

CALIFORNIA STATE UNIVERSITY, SACRAMENTO
Kinesiology and Health Science Department

Student's Name: _____
Today's Date: _____

HLSC Advisor: _____

HEALTH SCIENCE (HLSC)
ADVISING/WORK IN PROGRESS SHEET
Major Requirements—BS
(Effective Fall 2008)

Effective Fall 1998 all courses in the HS major require a grade of "C": or better).
(Courses in parentheses are prerequisites)

Total Units Required for BS Degree: 120

Total Units Required in Major: 67-71

A. Required Lower Division Courses (25 units)

- _____ (4) BIO 25 Anatomy & Physiology
- _____ (4) BIO 26 Anatomy & Physiology
(BIO 25 or consent of instructor)
- _____ (5) *CHEM 6A Intro. To General Chemistry
- _____ (3) *HLSC 50 Healthy Lifestyles
- _____ (3) HLSC 98 Health Science ProSeminar
- _____ (3) *PSYCH 5 Intro. to Psychology: Individual & Social Processes
- _____ (3) *STAT 1 Introduction to Statistics

B. Required Upper Division Courses (12 units)

- _____ (3) HLSC 114 Human Ecology and Health
- _____ (3) HLSC 118 Community Health
- _____ (3) HLSC 148 Epidemiology
(STAT 1 or consent of instructor)
- _____ (3) HLSC 195 Fieldwork (HLSC courses depend upon concentration, permission, of the faculty advisor, program coordinator, and department chair)

C. Concentrations (30-33)

Community Health Education (30)

- _____ (3) HLSC 100 Fundamentals of Safety and Health
- _____ (3) HLSC 112 Disease Prevention
- _____ (3) HLSC 116 Public Health Administration & Policy
- _____ (3) HLSC 119 Community Health Education
- _____ (3) HLSC 122 Health Psychology
- _____ (3) HLSC 124 Consumer and Patient Health Education
- _____ (3) HLSC 130 Alcohol and Other Drugs
- _____ (3) HLSC 144 Community Health Planning and Evaluation
- _____ (3) HLSC 147 Health Data Analysis
(STAT 1 or consent of instructor)

Select one of the following courses:

- _____ (3) HLSC 117 Global Health
- _____ (3) HLSC 134 Human Sexuality
- _____ (3) HLSC 150 Aging and Health

Health Care Administration (30)

- _____ (3) ACCY 1 Accounting Fundamentals
- _____ (3) COMS 161 Health Communications
- _____ (3) *ECON 1A or 1B Macro- or Microeconomics
- _____ (3) HLSC 116 Public Health Administration & Policy
- _____ (3) HLSC 144 Community Health Planning & Evaluation (HLSC 118, HLSC 148 or instructor permission)
- _____ (3) HROB 151 Diversity and Management
- _____ (3) OPM 160 Principles of Quality Management

- _____ (3) PSYCH 108 Organizational Psychology
- _____ (3) PHIL 104 Bioethics
- _____ (3) PSYCH 108 Organizational Psychology
- _____ (3) SW 151 Health Services and Systems

Occupational Health and Safety (30-34)

- _____ (3) HLSC 100 Fundamentals of Safety and Health
- _____ (3) HLSC 106 Occupational Health (HLSC 100 or consent of instructor)
- _____ (3) HLSC 107 Occupational Safety (HLSC 100 or consent of instructor)
- _____ (3) HLSC 108 Occupational Health and Safety: Laws and Regulations
- _____ (3) HLSC 109 Cause and Control of Loss (HLSC 100 or consent of instructor)
- _____ (3) HLSC 110 Issues in Occupational Health & Safety or approved substitution
- _____ (5) *CHEM 6B Introduction to Organic and Biological Chemistry **or**
- _____ (3) CHEM 20 Organic Chemistry

Select 3 courses from the following:

- _____ (3) FINC 138 Principles of Risk Management and Insurance
- _____ (3) ENV5 130 Environmental Toxicology
- _____ (4) BIO 139 General Microbiology
- _____ (4) *PHYS 10/10L Physics in Our World **or**
- _____ (3) *PHYS 5A General Physics
- _____ (3) HLSC 196 Experimental Offerings in Occupational Health and Safety

* Fulfills General Education Requirement

Advising:

It will be necessary to work very closely with an advisor to complete the BS degree in a timely manner. Therefore, the HLSC faculty strongly recommends that all HLSC students consult with an advisor prior to enrollment for any course. This procedure should be followed each semester.