Injury and Illness Prevention Plan Addendum: COVID-19 Safety

Maintaining the health and safety of all employees is the top priority at Sacramento State. The following IIPP Addendum is written in compliance with California OSHA requirements using the guidance of the CDC (Centers for Disease Control), California Department of Public Health (CDPH) and Sacramento County Public Health, as per Cal-OSHA requirements.

NOTE: While Cal-OSHA does not directly regulate student safety, these protocols may also be applied to students who participate in-person on campus.

1. FACE COVERINGS
   a. Except when required by Cal-OSHA regulations, face coverings are voluntary and not required in any indoor and outdoor locations on campus.
   b. The wearing of face coverings is voluntary while inside a University, Auxiliary or personal vehicle being operated for University or Auxiliary business, including field trips.
   c. Anyone may voluntarily wear a face covering or respirator at any time or place on campus.
   d. For employees who tested positive and are returning to work within 10 days of the positive test while exhibiting no symptoms of illness, face covering must be worn. Face covering may be removed sooner than 10 days if the employee have two sequential negative tests at least one day apart.

2. PHYSICAL DISTANCING
   a. There are no distancing requirements or density limits for employees, students or the public regardless of vaccination status
   b. Employees who have concerns about distancing or contact with other employees or the public can consult University Environmental Health & Safety (EHS) at (916) 278-2020.

3. COVID-19 TESTING
   a. All employees who are symptomatic for COVID-19 should consult their medical provider for advice on testing.
   b. University or Auxiliary employees who believe or know they have been exposed to a known COVID-19 positive individual not at work, or develop symptoms while not at work, should consult their medical provider regarding testing.

4. COVID-19 EXPOSURE/POSITIVE RESULT
   a. University employees who test positive for COVID-19, are required to report without fear of reprisal, the positive test result within 24 hours of receiving the test result.
   b. Reports can be made by using the confidential University Worker’s Compensation COVID-19 reporting link:

   COVID-19 EMPLOYEE REPORT FORM

Revised January 2024
For questions or concerns call (916)278-6456. Both the online form and the call are confidential.

c. Employees who test positive and have no symptoms may return to work.
   i. For employees who test positive and have no symptoms, there is no requirement for isolation or exclusion.
   ii. Employees with a positive test and symptoms are excluded from work until there are no longer any symptoms, which includes being free from fever for 24 hours without the use of anti-fever medication.
   iii. Employees returning to work prior to 10 days from their positive test must wear a well fitted face covering when close contact with other employees, students or public occurs, until the tenth day after their positive test.
   iv. The required face covering may be removed sooner than 10 days if the employee has two sequential negative tests at least one day apart.

d. University employees who are “known to have received an exposure to a known COVID-19 positive individual while at work”, also referred to as a close contact, per Cal-OSHA requirements for identifying this exposure, will receive a notification from University Human Resources, and will receive access to free COVID-19 testing kits; testing is recommended 2-3 days after exposure, but not required.
   i. Cal-OSHA “close contact” definition.

e. Employees known to have received an exposure while at work who have no COVID-19 symptoms can remain at work until a time in which symptoms arise.

f. University employees who have symptoms of any illness should not report to work, and inform their manager/appropriate administrator and contact their medical provider for advice.

5. GENERAL HYGIENE AND CAMPUS SAFETY
   a. All University Employees should wash hands frequently with soap and water.
   b. All University Employees should clean their break/lunch spaces before and after each use with disinfecting wipes provided on request by the University.
   c. All University Buildings have upgraded air filtration systems installed, and are adjusted to maximize outside airflow into the building.
   d. Maximum outside air flow into buildings may be curtailed if the Air Quality Index exceeds 100.