

WHAT IS SBAR?

SBAR (Situation, Background, Assessment, Recommendation) is a **verbal or written communication tool** that helps provide essential, concise information, usually during crucial situations. In some cases, SBAR can even replace an executive summary in a formal report because it provides focused and concise information.¹

S	SITUATION What is happening?
B	BACKGROUND What is the history?
A	ASSESSMENT What are the findings?
R	RECOMMENDATION What is the desired outcome?

SBAR **organizes** our thoughts & creates clear communications!

- ✓ S – Situation
 - **WHO** is the subject?
 - **WHAT** is the **situation**?
 - **WHAT** did they do?
- ✓ B - Background
 - **WHAT** is the **background** of the subject?
 - **WHAT** is the subject's history (person/practice)?
- ✓ A - Assessment
 - **WHAT** is the policy(s), article(s), code(s) that apply?
 - **WHAT** is the writer or speaker's **assessment**?
- ✓ R - Recommendation
 - **WHAT** is the ask or **recommendation**?

¹ <https://asq.org/quality-resources/sbar>

SBAR PRACTICE



SITUATION

What is happening?



BACKGROUND

What is the history?



ASSESSMENT

What are the findings?



RECOMMENDATION

What is the desired outcome?