Internships (Soc 195) Information

Sociology Department Internship Coordinator:

Internship Coordinator: Ellen Berg | Email: berge@csus.edu | Office: Amador Hall 453A
Please reach out to the Internship Coordinator with any questions about Soc 195.

What is an internship?

An Academic Internship is a supervised work-learn placement in a setting outside the classroom. Some placements are on-campus, but most are off-campus. Internships are intended to provide students with opportunities to apply the skills and knowledge gained in their college coursework.

Benefits of doing an internship:

- Gain the knowledge, experience, and skills needed in the job market or when applying for graduate programs.
- Get to know the values and norms emphasized in the occupational community.
- Apply your sociological knowledge in the "real world" while earning academic units.

Internship requirements:

- Complete the minimum required hours at the internship site
- Attend seminar meetings with the Internship Coordinator (Dr. Berg)
- Meet with your assigned Faculty Advisor
- Keep field notes
- Write up final report/poster or agreed upon work product

Steps to get an academic internship in sociology:

NOTE: Start planning early.

Sometimes, students cannot secure an internship right away and may need to contact several internship sites before finding a good fit. Also, some agencies may require an interview or a training session before your internship begins. **More and more agencies do background checks on interns -fingerprinting, reference checks, etc. This will take time, sometimes more than a month.**

Several weeks before the Semester Begins:

Step 1: Do some research about possible internship sites

1. Read pgs. 3-8 of this document thoroughly (sites that may be of particular interest to Sociology students are listed there).
2. Then, if needed, visit the Community Engagement Center website to search additional community partners with internship agreements with the University https://app.calstates4.com/csus/program-sites

Step 2: Find 3-5 possible sites that interest you. These can be paid or unpaid internships.

Step 3: Determine how many units of SOC195 you would like to take (1 unit = 45 hours per semester, 2 units = 90 hours per semester, 3 units = 135 hours per semester). Confirm your desired # of units matches with what is available at the sites you are considering.

***Step 4:** Contact the Internship Coordinator (Dr. Ellen Berg berge@csus.edu) with the list of possible internship sites, and she will verify whether each site has an active agreement with Sac State.

Step 5: Once the current contracts with Sac State are verified, contact each site directly to learn more about the specific process to apply/sign up for an internship. **Apply to your top 1-2 choices.**

Consider sending your resume, explaining why the internship would contribute to your future career goals, and how many hours you are seeking over the semester (45 hours if you register for 1 unit, 90 hours if you register for 2 units, and 135 hours if you register for 3 units). Please note that some organizations may have a standard application form for volunteers/interns to complete.

No later than the end of the first week of the semester (earlier if possible):

Step 6: Send an email to the Internship Coordinator (Dr. Ellen Berg) **with verification of your internship offer**. Dr. Berg will send you the registration form for Soc 195.

Step 7: Return the registration form to Dr. Berg. She will get you enrolled in the course, assign you to a Sociology Faculty Advisor and add you to the Soc 195 Canvas site.

Step 8: Once added to the SOC 195 Canvas site, review the syllabus and mark your calendar to attend the SOC195 seminar meetings (about 2 per semester).

Step 9: Once you have access, there will be orientation forms to complete, then you can begin your internship hours. Your faculty advisor can answer questions when you get to this point.

POSSIBLE SITES: The following is the list of internship sites that have accepted Sac State Sociology majors for an Academic Internship in recent years, but you can certainly explore other organizations on the Community Partner List.

AANHPI Center	My Sister's House
ASI	Project Optimism
California Homebuilding Foundation	PRO Youth & Families
California Rural Legal Assistance	Roberts Family Development Center
California Mobility Center	Sacramento Children's Home
Center for Race, Immigration, and Social Justice	Sacramento County Probation Department
Francis House Center	Sacramento County Sheriff
Grant Union High School	Sacramento County District Attorney's Office
Happy Tails	Family Justice Center (Sacramento Regional Family Justice Center)
I-CAN Crime Victims Assistance Network	California State University, Sacramento - Career Center
Jumpstart	Sacramento State Institute for Social Research
Intercultural Oral and Deaf History Project	Wind Youth Services
Nopal	

Pre-Arranged Internship Sites

Following is the list of internships available at community organizations that have either direct connections to Sac State Sociology Faculty or have reached out directly to us seeking interns. You may apply for these internships directly following the instructions below. *When you receive an official acceptance letter/email verifying that you will be starting an internship next semester, forward it to Dr. Berg.*

AANHPI Center – *affiliated with the CSU*

Information	Students will be working with the research analyst who conducts applied research on Asian American, Native Hawaiian, and Pacific Islander students in CSU system.
Location	Sac State Downtown Campus 304 S Street, Sacramento, CA 95811
Units/Hours	3 units (135 hours over semester/9 hours weekly)
Number of Interns Accepted	1
Point of Contact	Dr. Ellen Berg (berge@csus.edu)
Note	Students must be driven and demonstrate strong proficiency in statistics and/or research methods. Students must be also independent and reliable. Students should take SOC 101 at a minimum prior to applying for this internship. A recommendation from SOC 101 professor is preferred.
How to Apply	Contact Dr. Berg.

Chicanx/Latinx Faculty and Staff Association (CHLFSA) Newsletter Internship - *On campus!*

Information	Details about the internship. Learn more about the organization here: chlfsa.org
Location	In-person internship at Sac State Remote internship available
Units/Hours	1 unit (3 hours per week) 2 unit (6 hours per week) 3 unit (9 hours per week) * For the duration of the semester.
# Interns Accepted	2
Point of Contact	Dr. Heidy Sarabia (heidy.sarabia@csus.edu)
Note	See details about the internship to see the kind of work you will carry out for the internship.
How to Apply	Send an email to Dr. Sarabia (heidy.sarabia@csus.edu) to express your interest, and include a resume and a short statement of interest (why you would like to do this internship).

California Rural Legal Assistance, Inc. (CRLA) - ***Remote option available!***

Information	Details about the internship: CRLA Internship Description.pptx Learn more about the organization: https://crla.org/about-crla
Location	In-person internship in Stockton, CA Fully remote and hybrid internship available
Units/Hours	1 unit (45 hours over semester/3 hours weekly) 2 units (90 hours over semester/6 hours weekly) 3 units (135 hours over semester/9 hours weekly)
# of Interns Accepted	3 per semester
Point of Contact	Dr. Amalia Perez-Martin (a.perezmartin@csus.edu)
Note	Students are recommended to take SOC 159 Sociology of Law taught by Dr. Perez-Martin before, or at same time, they intern at the CRLA. *SOC 159 focuses on how law and society co-produce one another, and explores who benefits and bears the burden of legal structures and practices, addressing how social justice can emerge from these tensions.*
How to Apply	Contact Professor Amalia Perez-Martin

Center on Race, Immigration, and Social Justice (CRISJ) - ***On campus!***

Information	https://www.csus.edu/center/race-immigration-social-justice/
Location	Library 67, Sacramento State *Note: Expect meetings with Community Partners in the Sacramento Region
Units/Hours	1 unit (3 hours per week) 2 unit (6 hours per week) 3 unit (9 hours per week)
Number of Interns Accepted	Approx. 5
Point of Contact	Manuel Barajas (mbarajas@csus.edu) Ana Gutierrez (arg37@csus.edu)
Note	Students will meet once a week with a CRISJ coordinator at Library 67 to supervise/advance goals/outcomes (Fall meeting on Tuesdays at 3:00-4:00, Spring Wednesdays at 3:00-4:00) Activities may include event programming, research, communication, podcasting, web design, flyer/poster making, newsletter, advocacy, and similar additional tasks.
How to Apply	Contact Dr. Manuel Barajas.

Happy Tails

Information	**Academic Internship at Happy Tails.pdf** https://www.happytails.org/ https://www.happytails.org/volunteer/volunteer-opportunities
Location	6001 Folsom Blvd, Sacramento, CA 95819
Units/Hours	1 unit (45 hours over semester/3 hours weekly) 2 units (90 hours over semester/6 hours weekly)
# of Interns Accepted	Open until filled
Point of Contact	Dr. Amanda Shigihara (shigihara@csus.edu) Contact Dr. Shigihara for more information before applying.
How to Apply	Fill out the application here: https://form.jotform.com/HappyTailsForms/vol-app-adults

The Intercultural Oral and Deaf History Project - ***On campus!***

Information	https://www.csus.edu/faculty/y/yonemura/iodhp/
Location	On campus. Note: You may need to meet community partners in the Greater Sacramento Area.
Units/Hours	1 unit (3 hours per week) 2 unit (6 hours per week) 3 unit (9 hours per week) * For the duration of the semester.
Number of Interns Accepted	Approx. 5
Point of Contact	Dr. Ayanna Yonemura (yonemura@csus.edu)
Note	The Intercultural Oral and Deaf History Project centers undergraduate student research. Students serve as the primary researchers, conducting in-depth oral and Deaf history interviews with narrators from diverse cultural and linguistic backgrounds.
How to Apply	Email Dr. Ayanna Yonemura your resume.

International Rescue Committee (IRC) in Sacramento

Information	Available opportunities at IRC Sacramento
Location	2020 Hurley Way, Suite 420, Sacramento, CA 95825
Units/Hours	3 units (9 hours per week)
# of Interns Accepted	Open until filled
Point of Contact	Jack Rose, Volunteer & Donation Coordinator getinvolvedIRCsacramento@rescue.org
Note	IRC Sacramento has several internship offerings with different requirements. Most positions require in-person work; there may be some ability for hybrid work, though not guaranteed. The ability to fluently speak Dari/Farsi, Arabic, Ukrainian/Russian, or Spanish is generally a strong asset, but not always a requirement.
How to Apply	Apply at our website. Please indicate that you are applying through the CSUS Sociology Dept internship program and/or mention it in your initial interview.

Port of Sacramento Japanese School

Information	https://www.sacramento-hosyuko.org/
Location	6000 J Street, Sacramento, CA 95819
Units/Hours	1 unit (45 hours over semester/3 hours weekly)
Number of Interns Accepted	Open until filled
Point of Contact	Dr. Aya Kimura Ida (idaa@csus.edu)
Note	This internship requires strong communication skills in Japanese language, and the interns are expected to communicate with the school's K-12 students, teachers, and parents in Japanese on site. The internship will take place from 8am to 1pm on Saturdays.
How to Apply	Contact Dr. Ida.

Folsom Cordova Unified School District

Information	Home - Folsom Cordova Unified School District
Locations	Folsom High School, Vista High School, Cordova High School, Sutter Middle, Folsom Middle, Mitchell Middle, Mills Middle.
Units/Hours	1 unit (3 hours per week) 2 units (6 hours per week) 3 units (9 hours per week) * For the duration of the semester.
# of Interns Accepted	7 interns, ideally 1 at each site for 3-6 hours per week.
Point of Contact	Miranda Mackabee mmackabee@fcusd.org
Note	Interns will be trained to support the Program Specialist in screening students who have been referred due to ATOD (Alcohol, Tobacco, and Other Drug) incidents on campus. Training will focus on Brief Intervention Sessions (BIS) and Motivational Interviewing (MI) techniques, using the district's intervention curriculum to help students reflect on their choices, identify risk factors, build motivation for positive change, and connect with appropriate supports. Key qualifications – an interest in working with and supporting students in K-12 (especially middle and high school)
How to Apply	Email Miranda Mackabee for an application packet and to set up an interview.

Western Service Workers Association

Information	https://wswasacto.org/
Location	5040 Perry Avenue, Sacramento, CA 95820
Units/Hours	1 unit (3 hours per week) 2 unit (6 hours per week) 3 unit (9 hours per week) * For the duration of the semester.
Number of Interns Accepted	No limit
Point of Contact	Dr. Miguel Ruiz (miguel.ruiz@csus.edu)
Note	They do not offer remote work. There are no qualifications. They do not require a background check. WSWA is 100% volunteer run from top to bottom.
How to Apply	Contact Jean Carrera Velazquez. WSWA Operations Manager 5040 Perry Avenue, Sacramento, CA 95820 (916) 456-1771