limbaga Co-leader: Victoria Star  
As Long as Space/Time Endures, A Buddhist Practice Journey, Gus Koehler  
Climate Chaos and the Individual, Donald Forrester  
Electric Life: Exploring the Biology of Heart and Mind, Edward Moczydlowski

Growing California Natives in Our Yards, Bonnie Gault-Blue  
Invisible Threads and Hidden Walls of Time, Gus Koehler  
iPhone Photography Experimental Studio (prerequisite required), Melissa Green Co-leader:  
Cynthia Nicholson  
Using Your iPhone/iPad IRL (In Real Life), Tom Holt  
World of Engineering, Richard Dabrowiak

### *Shared Interest Groups*

Art of the Portrait ,Julia Stagg  
Book Group: 1st Monday Book Group, Carol Hayes Co-facilitator: Ann Blazina  
Book Group: Great Books Discussion Group, Steven DeBry  
Book Group: Tuesday Book Club, Marian Kile  
Corporate Accountability: Restoring the Balance, Jim McRitchie  
Digital Photography, Jane Steele Co-facilitator: Colleen Wong  
Dining Together, Cheryl Nelson  
Games for Entertainment, Roberta Frieze  
A Guided Tour of the University Arboretum ,Donna Eash Co-facilitator: Michael Baad  
Le Cercle Français (Conversational French), Debra da Costa  
Qi Gong, Diana Loo  
Spanish Conversation, Advanced (Pre-requisite), JoAnn Peter  
Walkabouts, Lance Muller  
Writer's Workshop II (P), Anita Adams Co-facilitator: Lani Hahn

### *CLOSED TO NEW PARTICIPANTS*

High Intermediate Spanish, Melody Flores  
Book Group: Partners in Crime Lynda Cassady  
Book Group: Great Books Shared Interest Group, Jean Cawood Co-facilitator: Dan Rooney  
Photography as Art, Roger Klemm Co-leader: Mary Elliott-Klemm

### **Fall 2021: Community Presentations**

#### *Art, Entertainment, Food, and Travel*

Chad Taylor: Carmel's Silent, Unknown, Pop Art Futurist, Bruce Marwick  
A Cook's Tour Returns! Maryellen Burns, and Dan Cross  
Wally Hedrick, 6 Gallery, and The Beats ,Lawrence Fox  
Architectural Tile & Terra Cotta: From a 3,000 Mile Road Trip, Bruce Marwick  
Drinking with Jane Austen, Richard Foss  
Art Doodles: Paint a whimsical tree for all seasons with Kathy, Kathy Hart  
Watercolor Doodles: Paint pumpkins & fall flowers with Kathy, Kathy Hart  
Watercolor Doodles: Paint fall foliage with Kathy, Kathy Hart

#### *Books, Language, and Literature*

Literary Hoaxes and Cultural Imposters, Maryellen Burns  
The Mother Code with Carole Stivers, Carole Stivers in conversation with Anne Da Vigo  
Japanese Wood Block Prints—Ukiyo-e, Karun Yee

#### *Economics*

Debunking Money Myths: The Copernican Revolution in Economics, Mark Dempsey

## *History*

History as Mystery, Ed Sherman  
Stolpersteine, the Largest Memorial in the World ,Angie Rooney  
Hobos and Train Hoppers ,Maryellen Burns  
Adventures in Genealogy: Finding My Family...Finding History, Angie Rooney  
Founding Women—National Parks, Carolyn Martin

### **Fall 2021: Tuesday Speaker Series**

Fatal Encounters with Police, William Vizzard  
China: Regional Dominance by 2030, Jerry Glasser  
The Science of a Happy Dog, Dr. Emma Grigg  
Whatever Happened to the News? Fact, Opinion, and Lies, Jennifer Kerr  
A Room with a View, PLEASE! Living and Housing Options as We Age, Renee Balcom  
The Civil War Reconstruction Cathy Minicucci  
Our California Budget, Russell S. Gould  
Butch Cassidy, Sundance and Etta: Not the Movie Ending ,Jack Jennings  
Inside Elections and How They Work, Deborah Seiler  
California's Delta Water Crisis, David Abelson  
The Second Reconstruction: How the Civil Rights Movement Ended Jim Crow Laws in the South,  
Cathy Minicucci  
Could the Civil War Have Been Avoided? Doug Bonetti  
U.S. Firearms Policy, William Vizzard

### **Fall 2021: Forums**

A Conversation with Climate Scientist Dr. Katharine Hayhoe, Dr. Katharine Hayhoe  
Selling Genes, Buying Race, Dr. Lisa Ikemoto  
The Modoc War: The Tribe That Wouldn't Die, Cheewa James Moderator: Dr. Rose Soza War  
Soldier  
The Disabled Civil Rights Movement, Dr. Mary Lee Vance  
AAPI Strong: Stop the Hate! Pat Fong Kushida  
The Justice System: 2021 and Beyond, Judge James Mize  
Sacramento's Fantastic Olympic Gold Medalist Swimmers: Mike Burton, Jeff Float, Summer  
(Sanders) Schlopy, Mark Spitz, Debbie (Meyer) Weber, Moderator: Beth Ruyak  
Implicit Bias Contributes to the Persistence of Systemic Racism, Dr. Rita Cameron Wedding  
All About Governor Gavin Newsom's Recall Attempt, Rob Stutzman and Steven Maviglio  
A Conversation with Comedian Tom Dreesen, Moderator: Mike Agron  
The Future of Electronic Wearables: E-Textiles and "Smart" Clothing, Dr. Gozde Goncu Berk  
Restoring the Klamath River: The World's Largest Dam-Removal Project, Lester Snow  
The Renaissance Society: Past, Present, and the Vision for the Future, Ken Cross

### **Fall 2020: Presentations**

#### *Arts, Entertainment, Food and Travel*

A Virtual Gallery of My Art and Environment, Lawrence Fox  
The City College Art Balls, 1927 – 1947, Bruce Marwick  
Time to Draw, Julia Stagg

#### *Books, Language, and Literature*

Book Review: Fat Rascals—Dining at Shakespeare's Table, Maryellen Burns  
How Shakespeare Changed Everything: A 90-minute talk in two parts, Gerry Camp  
*Contemporary Thought: Global Perspectives*

Debate Club—Four Speakers, One Topic, Moderated by Maryellen Burns  
Understanding the Election, Jeff Shelton

### *Health and Wellness*

Age Related Hearing Loss and Hearing Aid Technology, Laura Gaeta and Julia Ahlquist  
Introduction to Walking Meditation Using a Labyrinth, Christie Braziel

### *History*

American Revolution: How the US and Britain went their separate ways, Catherine Minicucci  
The Explosive Story of the 1893 Chicago World's Fair Ferris Wheel, Maryellen Burns  
Railroads of Lake Tahoe, Norv Wellsfry

### *Science, Nature and Technology*

Container Gardening, Karen Martin  
Garden Chat: Fall in Your Garden, Karen Martin ,James E. Brown, Rick Castro

### **Fall 2020: Tuesday Speaker Series**

Egyptomania, Ed Sherman  
Collapse of Civilization, Marty Keale  
Australian Aboriginal Rock Art, Anne Rewell  
The West is Best!, Carolyn Martin  
Ancient Culture Wars, Ed Sherman  
Eleanor Roosevelt—Reluctant First Lady, Marian Kile  
The Electoral College, Eric McElwain  
Dubai, a Middle East City State, Anne Rewell  
Wendell Phillips and the Queen of Sheba, Lynette Blumhardt  
Ireland Today, Mike Storey  
The 19th Amendment, Catherine Minicucci  
The Precarious Life of Bees, Connie Gustafson

### **Fall 2020: Friday Speaker Series**

Women Who Dared, Carolyn Martin  
Judy Chicago: The Artist, Florence Young  
Figurative art of Ancient Greece, Ed Sherman  
Braver Angels: Reuniting America, Ed Jaszewski and Catherine Moulton  
Australian Bushfires of 2020, Anne Rewell  
Changes in the Newspaper Business, Dale Kasler  
Eye on Sacramento: Looking Out for the Public Interest in Local Government, Craig Powell  
Baseball and the Trojan Wars, Donn Miller  
Speaker and Program to be announced at a later date (Oct 3)  
History, Culture and Conflict in the Sacramento/San Joaquin Delta, David Abelson  
Food on the Move, Maryellen Burns  
Where the Money Went: The Acquisition and Use of the Fortunes Amassed by the Central Pacific Associates, David Helman  
Dec 4: TBA

### **Fall 2020: Forums**

DR. GRANT BALLARD | The Mysterious Increasing Penguin Populations of the Ross Sea, Antarctica  
DENNIS MANGERS, LINDA BIRNER, CHRISTIE BRAZIEL, DANE WHITAKER | Coming Out of

the Closet: Personal Stories of Pursuing One's Authentic Self  
STACEY SHELNUIT-HENDRICK | Museums as Places for Object-Based Learning  
STEVEN MAVIGLIO AND ROB STUTZMAN | What You Need to Know About California's 2020  
Ballot Measures  
Dr. Francine Steinberg | Nutrition and Health: Issues and Insights  
ROB BRINZER | SEAL Teams to Civilian Life: Core Attributes to Bridge Life's Transitions  
DR. CHARLES BAMFORTH | Beer: Looks Good, Tastes Good, Does You Good!  
DR. BRIAN LANDSBERG | Voting Rights Then and Now  
DR. JIM DRAGNA | Finish in Four: Graduation Success at Sac State  
R. ROBERT NELSEN | Sac State's Evolution in Response to the Pandemic  
CASSANDRA WALKER PYE | A Conservative's Take on America Now  
Dr. Elina L. Niño | To Bee or Not to Bee: Is there a Choice?  
KEN CROSS | The Renaissance Society: Past, Present, and the Vision for the Future

### **Fall 2020: Talk, Talk, Talk**

Brain Health-You Can Make A Difference! Kathleen Hart  
Food Production, Consumption and Resistance among Japanese Americans Incarcerated by the  
United States Government during World War II, Paula Fujiwara  
The Food Traditions of Georgia, Kelsey Maher  
What Is A Book? Lawrence Fox  
Culinary Confessions—Debbie Arrington, Bobbin Mulvaney, Sue Robison, Kathi Riley, Roxanne  
O'Brien  
The House of Twenty Thousand Books Sasha Abramsky  
A Walk through the Past – Sacramento's Historic Burial Practices, Dr. Bob LaPerriere  
Sacramento's Art Deco Hidden Treasures, Bruce Marwick  
The Reputation of Pandemics, Christina Richter  
From Jennies to JATO: World War I, Sacramento, and the Ascent of an "Air-Minded" California  
Community, James Scott  
Under the Covers – Sacramento's Historic Independent Bookstores Scott Burns and William Burg  
Dining on the Rails, Marilyn Sommerdorf and the Alter Egos  
The History of Tea, Anne Rewell

### **Fall 2020: Shared Interest Groups**

*Arts, Entertainment, Food, and Travel*

Alter Egos – Renaissance Society Actors and Storytellers Maryellen Burns, Christie Braziel and a  
cast of 20 others  
A Cook's Tour of Sacramento Meanders, Dan Cross and Maryellen Burns  
Digital Photography, Jane Steele and Colleen Wong  
Enlightened Aging, Renee Balcom  
iPhone Photography Experimental Studio, Melissa Green and Cynthia Nicholson

*Eight Wanders of the World (more or less  
)*

The Comstock Lode and the Making of San Francisco, Beth Mann  
A Murder in Venice, Maryellen Burns  
Exotic Mount Everest and Shangri La, Karun Yee  
The Persian Empire, Lawrence Fox  
Morocco, Marty Keale  
The Adventures and Misadventures of a Traveler, Dan Cross

*Books, Language, and Literature*



Book Group—Partners in Crime, Lynda Cassady and Pat Stokes  
Le Cercle Francais (Conversational French), Karen Durham  
Monday Book Club, Carol Hayes  
Memoirs, Frances Clarke  
Topical Book Group—The People of Modern China, Nancy Findeisen  
Tuesday, Book Club, Marian Kile and Ilana Wolpert  
The New Yorker Magazine Discussion Group, Ronald Meyer  
Spanish Conversation, Advanced, JoAnn Peter  
Writers Group 1, Dan Keller and Marian Kile  
Writers' Workshop II, Anita Adams

### *Economics*

Corporate Accountability: Restoring the Balance, James McRitchie  
*Games and Hobbies*  
Games for Entertainment ,Roberta (Bobby) Frieze and Judy Keaton  
Mah Jong 2, Carol Campanova and Marsha Holland

### *Health and Well-Being*

Walkabouts, Lance Muller

### *Technology, Science, and Nature*

Inspired by Nature—Learning to Observe ,Janice Kelley  
ANDROID BASICS—Via EMAIL, Carol Limbaga, Victoria Star

### *Pop-Ups*

Morning Coffee, History Happy Hour, Sacramento Stories, Debate Club, Virtual Day of the Dead celebrations, gallery tours, talks on Blue Zones and Blue Suede Shoes, even a Cook's Tour of Sacramento Dive Bars

### **Spring 2020: Friday On-Campus**

CRACKER BARREL, Richard Sickert, Per Ostlund  
FOLK DANCE FOR SENIORS, Barbara Bevan  
GREAT BOOKS DISCUSSION GROUP, Pam Flohr  
A GUIDED TOUR OF THE UNIVERSITY ARBORETUM, Michael Baad  
iPHONE AND iPad BASICS, Carol Dabrowiak, Melissa Green  
Ken BURNS' COUNTRY MUSIC, Jack Jennings, Allan Keown  
KNITTING AND NEEDLECRAFT GROUP, Coby Bonner, Barbara Kletzman  
MANKIND'S GREATEST ENGINEERING ACHIEVEMENTS, Richard Dabrowiak  
ON-CAMPUS SPEAKERS SERIES (FORMERLY MINI-SEMINARS), Ed Speegle  
OPTIMAL HEARING, WELLNESS, AND BALANCE, Laura Gaeta, PhD, Julia Ahlquist Tanner, AuD  
RACISM AND PREJUDICE, Greg Beale  
THE ROBERTS COURT, Ron Tochtermann, Rosemary Kelley  
SEMINAR LEADERSHIP TRAINING, Marian Kile  
SPANISH, INTERMEDIATE, Melody Flores  
TRAVEL AND ADVENTURE--MORNING HAS BROKEN, Richard Fuller, Terry Moss, Tom Dole  
ANDROID BASICS, Carol Limbaga, Victoria Star  
GENTLE YOGA, Terri Gray  
SOCIAL DANCING, Richard Kowaleski  
ACTIVE RETIREMENT INVESTING, Bill Bailey, Marsha Holland  
BEGINNING MAGIC, Harry Mossman, Greg Herrera

CALIFORNIA'S PAST THROUGH FICTION, Debbie Russell  
CELEBRATING PERFECT VOCAL HARMONY GROUPS, Mike Agron  
CLASSICAL MUSIC, Bob Seyfried  
DELVING INTO DEMENTIA: THE SCIENCE, THE CARING, THE HOPE, Mynga Futrell, Deb King  
DEMOCRACY AMERICAN STYLE, Robert Benedetti, Ronald Limbaugh  
THE ECONOMIST, Wayne Luney  
ENLIGHTENED AGING, Rebecca Graulich, Renee Balcom  
GETTING IT ON PAPER: WRITING PERSONAL HISTORY, Patrick Crowley  
GREAT ACTORS, LITTLE-KNOWN PERFORMANCES, Chip Zempel  
GREAT AMERICAN TRIALS, Joel Primes, William Vizzard  
GREAT DECISIONS IN AMERICAN FOREIGN POLICY, David Peters, Ana Facio  
INDIA: SO MUCH TO SEE AND SAY, Richard Fuller  
MENU FOR THE FUTURE, Nancy Kniskern  
THE MODERN MIDDLE EAST: EMPIRE AND NATIONALISM, Norv Wellsfry  
NATIVE PEOPLES OF NORTH AMERICA, Jon Courtway  
POLITICAL ECONOMY FOR THE 99 PERCENT IN TRUMPLAND--AND THE  
RESISTANCE, Duane Campbell, Carl Pinkston  
REAL ROCK 'N' ROLL, Bob Lang  
RELATIONSHIPS: HOW TO BUILD STRONG, HEALTHY, LOVING RELATIONSHIPS, Nanci  
Kuzins  
SHAKESPEARE UNCOVERED, PART 2, Gerry Camp  
SONGS OF HOPE AND FREEDOM, Michael Hersher  
SPANISH FOR INTERMEDIATE BEGINNERS, Donna Eash, Susan Titus, Paulette Johnson  
TRANSITIONS: WHAT WILL I DO WITH THE REST OF MY LIFE? Ken Cross  
THE UNITED STATES CIVIL WAR--STILL COMPLEX, STILL FASCINATING, Doug Bonetti  
  
WATERCOLOR PAINTING STUDIO TIME, Colleen Wong

### **Spring 2020: Half Semester**

DELAYING DEATH AND AVOIDING DISABILITY, Don Forrester, M.D., Allan Keown  
FEMINIST VOICES IN FRENCH LITERATURE, Annik Gunter  
GARDENING IN SACRAMENTO, Bonnie Gault-Blue  
HETERODOX ECONOMICS: MODERN MONEY THEORY, Mark Dempsey  
HISTORY AND PRACTICE OF SONGWRITING, Al Zagofsky  
RACIAL HEALING CIRCLE: CONVERSATIONS ON RACE, Stacie Walton, Gretchen Jung  
SUMER-AKKAD AS BASIS OF NEAR EASTERN CIVILIZATION, Henry Chambers  
WATERFRONT PROPERTY: ANCIENT HUMAN DEVELOPMENT, Marty Keale, Lynette  
Blumhardt, Ruth McElhinney  
CORPORATE ACCOUNTABILITY: RESTORING THE BALANCE, James McRitchie  
CREATIVE PARIS IN 1890: EIFFEL, DEBUSSY, VAN GOGH, Theo Goodwin  
DARING WOMEN WAR CORRESPONDENTS, Jennifer Kerr  
THE INFLUENCE OF COMMUNICATION MEDIA ON CULTURE, Phil Lane  
SCIENCE: CRISPR--THIS NEW WORLD OF GENETIC EDITING, Steven Oesterreicher  
THE SUFFRAGENTS: MEN ALLIED WITH THE SUFFRAGISTS, Allan Keown, Maryellen Burns,  
Larry Fox  
A WOMAN'S FILM FESTIVAL, Jennifer Cummings  
WU JETIAN, THE ONE AND ONLY EMPRESS IN CHINA, Chris Budwine

### **Spring 2020: Saturday On-Campus**

ANCIENT EGYPT: ITS HISTORY AND ARCHEOLOGY, David Warren  
MEDITATION PRACTICE, Gail Reed  
INVISIBLE THREADS AND HIDDEN WALLS OF TIME, Gus Koehler, Pin Li, Terry Rhoades  
STORYTELLING, THE ART, Mary McGrath, Joyce Ormond  
HOW TO LOOK BEYOND EVERYDAY SYMBOLS TO FIND PERSONAL MYTHOLOGICAL  
ROOTS, Gus Koehler, Pin Li, Terry Rhoades  
MODS AND ROCKERS, Mike Harkins

## **Spring 2020: Off-Campus Seminars**

BOOK GROUP--MONDAY, Carol Hayes, Ann Blazina  
BOOK GROUP--TUESDAY, Marian Kile  
BOOK GROUP--WEDNESDAY, FANTASY/SCIENCE FICTION, Gayle Greene, Doug Griebner  
BOOK GROUP--THURSDAY, PARTNERS IN CRIME, Lynda Cassady, Pat Stokes  
PARTY BRIDGE: LAND PARK/GREENHAVEN/POCKET AREA, Phyllis Mills  
LE CERCLE FRANÇAIS (CONVERSATIONAL FRENCH), Rosalind Becker  
CONVERSATION CAFÉ AT CASA GARDEN, Maryellen Burns  
THE COOK'S TOUR LEAVES SACRAMENTO, Dan Cross, Maryellen Burns  
DIGITAL PHOTOGRAPHY GROUP, Jane Steele, Colleen Wong  
DINING TOGETHER, Cheryl Nelson  
FRIENDS OF THE NEW YORKER MAGAZINE, Ron Meyer  
GAMES FOR ENTERTAINMENT, Roberta (Bobby) Frieze, Judy Keaton  
GAMES FOR FUN, Dottie Higbee, Judy Lewis  
GENEALOGY, Marian Kile, Cheryl Nelson, Karen Roseland  
IPHONE PHOTOGRAPHY STUDIO, Melissa Green  
MAH JONGG, Carol Camponovo  
MEMOIRS, Fran Clarke, Marilea Wolf  
PHOTOGRAPHY AS ART, Roger Klemm, Mary Elliott-Klemm  
PLANT-BASED LIVING AND BEYOND, Twyla Teitzel  
SINGING FOR FUN, Maryann Frantz, Jeanne Machado-Derdowski  
SPANISH CONVERSATION, ADVANCED, JoAnn Peter  
TRAVEL THROUGH FOOD, Sandra Winter, Aida Orozco  
WALKABOUTS, Donna Eash, Lance Muller, Mary Runyan  
WRITERS' GROUP I, Dan Keller, Marian Kile  
WRITERS' WORKSHOP II, Anita Adams, Lani Hah  
SPEAKERS SERIES AT THREE RESIDENTIAL COMMUNITIES, Ed Sherman  
SPEAKERS SERIES AT THREE LIBRARIES (DAYTIME), Maryellen Burns  
SPEAKERS SERIES AT THREE LIBRARIES (EVENING), Maryellen Burns  
STATE LIBRARY AND COURTS TOUR, Rebecca Kuzins  
WALKING MEDITATION ON A LABYRINTH I, INTRODUCTION, Christie Braziel

## **Fall 2019: Friday On-Campus**

Cracker Barrel, Richard Sickert, Per Ostlund  
Criminal Investigation: An Introduction, William Vizzard  
Documentaries, Allan Keown, Mary Hyland  
Folk Dance For Seniors, Barbara Bevan  
Great Books Discussion Group, Pam Flohr  
A Guided Tour of the University Arboretum, Michael Baad, PhD.  
Journeys to Healthy Weight Loss, Mimi Dixon  
Knitting And Needlecraft Group, Coby Bonner, Barbara Kletzman  
On-Campus Speaker Series (formerly Mini-Seminars), Ed Speegle  
Presenters' Clinic, Marian Kile  
Racism and Prejudice in the Americas, Greg Beale  
Roosevelt's Judges, Ron Tochterman, Rosemary Kelley  
Travel And Adventure: Morning Has Broken, Richard Fuller, Terry Moss, Tom Dole  
Android Basics, Carol Limbaga, Victoria Star  
Gentle Yoga, Terri Gray  
Magician's Circle, Harry Mossman, Greg Herrera  
Making the Most of your iPhone, Muffy Francke  
Social Dancing, Richard Kowaleski  
Active Retirement Investing, Bill Bailey, Marsha Holland  
Amazing Women, Marian Kile  
Birding in North America, Mary Anne Kirchner, Deborah King  
A Celebration of the Great American Songbook and Beyond! Mike Agron  
Critical Thinking, Richard Kowaleski

Documentary Films: Outsiders, Odd Occurrences and Strange Folk, Chip Zempel  
The Economist, Wayne Luney  
Fundamental Documents of American Democracy, Dave Anthony, David Feldstein  
Great American Trials, Joel Primes  
The Historical Jesus: What Can We Know? Jon Courtway  
Mathematics, Philosophy and The Real World, Larry Whitlock  
Meso-America: DNA, History, Geography and Cultures, Richard Fuller  
Music: For the Love of Classical Music, Cynthia Hearden  
One Strange Rock Science Series, Stephen Oesterreicher  
Paving the Way: Women's Struggle for Political Equality In California, Kathleen Beasley  
Relationships: How To Build Strong, Healthy, Loving Relationships, Nanci Kuzins  
Shakespeare Uncovered, Part I, Gerry Camp  
Spanish Intermediate: Speaking And Reading, Melody Flores  
Top 10 U.S. Domestic Issues and Potential Solutions, Ken Cross  
Transportation and American Government, Art Bauer

Triple Threat Rock, Bob Lang  
Writing Personal History, Patrick Crowley

### **Fall 2019: Half-Semester Seminars**

Art History: Beginning of Art to the 17th Century, Ivy Hendy, Diane Chase  
The Elder Brain, Doris Keller, Joe Grant  
Heterodox Economics (Modern Money Theory), Mark Dempsey  
The Judean World Of Jesus, David McGuire, Jonathan Brosin  
Lake Tahoe, History, Beth Mann  
Optimal Hearing, Wellness and Balance, Laura Gaeta, PhD, Julia Ahlquist Tanner, AuD  
Sketching People and Animals, Alice Stamm  
Storytelling, The Art, Mary McGrath, Joyce Ormond  
Vincent Van Gogh, Gustave Eiffel and Claude Debussy, Theo Goodwin  
Babylonia, Seminal Foundation of the Near East, Henry Chambers, PhD  
Enlightened Aging, Rebecca Graulich, Renee Balcom  
Ethics for This New Millennium, Sandi Dolbee  
From the Invention of Writing to the Smartphone, Phil Lane  
Irish Literature: Fiction, Drama and Poetry, Mike Storey  
Meeting Each Other Through Sharing Life Stories, Karen Gierlach  
Scientific Secrets for a Powerful Memory, Joe Grant, Doris Keller  
Turning Points in American History, Catherine Minicucci  
Writers Workshop in Fiction, Mark Heckey

### **Fall 2019: On-Campus Saturday Seminars**

The Celtic World Plus, Richard Conrad, Joe Grant  
Man's Greatest Engineering Achievements, Richard Dabrowiak  
Meditation Practice, Gail Reed  
Singers and Swingers, Mike Harkins

### **Fall 2019: Off-Campus Seminars**

ARDEN-DIMICK LIBRARY MINI-SEMINARS, Carolyn Martin, Jane Steele  
BOOK GROUP – MONDAY, Carol Hayes, Ann Blazina  
BOOK GROUP – TUESDAY, Marian Kile  
BOOK GROUP – WEDNESDAY, FANTASY/SCIENCE FICTION, Gayle Greene, Doug Griebner  
BOOK GROUP – THURSDAY, PARTNERS IN CRIME, Lynda Cassady, Pat Stokes  
PARTY BRIDGE: LAND PARK/GREENHAVEN/POCKET AREA, Phyllis Mills, Pam Lynch  
CARMICHAEL LIBRARY MINI-SEMINARS, Allan Keown  
LE CERCLE FRANÇAIS (CONVERSATIONAL FRENCH), Rosalind Becker  
EL CÍRCULO ESPAÑOL (CONVERSATIONAL SPANISH), JoAnn Peter  
COLONIAL HEIGHTS LIBRARY MINI-SEMINARS, Maryellen Burns  
A COOK'S TOUR OF SACRAMENTO, Dan Cross, Maryellen Burns  
DIGITAL PHOTOGRAPHY GROUP, Jane Steele, Colleen Wong  
DINING TOGETHER, Cheryl Nelson  
FRANKLIN LIBRARY MINI-SEMINARS, Ginger Mack  
FRIENDS OF THE NEW YORKER MAGAZINE, Ron Meyer, Harriette Work  
GAMES FOR ENTERTAINMENT, Roberta (Bobby) Frieze, Judy Keaton  
GAMES FOR FUN, Dottie Higbee, Judy Lewis, Anne Rhodes  
GENEALOGY, Karen Roseland, Marian Kile, Cheryl Nelson  
GREAT BOOKS AT HART, Karen Roseland  
IPHONE PHOTOGRAPHY STUDIO, Melissa Green

MAHJONGG, Carol Camponovo  
MEMOIRS, Fran Clarke, Karen Anderson  
PHOTOGRAPHY AS ART, Roger Klemm, Mary Elliott-Klemm  
SINGING FOR FUN, Janice Chung, Muffy Francke  
SYMPOSIA, 18 ONE-DAY SYMPOSIA, Ed Sherman, Sandra Peck  
TRAVEL THROUGH FOOD, Sandra Winter, Aida Orozco  
WALKABOUTS, Donna Eash, Lance Muller, Mary Runyan  
WALKING MEDITATION ON A LABYRINTH, INTRODUCTION, Christie Braziel  
WRITERS' GROUP I, Dan Keller, Marian Kile  
WRITERS' WORKSHOP II, Anita Adams, Lani Hahn

### **Spring 2019: Friday On-Campus**

AMERICAN LEADERSHIP: THEN, NOW AND TOMORROW, Harry Cohen  
BLUE ZONES (DAN BUETTNER'S): LIVING LONGER, BETTER, Allan Keown  
CRACKER BARREL, Richard Sickert, Per Ostlund  
FOLK DANCE FOR SENIORS, Vick Vickland  
GREAT BOOKS DISCUSSION GROUP, John Quattrin, Pam Flohr  
KNITTING AND NEEDLECRAFT GROUP, Coby Bonner, Barbara Kletzman  
MANKIND'S GREATEST ENGINEERING ACHIEVEMENTS, Richard Dabrowiak  
MEDITATION PRACTICE, Gail Reed  
MINI SEMINARS, Bonnie Penix  
THE NATIVE AMERICAN EXPERIENCE, Greg Beale  
SHAKESPEARE PERFORMED, Gerry Camp  
SPANISH, INTERMEDIATE – SPEAKING AND READING, Melody Flores  
TRAVEL AND ADVENTURE – MORNING HAS BROKEN, Richard Fuller, Terry Moss, Tom Dole  
ANDROID BASICS, Carol Limbaga, Victoria Star  
ANDROID INTERMEDIATE SMARTPHONE, Craig McCulloch  
GENTLE YOGA, Terri Gray  
MAKING THE MOST OF YOUR IPHONE, Muffy Francke  
SEMINAR LEADERSHIP TRAINING, Marian Kile  
SOCIAL DANCING, Richard Kowaleski  
Active Retirement Investing, Bill Bailey, Marsha Holland  
All About Scotland, Richard Conrad, Doris Keller  
Alzheimers: A Caregiver's Journey of Discovery, Bill Benison, Leon Bolds-King  
The Beatles Jukebox, John Caselli  
Bonsai: Introduction for Beginners, Clarence Smith, Deborah Ballanti  
The Celtic World, Joe Grant, Doris Keller  
Community: The Concept of Belonging, Debbie Russell  
Compassionate Communication, Nanci Kuzins  
Death, Dying and Afterlife: World Culture Lessons, Jon Courtway  
Delving Into Dementia, Mynga Futrell, Deborah King  
Democracy American Style, Robert Benedetti, Ronald Limbaugh  
Dostoevsky's The Brothers Karamazov, Part 2, Gerry Camp  
Early Human Development, Migrations and Languages, Marty Keale, Lynette Blumhardt  
Economics for the 99 Percent In Trumpland--And Resistance, Duane Campbell  
The Etruscans, Paul and Vima Micheli, John Ulmer  
Fascism and Religious Hubris, Dick Pitcher  
Fundamental Documents of American Democracy, Dave Anthony, David Feldstein  
Great American Trials, Joel Primes, William Vizzard  
Great Decisions: Vital Foreign Policy Issues, David Peters, Ana Facio  
Happiness And Your Brain, Jo Ann Yee  
Judaism And Christianity: The Early Years, David McGuire

The Magic of The Findhorn Community, Bonnie Gault-Blue  
Magic Tricks for Nimble Minds and Fingers, Harry Mossman, Gregory Herrera  
Mao and Beyond: China 1949-2019, Bruce Moon  
Memories and Memoir: Writing Personal Histories, Kimberly Edwards  
The Middle East: The Impact of Religion and Empire, Norv Wellsfry  
Movie-Making I: Foolproof Tools for Newbies, Muffy Francke  
Movie-Making II: Going Beyond with iMovie Magic Muffy Francke  
Movies: Animation for Grown-Ups, Chip Zempel  
Music: Classical Music During The Romantic Period and More, Robert Seyfried  
Optimum Hearing and Optimal Living, Laura Gaeta, PhD, Julia Ahlquist Tanner, AuD  
The Pacific War--Again, Geoffrey Burroughs  
Painted By A Woman, Beverly Gabriele, Christine Palmer, Joyce Mundel  
"Real" Rock 'N' Roll, Bob Lang  
Shareholder Advocacy: How To Refocus Corporations, Jim McRitchie  
Sketching In Nature and with People, Alice Stamm  
Spanish For Intermediate Beginners, Susan Titus, Donna Eash  
Storytelling, The Art, Mary McGrath, Joyce Ormond  
This Is Sinatra! Celebrating The Artistry of The Man and His Music, Michael Agron  
Travel and Adventure, Part Deux: Afternoon Delight, Richard Fuller  
The United States Civil War, Douglas Bonetti  
Watercolor Painting, Steve Wittmann, Colleen Wong  
Watercolor Painting Studio Time, Steve Wittmann, Colleen Wong  
The Western Tradition, Kurt Findeisen, Nancy Findeisen, Diane Chase, John Meininger  
Writing Personal History, Patrick Crowley

### **Spring 2019: Saturday On-Campus**

Kaleidoscope of American Culture, David Warren  
Transitions: What Will I Do with the Rest of My Life? Ken Cross  
Invisible Threads and Hidden Walls of Time, Gus Koehler  
Mike's Musical Mystery Tour, Mike Harkins

### **Fall 2018: Friday On-Campus**

American Leadership and Politics, Harry Cohen  
Cracker Barrel, Richard Sickert, Susanne Coleman, Per Ostlund  
Documentaries, Allan Keown, Mary Hyland  
Folk Dance for Seniors, Vick Vickland  
Great Books Discussion Group, John Quattrin, Pam Flohr  
Intermediate Spanish: Speaking and Reading, Melody Flores  
iPhone Topics (6 Weeks), Tim Holt, Jeff Hendy  
iPhone Basic Photography (6 Weeks), Barbara Beddow, Colleen Wong  
Journalism 101, Al Zagofsky  
Knitting and Needlecraft Group, Coby Bonner, Barbara Kletzman  
Meditation Practice, Gail Reed  
Mini-Seminars, Ed Speegle  
The Native American Experience, Greg Beale  
Outsmart Your Brain 2.0, A Follow Up To OSYB 1.0, Joe Grant, Doris Keller  
Risks to Healthy Longevity: How to Avoid Them, Irving Hellman  
Travel and Adventure, Richard Fuller, Terry Moss, Tom Dole  
Writer's Workshop in Creative Non-Fiction, Mark Heckey  
Android Basics, Carol Limbaga, Victoria Star  
Android Smartphone Intermediate Seminar, Craig McCulloch

Making the Most of Your iPhone, Muffy Francke  
Social Dancing, Richard Kowaleski  
America Growing Up, Dick Pitcher, Keith Dilday  
Big History, Ranny Eckstrom, John McCorkell  
Celebrating Perfect Vocal Harmony Groups, Mike Agron  
The Celtic World, Richard Conrad, Doris Keller  
China Questions, Bruce Moon  
Classic Jazz, Swing, Bebop and Cool, Bob Lang  
Compassionate Communication, Nanci Kuzins  
Critical Thinking, Richard Kowaleski  
Culture and the Mass Media, Phil Lane  
Death, Dying, and Afterlife: World Culture Lessons, Jon Courtway  
Dostoevsky's The Brothers Karamazov, Gerry Camp  
Future Visions: Science Fiction Films as Prophecy, Fred Best  
Game Changers: 12 Elections that Transformed California, Kathleen Beasley  
Genealogy 101, Teven Laxer, Marian Kile  
Great American Trials, Joel Primes  
The Great Depression and its Effects: the 1930s, Ed Speegle  
Ireland: History, Politics and Culture, Michael Storey  
The Koreas, Vick Vickland  
Magic Tricks for Nimble Minds and Fingers, Harry Mossman, Gregory Herrera  
Memories and Memoir: Writing Personal Histories, Kimberly Edwards  
Movies: Magic, Myths, and Fairy Tales, Chip Zemple  
Music: For the Love of Classical Music, Cynthia Hearden  
Plant-Based Lifestyle, Twyla Teitzel  
Political Economy in Trumpland and the Resistance, Duane Campbell, Carl Pinkston  
Retirement Asset Investing, Marsha Holland  
Rock and Pop Music 1964-69 (Brits, Soulsters, Folkies and Cali), Graham Edmondson  
Shakespeare: More Shakespeare Plays, Tom Slakey, Dave Anthony  
Songs of Work and Protest, Mike Hersher  
TED Talks, Barbara Kletzman, Ann Arneill  
Top 10 U.S. Domestic Issues and Potential Solutions, Ken Cross, Walter Wilson  
Watercolor Painting, Steve Wittmann, Colleen Wong  
The Western Film: Conventions of the Genre, Rita Rippetoe  
The Western Tradition: Middle Ages Through the Enlightenment, Kurt Findeisen, Nancy Findeisen  
Women: In-Famous, Un-Famous and Famous, Richard Fuller

### **Fall 2018: On-Campus Short Seminars**

Heterodox Economics: Modern Money Theory (3 Meetings), Mark Dempsey  
Journeys to Healthy Weight Loss (6 Meetings), Mimi Dixon  
Meeting Each Other Through Sharing Life Stories (6 Meetings), Karen Gierlach, Betty Staley  
Gun Control in the U.S. (4 Meetings), William Vizzard  
Optimum Hearing, Wellness, and Balance (4 Meetings), Campus Hearing Center  
Sketching in Nature and With Each Other (6 Meetings), Alice Stamm  
World War I and the Rise of Nazi Germany (4 Meetings), John W. Connor  
Fall 2018: Saturday On-Campus

Climate Change: Science, Impacts, Politics, Solutions, Tom Suchanek, Dana Nuccitelli  
Rhythm and Blues Chart-Toppers (1942-1963), Mike Harkins



## **Fall 2018: Off-Campus**

Arden-Dimick Library Mini-Seminars, Carolyn Martin, Jane Steele  
Book Group – Monday, Carol Hayes, Ann Blazina  
Book Group – Tuesday, Marian Kile, Suzanne Armer  
Book Group – Wednesday, Fantasy/Science Fiction, Gayle Greene  
Book Group – Thursday, Partners in Crime, Lynda Cassady, Pat Stokes  
Party Bridge: Land Park/Greenhaven/Pocket Area, Phyllis Mills, Ellen Nathan  
Le Cercle Français (Conversational French), Rosalind Becker  
El Circulo Español (Conversational Spanish), JoAnn Peter  
A Cook's Tour of Sacramento, Dan Cross, Maryellen Burns  
Creating a Healthy Kitchen, Anne Evans  
Digital Photography Group, Jane Steele, Colleen Wong  
Dining Together, Cheryl Nelson  
Franklin Library Mini-Seminars, Ginger Mack, Jeff Rubin  
Friends of the New Yorker Magazine, Ron Meyer, Harriette Work  
Games for Entertainment, Roberta (Bobby) Frieze, Judy Keaton  
Games for Fun, Dottie Higbee, Judy Lewis  
Genealogy, Karen Roseland, Marian Kile, Cheryl Nelson  
Great Books at Hart, Karen Roseland  
iPhone Photography Studio, Melissa Green  
Mah Jongg, Carol Camponovo  
Memoirs, Fran Clark, Karen Anderson  
Photography as Art, Roger Klemm, Mary Elliott-Klemm  
Singing for Fun, Janice Chung, Hilary Burwell  
Symposia, 18 One-Day Symposia, Ed Sherman  
Travel Through Food, Sandra Winter, Aida Orozco  
Walkabouts, Donna Eash, Lance Muller  
Walking Meditation on a Labyrinth I and II (One Meeting Each), Christie Braziel  
Writers' Group, Dan Keller, Marian Kile  
Writers' Workshop, Roy Bishop, Lani Hahn

## **Spring 2018: Friday On-Campus**

American Leadership, Harry Cohen  
Cracker Barrel, Richard Sickert, Susanne Coleman, Per Ostlund  
Documentaries, George and Claire Roper  
Easy Magic Tricks for Grandparents, Harry Mossman, Gregory Herrera  
Great Books Discussion Group, John Quattrin, Pam Flohr  
Are Humans Causing Global Warming? A Contrarian's View, James Parker  
Intermediate Spanish: Speaking and Reading, Melody Flores  
iPhone Basics (6 Weeks), Jeff Hendy, Tom Holt  
iPad Basics (6 Weeks,) Carol Dabrowiak, Melissa Green  
Ken Burns' The Vietnam War, Allan Keown  
Knitting and Crochet Group, Coby Bonner, Barbara Kletzman  
Mankind's Greatest Engineering Achievements, Richard Dabrowiak  
Meditation Practice, Gail Reed  
Mini-Seminars, Beth Mann, Ed Speegle  
Outsmart Your Brain 2.0, Joe Grant, Doris Keller  
Seminar Leader Training, Marian Kile, Kathleen Beasley  
This is Sinatra! The Artistry of an American Idol, Mike Agron  
Transitions: What Will I Do with the Rest of My Life? Ken Cross  
Travel and Adventure, Richard Peter, Terry Moss  
Android Basics, Carol Limbaga, Victoria Star

Android Smartphone Intermediate Seminar, Craig McCulloch  
Ballroom Dancing, Richard Kowaleski  
Gentle Yoga, Terri Gray  
American Impressionism: 1890-1920, Debbie Russell, Kathy Olson  
Astronomy and the Night Sky, Introduction, Jack Russell  
The Beatles Jukebox, John Caselli  
The Black Death, Jon Courtway  
Communities of the Sacramento-San Joaquin Delta, Bob Benedetti  
Compassionate Communication, Nanci Kuzins  
Culture, Pop Culture, and the Media, Phil Lane  
Economics for the 99 Percent in Trumpland, Duane Campbell  
Empire of Liberty: A History of the Early Republic, Richard Pitcher, Keith Dilday  
Great American Trials, Joel Primes  
Great Classical Composers Through the Ages, Robert Seyfried  
Great Decisions in American Foreign Policy, David Peters, Nell Farr  
Haiku: Reading and Writing This Wonderful Japanese Poetry in English, Theo Goodwin  
Human Migrations and Language Diversity, Marty Keale, P.J. Garrido  
Korea, Excluding the War, Vick Vickland  
Memories and Memoir: Writing Personal Histories, Kimberly Edwards  
More Shakespeare, Next Julius Caesar, I, II, III, Tom Slakey, Gerry Camp  
One Hundred More Days of the Trump Presidency; Where Are We Going, Jack Jennings  
Plant-Based Lifestyle, Twyla Teitzel  
Republican China, 1911-1949, Qing to Mao, Bruce Moon  
The Silk Road: Merchants, Monks, Warriors, Thieves, Beth Mann, Nancy Kniskern  
Songs of Work and Protest, Mike Hersher  
South Africa and East Caribbean: History, Culture and Fun, Richard Fuller  
Spanish for Continuing Beginners, Susan Titus, Donna Eash  
Spies Through History, Bert MacBride Garey Young  
The Sumerian Legacy, Paul Micheli, John Ullmer  
Time Travel Movies: The Do-Over, Chip Zempel  
The United States Civil War, Douglas Bonetti  
Watercolor Painting, Doyle Crawford, Ken Kinyon  
The Western Tradition: Early History to Middle Ages, Kurt and Nancy Findeisen, Diane Chase  
World War II: The Pacific War Revisited, Geoff Burroughs  
Writing Personal History, Donn and Sue Miller

### **Spring 2018: Saturday On-Campus**

Florence, Italy and the Rise of the Renaissance, David Warren  
Couples Social Dance Workshop, Vick Vickland  
Folk Dance for Seniors, Vick Vickland  
Revolutions in the 20th Century, Edwin Sanborn  
America's Hit Parade: 1890-Present, Mike Harkins

### **Spring 2018: Off-Campus**

Book Group, Monday, Carol Hayes, Ann Blazina  
Book Group, Tuesday, Marian Kile, Suzanne Armer  
Book Group, Wednesday, Fantasy/Science Fiction, Gayle Greene  
Book Group, Thursday, Partners in Crime, Lynda Cassady, Pat Stokes  
Party Bridge: Land Park/Greenhaven/Pocket Area, Phyllis Mills, Ellen Nathan  
Le Cercle Français (Conversational French), Rosalind Becker  
El Circulo Español (Conversational Spanish), JoAnn Peter

La Conversation en Français, Intermediate Level, Irene Sadler  
A Cook's Tour of Sacramento, Maryellen Burns-Dabaghian, Lawrence Fox  
Creating a Healthy Kitchen, Anne Evans  
Digital Photography Group, Jane Steele  
Dining Together, Cheryl Nelson, Karen Nemetz  
Franklin Library Mini-Seminars, Ginger Mack, Jeff Rubin  
Friends of the New Yorker Magazine, Ron Meyer, Harriette Work  
Games for Entertainment, Roberta (Bobby) Frieze, Judy Keaton  
Games for Fun, Dottie Higbee, Judy Lewis  
Genealogy, Karen Roseland, Marian Kile, Cheryl Nelson  
Great Books at Hart, Karen Roseland  
iPhone Photography Studio, Melissa Green  
Mah Jongg, Carol Camponovo  
Memoirs, Fran Clarke, Carole Gruber  
Photography as Art, Roger Klemm, Mary Elliott-Klemm  
Singing for Fun, Vick Vickland, Sara Zeigler  
Travel Through Food, Sandra Winter  
Walkabouts, Donna Eash, Lance Muller  
Walking Meditation on a Labyrinth I and II, Introduction (One Day Each), Christie Braziel  
Writers' Group I, Dan Keller, Marian Kile  
Writers' Workshop, Roy Bishop, Lani Hahn  
Eighteen One-Day Symposia, Ed Sherman

### **Fall 2017: Friday On-Campus**

American Leadership, Harry Cohen  
Bend, Breathe and Balance, Bobby Gladstein  
The Bible: Making of the Book, From Galilee to Gutenberg, Richard Fuller  
Cracker Barrel, Richard Sickert, Susanne Coleman, Per Ostlund  
Dancing for Dummies, Vick Vickland  
Documentaries, Allan Keown, Wade Brynelson  
Easy Magic Tricks for Grandparents, Harry Mossman, Gregory Herrera  
Great Books Discussion Group, John Quattrin, Pam Flohr  
Intermediate Spanish: Speaking and Reading, Melody Flores  
Knitting and Crochet Group, Coby Bonner, Barbara Kletzman  
Learning to Meditate Using the Buddha's Map, Doug Kraft, Elizabeth McLaughlin  
Meditation Practice, Gail Reed  
Mini-Seminars, Beth Mann, Ed Speegle  
New Perspectives in Public Policy and Economics, Mark Dempsey  
Outsmart Yourself, Joe Grant, Doris Keller  
Top 10 U.S. Domestic Issues and Potential Solutions, Ken Cross  
Travel and Adventure, Richard Peter, Terry Moss  
Android Basics, Carol Limbaga, Victoria Star  
Ballroom and Line Dancing, Richard Kowaleski  
Gentle Yoga, Terri Gray  
Active Retirement Investing, Marsha Holland  
Archaeology 2.0: All New Stuff, No Repeats, Richard Fuller  
The Black Death, Jon Courtway  
Bob Dylan: The Man, The Music, The Masks and The Myths, David Abelson  
Compassionate Communication, Nanci Kuzins  
Critical Thinking, Richard Kowaleski  
Economics for the 99 percent in Trumpland, Duane Campbell, Carl Pinkston  
Feminism: Its History, Alice Stamm

Geography, Wayne Luney  
Indie Writers and Publishers Roundtable, Maryellen Burns  
Ireland: History, Politics and Culture, Michael Storey  
The Korean War and Where We Are Now, Jack Jennings  
Memories and Memoir: Writing Personal Histories, Kimberly Edwards  
More Great American Trials, Joel Primes  
Ordinary China: Extraordinary Challenges, Bruce Moon  
Plant-Based Lifestyle, Twyla Teitzel  
Poetry: Learning to Understand and Appreciate Poems, Chuck Scarcliff  
Rock and Soul Music 1970 to 74: REBS, Rastas, Troubs and Glam, Graham Edmondson  
Shakespeare's Plays, Tom Slakey, Gerry Camp  
Story Workshop, Al Zagofsky  
TED Talks, Barbara Kletzman, Ann Arneill  
Time Travel: It Ain't What It Used To Be, Chip Zempel  
The U.S. Constitution; Can It Still Govern Us? Eric McElwain  
U.S. History, 1919-1929: Boom to Bust, The Birth of Modern America, Ed Speegle  
Watercolor Painting, Doyle Crawford  
Writing Personal History, Donn and Sue Miller

### **Fall 2017: Saturday On-Campus**

Folk Dance for Seniors, Vick Vickland  
Western Revolutions 1500-1905, Ed Sanborn  
Talking to the Other Side: Ways to Listen and Speak (One time only), Robert Garmston  
America's Musical Origins, Mike Harkins

### **Fall 2017: Off-Campus**

Book Group, Monday, Carol Hayes, Ann Blazina  
Book Group, Tuesday, Marian Kile, Suzanne Armer  
Book Group, Wednesday, Fantasy/Science Fiction, Gayle Greene  
Book Group, Thursday, Partners in Crime, Lynda Cassady, Pat Stokes  
Party Bridge: Land Park/Greenhaven/Pocket Area, Phyllis Mills, Ellen Nathan  
Le Cercle Français (Conversational French), Rosalind Becker  
El Circulo Español (Conversational Spanish), JoAnn Peter  
La Conversation En Français, Intermediate Level, Irene Sadler  
A Cook's Tour of Sacramento, Maryellen Burns-Dabaghian, Beth Mann  
Digital Photography Group, Jane Steele  
Dining Together, Cheryl Nelson, Karen Nemetz  
Friends of the New Yorker Magazine, Ron Meyer, Harriette Work  
Games for Entertainment, Roberta (Bobby) Frieze, Judy Keaton  
Games for Fun, Dottie Higbee, Judy Lewis  
Genealogy, Karen Roseland, Marian Kile, Cheryl Nelson  
Great Books at Hart, Brigid O'Malley, Karen Roseland  
iPhone Photography Studio (six hands-on sessions), Melissa Green, Joan Greenfield  
Mah Jongg, Carol Camponovo  
Memoirs, Fran Clarke  
Photography as Art, Roger Klemm, Mary Elliott-Klemm  
Singing for Fun, Vick Vickland, Sara Zeigler  
Travel Through Food, Sandra Winter  
Walkabouts, Donna Eash, Lance Muller  
Walking Meditation on a Labyrinth, Introduction (two sessions), Christie Braziel  
Writers' Group I, Dan Keller, Marian Kile

Writers' Workshop II, Roy Bishop, Lani Hahn  
Fifteen One-Day Symposia, Ed Sherman

### **Spring 2017: Friday On-Campus**

American Leadership, Harry Cohen  
Bend, Breathe and Balance, Bobby Gladstein  
Cracker Barrel, Susanne Coleman/Per Ostlund  
Documentaries, George Roper/Claire Roper  
Easy Magic Tricks for Grandparents, Harry Mossman  
Great Books Discussion Group, John Quattrin/Pam Flohr  
Holistic Method of Weight Loss in Three Sessions, Mimi Dixon  
Intermediate Spanish Conversation, Clara Chapala  
iPhone Basics, Jennifer Kerr  
iPad Basics, Carol Dabrowiak  
Knitting and Crochet Group, Coby Bonner/Barbara Kletzman  
Learning to Meditate Using the Buddha's Map, Doug Kraft/Elizabeth McLaughlin  
Man's Greatest Engineering Achievements, Richard Dabrowiak  
Meditation, Gail Reed  
Mini-Seminars, Beth Mann/Ed Speegle  
Movement Awareness Workshop, Al Zagofsky  
Shakespeare on Film, Gerry Camp  
Transitions: What Will I Do With the Rest of My Life?, Ken Cross  
The Trump Presidency: The First 100 Days, Jack Jennings/Walter Wilson  
Travel and Adventure, Richard Peter/Tom Dole/Terry Moss/Linda Alameda  
Android Basics, Carol Limbaga/Victoria Star  
Android Test Kitchen (aka Intermediate), Craig McCulloch/Bruce Moon  
Ballroom and Line Dancing, Richard Kowaleski  
Gentle Yoga, Terri Gray  
iPad and iPhone Topics, Jennifer Kerr  
Active Retirement Investing, Marsha Holland  
Alles Deutsche—Everything German, Ann Blazina  
Archaeology Ancient and Modern—Can You Dig It? Richard Fuller  
Basic Spanish Conversation, Kathy Olson  
The Beatles Jukebox: Music that Influenced the Fab Four, John Caselli/Lynda Cassady  
Big History 2: From Civilization's Start to Today and Into the Future, Ranny Eckstrom/John McCorkell/Jack Russell  
Bonsai: The Art of Miniature Trees, Clarence Smith  
Compassionate Communication, Nanci Kuzins  
Cross-Cultural Film: Cowboys and Samurais, Chip Zempel  
Cultural Statements in Film and Documentaries IV, Birte Hartley/Steve Hartley  
DNAology, Jonathan Brosin  
Economics for the 99 Percent, Carl Pinkston  
Game Changers: 12 Elections That Transformed California, Kathleen Beasley  
Great Decisions—Vital Issues in American Foreign Policy, David Peters/Nell Farr  
Hard-Boiled Detection in Films, Rita Rippetoe  
How Hitler Could Have Won World War II Redux, Doug Griebner  
Intermediate Spanish—Speaking and Reading, Melody Flores  
Ken Burns' Filmography: Part IV of an Ongoing 9-Part, Allan Keown  
Major Classical Music Figures of the Late 19th and Early 20th Centuries, Bob Seyfried/Sue Schneckloth/Professor Leo Eylar  
Medical Rights and Medical Wrongs, Howard Slyter/Kathy Glasmire  
Memories and Memoir: Writing Personal Histories, Kimberly Edwards

The New Testament, Tom Slakey  
The Other Side of History Continued, Doris Keller/Sandy Lockwood  
The People's Republic of China's First 60 Years, 1949-2009, Bruce Moon  
Real Rock 'n' Roll, Bob Lang  
Spanish for Beginners, Susan Titus/Donna Eash  
The Story of Writing, Peggy Fish/Marty Keale  
Sumer, the First Civilization—Lost Story of the Rise of Man, Paul Micheli  
United States Civil War, Douglas Bonetti  
The War in Europe or Deutschland Uber Alles, Geoffrey Burroughs  
Watercolor Painting, Doyle Crawford  
The Western Tradition, Part II, The Reformation to the Tech Revolution, Kurt Findeisen/Nancy Findeisen  
Women Behind the Scenes: Heroines You've Known or Wish to Know, Peggy Krong  
The World's Greatest Churches, John Courtway  
Writing Personal History, Donn Miller/ Sue Miller

### **Spring 2017: Saturday On-Campus**

Ancient Rome, David Warren  
China! The Han Story (206 BCE to 220 CE), Chris Budwine  
Dancing for Dummies, Vick Vickland  
Grammy Hall of Fame Music, Mike Harkins

### **Spring 2017: Off-Campus**

Book Group—Monday, Carol Hayes/Ann Blazina  
Book Group—Tuesday, Marian Kile/Suzanne Armer  
Book Group—Wednesday, Fantasy/Science Fiction, Gayle Greene  
Book Group—Thursday, Partners in Crime, Pat Stokes/Lynda Cassady  
Duplicate Bridge, Robert Houghton  
Party Bridge—Land Park/Greenhaven/Pocket Area, Phyllis Mills/Ellen Nathan  
Dining Together, Cheryl Nelson/Karen Nemetz  
El Circulo Español (Conversational Spanish), JoAnn Peter  
Le Cercle Français (Conversational French), Rosalind Beck  
La Conversation en Français, Niveau Intermediate, Irene Sadler  
Friends of The New Yorker Magazine, Ron Meyer/Hariette Work  
Games for Entertainment, Roberta (Bobby) Frieze/Judy Keaton  
Games for Fun, Dottie Higbee  
Genealogy, Karen Roseland/Marian Kile/Cheryl Nelson  
Great Books at Hart, Brigid O'Malley/Karen Roseland  
iPhone Photography Studio, Melissa Green/Joan Greenfield  
Mah Jongg, Carol Camponovo  
Memoirs, Fran Clarke  
Photography as Art, Roger Klemm/Mary Elliott-Klemm  
Photography: Digital Camera Group, Jeff Hendy/Mary Henwood  
Singing for Fun, Jean Dean/Sara Zeigler  
Travel Through Food, Marsha Littrell/Sandra Winter  
Walkabouts, Mary Runyan/Donna Eash/Lance Muller  
Writers' Group I, Dan Keller/Marian Kile  
Writers' Workshop II, Roy Bishop/Lani Hahn  
Fifteen One-Day Symposia, Ed Sherman  
Twelve Asian Community Center (ACC) Seminars, Allan Keown

## Fall 2016: Friday On-Campus

American Leadership, Harry Cohen  
Associates Program: Training for Seminar Leaders, Doris Keller/Marian Kile/Marty Keale  
Bend, Breathe and Balance, Bobby Gladstein  
Cracker Barrel, Susanne Coleman/Per Ostlund  
Documentaries, Allan Keown/Wade Brynelson/Mary Hyland  
Easy Magic Tricks for Grandparents, Harry Mossman  
Economics for the 99 percent, A Sequel, Mark Dempsey  
A Fan's Guide to Watching Basketball, David McGuire  
Great Books Discussion Group, John Quattrin/Pam Flohr  
A Holistic Approach to Weight Loss in Three Sessions (Body, Mind-Emotions, Spirit), Mimi Dixon  
An Introduction to Spanish, Robert J. Parker/Clara Chapala  
Knitting and Crochet Group, Coby Bonner/Doris Keller  
Learning to Meditate Using the Buddha's Map, Doug Kraft  
Meditation, Gail Reed  
Mini-Seminars, Beth Mann/Ed Speegle  
Naturism/Nudism, E.C. "Vick" Vickland/Susan Conforti  
Sports Betting, Morton Saltzman  
Top 10 U.S. Domestic Issues and Potential Solutions, Ken Cross/Walter Wilson  
Travel and Adventure, Richard Peter/Tom Dole/Terry Moss/Linda Alameda  
Android Basics, Carol Limbaga  
Android Test Kitchen (AKA Intermediate Android Smartphone and Tablet Drop-In Seminar),  
Craig McCulloch/Bruce Moon  
Ballroom and Line Dancing, Richard Kowaleski  
Gentle Yoga, Terri Gray  
Active Retirement Investing, Marsha Holland  
American Presidential Elections, H. James Harper  
Big History: Setting the Stage for Civilization, Ranny Eckstrom/John McCorkell/Jack Russell  
Bob Dylan: The Man, The Music, The Masks and The Myths, David Abelson  
California's Past Through Fiction, Debbie Russell  
China, The Dragon that is Shaking the World, Nancy Samuelson/Thomas Swift/Bruce Moon  
Compassionate Communication, Nancy Kuzins  
Critical Thinking, Richard Kowaleski  
Delta Narratives: The History and Culture of the Sacramento-San Joaquin Delta, Robert Benedetti  
Economics for the 99 percent: the Political Economy in an Election Season, Duane Campbell/  
Carl Pinkston  
Election of 2016: Values in Conflict, Richard Pitcher  
From Sutter's Fort to Farm-to-Fork, a Fresh Look at Sacramento's Unique Culinary Heritage,  
Maryellen Burns  
Happiness and Your Brain, Jo Ann Yee  
Intermediate Spanish, Speaking & Reading, Melody Flores  
Ireland: History, Politics and Culture, Michael Storey/Anna Storey  
Joy of Science, Ed Sherman  
Memories and Memoir: Writing Personal Histories, Kimberly A. Edwards  
More Great American Trials, Joel S. Primes  
Movement Awareness Workshop, Al Zagofsky  
Native America: Good, Bad, and Indigenous, 1513-1890, Richard Fuller  
The Norton Anthology of Poetry, Tom Slakey  
The Other Europe, Leland H. "Lee" Ruth/Milo Turaylich/Ed Sherman  
The Other Side of History, Doris Keller/Sandy Lockwood

Political Philosophy, An Introduction, Ed Speegle  
Rock & Soul Music, 1970-74: Rebs, Rastas, Troubs & Glam, Graham Edmondson  
Shakespeare on Stage, Gerry Camp/Jennie Scott  
The Story of the English Language, Marty Keale  
Sumer, The First Civilization: Lost Story of the Rise of Man, Paul Micheli  
The Vikings, Elaine Duxbury/Steve Harley  
Watercolor Painting, Doyle Crawford  
The Western Tradition, Part 1, The Ancient World through the Renaissance, Kurt and Nancy Findeisen/Diane Chase/John Meininger  
Writing Personal Histories, Teresa Yates  
Writing Personal History, Patrick Crowley

### **Fall 2016: Saturday On-Campus**

The Enlightenment, 1640-1815, Ed Sanborn  
Rhythm and Blues Chart-Toppers (1942-1963), Mike Harkins

### **Fall 2016: Off-Campus**

Book Group-Monday, Carol Hayes  
Book Group-Tuesday, Marian Kile/Suzanne Armer  
Wednesday Fantasy/Science Fiction Book Group, Gayle Green  
Party Bridge: Land Park/Greenhaven/Pocket Area, Phyllis Mills/Ellen Nathan  
Le Cercle Français (Conversational French), Helen Hanna  
El Circulo Español (Conversational Spanish), JoAnn Peter  
La Conversation En Français, Niveau Intermediate, Irene Sadler  
Dining Together, Noel Hinde/Frances Stroud  
Duplicate Bridge, Robert Houghton  
Friends of the New Yorker Magazine, Ron Meyer/Harriette Work  
Games for Entertainment, Roberta (Bobby) Frieze/Judy Keaton  
Games for Fun, DeAnga Hills  
Genealogy, Karen Roseland/Marian Kile/Cheryl Nelson  
Great Books at Hart, Brigid O'Malley/Karen Roseland  
History Media Club, John McCorkell  
Mah Jongg, Carol Camponovo  
Memoirs, Fran Clarke  
Partners in Crime Book Club, Pat Stokes/Lynda Cassady  
Photography as Art, Roger Klemm/Mary Elliott-Klemm  
Photography: Digital Camera Group, Jeff Hendy/Mary Henwood  
Singing for Fun, Vick Vickland/Sara Zeigler/Jean Dean  
Travel Through Food, Marsha Littrell/Sandra Winter  
Walkabouts, Marilyn Jack/Donna Eash/Lance Muller  
Writers' Group I, Dan Keller/Marian Kile  
Writers' Workshop II, Roy Bishop/Lani Hahn  
U.S. Presidents Discussion Group, Doris Keller  
Fifteen One-Day Symposia, Roy Bishop  
Nine Off-Campus Asian Community Center Seminars, Allan Keown

### **Spring 2016: Friday On-Campus**

Bend, Breathe and Balance, Bobby Gladstein  
Cracker Barrel, Susanne Coleman  
Dealing with Anger: A Healthy Approach, Renee Zito



Documentaries, George and Claire Roper  
Easy Magic Tricks for Grandparents, Harry Mossman  
Great Books Discussion Group, John Quattrin/Pam Flohr  
Great Decisions, Maynard Nelson/Harry Cohen  
An Introduction to Spanish, Robert J. Parker/Clara Chapala  
iPad Basics (partial semester), Carol Dabrowiak  
iPhone Basics (partial semester), Jennifer Kerr  
Ken Burns Filmography, Part III, Alan Keown/Joyce Mundel  
Knitting and Crochet Group, Coby Bonner/Doris Keller/Barbara Kletzman  
Learning to Meditate Using the Buddha's Map, Doug Kraft  
Man's Greatest Engineering Achievements, Richard Dabrowiak  
Medical Rights and Medical Wrongs, Howard Slyter/Kathy Glasmire  
Meditation Practice, Gail Reed  
Mini-Seminars, Joy Skalbeck/Jeanne Campanelli  
Movement Awareness Workshop, Al Zagofsky  
Terrific Travel Tips, Judy Zimmerman  
Travel and Adventure, Richard Peter/Tom Dole/Terry Moss/Linda Alameda  
Android Basics, Carol Limbaga/Jane Williams  
Android-Intermediate Smartphone Drop-In Seminar, Craig McCulloch/Bruce Moon  
Apple Users Keynote Workshop, Judy Zimmerman  
Ballroom and Line Dancing, Richard Kowaleski  
Gentle Yoga, Terri Gray  
PC Clinic, Marian Kile  
Active Retirement Investing, Bill Bailey/Marsha Holland  
American Leadership, Harry Cohen  
Art Movies and Documentaries, Steve Harley/Birte Harley  
Beethoven and the Age of Enlightenment, Bob Seyfried/Professor Leo Eylar  
Bonsai: The Art of Miniature Trees, Clarence Smith  
The Cathedral, Jon Courtway  
China! The Qin and Terra Cotta Warriors, Chris Budwine  
Economics for the 99 Percent, Carl Pinkston  
Romance? Comedy? (Films), Chip Zempel  
Great Decisions: Vital Issues in American Foreign Policy, David Peters/Steve Orkand  
Great Explorers of History: Some You Know, Some You Don't, Richard Fuller  
Happiness and Your Brain, Jo Ann Yee  
Innovations in Architecture, Peter Kosar  
Intermediate Spanish: Reading and Speaking, Melody Flores  
Iran, E.C. "Vick" Vickland  
The Mediterranean Sea: Early Trade Routes and Cultures, Beth Mann/Joan Vondracek  
Memories and Memoir: Writing Personal Histories, Kimberly A. Edwards  
More Great American Trials, Joel S. Primes  
Naval and Military Movies, John Ling  
Real Rock 'n' Roll, Bob Lang  
The Rise of Germ Theory, David McGuire/Jon Brosin  
The Stories of John Cheever, Ron Tochterman/Rosemary Kelley  
Touring Northern California, Ken Mack  
United States Civil War, Douglas Bonetti  
Virgil's Aeneid, Tom Slakey  
Watercolor Painting. Doyle Crawford  
World War II: The Pacific War, Geoffrey Burroughs  
Writing Personal History: World War II, Patrick Crowley  
Writing Personal Histories, Frederick Chapman

## **Spring 2016: Saturday On-Campus**

Ancient Greece: Maker of our Modern World, David Warren  
America's Hit Parade (1890-Present), Mike Harkins

## **Spring 2016: Off-Campus**

Antiques: Looking through Vintage Treasures, Shirley Hines  
Big History Media Club, John McCorkell  
Book Group: Monday, Carol Hayes/Ann Blazina  
Book Group: Tuesday, Marian Kile/Suzanne Armer  
Bridge: Land Park/Greenhaven/Pocket Area, Phyllis Mills/Ellen Nathan  
Le Cercle Francais (Conversational French), Helen Hanna  
El Circulo Espanol (Conversational Spanish), JoAnn Peter  
La Conversation en Francais, Niveau Intermediate, Irene Sadler  
Creative Writing, Judy Broussard/Pat Teeters  
Dining Together, Noel Hinde/Frances Stroud  
Diversity: Sacramento and Beyond, Part II, Warren Bonta/Ron Lopez  
Duplicate Bridge, Robert Houghton  
Friends of the New Yorker Magazine, Ron Meyer/Harriette Work  
Games for Entertainment, Roberta (Bobby) Frieze/Judy Keaton  
Games for Fun, DeAnga Hills/Jackie Irene  
Genealogy, Elaine Duxbury/Marian Kile/Cheryl Nelson/Karen Roseland  
Great Books at Hart, Bridgit O'Malley/Karen Roseland  
Mah Jongg, Carol Camponovo  
Memoirs, Alice Ainsworth  
Partners in Crime Book Club, Marian Lininger  
Photography as Art, Roger Klemm/Mary Elliott-Klemm/Sherry Rhodes  
Photography: Digital Camera Group, Jeff Hendy/Mary Henwood  
Singing for Fun, Vick Vickland/Sara Zeigler/Jean Dean  
Travel Through Food I, Dick Tarble/Cheryl Nelson  
Travel Through Food II, Sandra Winter/Marsha Littrell  
Walkabouts, Norma Markley/Chris Dreier/Tilly Fairman  
Writers' Group I, Peggy Marsh/Dan Keller  
Writers' Workshop II, Roy Bishop/Lani Hahn  
Fifteen One-Day Symposia, Ed Sherman  
Thirteen Thursdays at Asian Community Center, Allan Keown

## **Fall 2015: Friday On-Campus**

American Supremacy, Harry Cohen  
Associates Program: Training for Seminar Leaders, Ivy Hendy/Doris Keller/Ed Sherman  
Bend, Breathe and Balance, Bobby Gladstein  
Cracker Barrel, Susanne Coleman/Ed Sanborn  
Dealing with Anger: A Healthy Approach, Renee Zito  
Documentaries, Allan Keown/Wade Brynelson  
Easy Magic Tricks for Grandparents, Harry Mossman  
Great Books Discussion Group, John Quattrin/Pam Flohr  
iPhone Basics (6 Weeks), Jennifer Kerr (and team)  
iPad Basics (6 Weeks), Carol Dabrowiak/Alex Ives  
Knitting and Crochet Group, Coby Bonner/Doris Keller  
Learning to Meditate Using the Buddha's Map, Doug Kraft  
Man's Greatest Engineering Achievements, Richard Dabrowiak

Meditation, Gail Reed  
Mini-Seminars, Joy Skalbeck/Jeanne Campanelli  
Travel and Adventure, Richard Peter/Tom Dole/Terry Moss  
Android Basics, Carol Limbaga/Jane Williams  
Android Intermediate Phone/Tablet, Craig McCulloch/Bruce Moon  
Ballroom and Line Dancing, Richard Kowaleski  
iPad and iPhone Topics, Mary Euretig/Jennifer Kerr/Karen Martin  
Active Retirement Investing, Marsha Holland  
All Things French, Part Deux, Patty Wood/Irene Sadler  
Beginning-Intermediate Spanish: Reading and Speaking, Melody Flores  
The Bill of Rights, Eric McElwain  
Brit, Soulsters, Folkies & Cali (Pop Music 1964-69), Graham Edmondson  
The Cathedral, Jon Courtway  
The California Gold Rush, Nancy Samuelson/Albert Wolfgang  
Classical Music Seminar, Music Through the Ages 1600-1926, Bob Seyfried  
Critical Thinking, Richard Kowaleski  
Decisive Decades: The United States 1890-1920, Ed Speegle/Al Wickers  
Economics for the 99%. Why Did Wall Street Recover and Main Street Remain Troubled?  
Duane Campbell  
Exploring our Differences, Richard Pitcher/Keith Dilday  
Great American Trials, Joel Primes  
Homer: The Iliad and the Odyssey, Tom Slakey  
Iran, E.C. "Vick" Vickland  
Memories and Memoir: Writing Personal Histories, Kimberly A. Edwards  
The Northern Renaissance, Ed Sanborn  
Reading Like A Writer III, Ron Tochterman/Rosemary Kelley  
The Story of Human Language, Marty Keale  
The Turbulent 60s: War and Peace and Everything In-Between, Joyce Mundel/Doris Janes  
Vintage British Movies, John Ling  
Volcanoes I Have Known—Personally! Richard Fuller  
Watercolor Painting, Doyle Crawford  
Water in California, David Abelson  
The Western Tradition, Part 2, The Reformation to Modern Times, Kurt Findeisen/Nancy Findeisen  
Wild Women of the West, Peggy Krong/David Lockwood  
Writing Personal Histories, Frederick Chapman  
Writing Personal Histories, Section 2, Patrick Crowley

### **Fall 2015: Saturday On-Campus**

Memorable Moments in History, Doris Keller  
America's Musical Origins, Mike Harkins

### **Fall 2015: Off-Campus**

15 One-Day Seminars, Ed Sherman  
Big History Media Club, Ranny Eckstron/John McCorkell  
Book Group, Monday, Carol Hayes/Dottie Higbee  
Book Group, Tuesday, Marian Kile/Suzanne Armer  
Books: Great Books at Hart, Brigid O'Malley/Karen Roseland/Charlotte Donovan/Juanita Montoya  
Partners in Crime Book Club, Marian Lininger  
Duplicate Bridge, Robert Houghton

Bridge, Land Park/Greenhaven/Pocket Area, Phyllis Mills/Ellen Nathan  
Camping and More, Susan Rubinstein/John Szabo  
Creative Writers, Judy Broussard/Pat Teeters  
El Circulo Español (Conversational Spanish), JoAnn Peter, Virginia Sturdevant  
Le Cercle Français (Conversational French), Helen Hanna  
Dining Together, Noel Hinde/Frances Stroud  
Diversity: Sacramento and Beyond, Warren Bonta/Pat Hunt/Allan Keown/Ron Lopez  
Friends of the New Yorker Magazine, Ron Meyer/Harriette Work  
Games for Entertainment (Game Group 2), Roberta Frieze/Judy Keaton  
Games for Fun, DeAnga Hills/Yolanda Moore/Jackie Irene  
Genealogy, Judy Broussard/Judy Hollis/Cheryl Nelson/Karen Roseland  
Mah Jongg, Carol Camponovo  
Memoirs, Alice Ainsworth  
Photography As Art, Roger Klemm/Mary Elliott-Klemm/Sherry Rhodes  
Photography: Digital Camera Group, Jeff Hendy/Mary Henwood  
A Photography Exhibit Project, Tom Monahan  
Singing for Fun, Vick Vickland/Sara Zeigler/Jean Dean  
Travel Through Food I, Cheryl Nelson/Dick Tarble  
Travel Through Food II, Sandra Winter/Marsha Littrell  
Walkabouts, Norma Markley/Chris Dreier/Tilly Fairman  
Writers' Circle, Norma Streeter/Mjzza Eaton  
Writers' Group I, Peggy Marsh/Dan Keller  
Writers' Workshop II, Roy Bishop/Lani Hahn

### **Spring 2015: Friday On-Campus**

Arts and Crafts, Petey Connolly  
Great Books Discussion Group, Jean Cawood/John Quattrin  
Great Decisions, Maynard Nelson/John Jervis  
Introduction to Spanish, Part II, Robert J. Parker/Clara Chapala  
iPad Basics (6 weeks), Carol Dabrowiak/Alex Ives  
iPhone Basics (6 weeks), Stan Todd/Karen Roseland/Fred Johansen  
iPhone/iPad iLab (6 weeks), Alex Ives/Pat Crippen  
Navigating Life in this Multicultural Society, Darryl Omar Freeman  
1215: The Year of the Magna Carta, Dave Lockwood  
Alles Deutsche – All Things German, Ann Blazina/Marty Keale/Carolyn Smith  
All Things Jewish, Florence Young/Ed Sherman/Muzza Eaton  
Aristotle's Ethics (Also Called the Nicomachean Ethics), Tom Slakey  
Beginning Intermediate Spanish: Reading and Speaking, Melody Flores  
Big History Overview, Ranny Eckstrom/Allan Keown/Judy Maben/John McCorkell/Carla Young  
Bonsai, Clarence Smith  
British Movie Collection, John C. Ling  
The Civil War. Doug Bonetti  
Classic Jazz, Swing & Bebop, Bob Lang  
Comedies Redux, Jon Courtway  
The Court System with Emphasis on US Constitution and Amendments, Joel Primes  
Creating a Healthy Kitchen, Anne Evans  
Cultural Statements in Film and Documentaries III, Birte Harley/Steve Harley  
Dealing with Anger: A Healthy Approach, Renee Zito  
Ethics and Everyday Life, Ivy Hendy/Eric McElwain  
Exploring and Experiencing Architecture, Dan Keller  
From Judaism to Christianity—The Evolution, Jonathan Brosin/David McGuire  
Great Decisions, David Peters/Nell Farr

History of China: From Shang to Mao, Ed Sanborn  
The Injustice System, Ron Tochterman  
Introduction to Astronomy and the Night Sky, Jack Russell  
The Japanese People via Documentary Films, Tom Swift/Barbara Bevan  
Major Issues Facing America. Henry M. Cohen  
"Make Your Own Seminar" Seminar, Richard Fuller  
Man's Greatest Engineering Achievements, Richard Dabrowiak  
TED Talks, Barbara Kletzman/Michele Stern  
Watercolor Painting, Doyle Crawford  
Water in California: "Out Here Whiskey's for Drinkin' and Water's for Fightin'  
Over," David Abelson/Bob Taylor  
Wealth Strategies, Bill Bailey/Marsha Holland  
The Western Tradition, Part I (The Ancient World through the French Revolution), Kurt  
Findeisen/Nancy Findeisen  
Writing Personal Histories I, Fred Chapman  
Writing Personal Histories II, Patrick Crowley

### **Spring 2015: Saturday On-Campus**

Ancient Egypt, Its History and Archeology, David Warren  
America's Hit Parade (1890-2015), Mike Harkins

### **Spring 2015: Off-Campus**

American Mah Jongg, Diane Rich/Carol Rogala  
Mah Jongg, Carol Camponovo/Diana Polner  
Monday Book Group, Carol Hayes/Dottie Higbee  
Tuesday Book Group, Marian Kile/Suzanne Armer  
Great Books at Hart, Brigid O'Malley/Charlotte Donovan/Karen Roseland  
Partners in Crime Book Club, Marian Lininger/Carla Hoffman  
Duplicate Bridge, Robert Houghton/Barbara Kletzman  
Bridge-Land Park/Greenhaven/Pocket Area, Phyllis Mills/Ellen Nathan  
Camping and More, Susan Rubinstein/John Szabo  
Le Cercle Français I (Conversational French), Helen Hanna  
Le Cercle Français II (Conversational French), Irene Sadler  
El Circulo Español (Conversational Spanish), JoAnn Peter/Robert Parker  
Creative Writers Anonymous, Judy Broussard/Pat Teeters  
Dining Together, Noel Hinde/Frances Stroud  
Friends of the New Yorker Magazine, Ron Meyer/Ann Heatlie  
Games for Entertainment, Roberta Frieze/Judy Keaton  
Games for Fun, De Anga Hills/Yolanda Moore/Jackie Irene  
Innovative CoHousing for the 50+ Generation, Anne Geraghty/Fran Spitale  
Memoirs, Alice Ainsworth  
Photography as Art, Mary Elliott-Klemm/Roger Klemm  
Photography: Digital Camera Group, Jeff Hendy/Mary Henwood/Laurene Fizpatrick  
A Photography Exhibit Project, Tom Monahan  
Singing for Fun, Vick Vickland/Sara Zeigler/Jean Dean  
Travel Through Food I, Cheryl Nelson/Carla Hoffman/Barbara Lininger/Marian Lininger/Dick  
Tarble  
Travel Through Food II, Diane Roach  
Walkabouts, Norma Markley/Chris Dreier/Tilly Fairman  
Writers' Circle, Norma Streeter/Muzza Eaton  
Writers' Group I, Peggy Marsh/Ariel Amlin

Writers' Workshop II, Roy Bishop/Lani Hahn

### **Fall 2014**

Arts and Crafts Group, Linda Gonot/Laraine Silberstein/Petey Connolly/Cherie O'Boyle  
Introduction to Spanish, Robert J. Parker/Clara Chapala/Celia Perez-McCauley  
Great Books Discussion Group, Jean Cawood/John Quattrin  
Learning to Meditate Using the Buddha Map, Doug Kraft  
Aging Well: Managing Your Own Health, Dolores Eitel/Marty Keale  
American Popular Music, Mike Harkins  
Beginning Intermediate Spanish, Carol Purin  
Being Happy, Om Bindra  
British World War II Movies, John C. Ling  
Brits, Soulsters, Folkies and Cali (Popular Music 1964-69), Graham Edmondson  
Changes Impacting America's Future at Home and in the World, Harry M. Cohen  
Classical Music, Bob Seyfried/Tom Holt  
Climate Change: A Problem? Tom Swift  
Cosmos: A Space/Time Odyssey (Neil deGrasse Tyson), Allan Keown/Joyce Mundel/Gwen Stephens  
Could Hitler Have Won World War II? Doug Griebner  
The Court System, Joel Primes  
Critical Thinking, Richard Kowaleski  
Cuba, Garey Young/Dennis Kohlmann  
End This Recession Now! Duane Campbell  
Ethics and Everyday Life, Ivy Hendy  
Film Comedy, Jon Courtway/Chip Zempel/Richard Peter/ Rose Mary Neves/Andrea Fiske  
Flora and Fauna in California, Richard Fuller  
The Great Plains, Doris A. Keller/Sandy Lockwood  
Healthy Anger—Or Healthy Approach to Dealing with Anger, Renee Zito  
Libertarian Political Thought, Kurt Findeisen/Wayne Luney  
Making Healthy Food Choices, Susan Sundell/Jo Ann Peter  
The Middle Ages, Ed Sanborn  
The Mighty Mississippi, Joan Meagher  
Reading Like a Writer, Ron Tochterman/Rosemary Kelley  
TED Talks: Ideas Worth Spreading, George and Claire Roper  
Watercolor Painting, Doyle Crawford  
Wealth Strategies, Hunter Wm. (Bill) Bailey  
Women's Contributions to the Visual Arts: 1400 to the Present, Beth Mann/Birte and Steve Harley  
Writing Personal Histories, Fred Chapman

### **Spring 2014**

Art/Entertainment  
American Popular Music (By Decade), Mike Harkins  
Films of Alfred Hitchcock, Jon Courtway  
Real Rock 'n' Roll, Bob Lang  
The World of Choral Music, Len Miller  
Watercolor Painting, Barbara Peck  
The Bible in Art (Saturday seminar), David Warren  
Craft/Hobbies/Social  
Gardening, A to Z, Karen Martin/Shelly Berlant  
Bonsai, Clarence Smith

## Culture/Societies

Tutte le Cose Italiane (All Things Italian), Marty Keale

Ethical Reasoning, Eric McElwain

Migration Linguistics, Paul Micheli/Lloyd Money

TED Talks: Ideas Worth Spreading, Barbara Kletzman/Michele Stern

## Economics/Government

Amendments of the U.S. Constitution, Bob Tyler/Joel Primes/Florence Young

Great Decisions, David Peters/Nell Farr

## History

Noteworthy Villains in History, or Were They? David McGuire/Nancy Samuelson

Religion and Society from the Civil War to the 2012 Election, Dick Pitcher

Sacramento Valley – From 20 Million B.C. Until Now! Richard Fuller

Social and Economic Reform in 19th Century Great Britain, Wayne Luney

20th Century Revolutions, Ed Sanborn

20th Century War Films and Their Relationship to Culture, John Ling

## Literature/Drama/Languages

Greek Plays of Aeschylus, Sophocles, Euripides, Tom Slakey

The Plays of Edward Albee, Ron Tochtermann

## Personal Development/Sports

Aging Well, Marilyn Jack/Jan Polin

Dealing with Anger – A Healthy Approach, Renee Zito

Learn to Tell Stories, Marian Kile/Vicki Crescitelli

Qigong, Joyce Rietz

Writing Personal Histories, Tom Carroll/Fred Chapman

## Science

Enduring Issues in Psychology, Che O'Boyle

## Fall 2013

### Art/Entertainment

American Popular Music - By Genre, Mike Harkins

Classical Music, Bob Seyfried/Tom Holt

French and American Impressionism, Debbie Russell/Sherry Rhodes

Real Rock 'n' Roll, Bob Lang

Watercolor Painting, Barbara Peck/Ken Kinyon

### Culture/Societies

All Things French, Patty Wood/Irene Sadler

Ethical Reasoning: Justice, Judy Zimmerman/Ken Mack

Great World Canals: for Shipping, Defense, Tourism, Richard Fuller

Ruins and Romance: Monuments and Memories, Ed Sherman

TED (Technology, Entertainment, Design) Talks, George and Claire Roper

### Economics/Government

The Economic Crisis, Austerity, and its Alternatives, Duane Campbell

The Constitution of the United States for Non-Lawyers, Eric McElwain/David Abelson

### History

The Federalist/Anti-Federalist Debates, Ed Speegle/Al Wickers

Korea, from Ancient Times to the Chaos of Today, Garey Young/Bert MacBride

Religion and Society from the Colonies to the Civil War, Dick Pitcher

The Silk Road: Merchants, Monks, Warriors and Thieves, Beth Mann/Doris Keller

Historical Revision-Democracy and the Truth, J.L. Tobey

Revolution to Revolution, the Long 19th Century, Ed Sanborn/Joyce Mundel

### Literature/Drama/Languages

Learn Spanish, Kathie Micalief

Chaucer's World, Dave Lockwood/Angie Caston  
Brush Up Your Shakespeare, Chuck Scarcliff  
Migration Linguistics, Paul Micheli/Lloyd Money  
Personal Development/Sports  
Critical Thinking, Richard Kowaleski  
Writing Personal Histories, Tom Carroll/Fred Chapman  
Science/Philosophy  
The Old Testament, Tom Slakey  
An Introduction to Astronomy and the Night Sky, Jack Russell  
History of Medicine and Development of Medical Technologies, Phyllis Mills/Jonathan Brosin

### **Spring 2013**

#### Art/Entertainment

American Popular Music - By Decade, Mike Harkins  
Beautiful Singing in Opera and Art Song, Ken Carter/Len Miller  
Experiencing Architecture, Dan Keller/Larry Emery  
Real Rock 'n' Roll, Bob Lang  
Some of the Best Films You Have Never Seen, Jon Courtway  
Watercolor Painting, Barbara Peck/Ken Kinyon  
Culture/Societies  
Cultural Statements in Film and Documentaries II, Birte Harley/Steve Harley  
South America - What North Americans Don't Know, Allen Jamieson/Kathleen Olson  
Scandinavian History and Culture, Elaine Bjorgan Duxbury/Mary Euretig/Joan Meagher/Lynn Poole  
The TED Talks: Ideas Worth Spreading, Allan Keown/Gwen Stephens/Virginia Sturdevant  
Economics/Government  
Great Decisions, David Peters/Nell Farr  
Healthcare in California: What Makes It Tick, Marty Keale/Tom Swift  
History  
California and the Civil War, Nancy Samuelson/Gloria Luney/Charles Donaldson  
Canada and its Relationship with the United States, Wayne Luney  
Combatants and Courtesans: Women in History, Ed Sherman/Jeanette Hanna  
The Enlightenment, Ed Sanborn/Joyce Mundel  
Greek Mythology in Art, Literature and Music, David Warren  
Literature/Drama/Languages  
Beginning Spanish, Kathie Micallef  
Reading Like a Writer, Ron Tochterman  
Personal Development/Sports  
Creating a Healthy Kitchen, Anne Evans  
Self-Publishing Our Memoirs, Biography or Other Personal Book, Marian Kile  
Writing Personal Histories, Tom Carroll  
Science/Philosophy  
Jesus and Christian Origins, J.L. Tobey  
Religion and Society in Tension, Dick Pitcher  
The Search for Spirituality, Jan Polin/Marilyn Reynolds  
Technology  
Blogging for Fun and Advocacy, Duane Campbell

### **Fall 2012**

American Popular Music – By Genre, Mike Harkins  
2012: Armed for Peace, Randy Wichert/Fran Styron



Beginning Spanish, Kathie Micallef  
Classical Music Through the Ages, Robert Seyfried/Noelle Anderson/Len Miller  
Cohousing Study Seminar, Anne Geraghty/Gloria Reynolds/Ardie Andrews  
Composers of the Great American Songbook and Their Songs, Don Taranto/Pat Ryan  
Critical Thinking, Richard Kowaleski  
Film Noir and Cult Films, Jon Courtway  
Geography, Wayne Luney  
History of Science Fiction in Film, David Lockwood/Douglas Griebner  
Inventing a Nation, 1773 to 1793, Ed Speegle/David McGuire  
Japanese Feature Films Portraying Early and Feudal Japan, Tom Swift/Harriette Work  
Jesus and Christian Origins, J.L. Tobey  
Justice: Doing the Right Thing, Chuck Scarcliff  
The Maya: Ancient Civilization, Resilient Survivors, Beth Mann/Nancy Westerberg  
Plato, The Republic, Tom Slakey  
The Plays of Arthur Miller, Ron Tochterman  
The President's Crossroads, Herb Cohen  
The Renaissance Beyond Florence, Kathy Beasley/Ed Sanborn/Marty Keale  
Underground Wonders – More than Tunnels and Caves, Doris Keller/Carolyn Mack  
Understanding Plate Tectonics and Traveling to Amazing Places on our Shaky Earth, Richard Rypinski/Richard Fuller  
Visionaries and Villains: Famous and Infamous Men and Women in History, Ed Sherman/Dottie Higbee  
Watercolor Painting, Barbara Peck/Ken Kinyon  
Working Class Literature, Cathy Hackett  
World War II, Garey Young/Al Wolfgang  
Writing Personal Histories, Tom Carroll/Fred Chapman/Gail Hulse

## **Spring 2012**

American Popular Music - By Decade, Mike Harkins  
America's Gilded Age (1880 thru 1910), Allen Jamieson/Wayne Luney  
California: 1820 - 1869, Richard Fuller  
California's Social Protest History in the Parks, Claire LeDonne  
Challenges to American Power, Herb Cohen  
Creating a Healthy Kitchen, Ken and Anne Evans  
Dante's Divine Comedy, Tom Slakey  
Don Quixote, Jim Gallant/Jean Cawood  
Great Decisions 2012, David Peters/Nell Farr  
Greek Mythology in Art, Literature and Music, David Warren  
How to use PowerPoint 2010, Marian Kile  
Intriguing People, Organizations, etc., Steve and Birte Harley  
Introductory Spanish, Carol Purin  
Inventing a Nation 1774 - 1789, Ed Speegle/Beth Mann  
Islam History and Geopolitics, Bob Taylor/Brady Torres  
Japanese Feature Film, Thomas Swift/Doris Keller/Al Gallardo  
More Great Stories - More Great Literature, Chuck Scarcliff  
Navigating the Night Sky, Jack Russell  
See the USA from its Waterways, Judy Zimmerman/Ken Mack  
The National Film Registry and Film Noir, Jon Courtway  
Using the Future to Understand Our Times, David Lockwood  
The Short Stories of Raymond Carver, Ron Tochterman/John Bowman  
The Supreme Court, the Constitution, John Andrew/Bob Schmidt  
The Vikings, Elaine Bjorgan Duxbury

Watercolor Painting, Barbara Peck/Ken Kinyon  
Writing Personal Histories, Anne Conway/Allen Strong

### **Fall 2011**

A Brief History of the Crime Novel, Bill Mahan  
Assassinations from Julius Caesar to JFK, Miyo Turaylich/Pat Ryan  
American Popular Music - By Genre, Mike Harkins  
Beethoven and Friends, Bob Seyfried/Len Miller  
Contemporary American Art and Artists, Fran Styron/Carolyn Mack  
Critical Thinking, Richard Kowaleski  
Depressions and Recessions, Wayne Luney/Garey Young  
Don Quixote, Jim Gallant/Jean Cawood  
Great Stories - Great Literature, Chuck Scarcliff  
Humans Living and Traveling in Space, Joy Skalbeck/Doris Keller  
Japanese Americans - Their Story, Mas Hatano/Tom Swift  
John Henry Newman Sermons, Tom Slakey  
Lies and Statistics, Ken Moody  
Menu for the Future, Susan Sundell/JoAnn Peter/Anne Evans  
Money and the Power Elite, Larry Whitlock  
Museums of the World, Betty Anderson/Barbara Kletzman  
San Francisco Noir, Jon Courtway  
Stay Healthy with Complementary Medicine, Jan Polin/Tom Murphey  
The 12th - 14th Centuries: A Turbulent Time, Ed Sanborn/Kathy Beasley  
The Amazing Brain, Paul Micheli  
The Plays of Tennessee Williams, Ron Tochterman  
The Vikings, Elaine Bjorgan Duxbury  
Watercolor Painting, Tim Weishahn/Barbara Peck  
Women Who Have Made a Difference, Claire and George Roper  
Writing Personal Histories, Anne Conway/Allen Strong/Claire Smurr

### **Spring 2011**

A History of Human Migration, Paul Micheli/Lloyd Money/Muzza Eaton  
American Popular Music - Part 2, Mike Harkins  
Bonsai: The Art of Miniature Trees, Clarence Smith/Walt Brainerd  
Cultural Statements in Film & Documentaries, Birte and Steve Harley  
Film Noir, Jon Courtway  
Florence, Italy, Renaissance Period, David Warren  
Great Decisions & U.S. Foreign Policy 2011, Doug Fulton  
Hawaii: More than "Aloha", Sue Erlich/Betty Christoff  
"The Inheritance: The World Obama Confronts..", Herb Cohen  
Menu for the Future, Susan Sundell/JoAnn Peter  
Modern Japan from Perry to Present, Tom Swift  
9/11 Re-Examined, Larry Starn  
Peoples of North America, Doris Keller/Coby Bonner  
Poetry: An Introduction, Debbie Russell  
Reconstruction - America's Ugly Scar, Nancy Samuelson/Dennis Kohlmann  
Songs of Protest and Social Justice, Dick Tarble  
Trojan Wars, Bunny Bonewitz/Ed Speegle  
Watercolor Painting, Ken Kinyon/Barbara Peck  
World War II, Bert McBride/Bob Dinsfriend  
Writing Personal Histories, Anne Conway/Allen Strong/Claire Smurr

Writing Your Retirement, Barbara O'Donnell

### **Fall 2010**

A History of Human Migration, Paul Micheli/Lloyd Money/Muzza Eaton  
A History of the Mystery Novel, Bill Mahan  
Critical Thinking, Richard Kowaleski  
Down River, Claire and Marge LeDonne  
Facing Challenges in Contemporary Africa, Betty Anderson/Mary Schrock  
Famous American Reformers/Muckrakers, Bob Taylor/Joy Skalbeck  
Femmes Fatales of Film Noir, Jon Courtway  
Following the Mid-Term Congressional Elections, Al Keown/Dick Tarble  
Great Trials in History, Mike Sands  
Militarism and Permanent War, Nell Farr/Brigitte Jaensch  
Modern Japan (And Its Films), Tom Swift/Bruce Joplin  
Music - American Popular Music, Mike Harkins  
Music - Blues/Rock, Ele Meux/Jim Winter  
Music - Greatest Classical Works, Bob Seyfried/Len Miller  
Science and Society, Ranny Eckstrom/Hank Kocol/Lois Wren/Pam Tureen  
Shakespeare's Great Speeches and More, Charles Scarcliff  
The Art and Craft of Writing a Novel or Memoir, Cleo Kocol/Norma Streeter/Jean Clark  
The Impact of Geography, Wayne Luney/David Goldstein  
The Internet - A Genie or Pandora's, Box George Roper/Ken Moody  
Watercolor Painting, Ken Kinyon/Barbara Peck  
Writing Personal Histories, Allen Strong/Anne Conway/Claire Smurr

### **Spring 2010**

Art and Craft of Writing a Novel or Memoir, Cleo Kocol/Jean Clark  
Assassinations from Julius Caesar to JFK, Milo Turaylich/Bob Dinsfriend  
Between Two Wars - War of 1812 & Civil War, John Walker/Allen Jamieson  
Bonsai - The Art of Miniature Trees, Clarence Smith/Walt Brainerd  
Complementary and Integrative Medicine, Jan Polin/Om Bindra  
Constitutional Conventions, John Andrew/Bob Schmidt  
Ethics and Business and Public Policy, Bob Dinsmore/Brian Kidney  
Experiencing Architecture, Tom Dole/Stanley Mofjeld  
Famous Bridges of the World, Birte Harley/Dee Brown  
Fascinating Lives That Made A Difference, Linda Schoenhoff/Pam Tureen  
Florence Italy, The Renaissance Period, David Warren  
Food and Health - You Are What You Eat, Norm Eade, Eleanor Thomas  
Great Decisions & U.S. Foreign Policy 2010, Doug Fulton  
Great Westerns Part II, Jon Courtway  
Humor Never Killed Anyone, Doug Barr/Dottie Higbee  
National Health Care Reform, David Humphers/Thomas Swift  
Native Peoples of North America, Doris Keller/Bob Taylor  
Nobel Prize Winners, Steve Harley  
Pop-Pourri (Music), Mike Harkins  
20th Century Music You Can Listen To, Len Miller  
Science and Society, Ranny Eckstrom/Hank Kocol  
Vietnam, A War That Defies Description, Al Wolfgang/Nancy Samuelson  
Watercolor Painting, Ken Kinyon/Catherine McCormick  
Writing Personal Histories I, Jan Schroeder/Allen Strong  
Writing Personal Histories II, Dan Keller