

PEACE CORPS PREP

Certificate Program

INDEX

PART 1: Program Overview

1. Training and Experience in a Work Sector
 - a. Agriculture
 - b. Community Economic Development
 - c. Education
 - d. Environment
 - e. Health
 - f. Youth in Development
2. Foreign Language
3. Intercultural Competence
4. Professional and Leadership Development

PART 2: Approved Courses

1. Work Sector Courses
2. Field Experience
3. Intercultural Competence Courses



Photo Courtesy of Peace Corps

Student Handbook

Email: peace-corps-prep@csus.edu
Web: csus.edu/ipge/peacecorpsprep.html



PART 1: PROGRAM OVERVIEW

The Peace Corps Prep program will prepare you for international development fieldwork and potential Peace Corps service. To accomplish this, you'll build four core competencies through interrelated coursework, hands-on experience, and professional development support. These four competencies are the following:

1. Training and experience in a work sector
2. Foreign language skills
3. Intercultural competence
4. Professional and leadership development

This document explains each of these requirements in detail. *Use this guide to map out your Peace Corps Prep course of study.* In particular, refer to this when completing your PC Prep application, where you'll need to document how you plan to fulfill each requirement. **This guide aligns point-by-point with each section of the application!**

1. TRAINING & EXPERIENCE IN A WORK SECTOR

9 units & 50+ hours of related experience

Leveraging concrete knowledge and skills is central to on-the-ground international development work. Through this PC Prep program, you will begin to build a professional specialty, which should serve your career well whether or not you become a Peace Corps Volunteer.

For PC Prep, you need to complete at least **9 units** of coursework that align with a specific work sector (they can but do not need to come from your academic major or minor). You also must accumulate **a minimum of 50 hours of volunteer or work experience in that same sector**, preferably in a teaching or outreach capacity.

Peace Corps Tip!

If you intend to apply to the Peace Corps, the best way to assure that you will be a strong candidate is to explore Peace Corps' openings and identify the type of assignments in which you'd like to serve, then review the positions' required and desired qualifications and build them up accordingly. In the process, you should fulfill these PC Prep experiential requirements!

There are six sectors (www.peacecorps.gov/volunteer/what-volunteers-do/) in which Peace Corps Volunteers serve—detailed below. Choose one sector to focus on and complete at least 3 courses + 50 hours of related experience in that sector. See the approved course list for sector-specific coursework and field experience opportunities.

Note: Actual Peace Corps assignments are based on local needs, and thus may or may not align seamlessly with your qualifications. Flexibility is central to the Peace Corps experience!



#1 Agriculture

Lead grassroots efforts to fight hunger in a changing world. Agricultural Volunteers work with small-scale farmers and families to increase food security and production and adapt to climate change while promoting environmental conservation practices. They introduce farmers to techniques that prevent soil erosion, reduce the use of harmful pesticides, and replenish the soil. They work alongside farmers on integrated projects that often combine vegetable gardening, livestock management, agroforestry, and nutrition education.

*If you choose Agriculture, take three courses from the approved course list and build 50 hours of **related** experience through an activity such as:*

- Working with a large-scale or family-run business involving vegetable gardening, farming, nursery work, tree planting or care, urban forestry, landscaping, livestock care and management, or fish cultivation and production
- Teaching or tutoring the public in environmental or agricultural issues/activities
- Working on the business management or marketing side of a commercial farm



#2 Community Economic Development

Harness 21st-century tools to help communities lift themselves. Volunteers work with development banks, nongovernmental organizations, and municipalities to strengthen infrastructure and encourage economic opportunities in communities. They frequently teach in classroom settings and work with entrepreneurs and business owners to develop and market their products. Some Volunteers also teach basic computer skills and help communities take advantage of technologies such as e-commerce, distance learning, and more.

*If you choose Community Economic Development, take three courses from the approved course list and build 50 hours of **related** experience through an activity such as:*

- Working with businesses, organizations, or cooperatives in accounting, finance, microfinance, management, project management, budgeting, or marketing
- Starting and running your own business or other entrepreneurial activity
- Training others in computer literacy, maintenance, and repair
- Website design or online marketing
- Founding or leading a community- or school-based organization



#3 Education

Teach lessons that last a lifetime. Education is the Peace Corp's largest program area. Volunteers play an important role in creating links among schools, parents, and communities by working in elementary, secondary, and postsecondary schools as math, science, conversational English, and resource teachers or as early grade reading and literacy teacher trainers. Volunteers also develop libraries and technology resource centers.

*If you choose Education, take three courses from the approved course list and build 50 hours of **related** experience through an activity such as:*

- Teaching in one of these or a similar form: in a classroom, with a community outreach organization, or in a formal tutoring capacity
 - The subject of the teaching may be English as a Foreign/Second Language, special education, drama, or a STEM subject



#4 Environment

Help forge a global movement to protect our planet. Volunteers lead grassroots efforts in their communities to protect the environment and strengthen understanding of environmental issues. They teach environmental awareness in elementary and secondary schools and to youth groups and community organizations, empowering communities to make their own decisions about how to protect and conserve the local environment. Volunteers also address environmental degradation by promoting sustainable use of natural resources.

*If you choose Environment, take three courses from the approved course list and build 50 hours of **related** experience through an activity such as:*

- Educating the public on environmental or conservation issues, or working on environmental campaigns
- Conducting biological surveys of plants or animals
- Gardening, farming, nursery management, organic or low-input vegetable production, or landscaping
- Providing technical assistance and training in natural resource management



#5 Health

Serve on the front lines of global health. Health Volunteers work within their communities to promote important topics such as nutrition, maternal and child health, basic hygiene, and water sanitation. Volunteers also work in HIV/AIDS education and prevention programs to train youth as peer educators, develop appropriate education strategies, provide support to children orphaned by the pandemic, and create programs that provide emotional and financial support to families and communities affected by the disease.

If you choose Health, take three courses from the approved course list and build 50 hours of **related** experience through an activity such as:

- Volunteer or work experience in such areas as HIV/AIDS outreach, hospice, family planning counseling, emergency medical technician (EMT) or CPR teaching/certification, maternal health, and hands-on caregiving in a hospital, clinic, or lab technician setting
- Counseling or teaching in health subjects
- Working as a resident advisor in a dormitory, as a peer nutritionist, or as a sexually transmitted infections counselor
- Significant experience in mechanical repairs, construction, carpentry, masonry, plumbing, hydrology, or set design



#6 Youth in Development

Empower the next generation of changemakers. Volunteers work with youth in communities on projects that promote engagement and active citizenship, including gender awareness, employability, health and HIV/AIDS education, environmental awareness, sporting programs, and info technology.

If you choose Youth in Development, take three courses from the approved course list and build 50 hours of **related** experience through an activity such as:

- Teaching or counseling in at-risk youth programs
- Activities that involve planning, organizing, assessing community needs, counseling, and leadership, in areas such as education, youth development, health and HIV/AIDS, the environment, and/or business

Peace Corps Tip!

Nearly two-thirds of Peace Corps Volunteers serve in Education or Health. Coursework and meaningful experience in one of these areas—especially teaching English as a second/foreign language—produce some of the strongest candidates.

2. FOREIGN LANGUAGE SKILLS

Requirements vary by language

Working across cultures often entails verbal and nonverbal languages distinct from your own. Building foreign language skills is thus a second key component of the PC Prep curriculum.

Where would you like to serve? PC Prep minimum course requirements align with those needed by applicants to the Peace Corps itself, which vary by linguistic region.

- Latin America: Individuals wanting to serve in Spanish-speaking countries must apply with strong intermediate proficiency. This typically means completing **two intermediate-level courses**.
- West Africa: Individuals wanting to serve in *French-speaking* African countries should be proficient in French (or, in some cases, any Romance Language), usually through **one intermediate-level course**.
- Everywhere else: The Peace Corps has **no explicit language requirements** for individuals applying to serve in most other countries. However, you will still likely learn and utilize another language during service, so it is helpful to have taken at least one foreign language class.

Note: If you are a strong native speaker and hope to serve in a country that speaks your same language, you can skip this requirement!

3. INTERCULTURAL COMPETENCE

9 units from approved courses

Engaging thoughtfully and fluidly across cultures begins with one's own self-awareness. With this learning objective, you will deepen your cultural agility through **a mix of three introspective courses** in which you learn about others while reflecting upon your own self in relation to others. The goal is for you to build your capacity to shift perspective and behavior around relevant cultural differences. See the approved course list for options.

<i>Peace Corps Tip!</i>	<i>Prolonged intercultural experiences—such as studying or volunteering abroad, supporting new immigrants or refugees acculturate to the United States, or volunteering in diverse schools—would also strengthen your Peace Corps candidacy significantly.</i>
--	--

4. PROFESSIONAL AND LEADERSHIP DEVELOPMENT

College 2 Career Readiness Program + Green Leadership Certificate

Peace Corps service and similar international development work opportunities are highly professional and selective. PC Prep requires **the following activities** that will strengthen your candidacy for the Peace Corps (or any other professional endeavor):

1. College 2 Career Readiness Program

The Career Center's career ready certificate program is your key to success in today's competitive job market. Link your academic preparation to a great career by completing all five career ready levels. The levels include self-exploration, researching academic and career options, learning decision-making strategies, engaging in experiential education, and practicing job search strategies. See the College 2 Career website to begin.

2. Green Certificate of the Leadership Initiative

The Leadership Initiative is a certificate program designed to develop your leadership and professional skills, serve as a foundation for involvement in campus life, and promote retention, academic success, and graduation. The foundation of the LI is based on the Social Change Model of Leadership Development, which encompasses three sets of values individuals build upon to become social change agents — individual values, group values, and societal/community values. The Green Certificate requires attendance in a series of workshops and events. See the LI website for information on how to begin.

PART 2: APPROVED COURSE LIST

1. WORK SECTOR COURSES

9 units

Major	Sector	Approved Courses * Has prerequisites
Anthropology (ANTH)	Agriculture	ANTH 109*, 115*, 174*
	Community Economic Development	ANTH 127*, 142*, 161*, 163*, 175*, 181*
	Education	ANTH 165*, 169*, 176*, 177* GE Courses: ANTH 101
	Environment	ANTH 108*, 109*, 115*, 124*, 174*, 175*, 181*, 196T*
	Health	ANTH 150*, 153*, 155*, 156*, 163*, 174*, 181*
	Youth in Development	ANTH 108*, 142*, 156*, 164*, 175*, 181* GE Courses: ANTH 2, 2H, 4, 101, 102, 183, 186
Art (ART)	Community Economic Development	ART 128, 193, 196U
	Education	ART 133, 134*, 135*, 137 ART Majors Only: ART 139, 192C*
Biology (BIO)	Agriculture	BIO 2*, 103*, 112*, 118*, 128*, 157*, 160*, 186B* GE Courses: BIO 1, 7, 9, 10, 15L* BIO Majors Only: BIO 139*, 145*, 180*, 184*
	Education	BIO 2*, 22*, 25, 26* GE Courses: BIO 7, 9, 10, 15L*, 20 Physical Education Majors Only: BIO 30
	Environment	BIO 2*, 103*, 118*, 160*, 179*, 186B* GE Courses: BIO 1, 7, 9, 10, 15L*
Biology (BIO)	Health	BIO 22*, 25, 26*, 39*, 104*, 131*, 131A*, 132*, 133*, 140*, 152*, 185*, 186A*, 186C GE Courses: BIO 10, 15L*, 20 BIO Majors Only: BIO 134*, 135*, 139*, 143*, 144*, 149A*, 149C*, 180*, 183*, 183A*, 184*, 187* Physical Education Majors Only: BIO 30
	Youth in Development	BIO 2*, 22*, 25, 26*, 39* GE Courses: BIO 1, 7, 9, 10, 20 Physical Education Majors Only: BIO 30
Business: Accounting (ACCY)	Agriculture	ACCY 1, 2*, 111, 121, 122*, 161*, 190
	Community Economic Development	ACCY 1, 2*, 111, 112*, 113*, 117*, 121, 122*, 161*, 190
Business: Accountancy Information System (AIS)	Community Economic Development	AIS 141, 142*
Business Honors (BHON)	Agriculture	Business Honors Students Only: BHON 102, 104, 106, 107, 108, 109, 120*, 130*, 140*, 170*, 190*
	Community Economic Development	Business Honors Students Only: BHON 102, 104, 105, 106, 107, 108, 109, 120*, 130*, 140*, 150*, 160*, 170*, 190*
Business: Decision Sciences (DS)	Community Economic Development	Business Majors Only: DS 133*
Business: Entrepreneurship (ENTR)	Agriculture	ENTR 187 Business Majors Only: ENTR 185*
	Community Economic Development	ENTR 187, 189 Business Majors Only: ENTR 185*

Major	Sector	Approved Courses * Has prerequisites
Business: Finance (FIN)	Agriculture	FIN 101, 134*
	Community Economic Development	FIN 19, 101, 134*, 137*, 141*, 190* Business Majors Only: FIN 138, 139*, 140*, 142*, 143*, 150*
Business Administration: General Management (GM)	Agriculture	Business Majors Only: GM 105*, 170*
	Community Economic Development	Business Majors Only: GM 105*, 170*
Business Administration: Human Resources/Organizational Behavior (HROB)	Agriculture	HROB 101, 152*, 154*
	Community Economic Development	HROB 101, 151, 152*, 153, 154*, 155, 156, 157, 158, 159
Business: International Business (IBUS)	Agriculture	IBUS 190
	Community Economic Development	IBUS 190
Business Administration-Management (MGMT)	Agriculture	MGMT 20, 102*, 123, 126, GE Courses: MGMT 117
	Community Economic Development	MGMT 10, 20, 102* GE Courses: MGMT 117
Business Administration-Management Information Systems (MIS)	Community Economic Development	MIS 1, 2*, 3, 15, 101, 120*, 122*, 124*, 150, 151*, 160*, 161*, 163, 173*, 182*, 183* Business Majors Only: MIS 132*, 181*, 191*
Business Administration-Marketing (MKTG)	Agriculture	MKTG 123, 126, 160 Business Majors Only: MKTG 101, 115*, 121*, 122*, 127*, 129*, 181*, 186*, 188*, 190*
	Community Economic Development	MKTG 123, 126, 160 Business Majors Only: MKTG 101, 115*, 121*, 122*, 124*, 125*, 127*, 129*, 130*, 181*, 186*, 188*, 190*
Business Administration-Operations Management (OPM)	Community Economic Development	Business Majors Only: OPM 101
Chemistry (CHEM)	Agriculture	GE Courses: CHEM 1A, 1B*
	Education	CHEM 4*, 20*, 20L*, 24*, 25*, 31*, 106*, 110*, 124*, 140A*, 140B*, 141*, 160A*, 160B*, 161* GE Courses: CHEM 1A, 1B*, 6A*, 6B*
	Health	CHEM 160A*, 160B*, 161*, 162* GE Courses: CHEM 5*, 6B*
Child Development (CHDV)	Education	GE Courses: CHDV 30, 35, 141, 145
	Health	CHDV 157* GE Courses: CHDV 30, 143*,
	Youth in Development	CHDV 154* GE Courses: CHDV 30, 141, 143*, 145
Communication Sciences and Disorders (CSAD)	Education	CSAD Majors Only: CSAD 112*, 142*
	Health	CSAD Majors Only: CSAD 111*, 125*, 127*, 130*, 142*
Communication Studies (COMS)	Community Economic Development	COMS 26, 55, 101, 103*, 104*, 106, 117*, 118*, 120*, 122*, 136*, 140, 144*, 145*, 150*, 158*, 160, 170*, 174*, 180*, 183*, 187*, 189*, 190, 191 GE Courses: COMS 123
	Education	COMS 8, 160 GE Courses: COMS 4
	Environment	COMS 145*
	Youth in Development	COMS 105, 119, 143*, 161, 162*, 173*

Major	Sector	Approved Courses * Has prerequisites
Computer Science (CSC)	Community Economic Development	CSC 8, 15*, 20*, 25, 28*, 35*, 115* GE Courses: CSC 1*, 10* CSC Majors Only: CSC 60*, 130*, 131*, 134*, 135*, 137*, 171*
	Education	CSC 8, 15*, 20*, 25, 28*, 35* GE Courses: CSC 1*, 10* CSC Majors Only: CSC 60*, 130*, 131*, 134*, 135*, 137*, 138*
Criminal Justice (CRJ)	Community Economic Development	CRJ Majors Only: CRJ 160, 163*
	Youth in Development	CRJ 5 GE Courses: CRJ 1, 112, 116 CRJ Majors Only: CRJ 105*, 108*, 170
Dance (DNCE)	Education	DNCE 160
Deaf Studies (DEAF)	Education	GE Courses: DEAF 60
	Youth in Development	DEAF 161*, 162* GE Courses: DEAF 60
Economics (ECON)	Agriculture	ECON 100A*, 100B*, 110*, 120, 123*, 140*, 145*, 193* GE Courses: ECON 1A, 1B
	Community Economic Development	ECON 100A*, 100B*, 101*, 110*, 120, 123*, 130*, 132*, 135*, 138*, 140*, 141*, 180, 184, 193* GE Courses: ECON 1A, 1B, 181
	Education	ECON 152*, 184
	Environment	ECON 120, 123*
	Health	ECON 153*
	Youth in Development	ECON 184, 193* GE Courses: ECON 181
Education (EDUC)	Education	EDUC 100A/B, 120, 170 GE Courses: EDUC 18, 121, 160, 165
	Youth in Development	EDUC 100A/B, 155, 156, 157* GE Courses: EDUC 160, 165
Engineering- Civil (CE)	Agriculture	Engineering Majors Only: CE 100*, 137*, 138*, 139*
	Environment	Engineering Majors Only: CE 100*, 137*, 138*, 139*, 170*, 172*, 173*
	Health	Engineering Majors Only: CE 137*, 138*, 139*, 170*, 172*, 173*
Engineering- Computer (CPE)	Education	CPE 64* Engineering Majors Only: CPE 138*, 142*, 151*, 185*
Engineering- Electrical and Electronic (EEE)	Education	EEE 64* Engineering Majors Only: EEE 108*, 108L*, 174*
	Environment	Engineering Majors Only: EEE 135*, 136*, 142*
Engineering (ENGR)	Agriculture	Engineering Majors only: ENGR 105
	Community Economic Development	Engineering Majors Only: ENGR 105, 140*
	Education	Engineering Majors Only: ENGR 1, 1A*, 6, 6W, 45*, 50*, 70*
	Environment	Engineering Majors only: ENGR 105
	Health	
Engineering- Mechanical (ME)	Education	Engineering Majors Only: ME 105*, 108*, 116*, 128*, 180*
	Environment	Engineering Majors Only: ME 121*, 122*, 123*, 154*, 157*
English (ENGL)	Community Economic Development	GE Courses: ENGL 120P*
	Education	ENGL 110A, 110C, 110J, 110P, 110Q, 116A, 116B, 125A*, 125B*, 125E, 125F GE Courses: ENGL 180Z, 185B
	Youth in Development	ENGL 165F, 190Q GE Courses: ENGL 180H, 180Z, 185B

Major	Sector	Approved Courses * Has prerequisites
Environmental Studies (ENVS)	Agriculture	ENVS 138, 171, 187 GE Courses: ENVS 10, Honors Students Only: ENVS 10H ENVS Majors Only: ENVS 121, 144, 147, 149, 151, 158, 163
	Education	GE Courses: ENVS 10, Honors Students Only: ENVS 10H ENVS Majors Only: ENVS 110
	Environment	ENVS 122*, 128*, 138, 171, 187 GE Courses: ENVS 10, 11, 165 Honors Students Only: ENVS 10H GE Courses/ENVS Majors Only: ENVS 112 ENVS Majors Only: ENVS 110, 111, 120*, 121, 130*, 144, 147, 149, 151, 158, 163
	Health	ENVS Majors Only: ENVS 130*
	Youth in Development	ENVS 138 GE Courses: ENVS 10 GE Courses/ENVS Majors Only: ENVS 112 ENVS Majors Only: ENVS 110
Ethnic Studies (ETHN)	Youth in Development	ETHN 71, 166, 167, 171 GE Courses: ETHN 10, 11, 70, 114, 115, 118, 131, 132, 137, 141, 145, 155, 170 Honors Students Only: ETHN 11H
Family and Consumer Sciences (FACS)	Community Economic Development	FACS 139* GE Courses: FACS 140, 141
	Education	FACS 152*, 155* GE Courses: FACS 52
	Health	FACS 152*, 159* GE Courses: FACS 10, 52, 112, 113* FACS Majors Only: FACS 9
	Youth in Development	FACS 152*, 154*, 162* GE Courses: FACS 52, 140
Geography (GEOG)	Agriculture	GEOG 117*, 118, 125, 127, 131, 141, 148, 161, 192A*, 192B*, 192C*, 193B, 193C GE Courses: GEOG 1, 2, 11*, 111*, 113*, 115*, 116* Honors Students Only: GEOG 2H
	Community Economic Development	GEOG 141, 143, 148
	Education	GEOG 100, 118 GE Courses: GEOG 1, 2, 5, 11*, 115* Honors Students Only: GEOG 2H
	Environment	GEOG 3, 100, 105*, 107, 109, 110*, 117*, 118, 121, 125, 127, 128, 131, 141, 143, 147, 148, 161, 163*, 181, 192A*, 192B*, 192C*, 193B, 193C GE Courses: GEOG 1, 2, 5, 11*, 111*, 113*, 115*, 116*, 190* Honors Students Only: GEOG 2H
	Health	GEOG 143
Geology (GEOL)	Education	GEOL 8T*, 12L*, 100*, 102*, 103*, 105*, 110A*, 111A*, 111B*, 112* GE Courses: GEOL 8, 8L*, 10, 10L*, 12*
Gerontology (GERO)	Community Economic Development	GERO 102*
	Health	GERO 101, 103, 121, 122* GE Courses: GERO 100
Graphic Design (GPHD)	Community Economic Development	GPHD 10, 30* GE Courses: GPHD 5, 20

Major	Sector	Approved Courses * Has prerequisites
Health Sciences (HLSC)	Community Economic Development	HLSC Majors Only: HLSC 116, 152
	Education	HLSC Majors Only: HLSC 136*
	Health	GE Courses/HLSC Majors Only: HLSC 50
	Youth in Development	GE Courses/HLSC Majors Only: HLSC 50, 134
History (HIST)	Education	HIST 133* GE Courses: HIST 17A, 17B, 50, 51, 107 HIST Majors Only: HIST 198 Honors Students Only: HIST 15H, 51H
	Environment	GE Courses: HIST 165
	Health	HIST 18 GE Courses: HIST 175
Honors Program (HONR)	Education	GE Course/Honors Students Only: HONR 102
	Environment	GE Course/Honors Students Only: HONR 101
	Youth in Development	GE Course/Honors Students Only: HONR 102 Honors Students Only: HONR 103
Humanities and Religious Studies (HRS)	Agriculture	GE Courses: HRS 154
	Environment	GE Courses: HRS 154, 155
Interdisciplinary Studies (ID)	Education	ID 197
	Youth in Development	ID 22*, 197
Journalism (JOUR)	Community Economic Development	JOUR 30*, 55, 100, 120*, 125A*, 125B*, 128*, 130A*, 130B*, 132*, 158*, 193 GE Courses: JOUR 50, 123, 135*
Kinesiology (KINS)	Community Economic Development	KINS Majors Only: KINS 132
	Health	GE Courses/KINS Majors Only: KINS 99*
Liberal Studies (LBST)	Environment	LBST 110*
Mathematics (MATH)	Community Economic Development	GE Courses: MATH 24*
	Education	MATH 9*, 32*, 45*, 107A*, 107B*, 107C*, 110A*, 110B*, 121*, 198 GE Courses: MATH 1*, 17*, 24*, 26A*, 26B*, 29*, 29A*, 29B*, 30*, 31*, 35* Honors: 15H
	Youth in Development	MATH 198
Music (MUSC)	Education	MUSC 101 MUSC Majors Only: MUSC 162, 164
	Youth in Development	MUSC Majors Only: MUSC 60, 160*, 162
Nursing (NURS)	Health	NURS 14* GE Courses: NURS 160, 168 GE Courses/NURS Majors Only: NURS 120* NURS Majors Only: NURS 111, 112, 113, 119*, 123*, 129*, 133*, 136*, 137*, 138*, 139*, 143*, 144*, 145* NURS Majors Only/RN License Required: NURS 171*, 174*, 178* Paramedic Program Students Only: NURS 53, 54*
	Youth in Development	GE Courses: NURS 160, 168 NURS Majors Only: NURS 129*, 144*, 174C* NURS Majors Only/RN License Required: NURS 174*

Major	Sector	Approved Courses * Has prerequisites
Philosophy (PHIL)	Agriculture	PHIL 192E*
	Community Economic Development	PHIL 102, 103
	Environment	PHIL 192E*
	Health	PHIL 192B* GE Courses: PHIL 104
	Youth in Development	PHIL 123, 192J*
Physical Science (PHSC)	Education	GE Courses: PHSC 107
Physics (PHYS)	Education	PHYS 1, 2*, 5B*, 10L*, 11B*, 11C*, 105*, 106*, 110*, 115*, 124*, 135*, 175* GE Courses: PHYS 5A*, 10, 11A*, 107*
Political Science (POLS)	Agriculture	POLS 131*, 139B*, 139S, 171
	Community Economic Development	POLS 131*, 139B*, 139S
	Education	POLS 131*, 139B*, 139S
	Environment	POLS 128, 171
	Health	POLS 131*, 139B*, 139S
	Youth in Development	POLS 131*, 139B*, 139S, 152, 157, 166, 168* GE Courses: POLS 1, 143*, 165*
Psychology (PSYC)	Community Economic Development	PSYC 108, 169* PSYC Majors Only: PSYC 142*
	Education	PSYC 110*, 148*, 149*, 185*
	Environment	PSYC 116*
	Health	PSYC 111*, 117, 148*, 149*, 150*, 152*, 157*, 168*, 171* GE Courses: PSYC 2, 134*, 137, 151 PSYC Majors Only: PSYC 100*, 115*
	Youth in Development	PSYC 108, 111*, 117, 130*, 145*, 148*, 149*, 152*, 157*, 160, 168*, 185* GE Courses: PSYC 2, 134*, 135, 137 PSYC Majors Only: PSYC 100*, 104*, 142*
Public Policy and Administration (PPA)	Community Economic Development	PPA 100*
Recreation, Parks, & Tourism Administration (RPTA)	Agriculture	RPTA 150 RPTA Majors Only: RPTA 189
	Community Economic Development	RPTA 96D, 154, 164, 165, 183* RPTA Majors Only: RPTA 96B, 96C, 105*, 107, 136*, 139, 166*, 167*, 184, 185*
	Education	RPTA 148, 153
	Environment	RPTA 148, 149, 150, 151, 152, 153 GE Courses: RPTA 34 RPTA Majors Only: RPTA 42
	Health	RPTA Majors Only: RPTA 106, 115*, 117*, 118*, 119*
	Youth in Development	RPTA 128, 129, 130, 131, 132, 137, 148, 149, 153, 165 GE Courses: RPTA 32, 33, 34, 100, 122 RPTA Majors Only: RPTA 106, 116*, 117*, 118*, 167*, 196E
Social Science (SSCI)	Education	SSCI 193
Social Work (SWRK)	Health	SWRK 118, 129 GE Courses: SWRK 102, 151
	Youth in Development	SWRK 95, 118, 129, 132, 137, 138, 153 GE Courses: SWRK 102, 126, 134, 136, 151 SWRK Majors Only: SWRK 125A*, 125B*, 140A*, 140B*, 140C*, 196

Major	Sector	Approved Courses * Has prerequisites
Sociology (SOC)	Agriculture	SOC 138 GE Courses: SOC 139
	Community Economic Development	SOC 175 GE Courses: SOC 164
	Education	SOC 140*, 170, 185
	Environment	SOC 138 GE Courses: SOC 139
	Health	SOC 5, 144*
	Youth in Development	SOC 5, 110, 122, 125*, 127, 128*, 130*, 134, 136*, 138, 140*, 144*, 150, 166, 170, 171, 175, 185, 190*, 194* GE Courses: SOC 1, 3, 10, 106, 120, 126, 133, 135, 155, 156, 158, 164, 168
Statistics (STAT)	Education	STAT 10A GE Courses: STAT 1*, 10B*, 50*
	Health	STAT 10A GE Courses: STAT 1*, 10B*
Theater (THEA)	Education	THEA 118 GE Courses: THEA 115A
Women's Studies (WOMS)	Community Economic Development	GE Courses: WOMS 138
	Youth in Development	WOMS 147*, 150*, 166* GE Courses: WOMS 50, 115, 118, 136, 137, 138, 139

2. FIELD EXPERIENCE

50+ hours of work sector related experience

There are three options for satisfying the field experience requirement:

1. Service learning course(s) where the service is related to your chosen work sector (must be pre-approved by the program advisor);
2. Sign up for ID 195 Field Experience (must be related to your chosen work sector and be pre-approved by the program advisor) and complete volunteer work with a local organization; or
3. An approved internship course in your chosen work sector.

Options may be combined if necessary to achieve the required 50 hours of field experience.

If you choose to take ID 195 Field Experience, you must complete 50 hours of community service volunteer work with an on-campus or off-campus organization. Links to volunteer information for some Sacramento area organizations are provided below. You may also choose an organization not listed below, with approval from the Peace Corps Prep coordinator. **Note:** *The Peace Corps Prep program does not have partnerships with the organizations listed below. It is up to you to contact the organization directly to inquire about available volunteer positions.*

Sector	Type of Experience	Volunteer/Internship Ideas
All Sectors	These organizations offer many different kinds of volunteer and/or internship opportunities.	<ul style="list-style-type: none"> • City of Sacramento • International Rescue Committee • Sacramento Food Bank

Sector	Type of Experience	Volunteer/Internship Ideas
Agriculture	<p>-Working with a large-scale or family-run business involving vegetable gardening, farming, nursery work, tree planting or care, urban forestry, landscaping, livestock care and management, or fish cultivation and production</p> <p>-Teaching or tutoring the public in environmental or agricultural issues/activities</p> <p>-Working on the business management or marketing side of a commercial farm</p>	<ul style="list-style-type: none"> • A school garden at a local elementary school • City of Sacramento- Community Gardens • International Rescue Committee – New Roots farm and community garden • Oak Park Sol • Sacramento Food Bank • Slow Food Sacramento- School Garden Coalition • Soil Born Farms • West Sacramento Urban Farms • The Yisrael Family Farm • See Environment section below for more ideas
Community Economic Development	<p>-Working with businesses, organizations, or cooperatives in accounting, finance, microfinance, management, project management, budgeting, or marketing</p> <p>-Starting and running your own business or other entrepreneurial activity</p> <p>-Training others in computer literacy, maintenance, and repair</p> <p>-Website design or online marketing</p> <p>-Founding or leading a community- or school-based organization</p>	<ul style="list-style-type: none"> • An internship with a local business or non-profit: check the Hornet Career Connection for ideas • Hart Senior Center- TechConnections • Opening Doors- Hispanic Prosperity Project Program • Sacramento Food Bank- Technology Lab Volunteer • SCORE-Business mentoring
Education	<p>-Teaching in one of these or a similar form: in a classroom, with a community outreach organization, or in a formal tutoring capacity. The subject of the teaching may be English as a Foreign/Second Language, special education, drama, or a STEM subject.</p>	<ul style="list-style-type: none"> • International Rescue Committee -ESL teaching • Powerhouse Science Center • Prison Education Project • Reading Partners • Sacramento City Unified School District • Sacramento Food Bank • Sacramento Public Libraries –Adult literacy and ESL tutoring • Sacramento START • Youth Connections Unlimited

Sector	Type of Experience	Volunteer/Internship Ideas
Environment	<p>-Educating the public on environmental or conservation issues, or working on environmental campaigns</p> <p>-Conducting biological surveys of plants or animals</p> <p>-Gardening, farming, nursery management, organic or low-input vegetable production, or landscaping</p> <p>-Providing technical assistance and training in natural resource management</p>	<ul style="list-style-type: none"> • American River Parkway Foundation • California Environmental Legacy Project – List of organizations with volunteer opportunities • City of Sacramento- Water Conservation Ambassadors • Effie Yeaw Nature Center • Environmental Council of Sacramento • Sacramento Tree Foundation • Sacramento Valley Conservancy • Sacramento Zoo • Stone Lakes National Wildlife Refuge • Wildlife Care Association • See Agriculture section above for more ideas
Health	<p>-Volunteer or work experience in such areas as HIV/AIDS outreach, hospice, family planning counseling, emergency medical technician (EMT) or CPR teaching/certification, maternal health, and hands-on caregiving in a hospital, clinic, or lab technician setting.</p> <p>-Counseling or teaching in health subjects</p> <p>-Working as a resident advisor in a dormitory, as a peer nutritionist, or as a sexually transmitted infections counselor</p> <p>-Significant experience in mechanical repairs, construction, carpentry, masonry, plumbing, hydrology, or set design</p>	<ul style="list-style-type: none"> • Food Literacy Center • Habitat for Humanity • International Rescue Committee - Health Access Volunteer • A local hospital such as: <ul style="list-style-type: none"> ○ Kaiser Permanente ○ Mercy General Hospital ○ Sutter Medical Center • Planned Parenthood • Sacramento Food Bank -Nutrition education • Sacramento Hospice Consortium • Sacramento LGBT Community Center • Sunburst Projects -HIV/AIDS outreach
Youth in Development	<p>-Teaching or counseling in at-risk youth programs</p> <p>-Activities that involve planning, organizing, assessing community needs, counseling, and leadership, in areas such as education, youth development, health and HIV/AIDS, the environment, and/or business</p>	<ul style="list-style-type: none"> • Many of the organizations listed for other sectors could also apply to Youth in Development • International Rescue Committee • Sacramento Public Libraries • Sacramento LGBT Community Center • Sacramento Food Bank • Youth Connections Unlimited • Wind Youth Services • Wellspring Women's Center • Alchemist CDC • WEAVE • Opening Doors

Some majors offer internships or other courses that may fulfill the field experience requirement. See below for a list of approved courses:

Major	Sector	Approved Field Experience Courses
Biology (BIO)	Education	BIO 195T
	Health	BIO 195D, 195M, 195P
Business: Accounting (ACCY)	Community Economic Development	ACCY 194 ACCY Majors Only: ACCY 195*
Business: Accountancy Information System (AIS)	Community Economic Development	AIS 194 AIS Majors Only: AIS 195*
Business: Finance (FIN)	Community Economic Development	Business Majors Only: FIN 195
Business: General Management (GM)	Community Economic Development	GM 194 Business Majors Only: GM 195
Business: Human Resources/Organizational Behavior (HROB)	Community Economic Development	HROB 194* Business Majors Only: HROB 195
Business: International Business (IBUS)	Community Economic Development	Business Majors Only: IBUS 195
Business Administration-Management Information Systems (MIS)	Community Economic Development	MIS 194* Business Majors Only: MIS 195*
Business Administration-Marketing (MKTG)	Community Economic Development	Business Majors Only: MKTG 195
Child Development (CHDV)	Education	CHDV 35F*, 144, 194*
	Youth in Development	CHDV 144
Education (EDUC)	Education	EDUC 100A/B, 124A/B, 125 A/B, 127A/B
	Youth in Development	EDUC 100A/B, 127A/B
English (ENGL)	Youth in Development	ENGL 195A
Environmental Studies (ENVS)	Environment	ENVS Majors Only: ENVS 195, 195M
Geography (GEOG)	Agriculture	GEOG Majors Only: GEOG 195A, 195B, 195C
	Environment	GEOG Majors Only: GEOG 195A, 195B, 195C
Gerontology (GERO)	Health	GERO Majors Only: GERO 130*, 131*
Honors Program (HONR)	All Sectors	Honors Students Only: HONR 195
Interdisciplinary Studies (ID)	Health	ID 195A
	Youth in Development	ID 195A, 195B, 195C*
Journalism (JOUR)	Community Economic Development	JOUR 197A*, 197B*
Nursing (NURS)	Health	NURS Majors Only: NURS 194*, 195
Physics (PHYS)	Education	PHYS Majors Only: PHYS 195*, 197*
Political Science (POLS)	Youth in Development	POLS 198A
Psychology (PSYC)	Community Economic Development	PSYC 195C
	Education	PSYC Majors Only: PSYC 143
	Health	PSYC Majors Only: PSYC 143
	Youth in Development	PSYC Majors Only: PSYC 143
Recreation, Parks, & Tourism Administration (RPTA)	Environment	RPTA 191 RPTA Majors Only: RPTA 195B*, 195C*, 195E*
	Health	RPTA Majors Only: RPTA 195D*
	Youth in Development	RPTA 191

Major	Sector	Approved Field Experience Courses
		RPTA Majors Only: RPTA 195D*, 198
Social Work (SWRK)	Youth in Development	SWRK Majors Only: SWRK 195A*, 195B*
Sociology (SOC)	Youth in Development	SOC 195 SOC Majors Only: SOC 193B
Spanish (SPAN)	Health	SPAN 194
Women's Studies (WOMS)	Youth in Development	WOMS 195A

3. INTERCULTURAL COMPETENCE

9 units

Choose any combination of courses from the approved list:

Major	Approved Courses * Has prerequisites
Anthropology (ANTH)	ANTH 108*, 131*, 141*, 142*, 145*, 146*, 148, 161*, 162*, 164*, 173*, 175*, 181* GE Courses: ANTH 2, 4, 101, 102, 143, 147, 149, 170, 183, 186* Honors Students Only: ANTH 2H
Art (ART)	ART 103*, 109*, 112*, 117C, 148 GE Courses: ART 1C, 2, 111, 117A*, 117B*
Asian Studies (ASIA)	ASIA 96, 110*, 135, 136, 151 GE Courses: ASIA 140
Child Development (CHDV)	GE Courses: CHDV 141, 145 CHDV Majors Only: CHDV 135*
Chinese (CHIN)	CHIN 130*, 150 GE Courses: CHIN 120
Communication Studies (COMS)	COMS 105, 116, 119, 143*, 155, 173*, 174*, 176*, 188*, 191
Criminal Justice (CRJ)	CRJ 5, 196A GE Courses: CRJ 115, 116, 117 CRJ Majors Only: CRJ 163*
Dance (DNCE)	DNCE 5 GE Courses: DNCE 131, 132
Deaf Studies (DEAF)	DEAF 162* GE Courses: DEAF 60
Economics (ECON)	GE Courses: ECON 181
Education (EDUC)	EDUC 18, 100A/B, 121, 156, 160, 165, 173
English (ENGL)	ENGL 165F, 190Q GE Courses: ENGL 65, 180H, 180J, 180L, 180M, 180Z, 185B
Ethnic Studies (ETHN)	ETHN 50, 71, 72, 111, 117, 119, 121, 151, 156, 166, 167, 171, 172, 173, 179 GE Courses: ETHN 10, 11, 14, 30, 53, 70, 100, 110, 112, 113, 114, 115, 116, 118, 122, 130, 131, 132, 133, 136, 137, 140, 141, 142, 143, 145, 150, 155, 170 Honors Students Only: ETHN 11H
Family and Consumer Sciences (FACS)	GE Courses: FACS 50, 150* FACS Majors Only: FACS 114*
Film Studies (FILM)	FILM 155
French (FREN)	FREN 107*, 110*, 111*, 125, 130 GE Courses: FREN 120
German (GERM)	GE Courses: GERM 140, 142, 150, 151
Gerontology (GERO)	GERO 121, 122*

Major	Approved Courses
	* Has prerequisites
	GE Courses: GERO 100
History (HIST)	HIST 133*, 134, 145, 149, 157, 171B, 178 GE Courses: HIST 17A, 17B, 50, 51, 122A, 122B, 135B, 138A, 138B, 140, 141, 142, 143A, 143B, 148A, 148B, 173, 177 Honors Students Only: HIST 15H, 50H, 51H
Honors Program (HONR)	GE Courses/Honors Students Only: HONR 2*, 3* Honors Students Only: HONR 120
Humanities and Religious Studies (HRS)	HRS 146, 176 GE Courses: HRS 71, 140, 144, 145, 147, 152, 170, 171, 172, 173, 174, 175, 178, 179A, 179B, 183 HRS Majors Only: HRS 190C*, 190D*
Italian (ITAL)	ITAL 104B, 110, 111 GE Courses: ITAL 104A
Japanese (JAPN)	JAPN 116A*, 116B*, 120
Kinesiology (KINS)	KINS Majors Only: KINS 137
Liberal Studies (LBST)	LBST 110*
Music (MUSC)	GE Courses: MUSC 9, 119A, 119B, 119C
Philosophy (PHIL)	GE Courses: PHIL 145A, 145B
Photography (PHOT)	PHOT 20
Political Science (POLS)	POLS 136, 139S, 145* GE Courses: POLS 141, 142, 143*, 147, 148
Psychology (PSYC)	PSYC 157*, 160 GE Courses: PSYC 135 PSYC Majors Only: PSYC 100*, 142*, 165*
Recreation, Parks, & Tourism Administration (RPTA)	RPTA 128 GE Courses: RPTA 33 RPTA Majors Only: RPTA 106, 117*, 182, 196E
Social Work (SWRK)	SWRK 132 GE Courses: SWRK 102, 136
Sociology (SOC)	SOC 118, 123, 125*, 127, 128* GE Courses: SOC 118, 120, 126, 133, 135, 160, 162, 163, 164
Spanish (SPAN)	SPAN 100*, 110*, 111*, 113*, 114*, 115*, 123*, 130*, 134*, 142*, 151*, 152*, 153*
Theater (THEA)	THEA 155 GE Courses: THEA 115A, 140, 144, 170, 173, 174, 175
Women's Studies (WOMS)	WOMS 147*, 150* GE Courses: WOMS 50, 118, 121, 136, 137, 138, 144
World Languages and Literatures (WLL)	GE Courses: WLL 15