

8TH ANNUAL FALL ETHICS SYMPOSIUM

Ethics and Mental Health

October 23, 2013

8:30 am - 4:30 pm | Sacramento State University | The Well (Terrace Suite)

Ethics and Mental Health

Understanding and achieving mental health are activities that have significant moral dimensions. For example, the identification of mental traits as healthy or unhealthy often requires having views about what is both psychologically and morally good for human beings. Likewise, the pursuit of mental health often requires having moral virtues like honesty, compassion, trustworthiness, and courage. How can we, as morally responsible individuals, best obtain and maintain our own mental health? How can we, as friends and family members, best support the mental health of those we love? How can we, as students, professionals, researchers, and co-workers, best facilitate the mental health of those we live with? How can we, as citizens, best structure our communities to provide mental health care to those who need it? Come join us in discussion as we consider answers to these questions and address some of the most important contemporary ethical issues in mental health.

This event is free and open to the general public.

8:30 am – 9:00 am: Morning Refreshments (Lobby)

9:00 am – 9:25 am: Greetings and Opening Remarks

9:30 am – 10:50 am: Keynote Session: Virtues and Vices of the Current State of Mental Health Care in California and Beyond
DAN MORAIN, *Senior Editor, Sacramento Bee*

11:00 am – noon: Panel: Ethics and the Mental Health Professional
RICHARD L. KRAVITZ, MD, MSPH, *Professor and Co-Vice Chair of Research, Department of Internal Medicine, University of California Davis; Interim Director, University of California Center, Sacramento*
CHARLES SCHAFFER, MD, *Psychiatrist, Sacramento*

1:30 pm – 2:45 pm: Panel: Ethics and Mental Health on the College Campus
SHANNON DICKSON, *Professor, Department of Counselor Education, Sacramento State*, CELIA ESPOSITO-NOY, *Vice President, Student Services and Enrollment Management, Cosumnes River College*

3:00 pm – 4:15 pm: Panel: Philosophical Perspectives on Ethics and Mental Health
KYLE SWAN, *Assistant Professor, Department of Philosophy, Sacramento State*, THOMAS PYNE, *Professor, Department of Philosophy, Sacramento State*, G. RANDOLPH MAYES, *Professor, Department of Philosophy, Sacramento State*

4:30 pm: Reception (Lobby)

All participants and audience members are encouraged to join us for a reception, where we can continue the conversation over light refreshments.

For further information, please contact the
Center for Practical and Professional Ethics:

TEL. 916-278-5011 | E-MAIL: cppe@csus.edu
www.csus.edu/cppe

