



LEARNER SERVICES & RESOURCES

Your degree is within reach. Let's do it together!

Here are some of the engaging services and programs Sac State offers to support your education outside the classroom.

Get a Little Academic Support

- [Peer and Academic Resource Center \(PARC\)](#) – peer learning/tutoring
- [Smarthinking Programs](#) – 24/7 online tutoring

Balance Your Education with Other Responsibilities

- [Financial Wellness Center](#) – peer-to-peer education on managing resources
- [Crisis Assistance and Resource Education Support \(CARES\) Office](#) – support for students facing challenges to completing their education
- [ASI Food Pantry](#) – food and basic necessities to students facing hardships or food insecurity
- [ASI Children's Center](#) – childcare programming
- [Parents & Families Program](#) – connects student parents to services and supports

Take Care of Yourself as You Complete Your Degree

- [Student Health and Counseling Services](#) – physical and mental wellness services
- [The WELL](#) – fitness facility to foster personal growth and social interactions

You Belong Here

- [Services to Students with Disabilities](#)
- [Student Support Centers and Programs](#), including APIDA Student Center, Dreamer Resource Center, First Generation Institute, Martin Luther King Jr. Center, PRIDE Center, Project Rebound, Serna Center, Veterans Success Center, Women's Resource Center

