



## Processing Tragedy

In response to the mass shootings, and acts of hate and violence that took place across our nation last weekend, we will hold intentional community conversation spaces during the next two weeks to begin the healing process.

The Division of Inclusive Excellence, in partnership with the Division of Student Affairs, will offer the *Begin Healing Here: Community Conversations of Healing, Peace, and Justice* virtual dialogue series. The series will be accessible to our entire campus community. Campus and community resources will be shared at each session for all participants who wish to access them.

Join the conversations, scheduled for noon-1 p.m. these days:

May 23: [Processing Tragedy and Trauma](#).

May 24: [Unpacking Grief](#).

May 25: [Examining the Systemic Response to Mass Violence](#).

May 26: [Moving the Needle of Justice](#).

Community Conversation descriptions:

### **Processing Tragedy and Trauma**

This will be an open discussion focusing on processing emotions and resource sharing, while providing room for participants to share how they have been affected by the recent violence and mass shootings.

### **Unpacking Grief**

This conversation will offer space for emotional support through unpacking and navigating the trauma that violence and injustice cause, and the local and national responses and impact of these incidents.

### **Examining the Systemic Response to Mass Violence**

The discussion will center on root causes and systemic conditions that maintain and perpetuate tragedies such as mass shootings. It also will explore unpacking past and present comprehensive actions as a local and national response.

### **Moving the Needle of Justice**

This discussion will center on ways we can exercise our civil liberties individually and collectively to act toward justice. We also will address ways we can challenge the status quo systems, including local and state government, to curate sustainable solutions.

For more information about the community conversations, please refer to the calendar on the [Inclusive Excellence website](#). You can also contact Katherine Betts, director of Belonging Education Support at [betts@csus.edu](mailto:betts@csus.edu), or Rob Reyes, director of Unlearning and Relearning at [robert.reyes@csus.edu](mailto:robert.reyes@csus.edu) if you have additional questions.

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