SOCIOLOGY

Student	Overall GPA
Advisor	Sac State GPA
Grad App Status	GE GPA

GRADUATION REQUIREMENTS (GR)	Completed	IP	Need
120 units			
39 units of Upper Division			

GRADUATION REQUIREMENTS (GR)	Status
US History	
US Constitution	
CA Government	
First Semester English	
Second Semester Composition "C- or better" (*) Soc 96A	
Foreign Language "C- or better"	
Race & Ethnicity (*) Soc 118, Soc 120	
Writing Placement for Juniors - Canvas course	
Writing Intensive (WI) "C- or better"(*) Soc 133, Soc 168, Soc 176	

9 Units Upper Division General Education (#100 - 199)	Status
Upper Division GE Area 2 or 5	
Upper Division GE Area 3 (*)	
Upper Division GE Area 4 (*)	

Notes

Recommended Actions	
Meet with Major Advisor	Apply for graduation @ 85 units

GENERAL EDUCATION (GE) (43 units)	
Area 1 English Communication (9 units)	**Status**
1A English Composition "C- or better"	
1B Critical Thinking "C- or better" (*) Soc 8	
1C Oral Communication "C- or better"	
Area 2 Math Concepts and Quant. Reasoning (3-6 units)	**Status**
Any Area 2 Course	
Upper Division Area 2 OR Area 5	
Area 3 The Arts and Humanities (9 units)	**Status**
3A Arts	
3B Humanities	
Upper Division Arts or Humanities (*)	
Area 4 Social and Behavioral Sciences (9 units)	**Status**
Any Area 4 course	
Any Area 4 course (*) SOC 1	
Upper Division Social and Behavioral Sciences (*)	
Area 5 Physical and Biological Sciences (7-10 units)	**Status**
5A Physical Science	
5B Biological Science	
5C Laboratory	
Upper Division Area 2 OR Area 5	
Area 6 Ethnic Studies (3 units)	**Status**
Any Area 6 course	

GPA for Major: _____

GPA for UD Major: _____

(*) = Sociology courses are available to satisfy these GR/GE requirements.

Major Courses (43 units)	
Lower Division (7 units)	**Status**
SOC 1	
SOC 2 (first semester as a soc major)	
SOC 3, SOC 5, SOC 8, SOC 10 (Select one)	
Upper Division Core (18 units)	**Status**
SOC 101	
SOC 102 (Prerequisite: C- in SOC 101)	
SOC 125	
SOC 150	
SOC 192	
SOC 191 (second from the last semester)	
Additional Upper Division Requirements (18 units)	**Status**
SOC Elective	
SOC Elective	
SOC Elective	
SOC Elective	
SOC Elective	
SOC Elective	

Future Semester Course Plan	
Term	Term
Term	Term
Term	Term

Updated: 2/3/2026

Recommended Courses for Sociology Majors: Graduation Requirement/General Education
(GE Pattern After Fall 2025)

Graduation Requirement Courses

    Second Semester English Composition

        (3) **SOC 96A** Public Sociology

    Race & Ethnicity in American Society - *Choose one course (3 units)*

        (3) **SOC 118**[+] Chicano Community or

        (3) **SOC 120**[+] Ethnic and Race Relations

    Writing Intensive/WI - *Choose one course (3 units)*

        (3) **SOC 133*** Sport in a Global Perspective

        (3) **SOC 168*** Self and Society

        (3) **SOC 176*** Labor and the American Social Structure

General Education Courses

    Area 1B: English Communication - Critical Thinking - *Choose one course (3 units)*

        (3) SOC 8 Sense and Nonsense in Social Issues and Research

    Area 3: Arts & Humanities – GE Upper Division Requirement - *Choose one course (3 units)*

        (3) SOC 129 Social Change and Migration in Latin America^

        (3) SOC 135[#] Sociology of Popular Culture^

        (3) SOC 160[#] Asian Societies^

        (3) SOC 162[#] Middle Eastern Societies and Cultures^

    Area 4: Social and Behavioral Sciences – *Taking one Lower Division and Upper Division Sociology courses are recommended (6 units) in addition to one Lower Division course in another discipline.*

        Lower Division - *Choose one course (3 units)*

            (3) SOC 1 Principles of Sociology

            (3) SOC 3 Social Problems

            (3) SOC 10 Issues in Crime and Social Control

        Upper Division^ - *Choose one course (3 units)*

            (3) SOC 106 Births, Deaths, and Borders^

            (3) SOC 118[+] Chicano Community^

            (3) SOC 120[+] Ethnic and Race Relations^

            (3) SOC 126 Sociology of Gender^

            (3) SOC 139 Animals in Society^

            (3) SOC 155 Criminology^

            (3) SOC 156 Delinquency^

            (3) SOC 163[#] Conflict, Oil, and Development in the Middle East^

            (3) SOC 164[#] Sociology of Globalization^

            (3) SOC 176***** Labor and the American Social Structure^

+ Meets Race and Ethnicity in American Society
# Meets Certificate in Global Multicultural Perspectives
^ Meets GE Upper Division requirement (9 units)
GE Catalog: GE Pattern After Fall 2025
Sociology BA Catalog: https://catalog.csus.edu/colleges/social-sciences-interdisciplinary-studies/sociology/ba-in-sociology/

Last updated: 1/29/26