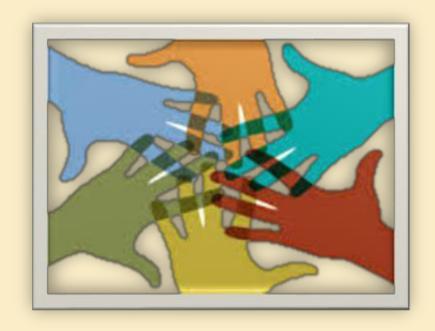
# "Sociology 211" for SOC 195: Internships in Sociology

Informational Booklet on Sacramento Area Organizations for

Sociology Student Internship Placements (SOC195)



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with support from the Center for Teaching & Learning California State University, Sacramento through a Pedagogy Enhancement Award, 2016/2017

### **Introduction and Purpose of this Manual**

The information provided in this manual is intended to be a launching point for students as they consider completing an internship for course credit within the sociology major. First, information is provided to support your process in identifying a potential internship site. Material found in the **SOC 195** syllabus is provided to give students an idea of what will be required if they register for **SOC 195** (this is how you are able to receive course credit for your internship). Then, the bulk of this manual provides information about specific organizations in the Sacramento area that have current internship contracts with California State University, Sacramento to serve as an approved internship placement.

As a student majoring in sociology, you are aware that applying the sociological perspective in the many aspects of our social world provides excellent preparation for many different types of occupations. Being able to apply your sociological critical thinking skills while examining and understanding social factors and structures that impact society at an organizational, group, and individual level provides you with a unique set of skills. In addition to this perspective, applying research design and methods to various problems and the analysis that can be used relative to research collected are very useful in a myriad of occupations.

This manual has been constructed to provide some guidance as you consider an internship placement. Taking advantage of an internship (mostly unpaid) provides you with experience that demonstrates your marketability once you have attained your Bachelor's degree, with a major in sociology. Some reasons to complete an internship include:

- Adds relevant experience to your resume.
- Helps to build both cultural and social capital.
- Provides a mechanism for applying classroom knowledge.
- Develops new skills and/or builds on ones you already have.
- Builds interpersonal communication skills.
- Helps you stand out among other job seekers.
- Broadens your capabilities when applying to graduate school(s).
- May lead to a permanent position.

All of the faculty and staff in the Sociology Department are here to support you as you explore the possibility of taking part in an internship experience. We believe it will greatly add to your learning experience, but realize it is not something doable for everyone. As you ponder doing an internship, think about the following:

- How many hours a week do you have to volunteer on a regular basis (2 hours; 5 hours; 10 hours; 15 hours; 20 hours)?
- Are you limited to certain days or times?
- What types of learning experiences outside of the classroom are you interested in exploring?
- Have you thought about what you want to do with your degree in sociology? What have you come up with?
- Do you have reliable transportation to get to an internship site?

- Are you willing to commit to an internship for the duration of the semester even if it becomes something you decide you are not excited about?
- What are your goals for completing an internship? What do you hope to achieve?
- What do you have to offer a potential internship site?

As you consider signing up for an internship (SOC195) for course credit you will want to begin exploring possible sites during the semester before you plan to complete your internship (e.g., if you want to complete your internship in Spring 2021 you should begin exploring possibilities in Fall 2020). Make time to meet with Dr. Varano, Sociology Internship Coordinator, to let him know of your interest in pursuing an internship. You may also want to meet with a faculty member in the department, that you have developed a mentorship relationship with, to explore your interests (brainstorm), possibilities, and sites that might be best for you to explore for your internship. Then begin contacting a few sites to explore doing an internship with them. We suggest contacting at least three sites as you narrow down your possibilities. Some organizations require an interview, others require that you participate in some trainings, and some require student interns to complete a background check and TB test prior to the internship beginning. This can take several weeks, which is why it is suggested to begin the process at least a month before the end of the semester prior to when you plan to participate in the internship.

### **Completing an Internship for Course Credit**

**Sociology 195: Internship & Field Work** is a course you can take toward your major in sociology. Not only does this course provide you with credit toward your degree, it serves to provide you with exposure, experience, and application of coursework knowledge to real world application. Such experiences can bolster your marketability in the job market, as well as help you clarify what you may want to do -- put into action -- after completing your degree.

The number of hours required at the agency/organization will vary with the number of academic units for which you are enrolled. Below is the scale of hours and credits for a fifteenweek semester:

1 unit of credit = 40-45 hours or 3 hours per week over a 15-week semester

2 units of credit = 80-90 hours or 6 hours per week over a 15-week semester

3 units of credit = 120-130 hours or 8 hours per week over a 15-week semester

### Goals of SOC 195

- ✓ To learn the "ropes," (i.e., to acquire specific skills working in an organization).
- ✓ To clarify your career goals, (i.e., to find if you really want the career or occupation you have some interest in).
- ✓ To integrate your experiential learning in the internship with your academic or theoretical learning in sociology and in the classroom. Thus, besides "learning the ropes" as an intern, you will also hopefully be learning to look at the organization you are placed in more sociologically. You may also have the opportunity of learning to become a problem-solver. (Varano, 2019)

### The Process for Registering for SOC 195

Review the various sites provided here in *Sociology 211*. Identify a couple organizations where you might want to complete your internship. Call the identified person at the agency and inquire about the possibility of completing an internship with them. Let the person know what interests you about their organization (like when looking for a job, you might want to do a little bit of background research before making the call). Ask to make an appointment to come meet with them to discuss the internship further. Be sure to be on time and present yourself in a professional manner when going to meet. Whether they state it or not, it is an interview. You are creating an "impression", so think about how you are managing it. Do some background research. Some basic information is provided here in *Sociology 211*, but you should explore their website so that you know what they are about and what questions you have for them.

Once the agency/organization agrees to have you as their intern, verify what your hours will be and get something in writing that indicates there is an agreement for you to be an intern at their agency, when you will start, and how many hours you will be able to complete during the semester (this could be in the form of an email that you send to the person you interviewed with or from them to you).

Before you can enroll for credit, you must see the Internship Coordinator in the Sociology Department, Professor Charles Varano, Amador 454D. Bring the confirmation of your internship with you when you meet with him. He will assist you in filling out the required forms to enroll in SOC 195 (or SOC 295 for graduate students). Once the forms are complete, Professor Varano will officially enroll you in the respective course and assign you to a faculty member as your *Internship Supervisor*. Dr. Varano makes assignments to faculty based on several factors; students are **not** able to request a faculty member as their *Internship Supervisor*. In addition to completing the required hours at the internship, students are expected to keep *field notes* and to write a final paper in order to gain academic credit for the internship experience.

It is important to note that as part of the requirements for academic credit you must meet two times during the semester with Dr. Varano and other students taking internships to discuss your experience, share ideas and thoughts, and reflect on what you are learning and how it relates to sociology. These meetings provide you with an opportunity to reflect on your internship experience and help you in preparing to write your internship paper. **These seminars are required. You will not be able to complete your internship unless you attend.** Be sure to review the identified dates in the SOC195 syllabus during the semester you are completing your internship and work them into your schedule.

### Things to be Mindful of as YOU Complete the Internship

As you begin your internship be prompt and open to this learning experience. It is important to remember this is a professional atmosphere even if you are in an organization where some of the norms appear to be "down-to-earth" or "laid back". At the start of your internship most organizations will have you participate in an orientation or training. If that does not occur ask about how they orient new employees or volunteers to their organizations. This will provide you important information about the organization's norms, culture, procedures, and expectations of you and others within the organization.

It is important to maintain ethical conduct. Many agencies and organizations will have ethics and responsibilities identified in their human resources or policy manual. Regardless it is important to be aware of **the American Sociological Association's Code of Ethics**.

### **ASA Code of Ethics**

### PREAMBLE

This Code of Ethics articulates a common set of values upon which sociologists build their professional and scientific work. The Code is intended to provide both the general principles and the rules to cover professional situations encountered by sociologists. It has as its primary goal the welfare and protection of the individuals and groups with whom sociologists work. It is the individual responsibility of each sociologist to aspire to the highest possible standards of conduct in research, teaching, practice, and service.

The development of a dynamic set of ethical standards for a sociologist's work-related conduct requires a personal commitment to a lifelong effort to act ethically; to encourage ethical behavior by students, supervisors, supervisees, employers, employees, and colleagues; and to consult with others as needed concerning ethical problems. Each sociologist supplements, but does not violate, the values and rules specified in the Code of Ethics based on guidance drawn from personal values, culture, and experience.

### **GENERAL PRINCIPLES**

The following General Principles are aspirational and serve as a guide for sociologists in determining ethical courses of action in various contexts. They exemplify the highest ideals of professional conduct.

### Principle A: Professional Competence

Sociologists strive to maintain the highest levels of competence in their work; they recognize the limitations of their expertise; and they undertake only those tasks for which they are qualified by education, training, or experience. They recognize the need for ongoing education in order to remain professionally competent; and they utilize the appropriate scientific, professional, technical, and administrative resources needed to ensure competence in their professional activities. They consult with other professionals when necessary for the benefit of their students, research participants, and clients.

### Principle B: Integrity

Sociologists are honest, fair, and respectful of others in their professional activities—in research, teaching, practice, and service. Sociologists do not knowingly act in ways that jeopardize either their own or others' professional welfare. Sociologists conduct their affairs in ways that inspire trust and confidence; they do not knowingly make statements that are false, misleading, or deceptive.

### Principle C: Professional and Scientific Responsibility

Sociologists adhere to the highest scientific and professional standards and accept responsibility for their work. Sociologists understand that they form a community and show respect for other sociologists even when they disagree on theoretical, methodological, or personal approaches to professional activities. Sociologists value the public trust in sociology and are concerned about their ethical behavior and that of other sociologists that might compromise that trust. While endeavoring always to be collegial, sociologists must never let the desire to be collegial outweigh their shared responsibility for ethical behavior. When appropriate, they consult with colleagues in order to prevent or avoid unethical conduct.

### Principle D: Respect for People's Rights, Dignity, and Diversity

Sociologists respect the rights, dignity, and worth of all people. They strive to eliminate bias in their professional activities, and they do not tolerate any forms of discrimination based on age; gender; race; ethnicity; national origin; religion; sexual orientation; disability; health conditions; or marital, domestic, or parental status. They are sensitive to cultural, individual, and role differences in serving, teaching, and studying groups of people with distinctive characteristics. In all of their work-related activities, sociologists acknowledge the rights of others to hold values, attitudes, and opinions that differ from their own.

### Principle E: Social Responsibility

Sociologists are aware of their professional and scientific responsibility to the communities and societies in which they live and work. They apply and make public their knowledge in order to contribute to the public good. When undertaking research, they strive to advance the science of Sociology and to serve the public good. At the same time, sociologists strive to be aware of situations that may result in harm to individuals, groups or communities.

### Principle F: Human Rights

In the course of their research, teaching, practice, and service, sociologists are committed to professional behaviors consistent with promoting the human rights of all people, including other sociologists. In their professional lives, sociologists strive to use their knowledge and skills to advance the cause of human rights worldwide.

### Retrieved from <a href="http://www.asanet.org/membership/code-ethics">http://www.asanet.org/membership/code-ethics</a>

If any concerns arise while you are at your internship it is important to address those with your on-site internship supervisor. If the concern is such that you are uncomfortable talking with your on-site internship supervisor (or it does not get resolved) you need to contact your faculty internship supervisor, or Dr. Varano, to discuss the situation and receive advice and direction on how to proceed. This is not something to wait on indefinitely, but should be taken care of as soon as possible.

Always remember that not only are you cultivating your professional bridges; you are also

representing the Sociology Department and Sacramento State. We want you to be successful now and in the future. Therefore, being respectful, responsible, and continually seeking ways to apply your skills and learning will aid you in your success.

Enjoy this part of your educational journey!

### LIST OF ORGANIZATIONS

The list below is hyperlinked to each of the organization summaries provided in this manual. You can click on one, review all of them or you can do a keyword search (i.e., children, health, trafficking).

- 1. 3 Strands Global
- Capital Public Radio Sacramento State \*\*
- 3. Coaching Corps
- 4. Council on American Islamic Relations (CAIR)
- 5. Court Appointed Special Advocate (CASA) Sacramento
- 6. Crime Victims Assistance Network Foundation iCAN\*
- 7. Francis House Center
- 8. Hands 4 Hope: Youth Making a Difference
- 9. Institute for Social Research CSUS \*\*
- 10. International Rescue Committee
- 11. Joint Legislative Committee on Climate Change Policies
- 12. Koinonia Family Services
- 13. March of Dimes Birth Defects Foundation \*
- 14. Mutual Housing California
- 15. My Sister's House
- 16. Opening Doors
- 17. Reading Partners
- 18. Sacramento Asian Pacific Chamber of Commerce
- 19. Sacramento Children's Home
- 20. Sacramento County Department of Human Assistance/Probation
- 21. Sacramento Food Bank and Family Services
- 22. Sacramento State Student Health Center CSUS \*\*
- 23. San Juan Unified School District (prevention programs)
- 24. Sunrise Senior Living
- 25. Sutter Health
- 26. UC Davis Center for Reducing Health Disparity \*
- 27. Turning Point Community Programs
- 28. UNITE Here \*
- 29. <u>WEAVE</u>
- 30. WellSpace Health

### Please Note on this page and all subsequent pages:

<sup>\*</sup>Indicates that the site is currently in process of approval.

<sup>\*\*</sup>Indicates that the site is at Sac State.

## **APPROVED ORGANIZATIONS FOR INTERNSHIPS**

3 Strands Global, Inc.	Phone(s):
,	(916) 365-2606
Mission	Address:
3Strands Global is a nonprofit organization established to combat human trafficking through education, reintegration and engagement initiatives. We are empowering a global community to combat human trafficking through our growing network of government and law enforcement agencies, individuals, organizations, corporations and non-profits all working together.	3941 Park Drive#20-200 El Dorado Hills, CA 95762 <a href="http://3strandsglobalfoundation.org/">http://3strandsglobalfoundation.org/</a>
Services Provided	Contact Person:
Through prevention education and reintegration programs, 3Strands Global mobilizes a worldwide community. The organization supports programs and empowers organizations aligned with their mission. They believe a world free from human trafficking will only exist if we come together and collaborate as a united force. This is done through reintegration, education, and mobilization.  The particular program in need of interns for the 2019/20 academic year works with former trafficked victims working at the Golden 1 Center.  Population Served Victims of human trafficking and organizations that provide support and restoration to victims of human trafficking.	Kaitlyn Varguez (Program Manager)  Phone: (916) 317-0904  E-mail: kaitlynv35@3SGF.org info@3sgf.org
Eligibility Requirements	Possible Tasks/Duties
<ul> <li>Students will need to be good at working autonomously,</li> <li>Discipline and commitment to follow through,</li> <li>Responsive to supervision and direction, and</li> <li>Able to build a good professional rapport with at-risk youth.</li> <li>Pass a background check.</li> </ul>	<ul> <li>Students will provide support to survivors of trafficking and foster youth (sometimes the trafficked survivor is a former foster youth) to connect them with employment at the Golden 1 Center.</li> <li>Students will also serve as resource mentors to these youths.</li> <li>Student interns will maintain case management notes and support the organization with the preparation of program</li> </ul>
Keywords: human trafficking, youth, foster youth, mentoring	materials and community resource development.  Click to return to List of Organizations

Capital Public Radio – Sacramento State **	<b>Phone(s):</b> (916) 278-8900
Mission	Address:
To provide a trusted and indispensable source of information, music, and entertainment while strengthening the civic and cultural life of the communities we serve.  Vision  At Capital Public Radio our vision is to be the most valued, vital and vibrant service. One that inspires people to look at the world from multiple perspectives and capitalizes on emerging opportunities to serve our audience and engage our communities.  Services Provided http://www.capradio.org/careers  Population Served	Capital Public Radio CSUS 7055 Folsom Blvd Sacramento, CA 95826  (Capital Public Radio newsroom is based on the campus of Sac State)  careers@capradio.org  Contact Person: Zoro Pruneda 916-278-8904
The community at large, the general public	
<ul> <li>Eligibility Requirements</li> <li>Computer Skills: Familiar with Word, social media, basic graphic design</li> <li>Experience making phone calls to business professionals</li> <li>Self-motivated individuals with excellent communication skills who are able to work independently inside a busy newsroom, interested in using media to explore social issues and use stories to spark community dialogue and problem solving, involves journalists and community leaders to support the mission of public radio.</li> <li>Application should include: cover letter, resume and supporting materials to Capital Public Radio Interviews</li> <li>Interns spend 10-20 hours per week.</li> </ul>	Possible Tasks/Duties  Attending the morning news meeting, posting audio, photos and text to our community media website, gathering information about the current documentary topic.  Composing a week's worth of Tweets about the work, scheduling community activities, updating documentary contacts list on Google Drive, and proofreading web copy.  Internship Opportunities  Marketing Internship Production Internship Digital News Internship Documentary Internship Talk Show Internship Newsroom Internship
Keywords: marketing; public relations; social justice; journalism; media; CSUS	Click to return to List of Organizations

Coaching Corps	<b>Phone(s):</b> (510) 663-9200
Organization Mission Coaching Corps works to improve the health, educational, and social outcomes for children living in low-income neighborhoods by increasing access to high-quality sports activities.	Address: 310 8th Street, Suite 300 Oakland, CA 94607
Coaching Corps partners with universities across the country. Identify student leaders and then become a student group. There is a student group at Sac State.  Coaching Corps works directly with these organizations to improve afterschool programming and coordination among physical education teachers, recess supervisors, and afterschool providers to ensure that each student engages in quality physical activity for at least 60 minutes a day. College students and community members serve as volunteer coaches, mentors and role models ensuring that the children have the opportunity work with a team while also monitoring the quality and impact of the program.	https://coachingcorps.org/?gclid=Cj0KCQjw0IDtBRC6ARIsAIA 5gWsB7RMhLakt8A- 7mTFb5YxI5UivYQqjBkNrklrdf4eKJIA4DzVcU- 8aAsbYEALw_wcB  http://www.behealthysacramento.org/index.php?controller= index&module=PromisePractice&Action=view&pid=30109
Services Provided  Recruit coaches and develop sports activities within the community.	Contact Person:  Joe 510-506-3844  joeh@coachingcorps.org
Population Served Kids in struggling communities	
<ul> <li>Eligibility Requirements</li> <li>Current student on campus.</li> <li>Strong enthusiasm for the mission of Coaching Corps.</li> <li>Exceptional ability to engage and recruit fellow students.</li> <li>Excellent verbal and interpersonal communication skills.</li> <li>Highly organized, able to meet deadlines.</li> <li>Must be proactive, motivated self-starter.</li> <li>Hold position for academic year</li> <li>Serve 4 – 6 hours per week</li> <li>Attend monthly leadership and membership meetings</li> </ul>	Possible Tasks/Duties Builds relationships with other key partners each year. Hosts at least 1 community engagement event per season. Manages the Chapter Events Calendar/ gmail account. Build and manage relationships with the school's Athletic Department and Varsity Sports Programs Regularly communicate and collaborate with the chapter president. Update the Chapter Resource Guide Interact with all partners in the community Work will be done on campus at Sacramento State Flexibility
Keywords: marketing; public relations; sports; youth	Click to return to List of Organizations

Council on American Islamic Relations (CAIR)  Organization Mission  "CAIR's mission is to enhance understanding of Islam, encourage dialogue, protect civil liberties, empower American Muslims, and build coalitions that promote justice and mutual understanding." http://www.cair.com/  Services Provided  • CAIR is a grassroots civil rights and advocacy group.  • CAIR supports free enterprise, freedom of religion and freedom of expression.  • CAIR is committed to protecting the civil rights of all Americans, regardless of faith.  • CAIR supports domestic policies that promote civil rights, diversity and freedom of religion.  • CAIR opposes domestic policies that limit civil rights, permit racial, ethnic or religious profiling, infringe on due process, or that prevent Muslims and others from participating fully in American civic life.  • CAIR is a natural ally of groups, religious or secular, that advocate justice and human rights in America and around the world.  • CAIR supports foreign policies that help create free and equitable trade, encourage human rights and promote representative government based on socio-economic justice.	Phone(s): (916) 441-6269  Address:  1122 Del Paso Blvd Sacramento, CA 95815  http://www.cair.com/  Contact Person:  Oussama Mokeddam mokeddem@cair .com 916-441-6269
Population Served American Muslims; all individuals	
Eligibility Requirements	Possible Tasks/Duties
	Program development
Passion for community service/writing skills	Letter/correspondence writing     Mentored by community leaders (training)
Keywords: advocacy; program development; activism; education;	Click to return to List of Organizations

	*** Note: Talk with Dr. Varano before calling.
Court Appointed Special Advocate (CASA) - Sacramento	<b>Phone(s):</b> (916) 875-6460
Organization Mission	Address:
Ensuring consistency and support for children in the foster care system through the use of volunteer advocates advancing the best interests of each child.	Po Box: 278383, Sacramento, 95827
Services Provided Recruit and train CASA volunteers who are matched with youth in the child welfare system. CASA then provides ongoing training and case management of the matched mentor/mentee pairs.	http://sacramentocasa.org/ Contact Person: Carol Noreen (Executive Director): 916-875- 7158
Population Served Youth in the child welfare system.	
<ul> <li>Eligibility Requirements</li> <li>Students need to be a self-starter yet able to seek direction and follow laws and policy.</li> <li>Good organization and communication skills are important at this site.</li> <li>Willingness and ability to maintain confidentiality is a must. Students should have a commitment to the well-being of youth.</li> <li>Must be able to complete a Background Check and Child Abuse Index Clearance without past history of offenses.</li> </ul>	An internship opportunity at CASA would be both direct service and project based. Due to the nature of services at the organization it would be primarily project based.     Provide support to the office by assisting with intake information, contacting interested CASA volunteers, processing CASA volunteers needed paperwork, assisting office personnel with CASA to youth matching, supporting staff with the CASA Volunteer training process and execution, shadowing staff to community meetings, and assisting as needed with other current projects.
Keywords: children; youth; foster youth; advocacy	Click to return to List of Organizations

Crime Victims Assistance Network Foundation- iCAN *	Phone(s): (916) 273-3603
Organization Mission To support, educate and empower those impacted by crime.  The iCAN Foundation is a crime victims' assistance organization based in California.	Address: 1809 S Street #101316 Sacramento, CA 95811  http://www.ican-foundation.org/
Services Provided iCAN provides trainings and seminars on a variety of subjects regarding including crime prevention and risk reduction and victim sensitivity. For more information on iCAN trainings please visit their Services page and click on the tab "Service Providers." <a href="http://www.ican-foundation.org/services/service-providers/">http://www.ican-foundation.org/services/service-providers/</a>	Contact Person:  Kaitlyn Wood 916-273-3603  kaitlyn@ican-foundation.org
Population Served Victims of crime	
<ul> <li>Eligibility Requirements</li> <li>Students will need to be dependable and responsible.</li> <li>Willing to complete training before having direct contact with victims.</li> <li>Will need to complete a background check and TB test.</li> <li>Ability to build rapport with others and an openness to learning about various aspects of the system and support services will be necessary for students at this site.</li> <li>Mandatory online (40 hours) and in person training (30+hours) is required but is concurrent with the internship placement.</li> </ul>	Possible Tasks/Duties  Students may be involved in parole hearings where they would go and observe hearings.  Once trained will be able to accompany victims to parole hearings.  May read them letters and/or provide emotional support as the prisoner learns what to expect in the hearing.  Students may be involved in outreach or direct services. This may involve going to other organizations to inform of victim services or other community events.  Students may also field crisis calls after completing training with the organization.

### Phone(s): **Francis House Center** (916) 443-0509 **Organization Mission** Address: Francis House is a commitment to the care, shelter and emotional wellbeing of the poor and homeless men, women 1422 C Street and children of Sacramento County. Francis House has, since Sacramento, CA 95814 its inception in 1970, been a beacon of hope and inspiration to those who have fallen by society's wayside. Reorganized in 1990... Francis House is a 'full service' oasis for the poor and homeless. http://www.francishousecenter.org/ Francis House is a counseling and resource center for poor individuals and families, providing a link with caring volunteers and all other resources in the greater Sacramento community. Services Provided **Contact Person:** Programs offered include housing, hospitality, job development, transportation and health. Cynthia Pimentael, Program Manager (email preferred) cpimentel@nextmovesacramento.org **Population Served** Poor and/or homeless men, women and children **Eligibility Requirements** Possible Tasks/Duties Needs to be someone who is willing to sign a "Workplace" • Receptionist/Direct Services: Perform routine, diverse duties, and greet the public, provide information and direct Policies and Code of Ethics" policy. inquiries to the appropriate person or office; answer • "We seek students that have a passion to learn and telephone, and provide assistance to callers; Provide succeed. Most skills are acquired during the placement, for excellent customer service by establishing positive it varies on the situation that you may face as a student. We relationships with program manager, representatives from look for empathetic, patient, and students that may be ok external organizations, and the general public. Perform a having to face a challenging client at times. Conflict variety of duties; prepare and maintain logs, files, and resolution is a major skill set, yet the staff is always involved records; review and verify the accuracy and completeness when clients escalate to assure the agency and those present are safe! We provide all the training when it comes of various documents. Follow initial instructions and within the scope of the assignment, exercise good judgment and to learning the process for each department and support a discretion in handling problems which may arise. student's success while placed with Francis House Center." • Job Development Center • Family Rescue Program • Duties for both of the above: Provide comprehensive case management services to all clients including: prescreening intake assessment, benefit assessment, goal setting, and short-term case plan development. Communicate with client's participating in the program to interview or complete prescreening application process. Connect families with available community resources; Follow-up with clients regarding use and/or success of agency referral. Input accurate and complete data for all contacts with clients into agency database. Ensure that all documents submitted on behalf of a client are valid. Adhere to agency policy, procedures and the professional code of ethics. Other duties as assigned by supervisor.

Click to return to List of Organizations

Keywords: poverty; homeless; families; housing

Hands 4 Hope: Youth Making a	Phone(s):
	(916) 919-5695
Difference	
Organization Mission	Address:
"aim to cultivate the next generation of socially responsible citizens. To empower youth to make a positive difference in the world around them through Exploration, Action and Leadership." <a href="http://www.hands4hopeyouth.org/">http://www.hands4hopeyouth.org/</a>	873 Embarcadero Drive, Suite 5 El Dorado Hills, CA 95762 info@hands4hopeyouth.org
Services Provided	Contact Person:
Serve youth ranging in grades from Kindergarten to 12 <sup>th</sup> to create service-learning clubs.	Jennifer Bassett: 916-919-5695
dicate service-rearring dubs.	jbassett@hands4hopeyouth.org
The organization is a youth driven, outreach organization. Their focus is to create opportunities for youth to identify areas of need in their communities where they can make a difference and have a positive impact.	<u>Jodosottle/Hartas4/Hopeyodth.org</u>
Population Served	
Youth in Kindergarten through 12th grade	
Eligibility Requirements	Possible Tasks/Duties
<ul> <li>Students will need to be a self-starter, able to work on one's own yet be part of the team effort, have strong organizational skills, possess a good grounding in research methods, execution, and data analysis, as well as have good writing skills.</li> <li>Student interns will need to complete a background check (however the organization will cover the cost).</li> <li>Students need to be able and willing to attend some staff meetings periodically, but would not always have to do work on-site.</li> </ul>	<ul> <li>Students will be involved primarily in project based aspects of the organization, Hands4Hope: Youth Making a Difference. Helping with the construction, implementation, collection and analysis of surveys is one area that students will be involved.</li> <li>Students will be able to assist with the development of qualitative research venues, such as focus groups. Development of reports generated from the analysis of evaluation data in a way that would resonate with various organizational stakeholders is another area for students to be involved.</li> <li>Students will be able to be a part of the different initiatives delivered by Hands4Hope and observe youth meetings where youth come together to decide on an aspect of the community that they want to impact and generate ideas for youth action.</li> </ul>
Keywords: youth; service; education; research	Click to return to List of Organizations

# Institute for Social Research – CSUS\*\*

### Phone(s):

(916) 278-5737 (916) 278-2689

### **Organization Mission**

# "Sacramento State's Institute for Social Research (ISR) harnesses the power of scientific research tools to address social problems. An interdisciplinary unit within the Capital School of Public Affairs, the ISR's 16 regular staff-members, 12 students and 35 faculty associates (from across 15 different disciplines) offer broad expertise conducting survey research, performing program/policy evaluations, and gathering/analyzing data (both quantitative and qualitative) for government agencies, non-profits, and the academic community." http://www.csus.edu/isr/

### Address:

6000 J Street Sacramento, CA 95819

### Services Provided:

Research areas examined by the Center include public health; law and politics; environment; education; social services; as well as others.

Depending on the needs different types of research may be employed: survey research; evaluation research; and many different methods of analysis.

There are many research projects at the Institute.

 One area is California Speaks (CALSPEAKS), which is a unique and ongoing investigation of public opinion in California, emphasizing the social, economic, political, and environmental issues that distinguish our state. Check out the CALSPEAKS website to see if there is an area you might want to get involved with.

### Contact Person:

Interested students should contact **Shannon Williams**, **Director** (email preferred – shannon.a.williams@csus.edu).

### Check out the following website to meet the team!

https://www.csus.edu/center/institute-social-research/meet-us/

https://www.csus.edu/center/institute-socialresearch/survey-research.html

### **Population Served**

The University as well as public and private sector organizations.

### **Eligibility Requirements**

"Students must be in good academic standing, have taken at least one research methods/statistics course and be a junior/senior. Students must also satisfy the specific internship requirements of the department.

Interns will be expected to work two 4-hour days a week at the ISR, for a total of 120 hours throughout the semester.

### Possible Tasks/Duties

"Interns work closely with our graduate research assistants on a variety of projects to learn the various aspects of applied research from the ground up. This 3-unit semester-long internship allows students to earn upper division course credit (SOC 195) while developing their own analytical skill-sets through a series of research activities and experiences at ISR."

Students apply to the internship during the previous semester that they are interested in interning at the ISR (typically starting during the second week when enrollment opens). To apply candidates should email ISR about their interest in the internship, at which point they will be provided the application documents. While there is no formal deadline for applications, interested students should inquire about the number of slots available via the below email.

Applicants will be prompted to fill out an application and draft a one-page letter expressing their interest in research. Although it is not a requirement that candidates have substantial, if any, previous research experience, candidates should express a clear interest in learning about research — especially applied research that is designed to help state and local communities. Similarly, candidates are encouraged to discuss any career aspirations and/or graduate school ambitions that they may be considering. The selection committee will also give strong preference to candidates with a demonstrated capacity to complete projects/activities that are self-directed."

Keywords:

Research; evaluation; projects; on-campus; public health; CSUS

Click to return to List of Organizations

International Rescue Committee	Phone(s):
	(916) 482-0120
Organization Mission	Address:
The IRC responds to the world's worst humanitarian crises and	2020 Hurley Way #420 Sacramento, CA 95825
helps people to survive and rebuild their lives. At work in over	
40 countries and 22 US cities to restore safety, dignity and	https://www.rescue.org/united-states/sacramento-ca
hope, the IRC leads the way from harm to home. Domestically,	
our 22 offices across the US ensure new arrivals have food,	
shelter, and clothing and work with refugees to help them gain	
self-sufficiency.	
Services Provided	Contact Person:
Refugee Resettlement Support, Employment program support,	Karen Ferguson – Director
Cultural orientation support, health and wellness program	
support, etc.	Volunteer Program Coordinator: Hannah –
	phone number: (916) 482-0120
Population Served	
Refugees	
Eligibility Requirements	Possible Tasks/Duties
Must be 18 years of age or older.	Interns assist staff members with both daily activities and
A minimum commitment is 15 – 20 hours per week for a	long-term projects.
minimum of 4 – 6 months.	Opportunities provide interns with hands on
Terms begin in Summer, Fall and Spring.	responsibilities that prepare them for future careers.
Most of IRC Sacramento volunteering opportunities are	Internships work with the Employment, Resettlement,
Mon – Fri from 9am – 5pm.	Immigration and Development programs.
Must undergo a security background check.	
3	https://www.rescue.org/announcement/how-volunteer-
	sacramento
<b>Keywords</b> : social justice; refugees; trafficking; advocacy	Click to return to List of Organizations

Joint Legislative Committee on	Phone(s):
Climate Change Policies	916-319-2056
Organization Mission	Address:
Provides ongoing and permanent oversight over the	State Capitol
implementation of the state's climate policies. The	Assembly member Eduardo Garcia's Office, Room 4140
JLCCCP provides a critical perspective that is necessary	
to oversee integrated climate change policies throughout	
the activities of many state, regional, and local agencies.	
Services Provided	Contact Person: Katherine Valenzuela Garcia, Principal
Makes recommendations concerning the state's	Consultant
programs, policies, and investments related to	katie.valenzuelagarcia@asm.ca.gov
climate change.	
Establish panel of experts to provide an independent analysis of the state policies.	
independent analysis of the state policies.	
<ul> <li>Connect the jurisdictions of several legislative standing committees.</li> </ul>	
Population Served	
California State Assembly	
The Residents of California, in particular those	
impacted by Climate Change Policies (or Climate	
Change in general).	
Eligibility Requirements	Possible Tasks/Duties
Competency in Word/Microsoft Office	o online research
Independent Task Management	<ul> <li>review of regulatory or legislative documents,</li> </ul>
Email and Phone Responsiveness	<ul> <li>preparation of talking points for elected officials,</li> </ul>
	<ul> <li>monitoring statewide meetings</li> </ul>
	helping conduct outreach to local jurisdictions to
	assist with legislation implementation
Keywords: State Legislature, Climate Change,	Click to return to List of Organizations
Environment, Public Policy	

Koinonia Family Sarvious	Phone(s):
Koinonia Family Services	(916) 369-5585
Organization Mission	,
Organization Mission  To provide the highest quality treatment foster care, adoption and family service programs available for children, youth and their families whose special needs can be met through services delivered, supervised and supported by professional agency staff.  Koinonia Family Services is guided and governed by the following beliefs:  Our high-quality treatment foster care and adoption services are the foundation of our program.  Our professional and confidential manner in which we engage children, youth and their families exemplifies our concern, respect and compassion for those we serve.  Our cooperative partnerships with the counties which we serve maximize a child's chance to live productively in a family and the community.  Our staff and treatment foster parents are our greatest asset and the source of our success.  Our commitment to working collaboratively with existing community resources provides the greatest network of services available to children and youth.  Our foundation is based on our staff's integrity and diligence towards excellence.	Address:  3054 Fite Circle, Suite 101 Sacramento, CA 95827  http://www.kfh.org/
Services Provided  Foster and adoption services. This includes foster parent training and certification, placement of children into foster homes, adoption services, and case management to children	Contact Person:  Pamela Hedrick: (916) 369-5585
placed in agency foster homes.	
Population Served Foster youth	
Eligibility Requirements  Over 18 years of age  Complete a background check (DOJ and CAIC)	Possible Tasks/Duties Help maintain files Shadow case managers Help with setup and paperwork related to trainings Possibly help with supervised visits between youth and parent/caregiver/family members Other tasks as assigned
<b>Keywords</b> : youth; children; families; foster care; advocacy; case management	Click to return to List of Organizations

March of Dimes Birth Defects Foundation *	<b>Phone(s):</b> (916) 922–1913
Organization Mission  "The mission is to prevent birth defects and infant mortality. The Northern California Chapter invites students to gain experience by volunteering in the Program Services Department."	Address: 3333 University Suite 200 Sacramento, CA 95815  www.marchofdimes.org
Services Provided Research and education	Contact Person (person spoken with): Sara Page spage@marchofdimes.org
Population Served Families at risk of experiencing infant mortality. Families with children who have birth defects Eligibility Requirements Initiative, telephone communication skills, organizational skills, excellent wiring skills, group presentation skills, teamwork skills.  Word-processing skills a plus. Professional dress is expected.	Possible Tasks/Duties Present issues to staff and the public regarding maternal and infant health issues, and the March of Dimes. Develop chapter brochures and training materials for volunteer committees of staff. Represent the chapter at coalition meetings, volunteer committee meetings, project meetings, fundraising outreach meetings and special events. Order, organize and inventory health education materials. Compile fundraising materials and follow up on invitations to special events. Pick up and distribute Gymboree clothes. Receive and expedite requests for health education materials and referrals from the public and health professionals.
<b>Keywords</b> : research; education; birth defects; families; non-profit	Click to return to List of Organizations

	Phase (a).
Mutual Housing California	Phone(s):
_	(916) 453-8400
Organization Mission	Address:
The mission of Mutual Housing California is to develop,	8001 Fruitridge Road
operate and advocate for sustainable housing that builds	Sacramento, CA 95820
strong communities through resident participation and	
leadership development.	http://www.mutualhousing.com/about-us/intern-and-volunteer-
	opportunities/
Services Provided	Contact Person:
Mutual Housing owns and operates 1,071 homes in 19	Anne- Marie Flynn
multifamily communities. Some of our communities are	916-453-8400 x220
designed and constructed by us on vacant in-fill lots; others	
are acquired and rehabilitated by Mutual Housing because	
they were deteriorated bank or HUD REOs and are a critical	
focus for neighborhood revitalization efforts. Our staff organizers provide leadership development support to resident	
leaders who are active in increasing the participation of other	
residents. The goal of Mutual Housing organizing is to	
encourage the involvement of all residents in operating the	
specific sites, working in the community, and providing	
leadership in the organization. This involvement enables	
residents to work together to more effectively identify solutions	
and resources, which will strengthen communities and build	
safe, healthy neighborhoods.	
Population Served	
Low income families	
Eligibility Requirements	Possible Tasks/Duties
•	•
<b>Keywords</b> : housing; families; leadership; poverty; advocacy;	Click to return to List of Organizations
community	Control of the contro

	Dhama(a)
My Sister's House	Phone(s):
Overanization Mission	(916) 930- 0626
Organization Mission To serve the needs of Asian and Pacific Islander women and	Address:
children impacted by domestic violence by providing a	3053 Freeport, No. 120
culturally competent haven that empowers them to live in safety	Sacramento, CA 95818
and with dignity. Only agency that specifically addresses the	
unique needs of Asian and Pacific Islander women and children	www.my-sisters-house.org
impacted by domestic violence in the Sacramento	www.twitter.com/mysisters_house
area.	www.facebook.com/mysistershouse
Services Provided	Contact Person:
"Helping women who have been abused to become more	
financially and personally capable" through the Women to	Email: info@my-sisters-house.org
Work Program.	
Services include: A safe shelter for women and children up to	Volunteer Information (send application to the organization
90 days, peer support and counseling, information and resources, language assistance, and Women to Work Program	through this site if interested)
for domestic violence survivors of all ethnicities.	http://www.my-sisters-house.org/make-difference/volunteer/
Tot domestic violence our vivore of all our mollice.	interior in the state of the st
Population Served	
Asian and Pacific Islander women and children who are victims	
are domestic violence (and human trafficking).	
Eligibility Requirements	Possible Tasks/Duties
Willingness to understand and relate to people for varied	Assist with office work (filing, answering phones etc.).
backgrounds.	Assist with the cultivation and execution of special events
Need to have a clear background check completed (the	Help with newsletter compilation and distribution.
organization is able to do it there).	Connect directly with clients as a Domestic Violence
For any of the positions that work directly with clients and     societies with price all them is a state ground that 40.	Advocate.
assisting with crisis calls there is a state mandated 40 hour training (this would be an element of the internship	Help support the crisis line.
hours requirement).	Provide referral to resources.  Child advaces:
Training corresponds with each semester for 5	Child advocacy.  Accompany dients on errands.
consecutive Saturdays.	<ul> <li>Accompany clients on errands.</li> <li>Helping to do community outreach.</li> </ul>
Keywords: domestic violence; trafficking; empowerment;	
women and children; advocacy	Click to return to List of Organizations

### Phone(s): **Opening Doors** 916) 492-2591 (204) Address: Organization Mission Our mission is to empower refugees, immigrants, human trafficking survivors, and underserved Sacramento area 1111 Howe Avenue, Suite 125 residents to achieve self-sufficiency by accessing opportunities Sacramento, CA 95825 to mainstream economic and social systems. We do this by providing safe places, skills development, business loans, and connections to community resources, assisting our clients to http://www.openingdoorsinc.org/ build financial and personal assets while maintaining their cultural identity and individual goals. **Services Provided** Contact Person: Provide safe places, skills development, business loans, and connections to community resources, assisting our clients to Andria andria@openingdoorsinc.org build financial and personal assets while maintaining their cultural identity and individual goals. **Programs Include:** Legal Refugee Resettlement Survivors of Human Trafficking Financial Capability Program (Microenterprise) Communications **Population Served** Refugees; survivors of labor and sex trafficking. **Eligibility Requirements** Possible Tasks/Duties • Check their site to see which intern positions are "open". You will receive skills development opportunities that help you transition from study to work Human Trafficking Outreach – Rescue and Restore While you are expected to follow professional standards, Program (website may not always be up to date; can call the work performed is measured by periodic evaluation as Rico Ozaki at 429-2591 x 229 if interested) required by your affiliated school Possible internship areas include: legal intern; refugee resettlement case management intern; survivors of human trafficking case management intern; financial capability program intern; communications intern http://www.openingdoorsinc.org/in **Keywords**: refugees; trafficking; immigrants; housing;

advocacy; microenterprise; community resources

Reading Partners	Phone(s):
	(916) 996-0830
Organization Mission	Address:
"Expand life opportunities for undeserved elementary school	Website
children by empowering them with strong literacy	www.readingpartners.org
skillsAlthough the time commitment is small, our volunteers	http://readingpartners.org/location/sacramento/
make an incredible impact – on average, our elementary	
students double their rate of learning while in our program."	To see a map of locations (10 different school locations) click
http://readingpartners.org/location/sacramento/	the link below:
	http://readingpartners.org/location/sacramento/schools/
Services Provided	Contact Person: Volunteer Coordinator (this can change
Working one on one with elementary school students reading	periodically)
below grade level using a structured curriculum.	
	Email: volunteersac@readingpartners.org
Population Served	
Elementary school children	
Eligibility Requirements	Possible Tasks/Duties
Willingness to learn about tutoring strategies.	Working one on one with elementary students below
<ul> <li>Patience working with students who need help learning.</li> </ul>	grade level, using the structured curriculum
<ul> <li>Ability to work independently or with limited supervision.</li> </ul>	Assisting in running the tutoring center, including
<ul> <li>Ability to interact effectively with diverse groups.</li> </ul>	substitute tutoring.
Ability to commit to a schedule and show up promptly when	<ul> <li>Assisting in preparing tutoring material for volunteers.</li> </ul>
expected.	Able to commit to a minimum of 4 hours per week in order
• Opportunities are available Monday-Thursday from 8 or 9am	to receive internship credit.
– 5pm.	
<ul> <li>A minimum of 4 hours per week, for one semester.</li> </ul>	
Keywords: education; youth; reading	

### Phone(s): Sacramento Asian Pacific Chamber (916) 446-7883 of Commerce Organization Mission Address: "We, at the Sacramento Asian Pacific Chamber of Commerce 2331 Alhambra Blvd. Suite 100 (SACC), understand our regional economy is built on our Sacramento, CA 95817 community of small businesses. When small business wins, we all win. Our three key pillars - Workforce Development, Bid www.calasiancc.org Opportunities, and Business Services – serve the needs identified by our Sacramento small business membership." Services Provided Contact Person: The Chamber advocates strongly for legislation and policies that stimulate economic activity and spur job growth. CalAsian Bianka Melecio -- email: bmelecio@calasiancc.org Chamber provides API owned businesses with the necessary tools for success and currently represents the interests of nearly 600,000 API owned businesses in California. **Population Served** The **Public Policy Intern** will be exposed to a wide-range of Asian Pacific Islander owned businesses throughout people and issues that will help prepare him/her for a career in government, public affairs, non-profits, and/or politics. The Sacramento intern will get hands-on experience and gain knowledge of how advocacy and public policy are conducted. Possible Tasks/Duties **Eligibility Requirements** • Excellent communication skills, both orally and written; Assisting with research assignments and special projects; ability to write and articulate ideas in a persuasive. analyzing policy organized, and effective manner; Interact with community leaders, members, government officials, and a wider range of individuals at meetings and/or Good organizational and time management skills with strong community events attention to detail: Provide logistical support for public policy and advocacy Ability to work in a fast-paced environment, multi-task and events handle multiple projects; Provide administrative coverage of Chamber office. Proficiency in a wide range of computer software programs including phone inquiries, collating informational packets, desired: Microsoft Office, Word, Excel, Power Point, and Outlook: Additional duties may be assigned. Must be dependable, punctual and personable; Self-motivated, with the ability to work independently on projects while meeting deadlines Previous experience and/or demonstrated interest in public policy **Keywords**: marketing: public relations: social justice: media:

public policy; advocacy; research; community development

Sacramento Children's Home	Phone(s):
Organization Mission	(916) 452–3981 Address:
Established in 1867, the Sacramento Children's Home has worked to maximize the potential of both children and families. This organization works to address family issues, such as family neglect and abuse.	2750 Sutterville Rd Sacramento, CA 95820 www.kidshome.org
Services Provided  Residential programs for abused and/or neglected children.  Community-based prevention and early intervention programs to complement residential programs.  • Advocacy,  • Counseling,  • Crisis nursery,  • Transition age program, and  • wrap-around services are among the many services offered through the Sacramento Children's Home.	Contact Person: Wendy, Volunteer Coordinator 916-290-8199 http://www.kidshome.org/how-to-help/volunteer-support/
Population Served Children, families	
Eligibility Requirements     Complete an application <a href="http://www.kidshome.org/how-to-help/volunteer-support/">http://www.kidshome.org/how-to-help/volunteer-support/</a> Background check required	Possible Tasks/Duties     Tasks/duties will depend on the area of volunteering one is volunteering in.
Keywords: children; neglect and abuse; families	Click to return to List of Organizations

### Phone(s): **Sacramento County Department of** (916) 875-0556 **Human Assistance/Probation** Organization Mission Address: 4100 Branch Center Road The Sacramento County Probation Department provides clients Sacramento, CA 95827 with the assessment, treatment, supervision and support necessary to prevent re-offending, resulting in a safer http://www.probation.saccounty.net/Recruitment/ community. Our highly skilled, multi-disciplinary workforce uses Pages/StudentInternProgramInformation.aspx innovative strategies to support positive change. **Contact Person:** Services Provided Mamie Yee The Sacramento County Probation Department is responsible (916) 875-0556 for the background investigation of offenders and the yeema@saccounty.net preparation of social history reports for the Sacramento County Superior Courts. The Probation Department also operates and maintains the County's juvenile hall: The Youth Detention Facility; and several other facilities and programs, including Adult Day Reporting Centers, and various collaborative courts. The Department teams with various law enforcement agencies, schools, community-based organizations and the citizens of Sacramento County to form productive partnerships with an underlying goal of public safety.

### **Population Served**

youth, adults

### **Eligibility Requirements**

- Communication skills,
- US citizen or permanent resident eligible for applied citizenship,
- At least 18 years old,
- Able to complete physical tasks.
- Must pass background investigation including fingerprinting, criminal history check,
- Pass TB screening.

### Possible Tasks/Duties

- Students will be assigned positions into divisions that have different responsibilities, under a supervisor or probation officer. These divisions include, but are not limited to: detention centers and courts.
- Ability to complete a variety of physical tasks (standing, walking, running, bending, climbing stairs, and lifting adults and/or juveniles).
- Ability to communicate clearly and concisely in English both orally and in writing.

**Keywords**: juveniles; probation; youth detention; court; adult detention

Click to return to List of Organizations

### Phone(s): **Sacramento Food Bank and Family** (916) 456-1980 Services Organization Mission Address: The programs provide by the Sacramento Food Bank Services include: INTEL Computer Clubhouse, Child Services, Mother-Baby Program, 3333 Third Avenue Sacramento, CA 95817 (primary) Community Learning Center, Food Lockers and Sunday Lunch. 411 Hayes Avenue Sacramento, CA 95838 2469 Rio Linda Blvd Sacramento, CA 95815 Volunteering positions include: Emergency Goods Distributor, Adult educator/Tutor, ESL Adult Educator, After School Program Mentor, Play Care Assistant, Women's Wisdom Project Mentor, and Transitional www.sacramentofoodbank.org Living Mentor. Sfbs.org **Services Provided Contact Person:** Emergency Goods Distributor: Help individuals and families with emergency goods such as clothing and/or groceries. Robin Simpson, Volunteer Coordinator 916-925- Sunday Lunch Distributor: Prepare and distribute brown bagged 3240 x3382 lunches to the needy on Sunday mornings. Mother Baby Program Mentor: Support low income parents rsimpson@sacramentofoodbank.org experiencing all forms of hardship and crises. Adult Educator/Tutor: Help adults with a free education in a dignified and supportive environment. ESL Adult Educator: Teach basic reading, writing skills and life skills. • Computer Instructional Assistant: Teach computer skills to adults. After School Program Mentor: Create a supportive and welcoming environment for our underserved youth. • Play Care Assistant: Provide safe, fun, and welcoming environment for our clients' children. Women's Wisdom Project Mentor: Create a supportive and welcoming environment for women through art. Transitional Living Mentor: Serve as a parental mentor for the families living in Haven's Transitional Housing. Population Served Individuals and families Impoverished people Low income parents Adults in need of free education Underserved youth **Eligibility Requirements** Possible Tasks/Duties 90 minute orientation prior to beginning There are many aspects of this organization to be involved with. Visit this website to see the Individuals who are currently receiving services from SFBFS or have received services in the past 12 months are not eligible to volunteer. various opportunities Volunteers are not eligible to receive goods or services from http://www.sacramentofoodbank.org/volunteerroles/ SFBFS. May be required to have a background check depending on the program that one might be matched with (this will be a \$15 charge). Potential interns will be given the information as to where to go. **Keywords**: families; individuals; poverty; underserved youth; food Click to return to List of Organizations insecurity; housing; advocacy; empowerment

Sacramento State Student Health Center - CSUS **	Phone(s): (916) 278-5422
Organization Mission  "The Health Education Department has been an integral part of the Student Health Center since 1978.All Health Science programs provide direct clients service, health information, literature, referral, outreach and special events".	Address: Sacramento State University (Health Education Department room 1011, main Student Health Center)
Services Provided  "To enhance student health status and respond to student health needs through the use of educational programs,	Contact Person:  Program manager: Reva Wittenberg
strategies and materials. To expand the role of SHC to be an educational learning site as well as a health care facility. To offer students an opportunity to function as peer health educators under the supervision of professional health education staff." <pre>https://www.csus.edu/student- life/health-counseling/wellness- education/ Population Served Students</pre>	https://www.csus.edu/student-life/health-counseling/
Eligibility Requirements Interest in health education and college health issues Attendance at weekly staff service meetings 2-3 day training session Accountability for adhering to policies, able to perform student inter job duties Each unit equals about 3 hours per week. Units can be earned through academic department Two semester commitment Completion of summer assignment	Possible Tasks/Duties "The Health Education Department offers student internships in the following content areas:  1) Alcohol, tobacco, and other drugs and sexual assault  2) Sexual Health  3) Wellness (includes Nutrition)"  "Internships are designed as an academic related learning activity and provide an opportunity to: earn academic units, explore working in the health field, help fellow students, enhance communication, teaching and group process skills, develop and provide educational presentations, participate in campus outreach activities, develop/enhance skills in planning and implementing educational programs".
Keywords: Sac State; health; advocacy; wellness; drug/substance abuse; sexual health; CSUS	Click to return to List of Organizations

### San Juan Unified School District **Prevention or Foster Youth Services**

Phone(s): (916) 979-8606 – Prevention Office (916) 971-7391 - Foster Youth Services

### **Organization Mission**

**Prevention Office** – Prevention Programs is funded through the Tobacco Use Prevention Education (TUPE) grant and the district's Local Control Accountability Plan. Support and resources offered district-wide aim to improve students' academic success and overall school climate, while encouraging a healthy lifestyle free from violence, alcohol, tobacco, nicotine, and other drugs.

Foster Youth Services -- The San Juan Foster Youth Services program is one of the four original "Core District" foster youth programs in California, having been started in 1973.

### Services Provided

The program provides services to students in foster care. including advocacy, academic counseling, tutoring, educational assessment, mentoring and links to community services. In addition, we provide crisis counseling, vocational training, emancipation services and training for independent living. The goal of Foster Youth Services is to ensure that each foster youth is provided with the skills needed to become an independent, productive member of our community.

### Population Served

School age children

### **Eligibility Requirements**

### Prevention

- Sac State students majoring in either Education and/or Health Science
- Ability to communicate verbally and written, work independently, possess background and knowledge of health education and computer skills desired. Reliable transportation is a must.
- Looking for a minimum of 12 hours a week, up to 20 hours a week between the hours of 8am and 4pm.

### Address:

4425 Laurelwood Way, Room 3 Sacramento, CA 95864

### Contact Person:

**Erica Corpuz, Prevention Specialist** erica.corpuz@sanjuan.edu

Jovon Torres, Community Engagement Specialist jovon.torres@sanjuan.edu - (916) 979-8606

FYS - Dominic Covello dcovello@sanjuan.edu http://www.sanjuan.edu/Domain/2750

http://www.sanjuan.edu/Page/34834

### Possible Tasks/Duties

### **Prevention Program**

- Assist with district wide campaigns such as Red Ribbon Week, Don't Buy the Lie poster contest, and the Great American Smoke Out.
- Help conduct tobacco cessation groups with high school students and provide tobacco prevention education to middle and high school students.

### **Foster Youth Services**

**Keywords**: education; foster youth services; children; prevention;

Click to return to List of Organizations

Sunrise Senior Living	Phone(s):
<b>3</b>	(916) 486-0200
Organization Mission	Address:
Established 1981. "To champion quality of life for all seniors.	345 Munroe Street
We believe each day is an opportunity to Live With Purpose; to engage, enjoy, express, learn and grow."	Sacramento, CA 95825
	www.sunriseseniorliving.com
Services Provided	Contact Person:
Types of care provided include: assisted living, Alzheimer's care, independent living, coordination of hospice care,	Volunteer coordinator: Cleta Shelton (916) 486-0200
personal care, skilled nursing, home care, respite care stays, and CCRC.	sunriseseniorliving.com
Population Served	
Seniors / Senior citizens	
Eligibility Requirements	Possible Tasks/Duties
Background check	Interact with residents on a social level by playing games
TB test	<ul><li>and participating in social activities.</li><li>ONLY social activities</li></ul>
Keywords: senior care, social activities, volunteering; elderly	Click to return to List of Organizations

Sutter Health	Phone(s): Volunteer Services (916) 887-4377
Organization Mission Mission is to enhance the health and well being of people in the communities we serve through compassion and excellence. In all of our greater Sacramento area communities, our customers are the reason behind this mission.	Address: Sutter Medical Center, Sacramento 2825 Capitol Ave. Sacramento, CA 95816
Services Provided Sutter Medical Center, Sacramento is the foundation of Sutter Health, Northern California's largest health network with 29 acute care hospitals, more than 5,000 primary care physicians and specialists, home health, occupational health, psychiatric care and more. The downtown Sacramento medical center is made up of several facilities that include Ose Adams Medical Pavilion, Anderson Lucchetti Women's & Children's Center, and Sutter Center for Psychiatry.  Population Served	Contact Person:  Kelly w/Volunteer Services (916) 887-4377  E-mail: smcsvolunteerservices@sutterhealth.org
Anyone in need of health services or education	
<ul> <li>Attend a 2 – 3 hour orientation (for CSUS students next orientation is February 2020)</li> <li>Complete a Safety Quiz after orientation</li> <li>Provide Immunization Records</li> <li>Proof of 2 TB tests (Sutter will cover cost of this if don't already have)</li> <li>Flu Shot (Sutter will cover cost of this if don't already have)</li> <li>Vericella Immunization or proof of Chicken Pox</li> <li>Proof of 2 MMR vaccinations</li> <li>Students must agree to complete a <i>minimum of 100 hours</i></li> </ul>	Possible Tasks/Duties There are many departments that offer opportunities:  Acute Surgical & Bariatric Care Unit Administration Antenatal Testing Unit (ATU) Cardiac Care Unit (CCU) Cardiac Cath Lab Cardiac Rehabilitation Cardiovascular Interventional Unit (CVIU) Central Services Diagnostic Imaging Healing Music Emergency Services High Risk Maternity Intensive Care Unit (ICU), Cardiac, Neuro & Surgical Intensive Care Unit (ICU), Cardiovascular Surgery (CVSICU) Intensive Care Unit (ICU), Medical Information Desk Infusion Therapy Labor & Delivery Maternal Newborn Medical & GYN Neuroscience & Neuro Observation Oncology & BMT Orthopedics Outpatient Surgery (Capitol Pavilion) Pediatrics Pet Therapy Pharmacy Post Anesthesia Care Unit (PACU)

	<ul><li>Senior Care</li><li>Surgery Waiting</li></ul>
<b>Keywords</b> : research; health outcomes; health services; health education; senior care; patient advocacy; hospital; senior care; gerontology	Click to return to List of Organizations

### Phone(s): **UC Davis - Center for Reducing** (916) 703-9202 **Health Disparity \* Organization Mission** Address: The mission of the Center for Reducing Health Disparities is to 2921 Stockton Blvd. Suite 1408 promote the health and well-being of diverse communities by Sacramento, CA 95817 pursuing research, training, continuing education, technical assistance, information dissemination within a prevention, http://www.ucdmc.ucdavis.edu/crhd/ early intervention, and treatment framework that recognizes the unique cultural and linguistic contexts of these populations. **Contact Person: Services Provided** The Center provides support through contracts it has solidified with other entities to assess health disparities, delivery of Chloe Chandler -- (916) 703-9202 clchandler@ucdavis.edu public health services to disenfranchised communities, and (Email Perfered) makes recommendations on what various service providers (contractors) can do to reduce the health disparities and positively impact health outcomes while being culturally competent. **Population Served** Low income and disenfranchised communities **Eligibility Requirements** Possible Tasks/Duties Student Interns will need to have a basic to intermediate Opportunities for interns to interact with people in the skill level in working on the computer with various MS community who are serviced by the programs developed Office programs. by the Center. Students need to be responsible, able to be on-site Student interns would assist in the development and Wednesday mornings for four hours. implementation of training programs, needs assessments, Will need to participate in a volunteer training, complete a focus groups, gathering and analysis of data that is used UC Davis background check, TB test, and provide a to develop programs as well as in the evaluation of the program(s). student ID. Resume and interest of working there prepared. **Keywords**: health; research; education; training; public health

<b>Turning Point Community Programs</b>	Phone(s):
	(916) 364-8395 x2028
Organization Mission	Address:
Turning Point Community Programs began in 1976 with a	3440 Viking Drive, Suite 114
unique vision about offering caring, hope, respect, and support	Sacramento, CA 95827
on the path to recovery and mental health. From small	
beginnings as an agency with only two full-time employees,	
Turning Point now serves close to 5,000 mental health	
consumers in seven counties each year.	
Our staff is as diverse as the members we serve, and we	
never stop asking, "How can we improve?"	
Services Provided	Contact Person:
TPCP has many different programs that include:	Deborah Roberts, Clinical Training Director
Infant-Toddler Developmental Screenings	
<ul> <li>Abiding Hope Respite House (for adults with psychiatric disabilities)</li> </ul>	DeborahRoberts@tpcp.org
Pathways to Success After Homelessness	
<ul> <li>Transitional Support Services (TSS)</li> </ul>	
<ul> <li>Integrated Services Agency (provides wrap-around services)</li> </ul>	
Crisis Residential Program	
Northgate Point Regional Support Team (RST)	
Navigation to Wellness	
Flexible Integrated Treatment (for youth)	
Therapeutic Behavioral Services (youth)	
Pathways to Success after Homelessness (youth)	
(the above are in Sacramento; however, there are programs in	
other counties as well)	
Population Served	
Adults, children, and families in need of psychiatric services	
Eligibility Requirements	Possible Tasks/Duties
A pre-placement interview occurs the semester before	The responsibilities and tasks that the student will be
placement for screening purposes, then the Clinical	involved in will be determined depending on the interests
Training Director will decide which program best fits that	of the student and the background experience they have
student and refer to appropriate program person.	at the time of an internship.
The next step is for the student to meet with that person	Students could be involved in research at the
and will then receive an HR Clearance packet.	administrative office, which would be project based.
	Students could be involved in direct service working with
	homeless clients, youth with behavioral needs, mental
	health issues, transitional support, as well as individuals
	serviced through Turning Point of all ages that are in need of mental health services.
<b>Keywords</b> : mental health; individuals; families; youth;	
homelessness; support services; psychiatric services	Click to return to List of Organizations

UNITE Here*	Phone(s):
	(203) 430-6688
Organization Mission	Address:
	Local 49
UNITE HERE changes lives by improving wages and benefits	1970 Tribute Road, Sacramento, CA 95815
in thousands of traditionally low-wage sectors, creating jobs	http://unitohoro.org
that sustain families.	http://unitehere.org
Too many people who clean rooms and cook food live in	
poverty. They're working dead-end jobs with little hope.	
At INITE HEDE wa're changing that Wa're around of what	
At UNITE HERE, we're changing that. We're proud of what we've been able to accomplish.	
Services Provided	Contact Person:
SOLVIOSO I TOVIGGG	oontaot oroon.
UNITE HERE represents workers throughout the U.S. and	Jake Doolittle
Canada who work in the hotel, gaming, food service, airport,	ph: 203-430-6688 email: jaked.unitehere@gmail.com
textile, manufacturing, distribution, laundry, and transportation	
industries.	
Population Served	
Service Workers	
Eligibility Requirements	Possible Tasks/Duties
Students would need to complete an application to	6-week Immigration program volunteer immigration
complete and then be interviewed.	program. 5- 10 hours per week.
Being bilingual is not a requirement but would be great.	Combination of labor organizing, shadowing, going to
Students should be interested in immigration justice or	committee meetings.
union representation.	Help legal permanent residents get their legal status.     Outreach work.
<ul> <li>Students considered should have good listening skills, good communication skills, and flexibility.</li> </ul>	Continued work after the 6-week program but not as many
Other than that, if they have the motivation and	hours.
passion then they would be a good fit.	Summer internships organizing beyond barriers (paid
,	internships)
<b>Keywords</b> : unions; grass roots; community organizing	Click to return to List of Organizations

WEAVE	Phone(s):
***************************************	(916) 488-2321x0
Organization Mission	Address:
Drganization Mission  Established in 1978, Weave has been a member agency of the United Way since 1984. Through community education Weave raises the awareness of the existence of domestic violence, works to change beliefs that condone and perpetuate violence in our society, generates community support and involvement.  Services Provided  Family violence shelter services, family violence counseling services, and sexual assault services.  Population Served  Survivors of domestic violence and sexual assault  Eligibility Requirements  WEAVE volunteer program requirements include:  WEAVE volunteer program orientation attendance is mandatory.  Application must be turned in before the interview (two references required).  A WEAVE client ethics form must be signed and dated prior to volunteering in any area other than fundraising  Certification training sessions are mandatory for all direct service volunteers  The following are Direct Service Program requirements only:  Fingerprinting is required for anyone applying for the children's program and may be required at the discretion of the Community Outreach Program Manger for applicants.  A Child Abuse form must be signed, dated and	(916) 488-2321x0
maintained in each personnel file.  • Must be 21 years of age  Regarding Direct Service Program requirements only:  • A minimum of 6 month commitment	Other duties as assigned.  "Internship includes many opportunities to write, plan events and work with the community. Upon successful completion, the candidate will receive a letter of recommendation and portfolio
<ul> <li>A commitment of one, four hour shift per week minimum is required regardless of the selected programs.</li> <li>Interns must commit to a 12 month internship.</li> <li>In an event that a volunteer is unable to cover their shift, they are responsible to find a volunteer to cover for them.</li> <li>Keywords: children; education; domestic violence/abuse; trafficking; sexual assault; shelter; counseling services</li> </ul>	materials".  Click to return to List of Organizations

WellSpace Health	Phone(s):
Trong page 11 can.	(916) 469-4690 (3)
VellSpace Health  Organization Mission  Achieving regional health through high quality comprehensive care.  WellSpace Health is the result of a merger between two Sacramento social service agencies. Family Service Agency historically provided child and family therapy, crisis intervention, and violence prevention. WellSpace Health provided primary health services and treatment of substance abuse. On October 1, 2005 these two agencies merged to create Sacramento's single largest provider offering a full continuum of care for health, mental health, and addictions treatment.  Services Provided  Health services and treatment of substance above  Population Served  Men, women, and children  Eligibility Requirements  • High School Diploma or GED required; some college desirable;  • Strong verbal and written communication skills;  • Skilled in use of technology including multiple line telephones, computer (PC), laptop, software including Microsoft Word, Power Point, Excel, Outlook, email;  • Ability to work independently with confidence, as well as working as an integral part of a team of professionals;  • Must be mature, sensitive, emotionally stable; flexible and adaptable to varying situations and coverage needs;  • Reliable and able to adhere to schedules based upon crisis center needs;  • Ability to consistently adhere to crisis center program policies and procedures;	
Ability to consistently adhere to crisis center program	
Keywords: men; women; children; health; addictions;	Click to return to List of Organizations

wellness; advocacy; birth outcomes; crisis

### References

American Sociological Association. (n.d.). *ASA code of ethics*. Retrieved from http://www.asanet.org/membership/code-ethics

Varano, C. (2016). Sociology 195/295: Internship [Syllabus]. California State University Sacramento.