

COMMUNITY ENGAGEMENT SHOWCASE

CAREER TRACKS PROGRAM: TRANSITIONING FROM STUDENT TO PROFESSIONAL

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A designated field site of the Counselor Education Program



WHAT IS THE CAREER TRACKS PROGRAM?

The Career Tracks Program is a graduate level internship program offering students the opportunity to gain career counseling or coaching related experience in a four-year higher education setting.

The program serves as a designated field site for third year students in the Counselor Education Program aligned with Council for Accreditation of Counseling and Related Educational Programs (CACREP) accreditation standards and National Career Development Association (NCDA) Ethics.

EXPERIENTIAL LEARNING PROGRAM

The Career Tracks Program provides a paid experiential learning opportunity to approximately five graduate level students. The program is supported by one primary staff coordinator and up to four additional staff supervisors.

2024-25 Career Tracks intern experiential learning highlights:

- Served students through appointments and drop-ins with topics such as exploring majors and careers, resume and cover letter writing, job/internship search strategies, and barriers impacting career development
- Presented to first year through senior level classes on career exploration, resume writing, as well as internship/job search strategies
- Offered support for students navigating professional development through career fairs and JCPenney Suit Up event

PROMOTING STUDENT SUCCESS IN COLLEGE AND CAREER

The Career Tracks Program provides an experiential learning environment for graduate students interested in working in a higher education career center. As a designated field site, third-year career counseling interns gain experience in individual sessions integrating counseling skills taught in graduate level classes. Interns support a diverse population and receive weekly training for professional development on foundational career knowledge and tools, the National Association of Colleges and Employers (NACE) career readiness competencies, in-demand skills, workforce trends, and other specialized topics such as the sample topics below.

SAMPLE OF WEEKLY TRAINING TOPICS

Social Justice & Career Counseling
Best Practices for Supporting Students with Disabilities
Best Practices for Supporting Undocumented Students
Career Theory Integration
Federal Resume Writing
Integrative Mental Health and Career Counseling

The program utilizes best practices based on NACE internship recommendations such as providing orientation, weekly training, program leadership and supervision, identified shared workspaces for counseling, alignment with center strategic goals, and participant feedback from surveys.



CAMPUS COMMUNITY IMPACT

As a designated field site of the Counselor Education Program, the Career Tracks program fosters a transition for educational theory and learning to professional practice. Field study interns work toward gaining 600 hours of counseling experience to complete Counselor Education Program requirements. Former Career Tracks interns have gone on to a variety of career paths, some of which include leadership positions in higher education institutions, career counselors for the State of California, clinical counselors in private organizations, as well as career counselors at the Sacramento State Career Center.

COMMUNITY IMPACT

The Career Tracks Program interns have supported over 1,500 students through individual sessions, workshops, and campus outreach over the past academic year.

2024-25 Career Tracks Interns accomplishments include:

- Served over 600 students and alumni through one-on-one career development appointments
- Supported Career Center and campus community at over 15 events through tabling
- Conducted over 20 course presentations for student career development

