

EMPLOYEES WITH POSITIVE COVID TEST RESULTS



Positive Test Result: Next Steps

You are receiving this message because you are an employee who has reported a positive COVID test result today. As such, here are some immediate next steps that must occur:

- You must inform your appropriate administrator/MPP of your test result immediately.
- You are directed to leave the campus workplace and isolate yourself from others immediately.
- Visit the [HR-Related Coronavirus \(COVID-19\) Resources](#) page for information about requesting paid leave under the CSU Supplemental Paid Sick Leave (SPSL) program.
- Per [Cal OSHA](#):
 - Employees who test positive **and** have symptoms are excluded from the workplace for ten days from the start of symptoms. Employees can return to work after day five if symptoms have resolved **AND** they test negative for COVID on or after the 5th day. Upon return, the employee shall wear a face covering while working within 6' of others on campus for ten days after symptoms begin.
 - Employees who test positive but have no symptoms are excluded from the workplace for at least five days from the positive test. Employees can return to work after day five if they remain free of symptoms **AND** test negative on or after the 5th day. Upon return, the employee shall wear a face covering while working within 6' of others on campus for ten days after the positive test.
 - Employees testing positive on or after the 5th day can return to campus after day ten if they are fever-free for 24 hours without fever-reducing medication. If the fever continues after day 10, the employee may not return until 24 hours after the fever resolves without using fever-reducing medicines.
 - If, after initially testing positive, the employee is unable or chooses not to test again, they can return to work after day ten if they are fever-free without fever-reducing medication.

[Return to Campus & COVID-19 Information](#)

[COVID-19 Vaccination Interim Policy](#)

[Sac State implementation of systemwide COVID-19 Interim Vaccination Policy](#)

[Sacramento County Department of Public Health COVID-19 page](#)

[Return to Campus: Wellness](#)

[HR-Related Coronavirus FAQs](#)



- Recommended: test negative with an antigen test. *Since testing is challenging to come by, this is a recommendation, not a requirement.*
- A negative COVID-19 test is not required for an employee to return to work.
 - If you cannot carry out your duties because of illness due to COVID-19, you can utilize sick leave or any other applicable leave balances.
- Work with your appropriate administrator/MPP to telework, if possible. However, if you are not feeling well – take time to recover and heal!
- If your illness due to COVID-19 requires more time away from work than Cal OSHA guidelines, contact the Benefits Office at benefits@csus.edu or 916-278-6213 to inquire about medical leave options.
 - You are strongly encouraged to contact your healthcare provider to obtain more specific medical guidance based on your medical history and possible symptoms.

Definitions

COVID-19 tests – means a viral test for SARS-CoV-2 that is approved by the United States Food and Drug Administration (FDA) or has an Emergency Use Authorization from the FDA to diagnose current infection with the SARS-CoV-2 virus; administered in accordance with the FDA approval or the FDA Emergency Use Authorization as applicable.

Isolation – separates people infected with COVID-19 (symptomatic or asymptomatic) from others, even within a household. For persons with COVID-19 infection, isolation and precautions can be discontinued ten days after symptom onset and resolution of fever for at least 24 hours, without fever-reducing medications, and with an improvement of other symptoms.