









TAILGATING TIPS TO PARTY SAFER



-  Set a drink limit for the day including Pregaming, Tailgating and Postgame
-  Eat before you drink
-  Stay hydrated - Alternate alcoholic drinks with non-alcoholic drinks
-  Have a designated sober friend
-  NEVER drive under the influence of alcohol or other substances. Use a ride sharing app, like Uber or Lyft, and use ASI's Safe Rides Program to get up to \$40 cash back for students using ride shares!
-  Watch for signs of alcohol poisoning, like vomiting, loss of consciousness, or pale/blue skin. Call 911 or Campus Police at 916-278-6000 right away if you think someone may have alcohol poisoning.



#GameDay



Go Hornets!



Stingers Up

DRINKING IS A CHOICE. CHOOSING NOT TO DRINK IS ALWAYS AN OPTION!