



National Information Center  
for Children and Youth  
with Disabilities

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## A Bibliography for Schools on Mental Health/Mental Illness

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Every year NICHCY receives thousands of requests for information and referral on mental health and mental illness. We have compiled this bibliography to help you identify the many materials available on these topics. This list is by no means exhaustive. You may identify additional resources by:

- looking in the bibliography/reference sections of any of the materials listed below;
- contacting organizations that address issues related to mental illness, including the National Alliance for the Mentally Ill, the National Mental Health Association, and the National Clearinghouse on Family Support and Children's Mental Health (all of which are listed under the list of "Publishers" at the end of this bibliography);
- checking to see what materials the professional teachers' library in your area has available; and
- checking to see what resources are available at any universities or colleges near your town; and
- contacting teacher associations, organizations for administrators, or other professional groups to identify what resources on mental illness they make available for use by schools.

To assist you in obtaining the materials listed in this bibliography, the names, addresses, and telephone numbers of publishers are provided (in alphabetical order) at the end of this document. If you are interested in obtaining a resource, it's a good idea to contact the publisher and find out the latest payment and ordering procedures. These addresses and telephone numbers are, of course, subject to change without notice, as is the availability of the resources listed here.

### **Directories and Bibliographies**

Charmatz, M., & Zuckerman, D. (1992). *Mental disability law: A primer*. Washington, DC: Commission on Mental and Physical Disability Law, American Bar Association. (Product code for this book is: PC3440020.)

National Alliance for the Mentally Ill. (1994). *Resource catalog: A listing of resources from the National Alliance for the Mentally Ill* (rev. ed.). Arlington, VA: Author.

National Association of Private Residential Resources. (1993). *National Association of Private Residential Resources: Directory of members*. Annandale, VA: Author. (Lists the members of NAPRR, with an abstract of their services.)

National Clearinghouse on Family Support and Children's Mental Health. (1993, April). *National directory of organizations serving parents of children and youth with emotional and behavioral disorders* (3rd ed.). Portland, OR: Author.

Research and Training Center, Portland State University. (1993). *Annotated bibliography: Collaboration between professionals and families of children with serious emotional disorders*. Portland, OR: Author.

Rider, M.E., & Mason, J.L. (1990). *Issues in culturally competent service delivery: An annotated bibliography*. Portland, OR: Research and Training Center, Portland State University.

U.S. Department of Health and Human Services. (1990). *Mental health directory: 1990*. Rockville, MD: National Institute of Mental Health. (Contains state-by-state listing of the mental health programs available for each area. Available from Center for Mental Health Services.)

Yoakum, K.S., & Young, T.M. (1989). *Choices for treatment: Methods, models, and programs of intervention for children with serious emotional disabilities and their families: An annotated bibliography*. Portland, OR: Research and Training Center, Portland State University.

### **Other Print Resources**

Ablow, K.R. (1993). *Anatomy of a psychiatric illness: Healing the mind and the brain*. Washington, DC: American Psychiatric Press.

American Psychiatric Association. (1994). *Diagnostic and statistical manual of mental disorders* (4th ed.). Washington, DC: Author.

## Materials for Families

If you work with families who need basic information about mental health issues or specific mental illnesses, you may wish to refer them to organizations such as the National Alliance for the Mentally Ill, the National Institute of Mental Health, and the National Mental Health Association. (Contact information for these organizations is listed on page 4.) NICHCY also makes available a bibliography for families on mental health/mental illness.

- Chandler, L.A., & Johnson, V.J. (1991). *Using projective techniques with children: A guide to clinical assessment*. Springfield, IL: Charles C. Thomas.
- Clarizio, H.F. (1994). *Assessment and treatment of depression in children and adolescents* (2nd ed.). Brandon, VT: CPPC.
- Crawford, J.R., Parker, D.M., & McKinley, W.W. (1992). *A handbook of neuropsychological assessment*. Hillsdale, NJ: L. Erlbaum.
- Esser, A.M., & Lacey, S.D. (1989). *Mental illness: A homecare guide*. New York: Wiley.
- Fletcher, R.J., & Dosen, A. (1993). *Mental health aspects of mental retardation: Progress in assessment and treatment*. New York: Lexington Books.
- Gaw, A. (1993). *Culture, ethnicity, and mental illness*. Washington, DC: American Psychiatric Press.
- Goldston, S.E. (1990). *Preventing mental health disturbances in childhood*. Washington, DC: American Psychiatric Press.
- Harris, M., & Bergman, H.. (1993). *Case management for mentally ill patients: Theory and practice*. Langhorne, PA: Harwood.
- Hatfield, A.B. (1990). *Family education in mental illness*. New York: Guilford.
- Heston, L.L. (1992). *Mending minds: A guide to the new psychiatry of depression, anxiety, and other mental disorders*. New York: W.H. Freeman.
- Hoghugh, M. (1992). *Assessing child and adolescent disorders: A practical manual*. Newbury Park, CA: Sage Publications.
- Hooper, S.R., Hynd, G.W., & Mattison, R.E. (1992). *Child psychopathology: Diagnostic criteria and clinical assessment*. Hillsdale, NJ: L. Erlbaum.
- Klagsbrun, S.C. (1989). *Preventive psychiatry: Early intervention and situational crisis management*. Philadelphia, PA: Charles Press.
- Kratochwill, T.R., & Morris, R.J. (1993). *Handbook of psychotherapy with children and adolescents*. Boston: Allyn and Bacon.
- Kuipers, L., & Bebbington, P. (1991). *Working in partnership: Clinicians and careers in the management of longstanding mental illness*. Oxford: Heinemann Medical.
- L'Abate, L. (1990). *Building family competence: Primary and secondary prevention with families*. Newbury Park, CA: Sage.
- Marsh, D.T. (1992). *Families and mental illness: New directions in professional practice*. New York: Praeger.
- Marsh, D.T. (1994). *New directions in the psychological treatment of serious mental illness*. Westport, CT: Praeger.
- Meyer, R.G. (1993). *The clinician's handbook: Integrated diagnostic, assessment, and intervention in adult and adolescent psychopathology* (3rd ed.). Boston: Allyn and Bacon.
- Morgan, S.R., & Reinhart, J.A. (1991). *Interventions for students with emotional disorders*. Austin: Pro-Ed.
- National Institute of Mental Health. (1991). *Assessing psychopathology and behavior problems in persons with mental retardation: A review of available instruments*. Rockville, MD: Author.
- National Institute of Mental Health. (1991). *Working bibliography on behavioral and emotional disorders and assessment instruments in mental retardation*. Rockville, MD: Author.
- National Mental Health Association. (n.d.). *The ADA and people with mental illness: A resource manual for employers* (#PU-2905). Alexandria, VA: Author.
- National Mental Health Association. (n.d.). *Operation Help: A mental health advocate's guide to Medicaid* (#PE-1312). Alexandria, VA: Author.
- National Mental Health Association. (1992). *NMHA Speaks series: Americans with Disabilities Act for people with psychiatric disabilities*. Alexandria, VA: Author.
- National Mental Health Association. (n.d.). *Organizing a self-help advocacy group for children and adolescents with severe emotional problems: A working manual* (#PE-1414-R). Alexandria, VA: Author.
- Newcomer, P.L. (1993). *Understanding and teaching emotionally disturbed children and adolescents* (2nd ed.). Austin: Pro-Ed.

- Ollendick, T.H., & Hersen, M. (1993). *Handbook of child and adolescent assessment*. Boston: Allyn and Bacon.
- Oster, G.D., & Caro, J.E. (1990). *Understanding and treatment depressed adolescents and their families*. New York: Wiley.
- Parens, H., & Kramer, S. (1993). *Prevention in mental health*. Northvale, NJ: J. Aronson.
- Paul, J.L., & Epanchin, B.C. (1991). *Educating emotionally disturbed children and youth: Theories and practices for teachers* (2nd ed.). New York: Macmillan.
- Rhodes, W.A., & Brown, W.K. (1991). *Why some children succeed despite the odds*. New York: Praeger.
- Roberts, A.R. (1991). *Contemporary perspectives on crisis intervention and prevention*. Englewood Cliffs, NJ: Prentice Hall.
- Sartorius, N. (1993). *Treatment of mental disorders: A review of effectiveness*. Washington, DC: American Psychiatric Press.
- Shore, D. (1993). *Special report: Schizophrenia*. Rockville, MD: National Institute of Mental Health.

### Newsletters from NAMI

Several newsletters, such as *Advocate*, *The Alliance*, and *The Bond*, are available from the National Alliance for the Mentally Ill, 200 N. Glebe Road, Suite 1015, Arlington, VA 22203. Telephone: (800) 950-NAMI; (703) 524-7600. These publications speak to families and service providers alike.

- Vargas, L.A., & Koss-Chioino, J.D. (Eds.). (1992). *Working with culture: Psycho-therapeutic interventions with ethnic minority children and adolescents*. San Francisco: Jossey-Bass.
- Wood, M.M., & Long, N.J. (1991). *Life space intervention: Talking with children and youth in crisis*. Austin: Pro-Ed.
- Workman, E.A., & Tellian, F.F. (1993). *Practical handbook of psychopharmacology: A clinician's guide*. Boca Raton, FL: CRC Press.
- Wilson, P.H. (1992). *Principles and practice of relapse prevention*. New York: Guilford Press.

## LIST OF PUBLISHERS

**Allyn and Bacon**, Order Processing Center, P.O. Box 11071, Des Moines, IA 50336-1071. Telephone: 1-800-947-7700.

**American Psychiatric Association**, see American Psychiatric Press below.

**American Psychiatric Press**, 1400 K Street N.W., Suite 1101, Washington, DC 20005. Telephone: (202) 682-6262; (800) 368-5777.

**Center for Mental Health Services**, 5600 Fishers Lane, Room 13103, Rockville, MD 20857. Telephone: (301) 443-2792.

**Charles C. Thomas Publishers**, 2600 S. First Street, Springfield, IL 62794-9265. Telephone: (217) 789-8980.

**Charles Press**, P.O. Box 15715, Philadelphia, PA 19103. Telephone: (215) 545-8933.

**Commission on Mental and Physical Disability Law**, American Bar Association, 750 N. Lake Shore Drive, Chicago, IL 60611. Telephone: (312) 988-5000.

**CPPC**, 4 Conant Square, Brandon, VT 05733. Telephone: 1-800-433-8234.

**CRC Press**, 2000 Corporate Boulevard NW, Boca Raton, FL 33431. Telephone: (407)994-0555; (800) 272-7737.

**Guilford Press**, 72 Spring Street, New York, NY 10012. Telephone: 1-800-365-7006.

**Harwood**, P.O. Box 200029, Riverfront Plaza Station, Newark, NJ 07102-0301. Telephone: (201) 643-7500.

**Heinemann Medical**, c/o Butterworth-Heinemann, 225 Wildwood Avenue, Unit B, Woburn, MA 01801. Telephone: 1-800-366-2665.

**J. Aronson**, 1205 O'Neill Highway, Dunmore, PA 18512. Telephone: (717) 342-1449; 1-800-782-0015.

**Jossey-Bass**, 350 Sansome Street, San Francisco, CA 94104. Telephone: (415) 433-1767.

**L. Erlbaum**, 365 Broadway, Hillsdale, NJ 07642. Telephone: (201)666-4110. Orders only to: 1-800-926-6579.

**Lexington Books**, see Macmillan below.

**Macmillan**, 100 Front Street, Box 500, Riverside, NJ 08075-7500. Telephone: 1-800-257-5755.

**National Alliance for the Mentally Ill**, 200 N. Glebe Road, Suite 1015, Arlington, VA 22203. Telephone: (800) 950-NAMI; (703) 524-7600. Web: <http://www.nami.org>

**National Association of Private Residential Resources** (now called ANCOR), 4200 Evergreen Lane, Suite 315, Annandale, VA 22003. Telephone: (703) 642-6614.

**National Clearinghouse on Family Support and Children's Mental Health**, see Research and Training Center, Portland State University.

**National Institute of Mental Health**, 5600 Fishers Ln., Room 7C02, Rockville, MD 20857. Telephone: (301) 443-4513. Web: <http://www.nimh.nih.gov/>

**National Mental Health Association**, 1021 Prince Street, Alexandria, Va 22314-2971. Telephone: (703) 684-7722. Web: <http://www.nmha.org>

**Praeger**, contact Greenwood Publishing Group, 88 Post Road W., Box 5007, Westport, CT 06881. Telephone: (203) 226-3571; 1-800-225-5800.

**Prentice Hall**, see Allyn and Bacon.

**Pro-Ed**, 8700 Shoal Creek Boulevard, Austin, TX 78758. Telephone: (512) 451-3246.

**Research and Training Center**, Publications Coordinator, Mail Code RRI, Portland State University, P.O. Box 751, Portland, OR 97207-0751. Telephone: (503) 725-4040.

**Sage Publications**, 2455 Teller Road, Thousand Oaks, CA 91320. Telephone: (805) 499-0721.

**W.H. Freeman**, 4419 West 1980 South, Salt Lake City, UT 84104. Telephone: (801) 973-4660.

**Wiley**, Orders to: Eastern Distribution Center, 1 Wiley Drive, Somerset, NJ 08875-1272. Telephone: 1-800-225-5945.

**NICHCY Bibliographies** are published several times a year; single copies are provided free of charge. In addition, NICHCY disseminates other materials and can respond to individual requests for information. All services and publications are free. For further assistance, or to receive a *NICHCY Publications List*, contact NICHCY, P.O. Box 1492, Washington, DC 20013. Telephone: 1-800-695-0285 (Voice/TT); (202) 884-8200 (Voice/TT).

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