



*Community
Engagement Center*



VOLUNTEER NEWSLETTER

OCTOBER 2025



*Swipe to learn about exciting
CEC Programs, Volunteer
Opportunities, & More!*



The Community Engagement ✦ Center Events ✦

10/14

Civic Engagement Resource Fair

Join us from 11am to 2pm in the Library Quad, where community change makers will share insights on policy, equity, and equality. Discover valuable resources and learn how you can get involved in civic affairs to make a difference!

Network Cafe

The Network Café (11:30am-1:15pm) provides organizations with an opportunity to connect, present, and share in a relaxed setting. It will be held in the Cottonwood Suite on the 2nd floor of the University Union. Registration opens October 2nd.

10/30



Community Volunteer Events



Clothing Closet Women's Empowerment

Oct 1 & 3; Tue/Wed/Fri 10 AM–2 PM | 1590
North A Street, Sacramento, CA, 95811
Tag & sort clothing; flexible shifts within
hours

Food Distribution South Sacramento Christian Center

Fri (Oct 3, 10, 17, 24) 10–12 PM;
Sat (Oct 4, 11, 18, 25) 7:30–10 AM | 7710
Stockton Blvd, Sacramento, CA 95823
Grocery prep, traffic flow, car loading



Land Park Clean-Up Land Park Volunteer Corps

Sat, Oct 4th | Base Camp
behind Fairytale Town
Park clean-up;
first Saturday monthly shift



Community Volunteer Events



CalFresh at Farmers' Markets Alchemist Community Development Corp.

Ongoing Oct; Midtown, Arden, Natomas,
Rancho Cordova, etc.
Assist with EBT transactions & vouchers;
2.5–4.5 hr shifts

Clean Air Day Planting

Sacramento Tree Foundation

10/01/25 | 8:45am - 12pm | 7776 Excelsior
Road Sacramento, CA 95829

After learning the tools and techniques,
participants will split up into groups and
begin planting trees throughout the site.



Community Volunteer Events

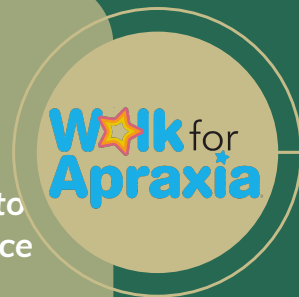


Midtown Halloween Festival & Pooch Parade
Midtown Association

Saturday, Oct 25 | 12 PM – 3 PM (Set-up 10 AM; Breakdown until 4 PM)
James Marshall Park, 915 27th Street,
Sacramento

Walk for Apraxia Apraxia Kids Foundation

Saturday, Oct 4 | Event until 2 PM
McKinley Park, 601 Alhambra Blvd, Sacramento
Volunteers help with children's activities like face painting and balloon twisting, or engage participants in character costumes.



Break Free Run 3 Strands Global Foundation

Saturday, Oct 18 | 10AM to 12 PM
Lakeside Church, 745 Oak Ave Pkwy, Folsom, CA
Volunteers can guide runners, staff water stations, support the Kids' Fun Run & Family Zone.



On-Campus Volunteer Events



UNIQUE Programs UNIQUE, of University Union

*Flexible Hours | University Union & campus
Plan, promote, produce events;
no set shifts, flexible involvement*

**Sac State Sustainability
Office of Sustainability**
*Mon–Fri, 8 AM–5 PM | BAC Yard
Garden/compost tasks; shifts flexible
within office hours*



On-Campus Volunteer Events



ASI Food Pantry Associated Students, Inc.

*Fall 2025 Hours | ASI Office in the Union
Pantry support, stocking, pop-up events;
shifts align with hours*

Cap Radio Garden Days ASI H.E.A.T

*10/24/25 12PM–3 PM | Cap Radio Garden,
Garden/compost tasks, build bee boxes,
harvesting produce*



Sacramento Black College Expo National College Resources Foundation

*10/04/25 | 10am to 3pm | University Union
With your help, students and their families
can learn more about the services we
provide across the US.*



Ongoing Volunteer Opportunities



Volunteer Crisis Counselor

California Youth Crisis Line

Remote/Phone based

Flexible shifts offered

Support youth ages 12-24 by answering crisis calls, providing peer support, and connecting callers with resources.

Senior Escort Program Volunteer

ACC Senior Services

Mon-Sat flexible times, Greater Sac Area

Provide companionship and safety by walking with seniors to run errands, appts, or activities.



Bike Valet Volunteer

Sacramento Area Bicycle Advocates
Various shifts available, varying locations

Valet bikes for concertgoers and enjoy live music in the background!



Ongoing Volunteer ✦ Opportunities ✦



Homeless Assistance Resource Team Midtown HART

Tuesdays 9:30am-12:30pm, 1701 L St

Offer hospitality and practical support to neighbors experiencing homelessness.

Animal Shelter Volunteer Front Street Animal Shelter Flexible shifts, 2127 Front St

Help walk dogs, play with cats, assist adoptions, or foster!

