

HANDS ON

The Newsletter of the Community Engagement Center at Sacramento State

A MESSAGE FROM DR. KIVEL, DIRECTOR

Welcome to *Hands On*, the inaugural newsletter of Sacramento State's Community Engagement Center. "Hands On" is such a great phrase because it encompasses so much of what we do in the Center.

For example, it illustrates the work that we do through Service Learning, a teaching strategy in which faculty require students work with a community partner doing direct service like tutoring or mentoring and/or working on a project like a marketing plan or grant proposal on behalf of the community partner. Essentially, the community partner is a co-educator and the work students are doing at the community partner site is tied back to what they are learning in the classroom. More than 2,700 Sacramento State students participated in Service Learning during this past academic year.

"Hands On" also refers to the community service work that our students, faculty, staff and alumni engage in through our program, Sacramento State Volunteers. During the 2016-2017 academic year, more than 400 Sacramento State folks volunteered to paint houses, do landscaping, distribute food to more than 1,400 people during the week of Thanksgiving, harvest thousands of pounds of fruits for local food banks on MLK day, tend to a community garden and pick up dozens of bags of trash along the American River Parkway.

Finally, "Hands On" also had personal significance to me this past winter/spring. I unexpectedly had to take a medical leave in early March and was out until mid-April. In my absence our fantastic staff, Francine Redada, Margaret Morneau, Claudia Pizano, Eliot Watson, Javier Gonzales Leon, CEC Faculty Associate Rachel August, and Dean Chevelle Newsome, were "all hands-on deck". I greatly appreciate all that they did to keep the CEC up and running while I was away. My absence was also the reason CEC postponed its end of the year event/celebration thanking community partners and Sacramento State faculty, students, staff and administrators. We will keep you posted once we land on a new date for our celebration. In the meantime, enjoy the news we have to offer of our 2016-2017 events and successes.



SACRAMENTO
STATE

Redefine the Possible



COMMUNITY
ENGAGEMENT
CENTER

AT SAC STATE

connected. engaged. committed.



Alternative Break
@ SAC STATE | A PROGRAM OF THE COMMUNITY ENGAGEMENT CENTER



AT SAC STATE

CEC HIGHLIGHTS — 2016-2017

As the 2016-2017 academic year draws to a close, the Community Engagement Center has much to celebrate.

Highlights from 2016-2017 include:

- **SATELLITE OFFICE** — The Community Engagement Center will be opening a satellite office at the University's new downtown center, 304 S Street in late fall of 2017. This office will allow community partners to meet with us without having to come to the J Street campus. In addition, the building has several small and large conference rooms which the CEC can reserve for community partner meetings.
- **VISTA PROGRAM MEMBER** — The CEC applied for and was awarded a year-long Volunteers In Service to America (VISTA) member through a call for proposals sponsored by Prevent Child Abuse California (PCACA). The VISTA member will start during the summer and work year-round full-time for the Center focusing on management of our volunteer opportunities. This member will also assist us with developing a system for recruiting Sacramento State volunteers and identifying community partner volunteer opportunities. Francine Redada took the lead on shepherding this successful proposal.
- **MARGARET MORNEAU** — In February, we welcomed a new staff member to the CEC team, Margaret Morneau. Margaret has a background and a Master's Degree in Theater Arts and she was "Made at Sac State!" She is our office administrator and has done a fantastic job of organizing and managing our office so far and is the person responsible for this newsletter and the newsletter name. Welcome Margaret!
- **STUDENT ASSISTANTS** — This academic year, we have had three fantastic Student Assistants: Javier Gonzalez Leon, an undergraduate major in Psychology; and two graduate students, Claudia Pizano who is pursuing her MS: Counselor Education—School Counseling, and Eliot Watson, who is pursuing a Master's Degree in Higher Education Leadership. All three students have worked hard to plan, implement and evaluate all of our Sacramento State Volunteers and Alternative Break Programs. We couldn't have done it without them. Thank You.
- **SERVICE LEARNING** — More than 2700 students worked at 100+ sites through dozens of service learning courses. A total of 53,306 service learning hours were provided to the community, the value of this volunteer time is equal to \$1,517,088¹.
- **COMMUNITY SERVICE** -- During the 2016-2017 academic year, a total of 417 Sacramento State students contributed 1,578 direct service hours by participating in:
 - Paint the Town event sponsored by NeighborWorks Sacramento
 - September, 2016 – more than 80 students showed up to participate in this event
 - River City Food Bank
 - November, 2016 – 100 students participated in this year's event
 - Harvest Sacramento
 - January, 2017 – 50 students, faculty and staff participated in this event
 - April, 2017 - 88 students, faculty and staff participated in this event
 - Alternative Spring Break
 - March 20—23, 2017 - 117 students volunteered more than 1800 hours to weed and clean gardens, build planter boxes for the Community Garden to produce food for the ASI Pantry and removed 4,000 lbs. of trash from the American River Parkway,
- **CONSTITUTION & CIVIC ENGAGEMENT WEEK (2016)** - September 12—29, 2016 More than 4,500 people participated in a series of activities and events organized around this theme: "Constitution Matters – Raise Your Voice."

RIVER CITY FOOD BANK



By Claudia Pizano

Sac State Volunteers, a program of the Community Engagement Center, once again partnered with River City Food Bank in November 2016 to assist with their annual Thanksgiving week food distribution program. More than 100 volunteers from Sacramento State showed up to distribute food to more than 788 households and 1400 individuals on November 21st and 22nd.

Volunteers contributed 3-5 hours at River City, Sacramento's oldest and continuously serving food bank. They helped to package, and distribute food and turkeys during one of the busiest times of the year. Tasks included counting, separating and packaging food donations such as canned dry goods and fresh produce.

Additionally, volunteers assisted, monitored and weighed food packages for clients, and replenished food items from stock to be ready for distribution. More than 27,000 pounds of food was distributed to children, young people, seniors and families, many of whom were



homeless and/or from low-income families. One of the volunteers summed up the experience by saying, "Helping out has inspired me to do more community outreach. This was amazing."

Jena Robinson, Program & Operations Manager of River City Food Bank said: "It's really fabulous having Sacramento State groups volunteer with us on those very busy days. Seriously - could not have done it without them! Many, many thanks!!"

Hunger is not just a holiday issue -- if you are interested in learning about ways to contribute your time to volunteer and help make a difference, RCFB is open all year long and distributes food every weekday, Monday through Friday, from 11:30am-3:00pm.

For more information:
email@rivercityfoodbank.org



Alternative Break

@ SAC STATE | A PROGRAM OF THE COMMUNITY ENGAGEMENT CENTER

For many Sacramento State students, Spring Break is a great opportunity to relax and enjoy a week off from classes. Yet, for 117 Sacramento State students, Spring Break 2017 was spent volunteering with the Community Engagement Center's Alternative Break program. This year, all of our Alternative Break activities were on campus. The Community Engagement Center (CEC) collaborated with Sacramento State Sustainability, the American River Parkway Foundation, and ASI Peak Adventures. Students spent either the morning or the afternoon of spring break picking up waste and litter along the American River Parkway, working on sustainability projects such as mulching, maintaining rain gardens, and doing work to help with maintenance of Capitol Public Radio's community garden. One student remarked, "Our community needs to be more involved helping with clean up, [this was a] fun experience". Senior Zoe Blalock remarked, " This was my first Alternative Break and I was really surprised by how much fun I had! I made some new friends and it made the river clean up go by so quickly".

Approximately 4,000 pounds of trash was removed from the river. This was the largest turnout of students for an Alternative Break event to date. Thanks to our partners and to the Sacramento State students who worked with



us during Alternative Break 2017.

To help us plan for Alternative Break 2018, please send an email to: cec@csus.edu.

WHAT WE DO

The Community Engagement Center, formerly known as The Office of Community Collaboration, was established as the University's primary service learning office. We have since expanded our focus to encompass various forms of engagement, including civic learning and community service. The Community Engagement Center works closely with local non-profits, schools, government agencies, and campus-based programs that provide service to underserved and underrepresented populations throughout the Sacramento Region.

Our Mission is to engage members of the Sacramento State campus through their educational experiences to become aware of and respond to local and global community concerns through service learning, volunteerism and academic internships.

Our Vision is to create a campus climate that promotes community awareness and involvement and supports students to become civic minded graduates who are actively engaged in making a difference both locally and globally.

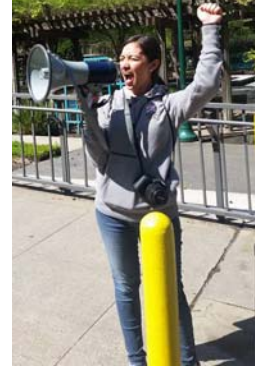
www.csus.edu/cec

Alternative Break March 20-23, 2017

@ SAC STATE | A PROGRAM OF THE COMMUNITY ENGAGEMENT CENTER



Building the Community Garden planter boxes



CEC Student Assistant Claudia Pizano gets ready for the day!



American River Parkway Clean Up Days



Working at Sustainable Technology Optimization Research Center (STORC) during Alternative Break



Our great River Clean Up crew!

HARVEST SACRAMENTO



April marks the end of the winter harvest. The final fruits of the season - mostly citrus - hang heavily on the trees. The weight of Meyer lemons, oranges and grapefruits bend boughs and many of these fruits would fall to the ground uneaten if

it weren't for the work of Harvest Sacramento, a project of Soil Born Farms that works to ensure that excess fruits in residents' yards do not go to waste. Since 2009, Harvest Sacramento has collected tens of thousands of pounds of fruits and vegetables from residents' yards for distribution to local community food banks which support individuals in poor and low-income communities.

This winter and spring, the Community Engagement Center, through its Sacramento State Volunteers program, partnered with Soil Born Farms to recruit volunteers to harvest fruit in neighborhoods throughout Sacramento.

On Martin Luther King Jr. Day, temperatures were in the 40s, but that did not diminish the enthusiasm of the more than 150 people who showed up to pick lemons, oranges and grapefruits. Sacramento State recruited more than 50 students, faculty, staff and family members to participate in the MLK Day of Service with Harvest Sacramento. Jody Nelsen, wife of Sacramento State President, Robert Nelsen, was out picking fruit, "I thoroughly enjoyed it. Not only did I get to have fun meeting and working side by side with others, but more importantly, in a few hours the whole group made an impact by providing healthy food to people in need. I'm not sure how many tons of fruit were picked that day—but it was a lot!!" One of Jody's lifelong causes has been to fight hunger. While in Texas, she served as board president for the Food Bank of Rio Grande Valley.

On April 1st, CEC collaborated with the Sacramento



State Alumni Association, the Sacramento State Department of Family and Consumer Sciences and Soil Born Farms to harvest fruit to celebrate National Volunteer and National Alumni month, both of which happen in April.

More than 100 people registered and 85 showed up to harvest citrus trees at 25 different sites. As a result, 4,652 pounds of fresh citrus fruits were donated to the Sacramento Food Bank and Family Services. Despite the hard work, all the volunteers enjoyed the day. One student remarked, "[This was an] awesome event! I would do it again in a heartbeat."

At the end of the event, students from Sacramento State's Department of Family and Consumer Sciences prepared a hearty meal for all of our volunteers to enjoy.

Soil Born Farms organizes various volunteer opportunities throughout the year. If you are interested in becoming a harvest leader for upcoming Harvest Sacramento events, please contact Dominic Allamano, Edible City Coordinator with Soil Born Farms: Dallamano@soilborn.org or (916) 363-9685.



HARVEST SACRAMENTO PHOTOS



Students harvesting fruit January 2017



Dominic Allamano, Edible City Coordinator, Soil Born Farms



Sorting the fruits of our labors January 2017



Students harvesting fruit April 2017



Happy harvesters gather for lunch at the Alumni Center

WRITING PARTNERS PROGRAM

"Through Writing Partners, students learned that writing has the power to help them make connections across communities and connect with others within their community." – Sac State Writing Partners Faculty

The Writing Partners Program @ Sac State is designed to foster mentor-like relationships between college and elementary school students through literacy. Writing Partners pairs university student writers with elementary student writers in a collaborative letter exchange. Through the program, students learn that writing has the power to help them make connections between individuals and across communities. Unlike pen pals, Writing Partners incorporates academic and social learning goals, and intentionally helps foster literacy skills.

Since 2005, Sac State students have participated in the Writing Partners program that culminates in elementary-school students visiting Sac State to see what life is like on a college campus. More than 3,000+ university and elementary-school students have participated in the program since it began.

For Sacramento State faculty, this program has energized the classroom environment, encouraged active learning and enhanced critical and creative thinking skills. Many of the faculty noted how excited and inspired their students were while participating in the program. According to one faculty, "I can't say enough about the impact of the program on both populations. The 5th graders were inspired and hopeful about attending college and the college students

were inspired about paying forward their own experiences. This encouraged them to reflect on their own successes and the pride . . . felt by all was very valuable."



Sac State students realize the impact of their mentorship role on their younger partners. One student commented, "my experience with my Writing Partner was truly a great opportunity. I never realized how big of an impact (we) have on future generations... It motivates me to keep pushing because I really care about my Writing Partner and want to show her that college is . . . great . . . and it creates pathways you will have for life."

Early exposure to college life is important for elementary school students, especially because many of them will determine whether or not they should go to college by the time they are in the 5th Grade. We hope that our program encourages all 5th graders to see themselves as being able and capable of going to college.

Last Fall, 18 faculty taught 25 sections of courses that included the Writing Partners program. They were paired with 28 elementary school teachers. More than 600 Sac State students exchanged letters with more than 700 5th and 6th grade students from five school districts in Sacramento.

To learn more about the Writing Partners program please visit: <http://www.csus.edu/cec/engaging%20faculty/writingpartners.html> and download the Writing Partners toolkit.



PARTNER PROFILE: NEIGHBORWORKS SACRAMENTO

By Sharon Eghighan, Community Impact Manager, NeighborWorks Sacramento.

As part of Constitution and Civic Engagement Week, CEC, has, for the past three years, recruited Sacramento State volunteers for the annual Paint the Town event, hosted by NeighborWorks Sacramento. More than 170 Sacramento State students, faculty, staff and alumni have painted and refurbished homes around the Oak Park neighborhood. CEC asked Sharon Eghighan, Community Impact Manager, to share thoughts about NeighborWorks Sacramento and how Paint the Town supports residents in need.

Celebrating its 30th anniversary, NeighborWorks Sacramento is a non-profit organization created in 1987 to promote sustainable homeownership and build strong communities. Our mission is to provide opportunities for successful homeownership and strong communities through quality education, affordable lending, supporting partnerships and dedicated leadership.

When NeighborWorks Sacramento Region opened its doors in a small office in Oak Park, we never could have anticipated the impact we would have over the course of the next 30 years.

CECCONNECT

In the Fall of 2015, the Community Engagement Center (CEC) implemented a new database system for service learning faculty, students and community partners. Known as CECconnect, it is used by faculty to place their students at service learning sites. After the students are placed, they can login to CECconnect to keep up to date on all the requirements for their particular course. To date, 130 faculty and 5,400 students have used CECconnect.

This year, we expanded the database so

From our beginning efforts with residents to support neighborhood improvement projects, NeighborWorks Sacramento has grown to provide a full range of services to support homeownership and build strong communities.

One of our favorite community impact projects is our Annual *Paint the Town* event. Through *Paint the Town*, NeighborWorks Sacramento partners with local organizations and residents to complete 15 – 25 home improvement projects in a neighborhood. NeighborWorks Sacramento has partnered with Sacramento State's Community Engagement Center for three years, and the Community Engagement Center team has always been motivated, hard-working and has been a fantastic partner! We look forward to working with the Community Engagement Center and other volunteer teams for *Paint the Town* 2017 on September 16!



that students now register for Sacramento State Volunteers and Alternative Break activities through CECconnect. We are working to include a system where community partners will be able to access the system directly to make updates to their programs.



AT SAC STATE

PAINT THE TOWN

By Eliot Watson

For college students, Saturdays are spent sleeping in, studying, working and/or recovering from too much fun on Friday nights. On September 17th, 2016, however, 76 members of the Hornet family gave up their day off in order to give back to the Oak Park community. While other students were sleeping in, these volunteers were up and out early painting and landscaping and picking up trash in the streets of Oak Park. They were participating in "Paint the Town," an annual event sponsored by NeighborWorks Sacramento.

Since 1990, NeighborWorks Sacramento has recruited thousands of volunteers who spend an entire day beautifying an economically challenged neighborhood by painting several houses on a street, building or mending fences, fixing garage roofs, putting in grass and/or general landscaping.

Despite leaving the comfort of their beds so early, the volunteers were happy to help. One volunteer said, "I thought it was a great idea and beneficial for the community as well as the volunteers." Another volunteer commented on how important collaboration was to the event, commenting that "this is a great way to help the community and also bring the community together in a positive way." With so many volunteers, tasks that seemed daunting or even impossible got finished over the course of a day.

The event was a part of the Community Engagement Center's Constitution and Civic Engagement (CACE) week program, which educates students about civic

engagement issues like voting, local, state and national elections, resources about how to get involved in local organizations and challenges to the electoral process. (For more information about the 2016 CACE week, please see the article on page 12.)



The CEC has worked with NeighborWorks since 2014, but the 2016 event had the highest number of Sacramento State volunteers to date. Together, we worked on nine different homes throughout the Oak Park area, painting five houses, one fence, landscaping three yards, and even cleaning up a local bus stop at the corner of Martin Luther King Boulevard. A State Hornet reporter stopped by to interview volunteers for the campus paper, and they also shot video. One student interviewed was Taltzin Adriana Muro, Psychology, "It's pretty cool just having the chance to you know meet all these people and kind of even work with your own org (MAR Mujeres Ayudando la Raza) like this. It was definitely a challenge, but it was a good one. You see these people everyday, but you don't really know what it's like to actually work as a whole for one common purpose and kind of come together as one". Both stories are available at the State Hornet website. www.statehornet.com



PAINT THE TOWN PHOTOS. SEPTEMBER 17, 2016



NeighborWorks Staff start off the day!



Cleaning up and making the community a better place!



Paint the Town Crew!



Perfecting the Trim!



For the past eight years, the Community Engagement Center (CEC) has been tasked with planning events to commemorate the nationally recognized Constitution and Citizenship Day, September 17th. We have expanded the commemoration from one day to one week and beginning in the fall of 2017, we will be hosting events year round through our newly named: Constitution & Civic Engagement

Program (CCEP). For 2016, however, we continued to host activities for Constitution and Civic Engagement week. More than 4,500 people participated in a series of activities and events organized around this theme: "Constitution Matters – Raise Your Voice." Events for the week included: a voter registration drive, Constitution Quiz Bowl, and speakers from the Sacramento State campus and local community discussing topics such as the election, voter education, social justice and race relations, etc. After a session about race relations in the U.S., one attendee commented, "There are many social issues and in order to fix them, we need to stand for what we believe in and take action." This comment was typical of what we heard from participants throughout the CACE Week.

We also partnered with the Foundation For Democracy and Justice to plan and coordinate the first ever Community and Civic Engagement Resource Fair on Thursday, September 15th. More than 200 students stopped by to speak with 18 civic and community-based organizations that included: the California Secretary of State's Office, PRO Youth and Families, CaliforniaVolunteers, County of Sacramento Voter Registration and Elections, Youth Development Network and City Year to name a few. A representative from Sacramento Area Congregations Together (ACT) said that a "good number of students stopped by [their table] and we were able to share information about our work and volunteer/job opportunities." With the success of the resource fair, we are planning to schedule another one this September.



On September 29th, more than 1900 students, alumni, staff, faculty and Sacramento community members filled the University Union and another 1400 were in over flow rooms to hear distinguished professor and activist, Dr. Cornel West (*pictured here with Dr. Kivel, CEC Director on his left and Francine Redada, Partnership/Program Coordinator, on his right*). A native of Sacramento, Dr. West is known for his books *Race Matters* and *Democracy Matters*, his recent books *Black Prophetic Fire* and *Radical King*

were received with critical acclaim. Dr. West spoke to the need for all Americans to embody the meaning of truth telling and bearing witness to love and justice.

We are currently planning for CCEP 2017-2018 please check back on our website for updates: <http://www.csus.edu/cec/ccep.html>.

FRANCINE'S CORNER

By Partnership/Program Coordinator Francine Redada

Greeting's everyone, I am the Partnership/Program Coordinator for the Community Engagement Center (CEC) and began working here in 2014. Originally from the Bay Area, I moved to Irvine, San Francisco and back to Los Angeles for college and grad school. Prior to moving to Sacramento, I was involved in community work and careers in the education field. My first job after college was as a year-long AmeriCorps VISTA member at San Francisco State University in the Ethnic Studies Department coordinating the Raza Studies Community Service Learning Program. I worked to connect college students in Raza Studies to service learning projects within non-profit organizations in the Mission District of San Francisco. Reflecting on that experience, it was the first time I was exposed to experiential and service learning which ultimately paved the way for me here at the CEC.

My primary duty at CEC is to assist faculty in recruiting community partners with whom they can collaborate so students can have access to service learning and academic internship opportunities. I also work with various community organizations to participate in three to four one-day Sacramento State Volunteers community service events, as well as Alternative Break during the spring. During the fall semester, CEC collaborates with on and off campus partners to plan civic engagement activities as part of the Constitution and Civic Engagement Programs (CCEP).

Our service learning faculty and students participate in service projects such as Writing Partners, research on aging by interviewing members of the Renaissance Society (organization of older adults) and planning a fundraising event for a local family resource center. I value the opportunity to meet community partners within the different neighborhoods around Sacramento and brainstorm ways students can help further the work of these organizations. This spring, I was chosen to participate in the City of Sacramento Management Academy. I, along with 40 other people from across the city and county have spent 15 weeks learning about how city government operates. I hope this information will further assist me with developing more relationships with the City of Sacramento and other community organizations. This will help me strategize how our Sacramento State students can engage with the community through community service and for career opportunities. I enjoy my job, especially creating the connections between the general Sacramento and Sacramento State community.

SERVICE LEARNING WITH DR. RACHEL AUGUST

Students in Professor Rachel August's section of Psyc 122 (Qualitative Research in Psychology) have begun a new Service-Learning project in collaboration with the Renaissance Society. Students in the course conduct in-depth interviews with Renaissance Society members, a lifelong learning group composed of more than 2,000 members in the Sacramento region. Students aim to understand the processes surrounding volunteerism, psychosocial needs of older adults, as well as provide feedback to the Executive Board of the Renaissance Society regarding members' desires for programming and what helps facilitate or prevent their participation in the Renaissance Society.

This exciting undertaking is expected to be a long-term partnership lasting several semesters. By participating, students are able to utilize research skills developed in Psyc 122 and prior Psychology courses in a setting outside of the classroom. Renaissance Society participants are able to connect with a new generation of students, pass on wisdom, and provide feedback to their officers.

Additionally, the project helps meet the overlapping goals described in the Strategic Plans of both Sacramento State and the Renaissance Society -- sustaining and enhancing meaningful partnerships that strengthen and enrich the region.



VOLUNTEER SPOTLIGHT: PATRICK LANDRUM



Patrick Landrum has been volunteering with the Community Engagement Center since 2015. He began volunteering as a student and has continued to volunteer as an alumni. We greatly appreciate Patrick's dedication to the work of the CEC. In this interview with CEC's Program Student Assistant, Javier Gonzales Leon, Patrick shares some thoughts about his volunteer experiences.

Tell me a little about yourself. What year did you graduate from Sacramento State, what was your major and what are you doing now?

I was born in Merced, CA. I moved to Sacramento in 2011 after I transferred from Merced College where I was able to obtain my Associate of Arts degree in Mathematics. I graduated from Sacramento State in 2015 with a Bachelor of Arts degree in Economics and a double minor in Mathematics and Statistics. I am currently working as an Instructional Aide for the Special Education department at Sacramento Charter High School, a certified teacher at Huntington Learning Center, and [he is] a private tutor on the side.

Tell me about the first time you participated in a CEC event. What inspired you to volunteer?

I participated for the Oak Park Sol Community Garden in March 2015 during my Spring Break. I was inspired to . . . volunteer after I was given an assignment throughout the semester to create my culminating project for EDUC-160 (Urban Education). I helped build a community garden that is considered a social activity in which an area of land is gardened by a group of people, providing access to fresh produce and plants, as well as access to employment, neighborhood improvement, a sense of community, and connection to the environment. Food access is my special interest because I am always curious to see where food comes from.

What is it about CEC events that motivates you to continue volunteering with us?

My favorite thing to do as a hobby is to help other people with their needs. This changed my life tremendously because I also conquered my obstacles as a child who came from a low-income family. I was diagnosed with Asperger Syndrome at the age of 7 where I struggled with my communication and social skills. Throughout the years of performing community service, I have begun to feel more comfortable around other people and share my personal story with them. One year later, I participated in the Paint the Town Event, River City Food Bank and Harvest Sacramento. I

realized that I have the heart and soul to give back to the people of my community with my appreciation and humility.

What is your favorite volunteer event so far?

Why?

I would say Harvest Sacramento is my favorite event.

I have the opportunity to travel with other volunteers and pick fruits from local areas around Sacramento. The last 2 events with Harvest Sacramento, I picked grapefruits, lemons, and oranges. Tasting them is my enjoyment when it comes to understanding flavors. It reminds me of learning science in school.

What are you plans for the future?

My first plan would be to work in data analysis because I am good with numbers and figures as a result of taking several math, statistics, and economics courses. My second plan would be to work in education as a teacher/tutor. There are students out there that need my help. I heard students have a hard time with understanding numbers in general. Working with diverse students is a rewarding process because I am able to get to know them when it comes to sharing the similar experiences that I had over the years. I am going to continue on with this journey and hope to let students know that mathematics can be an important tool to achieve great things.

What would you say to Sacramento State students to encourage them to volunteer?

I would say that volunteering in general is an excellent opportunity to make a difference in the community. People enjoy the way we do things in an appreciative manner. The most important thing is to not let adversity get in your way of being able to help others.



Thank You Patrick!

HATS OFF!

The Community Engagement Center would like to extend our heartfelt gratitude to those partners who have sponsored, planned, outreached and/or participated in this year's CEC events: Constitution and Civic Engagement Week (CACE), Sacramento State Volunteers and Alternative Break.

Campus Partners:

Associated Students, Inc.

- A-Team
- Office of Governmental Affairs
- Peak Adventures
- Special Events

Center for California Studies

College of Continuing Education

Sacramento State Sustainability

Sacramento State Alumni Association

Serna Center

Family and Consumer Sciences (FACS) Department

History Department

Multi-Cultural Center

Office of Public Affairs and Advocacy

The State Hornet

Student Organizations and Leadership (SOAL)

UNIQUE Programs

University Union, Inc.

Women's Resource Center

Community Partners:

American River Parkway Foundation

California Voter Foundation

Foundation for Democracy and Justice

NeighborWorks Sacramento

PRIDE Center

Project for an Informed Electorate

River City Food Bank

Sacramento Area Congregations Together (ACT)

Soil Born Farms



CEC STUDENT ASSISTANTS, JAVIER GONZALES LEON, CLAUDIA PIZANO AND ELIOT WATSON

JOIN US FOR THESE EXCITING EVENTS



FALL 2017

CHECK

**WWW.CSUS.EDU/CEC
FOR EVENT DATES AND
DETAILS**



- ◆ **SEPTEMBER 16, 2017: PAINT THE TOWN WITH NEIGHBORWORKS SACRAMENTO**
- ◆ **NOVEMBER 20-21, 2017: RIVER CITY FOOD BANK**
- ◆ **JANUARY 15, 2018: HARVEST SACRAMENTO WITH SOIL BORN FARMS**

Alternative Break

@ SAC STATE | A PROGRAM OF THE COMMUNITY ENGAGEMENT CENTER

MARCH 19-22, 2018

EDITORIAL AND DESIGN STAFF

EDITOR-IN-CHIEF, FEATURED WRITER

DR. B. DANA KIVEL, DIRECTOR, COMMUNITY ENGAGEMENT CENTER, AND PROFESSOR, RECREATION, PARKS & TOURISM ADMINISTRATION

EDITOR, DESIGNER

MARGARET MORNEAU, ADMINISTRATIVE SUPPORT COORDINATOR

FEATURED WRITERS:

DR. RACHEL AUGUST, COMMUNITY ENGAGEMENT CENTER FACULTY ASSOCIATE

FRANCINE REDADA, PARTNERSHIP/PROGRAM COORDINATOR

STUDENT ASSISTANTS: CLAUDIA PIZANO JAVIER GONZALES LEON ELIOT WATSON

SPECIAL GUEST CONTRIBUTOR:

SHARON EGHIGHAN, COMMUNITY IMPACT MANAGER, NEIGHBORWORKS SACRAMENTO

