



**ACADEMICS
AT SACRAMENTO STATE**
STUDENT-ATHLETE RESOURCE CENTER (SARC)



STUDENT-ATHLETE RESOURCE CENTER (SARC)

- **Paul Edwards-** SARC Director
- **Laurie Dahlberg-** SARC Coordinator
- **Mark McGushin-** Life Skills/Admissions/Eligibility
- **Bethany Crouch-** Development/Academic Success
- **Jenna Paulk** – Student-Athlete Success Specialist

Additional info on the SARC staff and resources can be found at www.csus.edu/sarc

SARC

“go-to for academics”

ACADEMIC ADVISING

ACADEMIC MENTORS

STUDENT-ATHLETE
DEVELOPMENT



**STUDENT-ATHLETE
RESOURCE CENTER**

ACADEMIC
ADVISING

NCAA ELIGIBILITY
GENERAL EDUCATION
MAJOR INFORMATION
GRAD REQUIREMENTS
5TH YEAR & SUMMER
SCHOLARSHIPS

PRIORITY REGISTRATION
COMPUTER LABS/PRINTING
ATHLETE PLANNERS

SARC
ACADEMIC
MENTORS

WEEKLY MEETINGS
STUDY STRATEGIES
ORGANIZATION

CONNECTIONS TO
RESOURCES (PARC,
Tutoring, etc.)

STUDENT
ATHLETE
DEVELOPMENT

LIFE SKILLS
CAREER EVENTS
ETIQUETTE DINNER
SAAC COUNCIL
COMMUNITY SERVICE

STUDENT-ATHLETE
OPPORTUNITY FUND
(SAOF)

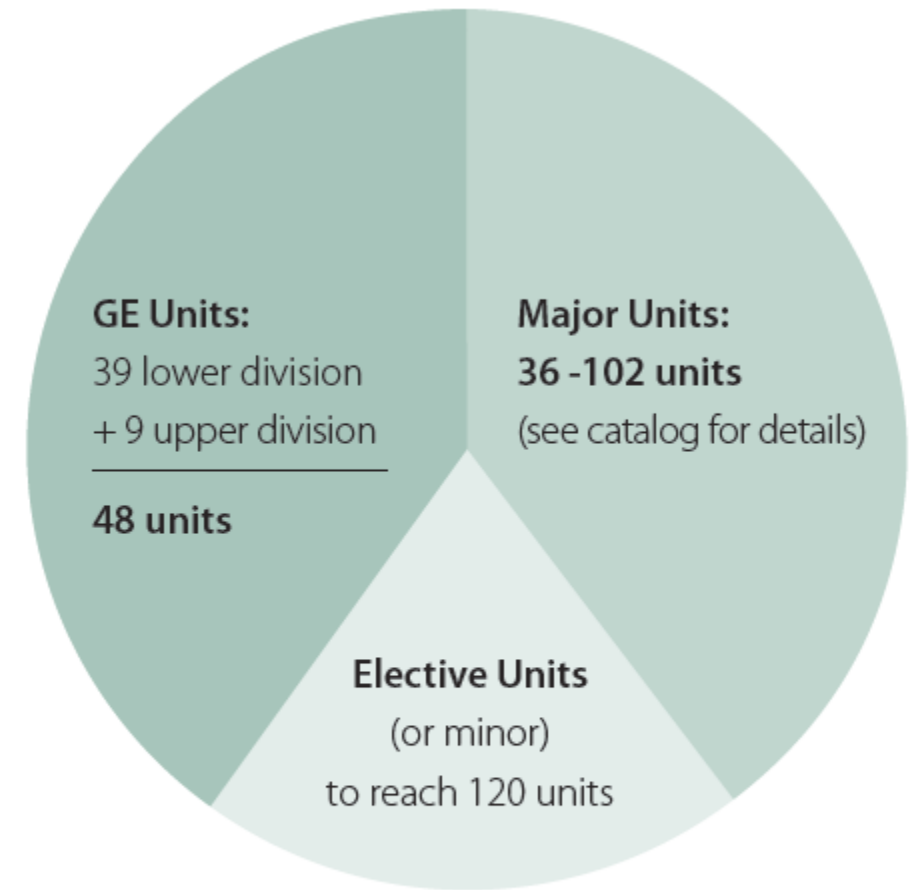
DEGREES AT SAC STATE

GENERAL EDUCATION

MAJOR

ELECTIVE

= 120 units



GE Units + Major Units + Additional Electives =
120 minimum units required for degree

GENERAL EDUCATION

***Variety of subjects to
provide well-rounded
education = 48 units**

General Education Requirements	
A. Basic Subjects (9 units)	
A1. Oral Communication	"C- or better required"
A2. Written Communication	"C- or better required"
A3. Critical Thinking	"C- or better required"
B. Physical Universe & Its Life Forms (12-13 units)	
B1. Physical Science	
B2. Life Forms	
B3. Lab	
B4. Quantitative Reasoning	"C- or better required"
B5. Upper Division course (#100-199)	
C. Arts & Humanities (12 units)	
*At least 1 course from area C1 and one course from area C2 must be taken.	
C1. Arts	
C2. Humanities	
Any Area C Course	
Upper Division course (#100-199)	
D. The Individual & Society (12 units)	
*Minimum of <u>three</u> disciplines (e.g. ANTH, ECON, ETHN, GOVT, HIST, RPTA, etc.) must be taken in Area D.	
U.S. History The following courses also satisfy the U.S History Graduation Requirement: HIST 17A, 17B, 159, 161, 162, 167, 177, 182	
U.S. Constitution and CA Government The following courses also satisfy the U.S Constitution & CA Govt graduation requirement: GOVT 1, 113, 150	
Any Area D Course	
Upper Division course (#100-199)	
E. Understanding Personal Development (3 units)	
KINS 99 must be taken CONCURRENTLY with any 1 unit KINS course for a total of 3 units	

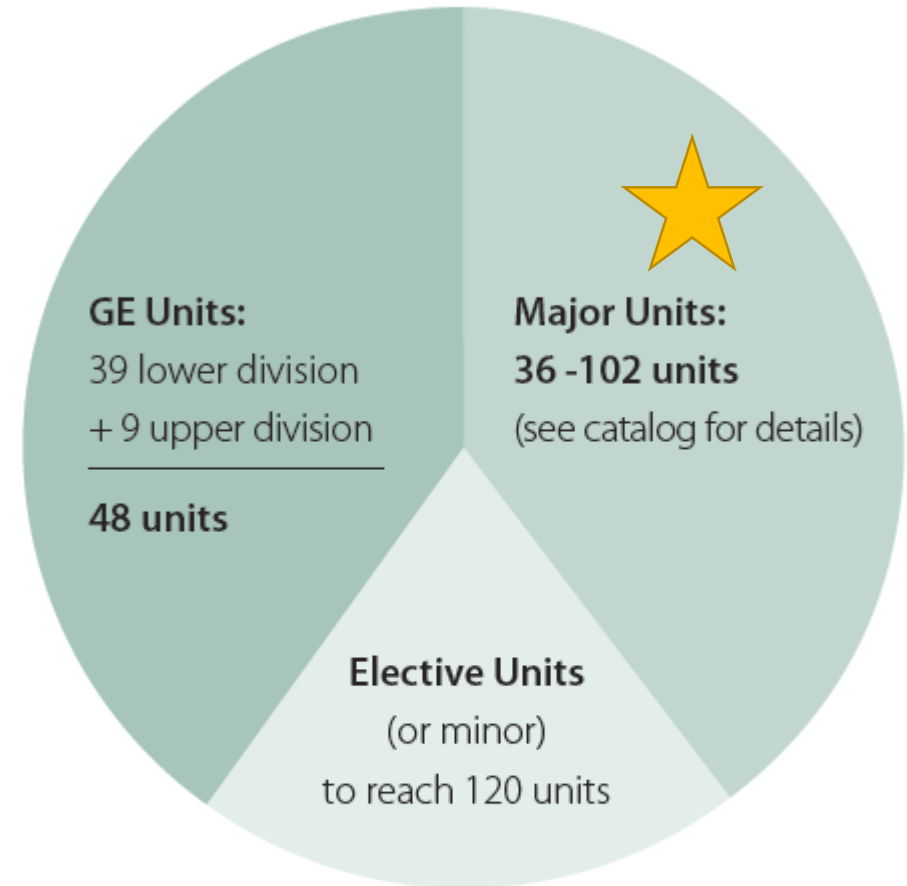
MAJORS

58 MAJOR OPTIONS

common majors include:

Business Administration
Communication Studies
Criminal Justice
Economics
Kinesiology
Psychology
Sociology

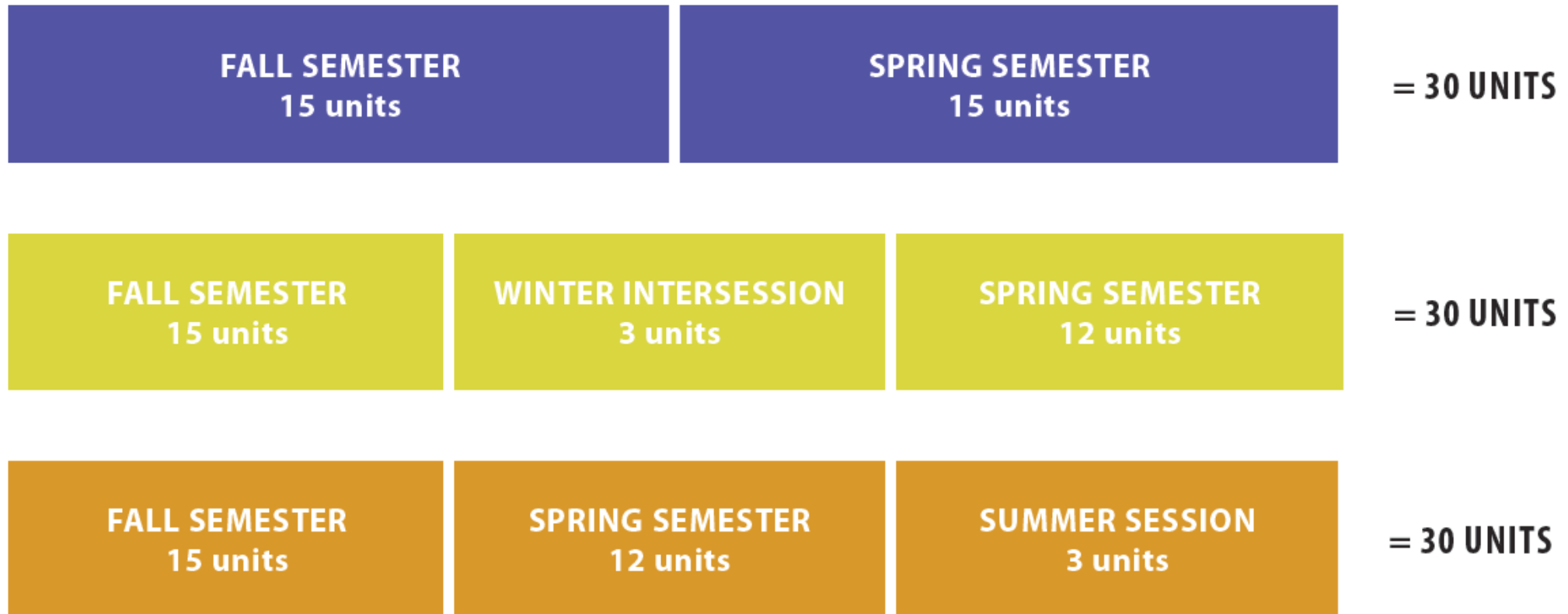
catalog.csus.edu



GE Units + Major Units + Additional Electives =
120 minimum units required for degree

ACADEMIC LOAD

(4-year graduation unit average)



CONTINUING NCAA ELIGIBILITY

As an athlete - enrolled in (12) units minimum = 4 classes per semester:

FALL SEMESTER
pass at least (9) units

SPRING SEMESTER
pass at least (6) units

SUMMER
up to (6) units

Pass (18) units between
Fall & Spring semesters

Pass (24) units in first academic year

PROGRESS TOWARDS DEGREE : 40% complete by 4th semester
60 % complete by 6th semester
80% complete by 8th semester

BEING A STUDENT-ATHLETE

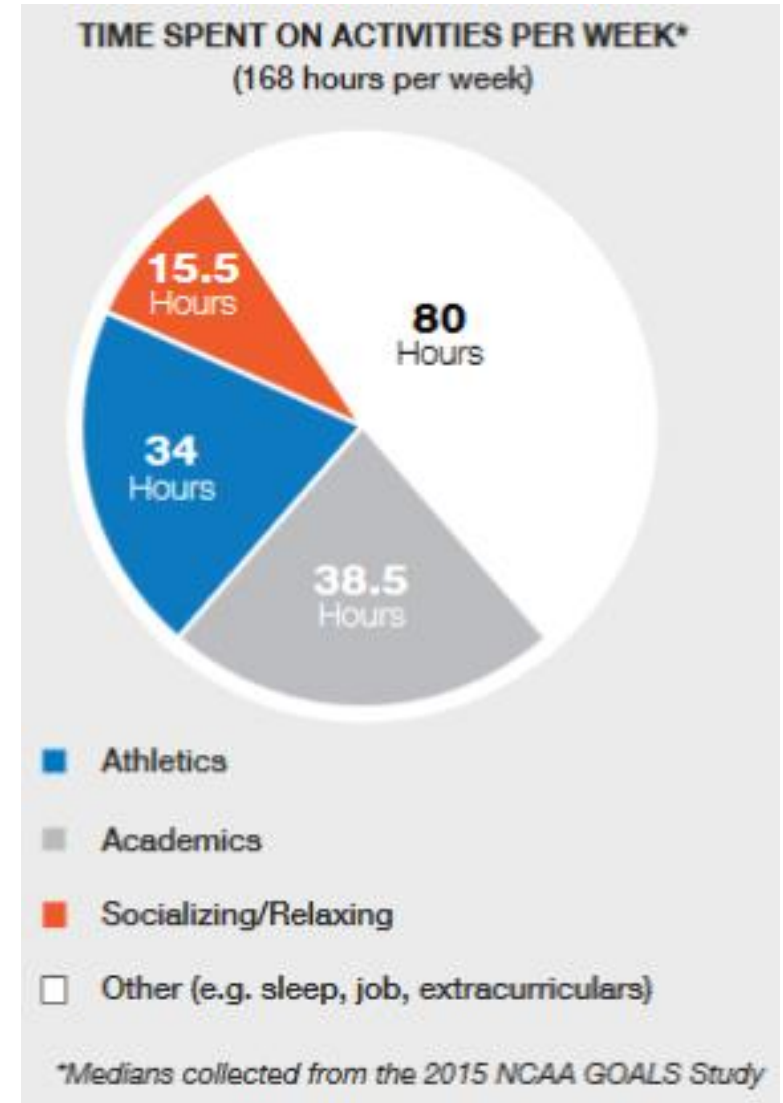
SCHOOL

ATHLETICS

SOCIAL

WELLNESS

LIFE



STUDENT-ATHLETE DEVELOPMENT

SAAC

(Student-Athlete Advisory Committee)

COMMUNITY SERVICE

LIFE SKILLS

CAREER EVENTS



REMINDERS

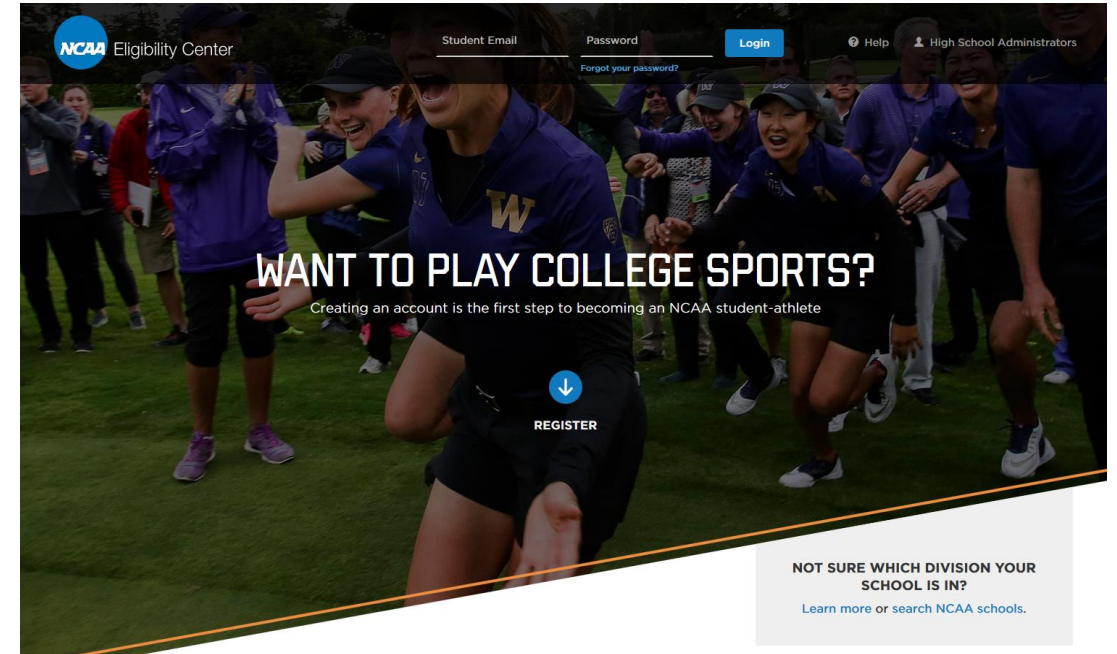
SEND SAT/ACT TEST SCORES

(9999 - CODE FOR NCAA)
(4671 - SAT CODE FOR SAC STATE)
(0382 - ACT CODE FOR SAC STATE)

REQUEST FINAL AMATUERISM

(STARTING APRIL 1)

SUBMIT OFFICIAL TRANSCRIPTS WITH HIGH SCHOOL GRAD DATE



The image is a screenshot of the NCAA Eligibility Center website. At the top left is the NCAA logo and the text "Eligibility Center". On the right side of the top navigation bar, there are links for "Student Email", "Password", "Forgot your password?", "Login", "Help", and "High School Administrators". The main content area features a large background image of a group of female athletes in purple and black uniforms, some of whom are wearing "W" on their shirts. Overlaid on this image is the text "WANT TO PLAY COLLEGE SPORTS?" in large, bold, white letters. Below this text is a smaller line of text: "Creating an account is the first step to becoming an NCAA student-athlete." In the center of the image, there is a blue circular icon with a white downward-pointing arrow, and below it, the word "REGISTER" in white capital letters. In the bottom right corner of the screenshot, there is a white box with the text "NOT SURE WHICH DIVISION YOUR SCHOOL IS IN?" and a link "Learn more or search NCAA schools."