



## 2023 Filipino/a American History Month

Filipino/a American History Month is celebrated in October to bring awareness to the role Filipinos have played in American history. The month was chosen as it was in October 1587 when “Luzones In dios” landed at Morro Bay, California, with a number of the first known Filipino/a sailors. In 2009, U.S. Congress recognized October as Filipino/a American History Month in the United States. Over 2,000 students identify as Filipinos making them the largest Asian Pacific Islander Desi student group at Sacramento State.

### **Week of Events**

October 9 from 10am-11:00am

Lumpia with a Vengeance: Filipinos in TV, Film and Entertainment  
Meet & Greet with Director Patricio Ginelsa and Actor Mark Munoz  
Location: Zoom

October 9 from 12pm-12:45pm

A presentation on the History and Contributions of Filipino/a Americans  
Presenter: Dr. James Sobredo, Professor Emeritus of Ethnic Studies  
Location: Zoom

October 9 from 2pm-2:45pm

Filipino/a Fiesta: food, fun and community.  
Facilitator: Maryann Jacinto Wong  
Location: APIDA Center, Lassen Hall 2200

October 10 from 9am-9:45am

Courageous Conversation with a Counselor: sharing of cultural/family expectations  
Facilitator: Student Health and Counseling Services  
Location: APIDA Center, Lassen Hall 2200

October 10 from 11am-12:30am

The Power of Storytelling: an interactive workshop  
Facilitator: Capital Storytelling  
Location: APIDA Center, Lassen Hall 2200

October 10 from 2pm-2:45pm

Sustaining Health Community through Service: a presentation on the impact of community service  
Presenter: Romer Cristobal, Hamptons Community Foundation  
Location: Zoom

October 11 from 2pm-2:45pm

Faculty Partnership for Student Success: a workshop on asking questions and engaging with faculty

Presenter: Dr. Skylar Wie, Professor and Faculty Liaison to APIDA Center

Location: Zoom

October 11 from 12pm-12:45pm

Prepare to Care: a workshop on creating a caregiving plan for loved ones

Presenter: Kris Ritualo, AARP

Location: Zoom

October 12 from 1pm-1:45pm

Developing an Entrepreneurial Mindset: a workshop on developing skills for financial success

Presenter: Joy Yip, Community Advocate

Location: Zoom

October 13 from 12pm-12:45pm

A presentation on Filipino/a and Filipino/a American Nurses in the United States

Presenter: Dr. Nico Buan-Lagazo, UC Davis Health

Location: Zoom

**In partnership:**

*Samahang Pilipino and Filipino American National Historical Society Sac-Delta Chapter.*

For event location and to RSVP, please visit the [RSVP Form](https://tinyurl.com/FAHMsacstate) (tinyurl.com/FAHMsacstate)

For more information or accommodation, please contact: [apida.center@csus.edu](mailto:apida.center@csus.edu)

All Zoom will be using this same access: [Zoom Session](https://csus.zoom.us/j/9022642191) (https://csus.zoom.us/j/9022642191)