

Sacramento State and Local Resources List

For Reporting Discrimination, Harassment, Retaliation, Sexual Misconduct, Dating/Domestic Violence, or Stalking to Campus:

**Sacramento State
Office for Equal Opportunity**

Phone: 916-278-5770
 Email: equalopportunity@csus.edu
 Website: www.csus.edu/titleix

For Confidential Support through Campus:

<p>Confidential Campus Advocate (The Advocate provides <i>confidential</i> support to those who have experienced sexual abuse, dating/domestic abuse, and stalking)</p> <p>Laura Swartzen Sacramento State - WEAVE Confidential Campus Advocate Phone: 916-278-5850 Email: WEAVE@csus.edu</p>	<p>Counseling Services (Counseling Services are a <i>confidential</i> resource for students)</p> <p>Sacramento State - The WELL Student Health & Counseling Services Phone: (916) 278-6461 Website: http://www.csus.edu/shcs</p>	<p>Employee Assistance Program (The Employee Assistance Program is a <i>confidential</i> resource for employees)</p> <p>24/7 assessment/counseling Phone: 800-367-7474 Or Phone: 877-307-2812 (Password: SacState) https://www.mylifematters.com (Password: SacState)</p>
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Other On-Campus Resources:

<p>Sacramento State Police (For issues that may be criminal in nature and/or for safety concerns)</p>	<p>Email: police@csus.edu Phone: (916) 278-6000 https://www.csus.edu/campus-safety/police-department/</p>
<p>Hornet Safety Escort (For on campus travel)</p>	<p>Email: shuttle@csus.edu Phone: (916) 278-7260 https://www.csus.edu/parking-transportation/shuttle/safety-escort.html</p>

Women's Resource Center	Email: wrc@csus.edu Phone: 916-278-7388 http://www.csus.edu/wrc/
Multi-Cultural Center	Email: mcc@csus.edu Phone: 916-278-6101 http://www.csus.edu/mcc/
PRIDE Center	Email: pride@csus.edu Phone: 916-278-8720 http://www.csus.edu/pride/
Services to Students with Disabilities	Email: sswd@csus.edu Phone: 916-278-6955 http://www.csus.edu/sswd/
Veterans Success Center	Email: vets@csus.edu Phone: 916-278-6733 http://www.csus.edu/vets/
ASI Legal Services (Free legal advice for students)	(Associated Students, Inc) https://asi.csus.edu/post/legal-aid
Parents & Families Program (Resources for parents of students or students who are parenting)	Email: parentsfamilies@csus.edu Phone: 916-278-4353 http://www.csus.edu/student/parents/

Off-Campus Resources:

Local Police – City of Sacramento	Sacramento Police Department 5770 Freeport Boulevard, Suite 100 Sacramento, CA 95822 Email: commresponse@pd.cityofsacramento.org Non-emergency: 916-264-5471 Emergency: 9-1-1
WEAVE *24/7 Support* (Advocacy services for anyone who has experienced sexual assault, domestic/dating violence, or stalking)	Email: info@weaveinc.org Phone: 916-920-2952 http://www.weaveinc.org/

<p>A Community for Peace (Crisis Center for anyone who has experienced domestic violence or sexual assault)</p>	<p>Phone: 916-728-7210 https://acomunityforpeace.org/</p>
<p>My Sister's House (Services for Asian, Pacific Islander, and other underserved women and children who have experienced sexual assault, domestic violence, or human trafficking)</p>	<p>Email: info@my-sisters-house.org Phone: 916-428-3271 http://www.my-sisters-house.org/</p>
<p>National Domestic Violence Hotline</p>	<p>Phone: 1-800-7999-SAFE (7233) https://www.thehotline.org/</p>
<p>National Sexual Assault Hotline</p>	<p>Online chat: https://hotline.rainn.org/online Phone: 1-800-656-HOPE (4673) https://www.rainn.org/</p>
<p>One Father's Love (List of local domestic violence shelters)</p>	<p>http://onefatherslove.com/domesticviolence.aspx</p>
<p>Deaf SAFE (Accessible support for Deaf persons who have experienced sexual assault)</p>	<p>Email: info@norcalcenter.org Phone: (916) 349-7500 https://www.norcalcenter.org/deafsafe/</p>
<p>Sacramento Regional Family Justice Center (Free confidential services for anyone who has experienced domestic violence, elder abuse, human trafficking, sexual assault, or child abuse)</p>	<p>(916) 875-HOPE (4673) http://www.hopethriveshere.org/</p>
<p>Sacramento LGBT Center</p>	<p>Email: info@saccenter.org Phone: (916) 442-0185 https://saccenter.org/</p>
<p>Sierra Health Foundation Mental Health Respite Service Programs</p>	<p>Email: impact@shfcenter.org Phone: 916-993-7701 http://www.shfcenter.org/rpc/programs</p>
<p>Sacramento County Mental Health Crisis Intervention (24/7)</p>	<p>Phone: 1-888-881-4881 or (916) 875-1055</p>

<p>Well Space Health Suicide Prevention</p>	<p>Phone: 916-368-3111 https://www.wellspacehealth.org/services/behavioral-health-prevention/suicide-prevention</p>
<p>National Suicide Prevention Helpline</p>	<p>Phone: 1-800-273-8255 or TTY: 1-800-799-4889</p>
<p>California Department of Veterans Affairs</p>	<p>Email: https://www.calvet.ca.gov/Pages/contact-us-by-email.aspx Phone: 916-653-2573 https://www.calvet.ca.gov/</p>
<p>California Department of Rehabilitation (Employment and Independent Living support for people with disabilities)</p>	<p>Phone: 916-324-1313 or 1-800-952-5544 (TTY) https://www.dor.ca.gov/</p>
<p>California Department of Fair Employment and Housing (For information on California guidance for employers or to file a discrimination complaint against an employer or housing provider)</p>	<p>Phone: 1-800-884-1684 http://www.dfeh.ca.gov/</p>
<p>U.S. Department of Education, Office for Civil Rights (For information on policy guidance for Universities or to file a discrimination complaint against an institution)</p>	<p>Phone: 800-421-3481 or ocr@ed.gov If you wish to fill out a complaint form online with the OCR, you may do so at: https://www2.ed.gov/about/offices/list/ocr/complaintprocess.html</p>
<p>211 Sacramento (Information and referral to a wide variety of other community resources based on individual needs)</p>	<p>Phone: 211 or 1 (800) 500-4931 http://www.211sacramento.org/211/</p>