

“Sociology 211” for SOC 195: Internships in Sociology

Informational Booklet on Sacramento Area Organizations

for

Sociology Student Internship Placements (SOC195)



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Introduction and Purpose of this Manual

The information provided in this manual is intended to be a launching point for students as they consider completing an internship for course credit within the sociology major. First, information is provided to support your process in identifying a potential internship site. Material found in the **SOC 195** syllabus is provided to give students an idea of what will be required if they register for **SOC 195** (this is how you are able to receive course credit for your internship). Then, the bulk of this manual provides information about specific organizations in the Sacramento area that have current internship contracts with California State University, Sacramento to serve as an approved internship placement.

As a student majoring in sociology, you are aware that applying the sociological perspective in the many aspects of our social world provides excellent preparation for many different types of occupations. Being able to apply your sociological critical thinking skills while examining and understanding social factors and structures that impact society at an organizational, group, and individual level provides you with a unique set of skills. In addition to this perspective, applying research design and methods to various problems and the analysis that can be used relative to research collected are very useful in a myriad of occupations.

This manual has been constructed to provide some guidance as you consider an internship placement. Taking advantage of an internship (mostly unpaid) provides you with experience that demonstrates your marketability once you have attained your Bachelor's degree, with a major in sociology. Some reasons to complete an internship include:

- Adds relevant experience to your resume.
- Helps to build both cultural and social capital.
- Provides a mechanism for applying classroom knowledge.
- Develops new skills and/or builds on ones you already have.
- Builds interpersonal communication skills.
- Helps you stand out among other job seekers.
- Broadens your capabilities when applying to graduate school(s).
- May lead to a permanent position.

All of the faculty and staff in the Sociology Department are here to support you as you explore the possibility of taking part in an internship experience. We believe it will greatly add to your learning experience, but realize it is not something doable for everyone. As you ponder doing an internship, think about the following:

- How many hours a week do you have to volunteer on a regular basis (2 hours; 5 hours; 10 hours; 15 hours; 20 hours)?
- Are you limited to certain days or times?
- What types of learning experiences outside of the classroom are you interested in exploring?
- Have you thought about what you want to do with your degree in sociology? What have you come up with?
- Do you have reliable transportation to get to an internship site?

- Are you willing to commit to an internship for the duration of the semester even if it becomes something you decide you are not excited about?
- What are your goals for completing an internship? What do you hope to achieve?
- What do you have to offer a potential internship site?

As you consider signing up for an internship (SOC195) for course credit you will want to begin exploring possible sites during the semester before you plan to complete your internship (e.g., if you want to complete your internship in Spring 2021 you should begin exploring possibilities in Fall 2020). Make time to meet with Dr. Varano, Sociology Internship Coordinator, to let him know of your interest in pursuing an internship. You may also want to meet with a faculty member in the department, that you have developed a mentorship relationship with, to explore your interests (brainstorm), possibilities, and sites that might be best for you to explore for your internship. Then begin contacting a few sites to explore doing an internship with them. We suggest contacting at least three sites as you narrow down your possibilities. Some organizations require an interview, others require that you participate in some trainings, and some require student interns to complete a background check and TB test prior to the internship beginning. This can take several weeks, which is why it is suggested to begin the process at least a month before the end of the semester prior to when you plan to participate in the internship.

Completing an Internship for Course Credit

Sociology 195: Internship & Field Work is a course you can take toward your major in sociology. Not only does this course provide you with credit toward your degree, it serves to provide you with exposure, experience, and application of coursework knowledge to real world application. Such experiences can bolster your marketability in the job market, as well as help you clarify what you may want to do -- put into action -- after completing your degree.

The number of hours required at the agency/organization will vary with the number of academic units for which you are enrolled. Below is the scale of hours and credits for a fifteen-week semester:

1 unit of credit = 40-45 hours or 3 hours per week over a 15-week semester

2 units of credit = 80-90 hours or 6 hours per week over a 15-week semester

3 units of credit = 120-130 hours or 8 hours per week over a 15-week semester

Goals of SOC 195

- ✓ To learn the “ropes,” (i.e., to acquire specific skills working in an organization).
 - ✓ To clarify your career goals, (i.e., to find if you really want the career or occupation you have some interest in).
 - ✓ To integrate your experiential learning in the internship with your academic or theoretical learning in sociology and in the classroom. Thus, besides “learning the ropes” as an intern, you will also hopefully be learning to look at the organization you are placed in more sociologically. You may also have the opportunity of learning to become a problem-solver.
- (Varano, 2019)

The Process for Registering for SOC 195

Review the various sites provided here in ***Sociology 211***. Identify a couple organizations where you might want to complete your internship. Call the identified person at the agency and inquire about the possibility of completing an internship with them. Let the person know what interests you about their organization (like when looking for a job, you might want to do a little bit of background research before making the call). Ask to make an appointment to come meet with them to discuss the internship further. Be sure to be on time and present yourself in a professional manner when going to meet. Whether they state it or not, it is an interview. You are creating an “impression”, so think about how you are managing it. Do some background research. Some basic information is provided here in ***Sociology 211***, but you should explore their website so that you know what they are about and what questions you have for them.

Once the agency/organization agrees to have you as their intern, verify what your hours will be and get something in writing that indicates there is an agreement for you to be an intern at their agency, when you will start, and how many hours you will be able to complete during the semester (this could be in the form of an email that you send to the person you interviewed with or from them to you).

Before you can enroll for credit, you must see the Internship Coordinator in the Sociology Department, Professor Charles Varano, Amador 454D. Bring the confirmation of your internship with you when you meet with him. He will assist you in filling out the required forms to enroll in SOC 195 (or SOC 295 for graduate students). Once the forms are complete, Professor Varano will officially enroll you in the respective course and assign you to a faculty member as your *Internship Supervisor*. Dr. Varano makes assignments to faculty based on several factors; students are **not** able to request a faculty member as their *Internship Supervisor*. In addition to completing the required hours at the internship, students are expected to keep *field notes* and to write a final paper in order to gain academic credit for the internship experience.

It is important to note that as part of the requirements for academic credit you must meet two times during the semester with Dr. Varano and other students taking internships to discuss your experience, share ideas and thoughts, and reflect on what you are learning and how it relates to sociology. These meetings provide you with an opportunity to reflect on your internship experience and help you in preparing to write your internship paper. **These seminars are required. You will not be able to complete your internship unless you attend.** Be sure to review the identified dates in the SOC195 syllabus during the semester you are completing your internship and work them into your schedule.

Things to be Mindful of as YOU Complete the Internship

As you begin your internship be prompt and open to this learning experience. It is important to remember this is a professional atmosphere even if you are in an organization where some of the norms appear to be “down-to-earth” or “laid back”. At the start of your internship most organizations will have you participate in an orientation or training. If that does not occur ask about how they orient new employees or volunteers to their organizations. This will provide you important information about the organization’s norms, culture, procedures, and expectations of you and others within the organization.

It is important to maintain ethical conduct. Many agencies and organizations will have ethics and responsibilities identified in their human resources or policy manual. Regardless it is important to be aware of **the American Sociological Association's Code of Ethics**.

ASA Code of Ethics

PREAMBLE

This Code of Ethics articulates a common set of values upon which sociologists build their professional and scientific work. The Code is intended to provide both the general principles and the rules to cover professional situations encountered by sociologists. It has as its primary goal the welfare and protection of the individuals and groups with whom sociologists work. It is the individual responsibility of each sociologist to aspire to the highest possible standards of conduct in research, teaching, practice, and service.

The development of a dynamic set of ethical standards for a sociologist's work-related conduct requires a personal commitment to a lifelong effort to act ethically; to encourage ethical behavior by students, supervisors, supervisees, employers, employees, and colleagues; and to consult with others as needed concerning ethical problems. Each sociologist supplements, but does not violate, the values and rules specified in the Code of Ethics based on guidance drawn from personal values, culture, and experience.

GENERAL PRINCIPLES

The following General Principles are aspirational and serve as a guide for sociologists in determining ethical courses of action in various contexts. They exemplify the highest ideals of professional conduct.

Principle A: Professional Competence

Sociologists strive to maintain the highest levels of competence in their work; they recognize the limitations of their expertise; and they undertake only those tasks for which they are qualified by education, training, or experience. They recognize the need for ongoing education in order to remain professionally competent; and they utilize the appropriate scientific, professional, technical, and administrative resources needed to ensure competence in their professional activities. They consult with other professionals when necessary for the benefit of their students, research participants, and clients.

Principle B: Integrity

Sociologists are honest, fair, and respectful of others in their professional activities—in research, teaching, practice, and service. Sociologists do not knowingly act in ways that jeopardize either their own or others' professional welfare. Sociologists conduct their affairs in ways that inspire trust and confidence; they do not knowingly make statements that are false, misleading, or deceptive.

Principle C: Professional and Scientific Responsibility

Sociologists adhere to the highest scientific and professional standards and accept responsibility for their work. Sociologists understand that they form a community and show respect for other sociologists even when they disagree on theoretical, methodological, or personal approaches to professional activities. Sociologists value the public trust in sociology and are concerned about their ethical behavior and that of other sociologists that might compromise that trust. While endeavoring always to be collegial, sociologists must never let the desire to be collegial outweigh their shared responsibility for ethical behavior. When appropriate, they consult with colleagues in order to prevent or avoid unethical conduct.

Principle D: Respect for People's Rights, Dignity, and Diversity

Sociologists respect the rights, dignity, and worth of all people. They strive to eliminate bias in their professional activities, and they do not tolerate any forms of discrimination based on age; gender; race; ethnicity; national origin; religion; sexual orientation; disability; health conditions; or marital, domestic, or parental status. They are sensitive to cultural, individual, and role differences in serving, teaching, and studying groups of people with distinctive characteristics. In all of their work-related activities, sociologists acknowledge the rights of others to hold values, attitudes, and opinions that differ from their own.

Principle E: Social Responsibility

Sociologists are aware of their professional and scientific responsibility to the communities and societies in which they live and work. They apply and make public their knowledge in order to contribute to the public good. When undertaking research, they strive to advance the science of Sociology and to serve the public good. At the same time, sociologists strive to be aware of situations that may result in harm to individuals, groups or communities.

Principle F: Human Rights

In the course of their research, teaching, practice, and service, sociologists are committed to professional behaviors consistent with promoting the human rights of all people, including other sociologists. In their professional lives, sociologists strive to use their knowledge and skills to advance the cause of human rights worldwide.

Retrieved from <http://www.asanet.org/membership/code-ethics>

If any concerns arise while you are at your internship it is important to address those with your on-site internship supervisor. If the concern is such that you are uncomfortable talking with your on-site internship supervisor (or it does not get resolved) you need to contact your faculty internship supervisor, or Dr. Varano, to discuss the situation and receive advice and direction on how to proceed. This is not something to wait on indefinitely, but should be taken care of as soon as possible.

Always remember that not only are you cultivating your professional bridges; you are also

representing the Sociology Department and Sacramento State. We want you to be successful now and in the future. Therefore, being respectful, responsible, and continually seeking ways to apply your skills and learning will aid you in your success.

Enjoy this part of your educational journey!

LIST OF ORGANIZATIONS

The list below is hyperlinked to each of the organization summaries provided in this manual. You can click on one, review all of them or you can do a keyword search (i.e., children, health, trafficking).

1. [3 Strands Global](#)
2. [Capital Public Radio – Sacramento State **](#)
3. [Coaching Corps](#)
4. [Council on American Islamic Relations \(CAIR\)](#)
5. [Court Appointed Special Advocate \(CASA\) – Sacramento](#)
6. [Crime Victims Assistance Network Foundation – iCAN*](#)
7. [Francis House Center](#)
8. [Hands 4 Hope: Youth Making a Difference](#)
9. [Institute for Social Research – CSUS **](#)
10. [Insight Garden Program](#)
11. [International Rescue Committee](#)
12. [Joint Legislative Committee on Climate Change Policies](#)
13. [Koinonia Family Services](#)
14. [March of Dimes Birth Defects Foundation *](#)
15. [Mutual Housing California](#)
16. [My Sister's House](#)
17. [Opening Doors](#)
18. [Reading Partners](#)
19. [Sacramento Asian Pacific Chamber of Commerce](#)
20. [Sacramento Children's Home](#)
21. [Sacramento County Department of Human Assistance/Probation](#)
22. [Sacramento Food Bank and Family Services](#)
23. [Sacramento State Student Health Center – CSUS **](#)
24. [San Juan Unified School District \(prevention programs\)](#)
25. [Sunrise Senior Living](#)
26. [Sutter Health](#)
27. [UC Davis – Center for Reducing Health Disparity *](#)
28. [Turning Point Community Programs](#)
29. [UNITE Here *](#)
30. [WEAVE](#)
31. [WellSpace Health](#)

Please Note on this page and all subsequent pages:

*Indicates that the site is currently in process of approval.

**Indicates that the site is at Sac State.

APPROVED ORGANIZATIONS FOR INTERSHIPS


3 Strands Global, Inc.	Phone(s): (916) 365-2606
Mission 3Strands Global is a nonprofit organization established to combat human trafficking through education, reintegration and engagement initiatives. We are empowering a global community to combat human trafficking through our growing network of government and law enforcement agencies, individuals, organizations, corporations and non-profits all working together.	Address: 3941 Park Drive#20-200 El Dorado Hills, CA 95762 http://3strandsglobalfoundation.org/
Services Provided Through prevention education and reintegration programs, 3Strands Global mobilizes a worldwide community. The organization supports programs and empowers organizations aligned with their mission. They believe a world free from human trafficking will only exist if we come together and collaborate as a united force. This is done through reintegration, education, and mobilization. The particular program in need of interns for the 2019/20 academic year works with former trafficked victims working at the Golden 1 Center.	Contact Person: Kaitlyn Varguez (Program Manager) Phone: (916) 317-0904 E-mail: kaitlynv35@3SGF.org info@3sgf.org
Population Served Victims of human trafficking and organizations that provide support and restoration to victims of human trafficking.	
Eligibility Requirements <ul style="list-style-type: none"> • Students will need to be good at working autonomously, • Discipline and commitment to follow through, • Responsive to supervision and direction, and • Able to build a good professional rapport with at-risk youth. • Pass a background check. 	Possible Tasks/Duties <ul style="list-style-type: none"> • Students will provide support to survivors of trafficking and foster youth (sometimes the trafficked survivor is a former foster youth) to connect them with employment at the Golden 1 Center. • Students will also serve as resource mentors to these youths. • Student interns will maintain case management notes and support the organization with the preparation of program materials and community resource development.
Keywords: human trafficking, youth, foster youth, mentoring	<div style="text-align: right;"> Click to return to List of Organizations </div>

Capital Public Radio – Sacramento State **	Phone(s): (916) 278-8900
Mission To provide a trusted and indispensable source of information, music, and entertainment while strengthening the civic and cultural life of the communities we serve. Vision At Capital Public Radio our vision is to be the most valued, v i t a l and vibrant service. One that inspires people to look at the world from multiple perspectives and capitalizes on emerging opportunities to serve our audience and engage our communities.	Address: Capital Public Radio CSUS 7055 Folsom Blvd Sacramento, CA 95826 (Capital Public Radio newsroom is based on the campus of Sac State) careers@capradio.org
Services Provided http://www.capradio.org/careers	Contact Person: Zoro Pruneda 916-278-8904
Population Served The community at large, the general public	
Eligibility Requirements <ul style="list-style-type: none"> • Computer Skills: Familiar with Word, social media, basic graphic design • Experience making phone calls to business professionals • Self-motivated individuals with excellent communication skills who are able to work independently inside a busy newsroom, interested in using media to explore social issues and use stories to spark community dialogue and problem solving, involves journalists and community leaders to support the mission of public radio. • Application should include: cover letter, resume and supporting materials to Capital Public Radio Interviews • Interns spend 10-20 hours per week. 	Possible Tasks/Duties <ul style="list-style-type: none"> • Attending the morning news meeting, posting audio, photos and text to our community media website, gathering information about the current documentary topic. • Composing a week's worth of Tweets about the work, scheduling community activities, updating documentary contacts list on Google Drive, and proofreading web copy. Internship Opportunities <ul style="list-style-type: none"> • Marketing Internship • Production Internship • Digital News Internship • Public Radio Experience (P.R.E) Internship • Documentary Internship • Talk Show Internship • Newsroom Internship
Keywords: marketing; public relations; social justice; journalism; media; CSUS	<div>Click to return to List of Organizations</div>

Coaching Corps	Phone(s): (510) 663-9200
Organization Mission Coaching Corps works to improve the health, educational, and social outcomes for children living in low-income neighborhoods by increasing access to high-quality sports activities. Coaching Corps partners with universities across the country. Identify student leaders and then become a student group. There is a student group at Sac State. Coaching Corps works directly with these organizations to improve afterschool programming and coordination among physical education teachers, recess supervisors, and afterschool providers to ensure that each student engages in quality physical activity for at least 60 minutes a day. College students and community members serve as volunteer coaches, mentors and role models ensuring that the children have the opportunity work with a team while also monitoring the quality and impact of the program.	Address: 310 8th Street, Suite 300 Oakland, CA 94607 https://coachingcorps.org/?gclid=Cj0KCQjw0IDtBRC6ARIsAIA5gWsB7RMhLakt8A-7mTFb5Yxl5UivYQqjBkNrklrdf4eKJIA4DzVcU-8aAsbYEALw_wcB http://www.behealthysacramento.org/index.php?controller=index&module=PromisePractice&Action=view&pid=30109
Services Provided Recruit coaches and develop sports activities within the community.	Contact Person: Joe --- 510-506-3844 joeh@coachingcorps.org
Population Served Kids in struggling communities	
Eligibility Requirements <ul style="list-style-type: none"> • Current student on campus. • Strong enthusiasm for the mission of Coaching Corps. • Exceptional ability to engage and recruit fellow students. • Excellent verbal and interpersonal communication skills. • Highly organized, able to meet deadlines. • Must be proactive, motivated self-starter. • Hold position for academic year • Serve 4 – 6 hours per week • Attend monthly leadership and membership meetings 	Possible Tasks/Duties <ul style="list-style-type: none"> • Builds relationships with other key partners each year. • Hosts at least 1 community engagement event per season. • Manages the Chapter Events Calendar/ gmail account. • Build and manage relationships with the school's Athletic Department and Varsity Sports Programs • Regularly communicate and collaborate with the chapter president. • Update the Chapter Resource Guide • Interact with all partners in the community • Work will be done on campus at Sacramento State • Flexibility
Keywords: marketing; public relations; sports; youth	<div>Click to return to List of Organizations</div>

Council on American Islamic Relations (CAIR)	Phone(s): (916) 441-6269
Organization Mission “CAIR's mission is to enhance understanding of Islam, encourage dialogue, protect civil liberties, empower American Muslims, and build coalitions that promote justice and mutual understanding.” http://www.cair.com/	Address: 1122 Del Paso Blvd Sacramento, CA 95815 http://www.cair.com/
Services Provided <ul style="list-style-type: none"> • CAIR is a grassroots civil rights and advocacy group. • CAIR supports free enterprise, freedom of religion and freedom of expression. • CAIR is committed to protecting the civil rights of all Americans, regardless of faith. • CAIR supports domestic policies that promote civil rights, diversity and freedom of religion. • CAIR opposes domestic policies that limit civil rights, permit racial, ethnic or religious profiling, infringe on due process, or that prevent Muslims and others from participating fully in American civic life. • CAIR is a natural ally of groups, religious or secular, that advocate justice and human rights in America and around the world. • CAIR supports foreign policies that help create free and equitable trade, encourage human rights and promote representative government based on socio-economic justice. 	Contact Person: Oussama Mokeddam mokeddem@cair.com 916-441-6269
Population Served American Muslims; all individuals	
Eligibility Requirements <ul style="list-style-type: none"> • Passion for community service/writing skills 	Possible Tasks/Duties <ul style="list-style-type: none"> • Program development • Letter/correspondence writing • Mentored by community leaders (training)
Keywords: advocacy; program development; activism; education;	<div>Click to return to List of Organizations</div>

	*** Note: Talk with Dr. Varano before calling.
Court Appointed Special Advocate (CASA) - Sacramento	Phone(s): (916) 875-6460
Organization Mission Ensuring consistency and support for children in the foster care system through the use of volunteer advocates advancing the best interests of each child.	Address: Po Box: 278383, Sacramento, 95827
Services Provided Recruit and train CASA volunteers who are matched with youth in the child welfare system. CASA then provides ongoing training and case management of the matched mentor/mentee pairs.	http://sacramentocasa.org/ Contact Person: Carol Noreen (Executive Director): 916-875- 7158
Population Served Youth in the child welfare system.	
Eligibility Requirements <ul style="list-style-type: none"> • Students need to be a self-starter yet able to seek direction and follow laws and policy. • Good organization and communication skills are important at this site. • Willingness and ability to maintain confidentiality is a must. Students should have a commitment to the well-being of youth. • Must be able to complete a Background Check and Child Abuse Index Clearance without past history of offenses. 	Possible Tasks/Duties <ul style="list-style-type: none"> • An internship opportunity at CASA would be both direct service and project based. Due to the nature of services at the organization it would be primarily project based. • Provide support to the office by assisting with intake information, contacting interested CASA volunteers, processing CASA volunteers needed paperwork, assisting office personnel with CASA to youth matching, supporting staff with the CASA Volunteer training process and execution, shadowing staff to community meetings, and assisting as needed with other current projects.
Keywords: children; youth; foster youth; advocacy	<div>Click to return to List of Organizations</div>

Crime Victims Assistance Network Foundation- iCAN *	Phone(s): (916) 273-3603
Organization Mission To support, educate and empower those impacted by crime. The iCAN Foundation is a crime victims' assistance organization based in California.	Address: 1809 S Street #101316 Sacramento, CA 95811 http://www.ican-foundation.org/
Services Provided iCAN provides trainings and seminars on a variety of subjects regarding including crime prevention and risk reduction and victim sensitivity. For more information on iCAN trainings please visit their Services page and click on the tab "Service Providers." http://www.ican-foundation.org/services/service-providers/	Contact Person: Kaitlyn Wood 916-273-3603 kaitlyn@ican-foundation.org
Population Served Victims of crime	
Eligibility Requirements <ul style="list-style-type: none"> • Students will need to be dependable and responsible. • Willing to complete training before having direct contact with victims. • Will need to complete a background check and TB test. • Ability to build rapport with others and an openness to learning about various aspects of the system and support services will be necessary for students at this site. • Mandatory online (40 hours) and in person training (30+ hours) is required but is concurrent with the internship placement. 	Possible Tasks/Duties <ul style="list-style-type: none"> • Students may be involved in parole hearings where they would go and observe hearings. • Once trained will be able to accompany victims to parole hearings. • May read them letters and/or provide emotional support as the prisoner learns what to expect in the hearing. • Students may be involved in outreach or direct services. This may involve going to other organizations to inform of victim services or other community events. • Students may also field crisis calls after completing training with the organization.
Keywords: advocacy; crime; victim assistance;	

Francis House Center	Phone(s): (916) 443-0509
Organization Mission Francis House is a commitment to the care, shelter and emotional wellbeing of the poor and homeless men, women and children of Sacramento County. Francis House has, since its inception in 1970, been a beacon of hope and inspiration to those who have fallen by society's wayside. Reorganized in 1990... Francis House is a 'full service' oasis for the poor and homeless. Francis House is a counseling and resource center for poor individuals and families, providing a link with caring volunteers and all other resources in the greater Sacramento community.	Address: 1422 C Street Sacramento, CA 95814 http://www.francishousecenter.org/
Services Provided Programs offered include housing, hospitality, job development, transportation and health.	Contact Person: Cynthia Pimentael, Program Manager (email preferred) cpimentel@nextmovesacramento.org
Population Served Poor and/or homeless men, women and children	
Eligibility Requirements <ul style="list-style-type: none"> Needs to be someone who is willing to sign a "Workplace Policies and Code of Ethics" policy. "We seek students that have a passion to learn and succeed. Most skills are acquired during the placement, for it varies on the situation that you may face as a student. We look for empathetic, patient, and students that may be ok having to face a challenging client at times. Conflict resolution is a major skill set, yet the staff is always involved when clients escalate to assure the agency and those present are safe! We provide all the training when it comes to learning the process for each department and support a student's success while placed with Francis House Center." 	Possible Tasks/Duties <ul style="list-style-type: none"> Receptionist/Direct Services: <i>Perform routine, diverse duties, and greet the public, provide information and direct inquiries to the appropriate person or office; answer telephone, and provide assistance to callers; Provide excellent customer service by establishing positive relationships with program manager, representatives from external organizations, and the general public. Perform a variety of duties; prepare and maintain logs, files, and records; review and verify the accuracy and completeness of various documents. Follow initial instructions and within the scope of the assignment, exercise good judgment and discretion in handling problems which may arise.</i> Job Development Center Family Rescue Program <i>Duties for both of the above: Provide comprehensive case management services to all clients including: prescreening intake assessment, benefit assessment, goal setting, and short-term case plan development. Communicate with client's participating in the program to interview or complete prescreening application process. Connect families with available community resources; Follow-up with clients regarding use and/or success of agency referral. Input accurate and complete data for all contacts with clients into agency database. Ensure that all documents submitted on behalf of a client are valid. Adhere to agency policy, procedures and the professional code of ethics. Other duties as assigned by supervisor.</i>
Keywords: poverty; homeless; families; housing	Click to return to List of Organizations

Hands 4 Hope: Youth Making a Difference Organization Mission	Phone(s): (916) 919-5695 Address:
<p>“...aim to cultivate the next generation of socially responsible citizens. To empower youth to make a positive difference in the world around them through Exploration, Action and Leadership.”</p> <p>http://www.hands4hopeyouth.org/</p>	<p>873 Embarcadero Drive, Suite 5 El Dorado Hills, CA 95762</p> <p>info@hands4hopeyouth.org</p>
Services Provided <p>Serve youth ranging in grades from Kindergarten to 12th to create service-learning clubs.</p> <p>The organization is a youth driven, outreach organization. Their focus is to create opportunities for youth to identify areas of need in their communities where they can make a difference and have a positive impact.</p>	Contact Person: <p>Jennifer Bassett: 916-919-5695</p> <p>jbassett@hands4hopeyouth.org</p>
Population Served Youth in Kindergarten through 12 th grade	
Eligibility Requirements <ul style="list-style-type: none"> • Students will need to be a self-starter, able to work on one's own yet be part of the team effort, have strong organizational skills, possess a good grounding in research methods, execution, and data analysis, as well as have good writing skills. • Student interns will need to complete a background check (however the organization will cover the cost). • Students need to be able and willing to attend some staff meetings periodically, but would not always have to do work on-site. 	Possible Tasks/Duties <ul style="list-style-type: none"> • Students will be involved primarily in project based aspects of the organization, Hands4Hope: Youth Making a Difference. Helping with the construction, implementation, collection and analysis of surveys is one area that students will be involved. • Students will be able to assist with the development of qualitative research venues, such as focus groups. Development of reports generated from the analysis of evaluation data in a way that would resonate with various organizational stakeholders is another area for students to be involved. • Students will be able to be a part of the different initiatives delivered by Hands4Hope and observe youth meetings where youth come together to decide on an aspect of the community that they want to impact and generate ideas for youth action.
Keywords: youth; service; education; research	<div>Click to return to List of Organizations</div>

Institute for Social Research – CSUS**	Phone(s): (916) 278-5737 (916) 278-2689
Organization Mission “Sacramento State’s Institute for Social Research (ISR) harnesses the power of scientific research tools to address social problems. An interdisciplinary unit within the Capital School of Public Affairs, the ISR’s 16 regular staff-members, 12 students and 35 faculty associates (from across 15 different disciplines) offer broad expertise conducting survey research, performing program/policy evaluations, and gathering/analyzing data (both quantitative and qualitative) for government agencies, non-profits, and the academic community.” http://www.csus.edu/isr/	Address: 6000 J Street Sacramento, CA 95819
Services Provided: Research areas examined by the Center include public health; law and politics; environment; education; social services; as well as others. Depending on the needs different types of research may be employed: survey research; evaluation research; and many different methods of analysis. There are many research projects at the Institute. <ul style="list-style-type: none"> One area is California Speaks (CALSPEAKS), which is a unique and ongoing investigation of public opinion in California, emphasizing the social, economic, political, and environmental issues that distinguish our state. Check out the CALSPEAKS website to see if there is an area you might want to get involved with. https://www.csus.edu/center/institute-social-research/survey-research.html	Contact Person: Interested students should contact Shannon Williams, Director (email preferred – shannon.a.williams@csus.edu). Check out the following website to meet the team! https://www.csus.edu/center/institute-social-research/meet-us/
Population Served The University as well as public and private sector organizations.	
Eligibility Requirements “Students must be in good academic standing, have taken at least one research methods/statistics course and be a junior/senior. Students must also satisfy the specific internship requirements of the department. Interns will be expected to work two 4-hour days a week at the ISR, for a total of 120 hours throughout the semester.	Possible Tasks/Duties “Interns work closely with our graduate research assistants on a variety of projects to learn the various aspects of applied research from the ground up. This 3-unit semester-long internship allows students to earn upper division course credit (SOC 195) while developing their own analytical skill-sets through a series of research activities and experiences at ISR.”

<p>Students apply to the internship during the previous semester that they are interested in interning at the ISR (typically starting during the second week when enrollment opens). To apply candidates should email ISR about their interest in the internship, at which point they will be provided the application documents. While there is no formal deadline for applications, interested students should inquire about the number of slots available via the below email.</p> <p>Applicants will be prompted to fill out an application and draft a one-page letter expressing their interest in research. Although it is not a requirement that candidates have substantial, if any, previous research experience, candidates should express a clear interest in learning about research — especially applied research that is designed to help state and local communities. Similarly, candidates are encouraged to discuss any career aspirations and/or graduate school ambitions that they may be considering. The selection committee will also give strong preference to candidates with a demonstrated capacity to complete projects/activities that are self-directed.”</p>	
<p>Keywords: Research; evaluation; projects; on-campus; public health; CSUS</p>	<div data-bbox="1084 961 1370 1016">Click to return to List of Organizations</div>

Insight Garden Program	Phone(s): (415) 854-0067
Organization Mission: To facilitate an innovative curriculum combined with vocational gardening and landscaping training so that people in a prison can reconnect to self, community, and the natural world. This inner and outer gardening approach	Address: 2081 Center Street, Berkeley, CA 94704
Services Provided: “IGP facilitates an innovative curriculum combined with vocational gardening and landscaping training so that people in prison can reconnect to self, community, and the natural world. This “inner” and ‘outer’ gardening approach transforms lives, ends ongoing cycles of incarceration, and creates safer communities.” “The traditional punitive approach has created a revolving door of prisoners unable to successfully reintegrate into society, resulting in enormous fiscal as well as psycho-social impacts”. “IGP takes the restorative approach through connection to nature. We work using a collaborative, participatory-centered approach with all key stakeholders — from the people who live and work in prisons to our larger communities. Together, we are part of the solution.”	Contact Person: Amanda Berger (Volunteer Coordinator) Amanda@insightgardenprogram.org (510) 599-8188
Populations Served: People who are incarcerated.	
Eligibility Requirements <ul style="list-style-type: none"> • Good listening skills. • Interest in group facilitation that focuses on mindfulness, environmental justice and also permaculture gardening. • Commitment working with people who have been incarcerated. • Reliable and accountable to submit clearance information and show up on time. 	Possible Tasks/ Duties <ul style="list-style-type: none"> • Students will assist the lead facilitator at Insight Garden Program, helping with exercises, small group activities and work in the permaculture gardens in our prisons. • IGP offers a 48-week innovative curriculum built around 4 thematic arcs--eco-literacy, permaculture gardening, inner gardening, and re-entry skills. • Insight Garden has permaculture gardens in each prison which the participants co-design and then work in.
Keywords: Social justice, Restorative approach, Incarceration, community work.	

International Rescue Committee	Phone(s): (916) 482-0120
Organization Mission The IRC responds to the world's worst humanitarian crises and helps people to survive and rebuild their lives. At work in over 40 countries and 22 US cities to restore safety, dignity and hope, the IRC leads the way from harm to home. Domestically, our 22 offices across the US ensure new arrivals have food, shelter, and clothing and work with refugees to help them gain self-sufficiency.	Address: 2020 Hurley Way #420 Sacramento, CA 95825 https://www.rescue.org/united-states/sacramento-ca
Services Provided Refugee Resettlement Support, Employment program support, Cultural orientation support, health and wellness program support, etc.	Contact Person: Karen Ferguson – Director Volunteer Program Coordinator: Hannah – phone number: (916) 482-0120
Population Served Refugees	
Eligibility Requirements <ul style="list-style-type: none"> • Must be 18 years of age or older. • A minimum commitment is 15 – 20 hours per week for a minimum of 4 – 6 months. • Terms begin in Summer, Fall and Spring. • Most of IRC Sacramento volunteering opportunities are Mon – Fri from 9am – 5pm. • Must undergo a security background check. 	Possible Tasks/Duties <ul style="list-style-type: none"> • Interns assist staff members with both daily activities and long-term projects. • Opportunities provide interns with hands on responsibilities that prepare them for future careers. • Internships work with the Employment, Resettlement, Immigration and Development programs. https://www.rescue.org/announcement/how-volunteer-sacramento
Keywords: social justice; refugees; trafficking; advocacy	<div>Click to return to List of Organizations</div>

Joint Legislative Committee on Climate Change Policies	Phone(s): 916-319-2056
Organization Mission Provides ongoing and permanent oversight over the implementation of the state's climate policies. The JLCCCP provides a critical perspective that is necessary to oversee integrated climate change policies throughout the activities of many state, regional, and local agencies.	Address: State Capitol Assembly member Eduardo Garcia's Office, Room 4140
Services Provided <ul style="list-style-type: none"> • Makes recommendations concerning the state's programs, policies, and investments related to climate change. • Establish panel of experts to provide an independent analysis of the state policies. • Connect the jurisdictions of several legislative standing committees. 	Contact Person: Katherine Valenzuela Garcia, Principal Consultant katie.valenzuelagarcia@asm.ca.gov
Population Served <ul style="list-style-type: none"> • California State Assembly • The Residents of California, in particular those impacted by Climate Change Policies (or Climate Change in general). 	
Eligibility Requirements <ul style="list-style-type: none"> • Competency in Word/Microsoft Office • Independent Task Management • Email and Phone Responsiveness 	Possible Tasks/Duties <ul style="list-style-type: none"> ○ online research ○ review of regulatory or legislative documents, ○ preparation of talking points for elected officials, ○ monitoring statewide meetings ○ helping conduct outreach to local jurisdictions to assist with legislation implementation
Keywords: State Legislature, Climate Change, Environment, Public Policy	<div>Click to return to List of Organizations</div>


Koinonia Family Services	Phone(s):
Organization Mission	(916) 369-5585
To provide the highest quality treatment foster care, adoption and family service programs available for children, youth and their families whose special needs can be met through services delivered, supervised and supported by professional agency staff.	Address:
Koinonia Family Services is guided and governed by the following beliefs:	3054 Fite Circle, Suite 101 Sacramento, CA 95827
<ul style="list-style-type: none"> • Our high-quality treatment foster care and adoption services are the foundation of our program. • Our professional and confidential manner in which we engage children, youth and their families exemplifies our concern, respect and compassion for those we serve. • Our cooperative partnerships with the counties which we serve maximize a child's chance to live productively in a family and the community. • Our staff and treatment foster parents are our greatest asset and the source of our success. • Our commitment to working collaboratively with existing community resources provides the greatest network of services available to children and youth. • Our foundation is based on our staff's integrity and diligence towards excellence. 	http://www.kfh.org/
Services Provided	Contact Person:
Foster and adoption services. This includes foster parent training and certification, placement of children into foster homes, adoption services, and case management to children placed in agency foster homes.	Pamela Hedrick: (916) 369-5585
Population Served	
Foster youth	
Eligibility Requirements	Possible Tasks/Duties
<ul style="list-style-type: none"> • Over 18 years of age • Complete a background check (DOJ and CAIC) 	<ul style="list-style-type: none"> • Help maintain files • Shadow case managers • Help with setup and paperwork related to trainings • Possibly help with supervised visits between youth and parent/caregiver/family members • Other tasks as assigned
Keywords: youth; children; families; foster care; advocacy; case management	<div>Click to return to List of Organizations</div>

March of Dimes Birth Defects Foundation *	Phone(s): (916) 922-1913
Organization Mission "The mission... is to prevent birth defects and infant mortality. The Northern California Chapter invites students to gain experience by volunteering in the Program Services Department."	Address: 3333 University Suite 200 Sacramento, CA 95815 www.marchofdimes.org
Services Provided Research and education	Contact Person (person spoken with): Sara Page spage@marchofdimes.org
Population Served Families at risk of experiencing infant mortality. Families with children who have birth defects	
Eligibility Requirements <ul style="list-style-type: none"> • Initiative, telephone communication skills, organizational skills, excellent writing skills, group presentation skills, teamwork skills. • Word-processing skills a plus. Professional dress is expected. 	Possible Tasks/Duties <ul style="list-style-type: none"> • Present issues to staff and the public regarding maternal and infant health issues, and the March of Dimes. • Develop chapter brochures and training materials for volunteer committees of staff. • Represent the chapter at coalition meetings, volunteer committee meetings, project meetings, fundraising outreach meetings and special events. • Order, organize and inventory health education materials. • Compile fundraising materials and follow up on invitations to special events. Pick up and distribute Gymboree clothes. • Receive and expedite requests for health education materials and referrals from the public and health professionals.
Keywords: research; education; birth defects; families; non-profit	<div>Click to return to List of Organizations</div>

Mutual Housing California	Phone(s): (916) 453-8400
Organization Mission The mission of Mutual Housing California is to develop, operate and advocate for sustainable housing that builds strong communities through resident participation and leadership development.	Address: 8001 Fruitridge Road Sacramento, CA 95820 http://www.mutualhousing.com/about-us/intern-and-volunteer-opportunities/
Services Provided Mutual Housing owns and operates 1,071 homes in 19 multifamily communities. Some of our communities are designed and constructed by us on vacant in-fill lots; others are acquired and rehabilitated by Mutual Housing because they were deteriorated bank or HUD REOs and are a critical focus for neighborhood revitalization efforts. Our staff organizers provide leadership development support to resident leaders who are active in increasing the participation of other residents. The goal of Mutual Housing organizing is to encourage the involvement of all residents in operating the specific sites, working in the community, and providing leadership in the organization. This involvement enables residents to work together to more effectively identify solutions and resources, which will strengthen communities and build safe, healthy neighborhoods.	Contact Person: Anne- Marie Flynn 916-453-8400 x220
Population Served Low income families	
Eligibility Requirements •	Possible Tasks/Duties •
Keywords: housing; families; leadership; poverty; advocacy; community	<div>Click to return to List of Organizations</div>

My Sister's House	Phone(s): (916) 930- 0626
Organization Mission To serve the needs of Asian and Pacific Islander women and children impacted by domestic violence by providing a culturally competent haven that empowers them to live in safety and with dignity. Only agency that specifically addresses the unique needs of Asian and Pacific Islander women and children impacted by domestic violence in the Sacramento area.	Address: 3053 Freeport, No. 120 Sacramento, CA 95818 www.my-sisters-house.org www.twitter.com/mysisters_house www.facebook.com/mysistershouse
Services Provided "Helping women who have been abused to become more financially and personally capable" through the Women to Work Program. Services include: A safe shelter for women and children up to 90 days, peer support and counseling, information and resources, language assistance, and Women to Work Program for domestic violence survivors of all ethnicities.	Contact Person: Email: info@my-sisters-house.org Volunteer Information (send application to the organization through this site if interested) http://www.my-sisters-house.org/make-difference/volunteer/
Population Served Asian and Pacific Islander women and children who are victims are domestic violence (and human trafficking).	
Eligibility Requirements <ul style="list-style-type: none"> • Willingness to understand and relate to people for varied backgrounds. • Need to have a clear background check completed (the organization is able to do it there). • For any of the positions that work directly with clients and assisting with crisis calls there is a state mandated 40 hour training (this would be an element of the internship hours requirement). <ul style="list-style-type: none"> ■ Training corresponds with each semester for 5 consecutive Saturdays. 	Possible Tasks/Duties <ul style="list-style-type: none"> • Assist with office work (filing, answering phones etc.). • Assist with the cultivation and execution of special events • Help with newsletter compilation and distribution. • Connect directly with clients as a Domestic Violence Advocate. • Help support the crisis line. • Provide referral to resources. • Child advocacy. • Accompany clients on errands. • Helping to do community outreach.
Keywords: domestic violence; trafficking; empowerment; women and children; advocacy	<div>Click to return to List of Organizations</div>

Opening Doors	Phone(s): (916) 492-2591 (204)
Organization Mission Our mission is to empower refugees, immigrants, human trafficking survivors, and underserved Sacramento area residents to achieve self-sufficiency by accessing opportunities to mainstream economic and social systems. We do this by providing safe places, skills development, business loans, and connections to community resources, assisting our clients to build financial and personal assets while maintaining their cultural identity and individual goals.	Address: 1111 Howe Avenue, Suite 125 Sacramento, CA 95825 http://www.openingdoorsinc.org/
Services Provided Provide safe places, skills development, business loans, and connections to community resources, assisting our clients to build financial and personal assets while maintaining their cultural identity and individual goals. Programs Include: <ul style="list-style-type: none"> • Legal • Refugee Resettlement • Survivors of Human Trafficking • Financial Capability Program (Microenterprise) • Communications 	Contact Person: Andria andria@openingdoorsinc.org
Population Served	
Refugees; survivors of labor and sex trafficking. Eligibility Requirements <ul style="list-style-type: none"> • Check their site to see which intern positions are "open". • Human Trafficking Outreach – Rescue and Restore Program (website may not always be up to date; can call Rico Ozaki at 429-2591 x 229 if interested) 	Possible Tasks/Duties <ul style="list-style-type: none"> • You will receive skills development opportunities that help you transition from study to work • While you are expected to follow professional standards, the work performed is measured by periodic evaluation as required by your affiliated school • Possible internship areas include: legal intern; refugee resettlement case management intern; survivors of human trafficking case management intern; financial capability program intern; communications intern
Keywords: refugees; trafficking; immigrants; housing; advocacy; microenterprise; community resources	http://www.openingdoorsinc.org/internships.php <div data-bbox="1179 1520 1468 1575" data-label="Text"> Click to return to List of Organizations </div>

Reading Partners	Phone(s): (916) 996-0830
Organization Mission "Expand life opportunities for undeserved elementary school children by empowering them with strong literacy skills....Although the time commitment is small, our volunteers make an incredible impact – on average, our elementary students double their rate of learning while in our program." http://readingpartners.org/location/sacramento/	Address: Website www.readingpartners.org http://readingpartners.org/location/sacramento/ To see a map of locations (10 different school locations) click the link below: http://readingpartners.org/location/sacramento/schools/
Services Provided Working one on one with elementary school students reading below grade level using a structured curriculum.	Contact Person: <i>Volunteer Coordinator</i> (this can change periodically) Email: volunteersac@readingpartners.org
Population Served Elementary school children	
Eligibility Requirements <ul style="list-style-type: none"> • Willingness to learn about tutoring strategies. • Patience working with students who need help learning. • Ability to work independently or with limited supervision. • Ability to interact effectively with diverse groups. • Ability to commit to a schedule and show up promptly when expected. • Opportunities are available Monday-Thursday from 8 or 9am – 5pm. • A minimum of 4 hours per week, for one semester. 	Possible Tasks/Duties <ul style="list-style-type: none"> • Working one on one with elementary students below grade level, using the structured curriculum • Assisting in running the tutoring center, including substitute tutoring. • Assisting in preparing tutoring material for volunteers. • Able to commit to a minimum of 4 hours per week in order to receive internship credit.
Keywords: education; youth; reading	

Sacramento Asian Pacific Chamber of Commerce	Phone(s): (916) 446-7883
Organization Mission <i>"We, at the Sacramento Asian Pacific Chamber of Commerce (SACC), understand our regional economy is built on our community of small businesses. When small business wins, we all win. Our three key pillars – Workforce Development, Bid Opportunities, and Business Services – serve the needs identified by our Sacramento small business membership."</i>	Address: 2331 Alhambra Blvd. Suite 100 Sacramento, CA 95817 www.calasiancc.org
Services Provided The Chamber advocates strongly for legislation and policies that stimulate economic activity and spur job growth. CalAsian Chamber provides API owned businesses with the necessary tools for success and currently represents the interests of nearly 600,000 API owned businesses in California.	Contact Person: Bianka Melecio -- email: bmelecio@calasiancc.org
Population Served Asian Pacific Islander owned businesses throughout Sacramento	The Public Policy Intern will be exposed to a wide-range of people and issues that will help prepare him/her for a career in government, public affairs, non-profits, and/or politics. The intern will get hands-on experience and gain knowledge of how advocacy and public policy are conducted.
Eligibility Requirements <ul style="list-style-type: none"> • Excellent communication skills, both orally and written; ability to write and articulate ideas in a persuasive, organized, and effective manner; • Good organizational and time management skills with strong attention to detail; • Ability to work in a fast-paced environment, multi-task and handle multiple projects; • Proficiency in a wide range of computer software programs desired: Microsoft Office, Word, Excel, Power Point, and Outlook; • Must be dependable, punctual and personable; • Self-motivated, with the ability to work independently on projects while meeting deadlines • Previous experience and/or demonstrated interest in public policy 	Possible Tasks/Duties <ul style="list-style-type: none"> • Assisting with research assignments and special projects; analyzing policy • Interact with community leaders, members, government officials, and a wider range of individuals at meetings and/or community events • Provide logistical support for public policy and advocacy events • Provide administrative coverage of Chamber office, including phone inquiries, collating informational packets, etc. • Additional duties may be assigned.
Keywords: marketing; public relations; social justice; media; public policy; advocacy; research; community development	<div>Click to return to List of Organizations</div>

Sacramento Children's Home	Phone(s):
Organization Mission	(916) 452-3981
Established in 1867, the Sacramento Children's Home has worked to maximize the potential of both children and families. This organization works to address family issues, such as family neglect and abuse.	Address:
Services Provided	2750 Sutterville Rd Sacramento, CA 95820
Residential programs for abused and/or neglected children. Community-based prevention and early intervention programs to complement residential programs. <ul style="list-style-type: none"> • Advocacy, • Counseling, • Crisis nursery, • Transition age program, and • wrap-around services are among the many services offered through the Sacramento Children's Home.	www.kidshome.org
Population Served	Contact Person:
Children, families	Wendy, Volunteer Coordinator 916-290-8199
Eligibility Requirements	http://www.kidshome.org/how-to-help/volunteer-support/
<ul style="list-style-type: none"> • Complete an application http://www.kidshome.org/how-to-help/volunteer-support/ • Background check required 	Possible Tasks/Duties
	<ul style="list-style-type: none"> • Tasks/duties will depend on the area of volunteering one is volunteering in.
Keywords: children; neglect and abuse; families	<div>Click to return to List of Organizations</div>

Sacramento County Department of Human Assistance/Probation	Phone(s): (916) 875-0556
Organization Mission The Sacramento County Probation Department provides clients with the assessment, treatment, supervision and support necessary to prevent re-offending, resulting in a safer community. Our highly skilled, multi-disciplinary workforce uses innovative strategies to support positive change.	Address: 4100 Branch Center Road Sacramento, CA 95827 http://www.probation.saccounty.net/Recruitment/Pages/StudentInternProgramInformation.aspx
Services Provided The Sacramento County Probation Department is responsible for the background investigation of offenders and the preparation of social history reports for the Sacramento County Superior Courts. The Probation Department also operates and maintains the County's juvenile hall: The Youth Detention Facility; and several other facilities and programs, including Adult Day Reporting Centers, and various collaborative courts. The Department teams with various law enforcement agencies, schools, community-based organizations and the citizens of Sacramento County to form productive partnerships with an underlying goal of public safety.	Contact Person: Mamie Yee (916) 875-0556 yeema@saccounty.net
Population Served youth, adults Eligibility Requirements <ul style="list-style-type: none"> • Communication skills, • US citizen or permanent resident eligible for applied citizenship, • At least 18 years old, • Able to complete physical tasks. • Must pass background investigation including fingerprinting, criminal history check, • Pass TB screening. 	Possible Tasks/Duties <ul style="list-style-type: none"> • Students will be assigned positions into divisions that have different responsibilities, under a supervisor or probation officer. These divisions include, but are not limited to: detention centers and courts. • Ability to complete a variety of physical tasks (standing, walking, running, bending, climbing stairs, and lifting adults and/or juveniles). • Ability to communicate clearly and concisely in English, both orally and in writing.
Keywords: juveniles; probation; youth detention; court; adult detention	Click to return to List of Organizations

Sacramento Food Bank and Family Services	Phone(s): (916) 456–1980
Organization Mission The programs provide by the Sacramento Food Bank Services include: INTEL Computer Clubhouse, Child Services, Mother-Baby Program, Community Learning Center, Food Lockers and Sunday Lunch. Volunteering positions include: Emergency Goods Distributor, Adult educator/Tutor, ESL Adult Educator, After School Program Mentor, Play Care Assistant, Women's Wisdom Project Mentor, and Transitional Living Mentor.	Address: 3333 Third Avenue Sacramento, CA 95817 (primary) 411 Hayes Avenue Sacramento, CA 95838 2469 Rio Linda Blvd Sacramento, CA 95815 www.sacramentofoodbank.org Sfbs.org
Services Provided <ul style="list-style-type: none"> • Emergency Goods Distributor: Help individuals and families with emergency goods such as clothing and/or groceries. • Sunday Lunch Distributor: Prepare and distribute brown bagged lunches to the needy on Sunday mornings. • Mother Baby Program Mentor: Support low income parents experiencing all forms of hardship and crises. • Adult Educator/Tutor: Help adults with a free education in a dignified and supportive environment. • ESL Adult Educator: Teach basic reading, writing skills and life skills. • Computer Instructional Assistant: Teach computer skills to adults. • After School Program Mentor: Create a supportive and welcoming environment for our underserved youth. • Play Care Assistant: Provide safe, fun, and welcoming environment for our clients' children. • Women's Wisdom Project Mentor: Create a supportive and welcoming environment for women through art. • Transitional Living Mentor: Serve as a parental mentor for the families living in Haven's Transitional Housing. 	Contact Person: Robin Simpson, Volunteer Coordinator 916-925-3240 x3382 rsimpson@sacramentofoodbank.org
Population Served Individuals and families Impoverished people Low income parents Adults in need of free education Underserved youth	
Eligibility Requirements <ul style="list-style-type: none"> • 90 minute orientation prior to beginning • Individuals who are currently receiving services from SFBFS or have received services in the past 12 months are not eligible to volunteer. Volunteers are not eligible to receive goods or services from SFBFS. • May be required to have a background check depending on the program that one might be matched with (this will be a \$15 charge). Potential interns will be given the information as to where to go. 	Possible Tasks/Duties <ul style="list-style-type: none"> • There are many aspects of this organization to be involved with. Visit this website to see the various opportunities http://www.sacramentofoodbank.org/volunteer-roles/
Keywords: families; individuals; poverty; underserved youth; food insecurity; housing; advocacy; empowerment	<div>Click to return to List of Organizations</div>


Sacramento State Student Health Center - CSUS **	Phone(s): (916) 278-5422
Organization Mission "The Health Education Department has been an integral part of the Student Health Center since 1978. All Health Science programs provide direct clients service, health information, literature, referral, outreach and special events".	Address: Sacramento State University (Health Education Department room 1011, main Student Health Center)
Services Provided "To enhance student health status and respond to student health needs through the use of educational programs, strategies and materials. To expand the role of SHC to be an educational learning site as well as a health care facility. To offer students an opportunity to function as peer health educators under the supervision of professional health education staff." https://www.csus.edu/student-life/health-counseling/wellness-education/ Population Served Students	Contact Person: Program manager: Reva Wittenberg https://www.csus.edu/student-life/health-counseling/
Eligibility Requirements <ul style="list-style-type: none"> • Interest in health education and college health issues • Attendance at weekly staff service meetings • 2-3 day training session • Accountability for adhering to policies, able to perform student inter job duties • Each unit equals about 3 hours per week. Units can be earned through academic department • Two semester commitment • Completion of summer assignment 	Possible Tasks/Duties "The Health Education Department offers student internships in the following content areas: 1) Alcohol, tobacco, and other drugs and sexual assault 2) Sexual Health 3) Wellness (includes Nutrition)" "Internships are designed as an academic related learning activity and provide an opportunity to: earn academic units, explore working in the health field, help fellow students, enhance communication, teaching and group process skills, develop and provide educational presentations, participate in campus outreach activities, develop/enhance skills in planning and implementing educational programs".
Keywords: Sac State; health; advocacy; wellness; drug/substance abuse; sexual health; CSUS	<div>Click to return to List of Organizations</div>

San Juan Unified School District Prevention or Foster Youth Services	Phone(s): (916) 979-8606 – Prevention Office (916) 971-7391 – Foster Youth Services
Organization Mission Prevention Office – Prevention Programs is funded through the Tobacco Use Prevention Education (TUPE) grant and the district's Local Control Accountability Plan. Support and resources offered district-wide aim to improve students' academic success and overall school climate, while encouraging a healthy lifestyle free from violence, alcohol, tobacco, nicotine, and other drugs. Foster Youth Services -- The San Juan Foster Youth Services program is one of the four original "Core District" foster youth programs in California, having been started in 1973.	Address: 4425 Laurelwood Way, Room 3 Sacramento, CA 95864
Services Provided The program provides services to students in foster care, including advocacy, academic counseling, tutoring, educational assessment, mentoring and links to community services. In addition, we provide crisis counseling, vocational training, emancipation services and training for independent living. The goal of Foster Youth Services is to ensure that each foster youth is provided with the skills needed to become an independent, productive member of our community.	Contact Person: Erica Corpuz, Prevention Specialist erica.corpuz@sanjuan.edu Jovon Torres, Community Engagement Specialist – jovon.torres@sanjuan.edu - (916) 979-8606 FYS – Dominic Covello dcovello@sanjuan.edu http://www.sanjuan.edu/Domain/2750 http://www.sanjuan.edu/Page/34834
Population Served School age children	
Eligibility Requirements Prevention <ul style="list-style-type: none"> • Sac State students majoring in either Education and/or Health Science • Ability to communicate verbally and written, work independently, possess background and knowledge of health education and computer skills desired. Reliable transportation is a must. • Looking for a minimum of 12 hours a week, up to 20 hours a week between the hours of 8am and 4pm. 	Possible Tasks/Duties Prevention Program <ul style="list-style-type: none"> • Assist with district wide campaigns such as Red Ribbon Week, Don't Buy the Lie poster contest, and the Great American Smoke Out. • Help conduct tobacco cessation groups with high school students and provide tobacco prevention education to middle and high school students. Foster Youth Services
Keywords: education; foster youth services; children; prevention;	<div>Click to return to List of Organizations</div>

Sunrise Senior Living	Phone(s): (916) 486-0200
Organization Mission Established 1981. "To champion quality of life for all seniors. We believe each day is an opportunity to Live With Purpose; to engage, enjoy, express, learn and grow."	Address: 345 Munroe Street Sacramento, CA 95825 www.sunriseseniorliving.com
Services Provided Types of care provided include: assisted living, Alzheimer's care, independent living, coordination of hospice care, personal care, skilled nursing, home care, respite care stays, and CCRC.	Contact Person: Volunteer coordinator: Clela Shelton (916) 486-0200 sunriseseniorliving.com
Population Served Seniors / Senior citizens	
Eligibility Requirements <ul style="list-style-type: none"> • Background check • TB test 	Possible Tasks/Duties <ul style="list-style-type: none"> • Interact with residents on a social level by playing games and participating in social activities. • ONLY social activities
Keywords: senior care, social activities, volunteering; elderly	<div>Click to return to List of Organizations</div>


Sutter Health	Phone(s): Volunteer Services (916) 887-4377
Organization Mission Mission is to enhance the health and well being of people in the communities we serve through compassion and excellence. In all of our greater Sacramento area communities, our customers are the reason behind this mission.	Address: Sutter Medical Center, Sacramento 2825 Capitol Ave. Sacramento, CA 95816
Services Provided Sutter Medical Center, Sacramento is the foundation of Sutter Health, Northern California's largest health network with 29 acute care hospitals, more than 5,000 primary care physicians and specialists, home health, occupational health, psychiatric care and more. The downtown Sacramento medical center is made up of several facilities that include Ose Adams Medical Pavilion, Anderson Lucchetti Women's & Children's Center, and Sutter Center for Psychiatry.	Contact Person: Kelly w/Volunteer Services (916) 887-4377 E-mail: smcsvolunteerservices@sutterhealth.org
Population Served Anyone in need of health services or education	
Eligibility Requirements <ul style="list-style-type: none"> • Attend a 2 – 3 hour orientation (for CSUS students next orientation is February 2020) • Complete a Safety Quiz after orientation • Provide Immunization Records • Proof of 2 TB tests (Sutter will cover cost of this if don't already have) • Flu Shot (Sutter will cover cost of this if don't already have) • Vericella Immunization or proof of Chicken Pox • Proof of 2 MMR vaccinations • Students must agree to complete a <i>minimum of 100 hours</i> 	Possible Tasks/Duties There are many departments that offer opportunities: <ul style="list-style-type: none"> • Acute Surgical & Bariatric Care Unit • Administration • Antenatal Testing Unit (ATU) • Cardiac Care Unit (CCU) • Cardiac Cath Lab • Cardiac Rehabilitation • Cardiovascular Interventional Unit (CVIU) • Central Services • Diagnostic Imaging • Healing Music • Emergency Services • High Risk Maternity • Intensive Care Unit (ICU), Cardiac, Neuro & Surgical • Intensive Care Unit (ICU), Cardiovascular Surgery (CVSICU) • Intensive Care Unit (ICU), Medical • Information Desk • Infusion Therapy • Labor & Delivery • Maternal Newborn • Medical & GYN • Neuroscience & Neuro Observation • Oncology & BMT • Orthopedics • Outpatient Surgery (Capitol Pavilion) • Pediatrics • Pet Therapy • Pharmacy • Post Anesthesia Care Unit (PACU)


	<ul style="list-style-type: none">• Senior Care• Surgery Waiting
Keywords: research; health outcomes; health services; health education; senior care; patient advocacy; hospital; senior care; gerontology	Click to return to List of Organizations

UC Davis – Center for Reducing Health Disparity *	Phone(s): (916) 703-9202
Organization Mission The mission of the Center for Reducing Health Disparities is to promote the health and well-being of diverse communities by pursuing research, training, continuing education, technical assistance, information dissemination within a prevention, early intervention, and treatment framework that recognizes the unique cultural and linguistic contexts of these populations.	Address: 2921 Stockton Blvd. Suite 1408 Sacramento, CA 95817 http://www.ucdmc.ucdavis.edu/crhd/
Services Provided The Center provides support through contracts it has solidified with other entities to assess health disparities, delivery of public health services to disenfranchised communities, and makes recommendations on what various service providers (contractors) can do to reduce the health disparities and positively impact health outcomes while being culturally competent.	Contact Person: Chloe Chandler -- (916) 703-9202 clchandler@ucdavis.edu (Email Perferred)
Population Served Low income and disenfranchised communities Eligibility Requirements <ul style="list-style-type: none"> • Student Interns will need to have a basic to intermediate skill level in working on the computer with various MS Office programs. • Students need to be responsible, able to be on-site Wednesday mornings for four hours. • Will need to participate in a volunteer training, complete a UC Davis background check, TB test, and provide a student ID. • Resume and interest of working there prepared. 	Possible Tasks/Duties <ul style="list-style-type: none"> • Opportunities for interns to interact with people in the community who are serviced by the programs developed by the Center. • Student interns would assist in the development and implementation of training programs, needs assessments, focus groups, gathering and analysis of data that is used to develop programs as well as in the evaluation of the program(s).
Keywords: health; research; education; training; public health	

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Turning Point Community Programs	Phone(s): (916) 364-8395 x2028
Organization Mission Turning Point Community Programs began in 1976 with a unique vision about offering caring, hope, respect, and support on the path to recovery and mental health. From small beginnings as an agency with only two full-time employees, Turning Point now serves close to 5,000 mental health consumers in seven counties each year. Our staff is as diverse as the members we serve, and we never stop asking, "How can we improve?"	Address: 3440 Viking Drive, Suite 114 Sacramento, CA 95827
Services Provided TPCP has many different programs that include: <ul style="list-style-type: none"> • Infant-Toddler Developmental Screenings • Abiding Hope Respite House (for adults with psychiatric disabilities) • Pathways to Success After Homelessness • Transitional Support Services (TSS) • Integrated Services Agency (provides wrap-around services) • Crisis Residential Program • Northgate Point Regional Support Team (RST) • Navigation to Wellness • Flexible Integrated Treatment (for youth) • Therapeutic Behavioral Services (youth) • Pathways to Success after Homelessness (youth) <p><i>(the above are in Sacramento; however, there are programs in other counties as well)</i></p>	Contact Person: Deborah Roberts, Clinical Training Director DeborahRoberts@tpcp.org
Population Served Adults, children, and families in need of psychiatric services	
Eligibility Requirements <ul style="list-style-type: none"> • A pre-placement interview occurs the semester before placement for screening purposes, then the Clinical Training Director will decide which program best fits that student and refer to appropriate program person. • The next step is for the student to meet with that person and will then receive an HR Clearance packet. 	Possible Tasks/Duties <ul style="list-style-type: none"> • The responsibilities and tasks that the student will be involved in will be determined depending on the interests of the student and the background experience they have at the time of an internship. • Students could be involved in research at the administrative office, which would be project based. • Students could be involved in direct service working with homeless clients, youth with behavioral needs, mental health issues, transitional support, as well as individuals serviced through Turning Point of all ages that are in need of mental health services.
Keywords: mental health; individuals; families; youth; homelessness; support services; psychiatric services	<div>Click to return to List of Organizations</div>

UNITE Here*	Phone(s): (203) 430-6688
Organization Mission UNITE HERE changes lives by improving wages and benefits in thousands of traditionally low-wage sectors, creating jobs that sustain families. Too many people who clean rooms and cook food live in poverty. They're working dead-end jobs with little hope. At UNITE HERE, we're changing that. We're proud of what we've been able to accomplish.	Address: Local 49 1970 Tribute Road, Sacramento, CA 95815 http://unitehere.org
Services Provided UNITE HERE represents workers throughout the U.S. and Canada who work in the hotel, gaming, food service, airport, textile, manufacturing, distribution, laundry, and transportation industries.	Contact Person: Jake Doolittle ph: 203-430-6688 email: jaked.unitehere@gmail.com
Population Served	
Service Workers Eligibility Requirements <ul style="list-style-type: none"> • Students would need to complete an application to complete and then be interviewed. • Being bilingual is not a requirement but would be great. • Students should be interested in immigration justice or union representation. • Students considered should have good listening skills, good communication skills, and flexibility. • Other than that, if they have the motivation and passion then they would be a good fit. 	Possible Tasks/Duties <ul style="list-style-type: none"> • 6-week Immigration program -- volunteer immigration program. 5- 10 hours per week. • Combination of labor organizing, shadowing, going to committee meetings. • Help legal permanent residents get their legal status. Outreach work. • Continued work after the 6-week program but not as many hours. • Summer internships -- organizing beyond barriers (paid internships)
Keywords: unions; grass roots; community organizing	

WEAVE	Phone(s):
Organization Mission	(916) 488-2321x0
Established in 1978, Weave has been a member agency of the United Way since 1984. Through community education Weave raises the awareness of the existence of domestic violence, works to change beliefs that condone and perpetuate violence in our society, generates community support and involvement.	Address: 1314 H Street Sacramento, CA 95814 1900 K Street, Sacramento, CA 95811 https://www.weaveinc.org
Services Provided	Contact Person:
Family violence shelter services, family violence counseling services, and sexual assault services.	Jaime email info@weaveinc.org fax: (916) 319-4992
Population Served	
Survivors of domestic violence and sexual assault	
Eligibility Requirements	Possible Tasks/Duties
WEAVE volunteer program requirements include: <ul style="list-style-type: none"> WEAVE volunteer program orientation attendance is mandatory. Application must be turned in before the interview (two references required). A WEAVE client ethics form must be signed and dated prior to volunteering in any area other than fundraising Certification training sessions are mandatory for all direct service volunteers The following are Direct Service Program requirements only: <ul style="list-style-type: none"> Fingerprinting is required for anyone applying for the children's program and may be required at the discretion of the Community Outreach Program Manager for applicants. A Child Abuse form must be signed, dated and maintained in each personnel file. Must be 21 years of age Regarding Direct Service Program requirements only: <ul style="list-style-type: none"> A minimum of 6 month commitment A commitment of one, four hour shift per week minimum is required regardless of the selected programs. Interns must commit to a 12 month internship. In an event that a volunteer is unable to cover their shift, they are responsible to find a volunteer to cover for them. Keywords: children; education; domestic violence/abuse; trafficking; sexual assault; shelter; counseling services	<ul style="list-style-type: none"> Assist with various writing projects, including media releases, newsletters, and program materials. Assist in the distribution of media releases and follow up on sent releases. Research and development of prospective partnerships with media and community organization. Assist in event planning (follow up with vendors, day of support, etc) Conduct speaking engagements, assist with training, and represent the agency at fairs. Maintain database to track Peer Counselor certification status of all staff and volunteers. Maintaining updated list of media contacts. Attend community relations and event committee meetings. General office tasks, such as photocopying and faxing. Other duties as assigned. <p>"Internship includes many opportunities to write, plan events and work with the community. Upon successful completion, the candidate will receive a letter of recommendation and portfolio materials".</p>
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WellSpace Health	Phone(s): (916) 469-4690 (3)
Organization Mission <i>Achieving regional health through high quality comprehensive care.</i> WellSpace Health is the result of a merger between two Sacramento social service agencies. Family Service Agency historically provided child and family therapy, crisis intervention, and violence prevention. WellSpace Health provided primary health services and treatment of substance abuse. On October 1, 2005 these two agencies merged to create Sacramento's single largest provider offering a full continuum of care for health, mental health, and addictions treatment.	Address: 777 12 Street, Suite 250 Sacramento, CA 95814 <i>*However there are multiple locations</i> http://www.wellspacehealth.org/
Services Provided Health services and treatment of substance abuse	Contact Person: Marsharon Ellis mellis@wellspace.org
Population Served Men, women, and children	
Eligibility Requirements <ul style="list-style-type: none"> • High School Diploma or GED required; some college desirable; • Strong verbal and written communication skills; • Skilled in use of technology including multiple line telephones, computer (PC), laptop, software including Microsoft Word, Power Point, Excel, Outlook, email; • Ability to work independently with confidence, as well as working as an integral part of a team of professionals; • Must be mature, sensitive, emotionally stable; flexible and adaptable to varying situations and coverage needs; • Reliable and able to adhere to schedules based upon crisis center needs; • Ability to consistently adhere to crisis center program policies and procedures; • Ability to abide by agency code of ethics and Crisis Center code of ethics; • Successful completion of all crisis center training; • Ability to work flexible schedule, including periodic evenings and weekends; • Valid California Driver's license with insurable driving record and personal vehicle in good working condition. • Fingerprint clearance. 	Possible Tasks/Duties <ul style="list-style-type: none"> • Many positions available/possible http://www.wellspacehealth.org/positions_available.htm <ul style="list-style-type: none"> ○ Home Visitor Volunteer ○ Crisis Line Counselor Volunteer ○ Family Resource Aide Volunteer
Keywords: men; women; children; health; addictions; wellness; advocacy; birth outcomes; crisis	<div>Click to return to List of Organizations</div>

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