

## Savings Programs

Students enrolled in the school's Student Health Insurance Plan have access to the following discount programs.

### **Dental Savings Program** (see attached flyer for more information)

Students enrolled in the school's Student Health Insurance Plan have access to a discount dental program that is available through UNI-CARE. This is not a dental insurance plan; there is no waiting period. The UNI-CARE savings program provides you with a wide range of dental discount services. Savings vary but can be as high as 50% depending on the type of service received.

#### **How to Save:**

- **To find a participating provider go to [findbestbenefits.com/student](http://findbestbenefits.com/student), choose Dental, and enter your zip code**
- **Give the dental network name (UNI-CARE) to your provider when making an appointment**
- **Download your membership card and present it to the provider prior to treatment to ensure proper discount is applied**
- **Payment is due at the time of service**

### **Vision Savings Program** (see attached flyer for more information)

Students enrolled in the school's Student Health Insurance Plan have access to a discount vision program that is available through Coast to Coast Vision. This is not a vision insurance plan; there is no waiting period.

Coast to Coast's network has over 20,000 independent providers and retail stores nationwide, including For Eyes Optical, Lens Crafters, Pearle Vision, Target Optical, JC Penney Optical and Visionworks locations. Students save 10% to 60% off eyeglasses, contact lenses and other retail eyewear items, as well as 10% to 30% off eye examinations at any participating Coast to Coast Vision provider and 40% to 50% off the national average on LASIK.

#### **How to Save:**

- **To find a participating provider go to [findbestbenefits.com/student](http://findbestbenefits.com/student), choose Coast to Coast Vision, and enter your zip code**
- **Give the vision network name (Coast to Coast Vision) to your provider when making an appointment**
- **Download your membership card and present it to the provider prior to treatment to ensure proper discount is applied**
- **Payment is due at time of service**

### **SilverCloud Health**

If you are enrolled in your school's Student Health Insurance Plan, you will have access to SilverCloud Health. SilverCloud offers online, self-guided programs designed for young adults to address anxiety, depression, stress, resilience, or insomnia. Based on cognitive behavioral therapy principles, these self-guided programs are available any time, on any device.

Kindly view the flyers attached to this email for more information.



## Student Dental Savings

This is a discount program— not insurance— that will help make dental care more affordable. Students save **10% to 50%** on dental care expenses at any participating UNI-CARE dental provider nationwide.

A sample of some of the dental services they can save on include:

- Routine cleanings
- Exams
- X-rays
- Root canals
- Cosmetic denistry
- Crowns
- Extractions
- Orthodontics (braces)
- Fillings
- Oral surgery
- Periodontics (gums)



### Sample Savings\*

Product/Service	Average Price	Students Pay	Savings	% Saved
Oral Evaluation	\$62.00	\$31.33	\$30.67	49%
Cleaning- Student	\$110.00	\$61.67	\$48.33	44%
Complete X-rays	\$160.00	\$73.00	\$87.00	54%
Root Canal (Anterior Tooth)	\$900.00	\$765.00	\$135.00	15%

\*These are examples only. Savings will vary by procedure, provider and geographical area. This is not a pre-paid program.

This is not insurance.



Student Health &  
Special Risk



## Student Vision Savings

This is a discount program— not insurance— that will help make vision care more affordable. Students save 10% to 60% off eyeglasses, contact lenses and other retail eyewear items, as well as 10% to 30% off eye examinations at any participating Coast to Coast Vision™ provider and 40% to 50% off the national average on LASIK.

**Over 20,000 eye care professionals nationwide—including many local opticians— participate in this valuable benefit:**

- For Eyes Optical
- JCPenney
- LensCrafters
- Pearle Vision
- Sterling Optical
- Target Optical
- Visionworks



### Sample Savings\*

Product/Service	Average Price	Student Pays	Savings	% Saved
Regular Eye Exam- OD	\$91.67	\$79.25	\$12.42	14%
Single Vision Lenses	\$95.67	\$70.43	\$25.24	26%
Progressive Lenses	\$259.33	\$191.53	\$67.80	26%
Designer Frames	\$194.33	\$144.20	\$50.13	26%

\*These are examples only. Savings will vary by procedure, provider and geographical area.

**Contact Lenses by Mail Order:** Disposable and non-disposable contact lenses can be ordered through the mail with savings of 10% to 40%.

### Benefit Guarantees

**Low Price Guarantee:** If the student finds a lower price on the exact same pair of prescription eyeglasses purchased at a participating location within 30 days, the difference will be refunded.

**30-Day Unconditional Guarantee:** Satisfaction in the vision program and mail order service is fully guaranteed within 30 days for an exchange or full refund. If for any reason the student is not happy with a purchase at the retail locations or through the mail, they can return the merchandise within 30 days for an exchange or full refund.

**Using the Guarantees:** To utilize any of the guarantees, students can call Customer Service at the number shown on their membership card. *May not be used in conjunction with other discounts or insurance.*

This is not insurance.

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SilverCloud

# FEELING ANXIOUS, DEPRESSED OR OVERWHELMED?

GET HELP TO THINK AND FEEL BETTER—  
ANYTIME, ANYWHERE

## » ACCESS HELP ANYWHERE

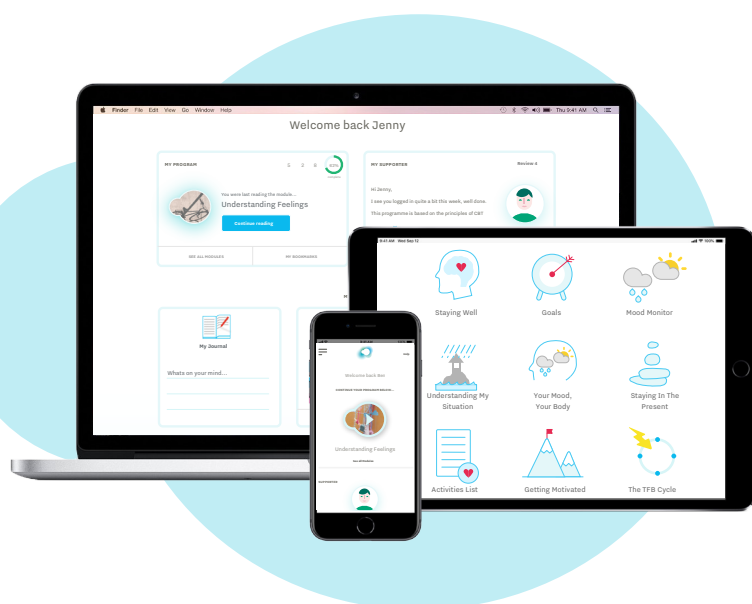
Access SilverCloud's personalized digital tools anytime on your computer, tablet or cell phone.

## » GET PROVEN TOOLS TO HELP

Our tools are proven to help you overcome depression, anxiety and stress. The SilverCloud platform is completely secure and your privacy is ensured.

## » EASY AND ENGAGING PROGRAMS

Programs consist of 6 to 9 engaging and motivational modules that you can complete at your own pace.



“

I thoroughly enjoyed using SilverCloud and gained a lot from it. I feel better able to understand my moods and I have tools I can use to feel better. ”

“

SilverCloud was a lot easier to use than I anticipated and has helped me to make positive changes to my life and the way I think about things. ”

“

I no longer feel alone. It is comforting knowing that I have something to go to whenever I need help. ”

TO SIGN UP, GO TO  
[GSH.SILVERCLOUDHEALTH.COM/SIGNUP](https://gsh.silvercloudhealth.com/signup)

