

PROFESSIONAL DEVELOPMENT EVENTS

OCTOBER 2018

Come join in the learning fun!

CALENDAR OF EVENTS

October 8, 2018

Leading Without Authority: How to Persuade, Motivate and Influence

The ability to persuade, motivate and influence is critical when you must get things done, but are not in a position of formal authority. This interactive, half-day program will equip your participants with the essential tools for getting the job done from beginning to end...even when their actual authority is limited. Hornet Bookstore, second floor. Offered at two separate times: 9 am – 12 pm and 1 – 4 pm.

October 10, 2018

Fit at Work

This workshop looks at all areas of fitness and provides practical techniques to improve fitness and increase energy at work and at home. Library room 1522 from 12 – 1 pm.

October 11, 2018

HR Open House

Come visit Your HR! We are hosting an open house, and invite you to drop in for refreshments, raffles, activities, and a chance to interact with Your HR! Del Norte Hall, third floor from 11:30 am – 1:30 pm.

October 16, 2018

Effective Teamwork Strategies

Teamwork is essential in today's business world. This course provides the techniques and strategies for crystal-clear communication, effective problem solving and high-quality teamwork. Hornet Bookstore, second floor. Offered at two separate times: 9 am – 12 pm and 1 – 4 pm.

October 25, 2018

Stress Management

This workshop describes the body's "stress response," how to identify stress, and helps participants combat these effects by providing an overview of stress management techniques. Participants will learn a short meditation. Hornet Bookstore, second floor from 12 – 1 pm.

To register, please visit the new Professional Development. & Training [website](#).



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