

LENGTHS

1 meter (m)	= 3.281 foot (ft)
1 centimeter (cm)	= 0.3937 inch (in)
1 inch	= 2.54 centimeter (inch to cm conversion is EXACT)
1 mile (mi)	= 5280 foot (ft)
1 angstrom (\AA)	= 10^{-10} meter
1 light-year	= 5.878×10^{12} mile
1 foot	= 12 inch

MASSES

1 kilogram	= 2.20 pound (lb)
1 pound (lb)	= 0.45359 kilogram
	= 16 ounce (oz)
1 ton	= 2000 pound
	= 907.185 kilogram
1 ounce	= 28.3 gram
1 troy ounce	= 31.10347 gram
1 amu	= 1.6606×10^{-24} gram

VOLUMES

1 liter	= $1 \times 10^{-3} \text{ m}^3$
	= 1.0567 quart (qt)
1 milliliter	= 1 cm^3
1 gallon (gal)	= 4 quart
	= 8 pint
	= 3.785 liter
1 quart (qt)	= 32 fluid ounce
	= 0.946 liter
1 fluid ounce	= 29.57 mL

TEMPERATURES

$$\begin{aligned}\text{°F} &= \frac{9}{5} \text{°C} + 32 \\ \text{°C} &= \frac{5}{9} (\text{°F} - 32)\end{aligned}$$

ENERGY

$$1 \text{ calorie (cal)} = 4.184 \text{ joule (J)}$$

TIME

$$1 \text{ hour} = 3600 \text{ seconds}$$

PRESSURE

$$\begin{aligned}1 \text{ atm} &= 760 \text{ mmHg} \\ 1 \text{ torr} &= 1 \text{ mmHg}\end{aligned}$$