

# EMPLOYEES WITH POSITIVE COVID TEST RESULTS



## Positive Test Result: Next Steps

You are receiving this resource because you are an employee who has reported a positive COVID test result today. As such, here are some immediate next steps that must occur:

- You must inform your appropriate administrator/MPP of your test result immediately.
- Additionally, you must report the positive test result to Risk Management:
  - Please report via the confidential online [reporting form](#).
  - If you cannot access the form, contact Risk Management Services, (916) 278-6119 or [rms@csus.edu](mailto:rms@csus.edu).
- You are directed to immediately leave the campus workplace and isolate from others.
- Per [Cal OSHA](#):
  - Employees who test positive should isolate at home for a minimum of ten (10) days from the onset of symptoms.
  - Asymptomatic employees should isolate at home for ten (10) days from the date they took their test.
  - After ten (10) days have passed, you can return to work if symptoms are not present or are resolving, and have no fever for 24 hours.
  - Recommended: test negative with an antigen test.  
*Since testing is difficult to come by, this is a recommendation not a requirement.*
  - A negative COVID-19 test is not required for an employee to return to work.
- If you are unable to carry out your duties because of illness due to COVID-19, you can utilize sick leave or any other applicable leave balances.
  - Work with your appropriate administrator/MPP to telework, if possible. However, if you are not feeling well – take time to recover and heal!
  - Should your illness, due to COVID-19, require more time away from work than Cal OSHA guidelines, you should contact the Benefits Office at [benefits@csus.edu](mailto:benefits@csus.edu) or 916-278-6213 to inquire about medical leave options available to you.
- You are strongly encouraged to contact your healthcare provider to obtain more specific medical guidance based on your medical history, and possible symptoms.

## Definitions

**COVID-19 tests** – means a viral test for SARS-CoV-2 that is approved by the United States Food and Drug Administration (FDA) or has an Emergency Use Authorization from the FDA to diagnose current infection with the SARS-CoV-2 virus; and administered in accordance with the FDA approval or the FDA Emergency Use Authorization as applicable.

**Isolation** – separates people infected with COVID-19 (symptomatic or asymptomatic) from others, even within a household. For persons with COVID-19 infection, isolation and precautions can be discontinued 10 days after symptom onset and resolution of fever for at least 24 hours, without the use of fever-reducing medications, and with improvement of other symptoms.

**Notice of Disclosure:** A covered health care provider who provides health care services to an individual at the request of the individual's employer or provides a service in the capacity of a member of the employer's workforce may disclose the individual's protected health information (PHI) to the employer for the purposes of workplace medical surveillance or evaluation of work-related illness and injuries to the extent the employer needs that information to comply with OSHA or other state laws. The information disclosed is limited to the findings regarding such medical surveillance or work-related illness or injury.

[Return to Campus & COVID-19 Information](#)

[COVID-19 Vaccination Interim Policy](#)

[Sac State implementation of systemwide COVID-19 Interim Vaccination Policy](#)

[Sacramento County Department of Public Health COVID-19 page](#)

[Return to Campus: Wellness](#)

[HR-Related Coronavirus FAQs](#)

